Access 5 – Term 3 Revision (Reading -Writing)

Read the passage and answer the questions.

It's Tuesday and Paul is at home. He can't go to school because he has a temperature. He mustn't get up. He must stay in bed. He has a cough and a cold. His teacher says he mustn't run or play. He must sleep and drink a lot of water. He loves swimming and he always has a swimming lesson on Tuesdays. He can't go today, but he isn't sad because he can listen to music.

Part A: Choose the correct word.

1- Paul is at …… .
   school b. home c. the swimming pool
2- He mustn't …… .
   a. get up b. swim c. run
3- He has a swimming lesson on …… .
   a. Tuesdays b. Mondays c. Fridays

Part B: Answer the questions with full sentences.

4- What can't you do when you have a fever?
   …… .
5- What is your favourite sport?
   …… .
6- What is your mother's advice for you when you are sick?
   …… .
7- How do you feel when you don't go to school because you are sick?
   …… .
8- How can you make a healthy lifestyle for yourself?
   …… .

T. Rehab

Access 5 – Term 3 Revision

Read the passage and answer the questions.

It's important that we eat healthy food and exercise every day. We can help our bodies feel good by eating fruit and vegetables every day. A balanced diet is one that has all food groups. Your diet is made up of the food you eat and the things you drink. This means eating foods of every colour, every day.

Move more! We can help our bodies and minds stay calm by exercising every day. You can walk, swim, ride your bike, or even climb the stairs. Children should exercise at least 60 minutes every day.

Part A: Choose the correct word.

1- You should eat …….. every day.
   a. fruit b. chips c. chocolate
2- The diet that has all food groups is ……
   b. unhealthy b. healthy c. bad
3- You should …….. every day.
   b. fight b. walk c. shout

Part B: Answer the questions with full sentences.

4- What kinds of food should we eat every day?
   …… .
5- What is a balanced diet?
   …… .
6- How long time do you exercise every day?
   …… .
7- How can we keep our bodies and minds calm?
   …… .
8- Which do you think is better, walking to school or going to school by car? Why?
   …… .

T. Rehab

Read the email from Latifa to Huda about different types of food. Then asnswer the questions

Hi Huda,

I'm emailing you to tell you about different types of food. Everyone knows that we should not have too many sweets, but what should we eat?

Vegetables are a healthy choice. You should always eat plenty of them every day. A few of my favourites are peppers, carrots and broccoli. Peppers are red, yellow, or green. I like carrots the most. Carrots are usually orange and are a very healthy snack.

Fruit is another healthy food that tastes delicious and sweet. There are many kinds of fruit like apples, bananas, tomatoes and oranges. I like bananas and oranges, but apples are my favourite.

We should also eat some dairy, which includes food like cheese, butter and yoghurt. Eating too much dairy can be unhealthy though, so be careful not to eat too much.

Some people eat cakes, ice cream and sweets every day. I think it is okay to eat cakes, ice cream and sweets as a treat sometimes. There is too much sugar in these types of food for me, so I never eat them.

Your friend,

Latifa

1. How does Latifa describe vegetables?

a. a sweet snack

b. beautiful and bright

c. colourful and healthy

T. Rehab

2. Which orange vegetable does Latifa like?

a. carrots

b. oranges

c. peppers

3. What does Latifa think about eating dairy food?

a. Eating a little butter is unhealthy.

b. Eating too much cheese is unhealthy.

c. Eating a lot of yoghurt is healthy.

4. How often does Latifa think people can eat cakes?

a. never

b. every day

c. sometimes

5. Why is Latifa emailing Huda?

a. To tell her about healthy vegetables.

b. To tell her about healthy food.

c. To tell her about healthy sweets.

T. Rehab

Read the text and answer the questions about yourself. DO NOT just copy from the text.

Answer in full sentences.

Fruits and Vegetables

It is important that fruits and vegetables take up a large part of our diet. They both provide us with vitamins, minerals and fibre; all things our bodies need to stay healthy. Different fruits and vegetables help our bodies in different ways. Eating a variety of different colour fruits and vegetables is a good way to make sure we are getting the benefits that these two food groups offer. By the age of 9, children should eat 5 servings of vegetables and 2pieces of fruit every day.

1.How often do you eat fruit?

…… .

2.What fruits do you like to eat?

…… .

3.Why should you eat fruit and vegetables?

…… .

4.What food(s) do you like to buy when you go shopping?

…… .

5.What do you eat for dinner?

…… .

Bonus Questions

1.Why shouldn't you eat fast food?

…… .

2.What will happen if you eat bad food?

…… .

T.Rehab

Shopping

George: I'm going out. Do you want anything?

Sally: Could you buy some stuff from the shop?

George: All right. What do you want?

Sally: Well, we haven't got much milk.

George: How much milk do you want?

Sally: We need two bottles of milk.

George: How about strawberry jam? Have we got any jam?

Sally: Oh yes, there isn't any jam left. We need a jar of strawberry jam and also, we've finished the butter. We need some butter.

Sally: OK. There is a little oil left. Please, buy a bottle of oil.

