



GRADE 5 ENGLISH

EOT 3 FULL REVISION BOOKLET

ACADEMIC YEAR 2025–2026

PLATFORM: SWIFTSASSESS | TOTAL MARKS: 100 MARKS

*Learn * Practice * Succeed*



**PART 1
VOCABULARY
(10 MARKS)**

- 5 Multiple Choice
- Sentence Cloze
- 2 marks each





**PART 2
GRAMMAR
(10 MARKS)**

- Multiple Choice Gap Fill
- Narrative Text
- 5 gaps
- 2 marks each





**PART 3A
READING
TOWARDS
(24 MARKS)**

- True / False / Not Given
- 8 Questions
- 3 marks each





**PART 3B
READING
AT GRADE LEVEL
(28 MARKS)**

- Multiple Choice
- 7 Questions
- 4 marks each



VOCABULARY LIST

FOOD & DRINK

- apples • carrots • dates
- orange juice • grapes
- bananas • sandwiches
- picnic • fridge • cheese
- milk • eggs • fish • meat
- kitchen • rice • soup
- vegetable • water • lunch



STAYING HEALTHY

- eye test • hearing test
- blood test • ill • difficult
- doctor • headache
- use a computer • drive a car
- break my arm • break my leg
- hurt • ride a bike



WHY THIS BOOKLET?

- ✓ Complete coverage of all exam skills
- ✓ Based on SwiftAssess format
- ✓ Vocabulary, Grammar & Reading
- ✓ Builds confidence step by step
- ✓ Perfect for EOT 3 success!



ANSWER KEY

PART 1	PART 2	PART 3A	PART 3B	PART 3C
1 B	1 A	1 T	1 B	1 B
2 A	2 C	2 F	2 B	2 C
3 C	3 B	3 F	3 B	3 A
4 B	4 C	4 NG	4 A	4 B
5 B	5 A	5 F	5 C	5 B
		6 T	6 B	6 C
		7 NG	7 B	7 A
		8 NG		

TOTAL MARKS SUMMARY

SECTION	MARKS
Part 1: Vocabulary	10
Part 2: Grammar	10
Part 3A: Reading Towards	24
Part 3B: Reading At Grade Level	28
Part 3C: Reading Beyond Grade Level	28
TOTAL	100

EXAM TIPS

- ✓ Read the title and questions carefully.
- ✓ Underline key words in the questions.
- ✓ Read all choices before selecting.
- ✓ Use context clues to understand.
- ✓ Manage your time wisely.
- ✓ Check your answers before submitting.



WORK SMART • STAY FOCUSED • ACHIEVE YOUR GOALS

Grade 5 – English EOT 3 Full Revision Booklet

Academic Year 2025–2026 – Platform:

SwiftAssess

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Grade 5 – EOT 3 Vocabulary

1. Food & Drink – Fruits and Healthy Food

Fruits

- apples
 - oranges
 - grapes
 - bananas
 - dates
-

Drinks

- orange juice
 - milk
 - water
-

Food at School & Home

- sandwiches
 - rice
 - soup
 - vegetables
 - cheese
 - eggs
 - fish
 - meat
 - lunch
-



Kitchen & Food Place

- kitchen
- fridge
- picnic



2. Staying Healthy – Health & Doctors



Doctors & Tests

- doctor
- eye test
- hearing test
- blood test



Illness & Pain

- ill
- hurt
- headache
- break my arm
- break my leg

Daily Health Actions

- use a computer
- ride a bike
- drive a car

Health Problems / Feelings

- difficult
- sick / ill

- pain (hurt idea)

★ QUICK REVISION TIP

- ✓ Food vocabulary = what we eat and drink 🍏
 - ✓ Healthy vocabulary = doctor, illness, and body care 🏥
-

Part 1: Vocabulary – Original Questions (10 Marks)

Multiple Choice Sentence Cloze – Choose A, B, or C.

