Write (6) sentences about “Keeping fit”

I- Introductory sentence: Nothing is better than keeping fit

II- Supporting details: Eating healthy food / Doing sport / Sleeping well

III- Concluding sentence: Keeping fit helps us live a long and a happy life

Keeping fit

Nothing is better than keeping fit. There are many ways to keep fit. We should eat healthy food. We should also do regular sport. Sleeping well every night is necessary as well. Keeping fit helps us live a long and a happy life.

Write (6) sentences about “Healthy food”

I- Introductory sentence: Healthy food has numerous benefits

II- Supporting details: Fighting diseases / Improving the immune system / Green tea / ark chocolate / probiotic drinks

III- Concluding sentence: Eating healthy food is very important for a healthy life

Healthy food

Healthy food has numerous benefits. It helps us to combat diseases as improves our immune system. We should eat moderate amounts of fruit and vegetables. We should add green tea and dark chocolate to our diet. Having probiotic drinks helps our digestive process. Eating healthy food is very important for a healthy life.

Write (6) sentences about “Fast food”

I- Introductory sentence: Many people tend to eat fast food

II- Supporting details: easier and faster / cheaper and tastier / many health problems / Obesity and heart diseases

III- Concluding sentence: Fast food appeals to many people, but it has many drawbacks

Fast food

Many people tend to eat fast food. They find it easier, cheaper and tastier. Junk meals are served fast, so you don't have to wait for long. On the other hand, fast food leads to many health problems. It causes obesity and heart diseases. It contains much saturated fat which is very dangerous for our bodies. Fast food appeals to many people, but it has many drawbacks.

Write (6) sentences about “Vegetarian lifestyle”

I- Introductory sentence: The vegetarian diet has become popular all over the world

II- Supporting details: rich in water and vitamins / a rich source of antioxidants / helpful for weight loss / lacks RDA / causes malnutrition

III- Concluding sentence: Fast food appeals to many people, but it has many drawbacks

Vegetarian lifestyle

Today, the vegetarian diet has become popular all over the world. It has some advantages as it is rich in water, vitamins and fibre. Moreover, it is a rich source of antioxidants. Also, it is helpful for weight loss. On the other hand, it has many disadvantages as it lacks RDA. It also causes malnutrition.

Write (6) sentences about “Culture of Peace”

I- Introductory sentence: People around the world have different lives

II- Supporting details: show respect and understanding / respect other religions / seminars and conferences / raise awareness

III- Concluding sentence: "The culture of peace is like a simple bridge between nations."

Culture Of Peace (Respecting Cultures)

People around the world have different lives and ways of living. We should show respect and understanding to other cultures, religions and creeds. Islam orders us as Muslims to respect other religions. Kuwait has done a lot to promote the culture of peace. It has arranged seminars and conferences to raise awareness among Kuwaitis. It is said "The culture of peace is like a simple bridge between nations."

Write (6) sentences about “A restaurant you like most”

I- Introductory sentence: My favourite eatery is "Tekka"

II- Supporting details: good location / atmospheric setting / calming place / large parking area / raise awareness / variety of meals

III- Concluding sentence: I advise you to try it and you will never regret.

A restaurant you like most

My favourite eatery is "Tekka". The restaurant has a good location. It overlooks the Gulf. It has an atmospheric setting. It has a large parking area. It is a calming place which serves organic and healthy meals. Its menu has a variety of meals. Moreover, the prices and the service are very good. I advise you to try it and you will never regret.

Write (6) sentences about "Building impressive buildings"

I- Introductory sentence: Impressive buildings are very important to any country

II- Supporting details: reflect a good image / developed and modern / attract tourist/ become landmarks

III- Concluding sentence: Kuwait has many impressive buildings like Kuwait Towers and 360° Mall

Building impressive buildings

Impressive buildings are very important to any country. First, they reflect a good image for a country. Besides, these buildings show that the country is developed and modern. Also, they attract tourists from all over the world which is good for the country's economy. Moreover, they become landmarks for these countries. Kuwait has many impressive buildings like Kuwait Towers and 360° Mall.

Write (6) sentences about "Building a new airport in your area"

I- Introductory sentence: Building an airport can be profitable

II- Supporting details: make travelling easier / improve the economy / provide more jobs / bring more noise/ cause air pollution / bring more traffic

III- Concluding sentence: Building a new airport is beneficial to any area.

Building a new airport in your area

Building an airport can be profitable. However, building it may have advantages and disadvantages. It will make travelling easier to other countries. In addition, it will improve the economy of the country. Moreover, building a new airport will provide more jobs. On the other hand, it will bring more noise to the area. Also, it may cause air pollution. In addition, it will bring more traffic to the region and the area's dwellers might get annoyed. Building a new airport is beneficial to any area.