George: No problem. Do you want to eat fish at dinner?

Sally: Ah, yes. I want you to buy four tins of fish and also some bread. There isn't much bread left.

George: How many loaves of bread do you want?

Sally: A loaf of brown bread is enough. Would you like some coffee after dinner?

George: Of course.

Sally: Then, buy us a bag of coffee. At last, we only have few packets of pasta. Could you buy some more pasta? You know we eat pasta almost every day.

George: Ok, no problem.

Sally: One more thing. Don't buy any almonds. We have got a lot of almonds.

George: All right!

1. **Hou much milk does Sally want?**

a. 3 bottles

b. 2 bottles

c. 5 bottles

2. Sally wants ……jam.

a. carrot

b. fig

c. strawberry

3. They will eat …… For dinner.

a. fish

b. meat

c. chicken

4. They always eat …….. .

a. bread

b. carrots

c. pasta

5. They don't need to buy any …… .

a. bread

b. almonds

c. oil

T. Rehab

Access 5 - Unit 8 Writing

Answer the questions with full sentences.

1- **How much water is there?**

…….. .

2- **How many apples do you need?**

…….

3- **How much does it cost?**

…….. .

Complete your shopping list/ What food do you like to buy :

2 loaves of bread

……

…….

……

1- A tub of.
2 -A can of
3- A bottle of
4 -A packet of
5- A bag of

Write three sentences about food you like / don't like:

I like apples. I don't like onions.

…… .

…… .

Write about your lunch. What do you like to eat?

…… .

T. Rehab

Access 5 - Unit 9 Writing

Answer the questions with full sentences.

1- You look tired. What's the matter?

…… .

2- Why didn't you go to school yesterday?

…… .

3- What can you do?

…… .

4- I have a cough. What shall I do? (Give advice)

…… .

5- How often do you eat fruit?

…… .

6- How often do you play football?

…… .

Complete the sentences.

1- I got a red rash when I eat tomatoes. I am ……. to tomatoes.

2- My stomach is sore. (Give Advice)

Try…… .

3- I have a headache. (Give Advice)

Try …….

T. Rehab

4- I can't read in my book. The doctor wants to do an

…….

Write three sentences about what could / couldn't you do when you were 5:

…… .

…… .

What do you usually eat for breakfast?

…… .

How often do you eat fruit?

…….. .

How often do you read stories?

……. .

T. Rehab

Best Wishes

T. Rehab

Access 5 – Term 3 Revision (Reading -Writing)

Read the passage and answer the questions.

It's Tuesday and Paul is at home. He can't go to school because he has a temperature. He mustn't get up. He must stay in bed. He has a cough and a cold. His teacher says he mustn't run or play. He must sleep and drink a lot of water. He loves swimming and he always has a swimming lesson on Tuesdays. He can't go today, but he isn't sad because he can listen to music.

Part A: Choose the correct word.

1- Paul is at ..... .
   school b. home c. the swimming pool

2- He mustn't ..... .
   a. get up b. swim c. run

3- He has a swimming lesson on ..... .
   a. Tuesdays b. Mondays c. Fridays

Part B: Answer the questions with full sentences.

4- What can't you do when you have a fever?
   I can't go to school. ..... .

5- What is your favourite sport?
   My favourite sport is football. ..... .

6- What is your mother's advice for you when you are sick?
   Don't play outside. ..... .

7- How do you feel when you don't go to school because you are sick?
   I feel sad. ..... .

8- How can you make a healthy lifestyle for yourself?
   I eat fruit and vegetables. ..... .
   I play sports.

T Rehab

Access 5 – Term 3 Revision

Read the passage and answer the questions.

It's important that we eat healthy food and exercise every day. We can help our bodies feel good by eating fruit and vegetables every day. A balanced diet is one that has all food groups. Your diet is made up of the food you eat and the things you drink. This means eating foods of every colour, every day.

Move more! We can help our bodies and minds stay calm by exercising every day. You can walk, swim, ride your bike, or even climb the stairs. Children should exercise at least 60 minutes every day.

Part A: Choose the correct word.

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a. fruit b. chips c. chocolate

2- The diet that has all food groups is ……..
b. unhealthy b. healthy c. bad

3- You should …….. every day.
b. fight b. walk c. shout

Part B: Answer the questions with full sentences.

4- What kinds of food should we eat every day?
We should eat fruit and vegetables. …….. .

5- What is a balanced diet?
The diet that has all food groups. …….. .

6- How long time do you exercise every day?
I exercise for one hour a day. …….. .

7- How can we keep our bodies and minds calm?
By exercising everyday. …….. .

8- Which do you think is better, walking to school or going to school by car? Why?
Walking to school is better because it's good for you health. …….. .

T.Rehab

Read the email from Latifa to Huda about different types of food. Then asnswer the questions

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I'm emailing you to tell you about different types of food. Everyone knows that we should not have too many sweets, but what should we eat?

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Fruit is another healthy food that tastes delicious and sweet. There are many kinds of fruit like apples, bananas, tomatoes and oranges. I like bananas and oranges, but apples are my favourite.

