

# School Year: 2023 - 2024 SECOND TERM ENGLISH LANGUAGE WORKSHEETS



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# GRADE 12



أوراق عمل اللغة الإنجليزية للفصل الثاني \ صف 12

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# **CONTENTS:**

VOCABULARY
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STUDENT'S NAME:	
CLASS:	

ملاحظة: تهدف أوراق عمل اللغة الإنجليزية الى تقوية قدرات الطالب في مختلف مجالات اللغة الإنجليزية و هي لا تُغني عن كتاب الطالب و لا عن كتاب التمارين.

Mr. SAMI BIN YOUNES

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# GRADE: 12 - MODULE 3: LIFESTYLES UNIT 7: Long lives

<b>UNIT 7</b>				
<b>LESSONS:</b>				
1 & 2				

Date: .....

# **VOCABULARY:**

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	Expression P.S. Meaning		Translation	
1	cardiovascular	adj.	of or relating to the heart and blood vessels	
2	centenarian	n	a person who is one hundred or more years old	
3	commentary	n	the expression of opinions or explanations about an event or situation	
4	cycle	v	to ride a bicycle	
5	elderly	adj.	(of a person) old or aging	
6	expectation	n	a strong belief that something will happen or be the case in the future	
7 <b>geriatric</b> of or relating to old people, esp. with regard to their health care				
8	honour	v to treat someone with special respect		
9	integral	adj.	essential or fundamental	
10	onerous	adj.	(of a task, duty, or responsibility) involving an amount of effort and difficulty that is oppressively burdensome	
11	supple	adj.	bending and moving easily and gracefully; flexible	
12	vigorous	adj.	(of a person) strong, healthy, and full of energy	

adj.: adjective / n: noun / v: verb

## **EXERCISES**

A. From a, b, c and u,	, choose the word tha	<u>at best completes eacl</u>	n sentence below:	
1. My grandmother i	is suffering from a	diseas	se.	
a. cardiovascu	ılar b. supple	c. elderly	d. vigorous	
2. Practicing sport ev	very day makes your b	oody healthy and		
a. integral	b. geriatric	c. vigorous	d. elderly	
<b>3.</b> The engine is a / a	ın	part of any motorized	vehicle.	
a. supple	b. cardiovascular	c. elderly	d. integral	
B. Fill in the spaces w	ith the most suitable	words from the list l	below:	
(expectation / honour / onerous / centenarian / geriatric / cycle)				
1. Workers often cor	nplain that their jobs	are and t	heir salaries are low.	
<b>2.</b> My	that my team wo	uld win the match pro	ved to be true.	
<b>3.</b> It's extremely beneficial to every morning for few kilometers.				
3. It's extremely ben		every morning for i	ew knometers.	
, and the second		thinks that the world h		

# SET BOOK QUESTIONS

Answer th	he following questions:	
1. What sh	nould people do to live long?	
••••		•••••
•••••		
<b>2</b> W/lo = 4 = 1	hi1tiiti n	
2. w nat pr	hysical activities can a person do to stay active?	
••••••		•••••••••••
•••••		•••••••••••
3 What m	nental activities can a person do to stay active?	
<b>5.</b> What in	iental activities can a person do to stay active:	
••••••		••••••
1 Why is	it rare to find geriatric homes in Kuwait and the Arab wo	r1d9
4. Willy 18	it fare to find genatife nomes in Kuwait and the Arab wo	114 ?
•••••		•••••
•••••		•••••

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# GRADE: 12 - MODULE 3: LIFESTYLES UNIT 7: Long lives

UNIT 7
LESSON:
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# **VOCABULARY:**

	Expression P.S.		Meaning	Translation
1	chronic	adj.	something that continues for a long time and cannot be easily solved	
2	deprived of	ph. v	dispossess of , rob of	
3	drowsy	adj.	tired and almost asleep	
4	genetic make-up	n	chemical structure that defines individuality	
5	restful	adj.	peaceful and quite, making you feel relaxed	
6	shallow	adj.	not deep	

adj.: adjective / n: noun / ph. v: phrasal verb

## **EXERCISES:**

A. Fill in the spaces with the most suitable words from the list below:			
(restful / genetic make-up / chronic / deprived of / drowsy / shallow)			
1. Your brain can't function properly when you're sleep.			
2. Students who feel in class are those who didn't sleep well the night before.			
3. I like to sit on this sofa because it is very comfortable and			
<b>4.</b> He visits the doctor regularly because he suffers from a disease.			
<b>5.</b> On the beach, little children should swim in the water.			
SET BOOK			
Answer the following questions:			
1. What benefits do people get from sleep?			
2. How can sleep deprivation affect our health?			

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# GRADE: 12 - MODULE 3: LIFESTYLES UNIT 7: Long lives

UNIT 7 LESSONS:
LESSONS:
4 & 5

Date: .....

# **VOCABULARY:**

Expression P.S. Meaning Tr		Translation	
1 <b>blizzard</b> n		a severe snowstorm with high winds and low visibility	
conceal	v	to keep from sight; to hide	
dispute	n	a disagreement, argument, or debate	
do away with	ph. v	to get rid of	
do up	ph. v	to fasten: to tie	
do without	ph. v	to not have something and manage in spite	
excuse	n	a reason or explanation put forward to defend or justify a fault or offence	
frequently	adv.	on many occasions with little time between them	
in spite of	prep	regardless of	
make up	ph. v	to invent (a story)	
make up for	ph. v	to take the place of something lost or missing	
vicinity	n	the area near or surrounding a particular place	
	blizzard conceal dispute do away with do up do without excuse frequently in spite of make up make up for	blizzard n conceal v dispute n do away with ph. v do up ph. v do without ph. v excuse n frequently adv. in spite of prep make up ph. v make up for ph. v	blizzard n a severe snowstorm with high winds and low visibility  conceal v to keep from sight; to hide  dispute n a disagreement, argument, or debate  do away with ph. v to get rid of  do up ph. v to not have something and manage in spite  a reason or explanation put forward to defend or justify a fault or offence  frequently adv. on many occasions with little time between them  in spite of prep regardless of  make up ph. v to take the place of something lost or missing

adv.: adverb / n: noun / ph. v: phrasal verb / prep.: preposition / v: verb

### **EXERCISES**

	EXERC	LISES	
A. From a, b, c and o	d, choose the word th	at best completes ea	nch sentence below:
1. Young children	are usually unable to	the	laces of their shoes.
a. make up	b. do up	c. make up for	d. do away with
2. Doctors often ad	vise their aging patien	ts to	sugar and salt.
a. do without	b. make up for	c. do up	d. make up
<b>3.</b> He is hurrying or	n to	lost time.	
a. do up	b. do away with	c. do without	d. make up for
<b>4.</b> There is a seriou	s betwe	een the manager and	one of the workers.
a. blizzard	b. vicinity	c. excuse	d. dispute
<b>5.</b> A sudden	may pos	se many problems to	mountaineers.
a. vicinity	b. dispute	c. blizzard	d. excuse
B. Fill in the spaces	with the most suitabl	e words from the lis	t below:
(blizzard / make	up / in spite of /	conceal / vicini	ty / do away with)
<b>1.</b> A new road is be	ing constructed in the	of c	our school.
<b>2.</b> Your room is me	essy; you must	many unne	ecessary things.
3	the great efforts they	had made, they could	In't win the match.
4. Two mountain cl	limbers got lost during	g a in	the Alps yesterday.
5. The defendant tr	ied to	some documents that	could condemn him.

# **GRAMMAR**

# **Direct and Reported Questions / Statements**

We use the reported speech to report what people say in a specific time. When we report what people say, we use a reporting verb and make some changes (such as: **pronouns, time references, place references, demonstrative pronouns, verb tenses and modal auxiliaries**) to the speaker's actual words:

Direct speech: Ali: 'I am very happy today.'

**Reported speech:** Ali said that he was very happy that day.

## DIRECT SPEECH / REPORTED SPEECH

DIRECT SPEECH	REPORTED SPEECH
1. Pronouns :	
Ι	he / she
you	me / us
we	they
	him / her
my	
our	their
your	my / our
us	them
2. Time References :	
now	then / at that time
today	that day
yesterday	the previous day / the day before
last week	the previous week / the week before
next week	the following week / the week after
tomorrow	the following day / the day after
this year	that year
3. Place / Location References:	
here	there
4. Demonstrative Pronouns:	
this	that
these	those
	tnose
5. Tenses:	
present simple	past simple
present continuous	past continuous
present perfect	past perfect
past simple	past perfect
past continuous	past perfect continuous
6. Modal Auxiliaries:	
will	would
can	could
may	might
must	had to

### A. Reporting Statements:

Study the examples in the following table:

Direct Statement	Reported Statement
-" <u>I live</u> in <u>this</u> house." he said.	- He said that <u>he lived</u> in <u>that</u> house.
-"I bought a new car yesterday." he said.	- He said that he had bought a new car the
	day before,
-"I will be fine." my friend said.	- My friend said that <u>he would</u> be fine.
-"I am watching a film now." my brother said.	- My brother said that he was watching a film
	at that time.

### **B. Reporting Questions:**

Study the examples in the following table:

Direct Question	Reported Question
-"Where have you been?" my friend said.	- My friend asked me where I had been.
-" <b>Did</b> you <u>call</u> me?" my friend said.	- My friend wanted to know if I had called him.
-"When does the match start?" my brother said.	- My brother asked me when the match started.
-" <b>Are</b> you hungry?" my mother said.	- My mother asked me whether I was hungry.
-"What did you write?" my teacher said.	- My teacher asked me what I had written.
-"Why are you late?" my teacher said.	- My teacher asked me why I was late.

#### **EXERCISE**

## From a, b, and c, choose the correct answer as required:

- 1. My friend told me that he (buy) a new mobile the day before. (Correct the verb)
  - **a.** My friend told me that he will buy a new mobile the day before.
  - **b.** My friend told me that he had bought a new mobile the day before.
  - c. My friend told me that he is buying a new mobile the day before.
- 2. "My uncle will start a business project next week," said my friend. (Report)
  - a. My friend said that their uncle will start a business project next week.
  - **b.** My friend said that him uncle will start a business project the following week.
  - c. My friend said that his uncle would start a business project the following week.
- **3.** "Have you ever visited a museum before?" my friend said. (**Report**)
  - a. My friend asked me whether I had visited a museum before.
  - **b.** My friend asked me what I had visited a museum before.
  - **c.** My friend asked me when I had visited a museum before.
- **4.** "Where did you have your lunch?" my mother said. (**Report**)
  - **a.** My mother asked me where I had my lunch.
  - **b.** My mother asked me where I had had my lunch.
  - **c.** My mother asked me where I am having my lunch.

