مذكرات الإبداع

طريقك نحو التميز والنجاح

66898481

مذكرات الإبداع

English

الفصل الدراسي الثاني

٢٠٢٥/٢٠٢٤

66898481

Scan Me

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12

غير مصرح بالتصوير

Grade 12 | Unit 7 | Vocabulary

Lessons 1 & 2			
cardiovascular	القلب والأوعية الدموية	geriatric	المسنين
centenarian	عمره مئة عام	honour	يحترم – يكرم – يشرف
commentary	تعليق	integral	أساسي
cycle	يقود دراجة	onerous	شاق – مرهق
elderly	كبار السن	supple	لين – مرن
expectation	توقع	vigorous	نشيط – حيوي

Choose the suitable completion from a), b), c) and d):

1. Gloves are made of …… leather so that fingers can move easily.
   a) mental **b) supple** **c) vigorous** **d) physical**
2. My parents have offered me all what they could. I must …… them.
   a) honour **b) excuse** **c) cycle** **d) tax**
3. My brother usually has an hour of …… exercising in the morning.
   a) supple **b) frequent** **c) appreciated** **d) vigorous**
4. As our team trained well, my …… is that we will win the cup final.
   a) expectation **b) admiration** **c) affection** **d) reverence**
5. You must wear a crash-helmet when you …… .
   a) expect **b) cycle** **c) conceal** **d) tax**

Fill in each space with the suitable word from the list below:

elderly – commentary – cardiovascular – integral – geriatric – onerous

6. He is a/an …… part of the team. We can't do without him.
7. It is a /an …… task to take care of a baby.
8. Some …… people are still in charge of their families.
9. The …… ward in this hospital is under renewal.
10. Running for one kilometer a day improves your …… system.

Lesson 3			
chronic	مزمن	genetic make-up	التركيبة الجينية
deprived of	محروم من	restful	مريح – آمن
drowsy	نعسان	shallow	غير عميق – سطحي

Fill in each space with the suitable word from the list below:

deprived – chronic – shallow – genetic make-up – drowsy – restful

11. My mom has been suffering from a …… disease for ten years.
12. I like the …… sound of the wind in the trees.
13. Children must stay in the …… end of the swimming pool.
14. How much sleep we need depends on many factors like our ……
15. People who are …… of normal sleep might gain weight.

مذكرات الابداع 66898481

Grade 12 | Unit 7 | Vocabulary

Lessons 4 & 5			
blizzard	عاصفة ثلجية	excuse	عذر
conceal	يخفي	frequently	على نحو متكرر
dispute	نزاع	in spite of	بالرغم من
do away with	يتخلص من – يلغي	make up	(يختلق قصة)
do up	يربط – يثبت	make up for	يعوض
do without	يستغني عن	vicinity	قرب – جوار

Choose the suitable completion from a), b), c) and d):

16. Children are usually unable to …… the laces of their shoes.
a) make up **b) do up** **c) make up for** **d) do away with**
17. Doctors often advise their aging patients to …… sugar and salt.
a) do without **b) make up for** **c) do up** **d) make up**
18. He is hurrying on to …… the lost time.
a) do up **b) do away with** **c) do without** **d) make up for**
19. There is a serious …… between the manager and the worker.
a) blizzard **b) vicinity** **c) excuse** **d) dispute**
20. A sudden …… may expose the mountaineers to death.
a) vicinity **b) dispute** **c) blizzard** **d) excuse**

Fill in each space with the suitable word from the list below:

blizzard – make up – in spite of – conceal – vicinity – do away with

21. A new road is being constructed in the …… of our school.
22. Your room is messy; you must …… many unnecessary things.
23. …… their great efforts, they couldn't win the match.
24. Two mountaineers got lost during a …… in the Alps yesterday.
25. He was late for the meeting and had to …… an excuse.

Lessons 7 & 8			
admiration	إعجاب	due	متوقع – واجب الأداء
affection	محبة – عاطفة	fatal	قاتل – مميت
ailment	مرض – وعكة صحية	life expectancy	العمر المتوقع
bestow	يعطي – ينعم	reverence	تبجيل – احترام
deserve	يستحق		

Choose the suitable completion from a), b), c) and d):

26. A headache is a/an …… that can be cured easily.
a) affection **b) ailment** **c) reverence** **d) life expectancy**
27. Due to the progress made in healthcare, …… has increased.
a) reverence **b) ailment** **c) admiration** **d) life expectancy**
28. Good health is one of the greatest things Allah …… upon us.
a) bestows **b) deserves** **c) exports** **d) does up**
29. My …… for that hardworking man grows every day.
a) obligation **b) expression** **c) admiration** **d) commentary**
30. Mothers have overwhelming …… for their children.
a) ailment **b) affection** **c) blizzard** **d) life expectancy**

