

100 Questions

Health Science

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- 1) Which of the following describes Medical terminology the best?
 - a) A language used between patients and the medical team
 - b) Makes communication more difficult among medical staff
 - c) Medical terminology is made of only one part
 - d) Medical terminology is the same among all medical professionals who speak English.
- 2) Which of the following is True about medical terminology?
 - a) In case of an emergency, avoid using medical terminology because it needs time
 - b) Doctors, nurses, and other medical professionals have the same medical terminology
 - c) Does not have any benefit for people outside the medical field.
 - d) It is very complicated and hard.
- 3) Non-medical professionals can make use of the medical terminology for:
 - a) Giving drug prescriptions to sick people
 - b) Understanding their illness when the doctor explain to them.
 - c) Treat themselves when they get sick
 - d) All of the above
- 4) Choose the correct order of parts in medical terminology:
 - a) Root – Suffix – Prefix
 - b) Prefix – Suffix – Root
 - c) Suffix – Root – Prefix
 - d) Root – Combining vowels - Suffix
- 5) Which of the following prefixes means ‘against’ ? **
 - a) A / An
 - b) Anti
 - c) Ante
 - d) Ab
- 6) Increased calcium levels in the blood is described as:
 - a) Hypercalcium
 - b) Calcemia
 - c) Hypocalcemia
 - d) Hypercalcemia
- 7) Which of the following is matched correctly?
 - a) Heam : Fat
 - b) Osteo : joint
 - c) Glyc: sugar
 - d) Pulmon : mind
- 8) Thromb is a prefix that means clot
 - a) True
 - b) False

9) Identify the root word in hyperglycemia **

- a) Blood
- b) Sugar
- c) Too high
- d) Fat

10) What is the opposite of the prefix 'tachy' ?

- a) Fast
- b) Too high
- c) Opposite of
- d) Slow

11) Intercellular, is a terminology describing components inside the cell

- a) True
- b) False

12) Which of the following describes a patient with high blood pressure?

- a) Tachytension
- b) Hypertension
- c) Tachycardia
- d) Epitension

13) Correct spelling of the medical word meaning 'cancer forming' **

- a) Canceroformation
- b) Carcinosis
- c) Carcinogenic
- d) Carcingenic

14) Identify the prefix in antenatal?

- a) Before
- b) Against
- c) Opposite
- d) Birth of baby

15) Which of the following does a Suffix usually describe?

- a) A condition
- b) What is wrong with the patient
- c) A Procedure
- d) How the disease can be fixed
- e) All of the above

16) We can have medical terminology without the Suffix part.

- a) True
- b) False

17) Pulmonology is:

- a) Severe disease in the lungs
- b) The study of the respiratory system, mostly the lungs
- c) Cancer in the lung
- d) A doctor specialized in diseases of the lungs

18) Leukemia is:

- a) Increased blood volume
- b) Decreased blood volume
- c) No blood at all
- d) Cancer of the blood

19) Which of the following is true about Combining vowels?

- a) Always used between root and suffix
- b) Joins root to root
- c) Change the meaning of the word
- d) “ I “ is the combining vowel used in “ Acidosis “

20) Gastroenteritis is inflammation of the stomach and the intestine, it is made up of:

- a) 1 prefix, 1 root , 1 suffix
- b) 2 roots and a suffix
- c) Prefix, 2 roots and a combining vowel
- d) Suffix, 2 roots and a combining vowel

21) Which of the following is False about medical reports?

- a) Includes personal information of the patient
- b) The current complaint and diagnosis are part the report
- c) Future plans of management is included in the report
- d) Share the report with the patient family and friends to take care of him

22) Which of the following is NOT part of vital statistics

- a) Temperature
- b) Blood pressure
- c) Height and weight
- d) Respiratory rate

23) The improvement of the patient due to decrease of symptoms without the stop of the disease is known as:

- a) Cure
- b) Terminal
- c) Remission
- d) Treatment

24) Prognosis is the doctor’s opinion about the future of a patient’s condition or illness

- a) True
- b) False

25) A patient diagnosed with an illness that cannot be treated. What type of illness is this? **

- a) Cured
- b) Remission
- c) Terminal
- d) Acute

26) What should you do when visiting the doctor?

- a) Stay shy and don’t talk
- b) Never ask the doctor anything about your condition
- c) Hide some relevant medical history from your doctor
- d) Discuss your medical condition, carefully listen, understand and ask your doctor

27) Hypertension is communicable.

- a) True
- b) False

28) Which of the following is an acute disease?

- a) Cancer
- b) Diabetes
- c) Corona virus infection
- d) Asthma

29) Which of the following is a sign? **

- a) Feeling tired
- b) Backpain
- c) Difficulty concentrating
- d) Coughing

30) Which of the following is True?