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# GRADE: 12 - MODULE 3: LIFESTYLES UNIT 7: Long lives

UNIT 7
<b>LESSONS:</b>
7 & 8

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# **VOCABULARY:**

SAMI BIN Y	OUNES			
	Expression	P.S.	Meaning	Translation
1	admiration	n	respect and warm approval	
2	affection	n	a gentle feeling of fondness or liking	
3	ailment	n	an illness, typically a minor one	
4	bestow	v	confer or present (an honour, right, or gift)	
5	deserve	v	to do something or have or show qualities worthy of (reward or punishment)	
6	due	adj.	expected at or planned for at a certain time	
7	fatal	adj.	causing death	
8	life expectancy	n	the average period that a person may expect to live	
9	reverence	n	deep respect for someone or something	

adj.: adjective / n: noun / v: verb

# **EXERCISES**

A. From a, b, c and d, ch	oose the word th	at best completes e	ach sentence below:
1. Doctors say that a hea	adache is a / an	that can	n be cured easily.
a. affection b	. life expectancy	c. reverence	d. ailment
<b>2.</b> Due to the progress m	nade in science an	d healthcare,	will increase.
a. life expectancy	b. ailment	c. admiration	d. reverence
B. Fill in the spaces with	the most suitable	e words from the lis	st below:
(admiration / due	/ ailment / d	leserve / life exp	ectancy / fatal)
<b>1.</b> has	increased remarka	ably in Kuwait thank	as to many factors.
<b>2.</b> Cancer is one of the r	nost	diseases.	
3. My friend said that he	e had been absent	because of a / an	
4. Old people	our resp	ect, reverence and ca	are.
5. Celebrities often rece	ive much apprecia	ntion and	from their fans.
	SET BO	OOK	
Answer the following qu	<u>iestions:</u>		
1. Why has life expectance	cy in Kuwait incre	ased remarkably?	
2. How can we help the e		•••••••	
•	•		
•••••		••••••	

# UNIT 7 - LESSON 9: WRITING AN ARGUMENTATIVE ESSAY

Many people think that there is no relationship between lifespan and lifestyle, whereas many others believe that lifestyle can decide how long people can live. Plan and write an essay of not less than fourteen sentences (14 sentences) in which you present the two opinions, their arguments and you express your own opinion.

	OUTLINE
]	Introduction:
]	Body:
	Paragraph 1:
	······································
J	Paragraph 2:
(	Conclusion:

Write your essay here:

GRADE 12 \*\*\* MODULE 3: Lifestyles \*\*\* UNIT 7: Long Lives

L		Expression	P.S.	Meaning	Arabic Meaning
	1	cardiovascular	adj.	of or relating to the heart and blood vessels	دو علاقة بالقلب و الشرايين
	2	centenarian	n	a person who is one hundred or more years old	مُعمَرٌ \ عمره مئة سنة أو اكثر
	3	commentary	n	the expression of opinions or explanations about an event or situation	تعلیق
	4	cycle	v	to ride a bicycle	يركب درّاجة
	5	elderly	adj.	(of a person) old or aging	مُسنٌّ \ كبير في السنّ
1	6	expectation	n	a strong belief that something will happen or be the case in the	توقّعٌ
&	7	geriatric	adj.	future  of or relating to old people, esp. with regard to their health care	قى دو علاقة بكبار السنّ
2	8	honour	v	to treat someone with special respect	يُوقِّرُ \ يُبجِّل
•	9	integral	adj.	essential or fundamental	أساسيّ
	10	onerous	adj.	(of a task, duty, or responsibility) involving an amount of effort and difficulty that is oppressively burdensome	ب شاقً \ مُرهِق
•	11	supple	adj.	bending and moving easily and gracefully; flexible	مَرنٌ
	12	vigorous	adj.	(of a person) strong, healthy, and full of energy	قوي \ نشيطٌ
	1	chronic	adj.	something that continues for a long time and cannot be easily solved	مُزمنٌ
	2	deprived of	ph. v	dispossess of , rob of	يحرِمُ من
3	3	drowsy	adj.	tired and almost asleep	نعسانً
	4	genetic make-up	n	chemical structure that defines individuality	التركيبة الجينية
	5	restful	adj.	peaceful and quite, making you feel relaxed	مُريحٌ
	6	shallow	adj.	not deep	سطحي \ غير عميقٍ
	1	blizzard	n	a severe snowstorm with high winds and low visibility	عاصفة ثلجية قوية
	2	conceal	v	to keep from sight; to hide	يُخفي \ يُخبّأ
	3	dispute	n	a disagreement, argument, or debate	جِدالٌ \ نِقاشٌ حادٌ
	4	do away with	ph. v	to get rid of	يتخلّصُ من
	5	do up	ph. v	to fasten: to tie	یشُدُ \ یربط
4	6	do without	ph. v	to not have something and manage in spite	يستغني عن
& 5	7	excuse	n	a reason or explanation put forward to defend or justify a fault or offence	عُذرٌ \ ذريعةً
	8	frequently	adv.	on many occasions with little time between them	مِرارًا و تِكرارًا
	9	in spite of	prep	regardless of	على الرّغم من
	10	make up	ph. v	to invent (a story)	يختلقُ قِصّة
	11	make up for	ph. v	to take the place of something lost or missing	يُعِوّضُ عمّا فات
	12	vicinity	n	the area near or surrounding a particular place	قُربٌ \ جِوارٌ
	1	admiration	n	respect and warm approval	إعجابٌ \ إستحسان
	2	affection	n	a gentle feeling of fondness or liking	حنانً
	3	ailment	n	an illness, typically a minor one	مرض خفیف
7	4	bestow	v	confer or present (an honour, right, or gift)	يهَبُ \ يمنځ
& 8	5	deserve	v	to do something or have or show qualities worthy of (reward or punishment)	يستحقُ
O	6	due	adj.	expected at or planned for at a certain time	مُوعودٌ \ مُتوقّعٌ
	7	fatal	adj.	causing death	مُمِيتٌ \ قاتلُ
	8	life expectancy	n	the average period that a person may expect to live	مُعدّلُ الحياة
	9	reverence	n	deep respect for someone or something	تقدیرٌ \ تبجیلٌ

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SAMI BIN YOUNES

# GRADE: 12 - MODULE 3: LIFESTYLES UNIT 8: Town and Country

UNIT 8
LESSONS:
1 & 2

Date: .....

# **VOCABULARY:**

	Expression	P.S.	Meaning	Translation
1	almond	n	the tree that produces a flat pale nut with brown skin that tastes sweet	
2	depopulation	n	the process of reducing the number of people in an area	
3	deserted	adj.	abandoned, neglected	
4	export	n	the selling and sending out of goods or services to other countries	
5	graduated	adj.	divided into different levels	
6	infrastructure	n	the basic physical and organisational structures and facilities (e.g., buildings, roads, and power supplies) needed for the operation of a society or enterprise	
7	overcrowding	n	the process of filling an area beyond what is usual or comfortable	
8	public services	n	a service that is run for the benefit of the general public, for example, the utilities, the emergency services, and public transportation	
9	reverse	v	to make (something) the opposite of what it was	
10	rural	adj.	in, relating to, or characteristic of the countryside rather than the town	
11	socioeconomic	adj.	relating to or concerned with the interaction of social and economic factors	
12	unemployment	n	the state of being jobless	
13	vacant	adj.	(of premises) having no fixtures, furniture, or inhabitants; empty	
14	vice versa	adv.	with the main items in the preceding statement the other way around	
adi:adiective / adv:adverb / n:noun / v:verb				

adj.: adjective / adv.: adverb / n: noun / v: verb

# **EXERCISES**

A. From a, b, c and	d, choose the word th	<u>1at best completes ea</u>	<u>ich sentence below:</u>
1. Many farmers b	believe that planting	tre	ees is very profitable.
a. almond	b. unemploymer	nt c. export	d. depopulation
<b>2.</b> The	in cities pushes	many people to move	to the countryside.
a. export	b. overcrowding	c. public services	d. infrastructure
	ny seat	-	
	b. graduated		
•	factors may		
a. vacant	b. socioeconomic	c. graduated	d. deserted
	liquids are often measu	•	
a. graduate	d b. rural	c. deserted	d. socioeconomic
B. Fill in the spaces	with the most suitabl	e words from the lis	t below:
(reverse / rura	l / depopulation /	graduated / vice	e versa / export)
<b>1.</b> Farming is the	most dominant econom	ic activity in some	areas.
2. Husbands shou	ld respect their wives a	nd	
3. The new player	managed to	the result in	favour of his team.
4	in the country	side may be the result	of unemployment.
<b>5.</b> The	of oil 1	brings many profits to	some countries.

# **SET BOOK**

# **Answer the following questions:**

1. What are the advantages of living in the countryside?
2. What are the disadvantages of living in the countryside?
3. What are the advantages of living in the city?
<b>4.</b> What are the disadvantages of living in the city?

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# **GRADE: 12 - MODULE 3: LIFESTYLES UNIT 8: Town and Country**

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### **VOCABULARY:**

	Expression	P.S.	Meaning	Translation
1	astounded	adj.	shocked or greatly surprised	
2	bump into	ph. v	to meet by chance	
3	densely	adv.	closely compacted in substance	
4	disturbance	n	the interruption of a settled and peaceful condition	
5	embarrassed	adj.	feeling or showing shame	
6	far and wide	idiom	over a large area	
7	glamour	n	an attractive and exciting quality	
8	hub	n	centre of activity	
9	hustle and bustle	idiom	activity, liveliness	
10	metropolis	n	densely populated city	
11	narrate	v	give a spoken or written account of	
12	odds and ends	idiom	bits and pieces	
13	pluck up the courage	exp.	make an effort to do something that frightens one	
14	tranquil	adj.	calm, free from disturbance	
a	dj.: adjective / adv.: adverb /	exp.: ex	apression / idiom.: idiomatic expression / n: noun /	ph. v: phrasal verb / v: verb

#### **EXERCISE**

## Fill in the spaces with the most suitable words from the list below:

(narrates - tranquil - hub - hustle and bustle - glamour - densely)

- **1.** Country houses are usually ...... and surrounded by beautiful sceneries.
- **3.** Many cities in India are ...... populated and extremely crowded.
- **4.** China has become a remarkable world ...... for industrial production.
- **5.** My kids like to listen to the stories that their grandfather ...... very often.

# **GRAMMAR** The Inversion

# Study the following sentences and tell what you notice:

- 1. Hardly had I turned on my phone when I received a message from a friend.
- **2. Rarely** does our teacher come late.
- **3. Seldom** does my friend visit me at home.
- **4. Little** did I expect to meet my friend at the museum.
- **5. No sooner** had the thief left the house **than** the police arrived.
- **6. Never** had they heard that story before.
- **7. Seldom** do I go to the zoo with my family.

