



Access 7_ Grammar Coverage – Part 1_Winners

T/ Fatma Ayman
Winners Academy



Grammar

Possessive adjectives – my, her, its
There is/are, prepositions
G.1.3 Adjectives (superlatives)
G.13.2 Present Time (present continuous)
G.13.4 Present Time (present perfect continuous)

G.13.4 Present Time (present perfect continuous)

Present Perfect Continuous

Has/ have

been

V+ ing

Grammar Explanation: Present Perfect Continuous

Form:

I – we – you –
they

He – she – it

have / has + been + verb-ing

We use it to talk about:

1. Actions that started in the past and are still continuing now.

👉 *She has been studying English for three years.*

(She started three years ago and is still studying now.)

2. Actions that have just stopped but we can see the result.

👉 *He is tired because he has been running.*

Time expressions often used:

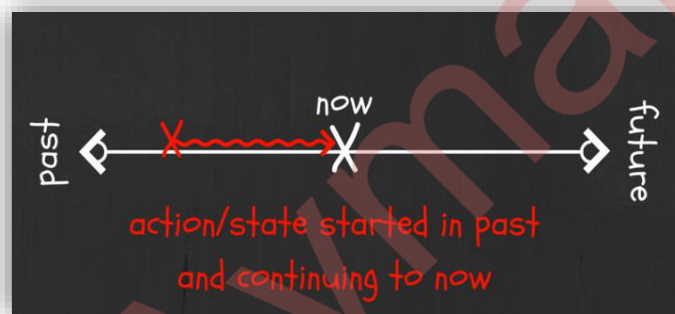
- for (period of time) → *for two hours*
- since (starting point) → *since 8 o'clock*
- **lately, recently, all day, all week**

Examples:

✅ *I have been working since morning.*

❌ *She hasn't been sleeping well lately.*

? *Have they been playing football?*



Choose the correct answer:

1. She _____ been reading this book for hours.
a) has b) have c) was d) has
2. They _____ been doing their homework since 5 p.m.
a) is b) have c) has d) were
3. It _____ been raining all day.
a) has b) have c) was d) had
4. How long _____ you been waiting here?
a) have b) has c) were d) did
5. He _____ been studying lately because he is busy.
a) is b) has c) hasn't d) was
6. What _____ she been cooking?
a) was b) has c) did d) is
7. I _____ been sleeping well these days.
a) hasn't b) haven't c) wasn't d) haven't
8. _____ it been snowing since morning?
a) Is b) Does c) Has d) Did
9. How long _____ you been learning English?
a) has b) did c) have d) are
10. I _____ been feeling tired since yesterday.
a) am b) have c) was d) were

11. The children _____ been laughing for an hour.
a) has b) is c) was d) have
12. _____ your brother been sleeping well recently?
a) Has b) Did c) Does d) Is
13. She _____ been cleaning the room all afternoon.
a) has b) have c) did d) had
14. They _____ been studying hard this week.
a) was b) have c) has d) were
15. It _____ been raining since last Friday!
a) was b) has c) has d) had
16. We _____ been working on this project for two hours.
a) is b) were c) was d) have
17. Why _____ you been crying?
a) have b) has c) did d) are
18. He _____ been helping his dad in the shop.
a) has b) have c) did d) is
19. They _____ been visiting their grandparents recently.
a) hasn't b) weren't c) wasn't d) haven't
20. _____ it been snowing in your city?
a) Did b) Does c) Has d) Was
21. I _____ been studying French for three months now.
a) have b) has c) am d) was
22. My teacher _____ been explaining the same rule all morning.
a) has b) have c) did d) had
23. She _____ been working hard these days.
a) is b) was c) were d) has
24. We _____ been waiting for the bus for half an hour.
a) was b) have c) are d) were
25. It has been _____ all morning.
a) raining b) rains c) rain d) rained
26. I have been _____ English since I was 10.
a) studying b) studied c) study d) studies
27. They _____ been watching TV for three hours.
a) isn't b) weren't c) haven't d) didn't