- a) Signs are the things that the patient complain of
- b) Chronic conditions stay for 5 weeks only
- c) Diseases that transmit for someone to another are communicable
- d) Medical terminology are not important

31) Wheezing happens in which of these?

- a) Atherosclerosis
- b) Head injury
- c) Asthma
- d) Kidney problem

32) Select the disease that Doesn't happen in the respiratory system?

- a) Pneumonia
- b) Cancer
- c) COPD
- d) Inflammatory bowel disease

33) Which of the following is a symptom of covid-19?

- a) Loss of taste and/or smell
- b) Leg pain
- c) Wheezing
- d) Loss of vision

34) Choose the correct statement that describes asthma?

- a) Inflammation of the alveoli
- b) Autoimmune disease of the bronchi
- c) Inflammation and constriction of the bronchi and bronchioles
- d) Infection and constriction of the airways

35) Which of the following is NOT part of the Respiratory system?

- a) Pharynx
- b) Esophagus
- c) Trachea
- d) Alveoli

36) Medical doctors that have specialised knowledge and skills in the diagnosis and treatment of conditions and diseases of the respiratory system are called:

- a) Cardiologists
- b) Neurologists
- c) Pulmonologists
- d) Orthopedic surgeon

37) Select the correct statement about hypertension:

- a) Chronic communicable condition
- b) The pressure of the blood in the arteries is lower than what it should be
- c) Risk increases with exercise
- d) Antihypertension medications lower the blood pressure

38) Too much salt decrease the blood pressure.

- a) True
- b) False

39) Which of the following is correct?

- a) Hypertension is a disease in the Respiratory system
- b) The Heart and the Brain may get damaged from Hypertension
- c) Hypertension patient complains of cough
- d) Too much stress lowers the blood pressure

40) Atherosclerosis is an acute non-communicable disease that affect the walls of the arteries.

- a) True
- b) False

41) The deposition of fatty plaques in atherosclerosis leads to:

- a) Decreasing blood flow
- b) Widening of the arteries
- c) Increasing blood flow
- d) Increase Elasticity of arteries

42) Fatima experiences chest tightness and shortness of breath when exercising, what type of doctor should Fatima visit? **

- a) Gastroenterologist
- b) Orthopedic surgeon
- c) Neurologist
- d) Cardiologist

43) One of the following is NOT a symptom of Gastroenteritis:

- a) Fever
- b) Stomach pain
- c) Vomiting and diarrhea
- d) 5 months of headache

44) Which of the following decrease the risk of developing gastroenteritis?

- a) Eating fruits directly from the tree
- b) Eating rare (not well cooked) steak
- c) Washing your hands very good before and after eating
- d) Eating a piece of chicken after it fell to the ground

45) Which of the following is NOT a cause of gastroenteritis?

- a) Poor hygiene
- b) Contact with animals
- c) Eating contaminated food or drinks
- d) Eating well cooked chicken

46) A patient with cheese intolerance, eat 3 cheese sandwiches. What could happen to him?

- a) Have some abdominal bloating
- b) Die
- c) Lose consciousness
- d) Bleed from his mouth

47) a chronic non-communicable condition in which the person can't digest certain food is called:

- a) Allergy
- b) Anaphylaxis
- c) Food intolerance
- d) Inflammatory bowel disease

48) Gastroenterologists are doctors specialized in the digestive system.

- a) True
- b) False

49) Which of the following is True in osteoporosis?

- a) Bones can easily fracture
- b) Exercise will increase osteoporosis
- c) Patients with osteoporosis get taller
- d) Bones have higher density

50) Select the statement that describes osteoporosis the best:

- a) Chronic disease of the bone, where the rate of destruction is lower than formation
- b) Communicable disease of the bone, where the rate of destruction is higher than formation
- c) Acute non-communicable disease of the bone
- d) Chronic disease of the bone, where the rate of destruction is higher than formation

51) Salma has osteoporosis, which of the following will help her?

- a) Bed rest
- b) Caffeine
- c) Vitamin D and calcium
- d) Medicine to slow formation of bone

52) Which of the following is NOT a part of the musculoskeletal system?

- a) Tendons
- b) Muscles
- c) Connective tissue
- d) Bronchi
- e) Cartilage

53) Which of the following is False about arthritis

- a) Can cause stiffness and pain of the joints
- b) Anti-inflammatory help to reduce pain and swelling in arthritis
- c) Muscles are inflamed in arthritis
- d) Osteoarthritis is a common type of arthritis

54) Neurologists are doctors specialized in diagnosing and treating diseases of ?