مذكرات الابداع 66898481

Grade 12	Unit 7		Model Answers
1. b)	2. a)	3. d)	4. a)
5. b)	6. integral	7. onerous	8. geriatric
9. elderly	10. cardiovascular	11. chronic	12. restful
13. shallow	14. genetic make-up	15. deprived	16. b)
17. a)	18. d)	19. d)	20. c)
21. vicinity	22. do away with	23. in spite of	24. blizzard
25. make up	26. b)	27. d)	28. a)

Grade 12	Unit 8		Model Answers
1. a)	2. b)	3. c)	4. d)
5. a)	6. rural	7. vice versa	8. reverse
9. depopulation	10. export	11. contentment	12. skyline
13. crown jewel	14. demarcation	15. vertical village	16. c)
17. d)	18. a)	19. d)	20. b)
21. tranquil	22. hustle and bustle	23. densely	24. Hub
25. narrates	26. leafy	27. residents' parking	28. palatial

Grade 12	Unit 9		Model Answers
1. a)	2. c)	3. a)	4. a)
5. b)	6. cookery	7. mass-produced	8. workshop
9. competent	10. fix	11. in parallel	12. socialize
13. contemporary	14. seamlessly	15. platform	16. a)
17. d)	18. c)	19. b)	20. d)
21. immobile	22. call the shots	23. ungentlemanly	24. put to
25. toe the line	26. b)	27. a)	28. b)

Grade 12	Unit 10		Model Answers
1. a)	2. c)	3. b)	4. b)
5. d)	6. ascend	7. reconstruction	8. dizzying
9. exhaustion	10. highlight	11. set a record	12. clamber
13. manned	14. submerged	15. c)	16. b)
17. b)	18. d)	19. a)	20. alight
21. visible	22. arson	23. came up with	24. afflicted
25. b)	26. a)	27. c)	28. d)

Grade 12	Unit 11		Model Answers
1. c)	2. a)	3. b)	4. d)
5. d)	6. universe	7. executed	8. detriment
9. sentient	10. revolved	11. dispatched	12. obscured
13. scrutinized	14. approximately	15. perceivable	16. a)
17. b)	18. c)	19. d)	20. a)
21. habitation	22. exceptionally	23. astronomical	24. wane
25. on board	26. abnormal	27. monitor	28. dual
29. specifically	30. alert		

Grade 12	Unit 12		Model Answers
1. d)	2. b)	3. a)	4. d)
5. c)	6. tour	7. prodigy	8. MSc
9. digits	10. randomly	11. attire	12. sewage
13. sponsor	14. unprecedented	15. reactor	16. agonized
17. accusation	18. highlight	19. extravagantly	20. repudiate
21. d)	22. c)	23. a)	24. c)
25. b)	26. non-invasive	27. recipient	28. gifted

مذكرات الابداع
66898481

Direct Statements (جمل مباشرة) ⇨ Reported Statements (جمل منقولة)				
am/is ⇨ **was** are ⇨ **were**	has ⇨ **had** have ⇨ **had**	will ⇨ **would** can ⇨ **could**	play ⇨ play**ed** plays ⇨ play**ed**	play**ed** ⇨ **had** play**ed** **saw** ⇨ **had seen**
I ⇨ **He/She** We ⇨ **They**	me ⇨ **him/her** us ⇨ **them**	my ⇨**his/her** our ⇨ **their**	you ⇨ **me/us** your ⇨ **my/our**	yesterday ⇨ the **day before** tomorrow ⇨ the **day after**
today ⇨ **that day** tonight ⇨ **that night**	now ⇨ **then** here ⇨ **there**	… ago ⇨ … **before**	this ⇨ **that** these ⇨ **those**	last … ⇨ **the … before** next … ⇨ **the following …**

- Ahmed said, "I **go** to *this* mall by bus." ⇨ Ahmed said (that) he **went** to *that* mall by bus.
- Sara said, "We **are travelling** to Dubai." ⇨ Sara said (that) they **were travelling** to Dubai.
- He said to me, "You **came** *here* late." ⇨ He told me (that) I **had come** *there* late.
- Amal said, "My mom **is** very happy *today*." ⇨ Amal said her mom **was** very happy *that day*.
- Omar, "I **was doing** my homework." ⇨ Omar said he **had been doing** his homework.

Change into reported speech:

1. My friends said, "We went shopping yesterday."

……

2. The coach told me, "Your brother plays very well."

……

3. He said to Salim, "I've forgotten your book at home."

……

4. Huda said, "I will watch the football match with my father."

……

5. The officer said to her, "You were using the mobile while driving."

……

From a), b), and c), choose the correct answer as required:

6. My friend told me that he (**buy**) a new mobile the day before. (*Correct the verb*)
   - **a) My friend told me that he will buy a new mobile the day before.**
   - **b) My friend told me that he had bought a new mobile the day before.**
   - **c) My friend told me that he bought a new mobile the day before.**

7. "My uncle will start a business project," said Saad. (*Report the speech*)
   - **a) Saad said that his uncle will start a business project.**
   - **b) Saad said that his uncle had started a business project.**
   - **c) Saad said that his uncle would start a business project.**