1. I put the milk and eggs in the _____ to keep them cold.
A) kitchen B) fridge C) picnic
2. My mother made delicious vegetable _____ with carrots and potatoes.
A) soup B) rice C) cheese
3. The doctor said I need a _____ to check if I have enough iron in my body.
A) eye test B) hearing test C) blood test
4. Ahmed could not go to school because he was _____ with a high fever.
A) hurt B) ill C) difficult
5. For our family _____, we took sandwiches, grapes, and orange juice to the park.
A) lunch B) picnic C) kitchen

Part 2: Grammar – Original Narrative (10 Marks)

Read the story and choose the correct word for each gap.

My Healthy Day

My name is Sara. I _____ (1) healthy food every day. For breakfast, I eat eggs and drink milk. I _____ (2) eat junk food because it is not good for me. There are _____ (3) apples and bananas in my lunch box, but there isn't _____ (4) chocolate. I was hungry, _____ (5) I ate my sandwich during break time. I feel strong and happy!

1. A) eat B) eats C) eating
2. A) always B) sometimes C) never
3. A) any B) some C) a
4. A) some B) many C) any
5. A) so B) because C) but

Part 3A: Reading – Original Passage – True / False / Not Given (24 Marks)

Read the text and write T (True), F (False), or NG (Not Given).

A Healthy School Lunch

At Greenfield Primary School, students eat lunch in the big cafeteria at 12:30 every day. The school wants all children to eat healthy food.

The cafeteria offers fresh sandwiches with cheese or meat, vegetable soup, and fresh fruits like apples, bananas, and grapes. Students can also drink water or milk.

Ahmed is a student in Grade 5. He always brings his lunch from home. His mother puts a sandwich, a banana, and a small bottle of water in his lunch box. Ahmed never eats crisps or chocolate at school because he knows they are not healthy.

Last Tuesday, Ahmed forgot his lunch box at

home. He felt sad because he was hungry. The cafeteria lady gave him a free bowl of vegetable soup and an apple. Ahmed was very happy. He said, "The soup was delicious and the apple was sweet!"

Now, Ahmed sometimes eats lunch in the cafeteria with his friends. He likes the cheese sandwiches and the orange juice. He thinks school lunches are very good.

Statements:

1. Students at Greenfield Primary School eat lunch at half past twelve. _____
2. The cafeteria serves pizza and burgers for lunch. _____
3. Ahmed always brings crisps in his lunch box. _____
4. Ahmed forgot his lunch box on Monday. _____
5. The cafeteria lady gave Ahmed a sandwich

and an apple. _____

6. Ahmed said the soup was delicious. _____

7. Ahmed now eats lunch in the cafeteria every day. _____

8. Ahmed's favourite drink in the cafeteria is milk. _____

Part 3B: Reading – Original Passage – Multiple Choice (Grade Level) (28 Marks)

A Visit to the Doctor

Fatima is a healthy and active girl. She is ten years old and loves to ride her bike every day after school. She also likes to help her mother in the kitchen. Last week, Fatima woke up with a terrible headache. Her head hurt so much that she could not eat her breakfast. Her mother touched Fatima's forehead and said, "You are

very hot. I think you have a fever."

Fatima's mother took her to see Dr. Ahmed. Dr. Ahmed is a kind doctor who works at the City Medical Centre. First, Dr. Ahmed asked Fatima how she was feeling. Fatima said, "My head hurts and I feel very tired." Then, Dr. Ahmed used a small light to look inside Fatima's eyes, ears, and throat. He said, "Your throat is red. You have a small infection."

Dr. Ahmed did not give Fatima any medicine that day. He said, "You need to rest at home for two days. Drink lots of water and soup. Eat healthy food like fruits and vegetables. You will feel better soon."

Fatima followed the doctor's advice. She stayed in bed and drank warm soup. Her mother made her fresh orange juice every morning. After two days, Fatima's headache was gone, and she felt strong again. She learned that resting and eating healthy food helps your body fight illness.

