



## المراجعة النهائية

## اختبارات تجريبية

## الصف السابع



2026 / 2025

## الفصل الدراسي الثاني



# Al-Tamayouz Model School

## Department of English

### Model Exam

### Grade: Seven

**Total Mark (60) Marks**  
**Reading (30 Marks)**

#### **A - VOCABULARY (14 MARKS)**

a) **Choose the correct answer from a, b, c and d:(4 X 2 = 8 Marks)**

- 1- Eating a healthy breakfast helps improve your ..... during lessons  
a) concentration      b) tiredness      c) stress      d) failure
- 2- Football players need to ..... well during the match to win  
a) perform      b) repair      c) rise      d) train
- 3-If the weather is ....., it is hard to know what to wear in the morning.  
a) Positive      b) mindful      c) active      d) unpredictable
- 4- You need to be strong ..... to run for a long time  
a) strategically      b) mentally      c) severely      d) physically

**b) Fill in the spaces with the suitable words from the list: (4 X 1½ = 6 Marks)**

( achieve / individual / courage / leadership / failure )

5. It takes great ..... to try a difficult sport for the first time.
6. To ..... your fitness goals, you must exercise regularly and eat well.
7. Tennis is often an ..... sport where you play against one person.
8. Good ..... is important when you are the captain of a sports team.

**Reading comprehension (16 Marks)****Read the following passage, then answer the questions below:-**

Every day there is less and less space on Earth for trash to be buried. Yet, every day we make more and more trash and waste that have negative effect on the natural environment. What can we do? We can recycle some of our trash. Recycling means that the trash will be made into something new and useful that can be used again and again.

Recycling helps the Earth in many ways. It saves space in trash dumps where trash is collected to be burnt. Half of everything that we put into dumps could be recycled instead of throwing it. In fact, most things which are made of paper ,metal, aluminum, glass and plastic can be recycled .It also **reduces** pollution.

Paper can be grouped up and made into new paper. Steel and aluminum cans can be melted down and made into new cans .The same is true about glass bottles. This can be done over and over again. Recycling doesn't take as much energy as making these things the first time. So, by recycling we can use less of the Earth's fuel resources. **It** also helps save our natural resources such as wood and metals.

Plastic can be melted down, too. Then, it can be formed into park benches or furniture. Some people call plastic the wood of the future. Things made of plastic will last about 400 years even when they are outside in harsh weather. No wood can do that.

**A) Choose the correct answer from a, b , c or d:- (6 x 2 = 12 Marks)****9-What's the main idea of paragraph(4)?**

- |                              |                                     |
|------------------------------|-------------------------------------|
| a) What recycling is.        | b) How to save the future.          |
| c) Why plastic is important. | d) How to recycle different things. |

**10-The meaning of the word "reduces" in paragraph(2)is:**

- |           |         |         |            |
|-----------|---------|---------|------------|
| a) Lowers | b)helps | c) uses | d)improves |
|-----------|---------|---------|------------|



**11-The underlined pronoun " It "in paragraph 3 refers to:**

- a) fuel                      b) time                      c) energy                      d) recycling

**12-According to the text, one of the following statements is Not true:**

- a) All trash and waste can be recycled.  
b) Harsh weather doesn't affect plastic.  
c) It's difficult to find space for trash.  
d) Glass and metal can be recycled many times.

**13-The purpose of the writer is to tell us that:**

- a) All materials on earth are useful.  
b) Planting trees helps in recycling.  
c) Recycling is a good way to use trash.  
d) Steel and aluminum can be recycled easily.

**14-Plastic is called the wood of the future because:**

- a) it's a natural material .  
b) it helps save money.  
c) it is strong and beautiful .  
d) it can be used to make furniture .



**B) Answer the following questions:- :( 2x2 = 4 Marks)**

**15-What kind of materials can you find in your house that can be recycled?**

.....

**16-Why is recycling important to the environment?**

.....