8. They said, "We will fly to Austria with our families tomorrow." (*Report*)
   - **a) They said they would fly to Austria with their families the day after.**
   - **b) They said they will fly to Austria with their families the day after.**
   - **c) They said they flew to Austria with their families the day after.**

9. He told us, "You have to submit your homework next week." (*Report the speech*)
   - **a) He told us that we had to submit our homework the following week.**
   - **b) He told us that we had submitted our homework the following week.**
   - **c) He told us that I had to submit my homework the following week.**

10. My brother said that he (**watch**) a film then. (*Correct the verb*)
    - **a) My brother said that he is watching a film then.**
    - **b) My brother said that he watched a film then.**
    - **c) My brother said that he was watching a film then.**

مذكرات الابداع
66898481

Grade 12 | **Unit 7** | **Grammar**

Direct Question (سؤال مباشر) ⇨ Reported Question (سؤال منقول)			
have *you*? ⇨ *I* **had**. **are** *you*? ⇨ *I* **was**.	**will** *you*? ⇨ *I* **would**. **can** *you*? ⇨ *I* **could**.	**do** *you* **eat**? ⇨ *I* **ate**. **does** *he* **go**? ⇨ *he* **went**.	**did** *you* **see**? ⇨ *I* **had seen**. **did** *you* **go**? ⇨ *I* **had gone**.

I ⇨ **He/She** We ⇨ **They**	me ⇨ **him/her** us ⇨ **them**	my ⇨**his/her** our ⇨ **their**	you ⇨ **me/us** your ⇨ **my/our**	yesterday ⇨ the **day before** tomorrow ⇨ the **day after**
today ⇨ **that day** tonight ⇨ **that night**	now ⇨ **then** here ⇨ **there**	… ago ⇨ … **before**	this ⇨ **that** these ⇨ **those**	last … ⇨ **the … before** next … ⇨ **the following …**

- He said to us, "Where **are** you from?" ⇨ He asked us where we **were** from.
- Bader asked Saleh, "How **do** you **feel** *here*?" ⇨ Bader asked Saleh how he **felt** *there*.
- "What **have** you put in *this* box?" she asked me. ⇨ She asked me what I **had** put in *that* box.
- I asked Ola, "**Did** you **meet** your uncle yesterday?" ⇨ I asked Ola if she **had met** her uncle the day before.
- "**Do** you want eggs for breakfast?" he asked me. ⇨ He asked me if *I* **wanted** eggs for breakfast.

Change into reported speech:

11. I asked the man, "How long will you stay there?"

……

12. Mona said to Nora, "Do you want to play with me?"

……

13. I said to my friend, "Where did your father park the car?"

……

14. My friend asked me, "What time is it now?"

……

15. "Will you come to my party tonight?" said Salim to me.

……

From a), b), and c), choose the correct answer as required:

16. "Have you ever visited a museum before?" said my friend. (*Indirect speech*)
    - **a) My friend asked me if I had visited a museum before.**
    - **b) My friend asked me if I have visited a museum before.**
    - **c) My friend asked me if I visited a museum before.**
17. "What did you have for your lunch?" said my mother. (*Reported speech*)
    - **a) My mother asked me what I had for my lunch.**
    - **b) My mother asked me what I had had for my lunch.**
    - **c) My mother asked me what I am having for my lunch.**
18. "Did you do your homework yesterday?" the teacher asked us. (*Report*)
    - **a) The teacher asked us if we did our homework the day before.**
    - **b) The teacher asked us if I had done my homework the day before.**
    - **c) The teacher asked us if we had done our homework the day before.**
19. My father asked my brother, "Where were you two hours ago?" (*Report*)
    - **a) My father asked my brother where he was two hours before.**
    - **b) My father asked my brother where he had been two hours before.**
    - **c) My father asked my brother where he had been two hours ago.**
20. The principal asked students, "Why do you always come late?" (*Report*)
    - **a) The principal asked students why they always came late.**
    - **b) The principal asked students why we always came late.**
    - **c) The principal asked students why did they always come late.**

مذكرات الابداع 66898481

Grade 12	Unit 11	Grammar

Active (المبني للمعلوم)		Passive (المبني للمجهول)
- Amal **can** *drive* a car easily.	⇨	- A car **can be** *driven* easily (by Amal).
- He **could** *sell* his car at a good price.	⇨	- His car **could be** *sold* at a good price.
- We **shall** *cancel* the meeting.	⇨	- The meeting **shall be** *cancelled*.
- They **should** *fix* this computer.	⇨	- This computer **should be** *fixed*.
- I **must** have *sent* this letter earlier.	⇨	- This letter **must** have **been** *sent* earlier.
- You **have to** *inform* your father.	⇨	- Your father **has to be** *informed*.
- Sara **has to** *change* the sheets.	⇨	- The sheets **have to be** *changed* (by Sara).
- She **had** to wash the dishes.	⇨	- The dishes **had to be** *washed*.
- Hamad **may** *buy* a new house.	⇨	- A new house **may be** *bought* (by Hamad).
- He **might** have *repaired* the cooker.	⇨	- The cooker **might** have **been** *repaired*.