We should also eat some dairy, which includes food like cheese, butter and yoghurt. Eating too much dairy can be unhealthy though, so be careful not to eat too much.

Some people eat cakes, ice cream and sweets every day. I think it is okay to eat cakes, ice cream and sweets as a treat sometimes. There is too much sugar in these types of food for me, so I never eat them.

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1. How does Latifa describe vegetables?

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T. Rehab

2. Which orange vegetable does Latifa like?

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b. oranges

c. peppers

3. What does Latifa think about eating dairy food?

a. Eating a little butter is unhealthy.

b. Eating too much cheese is unhealthy.

c. Eating a lot of yoghurt is healthy.

4. How often does Latifa think people can eat cakes?

a. never

b. every day

c. sometimes

5. Why is Latifa emailing Huda?

a. To tell her about healthy vegetables.

b. To tell her about healthy food.

c. To tell her about healthy sweets.

T.Rehab

Read the text and answer the questions about yourself. DO NOT just copy from the text.

Answer in full sentences.

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1.How often do you eat fruit?

I eat fruit everyday. .

2.What fruits do you like to eat?

I like to eat grapes and apples. .

3.Why should you eat fruit and vegetables?

Because it's healthy. They give us vitamins. .

4.What food(s) do you like to buy when you go shopping?

I like to buy fruit and vegetables. .

5.What do you eat for dinner?

I eat yoghurt. .

Bonus Questions

1.Why shouldn't you eat fast food?

Because it's unhealthy. .

2.What will happen if you eat bad food?

I'll be sick. .

T.Rehab

Shopping

George: I'm going out. Do you want anything?

Sally: Could you buy some stuff from the shop?

George: All right. What do you want?

Sally: Well, we haven't got much milk.

George: How much milk do you want?

Sally: We need two bottles of milk.

George: How about strawberry jam? Have we got any jam?

Sally: Oh yes, there isn't any jam left. We need a jar of strawberry jam and also, we've finished the butter. We need some butter.

Sally: OK. There is a little oil left. Please, buy a bottle of oil.

George: No problem. Do you want to eat fish at dinner?

Sally: Ah, yes. I want you to buy four tins of fish and also some bread. There isn't much bread left.

George: How many loaves of bread do you want?

Sally: A loaf of brown bread is enough. Would you like some coffee after dinner?

George: Of course.

Sally: Then, buy us a bag of coffee. At last, we only have few packets of pasta. Could you buy some more pasta? You know we eat pasta almost every day.

George: Ok, no problem.

Sally: One more thing. Don't buy any almonds. We have got a lot of almonds.

George: All right!

1. **Hou much milk does Sally want?**

a. 3 bottles

b. 2 bottles

c. 5 bottles

2. Sally wants ……jam.

a. carrot

b. fig

c. strawberry

3. They will eat …… For dinner.

a. fish

b. meat

c. chicken

4. They always eat …….. .

a. bread

b. carrots

c. pasta

5. They don't need to buy any …… .

a. bread

b. almonds

c. oil

T. Rehab

Access 5 - Unit 8 Writing

Answer the questions with full sentences.

1- **How much water is there?**

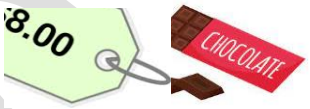
There is a bottle of water. .

2- **How many apples do you need?**

I need two apples.

3- **How much does it cost?**

It costs 8 Dhs. .



Complete your shopping list/ What food do you like to buy :

2 loaves of bread

Type text here

A packet of chips

A bag of rice

1- A tub of.
2 -A can of
3- A bottle of
4 -A packet of
5- A bag of

Write three sentences about food you like / don't like:

I like apples. I don't like onions.

I like chicken. .

I don't like fish. .

Write about your lunch. What do you like to eat?

I like to eat chicken with rice. .

I like to eat burger with cheese.

T. Rehab

Access 5 - Unit 9 Writing

Answer the questions with full sentences.

1- You look tired. What's the matter?

I have a headache. .

2- Why didn't you go to school yesterday?

Because I had a fever. .

3- What can you do?

I can jump high. .

4- I have a cough. What shall I do? (Give advice)

Try drinking some water. .

5- How often do you eat fruit?

I always eat fruit. .

6- How often do you play football?

I sometimes play football. .

Complete the sentences.

1- I got a red rash when I eat tomatoes. I am allergic to tomatoes.

2- My stomach is sore. (Give Advice)

Try eating some food. .

3- I have a headache. (Give Advice)

Try taking some medicine.

T. Rehab

4- I can't read in my book. The doctor wants to do an

eye test…….

Write three sentences about what could / couldn't you do when you were 5:

I could run fast. I could ride my bike.

I couldn't speak English. I couldn't use the computer.

What do you usually eat for breakfast?

I usually eat cheese and eggs. .

How often do you eat fruit?

I eat fruit everyday. .

How often do you read stories?

I read stories once a week. .

T. Rehab

Best Wishes

T. Rehab