مذكـــــــرة

الفلتة



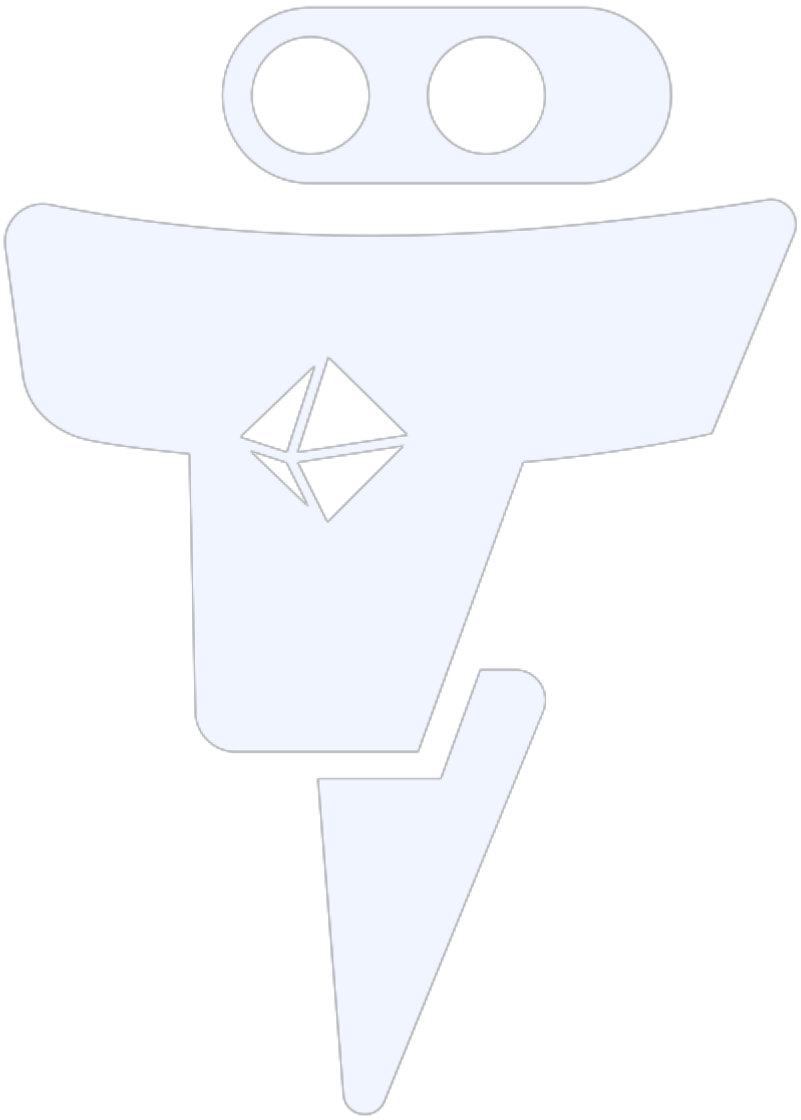
9

الفصل الأول

اللغة الانجليزية

يمكنك طلب المذكرة المحلولة مطبوعة عن طريق الموقع

تمكن Tmkn



الفهرس

UNIT (1) **3**

Vocabulary *4*

Grammar *6*

Writing *7*

Reading Comprehension *9*

UNIT (2) **11**

Vocabulary *13*

Grammar *14*

Writing *15*

UNIT 3 ..... **17**

Vocabulary *18*

Grammar-1 ..... *19*

Writing *20*

UNIT (4) **23**

VOCABULARY *23*

Grammar *25*

WRITING *27*

UNIT (1)

Reading 1-Stories of Success

The word	Part of speech	The meaning
1-Curious	(adj)	فضولي
2. Talent	(n)	موهبة
3. Explorer	N	مستكشف
4. Proudly	(Adv)	بفخر
5. Highlight	(v)	يميز
6. Represent	(v)	يمثل
7. Inspire	(v)	يلهم
8. Remarkable	(adj)	رائع
9. Fulfil	(V)	ينجز-يحقق
10. Expedition	(N)	رحله استكشافية
11. Will	(N)	عزيمة-إرادة
12. Survive	(v)	يبقى على قيد الحياة - ينجو

