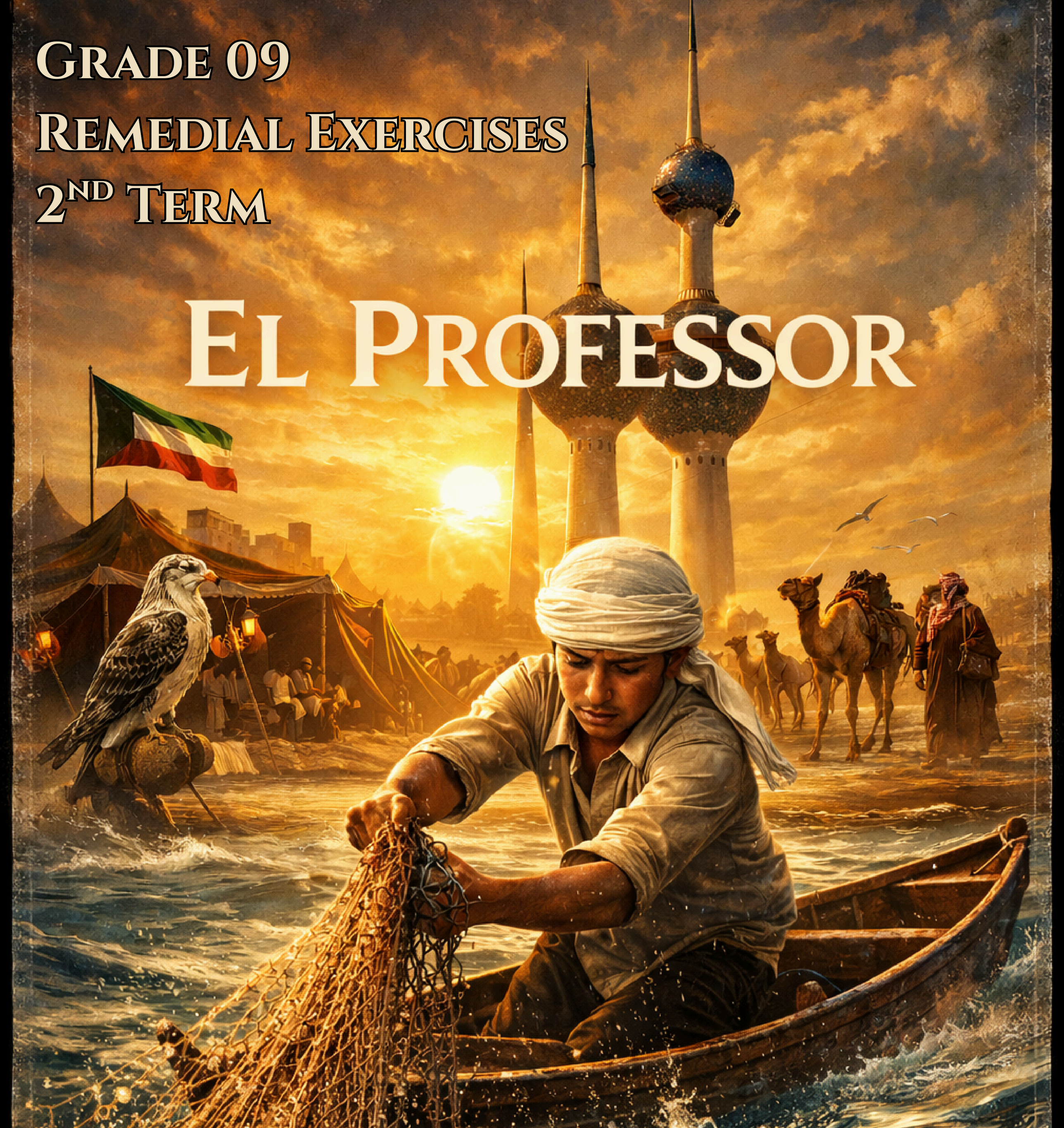
Grade 09
Remedial Exercises
2nd Term

El Professor



By: Mr. Muhammad Ahmad Fathy

2025-2026

Grade 09 - 2nd Term - 2025-2026

Unit 5 : The power of Sports



Unit 5 : The power of sports

U.5-L.1 The power of sports P.19			U.5-L.5 The Rise of E-sports P.24		
enthusiastically	(adv.)	بحماس	emerge	(v.)	يظهر - يبرز
require	(v.)	يتطلب- يحتاج	rapidly	(adv.)	بسرعة
injury	(n.)	إصابة	platform	(n.)	منصة
compete	(v.)	ينافس	massive	(adj.)	ضخم - هائل
individually	(adv.)	بشكل فردي	evolve	(v.)	يتطور
boost	(v.)	يعزز – يقيم	intensively	(adv.)	بشكل مكثف
self-confidence	(n.)	الثقة بالنفس	strategy	(n.)	استراتيجية / خطة
fulfilling	(adj.)	مريح	professional	(adj.)	محترف
athlete	(adj.)	لاعب ألعاب القوى	experienced	(adj.)	ذو خبرة - خبير
key	(n.)	دلالي – هام - ضروري	nutritionist	(n.)	أخصائي تغذية
flexibility	(n.)	مرونة	genuine	(adj.)	حقيقي / أصلي
strategic	(adj.)	استراتيجي	dedication	(n.)	تفانٍ - اخلاص
technique	(n.)	تقنية	income	(n.)	دخل
performance	(n.)	أداء	fame	(n.)	شهرة
persistence	(adj.)	ضروري	addicted	(adj.)	مدمن
significant	(n.)	بارز – هام	pursue	(v.)	يلاحق
unite	(v.)	يوحد			
diverse	(adj.)	متنوع			
mutual	(adj.)	مشترك			
adopt	(v.)	يبدأ – يتبنى			
recreational	(adj.)	ترفيهي			

Linkers Bank

In conclusion	moreover	also	furthermore
في الختام	بالإضافة	أيضاً	و أيضاً

Grammar	1	The Past Perfect Tense
	2	If “ Third Conditional”

I. "Vocabulary"

A) Choose the correct answer from a,b,c and d:-

1. **Playing sports helps young people build strong ..... and believe in themselves.**
   a. strategy b. income c. self-confidence d. fame

2. **A professional athlete must ..... the advice of an experienced coach.**
   a. boost b. adopt c. unite d. emerge

3. **Social media has become a popular ..... for sharing ideas.**
   a. injury b. platform c. technique d. nutritionist

4. **A balanced diet is ..... for athletes to stay healthy.**
   a. massive b. key c. diverse d. recreational

5. **With hard work, new talents can ..... and become known.**
   a. pursue b. require c. emerge d. compete

6. **The coach designed a clear ..... for the team.**
   a. income b. fame c. injury d. strategy

7. **She decided to ..... her dream of becoming an athlete.**
   a. boost b. unite c. pursue d. evolve

8. **The team worked in a ..... way to win.**
   a. massive b. mutual c. fulfilling d. addicted

9. **Regular exercises can ..... your health.**
   a. boost b. require c. adopt d. compete

10. **An ..... nutritionist helps athletes choose healthy food.**
    a. significant b. diverse c. recreational d. experienced

11. **Success in sports needs a lot of ..... and hard work every day.**
