

العام 2025
الأكاديمي 2026

من المهارة
إلى الصدارة
نحو مستقبل تصنعه المهارات

English Booklet

Grade 4

week 7

“ Helping At Home ”



name

.....

G4-.....

Date :



Vocabulary



A. Unscramble letters to make the correct word and write it on the line..

nclae



sawh



kcoo



weesp



dyti



oeshcr



B. Choose the correct word from the box to complete each sentence. Use the hint in brackets.

chores	clean	wash	cook	sweep	tidy
1. I _____ (floor) with a broom.					
2. My sister helps _____ (dishes) after lunch.					
3. I help my mom with the house _____ (jobs).					
4. We _____ (make neat) our rooms every weekend.					
5. My dad and I _____ (prepare food) dinner together.					
6. Let's _____ (put away toys) up the toys after playing.					

Date :

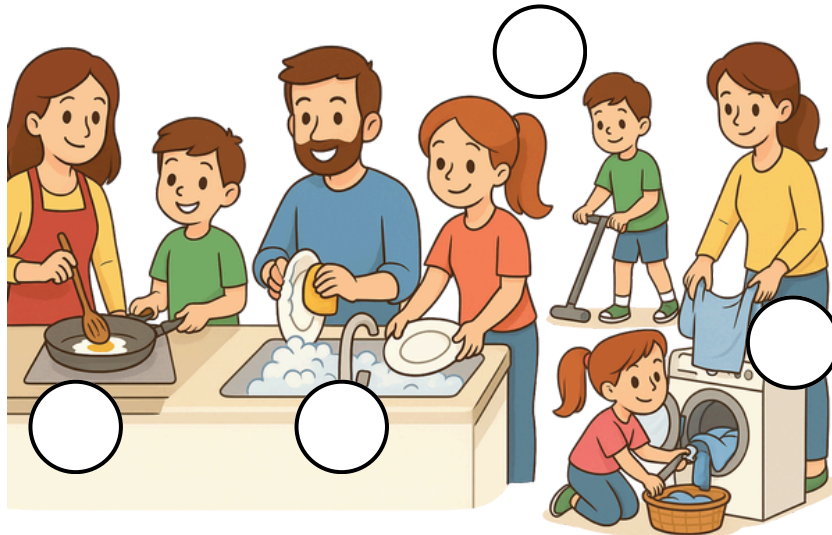


Vocabulary

C. Draw a line from the sentence to the correct picture.

1. I cook food with my mom.

2. I wash the dishes after lunch.



3. I sweep the floor in the living room.

4. I help with the laundry.

D. Write the words in the correct order to make a sentence.

1. set / the / We / table .



2. make / my / I / bed .



3. food / cooks / mom / with / She



Date :

Vocabulary

E . Fill in the Blank . Choose a word from the box.

every	and	cook	clean	always	do
-------	-----	------	-------	--------	----

1. I _____ my room on Saturdays.
2. We _____ breakfast together.
3. We _____ sweep the floor after lunch.
4. My mom _____ dad clean the kitchen.
5. He _____ washes his hands before eating.
6. _____ day we help at home.

F. read aloud and color the words

every	and	cook	clean	always	do
-------	-----	------	-------	--------	----



G . look at the picture and order words to make a sentence :

day .

home

help

We

at

every

Handwriting practice area with four sets of lines (solid top and bottom, dashed middle) for writing practice.



Date :

Reading

Read the texts. discuss and answer .

Sara's Family

Sara helps her family every day.

She makes her bed and cleans her room. After lunch, she helps her mom in the kitchen. Sara washes the vegetables and sets the table. Her brother Ali takes out the rubbish and waters the plants with dad.

They all help and feel happy together.



Omar's Family

Omar helps at home too.

He sweeps the floor and puts his toys away. His sister Aisha feeds the cat and folds the clothes. Their mom cooks dinner, and dad washes the car. Grandma tells stories while the children help her clean. The family works and smiles together.

1. What does Sara do in the kitchen?

- a) She cooks food.
- b) She washes the vegetables and sets the table.
- c) She feeds the cat.
- d) She washes the car.

2. Who waters the plants?

- a) Mom
- b) Sara
- c) Dad and Ali
- d) Grandma

3. What does Aisha do?

- a) Folds the clothes and feeds the cat.
- b) Cleans the garden.
- c) Washes the dishes.
- d) Takes out the rubbish.

4. What does Dad do in Omar's family?

- a) Waters the plants.
- b) Washes the car.
- c) Sweeps the floor.
- d) Cooks dinner.