Now, Fatima washes her hands before eating and after playing outside. She wants to stay healthy and avoid getting sick again.

Choose the best answer A, B, or C.

1. What does Fatima love to do every day after school?
 - A) Help her mother in the kitchen
 - B) Ride her bike
 - C) Play video games
2. Why did Fatima not eat her breakfast?
 - A) She was not hungry
 - B) She had a terrible headache
 - C) She wanted to eat at school
3. Where does Dr. Ahmed work?
 - A) At Greenfield Primary School
 - B) At the City Medical Centre
 - C) At the local hospital
4. What did Dr. Ahmed use to look inside

Fatima's eyes, ears, and throat?

- A) A small light
- B) A blood test
- C) A hearing test

5. What did Dr. Ahmed tell Fatima to do?

- A) Take medicine every day
- B) Go to school and study hard
- C) Rest at home for two days

6. How long did it take for Fatima's headache to go away?

- A) One day
- B) Two days
- C) Three days

7. What does Fatima do now to avoid getting sick again?

- A) She eats more meat and fish
- B) She washes her hands before eating
- C) She visits Dr. Ahmed every week

Part 3C: Reading – Original Passage – Multiple Choice (Beyond Grade Level) (28 Marks)

The Important Test

Rashid was nervous. Today was the day of his annual check-up at the medical centre. His mother had told him that he needed to have three different tests: an eye test, a hearing test, and a blood test. Rashid did not like the blood test. He remembered last year when the nurse took a small sample of blood from his finger. It was not very painful, but he still felt scared.

The eye test was first. A kind optometrist asked Rashid to read letters from a chart on the wall. Some letters were big, and some were very small. Rashid covered his left eye and read the letters easily. Then he covered his right eye. The small letters looked blurry. The optometrist said,

"Rashid, your left eye is strong, but your right eye needs some help. You need glasses for reading and using a computer."

Next, Rashid went for the hearing test. He sat in a quiet room and wore big headphones. The audiologist played soft beeping sounds. Every time Rashid heard a beep, he pressed a button. He heard all the beeps, even the quiet ones.

"Your hearing is perfect," the audiologist said with a smile.

Finally, came the difficult part. The blood test. Rashid sat on a chair and held his mother's hand. A nurse named Sarah cleaned a small spot on Rashid's arm. "Don't worry," Sarah said kindly. "It will be over in five seconds." Rashid closed his eyes. He felt a tiny pinch. Then Sarah said, "All done! You were very brave."

Rashid opened his eyes and smiled. The blood test was not as bad as he remembered. On the way home, his mother said, "I am proud of you."

You did something difficult, and you were courageous." Rashid realised that sometimes things seem scarier than they really are. The next day, Rashid's mother took him to choose new glasses. He picked blue frames because blue is his favourite colour. Now, Rashid can see clearly when he uses a computer at school and when he reads his favourite books at home. Choose the best answer A, B, or C.

1. Why was Rashid nervous about his annual check-up?
 - A) He did not like the medical centre
 - B) He was scared of the blood test
 - C) He forgot to bring his mother
2. What did the optometrist discover about Rashid's eyes?
 - A) Both eyes were perfect
 - B) His left eye needed help
 - C) His right eye needed glasses

3. The word "blurry" in paragraph 2 most likely means:
- A) Not clear or fuzzy
 - B) Very bright
 - C) Too small to see
4. How did Rashid feel after the blood test was finished?
- A) Scared and angry
 - B) Relieved and happy
 - C) Tired and hungry
5. What is the main idea of this text?
- A) Medical tests are always painful and scary
 - B) Sometimes things seem scarier than they actually are
 - C) Glasses can help you read better
6. What colour frames did Rashid choose for his new glasses?
- A) Black

B) Red

C) Blue

7. Based on the text, what can you infer about Rashid's character?

A) He is brave even when he feels scared

B) He never listens to his mother

C) He does not like reading books

Mega Grammar: 100 Multiple Choice Questions

Topic 1: Present Simple (Questions 1–20)

Choose the correct verb form.