WWW.TMKNKW.COM

Vocabulary

Reading 2

The word	Part of speech	The meaning
1-merely	(adv)	مجرد- فحسب
2. mindset	(adj)	عقليه - منطق
3. consistently	(adv)	باستمرار-بشكل مستمر
4. efficiently	(Adv)	بكفائه
5. give up	(phv)	يستسلم-يتخلى عن
6. tough	(adj)	صعب -قاسي
7. trust	(v)	ثقة / يثق
8. positive	(adj)	ايجابي
9. progress	(n)	تقدم
10. trait	(n)	صفة -ميزة
11. remain	(v)	يبقى
12. equally	(adv)	بالتساوي

A. Choose the correct word:

1. The ……. …… to the north pole takes a long time.

   a-bond b- literature c-expedition d-wilderness

2. To …… ……in the desert, you should take enough food and water.

   a-fulfill b-survive c- inspire d- highlight

3. We don't like the …… ……people who wants to know your secrets.

   a-proud b- remarkable c-curious d-confident

B. Fill in spaces with the suitable word from the list below:

explorer – proudly -highlight- represent –inspire

1. Many years ago, an adventurous …. explorer …. set out to discover new lands, facing countless dangers.
2. Today, we still ……highlight… her bravery in museums and history books.
3. Her story continues to …ing …… young people to follow their dreams and seek out the unknown.
4. Schools often … ht…… their achievements during special events.

WWW.TMKNKW.COM

Grammar

Past Simple & Past Continuous

1. Past Simple (did)

Time expressions: yesterday, last week, in 2010, two days ago…

Examples:

1. **I watched a movie last night.**
2. **She visited her grandmother yesterday.**

Negative: We use (didn't +infinitive)

I played tennis yesterday → I didn't play tennis yesterday

2. Past Continuous

Key words: (When - While - as)

e.g. At 8 pm yesterday, I was studying.

***Two actions happening at the same time in the past.**

- **While I was cooking, he was watching TV.**
- **Was walking home when it started to rain.**

Examples:

1. **At 9 o'clock, I was reading.**
2. **They were playing football while it was raining.**

Choose the correct form

1. **I (watched /) TV when my friend called.**
2. **They (/ were playing) football yesterday afternoon.**
3. **At 9 o'clock last night, we (/ were studying) English.**

Negative: **was - were + V+ing**

I was reading when the telephone rang (negative)

…… ……

Making Questions:

- **The family travelled to Europe last year.**

…… ……

- **The captain of the ship sailed north to avoid the storm.**

…… …

Writing

An Expedition

"You went on an expedition across the desert"

Plan and write a report of about 12 sentences about safety preparations and challenges.

plan

Introduction: …

Going in an expedition can be exciting, but it is not always safe, Adventurers often face dangers

Body.1:

Challenges they face

- **Bad weather**
- **lost in the desert**
- **lack of food and water**

Body.2

Safety preparations

- **warm clothes**
- **taking maps and compass**
- **taking enough food and water**

Conclusion:

To be safe during expeditions a person should think carefully about how he will handle the any danger or problem he faces.

(safety preparations and challenges)

Going in an expedition can be exciting, but it is not always safe, Adventurers often face dangers.

Some of the dangers that they may face is the bad weather. Sometimes it could be very cold or hot. Also, they may face dangerous animals like lions or snakes. Above all, they may suffer from lack of food and water. At last, they may get lost in the desert.

To be safe during the expedition there should be some preparations I can sum up in the following; First, they should take suitable clothes to protect them from the bad weather, Second, they should take a map and a compass to know their place. Third, they should take enough food and water.

To be safe during expeditions a person should think carefully about how he will handle the any danger or problem he faces.

Reading Comprehension

Read the following passage then answer the questions below:

Wood is a natural product and is one of the most handy and beautiful materials available to us providing a long-term environmental solution to endless applications. Wood has the best current protection properties of any normal construction material. When sourced from managed forests. It can actually be better than natural carbon. As a natural product and every piece, regardless of species, is completely rare. This means that it can vary dramatically in appearance. This adds to the character, diversity and beauty of the material – but is also something to consider if you are expecting all pieces to look alike.

