

MR.EKRAMY SALEH

Grade
10 A

The

*Tutor
Revision*



مراجعة شاملة
تدريبات على القواعد و المفردات
اهم عبارات الترجمة
اهم الموضوعات
نماذج اختبارات

Remedial Work (Grammar) Grade 10 - 1st Period

مراجعة شاملة على جميع القواعد حسب أنماط الأسئلة في الامتحان

1- When I arrived at the airport yesterday, the plane.....

- a- is landing b- lands c- was landing d- will land

2- As he.....his pets in the garden, he fell in the swimming pool.

- a- watching b- watched c- is watching d- was watching

3- I found a valuable book while I..... my attic.

- a- searching b- was searching c- searched d- am searching

4- all scientists, Edison has a prominent position.

- a- At b- On c- With d- Of

5- My sister puts a vase for flowers in the living room.

- a- nice red glass b- red nice glass c- glass red nice d- nice glass red

6- He gave her a ring.

- a- diamond wonderful big b- wonderful big diamond
c- big diamond wonderful d- big wonderful diamond

7- He fell asleep..... he was watching the movie.

- a- while b- after c- before d- ago

8- We have flour. We should buy more for the cake.

- a- few b- much c- little d- many

9- I bought a, ..., ... bag.

- a- red, nice, leather b- nice, red, leather c- leather, nice, red d- leather, red, nice

10- Hockey is not interesting as football.

- a- more b- most c- as d- too

11- Fortunately, we have reference books for our research.

- a- a little b- much c- few d- a few

12- Lots of goods of plastic these days.

- a- are made b- made c- are making d- make

13- I feel lonely in my new school. I don't have..... friends.

a- a little b- any c- some d- much

14- Your car is old, but mine is

a- oldest b- older c- old d- as old

15- May 1st, the world celebrates the Labours' Day.

a- At b- on c- With d- In

16- Our teacher arrived late yesterday, ...?

a- didn't he b- doesn't he c- wasn't he d- isn't he

17- I-Phone mobiles are durable ones in the market.

a- more b- most c- the most d- much

18- Fresh fruit juice is than a fizzy drink.

a- good b- better c- best d- the best

19- I sold my, ..., ... car.

a- big, old, German b- German, old, big c- old, German, big c- big, German, old

20- Lujain didn't eat all the candy, ...?

a- ate b- doesn't eat c- did she d- was eating

21- Mona is interested in She wants to be a chief in the future.

a- cook b- cooks c- cooked d- cooking

22- They have worked in this factory..... ten years.

a- since b- for c- yet d- ago

23- I think eating too much fast food is the reason..... his obesity.

a- with b- for c- to d- at

24- My father was angry.....the salesman because he was lazy and unhelpful.

a- with b- to c- by d- on

25- People prefer travelling..... planes as they are faster and more comfortable.

a- with b- by c-on d- in

26- It's my habit to go to the club a bus.

a- on b- in c- at d- by

27- I missed the school bus, so I went a taxi.

a- with b- by c- on d- in

28- I'm looking forward to taking part..... the coming expedition.

a- at b- by c- with d- in

29- They talked.....themselves until they reached a decision.

a- amongst b- through c- on d- at

30- We will arrive.....Madrid Airport at 7.30 pm.

a- in b- at c- on d- by

31- We were walking.....the doorway when we saw a rainbow in the sky.

a- amongst b- through c- with d- in

32- Our school was officially opened 1st, November 2003.

a- with b- by c- on d- in

33- My father always stays in during his business trips.

a- five stars hotel b- a five-star hotel c- five star's hotel d- five stars' hotel

34- "It is", he shouted.

a- six wheels car b- six wheels' car c- a six-wheel car d- six wheel's car

35- How..... do you play football?

a- many b- much c- far d- often

36- She too much television lately.

a- watching b- had watched c- will watch d- has watched

37- The.....you sleep, the better for your health.

a- as early b- earliest c- early d- earlier

38- The heavier the rain is, the.....difficult to go out.

a- more b- much c- most d- least

39- The less said about that quarrel, the for all.

- a- worst b- good c- better d- best

40- We are having an important meeting.....the weekend.

- a. with b. in c. on d. at

41- Sarah has been living in this area..... she was nine.