    a. fame b. income c. dedication d. injury

12. **The athlete's ..... improved after months of regular training**
    a. performance b. platform c. duty d. impact



B) Fill in the spaces with words from the list:-

injury – platform – emerged – compete – enthusiastically

12. Many new talents ..... during the competition last year.
13. A serious ..... can stop a player from training for months.
14. Adham ..... raised his hand to answer the question.
15. Players must ..... in tournaments to improve their skills.

self-confidence – strategy – boost – pursue – fulfilling

16. Practicing regularly can ..... your abilities and make you stronger.
17. Students with high ..... speak in public without fear.
18. Achieving your goals gives a ..... feeling of happiness.
19. The coach explained a new ..... to help the team win.

technique – flexibility – evolve – adopt – professional

20. New players must ..... modern methods to succeed.
21. His ..... improved after training with an experienced coach.
22. Yoga improves both strength and ..... for athletes.
23. Over time, athletes can ..... and reach a higher level.

dedication– performance – income – rapidly – strategic

24. Hard work can increase your ..... and makes you rich.
25. He learned the plan ..... to avoid any mistakes.
26. A lot of ..... is required to become a top athlete.
27. The singer's ..... impressed everyone during the concert.

II. "Reading Comprehension"

Read the following passage carefully, then answer the questions that follow:

Many species have disappeared because of people. One of the most famous is the dodo, a large bird that could not fly. People told stories about the dodo, calling it fat, slow, or lazy. They also said humans hunted it until none were left. When such animals disappeared, the environment became less rich.

The dodo lived only on Mauritius, a small island east of Africa near Madagascar. Before people came, the island had no mammals. The dodo's ancestors were pigeons that had flown there long ago. They found fruit, clean water, and no enemies. Over many years, they grew bigger and stopped flying.



When Europeans reached Mauritius, the Dutch **settled** and stayed there in 1638. They turned land into farms and brought chickens, cats, deer, and even rats. People hunted dodos, but the real danger was these new animals. Dodos used to bury their eggs in the forest to protect them, but rats and cats ate them. Cows and sheep ate the plants the dodo needed. Dodos moved further into the island and left **their** nests unprotected. Forests were also cut down for farms.