1. He _____ healthy food every day.

A) eat B) eats C) eating

2. I _____ breakfast at 7 o'clock.

A) have B) has C) having

3. She _____ to school by bus.

A) go B) goes C) going

4. They _____ vegetables in their garden.

A) grow B) grows C) growing

5. My father _____ meat.

A) cook B) cooks C) cooking

6. We _____ water when we are thirsty.

A) drink B) drinks C) drinking

7. The doctor _____ patients every morning.

A) see B) sees C) seeing

8. You _____ a lot of fruit.

A) eat B) eats C) eating

9. Ali _____ his bike to school.

A) ride B) rides C) riding

10. The children _____ milk for breakfast.

A) want B) wants C) wanting

11. Sarah _____ her arm very often.

A) not break B) doesn't break C) don't break

12. _____ you like orange juice?

A) Do B) Does C) Is

13. My mother _____ soup for dinner.

A) make B) makes C) making

14. The cat _____ fish.

A) love B) loves C) loving

15. We _____ our hands before eating.

A) wash B) washes C) washing

16. He _____ a headache every afternoon.

A) have B) has C) having

17. The students _____ their homework after school.

A) do B) does C) doing

18. This fruit _____ sweet.

A) taste B) tastes C) tasting

19. I _____ to be a doctor.

A) want B) wants C) wanting

20. She _____ a hearing test once a year.

A) get B) gets C) getting

Topic 2: Adverbs of Frequency (Questions 21 – 35)

Choose the correct adverb.

1. I _____ eat junk food because it's unhealthy.
(0%)

A) always B) sometimes C) never

2. He _____ drinks water after running. (100%)
A) always B) usually C) never

3. They _____ have a picnic on weekends.
(about 70%)

A) always B) usually C) never

4. She _____ forgets to eat breakfast. (about 30%)

A) always B) sometimes C) never

5. We _____ go to the doctor for check-ups. (80%)

A) always B) usually C) sometimes

6. My brother _____ breaks his toys. (50%)

A) always B) sometimes C) never

7. The school _____ serves healthy lunches. (100%)

A) always B) sometimes C) never

8. I _____ ride my bike to the park. (70%)

A) always B) usually C) never

9. She _____ eats dates for dessert. (90%)

A) always B) usually C) sometimes

10. They _____ have a headache after studying. (20%)
A) always B) sometimes C) never
11. He _____ uses a computer at work. (100%)
A) always B) sometimes C) never
12. We _____ drive a car to the beach. (80%)
A) usually B) sometimes C) never
13. The baby _____ cries at night. (50%)
A) always B) sometimes C) never
14. You _____ break your leg if you are careful. (0%)
A) always B) sometimes C) never
15. I _____ feel ill after eating too much. (30%)
A) always B) sometimes C) never

Topic 3: Countable and Uncountable Nouns
(Questions 36–50)

Choose the correct word.

1. There are many _____ in the bowl.
A) rice B) apples C) water
2. How much _____ do you drink every day?
A) milk B) eggs C) bananas
3. She bought three _____ from the market.
A) cheese B) carrots C) rice
4. We need some _____ for the soup.
A) vegetable B) vegetables C) vegetable's
5. There isn't much _____ left in the fridge.
A) sandwiches B) cheese C) eggs
6. He ate two _____ for breakfast.
A) fish B) meats C) sandwiches
7. How many _____ are there on the table?
A) water B) milk C) grapes

8. I would like a bowl of _____.
A) soup B) apples C) carrots
9. She put some _____ in her lunch box.
A) rice B) dates C) both A and B
10. There is a lot of _____ in the kitchen.
A) eggs B) fish C) bananas
11. Can I have a glass of _____?
A) orange juice B) apples C) sandwiches
12. How many _____ do you need for the picnic?
A) water B) meat C) sandwiches
13. He doesn't eat much _____.
A) vegetables B) meat C) carrots
14. There are five _____ in the basket.
A) milk B) rice C) bananas

15. She bought a kilo of _____.

A) dates B) sandwiches C) apples

Topic 4: Some / Any (Questions 51–65)

Choose the correct word.