28. **Has he been** _____ **well recently?**
a) sleep b) sleeping c) sleeps d) slept
29. My parents _____ been cooking dinner since 6 o'clock.
a) has b) was c) is d) have
30. **The students have been** _____ **for their exams all week.**
a) study b) studies c) studying d) studied
31. He _____ been helping his dad at the shop.
a) has b) have c) did d) does
32. **Have you been** _____ **to the gym lately?**
a) go b) goes c) going d) gone
33. They _____ been feeling tired because of work.
a) have b) has c) was d) did
34. **It** _____ **been very windy since yesterday.**
a) is b) has c) were d) was
35. I have been _____ to call you since morning!
a) tries b) try c) trying d) tried
36. **Has she been** _____ **her homework today?**
a) do b) does c) doing d) did
37. The kids _____ been playing outside all day.
a) isn't b) haven't c) wasn't d) weren't
38. **He has been** _____ **for a new house for months.**
a) look b) looking c) looks d) looked
39. We _____ been working on this project for two hours.
a) has b) was c) were d) have
40. _____ **it been raining this morning?**
a) Did b) Does c) Has d) Is
41. They _____ visiting their grandparents recently.
a) haven't be b) weren't be c) wasn't been d) haven't been
42. **Has it been** _____ **in your city?**
a) is snowing b) snows c) snowing d) snowed
43. I have been _____ French for three months now.
a) studying b) studied c) study d) studies
44. **My brother** _____ **been playing video games all night!**
a) is b) has c) has d) have

Present Perfect Continuous – Questions with *Have* and *Has*

We use **have / has + been + verb-ing** to talk about actions that **started in the past and are still happening** or **just finished with results now**.

Structure for Questions:

Subject Auxiliary Verb been Main Verb + ing

Have / Has + Subject + been + verb-ing

- Use “**Have**” with **I, you, we, they**
→ *Have you been studying?*
→ *Have they been waiting long?*
- Use “**Has**” with **he, she, it**
→ *Has she been working all day?*
→ *Has it been raining?*

Short Answers:

- Yes, I **have**. / No, I **haven't**.
 - Yes, he **has**. / No, he **hasn't**.
-

Exercise:

Complete the sentences with the **Present Perfect Continuous** form of the verbs.
(*have/has + been + verb-ing*)

1. We _____ to the same school for five years. (go)
2. I _____ breakfast since 9 a.m. (eat)
3. She _____ in the garden all morning. (water)
4. They _____ for the bus for twenty minutes. (wait)
5. It _____ all day! (rain)
6. Ahmed _____ hard this week. (study)
7. My sister _____ TV since she came home. (watch)
8. I _____ my best friend lately. (not see)

9. He _____ a new job for the last few months. (look for)
10. The children _____ games on the computer since noon. (play)
11. _____ you _____ to call your teacher? (try)
12. We _____ much sleep these days. (not get)
13. The baby _____ since 6 a.m. (cry)
14. Sara _____ her hair for half an hour. (brush)
15. My parents _____ in this city since 2005. (live)
16. _____ he _____ to fix his car? (try)
17. I _____ on my phone too much recently. (be)
18. The students _____ to the teacher carefully. (listen)
19. It _____ very windy since morning. (be)
20. She _____ her English every evening. (practice)
21. They _____ about the test all day. (worry)
22. _____ you _____ enough water today? (drink)

More Practice:

Complete the sentences with the **Present Perfect Continuous** form of the verbs.
(have/has + been + verb-ing)

1. He _____ his car all morning. (wash)
2. We _____ for the teacher for 15 minutes. (wait)
3. _____ they _____ in this company for long? (work)
4. I _____ my room since yesterday. (not clean)
5. The kids _____ in the pool since 10 a.m. (swim)
6. My mom _____ dinner since 5 o'clock. (cook)
7. _____ you _____ any new books lately? (read)
8. It _____ very cold since last night. (be)

■ Possessive Pronouns Table

Subject Pronoun	Possessive Adjective	Possessive Pronoun	Example
I	my	mine	This is my book. → This book is mine.
You	your	yours	This is your pencil. → This pencil is yours.
He	his	his	This is his bag. → This bag is his.
She	her	hers	This is her phone. → This phone is hers.
It	its	_____	This is its tail. → The tail is its.
We	our	ours	This is our school. → This school is ours.
They	their	theirs	This is their classroom. → This classroom is theirs.