The inversion is usually used at the beginning of the sentence to emphasise what we are saying. It is achieved by **putting the auxiliary verb before the subject** of the sentence.

Normal sentence: <u>I have never travelled</u> to Japan before. Inverted sentence: <u>Never have I travelled</u> to Japan before.

### **EXERCISE**

## From a, b, and c, choose the correct answer as required:

- **1.** My friend rarely travels abroad. (Rewrite starting with "Rarely")
  - **a.** Rarely my friend travels abroad.
  - **b.** Rarely did my friend travel abroad.
  - c. Rarely does my friend travel abroad.
- 2. I little expected to find this valuable book. (Rewrite starting with "Little")
  - **a.** Little did I expect to find this valuable book.
  - **b.** Little I have expected to find this valuable book.
  - **c.** Little had I expected to find this valuable book.
- 3. Never has my brother (take) ...... a driving test before. (Correct the verb)
  - a. Never has my brother takes a driving test before.
  - **b.** Never has my brother took a driving test before.
  - **c.** Never has my brother taken a driving test before.
- **4.** Seldom (be) ..... tourists seen in this region. (Correct the verb)
  - a. Seldom was tourists seen in this region.
  - **b.** Seldom are tourists seen in this region.
  - **c.** Seldom is tourists seen in this region.
- 5. I scarcely eat in Indian restaurants. (Rewrite starting with "Scarcely")
  - **a.** Scarcely have I eaten in Indian restaurants.
  - **b.** Scarcely I eat in Indian restaurants.
  - **c.** Scarcely do I eat in Indian restaurants.
- 6. Rarely (do) ...... Ahmad participate in class activities. (Correct the verb)
  - a. Rarely does Ahmad participate in class activities.
  - **b.** Rarely do Ahmad participate in class activities.
  - c. Rarely doing Ahmad participates in class activities.
- 7. I left my office. It started raining. (Join with "No sooner ... than")
  - a. No sooner I left my office than it started raining.
  - b. No sooner had I left my office than it started raining.
  - c. No sooner have I left my office than it started raining.
- **8.** Hardly had I stopped my car when someone (call) ..... me. (Correct the verb)
  - a. Hardly had I stopped my car when someone is calling me.
  - **b.** Hardly had I stopped my car when someone has called me.
  - **c.** Hardly had I stopped my car when someone called me.

S.	В.
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# **GRADE: 12 - MODULE 3: LIFESTYLES UNIT 8: Town and Country**

UNIT 8
LESSONS:
7 & 8

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# **VOCABULARY:**

SAMI BIN YOUNES

Expression P.S.		P.S.	Meaning	Translation
1	advantageous	adj.	a condition or circumstance that puts one in a favourable or superior position	
2	2 <b>leafy</b> adj.		having or characterized by much foliage because of an abundance of trees or bushes	
3	make it your own	exp.	change something in your possession so that you reflect your personality and character	
4 palatial adj. resembling a palace in being spacious and splendid				
5 <b>picturesque</b> adj. visually attractive, esp. in a quaint or pretty style				
6	residents' parking	n	parking space reserved specifically for residents of a particular area	
adi.: adiective / exp.: expression / n: noun				

# **EXERCISE**

rm in the spaces with the most suitable words from the list below:			
(leafy / advantageous / resident's parking / palatial / make it your own)			
1. I like my friend's beautiful house with its garden.			
2. You can buy a new house and if you like.			
3. This villa was sold at a very high price.			
<b>4.</b> Learning foreign languages is very for any person.			
SET BOOK			
Answer the following questions:			
1. What are the qualities of a good house?			
2 What handits do noonly got from living in the city?			
2. What benefits do people get from living in the city?			

# UNIT 8 – LESSON 9: WRITING AN EXPOSITORY ESSAY

Living in the city has many advantages and disadvantages. Plan and write an essay of not less than fourteen sentences (14 sentences) explaining the advantages and disadvantages of city life.

	OUTLINE
Introd	luction:
<b>Body:</b>	
	raph 1:
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Parag	raph 2:
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Conci	usion:

Write your essay here:
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**GRADE 12** \*\*\* MODULE 3: Lifestyles \*\*\* UNIT 8: Town and Country

L		Expression	P.S.	Meaning	Translation
	1	almond	n	the tree that produces a flat pale nut with brown skin that tastes sweet	شجرة اللوز
	2	depopulation	n	the process of reducing the number of people in an area	عملية تفريغ منطقة من سكانها
•	3	deserted	adj.	abandoned, neglected	مُهجورٌ
	4	export	n	the selling and sending out of goods or services to other countries	التصديرُ
	5	graduated	adj.	divided into different levels	مُتدرِّجٌ
	6	infrastructure	n	the basic physical and organisational structures and facilities needed for the operation of a society or enterprise	البُنية التّحتية
1	7	overcrowding	n	the process of filling an area beyond what is usual or comfortable	ملئ منطقةٍ بالسكّان
& 2	8	public services	n	a service that is run for the benefit of the general public, for example, the utilities, the emergency services, and public transportation	الخدمات الاجتماعية
	9	reverse	v	to make (something) the opposite of what it was	يعكِسُ
	10	rural	adj.	in, relating to, or characteristic of the countryside rather than the town	ريفي
	11	socioeconomic	adj.	relating to or concerned with the interaction of social and economic factors	متعلق بتفاعل العوامل الاقتصادية و الاجتماعية
	12	unemployment	n	the state of being jobless	البَطالة
	13	vacant	adj.	(of premises) having no fixtures, furniture, or inhabitants; empty	شاغِرٌ
	14	vice versa	adv.	with the main items in the preceding statement the other way around	بالعكس
	1	astounded	adj.	shocked or greatly surprised	مُندهش \ مَذهول
•	2	bump into	ph. v	to meet by chance	قابل صُدفةً
	3	densely	adv.	closely compacted in substance	بكثافةٍ
	4	disturbance	n	the interruption of a settled and peaceful condition	إزعاج \ مُضايقةً
	5	embarrassed	adj.	feeling or showing shame	مُحرَجٌ
4	6	far and wide	idiom	over a large area	على نطاقٍ واسعٍ
4 &	7	glamour	n	an attractive and exciting quality	رونق \ جمال
5	8	hub	n	centre of activity	مِحور \ مركز
	9	hustle and bustle	idiom	activity, liveliness	النشاط و الحيوية
	10	metropolis	n	densely populated city	مدينة عُظمي
	11	narrate	v	give a spoken or written account of	يحكِي \ يروي قِصّة
	12	odds and ends	idiom	bits and pieces	الأجزاء الصغيرة المتنوعة
	13	pluck up the courage	exp.	make an effort to do something that frightens one	استجمع قُواه و شجاعته
	14	tranquil	adj.	calm, free from disturbance	سىلكِنٌ \ ھادئ
	1	advantageous	adj.	a condition or circumstance that puts one in a favourable oposition	نافعٌ \ مُفيدٌ
	2	leafy	adj.	having or characterized by much foliage, trees or bushes	مُورِقٌ \ كثيف الأوراق
7	3	make it your own	exp.	change something in your possession so that you reflect your personality and character	يُضفي طابَعا شخصِيًّا على
& 8	4	palatial	adj.	resembling a palace in being spacious and splendid	شبية بالقصر (في شساعته)
J	5	picturesque	adj.	visually attractive, esp. in a quaint or pretty style	(منظر) بديعٌ \ خلاَب
	6	residents' parking	n	parking space reserved specifically for residents of an area	موقف سيّارات خاصّ بسكّان منطقة مُعيّنة SAMI BIN YOUNES

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# **GRADE: 12 - MODULE 3: LIFESTYLES**

# **UNIT 9: New Ways and Old**

UNIT 9
LESSONS:
1 & 2

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# **VOCABULARY:**

SAMI BIN YOUNES

Expression		P.S.	Meaning	Translation
1	competent	adj.	having the necessary ability, knowledge, or skill to do something successfully	
2	cookery	n	the practice or skill of preparing and cooking food	
3	custom-made	adj.	made to a particular customer's order	
4	4 <b>fix</b> v		to repair something that is broken or not working properly	
5 <b>mail order</b> n the sell		n	the selling of goods to customers by mail, generally involving selection from a special catalogue	
6 mass-produced adj. produced in large quantities by an automated mechanical process				
7 <b>unique</b> adj. being the only one of its kind; unlike anything else				
8	8 unusual adj. not habitually or commonly occurring or done			
9	9 workshop n a room or building in which goods are manufactured or repaired			
adi.: adiective / adv.: adverb / n: noun / v: verb				

## **EXERCISE**

# Fill in the spaces with the most suitable words from the list below:

(mass-produced / unusual / workshop / fix / cookery / competent)
<b>1.</b> My mother likes watching programmes on TV very much.
2. Mobile phones are in China and many other countries.
3. My father spends most of his free time in his making useful objects.
<b>4.</b> I advised my brother not to his mobile phone by himself.
5. The manager has promised to reward the workers in the company
SET BOOK
Answer the following questions:
1. Why have many old crafts and jobs disappeared?
2. How have some leisure activities that people do in their free time changed?

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<b>70</b> ·	- 71

# GRADE: 12 - MODULE 3: LIFESTYLES UNIT 9: New Ways and Old

UNIT 9				
LESSONS:				
4 & 5				

Date: .....

**VOCABULARY:** 

<b>Expression</b> P		Expression P.S.		P.S.	Meaning	Translation
1	below par	exp.	something which is inferior			
2	call the shots	exp.	to make the important decision; to direct a project			
3	immobile	adj.	motionless			
4	neck and neck	exp.	evenly matched			
5	put to	ph. v	to ask someone a question, especially about something important			
6	snooker	n	a game played with cues on a billiard table in which the players use a cue ball (white) to pocket the other balls (fifteen red and six coloured) in a set order			
7	substandard	adj.	below the usual or required standard			
8	toe the line	exp.	to accept the authority, principles, or policies of a particular group, esp. under pressure			
9	ungentlemanly	adj.	dishonourable			

adj.: adjective / exp.: expression / n: noun / ph. v: phrasal verb

#### **EXERCISES**

A. From a, b, c and	d, choose the word	that best completes each	h sentence below:
1. Most critics agr	ree that the director's	last film was	
a. below par	b. toe the line	c. neck and neck	d. call the shots

- **2.** As they approached the finish line, the two runners were ......
- a. call the shotsb. neck and neckc. below pard. toe the line3. The new manager asserted that he was the only one who would ......
- a. toe the line b. neck and neck c. call the shots d. below par

# **B.** Fill in the spaces with the most suitable words from the list below:

(ungentlemanly / snooker / toe the line / put to / calls the shots / immobile)

- 1. The barber told the child to remain ...... until he finished cutting his hair.
- **2.** The manager said that my proposal would be ...... the board of directors.
- **3.** ..... people are usually rejected by others.
- **4.** In my family, we can suggest ideas, but my father is always the one who ......
- **5.** The manager advised the workers to ...... if they didn't want to lose their jobs.