- a. for b. since c. ago d. just

42- We can go to the cinema tomorrow if you want,.....?

- a- can't we b- can we c- don't we d- will you

43- She has lived in a cottage for many years, ...?

- a- isn't she b- hasn't she c- does she d- has she

44- The boys in the garden since the morning.

- a- had played b- have been playing c- will play d- is playing

45- It was a very boring film,.....?

- a- was it b- wasn't it c- didn't it d- doesn't it

46- She studies very hard every night, ...?

- a- does she b- isn't she c- doesn't she d- hasn't she

47- The farmers the trees in the garden all the morning.

- a- watering b- have been watering c- had watered d- has watered

48- People for thousands of years now.

- a- have been writing b- writing c- had written d- will write

49- They arrived early but also they attended all lectures.

- a- neither b- either c- not only d- both

50- Some people are for space exploration nor against it.

- a- neither b- either c- not only d- both

Do as required between brackets:

1- Ali was playing on his mobile when its battery became dead. (Question)

- a- What did Ali do when his mobile's battery became dead?
- b- What was Ali doing when his mobile's battery became dead?
- c- What is Ali doing when his mobile's battery became dead?

2- The government established a new charity to help the poor. (Question)

- a- Why did the government establish a new charity?
- b- Why did the government established a new charity?
- c- Why does the government establish a new charity?

3- A (Chinese fat young) man came to the door. (Re-order the adjectives)

- a- A fat, young, Chinese man came to the door.
- b- A young, Chinese, fat man came to the door.
- c- A young, fat, Chinese man came to the door.

4- People make many things of plastic these days. (Make Passive)

- a- Many things are made of plastic these days.
- b- Many things is made of plastic these days.
- c- Many things were made of plastic these days.

5- They have already written the final report. (Negative)

- a- They haven't already written the final report.
- b- They didn't already write the final report.
- c- They haven't written the final report yet.

6- There are some birds in the trees. (Negative)

- a- There aren't any birds in the tree.
- b- There aren't some birds in the tree.
- c- There don't any birds in the tree.

7- People (write) for thousands of years. (Correct)

- a- has written
- b- have been writing
- c- wrote

8- Ali has collected information for his research since last week. (Question)

- a- How long did Ali collect information for his research?
- b- How long had Ali collected information for his research?
- c- How long has Ali collected information for his research?

9- She's from a small town in China, ...? (Tag question)

- a- She's from a small town in China, **hasn't she?**
- b- She's from a small town in China, **isn't she?**
- c- She's from a small town in China, **doesn't she?**

10- She studies very hard every night, ...? (Tag question)

- a- She studies very hard every night, **isn't she?**
- b- She studies very hard every night, **hasn't she?**
- c- She studies very hard every night, **doesn't she?**

11- She rarely comes late, ...? (Tag question)

- a- She rarely comes late, **does she?**
- b- She rarely comes late, **isn't she?**
- c- She rarely comes late, **didn't she?**

12- A/an (old dirty black) cat is wandering the streets. (Re-order the adjectives)

- a- A dirty, old, black cat is wandering the streets.
- b- A dirty, black, old cat is wandering the streets.
- c- A old dirty, black cat is wandering the streets.

13- We have lived in this apartment for ten years. (Question)

- a- How long did you live in this apartment?
- b- How long have we lived in this apartment?
- c- How long have you lived in this apartment?

14- There are 28 students in the class? (Make question)

- a- How many are there in the class?
- b- How many students are there in the class?
- c- How many students were there in the class?

15- She bought some snacks for the trip.

(Ask a question)

a- What did she buy for the trip?

b- What did she bought for the trip?

c- What does she buy for the trip?

16- The house has nine rooms.

(Use: A compound adjective)

a- It is a nine-room's house. b- It is a nine-rooms house. c- It is a nine-room house.

17- He lives in a block of 40 storeys.

(Use: A compound adjective)

a- He lives in a 40-storey block.

b- He lives in a 40 storeys block.

c- He lives in a 40 storey block.

18- My homework for tomorrow is a book report of five pages. (compound adjective)

a- a five-pages book report. b- a five-page book report. c- a five-page's book report.

19- If he gets old, he will have more friends.