■ Rewrite like the example

Example:

This is **Fatima's** bag. → It's **her** bag.



Now you do the same:

1. This is Ali's computer. → It's _____ computer.
2. This is my pencil. → It's _____.
3. This is children's house. → It's _____ house. It's _____.
4. This is our teacher. → He's _____.
5. This is his phone. → It's _____.
6. This is Meera's apple. → It's _____ apple. It's _____.



Choose the correct answer:

9. This is _____ pencil.

- a) me
- b) mine
- c) I
- d) my



10. **He** loves _____ dog very much.

- a) his
- b) he
- c) him
- d) her

11. **They** are doing _____ homework now.

- a) our
- b) ours
- c) their
- d) them

12. **We** are visiting _____ grandparents today.

- a) us
- b) our
- c) Their
- d) we

13. **The cat** is eating _____ food.

- a) it's
- b) its
- c) his
- d) her

14. **She** is looking for _____ phone.

- a) hers
- b) she
- c) her
- d) his

15. _____ father is a doctor.

- a) They
- b) Theirs
- c) Their
- d) Them



Choose the correct possessive pronoun

1. **This** book is not mine. It's _____.

- a) her
- b) hers
- c) she
- d) our

2. **These** pencils are not yours. **They're** _____.

- a) their
- b) theirs
- c) they
- d) them

3. **That** car belongs to Ahmed. It's _____.

- a) he
- b) his
- c) him
- d) her



4. **This bag belongs to me. It's _____.**
a) mine b) my c) me d) I
5. **The house belongs to my parents. It's _____.**
a) their b) theirs c) them d) they
6. **This is not our classroom. It's _____.**
a) your b) yours c) theirs d) his
7. **That phone is not hers. It's _____.**
a) my b) mine c) me d) ours
8. **These shoes belong to us. They're _____.**
a) our b) ours c) we d) they
9. **This isn't my pen. It's _____.**
a) yours b) your c) his d) hers
10. **The dog is eating _____ food.**
a) it's b) its c) it d) they



1. **That bike belongs to Ali. It's _____.**
a) him b) his c) he d) her
2. **These toys belong to the children. They're _____.**
a) their b) them c) they d) theirs
3. **This pencil case belongs to me. It's _____.**
a) my b) I c) mine d) me
4. **That bag belongs to Sara. It's _____.**
a) hers b) her c) she d) he
5. **These books belong to you and me. They're _____.**
a) ours b) our c) we d) us
6. **This cat belongs to my friend. It's _____ cat.**
a) her b) hers c) she d) him
7. **Those bags belong to them. They're _____.**
a) their b) theirs c) them d) they
8. **That is not my water bottle. It's _____.**
a) yours b) your c) you d) his
9. **The red car belongs to my brother. It's _____.**
a) he b) him c) his d) her
10. **Our dog loves _____ toys.**
a) it's b) its c) it d) they



★ Grammar Rule: "was/were born"

We use **was** or **were** + **born** to talk about where or when someone came into the world (the start of their life).

✓ Examples:

- I **was born** in Egypt.
- They **were born** in 2010.
- She **was born** in Paris.

✗ **Wrong:** He born in Egypt.

✓ **Right:** He **was born** in Egypt.

