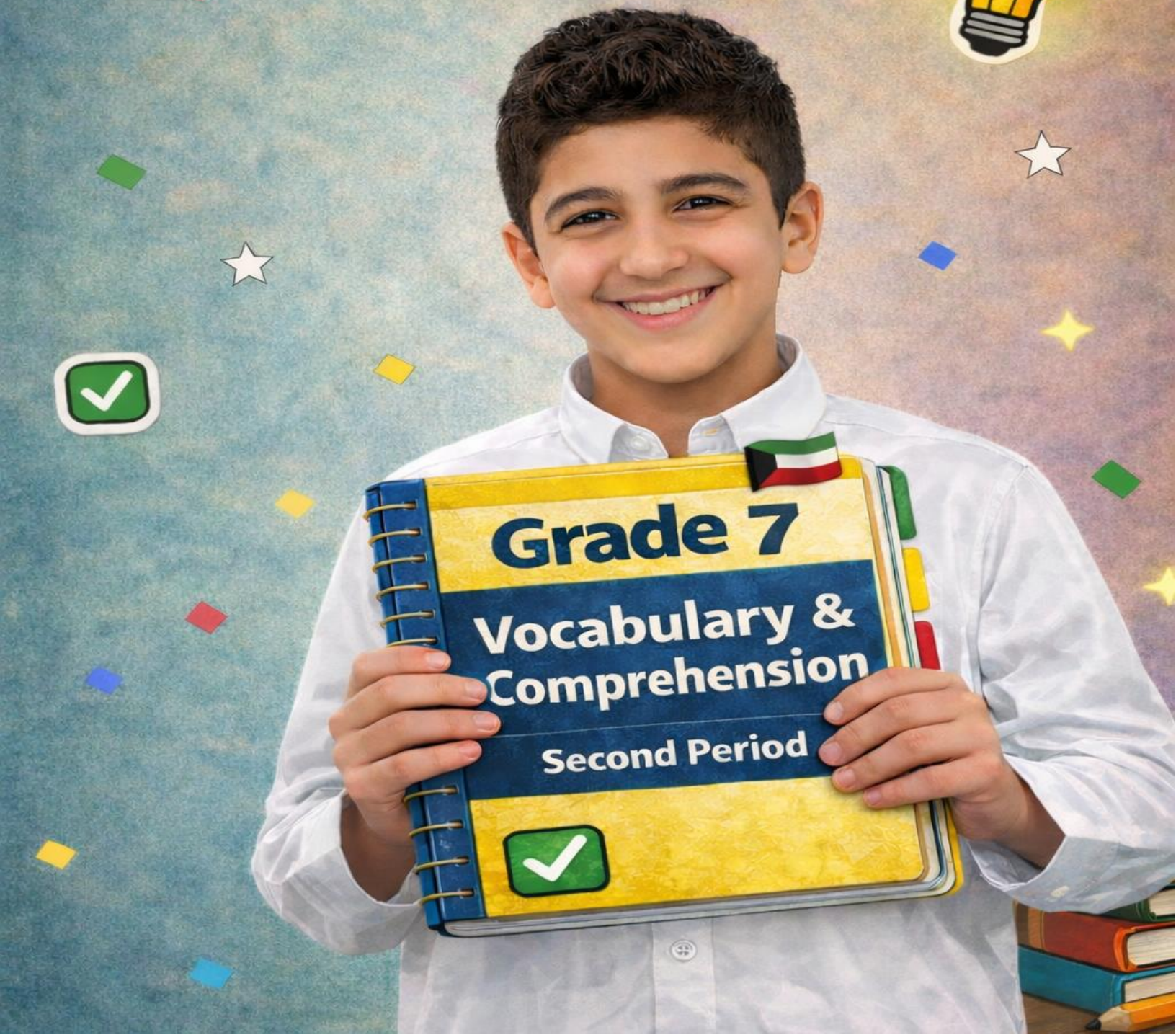
Grade 7

Vocabulary & Comprehension Quiz

Second Period

Units 5-6





Quiz (One)