(Use: The, the)

a- The oldest he gets, the more friends he will have.

b- The older he gets, the most friends he will have.

c- The older he gets, the more friends he will have.

20- When you concentrate, you will get high marks

(Use: The.. , the ..)

a- The more you concentrate, the highest marks you will get.

b- The more you concentrate, the higher marks you will get.

c- The most you concentrate, the higher marks you will get.

21- They are going to hold a meeting next Monday.

(Question)

a- When do they going to hold a meeting?

b- When they are going to hold a meeting?

c- When are they going to hold a meeting?

22- The committee will issue its final report within three hours.

(Question)

a- When the committee will issue its final report?

b- When will the committee issue its final report?

c- When would the committee issue its final report?

23- If you learn a lot, you will earn a lot. (Use: The, the)

- a- The more you learn, the more you earn. b- The most you learn, the more you earn.
c- The more you learn, the most you earn.

24- If you go to bed early, you will be healthy. (Use: The, the)

- a- The more early you go to bed, the healthier you will be.
b- The earlier you go to bed, the healthier you will be.
c- The earliest you go to bed, the healthiest you will be.

25- The faster you run, the (Complete)

- a- The faster you run, the earlier you will arrive.
b- The fastest you run, the earliest you will arrive.
c- The more fast you run, the more early you will arrive.

26- Ali never attends parties, ...? (Tag question)

- a- doesn't he? b- isn't he? c- does he?

27- They (clean) the house when they heard a loud bang in the street. (Correct)

- a- They **are cleaning** the house when they heard a loud bang in the street.
b- They **cleaning** the house when they heard a loud bang in the street.
c- They **were cleaning** the house when they heard a loud bang in the street.

28- The situation was so difficult that I couldn't sleep. (Begin with: So)

- a- **So** difficult the situation was that I couldn't sleep.
b- **So** difficult was the situation that I couldn't sleep.
c- **So** difficult did the situation was that I couldn't sleep.

29- Pilots not only travel around the world but also, they earn much money.

- a- **Not only** pilots travel around the world but also, they earn much money.
b- **Not only** do Pilots travel around the world but also, they earn much money.
c- **Not only** did pilots travel around the world but also, they earn much money.

Remedial Work (Vocabulary) Grade 10 - 1st Period

مراجعة شاملة على المفردات لجميع الوحدات

1. The reason this is a great country is the of people with each other.
a- review b- tolerance c- specialty d- deficiency
2. The eyewitness has passed all..... information on to the police.
a- relevant b- renowned c- high-ranking d- interfaith
3. The vitamin was added as a/an to her diet to improve her blood circulation.
a- initiative b- seminar c- diversity d- supplement
4. New laws are set to be introduced to crime and violence.
a- combat b- appeal to c- metabolise d- cover
5. My brother is interested in reading and his is English literature.
a- review b- tolerance c- specialty d- deficiency
6. He is well qualified but has no work experience.
a- relevant b- crammed c- probiotic d- interfaith
7. His objective is to gather as great a/an of material as possible.
a- initiative b- supplement c- diversity d- seminar
8. It would not be easy to ten miles on that amount of petrol.
a- cover b- appeal to c- metabolise d- combat
9. Some elderly people suffer from iron in their diet.
a- review b- tolerance c- specialty d- deficiency
10. Eight children were into the back of the car.
a- crammed b- geometric c- high-ranking d- interfaith
11. All people welcome the government's to help the homeless.
a- initiative b- supplement c- diversity d- seminar
12. This sort of life in a crowded city doesn't old people over 60.
a- cover b- appeal to c- metabolise d- combat