🧠 How to use it

- I / He / She / It → **was born**
- You / We / They → **were born**

📝 Practice: Choose the correct answer

1. My brother _____ born in 2008.

a) were b) is c) are d) was

2. We _____ born in the same village.

a) were b) was c) be d) am

3. She _____ born in Spain.

a) is b) was c) are d) be

6. They _____ born in England.

a) am b) be c) were d) was



4. Ahmed _____ born in 2008.

a) were b) is c) are d) was

5. Sara and Layla _____ born in the same village.

a) were b) is c) are d) was

13. Maria _____ born in Spain.

a) is b) was c) are d) be



7. I _____ born in a small town near the sea.

a) is b) were c) are d) was d) was

8. You _____ born in 2011, right?

a) were b) was c) be d) are

9. Fatima and Omar _____ born in Egypt.

a) is b) was c) were d) be

8. My cat _____ born last summer.

a) were b) was c) are d) be

10. Fatima and Omar _____ born in Egypt.

a) is
b) was
c) were
d) be

11. My cat Coco _____ born last summer.

a) were
b) was
c) are
d) be

12. Kareem and his brother _____ born in 2005.

a) are
b) was
c) were
d) is



14. Adam and Nora _____ born in England.

a) were b) is c) are d) be

15. Ali _____ born in a small town near the sea.

a) am b) is c) are d) was

16. Yousef _____ born in 2011, right?

a) were b) is c) are d) was

17. Mona _____ born in France.

a) is
b) was
c) be
d) were



18. Rania _____ born in Cairo.

a) am
b) are
c) be
d) was

19. The twins, Huda and Hana, _____ born on the same day.

a) was
b) be
c) were
d) is



Present Continuous Tense



Usage Type	Keywords	Example Sentence
Actions happening right now	now, at the moment	"I am reading right now."
Temporary actions	this week, these days	"She is living with her parents this week."

What are you doing now ?

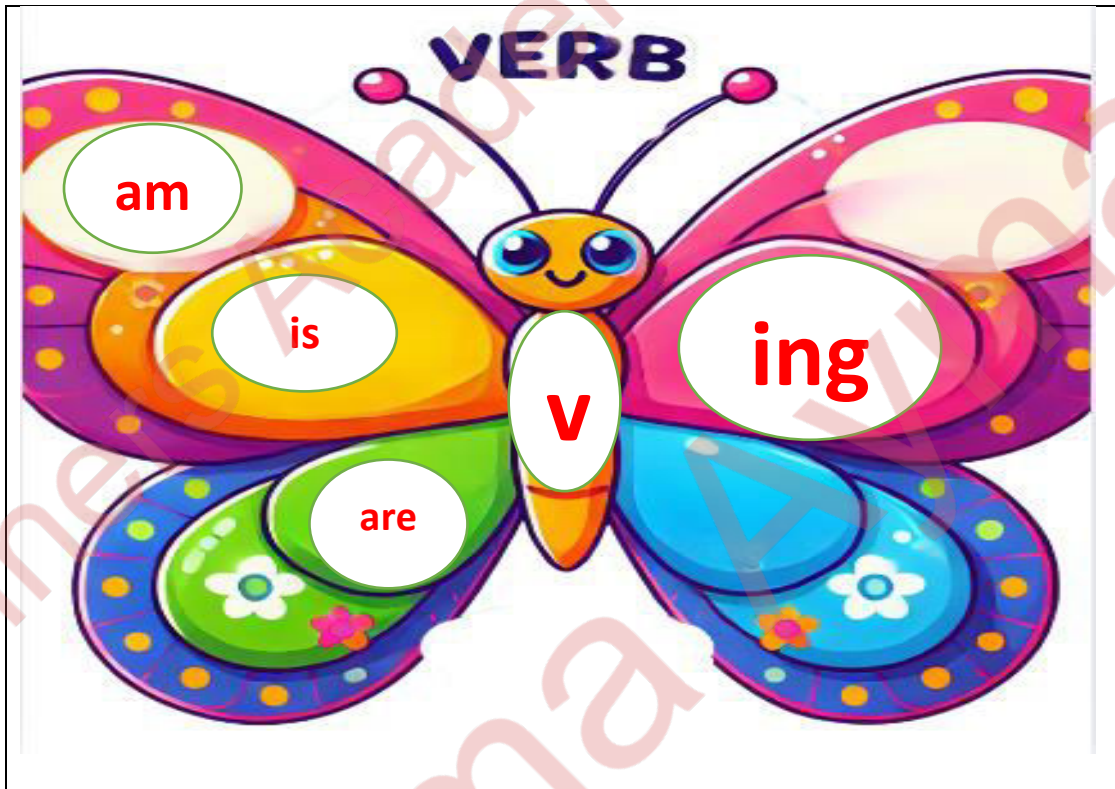
I play games now ❌

I am playing games now. ✅

Access 7

https://chat.whatsapp.com/B6lQ7abD9a9lrXx6YMSqLL?mode=ems_share_t





The butterfly **is** flying **now** .