### A - GRAMMAR

**Choose the correct answer from a, b, c and d : (4 X 2 = 8 Marks)**

- 17- We are used to .....English movies with subtitles.  
a) watched    b) watch    c) watching    d) watches
- 18- Today's weather is even ..... than it was yesterday!  
a) better    b) good    c) more good    d) best
- 19- My father ..... as a farmer since he was young.  
a) have worked    b) has worked    c) works    d) worked
- 20- The man .....helped me yesterday is very kind.  
a) which    b) who    c) where    d) whose

**b- Do as required between brackets: (2X2=4 Marks)**

21-Mum told me (don't play) with matches. (correct)

.....

22- Ahmed is used to drinking coffee. (Change into negative)

.....





## **B- Writing (18 Marks)**

**Living a healthy life means following good habits and staying active through sports to keep both the body and mind strong.**

Plan and write a report of two paragraphs (not less than 8 sentences) discussing the healthy habits we follow to improve our well-being and explaining how playing sports keeps our bodies strong and active.

### **Introduction:**

#### **Paragraph (1): What healthy habits improve our well-being**

**Topic sentence:**

**Supporting details:**

**Concluding sentence:**

#### **Paragraph (2): How playing sports keeps our bodies strong and active**

**Topic sentence:**

**Supporting details:**

**Concluding sentence:**

**Conclusion:**



## The topic

| Planning<br>(Outline) | Exposition<br>of ideas &<br>coherence | Paragraphing<br>and number<br>of sentences | Gr. | Sp. | Hw. | Pu. | Changing<br>format | Total |
|-----------------------|---------------------------------------|--------------------------------------------|-----|-----|-----|-----|--------------------|-------|
|                       |                                       |                                            |     |     |     |     |                    |       |
| 2                     | 6                                     | 2                                          | 2   | 2   | 2   | 2   | -2                 | 18    |

- 2 marks to be deducted from the total mark for changing the format.
- Off-point topics receive **ZERO**.



**Al-Tamayouz Model School**  
**Department of English**  
**Model Exam**  
**Grade: Seven**

**Total Mark (60) Marks**  
**Reading (30 Marks)**

**A - VOCABULARY (14 MARKS)**

**a) Choose the correct answer from a, b, c and d:(4 X 2 = 8 Marks)**

1- The referee made a difficult ..... to give a red card.

- a) decision                      b) failure                      c) victory                      d) teammate

2-Scientists are ..... worried about the future of our planet.

- a) physically                      b) deeply                      c) strategically                      d) mentally

3-Birds ..... their eggs in nests high up in the trees.

- a) store                      b) adapt                      c) lay                      d) cope

4-She was .....when her best friend succeeded.

- a) honest                      b) helpful                      c) jealous                      d) merciful

**b)Fill in the spaces with the suitable words from the list: (4 X 1½ = 6 Marks)**

(forgive – relationship – softly – truth – reach)

5- We should .....people when they apologize.

6- He knocked .....on the door.

7- There is a deep ..... between parents and sons.

8- The child stood on a chair to .....the shelf.

**Reading comprehension (16 Marks)****Read the following passage, then answer the questions below:-**

There is nothing like travelling and seeing a new place for the first time. People of all ages, from all around the world, go to foreign places for different reasons – mainly, for work, meeting families, and spending free time. People can travel by plane, train, ship or by car, travelling is generally an exciting experience, especially for people who can pay for comfortable and safe ways of travel.

People can make money when they travel. This is achieved when they travel to do business or work. They also travel to see loved ones and enjoy oneself on a vacation. There are other things about travelling that you need to try out. You do not need to become a tour guide to travel. Everybody can travel. Travelling is a chance and a way to relax from everyday busy life. Therefore, it helps you feel better, both in mind and body.

Travelling helps you learn about yourself. You might run into difficult situations where you need to be smart and think differently. It helps develop a new group of skills that you didn't think you had within you. When travelling, people always develop a deeper understanding of other cultures. That is why it is interesting to observe the way people of other cultures live. You will also have the chance to try different kinds of food and to create nice memories that you will never forget.