Change into passive:

11. You can take pictures with my camera.

……

12. You have to type the report on the laptop.

……

13. My father could have fixed the car himself.

……

14. The manager had to ask personal questions.

……

15. We should have invited Ahmad to the conference.

……

From a), b), and c) choose the correct answer as required:

16. Governments might stop space exploration very soon. (*Make passive*)
    - **a) Space exploration might stop very soon.**
    - **b) Space exploration might be stopping very soon.**
    - **c) Space exploration might be stopped very soon.**

17. Scientists can conduct many experiments in space. (*Make passive*)
    - **a) Many experiments can be conducted in space.**
    - **b) Many experiments can have been conducted in space.**
    - **c) Many experiments can be conduct in space.**

18. The space shuttle must protect astronauts from sunrays. (*Make passive*)
    - **a) Astronauts must be protect from sunrays by the space shuttle.**
    - **b) Astronauts must have been protected from sunrays by the space shuttle.**
    - **c) Astronauts must be protected from sunrays by the space shuttle.**

19. Astronauts will carry out experiments on board the ISS. (*Change focus*)
    - **a) Experiments are carried out on board the ISS by astronauts.**
    - **b) Experiments will be carried out on board the ISS by astronauts.**
    - **c) Experiments are being carried out on board the ISS by astronauts.**

20. I should have uploaded my photo on the site. (*Begin with "My photo"*)
    - **a) My photo should be uploaded on the site.**
    - **b) My photo should have be uploaded on the site.**
    - **c) My photo should have been uploaded on the site.**

مذكرات الابداع
66898481

Grade 12 Unit 7 Model Answers

1. My friends said that they had gone shopping the day before.
2. The coach told me that my brother played very well.
3. He said to Salim he I had forgotten his book at home.
4. Huda said she would watch the football match with her father.
5. The officer said to her that she had been using the mobile while driving.

6. b) 7. c) 8. a) 9. a) 10. c)

11. I asked the man how long he would stay there.
12. Mona asked Nora if she wanted to play with her.
13. I said asked my friend where his father had parked the car.
14. My friend asked me what time it was then.
15. Salim asked me if I would come to his party that night.

16. a) 17. b) 18. c) 19. b) 20. a)

21. The police officer ordered her to open the door.
22. My father told my brother not to waste his time on TV.
23. My sister asked me to help her with her homework.
24. The policeman told the taxi driver not to park his car on the pavement.
25. Our teacher asked Abdulah to help his friend with his school project.

26. b) 27. b) 28. a) 29. c) 30. b)
31. made 32. made 33. do 34. make 35. done
36. did 37. Do 38. make 39. do 40. doing
41. a) 42. d) 43. c) 44. b) 45. c)
46. a) 47. d)

Grade 12 Unit 8 Model Answers

1. Seldom have I been so upset about something.
2. Never have I been so proud of you!
3. Only did she now understand the problem.
4. So strange was the situation that I could not sleep.
5. Rarely had he seen something that made him so happy.
6. Never had they seen such a beautiful sight.
7. Little did I expect to see my friend at the library.
8. Not only did they rob the house but also smashed everything.

9. c) 10. a) 11. c) 12. c) 13. b)
14. a) 15. c) 16. c) 17. a) 18. b)

Grade 12 Unit 9 Model Answers

1. I had my car repaired.
2. Amal would have the dress made for her.
3. Salim is going to have his photo taken.
4. My father has his car washed.
5. We have had the trees cut down in our garden.
6. You have your garden watered.
7. She will have the files arranged in the morning.
8. He has had the lectures presented.
9. No, he was having the computer fixed.
10. I have the trees cut.

11. b) 12. a) 13. c) 14. d) 15. a)

مذكرات الابداع 66898481

Language Functions

1) Invitation (توجيه الدعوة)

- I'd like to invite you to ……
- How about …… (v+ing)?
- Would you like to come to ……?
- Do you want to ……?

Accepting an invitation (قبول الدعوة)

- Thank you. I'd love to.
- I'd be pleased to come.

Refusing an invitation (رفض الدعوة)

- I'm sorry I can't.
- I wish I could, but I have work to do.

2) Agreeing and Disagreeing (الموافقة وعدم الموافقة على الرأي)

Agreeing (الموافقة)

- I completely agree.
- That's what I think.
- Absolutely! / Exactly!
- I can't agree more.

Disagreeing (عدم الموافقة)

- No, I disagree (with you).
- Yes. / OK, but ……
- You're right, but ……
- I don't think so.

3) Asking for Advice (طلب النصيحة)

- Can you give me some advice about ……?
- Can I ask your advice about ……?
- What do you think I should do about …?
- What would you do if you were me?

4) Giving Advice (إعطاء النصيحة)

- If you ask me, you should ……
- If I were you, I'd ……
- You ought to ……
- Why don't you ……?
- How about …… (v+ing)?
- You'd better ……

5) Asking People for Help (طلب المساعدة)

- Could you ……, please?
- Would you do me a favour, please?
- Can you ……, please?
- I wonder if you could help me ……

6) Asking for Permission (طلب الإذن)

- May/Could/Can I ……
- Is it Ok if I ……?
- Is it all right to ……?
- Do you mind if I ……?