Wood is a hard, fibrous structural tissue found mainly in the stems and roots of trees. It has been used for thousands of years for both fuel and as a construction material. It is an organic material, a natural composite of cellulose fibers embedded in a template of gum which resists solidity. The chemical composition of wood varies from species to species, but is approximately 50% carbon, 42% oxygen, 6% hydrogen, 1% nitrogen, and 1% other elements. In chemical terms, the difference between hardwood and softwood is reflected in the composition of the basic material. Wood is categorized into hardwoods and softwoods. These terms actually relate to the tree's botanic classification.

Choose the correct answer from a, b, c and d:

1. What is the best title for this passage? *Wood*

a-Wood b-Softwood c-Hardwood d-Wood Source

2. The underlined pronoun "It" in the 2nd paragraph refers to…. *wood*

a-fuel b- material c- construction d- wood

3. The meaning of the underlined word (diversity)in the 1st paragraph means …… *variety*

a-color b-weight c-shape d-variety

WWW.TMKNKW.COM

4. What is the purpose of the writer in this passage? *to tell us information wood as natural substance.*
   a. to persuade us to work with wood.
   b. to tell us information wood as natural substance.
   c. to make us save the trees.
   d. to teach us how to make furniture out of wood.

5. Wood is a hard, fibrous structural tissue found mainly in the ..... *stems and roots of trees*
   a- stems of trees b-roots of trees
   c- stems and roots of trees. d-leaves of trees

6. According to the passage, all the following statements are True except: *Wood has been used for thousands of years just for fuel*
   a. Wood is a natural product and is one of the most handy.
   b. The chemical composition of wood varies from species to species.
   c. Wood has been used for thousands of years just for fuel.
   d. Wood can vary dramatically in appearance.

Answer the following questions:

1. Why is wood considered as completely rare?
   ... .

2. What are the chemical elements of wood?
   -

UNIT (2)

Reading 1-Staying Safe Online

The word	Part of speech	The meaning
Casually	Adv	بشكل غير رسمي /بعفوية
Claim	v	يدّعي /يزعم
Reject	v	يرفض
Fake	adj	مزيّف
Uneasy	adj	غير مرتاح /قلق
Access	n	وصول /دخول
Update	n/v	تحديث، يحدّث
Install	v	يثبّت /ينصّب
Phishing	n	تصيّد إلكتروني/نصب
Scam	n	احتيال /خداع
Seriously	adv	بجدية
Security	n	أمن /حماية
Cautious	adj	حذر

WWW.TMKNKW.COM

Reading 2- Staying Safe Online

The word	Part of speech	The meaning
Genuinely	Adv	بصدق / حقًا
Replace	v	يستبدل / يغيّر
Software	n	برنامج / برمجيات
Manner	n	أسلوب / طريقة
Assist	v	يساعد
Provide	v	يوفّر / يقدّم
Efficient	adj	كفؤ / فعّال
Customer	n	زبون / عميل
Accurate	adj	دقيق / صحيح
complex	adj	معقد
increasingly	adv	بشكل متزايد

Vocabulary

A) Fill in the blanks with the correct word:

(Manner-genuinely-replace-manner-install -cautious-update)

1. He spoke … …… about his feelings, without hiding anything.
2. You should …… …… old files with the new version.
3. Always behave in a polite … …… when speaking to others.
4. You should always…… ……your phone to keep it safe.

B) Choose the correct answer from a, b, c and d:

1. Every country around the island …… claim ……that it is his island.
   a) reject b) provide c) claim d) assist
2. The bank improved its online … security …… to protect users' data. Through powerful antivirus.
   a) security b) complex c) manner d) customer
3. This math problem is too … comp … for me to solve.
   a) fake b) efficient c) complex d) cautious
4. The shop assistant helped the … custo …… choose the right product.
   a) security b) customer c) access d) manner

WWW.TMKNKW.COM

Grammar

Conditionals: First & Second

*First Conditional

Examples:

"If I have time, I will call you".

"If you study hard, you will pass the exam".

*Second Conditional

Examples:

1. "If I had a million dollars, I would buy a big house".
2. "If I were you, I would not wait to study for the test".