13. During the war people suffered from a/an of food.
a- review b- tolerance c- specialty d- deficiency
14. Education should be to children's needs.
a- relevant b- geometric c- high-ranking d- interfaith
15. The vitamin was added as a/an to her diet to improve her blood circulation
a- initiative b- supplement c- diversity d- seminar
16. It would not be easy to ten miles on that amount of petrol.
a- cover b- appeal to c- metabolise d-combat
- 17- The Chinese is not easy to It is a difficult language.
a- combat b- master c- metabolise d- absorb
- 18- The house is with priceless furniture and works of art.
a- relevant b- geometric c- crammed d- vegetarian
- 19- Warm weather old people who suffer from arthritis.
a- appeals to b- metabolises c- covers d- neutralises
- 20- She was filled with the to succeed in life and achieve her goals.
a- diversity b- saturated fat c-malnutrition d- aspiration
- 21- If they throw stones at you, don't throw back, use them to build your own
a. pilgrimage b. foundation c. gourmand d. saturated fat
22. These sales figures are a good prediction for another year.
a- interfaith b- residential c- geometric d- profitable
23. Kuwait has arranged many to raise awareness amongst citizens.
a- figures b- frameworks c- creeds d- seminars
24. The authorities are taking steps to bullying in schools.
a- cover b- drill c- metabolise d- combat
- 25- Every year, Muslims from around the world gather in Mecca for
a. pilgrimage b. framework c. sustenance d. console
- 26- Dead plants should be before planting new plants in the soil.
a. advocate b. observe c. bed out d. simulate
- 27- Sailors use transmitters when going sailing in the sea.
a. cursive b. wireless c. effluent d. probiotic

28- Walking in gardens and playgrounds can be very useful to health.

- a. spacious b. tame c. extrovert d. cramped

29- Many from different countries are trying to put an end to terrorism worldwide.

- a- creeds b- stimulants c- venues d- delegates

30- On the National Day of Kuwait, all the streets are always with people celebrating the freedom of their country.

- a- sturdy b- governmental c- cramped d- relevant

31- Scientists started experiments on animals to find cures for serious diseases.

- a- conducting b- combatting c- evoking d- absorbing

32- No need to be about the side effects of this medicine; it's totally safe.

- a- inspirational b- apprehensive c- residential d- digestive

B-Fill in the spaces with suitable words from the list:

(benefits/ solarium / combat / employ / richly / slightly)

1- We installed an expensive in our house to get an artificial suntan.

2- The hall was decorated with flowers for my cousin's wedding.

3- One of the main of travelling is learning about different cultures.

4- The Pisa tower in Italy sinks in the ground due to its weight.

5- According to scientists drinking green tea can cancer.

B-Fill in the spaces with suitable words from the list:

(initiative - malnutrition- metabolise- detrimental - state-of-the-art-irresponsibly)

1- Scientific researchers have proved that smoking has a / an effect on health.

2- If I were in your shoes, I would show more to get the job.

3- Behaving leads to many problems in the different aspects of life.

4- Most of the diabetic patients need insulin which helps their bodies sugar.

5- Millions of children in Africa suffer from fatal diseases and.....

Remedial Work (Language Functions) Grade 10 - 1st Period

اهم التعبيرات المستخدمة في سؤال الوظائف اللغوية:

- Persuading: الاقناع Please dad!..... Come on dad!.....
- Intention (Future plans) النية او الخطط المستقبلية I intend to... / I'm planning to
- Apology: الاعتذار I'm so sorry. / I'd like to stay (join), but I have
- Opinion: ابداء الرأي I think...../ In my opinion.....
- Advice: النصيحة You should...../ You shouldn't...../ If I were you, I would.....
- Agreement: الموافقة I agree with that..... / That's right.
- Disagreement عدم الموافقة I disagree with that... / That's wrong....
- Regret: الندم I wish I had ...V.3
- Complaining: الشكوى I wish they would...V.1
- Suggestion: الاقتراح You can.../ Why don't you..../ What about.../ Let's...
- Congratulations! التهنئة
- Thanking: الشكر Thank you. I really appreciate your support....
- Prohibition: النهي You mustn't do that.....
- Blame: اللوم You should have ..v3...
- Preference: التفضيل I prefer.....
- Offer: عرض Can I help you..?
- Request: طلب Can you help me..?

What would you say in the following situations:

1 - Your sister insists on eating a lot of fast-food.

.....

2- Persuade your friend to join you in your journey to the countryside.

.....

3- Your brother insists on driving without wearing the seatbelt.

.....

4- Most people prefer online shopping to going to markets themselves.

.....

5- One of your classmates is complaining about his bad marks.

.....

6- Your friend says that the natural reserves are important to save the rare animals.

.....

7- You want to study abroad. Persuade your father to let you go.

.....

8- Your friend has decided to join a charity to help protect rare animals.