Giving permission (إعطاء الإذن)

- Certainly./Sure./Here you are.
- Yes, of course./Of course.

Refusing permission (رفض إعطاء الإذن)

- Sorry, you can't/couldn't/may not.
- Well, I'd rather you didn't.

7) Gratitude (الشكر)

Thanking (الشكر)

- Thank you.
- Thanks a lot.
- Kind of you.
- I appreciate it.

Replying (الرد على الشكر)

- You're welcome.
- Not at all.
- Don't mention it.
- It's a pleasure.

8) Making Offers (تقديم عرض أو خدمة)

- Shall/Can I …… for you?
- Would you like me to ……?

مذكرات الابداع 66898481

Language Functions **Model Situations**

Write what you would say in the following situations:

1. You suggest reading a new book about Ancient Egypt to your friend.

……

2. You see an old man carrying a heavy bag and offer to help him.

……

3. Your friend apologizes for not meeting you on time. Reply.

……

4. You want to know the price of a T-shirt.

……

5. You encourage your brother to help your mother around the house.

……

6. Your cousin has just won a tennis competition.

……

7. Your little brother asks you what he should do the night before an exam.

……

8. Your cousin just said something, but you didn't hear him.

……

9. You answer the phone. It's your sister's friend, but she isn't home.

……

10. Your teacher says something in English. You do not understand it.

……

11. Your mother tells you an interesting story. Express your opinion.

……

12. Your little brother says that he is very tired. Advise him.

……

13. Your brother asks you to help him with his homework. You have no time.

……

14. You would like a student in your class to help you with a math question.

……

15. Your friend says that a book is very good. You think the same.

……

16. You want to congratulate your sister because she has passed her test.

……

17. A friend shows you an article he has written. Compliment him.

……

18. You want to know what advice a story tells the reader about life.

……

19. A friend says that basketball is the best sport. You think that it is tennis.

……

20. A friend asks you to help him with his homework. You are ready to do this.

……

مذكرات الابداع
66898481

Grade 12	Unit 7	Set Book Questions

1. Sleep is essential for a person's health and well-being. Explain

- Sleep helps the body to relax and to regain activity and energy and helps the brain to retain information.

2. How can you keep mentally and physically fit and active?

- We can solve crossword puzzles.
- We should read books.
- We should play sport.
- We should eat healthy food.

3. What are the best ways of ensuring a long life?

- Staying active physically and mentally.
- Having a good social life

4. Suggest practical ways to show appreciation and respect to the elderly.

- We can hold the door open for them.
- We should visit them very often.

5. Staying physically active ensures a long life. Explain.

- It helps us sleep well.
- It helps to keep muscles supple.

6. Why has life expectancy been raised in Kuwait recently?

- Because of the advanced medical care.
- Because of following a healthy lifestyle.

7. Lack of sleep leads to bad effects. Discuss.

- It can lead to obesity.
- It can cause accidents.

8. Why do you think it is important to get enough sleep?

- It helps retain information.
- It reduces mistakes.

9. Geriatric homes are very rare in Kuwait and the Arab world. Explain.

- Islam teaches us to take care of the elderly.
- Because our traditions force us to care for the elderly.

10. Why should we show respect to the elderly?

- Because Islam teaches us to respect them.

مذكرات الابداع
66898481

Grade 12	Unit 8	Set Book Questions

1. What are the consequences of rural depopulation?

- Deserted villages
- Overcrowded cities

2. How can we make life in the city better?

- Solving the problem of over crowdedness.
- Reducing noise and pollution.

3. Why do more wealthy people move to the countryside?

- To escape from the pollution in the cities.
- To enjoy the fresh air there.

4. Why do some people leave their homes in villages to live in cities?

- To get better jobs.
- To be near public services.

5. City life has many disadvantages. Mention some

- Overcrowding problems.
- Traffic jams.

6. Village life has many disadvantages. Mention some

- Fewer job chances.
- No fun places.

7. Describe a place you like to live in.

- It should be pollution free and calm.

8. Living in a village or in a city; which would you choose? Why?

- I would choose to live in the city to enjoy all the modern life there.

9. Why do some people prefer living in the countryside?

- They enjoy healthy environment and like living in a friendly community.

10. Suggest solutions to make city life less stressful for the people who live there.

- People should join sport clubs, attend concerts, and engage in cultural activities.

مذكرات الابداع
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Health and healthy mind (How to ensure a long life)

Introduction: Health is better than wealth.

Body 1: Health of the body:
- a balanced diet
- vegetables, fruits, dates
- homemade (no junk foods)
- doing exercise

Body 2: Health of the mind:
- reading books
- crossword puzzle
- playing chess
- reading Quran

Conclusion: We must be aware of the importance of healthy habits and lifestyles.