Formula:

- Subject + am/is/are + verb + -ing

Examples:

- I am reading now .
- She is eating lunch at the moment .



2. Spelling Rules for Adding -ing

When forming the -ing form, there are specific spelling changes to keep in mind:

- **Basic Rule:** Add **-ing** to most verbs.
 - **Example:** walk → walking
- **Verbs ending in -e:** Remove the **-e** and add **-ing**.
 - **Example:** make → making write ----- writing
- **One-syllable verbs with a consonant-vowel-consonant (CVC) pattern:** Double the final consonant and add **-ing**.
 - **Example:** run → running swim ----- swimming cut-----cutting put ----- putting
- **Two-syllable verbs with stress on the last syllable and a CVC pattern:** Double the final consonant and add **-ing**.
 - **Example:** begin → beginning
- **Verbs ending in -ie:** Change **-ie** to **-y** and add **-ing**.
 - **Example:** lie → lying tie ----- tying

Note (We don't double verbs end with (w-x-y-z)



Blow ----- ~~blowwing~~ blowing

3. Example Sentences for Verb Changes

Base Verb	Present Continuous
dance	dancing
write	writing
stop	stopping
swim	swimming
tie	tying
cry	crying

Add ing to these verbs

Play -----

Go - -----

Work -----

Have -----

Write -----

Make -----

Plan -----

Begin -----

Ride -----

Travel -----

Run -----

Swim -----

Stop -----

Lie -----

Tie -----



Keywords :

Malak is doing her h.w now.

Now – look ! – listen – Hush – Shh – at the moment – at

Present – Be careful – look out ! – watch out – Be quiet –



*- Choose the correct answer :-

1- I ____ (eat) lunch right now.

- a) am eating
- b) eats
- c) ate



2- She ____ (play) the piano **now**.



- a) plays
- b) is playing
- c) played

3- They ____ (watch) a movie **at the moment**.

- a) watched
- b) watching
- c) are watching

4- We ____ (study) for our exams **this week**.

- a) is studying
- b) are studying
- c) study

5- He ____ (swim) in the pool right now.

- a) swimming
- b) is swimming
- c) swims

6- You ____ (**not**, sleep) on the couch.

- a) are not sleeping
- b) are sleeping
- c) sleeps

7- I ____ (tie) my shoes.

- a) tie
- b) am tying
- c) tying

8- The baby ____ (cry) now.

- a) is crying
- b) cries
- c) cried

9- **Look!** They are ____ (run) to the bus.

- a) running
- b) is running
- c) run



10- She is ____ (read) a book now.

- a) reads
- b) is reading
- c) reading

11- He is ____ (listen) to music right now.

- a) listens
- b) listening
- c) listened

12- We ____ (prepare) for the big event this week.

- a) are preparing
- b) prepare
- c) preparing

13- The sun ____ (set) right now.

- a) setting
- b) is setting
- c) sets



14- She is ____ (clean) her room today.

- a) cleaning
- b) cleans
- c) are cleaning

15- They are ____ (shop) for groceries at the moment.

- a) shop
- b) shopping
- c) shopped

16- I am ____ (pack) my suitcase.

- a) packing
- b) packs
- c) packed

17- Look! The cat is ____ (chase) the mouse now.

- a) are chasing
- b) chasing
- c) chase



18- You aren't ____ (not, cook) dinner now.

- a) cooks
- b) cook
- c) cooking

- 19- We ____ (decorate) the house for the party.
- a) decorating b) are decorating c) decorates

- 20- He is ____ (try) a new recipe today.
- a) try b) tries c) trying

- 21- The kids ____ (jump) on the trampoline right now.
- a) jumping b) are jump c) jumps

- 22- She is ____ (bake) cookies this afternoon.
- a) baking b) bakes c) are baking

- 23- They ____ (explore) the forest.
- a) explore b) are exploring c) explored

- 24- The dog ____ (bark) at the stranger now.
- a) barks b) barking c) is barking

- 25- I ____ (practice) the piano for my lesson now.
- a) am practicing b) practices c) practice

- 26- ____ they coming to the party?
- a) Is b) Are c) Am

- 27- ____ you studying for the test?
- a) Is b) Are c) Am

- 28- ____ the children watching TV?
- a) Am b) Is c) Are

- 29- ____ you feeling okay?
- a) Are b) Am c) Is

- 30- ____ I interrupting you?
- a) Is b) Am c) Are

- 31- ____ you coming to the meeting?
- a) Am b) Are c) Is

32. ____ it raining outside?