1. There are _____ apples in the fridge.

(positive)

A) some B) any C) a

2. Is there _____ milk left?

A) some B) any C) many

3. She doesn't have _____ oranges.

A) some B) any C) a

4. Would you like _____ water? (offer)

A) some B) any C) many

5. There isn't _____ cheese in the sandwich.

A) some B) any C) many

6. I have _____ homework to do.

A) some B) any C) no

7. Do you have _____ questions?

A) some B) any C) much

8. He never eats _____ meat.

A) some B) any C) a

9. There are _____ students in the classroom.

A) some B) any C) much

10. Can I have _____ grapes, please?

A) some B) any C) a

11. She didn't buy _____ vegetables.

A) some B) any C) much

12. We need _____ eggs for the cake.

A) some B) any C) no

13. Is there _____ soup in the bowl?

A) some B) any C) many

14. They have _____ good news.

A) some B) any C) many

15. He doesn't have _____ money.

A) some B) any C) a

Topic 5: How Much / How Many (Questions 66–80)

Choose the correct phrase.

1. _____ apples do you eat every day?

A) How much B) How many C) How often

2. _____ water do you drink?

A) How much B) How many C) How long

3. _____ eggs are there in the fridge?

A) How much B) How many C) How

4. _____ rice do we need for dinner?

A) How much B) How many C) How long

5. _____ sandwiches did you make?

A) How much B) How many C) How far

6. _____ sugar is in this drink?

A) How much B) How many C) How often

7. _____ carrots are on the plate?

A) How much B) How many C) How

8. _____ milk does the baby drink?

A) How much B) How many C) How long

9. _____ fish do you eat per week?

A) How much B) How many C) How

10. _____ bananas are in the bunch?

A) How much B) How many C) How often

11. _____ cheese is in the sandwich?

A) How much B) How many C) How

12. _____ dates did you buy?

A) How much B) How many C) How far

13. _____ soup is left in the pot?

A) How much B) How many C) How

14. _____ students have a headache?

A) How much B) How many C) How often

15. _____ time do we have for lunch?

A) How much B) How many C) How long

Topic 6: Coordinating Conjunctions (and, but, so, because) (Questions 81–100)

Choose the correct conjunction.

1. I was hungry, _____ I ate a sandwich.

A) so B) because C) but

2. She likes apples _____ oranges.

A) so B) and C) but

3. He wanted to play outside, _____ it was raining.

A) so B) and C) but

4. She stayed home _____ she was ill.
A) so B) because C) but
5. I have a headache, _____ I will take a rest.
A) so B) because C) and
6. He eats healthy food _____ exercises every day.
A) so B) and C) but
7. The test was difficult, _____ I studied hard.
A) so B) because C) but
8. She broke her arm, _____ she didn't cry.
A) so B) because C) but
9. He went to the doctor _____ he had a fever.
A) so B) because C) but
10. I like dates, _____ my brother doesn't.
A) so B) and C) but

11. We need some milk, _____ I will go to the shop.

A) so B) because C) but

12. She is tired, _____ she will go to bed early.

A) so B) because C) and

13. He passed the eye test, _____ he needs glasses for reading.

A) so B) because C) but

14. The soup was hot, _____ I waited for it to cool.

A) so B) because C) but

15. She loves vegetables, _____ she eats a salad every day.

A) so B) because C) but

16. He couldn't ride his bike _____ his leg hurt.

A) so B) because C) but

17. I have an apple _____ a banana in my bag.

A) so B) and C) but

18. The picnic was fun, _____ we forgot the drinks.

A) so B) and C) but

19. She studied hard, _____ she passed the test.

A) so B) because C) but

20. They went to the beach, _____ the water was cold.

A) so B) and C) but

Extra Vocabulary Practice (30 Questions)

Set 1: Food and Drink (Questions 1–15)

Choose the correct word to complete the sentence.