#### **GRAMMAR**

# Causative Verbs (present / past / future)

The Causative Form is used when we don't do something by ourselves, but we arrange for someone else (usually an expert or a qualified person) to do it for us.

Subject + Have + Object + Past Participle

Simple form: He didn't wash his car yesterday by himself.

Causative: He had his car washed yesterday.

### **Verb forms in the Causative Form**

- Here are some examples of the causative form in different verb forms:

## 1. Present Simple:

Simple form: We don't paint the house by ourselves every year.

Causative: We have the house painted every year.

### 2. Present Continuous:

Simple form: Ali isn't washing his car by himself.

Causative: Ali is having his car washed.

## 3. Present Perfect Simple:

Simple form: The boys haven't repaired their bicycles by themselves.

Causative: The boys have had their bicycles repaired.

### 4. Past Simple:

Simple form: He didn't type three letters by himself yesterday.

Causative: He had three letters typed yesterday.

## 5. Future "Will":

Simple form: We won't install the lights by ourselves next week.

Causative: We will have the lights installed next week.

### 6. Modal verbs:

Simple form: You shouldn't fix this window by yourself.

Causative: You should have this window fixed.

## 7. Imperative:

Simple form: Clean the table, please.

Causative: <u>Have</u> the table <u>cleaned</u>, please.

#### **EXERCISE**

## A. From a, b, c and d, choose the answer that best completes each sentence below:

**1.** Do you usually cut your hair by yourself? – No, I always ...... by a barber. b. will have it cut c. had it cut d. am having it cut a. have it cut **2.** Will you build your new house by yourself? – No, I ..... by a builder. a. have it built b. will have it built c. had it built d. am having it built b. is having it written c. has it written d. he wrote it a. had it written **4.** Did you install the alarm system by yourself? – No, I ..... by an technician. a. has it installed b. will have it installed c. had it installed d. install it **5.** Are you going to fix your lap-top by yourself? – No, I ...... by an expert. a. have fixed it b. has it fixed c. had it fixed d. am going to have it fixed **6.** Did you do your homework by yourself? – No, sir. I ..... by my sister. a. will have it done b. had it done c. have it done d. am having it done

S.	<b>B.</b>
72	- 73

# **GRADE: 12 - MODULE 3: LIFESTYLES UNIT 9: New Ways and Old**

UNIT 9				
LESSONS:				
7 & 8				

# **VOCABULARY:**

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	Expression	P.S.	Meaning	Translation
1	appoint	v	to choose someone for a position or job	
2	bill	n	written proposal for a new law, which is brought to a parliament so that it can be discussed	
3	biography	n	an account of someone's life written by someone else	
4	customarily	adv.	usually, habitually	
5	degree	n	a course of study at a university or college, or the qualification that is given to you when you have successfully completed the course	
6	doctorate	n	a university degree of the highest level	
7	master's degree	n	a university degree such as an MA that you can get by studying for one or two years after your first degree	
8	minister	n	a politician who is in charge of a government department	
9	parliament	n	the group of people who are elected to make a country's laws and discuss important national affairs	
10	portfolio	n	the work that a particular government official is responsible for	
11	resign	v	to officially announce that you have decided to leave your job or an organisation	
12	whereas	conj.	in contrast or comparison with the fact that	

adv.: adverb / conj.: conjunction / n: noun / v: verb

	EX	ERCISES		
A. From a, b, c and d	l, choose the wor	d that best com	pletes each sentence belo	w:
1. Law bills are often	en discussed in the	2	•••	
a. minister	b. parliament	c. portfolio	d. doctorate	
2. I discovered so n	nany facts about n	ny favourite writ	er in his	
			d. minister	
<b>3.</b> The new	has prom	ised to lower the	e taxes and improve income	es.
a. parliament	b. minister	c. doctorate	d. portfolio	
B. Fill in the spaces v	with the most sui	table words fro	m the list below:	
(whereas / maste	r's degree / res	sign / appoint	t / bill / customarily )	)
1. When you finish	your academic stu	udies you obtain	a	
2. He threatened to	fro	om the company	if his salary wasn't raised.	
<b>3.</b> Before it become	s a law, a	is presente	d for discussion in the parl	iament
<b>4.</b> Sheep are domes	tic animals,	tigers a	are wild.	
<b>5.</b> ,	shops offer huge o	discounts on the	National Day.	
	SE'	Т ВООК	•	
A newer the followin		1 BOOK		
Answer the followin  1. What information		provida about so	omaona?	
1. What illiorniation	does a biography	provide about so	omeone:	
		•••••		• • • • • •
2 W	4:-11- :	: -4 E1-:		•
2. Women play an es	sential role in soci	iety. Explain.		
		•••••		•••••

# UNIT 9 – LESSON 9: WRITING AN EXPOSITORY ESSAY

The domain of entertainment has changed remarkably in the recent years.

Plan and write an essay of not less than fourteen sentences (14 sentences) explaining how entertainment was in the past and how it has become nowadays.

		OUTLIN	E	
Introduction	ı <b>:</b>			 
			• • • • • • • • • • • • • • • • •	 
<b>Body:</b>				
Paragraph 1	:			
			• • • • • • • • • • • • • • • • • • • •	 
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	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •	 · • • • • • • •
Paragraph 2	•			
	• • • • • • • • • • • • • • • • • • • •		• • • • • • • • • • • • • • • • • • • •	 
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Conclusion				
Conclusion.	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • •	 , <b></b> .
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GRADE 12 \*\*\* MODULE 3: Lifestyles \*\*\* UNIT 9: New Ways and Old

	GRADE 12 *** MODULE 5: Litestyles *** UNIT 9: New Ways and Old				
L		Expression	P.S.	Meaning	Arabic Meaning
	1	competent	adj.	having the necessary ability, knowledge, or skill to do something	كُفْءً ـ مُؤهّلٌ
	2	cookery	n	the practice or skill of preparing and cooking food	الطبخ
	3	custom-made	adj.	made to a particular customer's order	مصنوع حسب رغبات الحريف
1	4	fix	v	to repair something that is broken or not working properly	يُصلِحُ
&	5	mail order	n	the selling of goods to customers by mail, generally involving selection from a special catalogue	بيع (السلع) عن طريق البريد
2	6	mass-produced	adj.	produced in large quantities by an automated mechanical process	مصنوع بكمّيات كبيرةٍ
	7	unique	adj.	being the only one of its kind; unlike anything else	فريد - مُنقطع النّظير
	8	unusual	adj.	not habitually or commonly occurring or done	غير عادي ـ خارجٌ عن المألوف
	9	workshop	n	a room or building in which goods are manufactured or repaired	الْمَلُوف ورشةٌ
	1	below par	exp.	something which is inferior	ما هو دُون
	2	call the shots	exp.	to make the important decision; to direct a project	يتّخذُ قرارًا مُهمّا
	3	immobile	adj.	motionless	ثابتً ۔ غیرُ مُتحرّك
4	4	neck and neck	exp.	evenly matched	مُتساوٍ تماما مع
&	5	put to	ph. v	to ask someone a question, especially about something important	يطرح سؤالا
5	6	snooker	n	a game played with cues on a billiard table in which the players use a cue ball (white) to pocket the other balls in a set order	لُعبةٌ شبيهةً بلعبة البِليارد
	7	substandard	adj.	below the usual or required standard	أقلُّ من المُستوى
	8	toe the line	exp.	to accept the authority, principles, or policies of a particular group, esp. under pressure	يخضعُ - يمتثِلُ لأوامر
	9	ungentlemanly	adj.	dishonourable	غيرُ مُشْرَفٍ _ مُحْزٍ _ مُشينٌ
	1	appoint	v	to choose someone for a position or job	يُعيّنُ شخصًا ما لمنصب
	2	bill	n	written proposal for a new law, which is brought to a parliament so that it can be discussed	مشروعُ قانونٍ
	3	biography	n	an account of someone's life written by someone else	سيرة حياة شخصٍ ما
	4	customarily	adv.	usually, habitually	عادةً ۔ في العادةِ
_	5	degree	n	a course of study at a university or college, or the qualification that is given to you when you have successfully completed the course	شهادةٌ جامعيّةٌ
7	6	doctorate	n	a university degree of the highest level	شبهادة الدكتوراه
& 8	7	master's degree	n	a university degree such as an MA that you can get by studying for one or two years after your first degree	شهادة الليسانس
	8	minister	n	a politician who is in charge of a government department	وزير
	9	parliament	n	the group of people who are elected to make a country's laws and discuss important national affairs	مجلس الأمّة - مجلس الشعب - البرلمان
	10	portfolio	n	the work that a particular government official is responsible for	حقيبةً وِزارِيّةٌ
	11	resign	v	to officially announce that you have decided to leave your job	يستقيلُ من عملهِ
	12	whereas	conj.	in contrast or comparison with the fact that	في حين أنّ (للدلالة على التناقض)
	-	•	-		·

SAMI BIN YOUNES

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<b>78</b>	-	<b>79</b>

# GRADE: 12 - MODULE 4: ACHIEVEMENTS UNIT 10: Pushing the Limits

UNIT 10
<b>LESSONS:</b>
1 & 2

Date: .....

# **VOCABULARY:**

SAMI BIN YOUNES

	Expression		Meaning	TRANSLATION	
1	1 ascend v		to climb to the summit of (a mountain or hill)		
2	attempt	n	an effort to surpass a record or conquer a mountain		
3	dizzying	adj.	make (someone) feel unsteady, confused, or amazed		
4	•••		a group of people considered to be the best in a particular society or category, esp. because of their power, talent, or wealth		
5	exhaustion	n	a state of extreme physical or mental fatigue		
6	6 <b>extreme</b> adj.		reaching a high or the highest degree; very great		
7	7 <b>frost-bite</b> n		injury to body tissues caused by exposure to extreme cold		
8	highlight	v	pick out and emphasise		
9	perilous	perilous adj. full of danger or risk			
10	10 reconstruction n		the action or process of rebuilding something after it has been damaged or destroyed		
11	scale v to climb up or over (something high and steep)				
12	summit	n	the highest point of a hill or mountain		
	adj.: adjective / n: noun / v: verb				

# **EXERCISE: 1**

A. Fill in the spaces with the most suitable words from the list below:
(dizzying - ascend - summit - highlight - exhaustion - reconstruction)
1. To a mountain, you need to be strong-willed and determined.
2. The of this broken vase will take several hours of work.
3. Among the severe odds that may face a mountaineer is
4. Lack of oxygen causes a feeling and a painful headache.
5. In the meeting, the manager will the problems that affected the
company so much.
SET BOOK
Answer the following questions:
1. According to you, why do some people take up extreme sports?
2. What do extreme sports require?