.....

9- Your friend always complains about his poor English.

.....

10- Students play an important role in keeping their school clean.

.....

11- It's said that we are not doing enough to protect the environment.

.....

12- You are asked about your choice of the English summer course.

.....

13- The ministry of education spares no effort to help the students get high degrees.

.....

14- A friend of yours thinks that sports should not be allowed in schools.

.....

15- You are asked about your future plans.

.....

Translate into English:

تدريب على اهم جمل الترجمة

- الشاي الأخضر مفيد جدا للصحة لأنه غني بمضادات الأكسدة.

- هذا صحيح. فهو يساعد على مقاومة الأمراض مثل السرطان والتهاب المفاصل.

- التمارين الرياضية المعتادة وإتباع حمية غذائية متوازنة من أسباب الصحة الجيدة.

- ينصح خبراء التغذية بتناول جميع العناصر الغذائية ومنها المشروبات الخمائرية والشاي الأخضر.

- اتباع حمية غذائية نباتية هو حل للحصول على جسم رشيق.

- لكنه يفتقد لعناصر مهمة مثل البروتين والكالسيوم ويسبب سوء التغذية.

- جهود الكويت لنشر ثقافة السلام كبيرة ومتعددة.

- الكويت تقوم بعقد مؤتمرات إقليمية ودولية لحث الناس على احترام الثقافات والأديان الأخرى.

- تهتم الدول ببناء مباني مميزة تعكس صورة جيدة عن البلد.

- مثل هذه المباني يكون علامة بارزة للبلد ومبني مجلس الأمة الكويتي مثال علي ذلك.

- ألعاب الكمبيوتر تشهد تغيرات كل يوم لتكون أكثر واقعية.

- معظم الشباب والأطفال يقضون أوقات كثيرة أمام تلك الألعاب مما يؤثر على صحتهم وعلاقاتهم الاجتماعية.

- الألعاب الأولمبية للمعاقين هي حدث رياضي هام يساهم في إبراز مواهب ذوي الاحتياجات الخاصة.

- الرياضي الناجح يتمتع بضبط النفس والصبر والعزيمة.

- الكويت هي أول دولة في منطقة الخليج التي تنشأ نادي خاص بالمعاقين.

- يقوم النادي بالتأهيل البدني والنفسي والاجتماعي للأعضاء.

- محمية الجهراء الطبيعية تعد مأوى للطيور النادرة والمهددة بالانقراض.

- انها مركز حيوي للمحافظة على الحيوانات والبحث العلمي.

- يجب علينا حماية البيئة الطبيعية في المناطق التي نعيش فيها.

- يمكن عمل حملات تنظيف للشوارع وتوفير الطعام والماء للطيور والحيوانات.

- تعتبر الكويت جنة المتسوق لما تحتوي عليه من محلات حديثة ومتنوعة.

- حقاً. محبي الشراء سيجدون كل الماركات العالمية وخدمة متميزة.

- أحب زيارة مجمع 360 لكي أتسوق وأشاهد أحدث الأفلام.

- يفخر الكويتيين بتراثهم ويعبرون عن ذلك بطرق عديدة مثل ارتداء الزي التقليدي.

Set book Grade 10 اهم أسئلة الكتاب

Unit (1)

Why do you think we need to eat wisely?

- To keep our bodies healthy and strong.
- To avoid diseases.
- We can keep our souls and spirits strong.
- to do tasks better.

What are the steps to keep our minds and bodies in tip- top shape?

- We should eat healthy food.
- We should get enough sleep each night.
- We should do exercises every day.
- we should avoid bad habits

Probiotic drinks: Have good bacteria.

Improve immune system. Stimulate the digestive process. Absorb food elements.

Green tea: Rich in **antioxidants**. Improve immune system. Help combat diseases.

Dark chocolate: Help metabolise sugar. Lowers blood pressure.

Unit (2)

Why do you think mentoring is important?

- To make use of our time.
- To build good relationships in our community.
- To work and collaborate with others.

Why is it important to respect and tolerate other people and other faiths?

- Spread peace and end wars worldwide.
- Solve problems.
- Protect the human rights.
- Respect other's cultures and religions.

