Name: .....
Class: .....



Grade 9 Quiz A

6

I. Vocabulary (2 Marks)

A. Choose the correct answer from a,b,c and d:- (4 × ½ = 2 Marks)

1. Many new talents ..... during the competition last year.
   a. emerged b. required c. monitored d. lowered

2. The team worked in a ..... way to win.
   a. costly b. addicted c. mutual d. eco-friendly

3. Hard work can increase your ..... and makes you rich.
   a. leak b. injury c. alert d. income

4. Water is an important natural ..... for everyone .
   a. resource b. appliance c. dedication d. fame

II. Reading Comprehension (4 Marks)

B. Read the following passage, then answer the following questions:- (4 × 1 = 4 Marks)

Exercise is very important for a healthy life. It helps people stay fit and strong. Regular physical activity improves the heart, strengthens muscles, and keeps the body active. People who exercise often feel happier and have more energy. On the other hand, a lack of exercise can lead to health problems such as obesity and weakness.

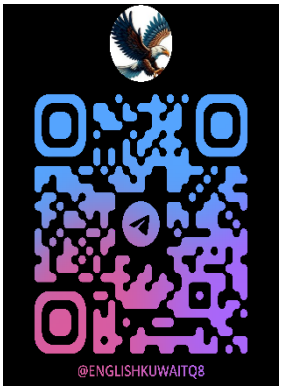
People can practice simple activities like walking, running, or cycling every day. They can also join sports clubs or exercise at home. Parents can encourage their children to play outside instead of spending many hours watching television or using phones. When children make exercise a daily habit, they protect their health and improve their quality of life. Staying active is one of the best ways to live longer and feel better.

قناة التليجرام
https://t.me/englishkuwaitq8

From a,b,c and d, choose the correct answer:-

1. The best title for this passage could be ..... .
   a. Watching Television b. The Importance of Exercise
   c. Using Phones d. Healthy Food

2. The underlined pronoun "they" in the 2nd paragraph refers to .....
   a. clubs b. parents
   c. people d. children



A) Answer the following questions:-

3. How does exercise help the body?

..... .

4. Why should people make exercise a daily habit?

..... .

Telegram: englishkuwaitq8