Exercise:

A) Correct the verbs between brackets:

1-If I travel to London, I (learn) how to speak English fluently. 1-… ……

2-If they went to the library, they (read) useful books. 2-… …

B) Choose the correct answer:

1) What would you do if it …… ……. on your wedding day?

a-rained b-will rain c-would rain d- rains

2) If she comes, I …… ……. call you.

a-will b-would c-would have d- had

3) If I eat peanut butter, I…… ……. sick.

a- would have gotten b-would get c- will get d-gets

Grammar 2-:

Relative Pronouns

A. Choose the correct Answer:

1- That is the bank…… …… I keep my money:

a-that b-where c-when d-who

2- This is the boy …… …. comes from Italy:

a- that b-who c-which d-when

3- What did you do with the money …… …. you got?

a-who b-which c- when d-where

4- In the summer I'm going to visit Spain, …… where …. my brother lives:

a-whose b-when c- where d-who

Writing

How to Stay Safe Online

'Being online is helpful, but it can also be risky.'

Plan and write a two-paragraph report explaining common online risks and giving useful safety tips to help people protect their information and stay safe online.

(Plan)

Paragraph 1: (Online risks)

Topic sentence:

-The internet has become important thing in our life.

Supporting details:

–there are a lot of risks: Fake emails or messages

-Hackers

–Bad programs that harm your computer or phone.

Concluding sentence:

You should be careful when dealing with the internet

Paragraph 2: (Tips to stay safe online)

Topic sentence:

There are many steps to protect yourself and be safe online

WWW.TMKNKW.COM

Supporting details:

-Don't click on links from people you don't know.

-Use trusted websites

-Use long, strong password.

Concluding sentence:

It is necessary to be safe on line and keep your own secrets

Stay Safe Online

Staying safe online is very important in today's digital world. Many people use the internet every day for studying, shopping, and communication. However, not everyone understands the risks that come with it. Here are many risks when using the internet. Sometimes people send fake emails to steal information. Also, there are Bad programs that harm your computer or phone. Last, there are hackers who try to steal your account.

To stay safe, you should always keep your passwords strong and private. Never share your personal information, such as your address or phone number, on unknown websites. It is also important to avoid clicking on strange links or attachments in emails.

It is necessary to be safe online and keep your own secrets and your own life affairs in private.

UNIT 3

Reading 1

Food for Life: Culture, Health, and the Future

The word	Part of speech	The meaning
Reflect	v	يَعكِس / يتأمّل
Serve	v	يقدّم يَخدِم / يَصُبّ
Symbol	n	رَمْز
Occasion	n	مُناسَبة
Aromatic	adj	عَطِر / شَذِيّ
Ingredient	n	مُكَوِّن / عُنْصُر
Distinctive	adj	مُمَيَّز / فَرِيد
Recipe	n	وَصْفة
Commonly	adv	عادةً / شائِعاً
Flavour	n	نَكْهَة / طَعْم
Variety	n	تَنَوُّع / صِنْف
Raw	adj	خام / نِيْء
Experience	n-v	تَجْرِبة (N) / يُجَرِّب (V)

WWW.TMKNKW.COM

Vocabulary

Reading2

Healthy Eating: Making Smart Choices

The word	Part of speech	The meaning
Energetic	Adj	نَشِيط / حَيَوِيّ
Source	N	مَصْدَر
fibre	N	أَلْيَاف
Significantly	Adv	بِشَكْلٍ كَبِير / بِشَكْلٍ مُلاَحَظ
Homemade	Adj	مَنْزِلِيّ الصُنْع / مُعَدّ فِي المَنْزِل
Produce	V	يُنْتِج
Organic	Adj	عُضْوِيّ/طبيعي
Harmful	Adj	ضارّ / مُؤْذٍ
Label	N / V	مُلْصَق (N) / يُلْصِق (V)
Maintain	V	يُحَافِظ على / يَصُون

A) Choose the correct answer from a, b, c and d:

1. **The perfume was so __ __ that it filled the entire room with its sweet scent.**
   a. raw b. distinctive c. accurate d. common
2. **Every great dish has a secret ___ ____ that makes it unforgettable.**
   a. flavour b. experience c. symbol d. variety
3. **The water in the lake ___ ___moon's light.**
   a. serves b. reflects c. assists d. replaces
4. **Sushi is often prepared with ___ ____ fish, which must be handled with great care to ensure safety.**
   a. raw b. distinctive c. aromatic d. common

B) Fill in the spaces with words from the list:

(symbol-occasion -ingredients-commonly-flavour)

1. All food products should carry a list of … …. on the packet.
2. The internet has made it easier to find … ……. used information.
3. The crown was a …… ……of Royal power.
4. It's a special…… ……. for all the family to celebrate

Grammar-1

Passive Voice (Present simple - Past simple - Modals)

Exercise

A) Change into passive:

1. I keep all my money in a bank.

…… ……

2. We will answer all the questions.

…… ……

3. You must do the homework daily.

…… ……

4. The referee cancelled the match.

…… ……

WWW.TMKNKW.COM

Grammar-2

Comparatives and Superlatives

A) Choose the correct adjectives:

1. My house is …… ……. than yours.
   a. big b- bigger c-biggest d- bigger than
2. Your grade is …… ……. than mine.
   a. good b- better c-best d- better than
3. The Pacific Ocean is …… more frightening …. than the Arctic Ocean
   a. frightening b. more frightening
   b. most frightening d. more frightening than
4. This is the …… …. book I have ever read.
   a. more interesting b. most interesting
   c. interesting d. less interesting

Writing

"Eat Well, Live Well"

Plan and write a two-paragraph report explaining what healthy food choices people can make and why eating healthily is becoming more important today.

(Plan)

Paragraph 1:

Topic sentence:

People can make many healthy food choices to keep their bodies strong and fit.

Supporting details:

-more fruits, vegetables, and whole grains instead of junk food.
-Drinking plenty of water and cutting down on sugary drinks
-Eating small, balanced meals

Concluding sentence:

Making smart food choices helps people stay active and avoid health problems

Paragraph 2:

Topic sentence:

Eating healthily is becoming more important today because our lifestyles are changing.

Supporting details:

-sitting at desks and using screens
-Fast food and processed snacks

Concluding sentence:

In short, eating healthy food is one of the best ways to stay strong, live longer, and feel better every day.