Kuwait plays a vital role to spread the culture of peace. Explain.

- Holding conferences and seminars to exchange ideas and share opinions.
- Sending donations to help poor countries.

Unit (3)

What are the benefits of having modern and impressive buildings in a country?

- A landmark of the country.
- Attract tourists.
- Reflect the culture of the country.

What do you need to have in a modern shopping mall?

- Many shops.
- Activities for everyone.
- A relaxing place.
- Edutainment technology.

What are the benefits of having a traditional dress?

- It is part and parcel of our heritage.
- To be something unique about the country.
- To show how proud are the citizens of their traditions.

Unit (4)

What will computer games be like in the future?

- They will be more realistic and more convoluted.
- The characters will be more natural.

What effects can playing computer games have on young people?

- **Good effects:** Develop our imagination. Make children highly technological.
- **Bad effects:** - Waste our time. - Lead to health problems.
- Make children more aggressive. - Make children lazy and isolated.

Unit (5)

What is the role of the society towards the disabled?

- Building them special centres. Help them express their talents and involve them in our life. Give them the chance to represent the country.

What is the importance of the Paralympics?

- They help the disabled express their talents. Give them the chance to represent their country. Give them confidence and help rehabilitate them.

What is role of Kuwait towards the disabled?

- The first country to build a special club with many facilities for them.

Your personality affects your choice of sport. Explain.

Extroverts: High stimulation. - Team games - Contact sports (Boxing & Football)

Introverts: Lower stimulation - Individual games - Sports like Golf and Tennis

Unit (6)

How important are animals in our life?

- Part of our nature. - Keep the balance in the ecology.
- Source of food, medicine and entertainment.

How can we protect the endangered animals?

- Building special reserves for rare animals and birds. -We must ban their hunting. -
- Strict punishments must be imposed to the illegal hunters. (Poachers)

How can you help in protecting the wildlife in your area?

- Supplying birds and animals with food and water. - Planting trees everywhere. -
- Making sure that the area is free from dangerous toxins.

The healthy food

It is always said that health is better than wealth. Keeping fit and healthy is not an easy task so; people should follow many things and avoid others to achieve that and the effect will be great.

To be healthy, you should care for your diet; eat everything, but in moderation. We should add many things to our basic elements. We should eat dark chocolate, drink green tea and probiotic drinks. Doing exercises is also very important to be healthy. Getting enough sleep every night is essential for good health. We should avoid bad habits such as smoking, staying up late, drinking fizzy drinks or eating a lot of fast food.

To be able to enjoy your life, you should be in good health. It is important to keep our bodies healthy and strong, so we can do our tasks better. If we eat healthy food, we will be in good health and our body will be strong. If we don't care about our diet, we will have many health problems.

To sum up, nothing is more precious than our health. Start with little changes and you will see the results.

The culture of peace

What could be better than a society full of peace? Of course, nothing. We need to spread the culture of peace everywhere and Kuwait plays a great role in doing that.

We really want to have a peaceful world, and to do so, we must first become peaceful people. If we live in peace, we can enjoy our life, enjoy its beauty without wars or conflicts. People can live in harmony. They help each other without hatred or envy. Peace gives the chance for all people to work and make new things to make our world a better place to live in.

The challenge now is how to spread the culture of peace among people. We all agree that the best way is by the interfaith dialogue and respecting others religions and creeds. Kuwait has been a key innovator in furthering the culture of peace. Kuwait held many national and international conferences and sponsored meetings and seminars to teach people about the importance of respecting each other.

To conclude, we can see the effect of wars on people everywhere so we should put an end to all that. We won't live in the paradise we dream of till peace prevails.

Tourism in Kuwait

Despite its small size, Kuwait has many attractive and inspiring places. However, to keep the development of tourism in Kuwait there is a lot to be done.

Kuwait has attractive places such as Kuwait Towers and Sheikh Abdullah Al-Salem Cultural Centre. It has many inspiring architectural places such as the Avenues mall, The 360 mall, Marina mall and many other similar buildings. In these buildings people can find activities for all the members of the family. Visiting these fantastic places is an experience you shouldn't miss.