1. I need to buy some _____ to make a salad.
(apples / carrots / dates)
2. Can you put the milk back in the _____?
(kitchen / fridge / picnic)
3. For breakfast, I usually eat _____ with
honey. (rice / soup / bananas)
4. My favourite drink in the morning is _____.
(orange juice / sandwich / cheese)
5. We are going on a _____ at the park. Bring
sandwiches and fruit. (lunch / picnic /
kitchen)
6. This _____ is made from fresh tomatoes
and carrots. (soup / meat / fish)
7. Would you like some _____ on your pasta?
(cheese / water / grapes)
8. I eat _____ every Friday because my family
likes fish. (meat / fish / eggs)
9. She put three _____ in her lunch box.
(sandwiches / rice / water)

10. _____ grow in bunches and are very sweet.
(Apples / Grapes / Carrots)
11. He doesn't eat _____ because he is a vegetarian. (meat / vegetables / rice)
12. The _____ is the room where we cook dinner. (fridge / kitchen / picnic)
13. I drank a glass of _____ after running. (milk / sandwich / date)
14. _____ are small and brown and grow on palm trees. (Dates / Carrots / Eggs)
15. We need _____ to make an omelette. (eggs / fish / rice)

Set 2: Staying Healthy (Questions 16–30)

Choose the correct word to complete the sentence.

1. I have a _____ because I studied for too long. (headache / blood test / eye test)
2. The _____ checked my ears and said I can hear perfectly. (doctor / eye test / hearing)

test)

3. She felt _____ and stayed in bed all day.
(healthy / ill / strong)
4. The maths problem was very _____. I
needed help. (difficult / easy / ill)
5. You need to have an _____ if you cannot see
the board clearly. (eye test / hearing test /
blood test)
6. My father knows how to _____ a car. (ride /
drive / break)
7. Ouch! I _____ my leg when I fell from the
tree. (broke / hurt / both A and B possible?
Choose best: hurt)
8. The nurse took a small sample for my _____.
(blood test / eye test / picnic)
9. You should wear a helmet when you _____ a
bike. (ride / drive / use)
10. After working on the computer for hours, my
eyes _____. (hurt / break / drive)
11. The _____ said I need to take this medicine

twice a day. (doctor / teacher / cook)

12. He cannot _____ a computer because he has no hands. (use / ride / drive)
13. I _____ my arm when I fell off the swing. (broke / rode / used)
14. A _____ is a test to check how well you can see. (hearing test / eye test / blood test)
15. She has a _____ and needs to rest in a dark room. (headache / broken leg / healthy habit)

New Reading Passages (3 Different Passages)

New Passage 1: True / False / Not Given

(Towards Grade Level Goal)

Read the text and write T (True), F (False), or NG (Not Given).

A Family Picnic

Last Saturday, the weather was sunny and warm.

Ahmed's family decided to go for a picnic at the

beach park. Ahmed's mother prepared a big basket of food. She made chicken sandwiches, cheese sandwiches, and a large bowl of fruit salad with apples, bananas, and grapes. She also packed three bottles of water and two bottles of orange juice.

Ahmed helped his father carry the picnic basket to the car. His little sister, Fatima, brought her favourite toy – a small teddy bear. They drove for twenty minutes to reach the park.

When they arrived, they found a nice spot under a big tree. Ahmed's mother spread a red blanket on the grass. They ate their lunch while watching the waves. After eating, Ahmed and Fatima played with a ball. Their father took many photos. Their mother read a book.

At 4 o'clock, they packed everything and went home. Everyone was tired but very happy.