**A. From a, b, c and d, choose the most suitable answer:**

**9. The best title for this passage is:**

- |                                 |                              |
|---------------------------------|------------------------------|
| a. Meeting Families             | b. Travelling by Plane       |
| c. The Importance of Travelling | d. Visiting Favourite Places |

**10. The underlined word "observe" in the 2nd paragraph means:**

- |        |           |           |           |
|--------|-----------|-----------|-----------|
| a. see | b. assist | c. prefer | d. advise |
|--------|-----------|-----------|-----------|



**11. The underlined word "it" in the 2nd paragraph refers to:**

- a. a way      b. a chance      c. travelling      d. everyday life

**12. According to the 2nd paragraph, travelling helps people:**

- a. become tour guides.      B. feel better in mind and body.  
c. run into difficult situations.      D. forget all of their memories.

**13. According to the passage, one of the following statements is NOT TRUE:**

- a. People of all ages travel to foreign places.  
b. Travelling helps develop a new group of skills.  
c. You can learn about yourself when you travel.  
d. There is no chance to try different food when travelling.

**14. The purpose of the writer is to:**

- a. show why people need to travel.  
b. describe some countries to travel to.  
c. advise people to stay safe in foreign places.  
d. tell us about his memories when travelling.

**Answer the following questions:-**

15-How can people make money when they travel?

.....

16- What do people always develop when they travel?

.....



### A - GRAMMAR

**Choose the correct answer from a, b, c and d : (4 X 2 = 8 Marks)**

17 -Salem was reading a magazine last night, .....?

- a) didn't he      b) did he      c) was he      d) wasn't he

18- The teacher told the students ..... quietly.

- a) work      b) to work      c) working      d) works

19- I ..... my grandmother tomorrow.

- a) visit      b) will visit      c) visited      d) visiting

20.They .....used to staying at home all day.

- a) aren't      b) isn't      c) don't      d) doesn't

### **b- Do as required between brackets: (2X2=4 Marks)**

21-The cheetah is (fast) land animal on the planet.

(Correct)

22-Youssef has recently read 5 books.

(Ask a question)





Climate change has greatly affected our planet's environment, but people can still take action to protect and care for the Earth.

Plan and write a report of two paragraphs (not less than 8 sentences) explaining how climate change has affected the environment and how we can protect the Earth from it.

**Introduction:**

**Paragraph (1): What healthy habits improve our well-being**

**Topic sentence:**

**Supporting details:**

**Concluding sentence:**

**Paragraph (2): How playing sports keeps our bodies strong and active**

**Topic sentence:**

**Supporting details:**

**Concluding sentence:**

**Conclusion:**



## The topic

| Planning<br>(Outline) | Exposition<br>of ideas &<br>coherence | Paragraphing<br>and number<br>of sentences | Gr. | Sp. | Hw. | Pu. | Changing<br>format | Total |
|-----------------------|---------------------------------------|--------------------------------------------|-----|-----|-----|-----|--------------------|-------|
|                       |                                       |                                            |     |     |     |     |                    |       |
| 2                     | 6                                     | 2                                          | 2   | 2   | 2   | 2   | -2                 | 18    |

• 2 marks to be deducted from the total mark for changing the format.  
 • Off-point topics receive **ZERO**.



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**Reading (30 Marks)**

**A - VOCABULARY (14 MARKS)**

a) **Choose the correct answer from a, b, c and d:(4 X 2 = 8 Marks)**

- 1- Eating a healthy breakfast helps improve your ..... during lessons  
 a) **concentration**      b) tiredness      c) stress      d) failure
- 2- Football players need to ..... well during the match to win  
 a) **perform**      b) repair      c) rise      d) train
- 3-If the weather is ....., it is hard to know what to wear in the morning.  
 a) Positive      b) mindful      c) active      d) **unpredictable**
- 4- You need to be strong ..... to run for a long time  
 a) strategically      b) mentally      c) severely      d) **physically**

**b) Fill in the spaces with the suitable words from the list: (4 X 1½ = 6 Marks)**

( achieve / individual / courage / leadership / failure )

5. It takes great **courage** to try a difficult sport for the first time.
6. To **achieve** your fitness goals, you must exercise regularly and eat well.
7. Tennis is often an **individual** sport where you play against one person.
8. Good **leadership** is important when you are the captain of a sports team.