- a) Are b) Is c) Am



Sara and her family love the countryside. They _____ (lives – has lived – living) in a small village for ten years. Every morning, her father (have been working – has been working – work) on the farm since sunrise.

Her mother _____ (cook – have cooked – have been cooking) delicious meals for everyone.

Sara and her brother Adam _____ (have been going – has been going – going) to the same school for many years. They really enjoy it! Their teachers _____ (have helped – have been helping – helping) them a lot with their studies.

In the afternoons, Sara _____ (has been taking – have been taking – take) care of the garden. She loves flowers and has planted many colorful ones recently.

Every evening, the whole family sits together. They _____ (have been talking – has been talking – talk) about their day and laugh happily.

Omar and his family live in Cairo. They _____ (has been living – have been living – living) in their apartment for five years. It's small, but they love it because it's close to _____ (their – his – our) school and work.

Every morning, Omar _____ (has been taking – have been taking – take) the bus to school. He always looks out the window to watch the traffic and people. His sister Layla _____ (has been studying – studying – study) at the university since last year, and she enjoys _____ (her – his – their) classes very much.

Omar's parents both work in offices. His dad _____ (have been driving – has been driving – drives) the same car for many years, and his mom _____ (has been working – working – work) as a teacher since she finished college.

In the evenings, the family usually sits on the balcony. They _____ (talk – have been talking – has been talking) and laugh about their day while watching the sunset over _____ (their – ours – his) city.

Read the sentences and write the correct form of the verb to be. (am / is /are)

1. Ali _____ talking on his phone.

1. The teacher _____ helping his students.

2. The boys _____ playing a game.

3. The girls _____ looking at something.

More examples:

5. My father _____ driving the car.

6. The children _____ eating lunch.

7. Amal _____ writing a letter.

8. The cat _____ sleeping on the sofa.

9. The students _____ studying English.

10. Sara _____ washing the dishes.

11. We _____ waiting for the bus.



Complete the sentences with the correct present continuous verb form.

1. I am _____ my homework. (do)

2. We are _____ to class. (go)

3. The girls are _____ football. (play)

4. Fatima is _____ an interesting novel. (read)

5. The students are not _____. (listen)

More examples:

6. I am _____ a picture. (draw)

7. They are _____ dinner. (cook)

8. My brother is _____ TV. (watch)

9. We are _____ in the park. (run)

10. The teacher is _____ the lesson. (explain)

11. She is _____ her friend on the phone. (call)

12. The boys are _____ a song. (sing)



Write the **negative** form of each sentence. (not)

I am doing my homework.

.....

We are talking.

.....

Omar is going home.

.....

She is reading a book.

.....

They are playing soccer.

.....

I am eating lunch.

.....

He is watching TV.

.....

You are singing.

.....

It is raining outside.

.....

The children are sleeping.

.....



Maze

Ali (live -lives – living) in a small house near the beach. Every morning, he wakes up early and eats his breakfast. Right now, he is (eats – eating- eat) bread and honey, and he (is drinking – are drinking – am drinking) a glass of milk. After breakfast, Ali always (plays-play-playing) outside with his dog, Max. Today, they are (runing – running – runs) on the sand. Max is (chasing-chase-chases) the waves, and Ali is (laughs -laughing-laughing) loudly. He loves spending time with Max. Ali's sister, Leena, is (sits -sitting-sit) under a big umbrella. She (am reading – is reading – are reading) a book about the sea. She (like -likes- liking) stories about dolphins and fish. Sometimes, she (helping -helps- help) Ali builds sandcastles, but today she is (enjoying- enjoys – enjoy) her book. (Her – Their- His) mom is cooking lunch in the kitchen. She (making -makes- make) tasty food every day. Right now, she (is preparing – prepare – are preparing) rice and fish. It smells delicious! In the afternoon, Ali and Leena go swimming. Ali is (wears -wearing -wear) his blue swim shorts, and Leena is (puts -putting-put) on her goggles. They are splashing and laughing in the water. It (am -is-are) a very sunny day, and they are having so much fun. Ali always feels happy when he is playing at the beach with his family.