Ahmed said, "This was the best picnic ever!"

Statements:

1. The picnic was on a Sunday. _____
2. Ahmed's mother made chicken and cheese sandwiches. _____
3. They brought four bottles of water. _____
4. Fatima brought a doll to the picnic. _____
5. It took them 20 minutes to drive to the park.

6. They sat under a big tree. _____
7. Ahmed's father played ball with the children.

8. They went home at 5 o'clock. _____

New Passage 2: Multiple Choice (At Grade Level Goal)

Read the text and choose the best answer A, B, or C.

Learning to Ride a Bike

Mona is seven years old. She loves watching her older brother, Sami, ride his bike around the neighbourhood. Sami is ten years old and very good at riding. He can ride fast and even stand up while riding. Mona wanted to learn too.

Last month, Mona's father bought her a new blue bike with training wheels. Mona was very excited. On the first day, she sat on the bike but felt scared. Her father held the back of the seat and said, "Don't worry, Mona. I will hold you."

Mona started pedalling slowly. The training wheels helped her stay balanced. She rode for a few metres, then stopped. She tried again and again. After one week, Mona could ride without her father holding the bike. But she still needed the training wheels.

One day, Mona's father removed the training wheels. Mona was nervous. She sat on the bike and her father pushed her gently. She pedalled fast and did not fall! She rode all the way to the

end of the street. "I did it!" she shouted happily. Now, Mona rides her bike to school every morning. She always wears her helmet. She remembers how difficult it was at first, but she never gave up. She wants to teach her little cousin how to ride next summer.

Questions:

1. How old is Mona?
 - A) Five years old
 - B) Seven years old
 - C) Ten years old

2. What colour is Mona's new bike?
 - A) Red
 - B) Blue
 - C) Green

3. What helped Mona stay balanced at the beginning?
 - A) Her father's hand

B) Training wheels

C) A helmet

4. How long did it take Mona to ride without her father holding the bike?

A) One day

B) One week

C) One month

5. How did Mona feel when her father removed the training wheels?

A) Excited

B) Nervous

C) Angry

6. What does Mona always wear when she rides her bike?

A) A watch

B) A helmet

C) Glasses

7. Who does Mona want to teach next summer?

- A) Her older brother
 - B) Her little cousin
 - C) Her father
-

New Passage 3: Multiple Choice (Beyond Grade Level Goal)

Read the text carefully and choose the best answer A, B, or C.

The School Lunch Debate

At Oakwood International School, students have strong opinions about their school lunches.

Every day at noon, hundreds of children line up in the cafeteria. The menu changes daily, but some items appear every week: pizza on Monday, fish and rice on Tuesday, vegetable soup with bread on Wednesday, spaghetti with meat sauce on Thursday, and chicken wraps on Friday.

A recent survey of 200 students showed

surprising results. While 65% of students said they enjoy the food, 35% complained that there are not enough fresh vegetables. Many students also said they would like more fruit options, especially dates and grapes, which are popular in the region.

The school nutritionist, Dr. Laila, defended the menu. "We follow strict health guidelines," she explained. "Each meal contains protein, carbohydrates, and healthy fats. We limit sugar and salt. However, we cannot force children to eat vegetables if they choose not to."

Some parents have started a campaign called "Healthy Plates, Happy Kids." They suggest that students should help plan the menu. They believe that when children are involved in choosing their food, they are more likely to eat it. A Grade 5 student named Hassan said, "If we had a school garden where we grow our own carrots and tomatoes, I would definitely eat

them!"

The school principal, Mr. Johnson, is considering the idea. He said, "A school garden could be an excellent learning opportunity. Students would learn science, responsibility, and healthy eating all at once." The plan is now being reviewed by the school board. A decision is expected before the end of the term.

Meanwhile, the cafeteria has already made one small change: they now offer a "salad bar" every Tuesday and Thursday. The salad bar includes lettuce, cucumbers, carrots, and a choice of dressing. In just two weeks, the amount of vegetables eaten by students has increased by 20%.