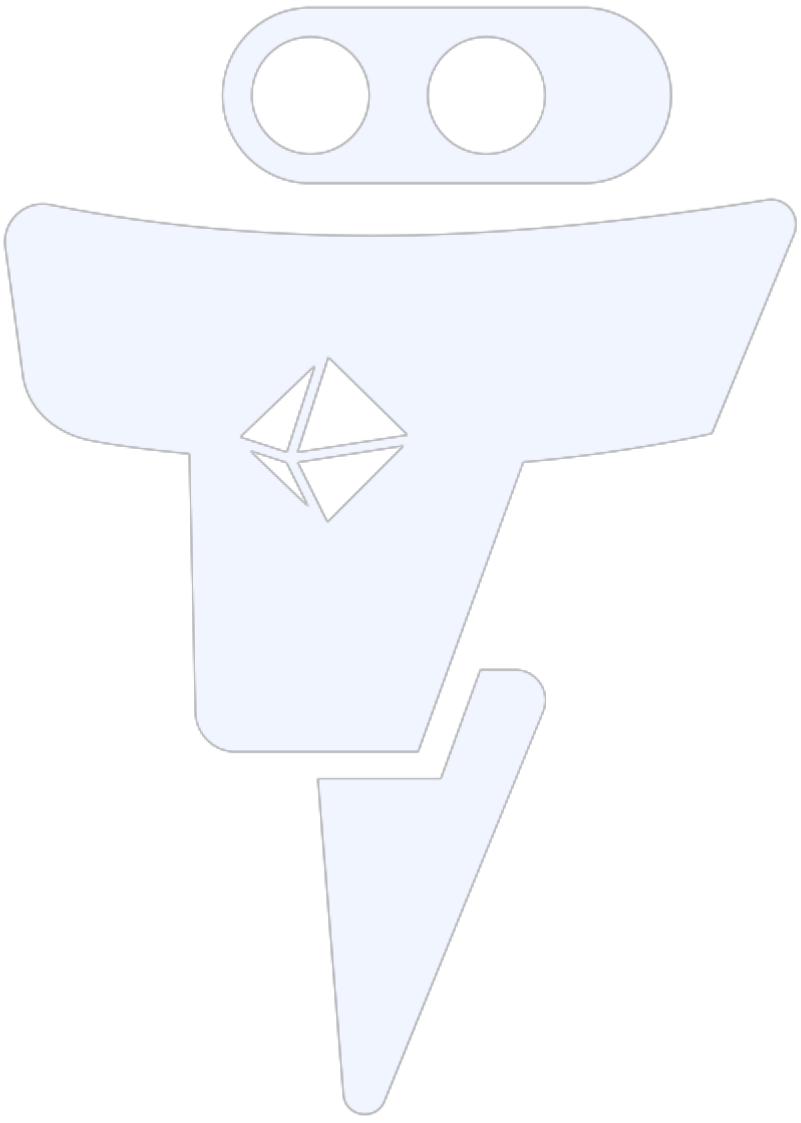
The importance of healthy food

People can make many healthy food choices to keep their bodies strong and fit. They can eat more fruits, vegetables, and whole grains instead of junk food. Choosing grilled or baked food instead of fried food helps reduce fat. Drinking plenty of water and cutting down on sugary drinks keeps the body healthy. Eating small, balanced meals gives the body the right amount of energy every day. Making smart food choices help people stay active and avoid health problems.

Eating healthily is becoming more important today because our lifestyles are changing. Many people sit for long hours at work or school and do not move enough. Fast food and snacks are easy to find, but they can cause weight gain and health problems. Eating healthy food helps prevent diseases such as diabetes and heart disease. When people eat nutritious meals, they feel happier,

WWW.TMKNKW.COM

more focused, and have more energy. In short, healthy eating is one of the best ways to live a longer, stronger, and better life.



UNIT (4)

VOCABULARY

The word	Part of speech	The meaning
Focus	Verb / Noun	يُرَكِّز (V) / تَرْكِيز (N)
Necessarily	Adverb	بالضَّرُورَة
Instead	Adverb	بَدَلاً مِنْ ذَلِك / عِوَضًا
Thoughtful	Adjective	مُتَأمِّل / رَوِيّ / مُرَاع لمِشَاعِر الآخَرين
Benefit	Noun / Verb	فَائِدَة (N) / يَسْتَفِيد (V)
Conserve	Verb	يَحْفَظ / يَصُون
Meaningful	Adjective	ذُو مَعْنَى / هَادِف
Gadget	Noun	أدَاة / جِهَاز صَغِير
Valuable	Adjective	قَيِّم / ثَمِين
Balanced	Adjective	مُتَوَازن
The word	Part of speech	The meaning
Discard	Verb	يَتَخَلَّص مِن / يَرْمِي
Packaging	Noun	تَغْلِيف / عُبُوَّات
Responsibly	Adverb	بِشَكْل مَسْؤُول / مَسْؤُولِيَّة
minimise (or minimize)	Verb	يُقَلِّل / يَحُدّ مِن
Expense	Noun	تَكْلُفَة / نَفَقَة
Preserve	Verb	يَحْفَظ / يَصُون
Disposable	Adjective	يُسْتَخْدَم لمَرَّة وَاحِدَة / قَابِل لِلتَّصَرُّف
Consumption	Noun	اسْتِهْلَاك
Donate	Verb	يَتَبَرَّع
Mindful	Adjective	وَاعٍ / مُتَنَبِّه
Wasteful	Adjective	مُسْرِف / مُبَذِّر

WWW.TMKNKW.COM

A. Fill in the spaces with words from the list:

(instead - valuable - preserve -balanced - donate - discard)

1. **You can …… …… your old clothes to charity to help people in need.**
2. **We should…… … water to make sure there's enough for future generations.**
3. **Doctors advised me to have a … ……diet to be healthy.**
4. **I decided to walk to school …… …of taking the bus.**
5. **Before you … …… anything, think if someone else might need it.**

B. Choose the correct answer from a, b, c, and d:

1. **Our …… …. of electricity is over. we should special light bulbs save energy**

a) packaging b) consumption c) gadget d) benefit

2. **Helping others gives people a …… ……feeling in life.**

a) aromatic b) complex c) meaningful d) disposable

3. **We should … …. water and electricity to protect the environment.**

a) conserve b) donate c) discard d) label

Grammar

Present Perfect & Present Perfect Continuous

Present Perfect (have/has + past participle)

- Example: "I've washed the car" (The car is clean now).
- Example: "I've been to Florida twice".
- Example: "I've read three books this week".