Omar and Ali (go-goes-going) to the park every weekend. They (liking -like-likes) to play on the swings and slides. Today, they (are riding – riding – rides) their bikes. Omar's bike is faster (that - than -then) Ali's, but Ali's bike is as colorful as a rainbow. Right now, Omar (are racing - is racing – am racing) around the big tree, and Ali (are following - is following - follow) him. The park is as busy as a playground, with kids laughing and running everywhere. Their mom is (sitting-sits-sit) on a bench and reading a book. She always (brings - bring – bringing) snacks, and Omar thinks her sandwiches are tastier than the ones at home!

Fatima (study - studies – is study) in Grade 2. She (love- loves-loving) art class because drawing is more fun than math. Right now, she (is painting – painting – paint) a picture of a tree. The tree is as tall as the school building in her drawing. (His – Her- Their) friend Noor is (coloring -colors- color) a picture of a house. Noor's drawing is neater than Fatima's, but Fatima's picture is as colorful as a rainbow.

Their teacher (**walks-walk-walking**) around the room and looks at their work. "You girls **are** (do - doing- does) a great job!" she says. Fatima feels proud and keeps painting happily.

Follow us here

<https://www.facebook.com/Winners.Academy.English/>



Access 5 <https://chat.whatsapp.com/EwfUGacKB6j97euPsq3UyK>



Access 6 <https://chat.whatsapp.com/Hp973BVpqyX5yUoHvqnOR8>



Access 7 https://chat.whatsapp.com/B6lQ7abD9a9JrXx6YMSqIL?mode=ems_share_t



Access 8 <https://chat.whatsapp.com/IEKwZ9TxQQ84P9Z3l3yo9c>



G.9 _ Advanced https://chat.whatsapp.com/l16H8NZ9vnm1JDgb9wRadW?mode=ems_share_t



Grammar

There is / There are

There is → used with singular nouns (one thing).



Example: There is a book on the table.

There are → used with plural nouns (more than one thing).



Example: There are three books on the table.



Example: There are children in the park.



There is / There are – Practice

1. _____ a cat in the garden.

- A) There are
- B) There is
- C) There be

2. _____ **five chairs in the room.**
A) There swim
B) There are
C) There is
3. _____ **a window in my bedroom.**
A) There run
B) There is
C) There are
4. _____ **many flowers in the park.**
A) There jump
B) There is
C) There are
5. _____ **an apple on the plate.**
A) There sing
B) There are
C) There is
6. _____ **two dogs in the street.**
A) There is
B) There are
C) There cook
7. _____ **a computer on the desk.**
A) There jump
B) There is
C) There are
8. _____ **three cars outside.**
A) There are
B) There there
C) There is
9. _____ **a new student in our class.**
A) There is
B) There are
C) There dance
10. _____ **many stars in the sky tonight.**
A) There sleep
B) There are
C) There is
11. _____ **an old tree in the garden.**
A) There is
B) There jump
C) There are



12. _____ **two sandwiches on the plate.**

- A) There are
- B) There is
- C) There run

13. _____ **a ball under the chair.**

- A) There sing
- B) There fly
- C) There is

14. _____ **apples in the garden.**

- A) There sing
- B) There are
- C) There is

15. _____ **a book on the teacher's desk.**

- A) There read
- B) There are
- C) There is

16. _____ **birds in the tree.**

- A) There is
- B) There are
- C) There swim

17. _____ **a picture on the wall.**

- A) There is
- B) There laugh
- C) There are

18. _____ **many shops in my street.**

- A) There cook
- B) There are
- C) There is

19. _____ **an orange in the basket.**

- A) There is
- B) There there
- C) There jump

20. _____ **two pens in my bag.**

- A) There have
- B) There are
- C) There sing