The last dodo was seen in 1662, when sailors caught a male and a female dodo. At that time, no one knew the dodo was disappearing. People did not even have the word "extinction" in this meaning until the 1700s. In 1833, scientists used the dodo to prove that humans could cause a bird to disappear. The Dutch left Mauritius in 1710, but by then many animals and plants were already gone forever.

A. From a, b, c or d, choose the most suitable answer:

09. The best title for this passage would be:

a. Mauritius Forests
b. Extinction of The Dodo
c. Animals of Mauritius
d. The Dutch in Mauritius

10. The underlined word 'settled' in the 3rd paragraph means: -

a. lived
b. bought
c. ate
d. painted

11. The underlined word 'their' in the 3rd paragraph refers to:

a. rats b. cows

c. dodos d. eggs

12. According to the passage, why did dodos stop flying?

a. They grew bigger. b. There were no enemies in Mauritius.

c. They were caught by sailors. d. They went further into the island.

13. According to the passage, what happened to the dodos' eggs?

a. The Dutch brought them to Mauritius.

b. Cats and rats ate them.

c. The dodos buried them in forests.

d. Cows and sheep ate their food.

14. The writer's purpose in writing this passage is to:

a. explain how humans caused the extinction of the dodo.

b. describe the geography of Mauritius.

c. show us that the dodo bird is fat and slow.

d. tell a story about the Dutch sailors.

B. With reference to the passage, answer the following questions:-

15. What happened to the forests of Mauritius after the Dutch arrived?

.....

16. When did the Dutch left Mauritius?

.....

III. " GRAMMAR"

The Past Perfect Tense زمن الماضي التام



التعريف

يُستخدم زمن الماضي التام للتعبير عن حدث **حدث قبل حدث آخر في الماضي.**

بمعنى آخر: لو عندنا حدثين في الماضي، **الحدث الأول يُصاغ بالماضي التام والحدث الثاني يُصاغ بالماضي البسيط.**

Keywords كلمات داله

After
As soon as } Subject + had/ hadn't + p.p ... , ماضـــي بســـيط
Because

ماضـــي بسيـــــط **after** Subject + had/ hadn't + p.p ...
as soon as
because

Before
By the time ماضـــي بسيـــــط , Subject + had/ hadn't + p.p ...
When

Subject + had/ hadn't + p.p ... **before** ماضـــي بسيـــــط
by the time
when

Examples

- I had finished my homework before my mother came home.
→ كنت قد أنهيت واجبي قبل أن تعود أمي إلى المنزل.

- She had already left when I arrived at the station.
→ كانت قد غادرت بالفعل عندما وصلت إلى المحطة.

- After Adham had finished his homework, he played FiFa 26 on his PS.
→ بعد ما انتهى أدهم من واجبه ، لعب فيفا 26 على البلاي ستيشن



A) Choose the correct answer from a,b,c and d:

1. Adham ..... his homework after he had come back from school.
   a. finishes b. had finished c. finishes d. finishing
2. Hana ..... all the exercises before the teacher checked them.
   a. completing b. completes c. had completed d. completes
3. As soon as we had arrived at the cinema, the movie ..... .
   a. starts b. will start c. is starting d. had started
4. He didn't go to class because he ..... his homework the night before.
   a. hadn't done b. does c. did d. is doing
5. By the time the teacher arrived, we ..... the desks carefully.
   a. arranged b. have arranged c. arrange d. had arranged
6. Before the boy went to bed, he ..... his room neatly.
   a. had cleaned b. cleans c. is cleaning d. cleaned
7. We had already eaten by the time the guests ..... at our house.
   a. had arrived b. will arrive c. arrived d. have started
8. He didn't go to class because he ..... his homework the night before.
   a. hadn't done b. does c. did d. is doing
9. When the boy ..... the new song, he sang it to his parents.
   a. had learned b. learns c. learnt d. is learning
10. The students played video games after they ..... all their essays.
    a. wrote b. have written c. write d. had written
11. Before the boy went to bed, he ..... his room neatly.
    a. had cleaned b. cleans c. is cleaning d. cleaned
12. The girl smiled because she ..... her lost notebook by the time the bell rang.
    a. finds b. had found c. finds d. has found
13. As soon as the children ..... dinner, they went to sleep.
    a. have b. is having c. had had d. will have

B) Do as shown between brackets:

14. The girl (finish) ..... reading the book by the time the library closed.

..... . (Correct)