“Health is better than wealth.” This is a very old proverb. It means that there is nothing better than good health and nothing worse than bad health. As we know that we can't separate a healthy body from a healthy mind as they are interrelated together.

We should do a lot of things to have a healthy body. We should follow a balanced diet. We should **also** focus on vegetables, fruit, dates, and fish. **Moreover**, we should eat homemade food and avoid junk food. **In addition**, we should do exercises to make our bodies fit and strong.

How can we make our minds healthy? Reading books is one of the best ways. **Also**, doing a crossword puzzle is a useful way to exercise our minds and help to keep us mentally fit. **Moreover**, we may play chess every now and then. **In addition**, we should recite the Holy Quran daily.

We must be aware of the importance of healthy habits and lifestyle. If one loses their health, they can never enjoy life. In my opinion, So, it’s not difficult to stay healthy only if we want to.

مذكرات الابداع
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The importance of sleep

Introduction: Experts frequently state that sleep is essential for a person's health and wellbeing.

Body 1: Why we need sleep:

- rest after being tired
- keep fit
- good memory
- avoid mistakes

Body 2: What would happen if we didn't get enough sleep?

- bad memory
- inability to concentrate
- physically unfit
- in a bad mood

Conclusion: Sleep is a real blessing.

Experts frequently state that sleep is essential for a person's health and wellbeing. They say that we need it for many reasons. They also warn us that sleep loss leads to many health problems.

Of course everybody needs to sleep for many reasons. **First**, we need sleep when we are tired after too much work or effort. **In addition**, enough sleep is essential for being fit. **Moreover**, sleep gives you a better memory. **Also**, when you get enough sleep, you are sober and avoid mistakes.

But what would happen if we didn't get enough sleep? **First**, we would have a bad memory. We would **also** be unable to concentrate on our daily tasks. **Moreover**, we would be physically unfit. In addition, having few hours of sleep makes you in a bad mood most of the time.

Finally, sleep is a real blessing from Allah. If we use it properly, we can enjoy our life mentally and physically. If we don't get enough sleep, we will suffer bad results.

مذكرات الابداع
66898481

Grade 12 **Reading Comprehension 1**

Read the following passage carefully, then answer the questions below:

Who do you think is the most successful? Who do you think is the least successful? To answer these questions, we first need to define success. Everyone has a different definition. Many of us place great value on performance, on achievements, or on reaching various goals. Others associate success with material things, measuring it by how much one can **acquire**. Others measure success by how much they can contribute to the well-being of their families, or to the community and society in general. There are many other definitions, but mostly success is associated with becoming rich, famous, and respected at work.

Yet, it doesn't have to be that way. Being successful could mean simply being satisfied with oneself and one's career. For many people, a successful person is someone who feels that their work and life in general offer an exceptionally high degree of satisfaction. It seems that successful people consistently do two things. First, they use their natural abilities in their work. Second, they set career and life goals.

In other words, successful people choose careers where they can use their natural abilities. Successful people know where **they** are starting from, and what direction they want to give their lives and careers, even if it is something as simple as raising a happy family. In short, knowing your natural abilities and setting your life goals put you on your way to having a successful life.

a) Choose the best completion from a), b), c) and d):

1. The best title for this passage can be:
   - **a) Becoming rich** **b) Tips for success**
   - **c) Being satisfied** **d) The community and society**
2. The main idea of the 2nd paragraph is:
   - **a) success is only about material achievements**
   - **b) successful people depend only on their natural abilities**
   - **c) satisfaction is the true measurement of success**
   - **d) only intelligence leads to success**
3. The underlined word "**acquire**" in the 1st paragraph means:
   - **a) measure** **b) define** **c) value** **d) earn**
4. The underlined pronoun "**they**" in the 3rd paragraph refers to:
   - **a) successful people** **b) natural abilities**
   - **c) life goals** **d) satisfactions**
5. The writer's purpose of writing this passage is to:
   - **a) show us how to be rich** **b) state what success is about**
   - **c) convince us to have a family** **d) tell us about the best career**

b) Answer the following questions about the passage:

6. How can society benefit from successful people?

……

7. Why isn't success easy?

……

8. What puts you on the right way to success?

……

9. How can you define the word "success"?

……

مذكرات الابداع 66898481

Grade 12 **Reading Comprehension 1**

1. b) 2. c) 3. d) 4. a) 5. b)
6. They contribute to the community and society in general.
7. Because it needs a lot of effort and determination.
8. When I use my natural abilities and set goals for myself.
9. I think it means having a good job and a happy family.

Grade 12 **Reading Comprehension 2**

1. c) 2. b) 3. c) 4. d) 5. d)
6. They recommend flossing every day.
7. They get into the blood and the blood gets into the heart.
8. It removes the food stuck between teeth.
9. Because of the germs found in the mouth.

Grade 12 **Reading Comprehension 3**

1. a) 2. a) 3. c) 4. d) 5. c)
6. She told him that she had to catch the train which leaves at two-thirty.
7. To wait for Helen to get on the bus.
8. Because they crashed into each other.
9. She would have missed the train.