S.	<b>B.</b>	
80	- 81	

# GRADE: 12 - MODULE 4: ACHIEVEMENTS UNIT 10: Pushing the Limits

UNIT 10
LESSONS:
UNIT 10  LESSONS: 4 & 5

Date:

# **VOCABULARY:**

SAMI BIN YOUNE

	Expression		Meaning	TRANSLATION
1	afflicted adj.		affected in an unpleasant, painful way	
2	alight	adj.	on fire; burning	
3	arson	n	the criminal act of deliberately setting fire to property	
4	austere	adj.	severe or strict in manner, attitude, or appearance	
5	come across	ph. v	to meet or find by chance	
6	come away with	ph. v	to be left with a specified feeling, impression, or result after doing something	
7	come down ph. v		if a price or the level of something comes down, it becomes lower	
8	come over ph. v		to visit you at your house	
9	9 <b>come round</b> ph. v		recover after being unconscious	
10	0 <b>come up</b> ph. v		1 to be mentioned especially in a conversation; 2 to become available especially unexpectedly	
11	1 exhilarated adj.		feel very happy	
12	fatigued	adj.	tired or exhausted	
13	traverse	v	to travel across or through	
14	unconscious	adj.	unable to see, hear, or otherwise sense what is going on, usually temporarily and often as a result of an accident or injury	
15	visible	adj.	able to be perceived or noticed easily	

adj.: adjective / n: noun / ph. v: phrasal verb

# **EXERCISES**

A. From a, b, c and d, choose the word that best completes each sentence below:				
1. When we talk about Arabic poetry, many names will certainly				
a. come over	b. come up	c. come down	d. come across	
<b>2.</b> After watching the fil	m, I	. a good impression a	bout it.	
a. come down	b. come over	c. come across	d. come away with	
<b>3.</b> I usually	many interesti	ing books in book far	es.	
a. come across	b. come round	c. come down	d. come up	
<b>4.</b> I think my grandfathe	r will	within an hour aft	er the operation.	
a. come over	b. come up	c. come round	d. come across	
5. My cousin said that h	e would	the following	day.	
a. come across	b. come over	c. come down	d. come up	
B. Fill in the spaces with the correct words from the list below:				
(afflicted / exhilarated / come over / austere / fatigued / traverse)				
1. After the match, the players were because they had made great efforts.				
2. Their victory in the match made them feel				
3. Although the coach is very, the players respect him very much.				
<b>4.</b> The boy's knee was so	everely	when he fell	off his bike.	
<b>5.</b> As planes				

#### **GRAMMAR**

# The Past Perfect Simple vs. The Past Perfect Continuous

## 1. The Past Perfect Simple:

- It tells about a *completed action* in the past before another one.

*Example:* We <u>had locked</u> all the doors securely before we left the house.

*Example:* I *had saved* all my documents before the computer crashed.

### 2. The Past Perfect Continuous:

- It focuses on the *length of time that an action took* in the past before another one.

*Example:* Ali *had been waiting* **for two hours** before Fahad came.

*Example:* Hamad was very tired because <u>had been running</u> for 40 minutes.

#### **EXERCISES**

## A. Choose the correct answer from a, b, c, and d to complete the following sentences:

- 1. Before he graduated last June, Ali (attend) ...... all the lectures for months.
  - a. is attending b. have attended c. had been attending d. attends
- **2.** I had been watching a football match for an hour when my father (**come**) ...... home.
  - a. will come b. has come c. had been coming d. came
- 3. The electrician (fix) ...... the alarm system for an hour before he fell off the ladder.
  - a. has fixed b. has been fixing c. had been fixing d. is fixing
- **4.** After I (pack) ...... my bags, I waited for my father to take me to the airport.
- a. packed b. have packed c. had packed d. had been packing B. From a, b and c, choose the correct answer as required:
  - **1.** When I came home, my kids (watch) a cartoon film for 30 minutes. (Correct the verb)
    - a. When I came home, my kids watched a cartoon film for 30 minutes.
    - **b.** When I came home, my kids have been watching a cartoon film for 30 minutes.
    - c. When I came home, my kids had been watching a cartoon film for 30 minutes.
  - 2. The boxer decided to quit the game. He played for fifteen years. (Join with "before")
    - **a.** Before the boxer decided to quit the game, he had been playing for fifteen years.
    - **b.** Before the boxer decided to quit the game, he has played for fifteen years.
    - c. Before the boxer decided to quit the game, he is playing for fifteen years.
  - 3. They signed the agreement. They left the meeting room. (Join with "after")
    - a. After they signed the agreement, they will leave the meeting room.
    - **b.** After they had signed the agreement, they left the meeting room.
    - **c.** After they have been signed the agreement, they left the meeting room.
  - **4.** I had installed a new programme before I switched off my computer. (Make passive)
    - a. A new programme was installed before the computer was switched off.
    - **b.** A new programme had installed before the computer was switched off.
    - c. A new programme had been installed before the computer was switched off.

S.	. ]	<b>B.</b>
82	_	83

# GRADE: 12 - MODULE 4: ACHIEVEMENTS UNIT 10: Pushing the Limits

UNIT 10
LESSONS:
7 & 8

Data	
Daw.	***************************************

# **VOCABULARY:**

SAMI BIN YOUNES

	Expression		Meaning	TRANSLATION
1	assist	v	to help (someone), typically by doing a share of the work	
2	2 binoculars n		an optical instrument with a lens for each eye, used for viewing distant objects	
3	cope with	ph. v	to deal effectively with something difficult	
4	crave	v	to feel a powerful desire for (something)	
5	5 <b>engulf</b> v		(of a natural force) sweep over (something) so as to surround or cover it completely	
6	6 entail v		involve (something) as a necessary or inevitable part or consequence	
7	7 <b>feat</b> n		an achievement that requires great courage, skill, or strength	
8	gruelling	adj.	extremely tiring and demanding	
9	9 mountaineer n		a person who takes part in the sport or activity of climbing mountains	
10	o strong-willed adj. determined, stubborn			
	adj.: adjective / n: noun / ph. v: phrasal verb / v: verb			

J 1

EXERCISES				
A. Fill in the spaces wit	th the most suitab	ole words from t	the list below:	
( mountaineers / e	entails / crave	/ gruelling /	binoculars / assist )	
1. You can't imagine h				
2. Saving our planet				
3. You can't go bird-w				
<b>4.</b> I usually			<u> </u>	
			group of	
	•	•	olete the following sentences:	
1. Although this job is				
	b. cope with			
<b>2.</b> The fire				
a. engulfed	b. assisted	c. entailed	d. craved	
3. Realising one's drea	ams	working har	d and doing great efforts.	
a. engulfs	<b>b.</b> entails	c. craves	d. copes with	
<b>4.</b> My brother usually	m	e when I do my	homework.	
a. craves	b. engulfs	c. assists	d. entails	
	SET BO	OOK		
Answer the following q	uestions:			
1. What do extreme sports entail?				
2. What do sportsmen learn from practicing extreme sports?				

# UNIT 10 – LESSON 9: WRITING AN EXPOSITORY ESSAY

Practicing extreme sports can increase the body strength and enhance the character. Plan and write an essay of not less than fourteen sentences (14 sentences) explaining how practicing extreme sport can benefit both the body and the character.

_	OUTLINE
In	troduction:
	dy:
Pa	ragraph 1:
Pa	ragraph 2:
Co	nclusion:

Write your essay here:

**GRADE 12** \*\*\* MODULE 4: Achievements \*\*\* UNIT 10: Pushing the Limits

T			P.S.	Meaning	Arabic Meaning
L	1			<u> </u>	
	1	ascend	V	to climb to the summit of (a mountain or hill)	يتسلّقُ
	2	attempt	n - 4:	an effort to surpass a record or conquer a mountain	مُحاولةٌ لتحطيم رقمٍ قياسي مُسبَبّ للدُّوار و الغثيان
	3	dizzying	adj.	make (someone) feel unsteady, confused, or amazed a group of people considered to be the best in a particular society or	
	4	elite	n	category, esp. because of their power, talent, or wealth	نُخبةٌ
1	5	exhaustion	n	a state of extreme physical or mental fatigue	إرهاق - تعبّ شديدٌ
<b>&amp;</b>	6	extreme	adj.	reaching a high or the highest degree; very great	أقصى
2	7	frost-bite	n	injury to body tissues caused by exposure to extreme cold	قضمة البرد
	8	highlight	v	pick out and emphasise	يسلط الضوء على
	9	perilous	adj.	full of danger or risk	محفوف بالمخاطر
	10	reconstruction	n	the action or process of rebuilding something after it has been damaged or destroyed	إعادةُ البناء
	11	scale	v	to climb up or over (something high and steep)	يتسلّقُ
	12	summit	n	the highest point of a hill or mountain	القمّة
	1	afflicted	adj.	affected in an unpleasant, painful way	مُتضرّرٌ من
	2	alight	adj.	on fire; burning	مُلتهبٌ \ مُحترقٌ
	3	arson	n	the criminal act of deliberately setting fire to property	جريمة حرق ممتلكات الغير عمدًا
	4	austere	adj.	severe or strict in manner, attitude, or appearance	قاسي ۔ صارم
	5	come across	ph. v	to meet or find by chance	يلتقي صُدفةً ب
	6	come away with	ph. v	to be left with a specified feeling, impression, or result after doing something	يخرُجُ بانطباع
4	7	come down	ph. v	if a price or the level of something comes down, it becomes lower	ينخفضُ
&	8	come over	ph. v	to visit you at your house	يزُورُ
5	9	come round	ph. v	recover after being unconscious	يستعيد وعيه
	10	come up	ph. v	1 to be mentioned especially in a conversation; 2 to become available especially unexpectedly	1 يُذكرُ في نقاشٍ 2 يظهرُ فجأة
	11	exhilarated	adj.	feel very happy	مُبتهِجٌ
	12	fatigued	adj.	tired or exhausted	مُرهق \ مُتعَبّ
	13	traverse	v	to travel across or through	يعبُرُ \ يمُرُّ من خلال
	14	unconscious	adj.	unable to see, hear, or otherwise sense what is going on, usually temporarily and often as a result of an accident or injury	فاقِدٌ للوعي
	15	visible	adj.	able to be perceived or noticed easily	ظاهرٌ \ مرئِيٌّ
	1	assist	v	to help (someone), typically by doing a share of the work	يُساعدُ
	2	binoculars	n	an optical instrument with a lens for each eye, used for viewing distant objects	منظار مُزدوج
	3	cope with	ph. v	to deal effectively with something difficult	يتأقلم مع
	4	crave	v	to feel a powerful desire for (something)	يتلهّفُ على
7 &	5	engulf	v	(of a natural force) sweep over (something) so as to surround or cover it completely	يُطبقُ على \ يكتسخ
8	6	entail	v	involve (something) as a necessary or inevitable part or consequence	يستلزمُ \ يستوجبُ
	7	feat	n	an achievement that requires great courage, skill, or strength	عملٌ فَّذَّ أو بُطولي \ مفخرةً
	8	gruelling	adj.	extremely tiring and demanding	مُضنٍ \ مُرهِقٌ
	9	mountaineer	n	a person who takes part in the sport or activity of climbing mountains	مُتسلّقٌ
	10	strong-willed	adj.	determined, stubborn	قويّ العزيمة \ عنيدٌ

SAMI BIN YOUNES

S.	. ]	<b>B.</b>
84	_	85

# GRADE: 12 - MODULE 4: ACHIEVEMENTS UNIT 11: The Final Frontier

UNIT 11  LESSONS: 1 & 2		
LESSONS:		
1 & 2		

Date	
Daw.	