Vocabulary

A-) Choose the correct answer from a, b, c, and d:

1- Too much physical work leads to ……

a- concentration b- well-being c- tiredness d- growth

2- Every body should …… their feelings at times of anger.

a-rise b- depend on c- control d- achieve

3- Some people are ……; you don't know about their coming reactions.

a-unpredictable b- global c- expensive d- coastal

4- People of Kuwait …… water in huge tanks and towers.

a-disappear b- store c- recover d- lay

Reading Comprehension (100-120 words)

Read the following passage, then answer the following questions:

Learning good study habits is very important for students. When students organize their time well, they feel less stressed and more confident. First, they should choose a quiet place to study without **distractions**. Turning off phones and television helps them concentrate better. They should also prepare their books and materials before starting their homework. This preparation saves time and makes studying easier.

In addition, students need to review their lessons every day. Short daily revision helps them remember information for a longer time. Taking short breaks between study sessions refreshes the mind and improves focus. Moreover, asking teachers questions helps students understand difficult topics clearly. When students follow these habits, they become more responsible and successful at school.

A-) From a, b, c, and d choose the correct answer:

1- The **best title** for the passage could be: ……

a) Free Time Activities b) Good Study Habits

c) School Trips d) Healthy Meals

2- The word "**distractions**" in line **3** means: ……

a) things that disturb attention b) school subjects

c) useful tools d) homework papers

B-) Answer the following questions:

3- Why should students prepare their materials before studying?

……

4- How do short breaks help students?

……



Quiz (Two)

Vocabulary

A-) Choose the correct answer from a, b, c, and d:

1- Athletes …… hard to win in competitions.

a- repair b- train c- limit d- function

2- We celebrated the …… of our team last night.

a-victory b- movement c- teammate d- stress

3- I couldn't buy that laptop because the price was …….

a-polluted b- global c- expensive d- coastal

4- Human beings …… to any changes in their lives.

a-dry up b- disappear c- cope d- adapt

Reading Comprehension (100–120 words)

Read the following passage, then answer the following questions:

Space travel is one of the greatest achievements in human history. Scientists have worked hard for many years to explore outer space and understand the universe. Astronauts travel in special spacecraft designed to protect **them** from extreme temperatures and low gravity. These journeys help researchers collect important information about planets, stars, and the moon. Space missions also allow scientists to test new technology.

In addition, space travel inspires young people to study science and engineering. Satellites sent into space improve communication and weather forecasting on Earth. However, space missions are expensive and sometimes dangerous. Despite these challenges, countries continue to invest in space exploration. As a result, humans learn more about the universe and develop advanced technology that benefits life on Earth.

A-) From a, b, c, and d choose the correct answer:

1- The **best title** for the passage could be: ……

a) Weather Forecasting b) Space Travel

c) School Science Projects d) Ocean Exploration

2- The pronoun "**them**" in line **3** refers to: ……

a) temperatures b) achievements

c) astronauts d) journeys

B-) Answer the following questions:

3- Why are satellites important for Earth?

……

4- What do people learn more about?

……



Quiz (Three)

Vocabulary

A-) Choose the correct answer from a, b, c, and d:

1-…… food and exercising keep your body healthy.

a- Main b- Steady c- Proper d- Calm

2-People have …… when it comes to love and hatred.

a-emotion b- leadership c- courage d- teammate

3- Noise can …… people when they are studying or sleeping.

a-disturb b- destroy c- produce d- release

4- Some people have good accents like …… speakers.

a-harsh b- polluted c- native d- chemical

Reading Comprehension (100–120 words)

Read the following passage, then answer the following questions:

Restaurants play an important role in our daily lives. Many people visit restaurants to enjoy delicious meals and spend quality time with family or friends. Some restaurants serve traditional food, while others offer international dishes from different countries. Cleanliness and good service are **essential** for attracting customers. Friendly waiters and comfortable seating make the experience more enjoyable. In addition, restaurants provide a relaxing atmosphere for celebrations and special occasions.