Grade 12 **Reading Comprehension 4**

1. c) 2. a) 3. b) 4. d) 5. b)
6. You will need to buy only one book in the future.
7. The problem I might face is the power cut.
8. Because they are much cheaper than e-books./Books need no power source.
9. I'd like to have e-books because they are easy to carry around wherever I go.

Grade 12 **Reading Comprehension 5**

1. c) 2. d) 3. c) 4. b) 5. a)
6. Because they are cheaper and easy to wash./They can last longer.
7. Animals supply wool, silk, leather and fur for making clothes.
8. The natural material that can be taken from plants is cotton.
9. Because all types of clothes are available at the markets now.

Grade 12 **Reading Comprehension 6**

1. d) 2. d) 3. b) 4. a) 5. c)
6. He always chooses the one with no wrinkles.
7. So that it will not get soggy from contact with other ingredients, the lights, or the humidity in the room.
8. The inside is left raw so that the meat remains moist.
9. They are either painted on or seared into the meat using hot metal skewers.

مذكرات الابداع
66898481

Tips for dealing with the SUMMARY QUESTIONS

- The summary question starts with either "**WHAT**", "**WHY**" or "**HOW**".

- If the question starts with "**WHAT**", word the first sentence of your summary in this way: **"One of the** …… **is that** ……**"**
  - "**WHAT** are the *negative effects of addiction to smoking*?
  - **One of the** *negative effects of addiction to smoking* **is that** ……

- If the question starts with "**WHY**", word the first sentence of your summary in this way: **"One of the reasons/causes** …… **is that** ……**"**
  - "**WHY** do *some people migrate to other countries?"*
  - **One of the reasons** *some people migrate to other countries* **is that** ……

- If the question starts with "**HOW**", word the first sentence of your summary in this way: **"One of the ways** …… **is that** ……**"**
  - "**HOW** do *animals adapt to the change of climate*?
  - **One of the ways** *animals adapt to the change of climate* **is that** ……

- It is advisable to rephrase the sentences and avoid copying the sentences mentioned in the passage.

- It is advisable to use the following conjunctions in the beginnings of your summary *second*, *third* and *fourth* sentences; **In addition**, **Also**, **Moreover**, **Furthermore**, and **Besides**.

Example

Read the following passage, then do as required:

Festivals are gatherings and activities to express joy at a remembered event. As societies change, the characteristics of their traditional festivals and celebrations may also change; new ones often appear as others diminish. Most likely, however, some festivals will remain unaltered for generations. First, for participants, they are a source of joy. For observers they offer an unforgettable experience. Secondly, festivals in old societies provided a chance for the elders to pass on folk knowledge to younger generations. Moreover, modern festivals, centering on the customs of a nation, enrich the understanding of one's heritage. Finally, contemporary festivals aid the local economy by attracting visitors. Certainly, celebrations are part of the lifestyle of all people and contribute to modern civilization.

In a paragraph of FOUR sentences ONLY, summarise and paraphrase the passage above in answer to the following question:

"What benefits do people get from festivals?"

One of the benefits people get from festivals **is that** they make participants feel happy. **Also**, they enable old people to teach young people folk knowledge. **In addition**, they add to the understanding of one's heritage. **Besides**, they boost the economy by attracting tourists.

مذكرات الابداع
66898481

Summary Making 1

Wearing seat belts does not make you invincible. You can still get hurt or killed while wearing your seat belt. But wearing them has proven first to be safer than driving without them. Second, you are much less likely to be killed in a car wreck if you are wearing a seat belt. Third, you are much less likely to get seriously injured if you are wearing one. Finally, you can save your life and the life of others who join you on a journey. So why not take the safer way? Why not go the way that has been proven to result in fewer deaths? You do want to live, don't you?

In a paragraph of FOUR sentences ONLY, summarise and paraphrase the passage above in answer to the following question:

"What are the benefits of wearing seat belts?"

……

……

……

……

……

……

……

Summary Making 2

The World Health Organization, WHO, has developed measures for protecting workers from exposure to SARS-CoV-2, the virus that causes COVID-19, which depends on the type of work being performed, exposure risk, and the interaction with the infected people. For all people not only workers, first, it is good to frequently wash hands with soap and water for at least 20 seconds. Also, when soap and running water are unavailable, an alcohol-based hand rub with at least 60% alcohol can be used. Besides, it is a must to avoid touching eyes, nose, or mouth with unwashed hands. Finally, it is important to avoid close contact with people who are sick and stay home if one feels sick.

In a paragraph of FOUR sentences ONLY, summarise and paraphrase the previous text in answer to the following question:

"What preventive measures should be taken during the COVID-19 pandemic?"

……

……

……

……

……

……

……

مذكرات الابداع
66898481

Summary Making 1	Model Answer

“What are the benefits of wearing seat belts?”

One of the benefits of wearing seat belts is that it is safer wearing them while driving. Also, you are likely stay alive if you are wearing a seat belt. In addition, you might not be injured. Furthermore, wearing a seatbelt can save the passengers’ lives.