5. How do the two families feel when they help?

- a) Tired
- b) Angry
- c) Happy
- d) Sad

Date :

Reading

B. Answer the questions:

1. What chores does Sara do?

2. What chores does Ali do?

3. Who feeds the cat in Omar's family?

4. Why is it good to help at home?

C. look at the text then complete the chart

 family member	 chores	 time
• Dad - Omar	• the plants • takes out	Every evening
• Mom - Aisha	• Cooks • the dishes	Every day
•	• Cleans his bedroom • helps dad	
• Sara	• Sets • in the kitchen	Before meals
• Grandma	• Folds the • stories	

Date :

grammar

present Simple

I
You
We
They

+

watch.
dress.
wash.

Irregular forms: go /do /have

He
She
It

+

watches.
dresses.
washes.

goes /does /has



FILL IN THE BLANK

Fill in the blanks with the simple present tense of the verbs.

- 1 She _____ (dress) up every Sunday.
- 2 They _____ (fix) the window every night.
- 3 He _____ (do) homework every afternoon.
- 4 I _____ (kiss) my mum every night.
- 5 You _____ (go) to the library every Sunday.
- 6 It _____ (catch) birds every morning.
- 7 We _____ (finish) our homework every day.

Date :

grammar

present Simple

POSITIVE	NEGATIVE	QUESTION
I / You / We / They play.	I / You / We / They don't play.	Do I / you / we / they play?
He / She / It plays.	He / She / It doesn't play.	Does he / she / it play?

Complete the sentences with the correct form of the verbs in brackets.

- 1- The sun always _____ (rise) in the east.
- 2- She _____ (not eat) breakfast before going to work.
- 3- The train _____ (arrive) at the station at 8:30 AM.
- 4- I always _____ (brush) my teeth before going to bed.
- 5- Water _____ (boil) at 100 degrees Celsius.
- 6- _____ they usually _____ (go) to the gym on Saturdays?
- 7- The Earth _____ (revolve) around the sun.
- 8- My cat often _____ (sleep) on the sofa in the afternoon.
- 9- We _____ (not watch) TV during the week.

Date :

grammar

The simple present tense tells about things that are happening now or regularly. It is also used to tell about truths and facts.

How To Write the Simple Present Tense



Most verbs: Use the base form of a verb:

I look. You jump. They slide.

When using the third person singular (he, she, it):

Add "s" or "es" to the base form of the verb.

He looks. She jumps. It slides.

When a verb ends with ch, sh, th, ss, z, or o, add "es" to the base form of the verb.

search-searches

Fill in the blanks with the given verb in the simple present tense.

1. People _____ games on their phones. (play)
2. The baker _____ ingredients to make a cake. (mix)
3. The pitcher _____ the ball fast. (throw)
4. My uncle always _____ his bus. (miss)
5. Children _____ down the hill. (roll)
6. Dad _____ across a bridge to get to work. (drive)
7. I _____ quickly to send text messages. (type)
8. The family _____ the soccer game. (watch)
9. Bears _____ fish and honey. (eat)
10. We _____ our bill when we leave the restaurant. (pay)

Date :

grammar

present Simple

Example

watch/ Mary / TV / in the living room / usually
= Mary usually watches TV in the living room.

1 color / John / a picture / in yellow

.....

2 always / her teeth / My mom / brush

.....

3 her dog / kiss / always / Lyla

.....



4 Minnie / a ball / throw / in the playground

.....

5 a beautiful skirt / dress / A girl

.....



Date :

grammar

Match the verbs with the correct words to make phrasal verbs.

Match each phrasal verb with its meaning.

• Wash

• cleaning dishes



• look

Up

• taking care of a baby



• tidy

after

• throwing garbage



• take

Out

• arranging a room



• clean

• washing and drying
the floor



Fill in the blanks with the correct phrasal verb:

(wash – clean – tidy – look – take)

1. Sara helps her mom to _____ up the dishes after dinner.
2. Ali must _____ after his little sister when his parents are out.
3. Let's _____ up the toys before guests arrive.
4. Please _____ out the trash after lunch.
5. We always _____ up our room every morning.

Date :

writing

★ Objective

to write sentences about house chores



Write a sentence for the picture. Use the words in the circle to help you.

1



- clean
- window

2



- wash
- car

3



- make
- bed

Color in the checkmark to show you have used this writing convention



Use capitals



Use Punctuations



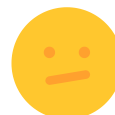
Use space



Spell words



Reread it



Date :



writing

★ **Objective**
to write sentences about house chores



Cut and stick each picture in your notebook, then write one sentence for each picture using the words to help you.

(Example: I help my father.)



- set
- window



- cook
- soup



- sweep
- floor



- help
- grandma



- take care of
- brother



- clean up
- toys