What can be done to attract more tourists to Kuwait? The first thing is to improve the public services. Visitors can find everything they need. We need to establish many modern and impressive buildings. These buildings reflect a good image of the country and its culture. When people come to visit such places, they spend a lot of money and that is something good for the economy of the country.

To sum up, it is very important for every country to have many special places to attract people and put it on the map of the most beautiful countries in the world.

Computer Games

How much time do young people spend playing computer games? These days young people spend much time playing computer and video games which have good and bad effects on their life.

On one hand, computer games have great effects on children and they have made them highly technological and developed their imagination. Nowadays, most games are played in groups and that teaches players how to cooperate and take decisions. As most games use the AI (Artificial Intelligence), players have to use new thinking patterns and stimulate their minds.

On the other hand, playing computer games for long times has bad effects on children physically and socially. Children spend hours playing computer games so they have become idle and out of shape. These games may affect their study. Children don't have enough time to sit with their family members and they become isolated and that affects their social life in the future.

Finally, computer and video games can teach children many things, but at the expense of other things and here comes the role of parents to guide their children and teach them how to get the benefits of these games and avoid their bad effects.

The disabled

The disabled are our partners in the society and they deserve our love and respect. We should show our kindness to the disabled and try to help them in even the smallest possible ways.

These people suffer from many things in the society. They sometimes feel lonely in this wide world. They can't take part in the real-life activities or even express their talents. Some people belittle their abilities and don't give them the chance to prove themselves. It was not enough for people to show some feelings of compassion without doing any practical things.

In recent years, there have been changes in the society towards people with disabilities and they have been given much health and social care. Special clubs were built for the disabled to help them practise their favourite activities. They can express their talents in many fields. Nowadays, we can see many successful models of the disabled people in all aspects of life.

To conclude, there is a lot that can be done to help the disabled. Kuwait spares no effort to provide them with everything they need. It was the first country in the Middle East to develop a special club for them.

Sport

Sports is such an activity that can be taken up by anyone and at any age. Playing sports has great benefits and we should encourage all people to practise this good habit.

There are many advantages of playing sports. First, playing sports keeps us fit, healthy and makes us active. The secret to having a healthy and positive lifestyle is to have a positive mind and body. Sport teaches the young how to compete and develop their personality. They learn patience, determination and strong-will. Finally, playing sport helps us avoid many diseases and enjoy our time.

How to encourage people to play sports is our challenge. First, the government should build more clubs and parks where people can practise their favourite sports. Moreover, it should organise competitions with valuable prizes to encourage the young to practise sport. Another key point is that it is important to hold seminars and meetings to inform all people about the importance of playing sports.

To sum up, we can say that nothing is more precious than our health and playing sports is a main factor to be healthy and strong.

Protecting the wildlife

Do you believe that the life of most animals and birds are in danger? I think nobody can deny this fact. Protecting the wildlife is very important and people and governments should find the suitable solutions to do so.

Poaching and deforestation are the most dangerous threats for animals and plants. Cutting trees has a bad effect on the balance of the atmosphere. Moreover, animals lose their natural habitat and face the risk of being extinct. Protecting the wildlife is important to keep the balance of the ecology.

It is time for people stop and think about the future of our planet. Governments should pass laws to ban cutting the trees or hunting animals. Strict punishments should be imposed for those who break these laws. Running campaigns to raise the awareness of people towards the importance of protecting the wildlife.

To sum up, man has done a lot for nature and he has to amend that. It is not too late, but we need urgent steps to be taken to save our planet for us and the coming generations.

Traffic problem

Traffic congestion is one of the most serious problems in big cities. This essay will analyse the most important causes of traffic congestion, the effects of it and how to solve this problem.

There are many causes of the problem of traffic in big cities. The first factor is the high number of cars. Furthermore, the lack of public transports and most of the streets are narrow. Moreover, reckless drivers make many accidents and lead to traffic jams. Every day, people have a delay in reaching their workplaces or universities. The quality of air declines and pollution increased.

The question now is how to solve this problem. First, I think we need to reduce the number of cars and use the public transport. Moreover, drivers should follow the rules and the government should put strict fines for those who break the laws. The government should build more flyovers and tunnels to improve the street system.

To sum up, we can say that we all bear the responsibility and we all should cooperate; people and governments, to solve this problem and enjoy our life in our cities.