# **VOCABULARY:**

SAMI BIN YOUNES

	Expression	P.S.	Meaning	TRANSLATION
1	abhorrent	adj.	inspiring disgust and loathing; repugnant	
2	awe-inspiring	adj.	arousing awe through being impressive, formidable, or magnificent	
3	concept	n	an abstract idea, a general notion	
4	detriment	n	the state of being harmed or damaged	
5	execute	v	to carry out an order or plan	
6	frontier	n	the extreme limit of understanding or achievement in a particular area	
7	intrepid	adj.	fearless; adventurous	
8	mission	n	an expedition into space	
9	orbit	v	to fly or move around in a circle	
10	revere	v	to feel deep respect or admiration for (something)	
11	revolve around	ph. v	to go around, turn around, rotate, spin	
12	sentient	adj.	able to perceive or feel things	
13	universe	n	the Earth, planets and stars	
			adi.: adiective / n: noun / ph. v: phrasal verb / v: verb	

**EXERCISES** 

A. From a, b, c and d, choose the word that best completes each sentence below:						
<b>1.</b> We have become aware that pollution is a serious to the environment.						
a. concept	b. universe	c. detriment	d. mission			
2. Scientists believe	that human beings are t	he only	creatures in the world.			
a. sentient	b. abhorrent	c. intrepid	d. awe-inspiring			
3. A group of well-k	known astronauts will pa	orticipate in the	to Mars.			
a. concept	b. mission	c. detriment	d. frontier			
<b>4.</b> We must	the scientists who a	re working on va	ccines against diseases.			
a. orbit	b. revolve around	c. revere	d. execute			
SET BOOK Answer the following questions:						
1. What are the advantages of space exploration?						
2. What are the disadvantages of space exploration?						
•••••						

S.	. ]	<b>B.</b>
86	-	87

# GRADE: 12 - MODULE 4: ACHIEVEMENTS UNIT 11: The Final Frontier

Date:

UNIT 11

LESSONS: 4 & 5

#### **VOCABULARY:**

SAMI BIN YOUNES

	Expression		Meaning	TRANSLATION
1	astronomical	adj.	of or relating to the branch of science that deals with celestial objects, space, and the physical universe as a whole	
2	conducive	adj.	making a certain situation or outcome likely or possible	
3	exceptionally	adv.	unusually, remarkably	
4	habitation	n	the state or process of living in a particular place	
5	natural satellite	n	a naturally occurring object that orbits a planet, e.g. the moon	
6	on board	adj.	available or situated on a ship, aircraft, or other vehicle	
7	opportunity	n	a set of circumstances that makes it possible to do something	
8	roughly	adv.	in a manner lacking refinement and precision	
9	the collection of nine planets and their moons in orbit around the sun, together with smaller bodies in the form of asteroids, meteoroids, and comets			
10	superb	adj.	impressively splendid	
11	wane	v	to decrease in vigour, power, or extent; to become weaker	
	adj.: adjective / adv.: adverb / n: noun / v: verb			

#### **EXERCISE**

### Fill in the spaces with the most suitable words from the list below:

(on board - astronomical - wane - habitation - conducive - exceptionally)

- **1.** Human ..... of other planets has always been a fantastic dream.
- 2. In billions of years from now, the Sun will ...... and disappear completely.
- **3.** I believe that ...... science will continue to progress more and more.
- **4.** Living on planet Mars is a / an ..... marvelous idea.
- **5.** A group of astronauts are ..... the space shuttle.

### **GRAMMAR**

### **The Passive with Modal Verbs:**

We use modal verbs (verbs like *can*, *could*, *shall*, *should*, *must*, *may*, *might*, *have to* ...) to talk about things like ability, possibility, permission or obligation. And we use the passive voice to focus on the object of an action rather than the doer of the action.

Active	Passive
- Ali can drive a car easily.	- A car <u>can be driven</u> easily (by Ali).
- Hamad <b>may</b> buy a new house.	- A new house <u>may be bought</u> (by Hamad).
- You <b>should</b> <i>fix</i> this computer.	- This computer <b>should</b> <i>be fixed</i> .
- You <b>must</b> <i>send</i> this letter now.	- This letter <u>must be sent</u> (by you) now.
- He <b>could</b> <i>sell</i> his car at a good price.	- His car <b>could</b> be sold at a good price.
- You have to inform your father.	- Your father has to be informed.
- He <b>might</b> <i>repair</i> the refrigerator.	- The refrigerator <u>might</u> be repaired.

## The passive with modal verbs: Object + modal verb + be + Verb 3 (+ subject)

### **EXERCISE 1**

- **1.** Governments should stop space exploration very soon. (Make passive)
  - **a.** Space exploration should stop very soon.
  - **b.** Space exploration should be stopping very soon.
  - **c.** Space exploration should be stopped very soon.
- 2. Scientists can conduct many experiments in space. (Make passive)
  - **a.** Many experiments can be conducted in space.
  - **b.** Many experiments can have been conducted in space.
  - **c.** Many experiments can be conduct in space.
- **3.** The space shuttle must protect astronauts from sunrays. (Make passive)
  - **a.** Astronauts must be protected from sunrays by the space shuttle.
  - **b.** Astronauts must protect the space shuttle from sunrays.
  - **c.** Astronauts must protect sunrays by the space shuttle.

## "either ... or" / "neither ... nor"

- 1 Either Khalid or Fahad will get the best mark in the exam.
- 2 <u>Neither</u> Nasser <u>nor</u> Kamal came to school today. They are both absent.
- 3 I like **both** travelling **and** learning foreign languages.

Conjunction	Meaning	
either or	this or that	
neither nor	NOT this NOT that	
both and	this and that	

#### **EXERCISE 2**

- 1. He didn't answer my call. He didn't read my message. (Join with "neither ... nor ...)
  - **a.** He neither answered my call nor he read my message.
  - **b.** Neither he answered my call nor he read my message.
  - **c.** He neither answered my call nor read my message.
- 2. I will study in Canada. I will study in Britain. (Join with "either ... or ...)
  - **a.** I will study in Canada either study or in Britain.
  - **b.** I will study either in Canada or in Britain.
  - **c.** I either will study in Canada or I will study in Britain.
- **3.** I collect stamps. I collect postcards. (Join with "both ... and ...)
  - **a.** I collect both stamps and postcards.
  - **b.** I collect both stamps and I collect postcards.
  - c. I both collect stamps and I collect postcards.
- 4. Fahad doesn't like tea. Fahad doesn't like coffee. (Join with "neither ... nor ...)
  - a. Fahad likes neither tea nor coffee.
  - **b.** Fahad doesn't like neither tea nor coffee.
  - **c.** Neither Fahad likes tea nor coffee.

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88	_	89

# GRADE: 12 - MODULE 4: ACHIEVEMENTS UNIT 11: The Final Frontier

UNIT 11		
LESSONS: <b>7 &amp; 8</b>		
7 & 8		

Date:

#### **VOCABULARY:**

AMI BIN YOUNES

	Expression	P.S.	Meaning	TRANSLATION
1	abnormal	adj.	deviating from what is normal or usual, typically in a way that is undesirable or worrying	
2	alert	v	to warn (someone) of a danger, threat, or problem, typically with the intention of having it avoided or dealt with	
3	data	n	facts and statistics collected together for reference or analysis	
4	dual	adj.	consisting of two parts, elements, or aspects	
5	durable	adj.	able to withstand wear, pressure, or damage; hard- wearing	
6	economical	adj.	giving good value or service in relation to the amount of money, time, or effort spent	
7	emission	n	the production and discharge of something, esp. gas or radiation	
8	GPS	abb.	Global Positioning System, an accurate worldwide navigation and surveying facility based on the reception of signals from an array of orbiting satellites	
9	monitor	v	observe and check the progress or quality of (something) over a period of time; keep under systematic review	
10	revolutionise	v	to change (something) radically or fundamentally	
11	specifically	adv.	particularly, exclusively	
12	spin-off	n	items used in space that improve our lives on earth	
13	take for granted	exp.	fail to appreciate someone or something that is very familiar or obvious	
14	trainers	n	a soft shoe, suitable for sports or casual wear	
	abb.: abbreviation / adv.: adverb / exp.: expression / n: noun / v: verb			

**EXERCISE** 

# 

# UNIT 11 – LESSON 9: WRITING AN ARGUMENTATIVE ESSAY

Many people believe that space exploration is very useful and advantageous, whereas many others consider it as a waste of money and effort. Plan and write an essay of not less than fourteen sentences (14 sentences) in which you present the two different opinions, their arguments and your own opinion concerning this issue.