15. The students (finish) ..... the training by the time the storm started.

..... . (Correct)

16. He (call) ..... his friend after he had completed his project.

..... . (Correct)

17. Adham (clean) ..... his room before his parents returned home.

..... . (Correct)

18. The teacher (check) ..... all the assignments by the time the students came to class.

..... (Correct)

19. Because she had studied all the vocabulary, she (get) the full mark.

..... . (Correct)

20. The children (build) ..... a sandcastle after the tide had gone out.

..... . (Correct)

21. The man (arrive) ..... at the station when the train left.

..... . (Correct)

22. They (prepare) ..... the classroom decorations as soon as the principal had approved the plan

..... (Correct)

23. She (pack) ..... her suitcase after she had checked the weather forecast.

..... . (Correct)

24. Adham (watch) ..... C.Ronaldo play several matches before he decided to join football.

..... . (Correct)

If "Third Conditional" الحالة الثالثة



التعريف

تُستخدم للتحدث عن **أشياء لم تحدث في الماضي**، أي للتعبير عن **الندم أو الافتراض عن الماضي.**

بمعنى آخر: نتخيل **ماذا كان سيحدث لو حدث شيء مختلف في الماضي.**

كنت هوصل بدري لو كنت نزلت من البيت بدري"

معنى الجمله اني لا وصلت بدري و لا نزلت ، أنا بس بفترض.

Form الصيغة

If + الفاعل + had + (التصريف الثالث) ..... , الفاعل + would have + (التصريف الثالث)

Examples

☐ **If I had studied harder, I would have passed the exam.**
→ لو كنت قد درست بجد أكثر، لكنت نجحت في الامتحان.

☐ **If Khaled had trained well, he would have won the match.**
→ لو كان خالد قد تدرب جيدًا، لكان فاز بالمباراة.

☐ **She would have arrived on time if she had left home early.**
→ كانت ستصل في الموعد لو خرجت من البيت مبكرًا.

☐ **If they had listened to the teacher, they would have understood the lesson.**
→ لو كانوا قد استمعوا إلى المدرس، لفهموا الدرس.

☐ **He wouldn't have felt tired if he had slept early.**
→ لم يكن ليشعر بالتعب لو نام مبكرًا.

☐ **What would you have done if you had seen a snake?**
→ ماذا كنت لتفعل لو كنت رأيت ثعباناً؟

C) Choose the correct answer from a,b,c and d:

1. If Cristiano Ronaldo ..... harder in that match, he would have scored more goals.

   a. performs b. had performed c. has performed d. perfoming

2. If the team ..... better defense, they would have won the championship.

   a. will play b. has played c. had played d. play

3. If the coach ..... the right strategy, the players would have performed better.

   a. had choosen b. will choose c. chose d. chooses

4. If the boy ..... his homework earlier, he would have gone out with his friends.

   a. finished b. had finished c. has finished d. finishes

5. If the teacher ..... the lesson clearly, the students would have understood it.

   a. will explain b. explains c. had explained d. explained

6. We would have arrived on time if the bus ..... late.

   a. hadn't arrived b. wasn't c. hasn't arrived d. isn't

D) Do as shown between brackets:

7. If the weather (be) .....warmer, we would have gone on a school trip.

   ..... . (Correct)

8. The project would have succeeded if the team (work) ..... together.

   ..... (Correct)

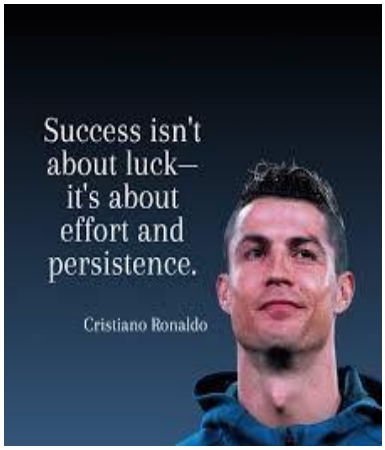
9. If I (know) ..... about the meeting earlier, I would have attended it.

   ..... . (Correct)

10. They would have avoided the problem if they (follow) ..... the instructions.

    ..... . (Correct)

IV.Writing



" E-sports and traditional sports are two popular types of competition enjoyed by people around the world.."

Plan and write a two-paragraph report about E-sports and physical sports, explaining how they are similar and how they are different.

Introduction:

.....

Paragraph (1): Similarities between E-sports and physical sports.

Topic sentence:

.....

Supporting details:

.....
.....
.....

Concluding sentence:

.....

Paragraph (2): Differences between E-sports and physical sports.

Topic sentence:

.....

Supporting details:

.....
.....
.....

Concluding sentence:

.....

Conclusion:

.....