Summary Making 2	Model Answer

“What preventive measures should be taken during the COVID-19 pandemic?”

One of the preventive measures should be taken during the COVID 19 pandemic is that you should always wash your hands with soap and water for not less than 20 seconds. In addition, you should be using alcoholic hand rub. Also, you must keep your hands away from your mouth, nose, and eyes. Besides, you should keep social distance form people whether you are sick or not.

Summary Making 3	Model Answer

“Why is walking useful for people?”

One of the reasons walking is useful for people is that it may protect you from some diseases and give you longer life. Also, it can help you get rid of calories and weigh less. Besides, it enriches the body with oxygen and boost your mental condition. Finally, it can reduce anxiety, depression and make your mood positive.

Summary Making 4	Model Answer

“Why are dead trees important?”

One of the reasons dead trees are important is that birds build their nests on their branches. Also, mammals and birds feed on insects living in their trunks. In addition, dead trees can be places to hide from the sun. Finally, they give us firewood that easily burns.

Summary Making 5	Model Answer

“How have the writing tools developed throughout history?”

One of the ways the writing tools have developed throughout history is that cavemen painted pictures on cave walls, using animal-hair brushes. Later, the ancient Egyptians used reed pens in drawing. After that, the Chinese carved their characters on turtle shells and cattle bones, using metal tools. After many decades, fountain pens ballpoint pens were developed and used.

Summary Making 6	Model Answer

“How do some animals survive cold winters?”

One of the ways some animals survive cold winters is that birds and butterflies migrate. Another way is hibernating during the winter. Besides, some animals store food in their homes. In addition, some animals grow thicker coats and change their colours.

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66898481

Translation **Model sentences**

Translate into good English:

١. **مشعل**: إن متوسط العمر المتوقع قد ارتفع كثيراً بفضل تحسن الخدمات الطبية.
سعود: فقد أصبحنا قادرين على علاج أمراض كانت تعد مميتة.

1. .....
.....
.....
.....

٢. **خالد**: يساعد النوم الدماغ على الاحتفاظ بالمعلومات الجديدة.
راشد: نعم، فقد أشارت الدراسات إلى أن الأشخاص الذين ناموا بعد تعلم مادة ما كان أداؤهم أفضل في الاختبارات.

2. .....
.....
.....
.....

٣. **أحمد**: يجب أن نظهر الاحترام لكبار السن.
فهد: نعم لأن الدين الإسلامي يعلم الأطفال تقدير الوالدين وإظهار التعاطف معهم عند الكبر.

3. .....
.....
.....
.....

٤. **عمـر**: من النادر أن تجد بيوت المسنين في الكويت والعالم العربي.
صالح: هذا صحيح. الإسلام يعلمنا ان نوقر والدينا ونرعاهم عندما يتقدمون في العمر.

4. .....
.....
.....
.....

٥. **نـايف**: تعتبر الهجرة من الريف إلى المدن من أكبر التحديات التي تواجه الكثير من الدول حاليا.
عبد الله: هذا الحقيقي حيث يبحث بعض الناس عن فرص عمل مناسبة بالمدينة.

5. .....
.....
.....
.....

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Translation **Model answers**

1. **Mesh'al** : The average of life expectancy has increased a lot due to better medical services.
   Saud : Sure, we are now able to cure diseases that were considered fatal.

==========

2. **Khalid** : Sleep helps the brain retain information.
   Rashid : Yes, studies have shown that people who slept after learning a subject did better during exams.

==========

3. **Ahmed** : We should show respect to the elderly.
   Fahd : Yes, that is because Islam teaches children to appreciate their parents and show them compassion in their old age.

==========

4. **Omar** : It is rare to find geriatric homes in Kuwait and the Arab world.
   Saleh : That's right. Islam teaches us to honour our parents and care for them when they become old.

==========

5. **Nayef** : Migration from the countryside to cities is one of the biggest challenges many countries face today.
   Abdullah: This is true as some people are looking for suitable job opportunities in the city.

==========

6. **Mohammed**: Many people move to the countryside to escape the overcrowding of cities.
   Khalid : Yes, they enjoy the picturesque scenery and the tranquil atmosphere.

==========

7. **Abdulaziz**: I like our new house for its great location as there is a big supermarket just a few meters away.
   Saad : This is great as this supermarket can meet all your needs.

==========

8. **Lafi** : Our ancestors used to practise various activities in their leisure time in the past, such as visiting each other and telling various stories.
   Jassim : That's true! Their life was simple, and this enabled them to enjoy their leisure time.

==========

9. **Bader** : Leisure activities have changed in our modern world as traditional pastimes have become something from the past.
   Usama : Yes, people spend their leisure time in playing computer games and surfing the internet.

==========

10. **Nawwaf**: People in the past used to spend their leisure time fixing broken things, telling stories, and visiting each other.
    Yussuf : Whereas now most people spend their time playing computer games and chatting online.

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لطلب المذكرة كاملة



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اضغط هنا للطلب

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اضغط على أحد الروابط
وشاهد نماذج مذكرتنا