### **Reading comprehension (16 Marks)**

#### **Read the following passage, then answer the questions below:-**

Every day there is less and less space on Earth for trash to be buried. Yet, every day we make more and more trash and waste that have negative effect on the natural environment. What can we do? We can recycle some of our trash. Recycling means that the trash will be made into something new and useful that can be used again and again.

Recycling helps the Earth in many ways. It saves space in trash dumps where trash is collected to be burnt. Half of everything that we put into dumps could be recycled instead of throwing it. In fact, most things which are made of paper ,metal, aluminum, glass and plastic can be recycled .It also **reduces** pollution.

Paper can be grouped up and made into new paper. Steel and aluminum cans can be melted down and made into new cans .The same is true about glass bottles. This can be done over and over again. Recycling doesn't take as much energy as making these things the first time. So, by recycling we can use less of the Earth's fuel resources. **It** also helps save our natural resources such as wood and metals.

Plastic can be melted down, too. Then, it can be formed into park benches or furniture. Some people call plastic the wood of the future. Things made of plastic will last about 400 years even when they are outside in harsh weather. No wood can do that.

#### **A) Choose the correct answer from a, b , c or d:- (6 x 2 = 12 Marks)**

##### **9-What's the main idea of paragraph(4)?**

- |                              |                                     |
|------------------------------|-------------------------------------|
| a) What recycling is.        | b) How to save the future.          |
| c) Why plastic is important. | d) How to recycle different things. |

##### **10-The meaning of the word "reduces" in paragraph(2)is:**

- |           |         |         |            |
|-----------|---------|---------|------------|
| a) Lowers | b)helps | c) uses | d)improves |
|-----------|---------|---------|------------|



**11-The underlined pronoun" It "in paragraph 3 refers to:**

- a) fuel                      b) time                      **c) energy**                      d) recycling

**12-According to the text, one of the following statements is Not true:**

- a) All trash and waste can be recycled.**  
b) Harsh weather doesn't affect plastic.  
c) It's difficult to find space for trash.  
d) Glass and metal can be recycled many times.

**13-The purpose of the writer is to tell us that:**

- a) All materials on earth are useful.  
b) Planting trees helps in recycling.  
**c) Recycling is a good way to use trash.**  
d) Steel and aluminum can be recycled easily.

**14-Plastic is called the wood of the future because:**

- a) it's a natural material .  
b) it helps save money.  
c) it is strong and beautiful .  
**d) it can be used to make furniture .**

**B) Answer the following questions:- :( 2x2 = 4 Marks)**

**15-What kind of materials can you find in your house that can be recycled?**

**Paper, plastic, glass bottles, and metal cans.**

**16-Why is recycling important to the environment?**

**Because it reduces pollution, saves energy, and protects natural resources.**

**A - GRAMMAR****Choose the correct answer from a, b, c and d : (4 X 2 = 8 Marks)**

- 17- We are used to .....English movies with subtitles.  
a) watched    b) watch    **c) watching**    d) watches
- 18- Today's weather is even ..... than it was yesterday!  
**a) better**    b) good    c) more good    d) best
- 19- My father ..... as a farmer since he was young.  
a) have worked    **b) has worked**    c) works    d) worked
- 20- The man .....helped me yesterday is very kind.  
a) which    **b) who**    c) where    d)whose

**b- Do as required between brackets: (2X2=4 Marks)**

- 21- Mum told me (don't play) with matches. **(correct)**  
**not to play**
- 22- Ahmed is used to drinking coffee. **(Change into negative)**  
**Ahmed is not used to drinking coffee.**



## **B- Writing (18 Marks)**

**Living a healthy life means following good habits and staying active through sports to keep both the body and mind strong.**

Plan and write a report of two paragraphs (not less than 8 sentences) discussing the healthy habits we follow to improve our well-being and explaining how playing sports keeps our bodies strong and active.