		OUTL	INE	
<b>Introduction:</b> .				 
D 1				
Body:				
Paragraph 1:				
			• • • • • • • • • • • • • • • • • • • •	 
D 1.0				
Paragraph 2:				
	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •		 •
<b>Conclusion:</b>				 
			• • • • • • • • • • • • • • • • • • • •	 

Write your essay here:

**GRADE** 12 \*\*\* MODULE 4: Achievements \*\*\* UNIT 11: The Final Frontier

Τ.		Expression	P.S.	Meaning	Arabic Meaning
	1	<u> </u>			مكروة _ يُثيرُ الاشمئزاز
	1	abhorrent	adj.	inspiring disgust and loathing; repugnant	محروه - يبير الاستمرار يبعث على الرهبة و الهيبة
	3	awe-inspiring	adj.	arousing awe through being impressive, formidable, or magnificent	
		concept	n	an abstract idea, a general notion	مفهوم ضررٌ ۔ إساءةٌ
	4	detriment	n	the state of being harmed or damaged	صرر - إساءه يُنقَدُ
1	5	execute	V	to carry out an order or plan	· ·
1	6	frontier	n	the extreme limit of understanding or achievement in an area	الحدّ الأقصى
&	7	intrepid • •	adj.	fearless; adventurous	شجاعٌ - مُغامِرٌ
2	8	mission	n	an expedition into space	بعثة فضائيةً
	9	orbit	V	to fly or move around in a circle	يدورُ حول
	10	revere	v	to feel deep respect or admiration for (something)	يوِّ وقَرُ - يُبجَلُ
	11	revolve around	ph. v	to go around, turn around, rotate, spin	يدورُ حول
	12	sentient	adj.	able to perceive or feel things	واع ـ مُدركٌ
	13	universe	n	the Earth, planets and stars	الكون
	1	astronomical	adj.	of or relating to the branch of science that deals with celestial objects, space, and the physical universe as a whole	فلكي
	2	conducive	adj.	making a certain situation or outcome likely or possible	مُمكّنٌ
	3	exceptionally	adv.	unusually, remarkably	استثنائيًا
	4	habitation	n	the state or process of living in a particular place	سكن
1	5	natural satellite	n	a naturally occurring object that orbits a planet, e.g. the moon	قمر ۔ كُويكْبٌ تابعٌ
<b>4</b> &	6	on board	adj.	available or situated on a ship, aircraft, or other vehicle	على متن
5	7	opportunity	n	a set of circumstances that makes it possible to do something	فُرصَـة
3	8	roughly	adv.	in a manner lacking refinement and precision	تقريبا - على وجه التقريب
	9	solar system	n	the collection of nine planets and their moons in orbit around the sun, together with smaller bodies in the form of asteroids, meteoroids, and comets	النظام الشمسي
	10	superb	adj.	impressively splendid	رائعً - ممتاز - فائق
	11	wane	v	to decrease in vigour, power, or extent; to become weaker	يضعُفُ
	1	abnormal	adj.	deviating from what is normal or usual, typically in a way that is undesirable or worrying	غير عادي _ غير طبيعي
	2	alert	v	to warn (someone) of a danger, threat, or problem, typically with the intention of having it avoided or dealt with	يُنذِرُ
	3	data	n	facts and statistics collected together for reference or analysis	المعلومات و الإحصائيات
	4	dual	adj.	consisting of two parts, elements, or aspects	ثنائي
	5	durable	adj.	able to withstand wear, pressure, or damage; hard-wearing	دانمّ
7	6	economical	adj.	giving good value or service in relation to the amount of money, time, or effort spent	اقتصادي
&	7	emission	n	the production and discharge of something, esp. gas or radiation	إصدار - انبعاث - إشعاع
8	8	GPS	abb.	Global Positioning System, an accurate worldwide navigation and surveying facility based on the reception of signals from satellites	نظام الملاحة العالمي GPS
	9	monitor	v	observe and check the progress or quality of (something) over a period of time; keep under systematic review	يُراقبُ
	10	revolutionise	v	to change (something) radically or fundamentally	يُحدثُ ثورة في ميدان
	11	specifically	adv.	particularly, exclusively	بالخصوص
	12	spin-off	n	items used in space that improve our lives on earth	المُنتَجات الفضائية
	13	take for granted	exp.	fail to appreciate someone or something that is very familiar	يُسلّمُ ب
	14	trainers	n	a soft shoe, suitable for sports or casual wear	حذاء رياضي
		•	•		SAMI RIN YOUNE

S.	. ]	<b>B.</b>
90	-	91

# GRADE: 12 - MODULE 4: ACHIEVEMENTS **UNIT 12: Geniuses**

UNIT 12	
LESSONS:	
1 & 2	

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# **VOCABULARY:**

	Expression	P.S.	Meaning	TRANSLATION
1	abstract	adj.	existing in thought or as an idea but not having a physical or concrete existence	
2	arbitrarily	adv.	randomly, by chance	
3	audience	n	the assembled spectators or listeners at a public event, such as a play, movie, concert, or meeting	
4	BSc.	abb.	Bachelor of Science	
5	digit	n	number – 1, 2, 3, etc.	
6	genius	n	intelligence, cleverness	
7	MSc.	abb.	Master of Science	
8	outstanding	adj.	unusually good	
9	PhD	abb.	Doctor of Philosophy	
10	precocious	adj.	(of a child) having developed certain abilities at an earlier age than usual	
11	prodigy	n	a person, esp. a young one, endowed with exceptional qualities or abilities	
12	randomly	adv.	made, done, happening, or chosen without method or conscious decision	
13	talent	n	natural ability or skill	
14	tour	v	to visit several parts of a country or area	
15	virtuoso	n	a person highly skilled in music or another artistic pursuit	

abb.: abbreviation / adj.: adjective / adv.: adverb / n: noun / v: verb

#### **EXERCISE**

B. Fill in the spaces with the most suitable words from the list below:				
(prodigy / digits / abstract / tour / randomly / MSc.)				
1. I wish I could the world and visit many countries.				
2. This child is a true He can calculate faster than a computer!				
3. He got his from Harvard University last year.				
<b>4.</b> The on this paper are not clear. They were badly printed.				
<b>5.</b> Two students were selected to answer the question.				
SET BOOK				
Answer the following questions:				
1. Why do some child geniuses lose their talents when they grow up?				
2. Genius can be developed through suitable training. Explain.				

S.	<b>B.</b>
92	- 93

# GRADE: 12 - MODULE 4: ACHIEVEMENTS UNIT 12: Geniuses

UNIT 12 LESSONS: 4 & 5

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#### **VOCABULARY:**

AMI BIN YOUNES

	Expression	P.S.	Meaning	TRANSLATION
1	accusation	n	a charge or claim that someone has done something illegal or wrong	
2	agonise	v	to undergo great mental anguish through worrying about something	
3	extravagantly	adv.	spending money or using resources in a wasteful way	
4	high-living	n	an extravagant social life as enjoyed by the wealthy	
5	jockey	n	a person who rides in horse races, esp. as a profession	
6	repudiate	v	to refuse to accept or be associated with	
7	season	n	a fixed time in the year when a particular sport is played	

adj.: adjective / n: noun / v: verb

#### **EXERCISE**

### **B. Fill in the spaces with the most suitable words from the list below:**

(agonising / extravagantly / season / repudiate / high-living / jockey)

- **1.** This ......, Real Madrid will recruit two new players.
- **2.** They were ...... because of the torture they had gone through.
- **3.** The new ...... seems to master his horse very well.
- **5.** Islam teaches us not to spend our money .....

#### **GRAMMAR**

# **Relative Clauses and Verbs Ending in (-ing)**

- We can add extra information to an existing sentence by adding a relative clause in these two ways:

# 1. Relative clauses: (clauses which begin with a relative pronoun)

Example: He won the first prize when he beat all his competitors.

Example: He travelled to his parents' house where he joined the rest of the family.

### 2. Verbs ending in -ing:

*Example:* He won the first prize **beating** all his competitors.

Example: He travelled to his parents' house joining the rest of the family.

# Comparison of Scale (as + adjective + as)

- In English, we can describe whether two people or two things are similar or different by using the following structure: 'as + adjective + as'

Example: He is as brave as a lion.

Example: My mother is as busy as a bee.

# Prepositions (at, for, of, in, on, with, by, throughout)

- Most English prepositions have several different functions. At the same time, different prepositions can have very similar uses:

Examples: on Monday / in the morning / at night

- Many nouns, verbs and adjectives are normally used with particular prepositions:

*Examples:* The reason **for**... / to arrive **at**... / to be angry **with** somebody... /

on a bus... / soup of the day... / travelled throughout Kuwait... / by car...

#### **EXERCISE**

A. Ch	oose the correct a	answer from a, b, c, ar	nd d to complete the f	following sentences:
		me country		
	a. escaped	b. have escaped	c. had escaped	d. escaping
2.	"Your sister is as	as you	" said my father.	
	a. smarter	b. smart	c. smartest	d. smartly
3.	He said that he w	asn't responsible	what happened to	o his neighbour.
	a. of	b. at	c. for	d. on
4.	The minister ende	ed his speech	. his gratitude and resp	pect to the audience.
	a. expresses	b. expressing	c. expressed	d. has expressed
5.	"Your computer i	s as as n	ny computer" said my	friend.
	a. new	b. newly	c. newer	d. newest
6.	My friend has sor	ne difficulty	reading long Engl	ish words.
	a. at	b. in	c. on	d. to
7.	The police found	that the defendant had	no connection	the crime.
	a. in	b. about	c. of	d. with
8.	Hamad is as	as Fahad in	solving crossword pu	zzles.
	a. slowly	b. slow	c. slowest	d. slower

S.	. ]	<b>B.</b>
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# GRADE: 12 - MODULE 4: ACHIEVEMENTS UNIT 12: Geniuses

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### **VOCABULARY:**

SAMI BIN YOUNES

	Expression	P.S.	Meaning	TRANSLATION	
1	accolade	n	an award or privilege granted as a special honour or as an acknowledgement of merit		
2	aligned	adj.	put into correct or appropriate position		
3	bladder	n	a membranous sac in humans and other animals, in which urine is collected for excretion		
4	eternity	n	infinite or unending time		
5	genetics	n	the study of heredity and the variation of inherited characteristics		
6	gifted	adj.	having exceptional talent or natural ability		
7	molecular	adj.	of, relating to, or consisting of molecules		
8	nomination	n	the action of proposing or formally entering as a candidate for election or for an honour or award		
9	non-invasive	adj.	not requiring the introduction of instruments into the body		
10	recipient	n	a person or thing that receives or is awarded something		
11	researcher	n	a person who systematically investigates materials and sources in order to establish facts and reach new conclusions		
	adj.: adjective / n: noun				

#### **EXERCISE**

# B. From a, b, c and d, choose the correct answer that best completes each of the following sentences:

1. Hamad is a well-k	mown	in the domain of	medicine.
a. researcher	b. accolade	c. bladder	d. nomination
2. Ali is studying	chem	istry in a Canadian uni	iversity.
a. gifted	b. aligned	c. molecular	d. non-invasive
3. Studies and exper	iments in	have helped figh	t many diseases.
a. recipient	<b>b.</b> genetics	c. nomination	d. researcher
<ol> <li>The doctor affirm</li> <li>The numerous</li> <li>He was surprised</li> <li>Nothing that Man</li> </ol>	ed that the operation that he to know about his has made will last	ed / recipient / e n would be	ternity / accolades) w brave this officer is. the new position.
•		•	

# UNIT 12 – LESSON 9: WRITING AN EXPOSITORY ESSAY

Being a genius can have many advantages and disadvantages. Plan and write an essay of not less than fourteen sentences (14 sentences) explaining the advantages and disadvantages of being a genius.