Present Perfect Continuous (have/has + been + -ing verb)

- Example: "I've been washing the car" (implies I'm tired from the activity).
- Example: "How long have you been waiting?".
- Example: "I've broken my leg, so I've been working from home recently".

A. Choose the correct answer:

1. I …… ……. the kitchen all afternoon. I just have to clean the oven and then I will be finished.

a-have cleaned b-have been cleaning c-clean d-has cleaned

2. I …… ……. to learn English.

a. have never tried c. tries
b. have never been trying d. has never tried

3. He …… ……. a new jumper, what do you think?

a-have bought b-have been buying c-buys d-has bought

B. Correct the verbs:

1. I … ……. (not / do) the housework yet.
2. They …… ……. (study) very hard recently.
3. She …… ……. (promise) to help many times.
4. He… …. (clean) the kitchen. Everything is sparkling clean

Quantifiers (some, any, much, many, few, little)

(Some, any, a little, a few) are used to express quantity, to say or ask if you have a quantity of something or not.

- I brought you some magazines to read.
- Would you like some milk in your coffee?

WWW.TMKNKW.COM

- Any is used in negative and interrogative sentences.
  - There aren't any trees in the garden.
  - Is there any hope of finding survivors?
- A few is used with countable nouns:
  - There are a few interesting articles in today's newspaper.
- A little is used with uncountable nouns.
  - I'd like a little cream on my strawberries please.

Choose the correct answer:

1. How .... eggs are in this cake?

a-many b-much c-lots d-a few

2. I went shopping on Black Friday and spent .... a lot ..... of money. I filled up my whole shopping cart!

a-a lot b-a few c-a little d-many

3. I have ..... a lot .... of memories from this summer.

a-a lot b-many c-much d-a little

4. Alice doesn't have ... many ..... pets.

a. many b-much c-a lot d-plenty

Writing

'Many people today are choosing a simpler lifestyle than what we usually see.'

Plan and write a two-paragraph report explaining what living simply means and why some people choose to live a simple life. Give examples to support your ideas.

(Plan)

Paragraph 1:

Topic sentence:

- Living simply means focusing on what is really important in life instead of wanting too many things.

Supporting details:

- buying only what we need
- spend less money and avoid wasting food, clothes

- keep their homes clean and organized

Concluding sentence:

In short, living simply helps people feel more peaceful and thankful for what they already have.

Paragraph 2:

Topic sentence:

Some people choose to live a simple life because it makes them happier and healthier

Supporting details:

- want more time to relax and think
- Living simply can also save money and reduce stress.
- less technology and spend more time reading

Concluding sentence:

Many people believe that living simply is the best way to enjoy life and find true happiness.

WRITING

Living simply means focusing on what is really important in life instead of wanting too many things. People who live simply try to buy only what they need, not what they want just to look rich or stylish. They spend less money and avoid wasting food, clothes, and other things. Living simply also means keeping your home clean, neat, and peaceful. When life is not full of chaos people feel calmer and more relaxed. Living simply helps people enjoy small things, like spending time with family, reading a book, or walking in nature. In short, living simply helps people feel more peaceful and thankful for what they already have.

Some people choose to live a simple life because it makes them happier and healthier. Many people today feel stressed and busy all the time, so they want a slower life. Living simply can save money, reduce stress, and bring more balance to life. For example, some people move to the countryside or grow their

WWW.TMKNKW.COM

own food to live closer to nature. Others choose to use less technology and spend more time with loved ones. Living simply also helps people focus on kindness and helping others instead of just working for money. Many people believe that living simply is the best way to enjoy life and find true happiness.