**Introduction:** Living a healthy life helps us a lot.

**Paragraph (1):** What healthy habits improve our well-being

- **Topic sentence:** Healthy habits improve our well-being

- **Supporting details:**

Eating healthy food gives us energy.

- **Concluding sentence:** Healthy habits help us live a better life.

**Paragraph (2):** How playing sports keeps our bodies strong and active

- **Topic sentence:** Playing sports keeps us strong and active.

- **Supporting details:**

Sports make our muscles strong.

- **Concluding sentence:** Playing sports also helps us feel happy

**Conclusion:** Sports are important for a healthy body and mind.



## The topic

### Healthy habits

Living a healthy life helps us a lot. Healthy habits improve our well-being. Eating healthy food gives us energy. These habits help us feel better and stay active.

Playing sports keeps us strong and active. Sports help build strong muscles and bones. Playing sports also helps us feel happy. Sports are very important for a healthy life.

| Planning<br>(Outline)                                                                                                                                                 | Exposition<br>of ideas &<br>coherence | Paragraphing<br>and number<br>of sentences | Gr. | Sp. | Hw. | Pu. | Changing<br>format | Total |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|--------------------------------------------|-----|-----|-----|-----|--------------------|-------|
|                                                                                                                                                                       |                                       |                                            |     |     |     |     |                    |       |
| 2                                                                                                                                                                     | 6                                     | 2                                          | 2   | 2   | 2   | 2   | -2                 | 18    |
| <ul style="list-style-type: none"><li>• 2 marks to be deducted from the total mark for changing the format.</li><li>• Off-point topics receive <b>ZERO</b>.</li></ul> |                                       |                                            |     |     |     |     |                    |       |



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## Department of English

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#### **A - VOCABULARY (14 MARKS)**

**a) Choose the correct answer from a, b, c and d:(4 X 2 = 8 Marks)**

1- The referee made a difficult ..... to give a red card.

- a) **decision**      b) failure      c) victory      d) teammate

2-Scientists are ..... worried about the future of our planet.

- a) physically      b) **deeply**      c) strategically      d) mentally

3-Birds ..... their eggs in nests high up in the trees.

- a) **store**      b) adapt      c) la      d) cope

4-She was .....when her best friend succeeded.

- a) honest      b) helpful      c) **jealous**      d) merciful

**b)Fill in the spaces with the suitable words from the list: (4 X 1½ = 6 Marks)**

(forgive – relationship – softly – truth – reach)

5- We should **forgive** people when they apologize.

6- He knocked **softly** on the door.

7- There is a deep **relationship** between parents and sons.

8- The child stood on a chair to **reach** the shelf.

**Reading comprehension (16 Marks)****Read the following passage, then answer the questions below:-**

There is nothing like travelling and seeing a new place for the first time. People of all ages, from all around the world, go to foreign places for different reasons – mainly, for work, meeting families, and spending free time. People can travel by plane, train, ship or by car, travelling is generally an exciting experience, especially for people who can pay for comfortable and safe ways of travel.

People can make money when they travel. This is achieved when they travel to do business or work. They also travel to see loved ones and enjoy oneself on a vacation. There are other things about travelling that you need to try out. You do not need to become a tour guide to travel. Everybody can travel. Travelling is a chance and a way to relax from everyday busy life. Therefore, it helps you feel better, both in mind and body.

Travelling helps you learn about yourself. You might run into difficult situations where you need to be smart and think differently. It helps develop a new group of skills that you didn't think you had within you. When travelling, people always develop a deeper understanding of other cultures. That is why it is interesting to observe the way people of other cultures live. You will also have the chance to try different kinds of food and to create nice memories that you will never forget.