Introduction:  Body: Paragraph 1:  Paragraph 2:  Conclusion:	Introductions	OUTLINE	
Paragraph 1:  Paragraph 2:	introduction;	• • • • • • • • • • • • • • • • • • • •	• • • • •
Paragraph 1:  Paragraph 2:			
Paragraph 1:  Paragraph 2:			
Paragraph 1:  Paragraph 2:			
Paragraph 1:  Paragraph 2:			
Paragraph 1:  Paragraph 2:	Body:		
Paragraph 2:			
	•••••	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
	•••••		• • • • •
	D 1.4		
Conclusion:	Paragraph 2:		
Conclusion:			• • • • •
	Conclusion:		
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			• • • • •
			• • • • •

Write your essay here:

**GRADE 12 - MODULE 4: Achievements - UNIT 12: Geniuses** 

L		Expression	P.S.	Meaning	المعنى العربي للكلمة
	1	abstract	adj.	existing in thought or as an idea but not having a physical existence	مُجرّد \ غير حسيّ
	2	arbitrarily	adv.	randomly, by chance	عشوائيّا
	3	audience	n	the assembled spectators or listeners at a public event, such as a play, movie, concert, or meeting	الجمهور \ الخُضور
	4	BSc.	abb	Bachelor of Science	شهادة ليسانس في العلوم
	5	digit	n	number – 1, 2, 3, etc.	رقم
	6	genius	n	intelligence, cleverness	نبوغٌ \ ذكاءً
1	7	MSc.	abb	Master of Science	شهادة الماجستير في العلوم
&	8	outstanding	adj.	unusually good	بارزٌ \ ممتازٌ
2	9	PhD	abb	Doctor of Philosophy	شهادة الدكتوراه في الفلسفة
	10	precocious	adj.	(of a child) having developed certain abilities at an earlier age than usual	مُبكّرٌ في نضجه العقلي
	11	prodigy	n	a person, esp. a young one, endowed with exceptional qualities or abilities	شخصّ موهوبّ
	12	randomly	adv.	made, done, happening, or chosen without method or conscious decision	عشوائيّا
	13	talent	n	natural ability or skill	موهبة
	14	tour	v	to visit several parts of a country or area	يجول \ يطوف
	15	virtuoso	n	a person highly skilled in music or another artistic pursuit	موسيقارٌ بارعٌ
	1	accusation	n	a charge or claim that someone has done something illegal or wrong	تهمةً \ اتّهامٌ
	2	agonise	v	to undergo great mental anguish through worrying about something	يُعاني \ يتألّمُ
4	3	extravagantly	adv.	spending money or using resources in a wasteful way	بإسرافٍ و تبذيرٍ
&	4	high-living	n	an extravagant social life as enjoyed by the wealthy	حياةً بذخٍ و إسراف
5	5	jockey	n	a person who rides in horse races, esp. as a profession	فارس \ خيّالٌ
	6	repudiate	v	to refuse to accept or be associated with	ينفي \ يُفنَّـدُ
	7	season	n	a fixed time in the year when a particular sport is played	موسنمٌ
	1	accolade	n	an award or privilege granted as a special honor or as an acknowledgement of merit	وسامً \ جائزةً
	2	aligned	adj.	put into correct or appropriate position	مُصفّف \ مُرتّبٌ
	3	bladder	n	a membranous sac in humans and other animals, in which urine is collected for excretion	المثانة
	4	eternity	n	infinite or unending time	الأبدية
7	5	genetics	n	the study of heredity and the variation of inherited characteristics	علم الجينات
&	6	gifted	adj.	having exceptional talent or natural ability	موهوب
8	7	molecular	adj.	of, relating to, or consisting of molecules	جُزيئي
	8	nomination	n	the action of proposing or formally entering as a candidate for election or for an honor or award	تسمية \ تعيين
	9	non-invasive	adj.	not requiring the introduction of instruments into the body	لا يستوجب جراحة
	10	recipient	n	a person or thing that receives or is awarded something	المُتلقّي \ المُحرز على
	11	researcher	n	a person who systematically investigates materials and sources in order to establish facts and reach new conclusions	باحثً

SAMI BIN YOUNES

#### READING COMPREHENSION

#### Read the following passage carefully, then answer the questions that follow:

When you graduated from tricycle to bicycle as a kid, you probably weren't thinking too much about the health benefits of biking. But as an adult, cycling becomes a great low-impact exercise that can also take you places, wrapping a hobby, exercise, and commute all in one two-wheel package. Whether you're flying across the pavement through the fresh air or working up a sweat on a stationary bike in your home, there are many benefits of biking 30 minutes a day.

Exercising on the bike for at least 30 minutes a day will build up your cardiovascular and muscular endurance. By putting in consistent effort, you'll notice an improvement in your aerobic capacity, enabling you to bike longer or on more intense rides. You might also feel higher energy levels throughout the day, because exercise helps boost your overall **stamina**.

Getting your heart rate up doesn't have to be hard on your joints. Opposed to running, cycling gets your cardio done in a low impact way. The pedals and resistance take the pressure off of your knees and hips so you can focus on building muscular strength.

We all know bikes can be a little wobbly as you're starting and stopping. Riding an outdoor bike helps you gain balance and spatial awareness, and stabilizing the bike can strengthen your arms, core and legs. If you're working out on a stationary bike, riding out of the saddle helps train the stabilizer muscles in your legs to be strong. Ride in the saddle with high resistance, and you'll feel the burn all the way from your core to your calves.

You can make your bike ride as leisurely or as intense as you'd like. When using a stationary bike, you can do a high cycling class with moves that work your legs, core, and arms and keep **them** active and strong all in one 30-minute period. If you're riding outdoors, you can choose a challenging route that will break a sweat, or you can cruise on flat ground at an even pace and enjoy the scenery. Overall, even though it's one bike, you can mix it up so every day feels different.

### A. From a, b, c and d, choose the correct answer:

- **1.** This text is mainly about:
  - **a.** the negative effects of riding bicycles.
  - **b.** the health benefits of biking.
  - c. the benefits of learning a foreign language.
  - **d.** the benefits of visiting museums.
- 2. The underlined word " $\underline{stamina}$ " in the  $2^{nd}$  paragraph is  $\underline{closest}$  in meaning to:
  - a. sleep
  - **b.** speed
  - c. intelligence
  - d. strength

3. The underlined word " <u>them</u> " in the 5 <sup>th</sup> paragraph refers to:
a. legs, core, and arms.
<b>b.</b> moves.
<ul><li>c. legs.</li><li>d. arms.</li></ul>
u. arms.
<b>4.</b> The purpose of the writer is:
a. to make people exercise less.
<b>b.</b> to encourage people to bike more.
<b>c.</b> to sell more cars online.
<b>d.</b> to read more books and newspapers.
as to read more books and newspapers.
<b>5.</b> According to the passage, which of the following sentences is <b>NOT TRUE?</b>
<b>a.</b> Biking can improve mental and physical heath.
<b>b.</b> Biking improves cardiovascular fitness.
c. Biking causes severe heart diseases.
d. Biking makes the muscles strong.
u. Diking makes the muscles strong.
B. Answer the following questions:
<b>6.</b> How can a person build up his cardiovascular and muscular endurance?
7. What effects does riding an outdoor bike have on the mind and the body?
<b>8.</b> How long should a person ride a bike to become fit and healthy?
<b>9.</b> How does cycling benefit the knees?

#### **SUMMARY MAKING (1)**

Walking can offer many health benefits to people of all ages and improve their fitness levels. It may also help prevent certain diseases and even prolong your life. In fact, this sport is easy to fit into your daily schedule and all you need to start walking is a sturdy pair of walking shoes. Walking can help you burn calories, which can help you lose weight. Your actual calorie burn will depend on several factors, including: walking speed, distance covered, and weight. Walking increases oxygen flow through the body and can help your mental health. Many studies have shown that walking can help reduce anxiety, depression, and a negative mood. It can also boost self-esteem and reduce symptoms of social withdrawal.

In a paragraph of FOUR sentences ONLY summarise and paraphrase the previous	
passage in an answer to the following question:	
- What are the advantages of walking?	
······································	
SUMMARY MAKING (2)	
Stress is one of the most common causes of health problems in modern life.	
Too much stress results in physical, emotional, and mental health problems. It can	
increase the pulse rate and cause high blood pressure. It can also affect the	
respiratory system and lead to asthma. Moreover, it can cause a person to breathe	
too fast, resulting in a loss of important carbon dioxide. Stress can equally cause	
stomach aches and digestive problems. Besides, it can lead to some serious mental	
illnesses like depression and extreme feeling of sadness. Furthermore, it can make	
people angry, moody, or nervous. These are only a few examples of the wide range	
of illnesses resulting from stress.	
In a paragraph of FOUR sentences ONLY summarise and paraphrase the previous	
passage in an answer to the following question:	
- What are the negative effects of stress?	

# TRANSLATION

# Translate the following sentences into good English:

# (UNIT 7)

<b>1.</b>	1. إنّ أحد أفضل الأساليب لضمان عُمرٍ أطول هو بقائنا ناشطين جسديا و ذهنيا. (SB/page: 56)
2	2. يُعلّم الإسلام الأبناء أن يُوقّروا آبائهم و أن يُظهروا لهم العطف في كِبر سنّهم. (SB/page: 57)
1	(UNIT 8) 1. ينتقل العديد من الأثرياء للعيش في الريف هربا من إزدحام و تلوث المدينة. (SB/page: 63)
2	2. تعاني العديد من المناطق من تأثير ات التفريغ السكاني و البُنية التحتية السيئة. (SB/page: 63)
1	(UNIT 9) 1. تقليديا كان الرجال فقط هم من يمثّلون الكويتيين في الحكومة. (SB/page: 72)
2	2. في أيامنا هذه توجد العديد من النسوة المنتخبات لخدمة بلدهن في مجلس الشعب. (SB/page: 72)
1	(UNIT 10) 1. قد يعاني متسلقو الجبال أحيانا من الإر هاق الشديد و قضمة البرد.
2	2. تستوجب ممارسة الرياضات القصوى الكثير من الجهد و القوة و القدرة على التحمّل.
1	(UNIT 11) 1. إستفاد البشر كثيرا من إستكشاف الفضاء و أثروا معارفهم.
2	2. يساعد إستكشاف الفضاء على تحسين حياة الناس على اللأرض.

# LANGUAGE FUNCTIONS

# Write what you would say in the following situations:

1. A friend of yours says that people living in the countryside should move to cities.
2. Your father intends to launch a big business project in the countryside.
3. Your brother says that entertainment nowadays is much enjoyable than in the past.
4. You want to take up an extreme sport game, but your father refuses.
<b>5.</b> A friend of yours asks you about the benefits of space exploration.
<b>6.</b> You explain to your brother how he can improve his English.
<b>7.</b> You explain to your father how you will benefit from joining a science club in your school.