



Health Sciences Skills Check Unit 5 Grade 11 Advanced

Instructions: Teachers are to select five of the following questions for skills check 1. Each question is worth 1 mark. Students must correctly answer all parts of the question, where appropriate, to gain 1 mark. Students who answer 1 or more parts of the question wrong will be awarded 0 marks for that question.

1.	Which of the following should be completed before planning a health promotion campaign?	
	(A)	Health education
	(B)	Needs assessment
	(C)	Nutrition information labels
	(D)	Basic first aid qualification

2.	Which approach to health education uses the media to reach large population groups?	

3.	During breast cancer awareness month, many hospitals and charities offer free or discounted breast cancer screenings for women. When is breast cancer awareness month?	
	(A)	January
	(B)	September
	(C)	October
	(D)	December

4.	The blue circle in the middle of the Ottawa Charter contains the _____.	
	(A)	three basic strategies for health promotion
	(B)	five main areas for action
	(C)	three pillars of health promotion
	(D)	approaches to health education

5.	Which health promotion campaign aims to raise awareness of cardiovascular disease and the risks associated with it?	
	(A)	Keep on Beating
	(B)	Mention It
	(C)	Health Heroes
	(D)	Beat the habit

6.

Match the pillars of health promotion in the table with the correct examples listed below.

1. Good governance	
2. Healthy cities	
3. Health literacy	

a. Building more cycle lanes in Abu Dhabi

b. A restaurant putting nutrition information on their menu

c. Laws that ban the use of mobile phones while driving

7.	Which contemporary health problem in the UAE causes the largest number of deaths in people aged 25-34?	
	(A)	Non-communicable diseases
	(B)	Road traffic accidents
	(C)	Mental health
	(D)	Poverty

8.

Fill in the blanks in the following paragraph using the words from the table.

_____ incidence is the _____ of people in a population that have a particular disease at a _____ time. Disease _____ is the number of _____ cases of a disease within a population at a given time.

a. prevalence	b. number	c. new	d. given	e. Disease
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9.	Name each of the three categories of the preventative medical approach.	
	(i)	_____
	(ii)	_____
	(iii)	_____

10.	Which of the following headings would you find in the Ottawa Charter for Health promotion?	
	(A)	Develop personal skills
	(B)	Primary prevention
	(C)	Behavioural change
	(D)	Socio-environmental