**A. From a, b, c and d, choose the most suitable answer:**

**9. The best title for this passage is:**

a. Meeting Families

b. Travelling by Plane

c. The Importance of Travelling

d. Visiting Favourite Places

**10. The underlined word "observe" in the 2nd paragraph means:**

a. see

b. assist

c. prefer

d. advise



**11. The underlined word "it" in the 2nd paragraph refers to:**

- a. a way      b. a chance      **c. travelling**      d. everyday life

**12. According to the 2nd paragraph, travelling helps people:**

- a. become tour guides.      **B. feel better in mind and body.**  
c. run into difficult situations.      D. forget all of their memories.

**13. According to the passage, one of the following statements is NOT TRUE:**

- a. People of all ages travel to foreign places.  
b. Travelling helps develop a new group of skills.  
c. You can learn about yourself when you travel.  
**d. There is no chance to try different food when travelling.**

**14. The purpose of the writer is to:**

- a. show why people need to travel.**  
b. describe some countries to travel to.  
c. advise people to stay safe in foreign places.  
d. tell us about his memories when travelling.

**Answer the following questions:-**

15-How can people make money when they travel?

**By travelling for work or business.**

16- What do people always develop when they travel?

**A deeper understanding of other cultures.**



### A - GRAMMAR

**Choose the correct answer from a, b, c and d : (4 X 2 = 8 Marks)**

17 -Salem was reading a magazine last night, .....?

- a) didn't he      b) did he      c) was he      d) wasn't he

18- The teacher told the students ..... quietly.

- a) work      b) to work      c) working      d) works

19- I ..... my grandmother tomorrow.

- a) visit      b) will visit      c) visited      d) visiting

20.They .....used to staying at home all day.

- a) aren't      b) isn't      c) don't      d) doesn't

**b- Do as required between brackets: (2X2=4 Marks)**

21-The cheetah is (fast) land animal on the planet.

(Correct)

The cheetah is **the fastest** land animal on the planet.

22-Youssef has recently read 5 books.

(Ask a question)

**How many books has Youssef recently read?**



Climate change has greatly affected our planet's environment, but people can still take action to protect and care for the Earth.

Plan and write a report of two paragraphs (not less than 8 sentences) explaining how climate change has affected the environment and how we can protect the Earth from it.

### Climate change

Introduction: **Climate change is a big problem.**

Paragraph (1): **How climate change has affected the environment.**

- Topic sentence: **Climate change has harmed the environment in many ways.**

- Supporting details:

**The weather is hotter. Ice caps are melting.**

Concluding sentence: **These changes show the Earth is in danger.**

Paragraph (2): **How we can protect the Earth**

- Topic sentence: **We can do a lot to help the Earth.**

- Supporting details:

**We can save energy. We can plant trees.**

- Concluding sentence: **So, small actions can be useful.**

Conclusion: **Finally, we should protect the Earth.**

## The topic

### Climate change

Climate change is a big problem. It has harmed the environment. The weather is hotter. These changes show the Earth is in danger.

We can do a lot to help the Earth. We can save energy. So, small actions can be useful. Finally, we should protect the Earth.

| Planning<br>(Outline) | Exposition<br>of ideas &<br>coherence | Paragraphing<br>and number<br>of sentences | Gr. | Sp. | Hw. | Pu. | Changing<br>format | Total |
|-----------------------|---------------------------------------|--------------------------------------------|-----|-----|-----|-----|--------------------|-------|
|                       |                                       |                                            |     |     |     |     |                    |       |
| 2                     | 6                                     | 2                                          | 2   | 2   | 2   | 2   | -2                 | 18    |

- 2 marks to be deducted from the total mark for changing the format.
- Off-point topics receive **ZERO**.



عندما يكون تعليم أبنائكم |  
اهتمامكم الأول في الحياة



مدرسة التميز النموذجية  
ابتدائي - متوسط - ثانوي

## قنواتنا على تليجرام



الصف الرابع



الصف الثالث



الصف الثاني



الصف الأول



الصف الثامن



الصف السابع



الصف السادس



الصف الخامس



صف ١١ أدبي



صف ١١ علمي



الصف العاشر



الصف التاسع



صف ١٢ أدبي



صف ١٢ علمي