Questions:

1. What food is served at Oakwood International School on Wednesdays?
A) Pizza

B) Vegetable soup with bread

C) Chicken wraps

2. According to the survey, what percentage of students want more fresh vegetables?

A) 35%

B) 65%

C) 50%

3. The word "defended" in paragraph 3 most likely means:

A) Attacked

B) Explained and supported

C) Changed

4. What is the main idea of the "Healthy Plates, Happy Kids" campaign?

A) The school should only serve pizza

B) Students should help plan the menu

C) Parents should cook all the food

5. Why does Hassan say he would eat

vegetables from a school garden?

- A) Because he is always hungry
- B) Because he would grow them himself
- C) Because his teacher told him to

6. What change has the cafeteria already made?

- A) They stopped serving pizza
- B) They added a salad bar twice a week
- C) They removed all meat dishes

7. Based on the text, what can you infer about the future of the school garden proposal?

- A) It has already been rejected
- B) It is being considered by the school board
- C) It will definitely happen next week

Answer Key

Part 1: Vocabulary (Original)

1. B 2. A 3. C 4. B 5. B

Part 2: Grammar (Original)

1. A 2. C 3. B 4. C 5. A

Part 3A: Reading (Original – True/False/Not Given)

1. T 2. F 3. F 4. NG 5. F 6. T 7. NG 8. NG

Part 3B: Reading (Original – Multiple Choice)

1. B 2. B 3. B 4. A 5. C 6. B 7. B

Part 3C: Reading (Original – Multiple Choice Beyond)

1. B 2. C 3. A 4. B 5. B 6. C 7. A

Mega Grammar (100 Questions)

Q A Q A Q A Q A Q A

1 B 21 C 41 C 61 B 81 A

2 A 22 A 42 C 62 A 82 B
3 B 23 B 43 A 63 B 83 C
4 A 24 B 44 C 64 A 84 B
5 B 25 B 45 B 65 B 85 A
6 A 26 B 46 A 66 B 86 B
7 B 27 A 47 C 67 A 87 A
8 A 28 B 48 B 68 B 88 C
9 B 29 B 49 C 69 A 89 B
10 A 30 B 50 A 70 B 90 C
11 B 31 A 51 A 71 A 91 A
12 A 32 A 52 B 72 B 92 A
13 B 33 B 53 B 73 A 93 C
14 B 34 C 54 A 74 A 94 A
15 A 35 B 55 B 75 B 95 A
16 B 36 B 56 A 76 A 96 B
17 A 37 A 57 B 77 B 97 B
18 B 38 B 58 B 78 A 98 C
19 A 39 B 59 A 79 B 99 A
20 B 40 B 60 A 80 A 100 C

Extra Vocabulary Practice

Set 1: Food and Drink

1. carrots
2. fridge
3. bananas
4. orange juice
5. picnic
6. soup
7. cheese
8. fish
9. sandwiches
10. Grapes
11. meat
12. kitchen
13. milk
14. Dates
15. eggs

Set 2: Staying Healthy

1. headache
17. doctor
18. ill
19. difficult
20. eye test
21. drive
22. hurt
23. blood test
24. ride
25. hurt
26. doctor
27. use
28. broke
29. eye test
30. headache

New Reading Passages Answer Key

New Passage 1 (True/False/Not Given)

1. F (Saturday, not Sunday)
2. T
3. F (three bottles of water)
4. F (a teddy bear, not a doll)
5. T

- 6. T
- 7. NG (not mentioned)
- 8. F (4 o'clock, not 5)

New Passage 2 (Multiple Choice – Grade Level)

1. B 2. B 3. B 4. B 5. B 6. B 7. B

New Passage 3 (Multiple Choice – Beyond Grade Level)

1. B 2. A 3. B 4. B 5. B 6. B 7. B