Moreover, restaurants create job opportunities for many people, such as chefs, waiters, and managers. They also support the local economy by buying fresh ingredients from nearby markets. However, eating out too often can be expensive and sometimes unhealthy. Therefore, people should choose wisely and maintain a balanced diet. Good restaurants always aim to satisfy customers and ensure high quality service.

A-) From a, b, c, and d choose the correct answer:

1- The **best title** for the passage could be: ……

a) School Canteens b) Traveling Abroad

c) Healthy Exercise d) Restaurants and Their Importance

2- The word "**essential**" in line **4** means: ……

a) cheap b) very important

c) unnecessary d) simple

B-) Answer the following questions:

3- Why are friendly waiters important in restaurants?

……

4- How do restaurants support the local economy?

……



Quiz (Four)

Vocabulary

A-) Choose the correct answer from a, b, c, and d:

1-Children eat well to improve …….

a- area b- population c- tiredness d- growth

2-Success …… hard work and good planning.

a-rises b- depends on c- controls d- achieves

3- Rising temperature is a/an …… problem today.

a-unpredictable b- global c- expensive d- coastal

4- People should …… with harsh conditions of life.

a-dry up b- disappear c- cope d- adapt

Reading Comprehension (100–120 words)

Read the following passage, then answer the following questions:

Road accidents are a serious problem in many countries. Every year, thousands of people lose their lives or suffer injuries because of careless driving. Some drivers exceed the speed limit, while others use their mobile phones while driving. Ignoring traffic signals and not wearing seat belts also increase the risk of accidents. In addition, bad weather conditions such as heavy rain or fog make roads more dangerous.

To reduce road accidents, drivers must follow traffic rules carefully. **They** should drive at a safe speed and pay full attention to the road. Governments also improve road safety by building better highways and placing clear warning signs. Educational campaigns teach people about responsible driving. As a result, awareness increases and accidents decrease, helping to protect lives and create safer communities for everyone.

A-) From a, b, c, and d choose the correct answer:

1- The **best title** for the passage could be: ……

a) Road Accidents b) Safe Communities

c) Public Transportation d) Weather Changes

2- The word "**they**" in line **7** means: ……

a) conditions b) accidents

c) signs d) drivers

B-) Answer the following questions:

3- How does bad weather affect driving?

……

4- How can governments help reduce road accidents?

……



Quiz (Five)

Vocabulary

A-) Choose the correct answer from a, b, c, and d:

1- The …… cause of obesity is having much bread.

a- main b- expensive c- unfair d- calm

2- Doing boxing needs hard training and ……

a-emotion b- leadership c- courage d- teammate

3- Smoking can …… health; it causes cancer and lung diseases.

a-disturb b- destroy c- produce d- release

4- Cars can cover long …… in a short period of time.

a- conditions b- distances c- zones d- crops

Reading Comprehension (100–120 words)

Read the following passage, then answer the following questions:

Morning routines play an important role in organizing our day. When people wake up early, they have enough time to prepare calmly without feeling stressed. Many students start their day by washing their faces and brushing their teeth. After that, they eat a healthy breakfast to gain energy. Preparing school bags the night before also saves time in the morning. Simple habits like making the bed create a sense of responsibility.

In addition, a good morning routine improves concentration and **productivity**. Some people like to exercise lightly or read a few pages of a book. These activities help them feel positive and focused. Avoiding mobile phones early in the morning reduces distraction. As a result, people become more organized and ready to face daily challenges successfully.

A-) From a, b, c, and d choose the correct answer:

1- The **best title** for the passage could be: ……

a) School Activities b) Morning Routines

c) Weekend Plans d) Night Habits

2- The word "**productivity**" in line **7** means: ……

a) laziness b) ability to work effectively

c) tiredness d) noise

B-) Answer the following questions:

3- Why is breakfast important in the morning?

……

4- How does avoiding mobile phones help in the morning?

……