- a) The digestive system
- b) The immune system
- c) The Brain
- d) The nervous system

55) Anti-inflammatory are medications used to treat epilepsy

- a) True
- b) False

56) Which of the following happens in epilepsy?

- a) Shaking of arms and legs
- b) Sneezing
- c) Joint pain
- d) Stomach pain

57) Which of the following occurs more in children?

- a) Alzheimer's disease
- b) Gastroenteritis
- c) Arthritis
- d) Parkinson's disease

58) Forgetting people, places, and words are a common symptom of Alzheimer's disease.

- a) True
- b) False

59) Medicine and surgery cure Alzheimer's disease.

- a) True
- b) False

60) Which of the following is True?

- a) Epilepsy is a chronic non-communicable disease of the peripheral nervous system
- b) Abnormal brain activity leads to seizures
- c) Dementia is a part of normal aging
- d) Alzheimer's is a chronic communicable degenerative disease of the nervous system

61) Alzheimer's is the most common cause of dementia. Which of the following happens in dementia?

- a) Loss of memory
- b) Changes in thinking and language
- c) Change in behaviour
- d) All of the above

62) Multiple sclerosis is an autoimmune disease of the Nervous System.

- a) True
- b) False

63) Which of the following is True about Multiple Sclerosis?

- a) The nerves of the hands are affected
- b) Myelin sheath is damaged
- c) The disease will only stay for 6 weeks
- d) Staying close to a patient with Multiple Sclerosis makes you at risk of getting the disease

64) In allergy the immune system reacts abnormally to a normal substance.

- a) True
- b) False

65) Which of the following drugs help in the life-threatening Anaphylaxis?

- a) Antibiotics
- b) Panadol cold and flu
- c) No need for medication
- d) Epinephrine

66) Rubbing the eyes and sneezing are part of a mild allergic disease.

- a) True
- b) False

67) Which of the following systems are responsible for producing antibodies?

- a) Respiratory system
- b) Central nervous system
- c) Peripheral nervous system
- d) Immune system

68) A group of diseases where there is a problem in the immune system, causing it to attack the body's own tissues and organs is called?

- a) Allergy
- b) Antibody
- c) Autoimmune
- d) Antiimmune

69) Which of the following is NOT one of the latest advances of technology in healthcare?

- a) Artificial intelligence
- b) Robotic surgery
- c) Telemedicine
- d) Paper medical records

70) Which of the following is True?

- a) People are less interested in tracking their own health and fitness due to Covid-19
- b) Technology has very limited uses in healthcare
- c) Augmented and virtual reality are now used in things other than gaming
- d) Recovery times of patients are now longer with new technology

71) Select the positive result from the major development of technology in healthcare:

- a) Patients need more time to get diagnosed
- b) Patients have slower recovery times
- c) People live less than before
- d) Better modernised hospitals and equipment

72) Which of the following features are available in smart watches?

- a) Movement reminders
- b) Sleep and stress monitoring
- c) Measuring Heart rate and blood oxygen
- d) All of the above

- 73) Which of the following smart devices help filter out background noise?
- Electrocardiogram
 - Fitbits
 - Smart watches
 - Smart hearing aids
- 74) Select the True statement regarding wearable ECG monitors:
- Help users to track their heart health
 - Alert the user when their heartrate is normal
 - Results are received within thirty minutes
 - There is only one type
- 75) Medical e-services are health-related online services which range from booking appointments to accessing medical records and paying medical bills.
- True
 - False
- 76) Which of the following is False about Alhosn application?
- the UAE's official app for COVID-19 testing results, vaccine certification and contact tracing.
 - The app was created using artificial intelligence (AI) technology by the Ministry of Health and Prevention (MoHAP) along with Dubai Health Authority and the Department of Health Abu Dhabi.
 - Has contact tracing with the use of GPS and Bluetooth
 - Alhosn made contact tracing more secure but slower than before.
- 77) Which of the following is False about the Benefits of health-related apps and e-services?
- Available to use 24/7 from anywhere in the country, or anywhere in the world.
 - Carry out functions like contact tracing can help to lower the spread of infectious diseases such as COVID-19
 - Useful for travelers who need proof of vaccinations
 - Users have to plan a trip to a healthcare facility in order to receive test results
- 78) Which of the following is True about Augmented Reality in healthcare?
- Changes the real world by entering into a completely digital environment
 - Is a simulated reality created by computer technology when a person completely enters into a digital environment
 - The user cannot see the real environment around them
 - Helpful in emergency treatment to find healthcare facilities and medical equipment
- 79) Which of the following is False about AI in healthcare?
- Can help predict what diseases a person will develop due to multiple factors
 - Help medical students train with a variety of case scenarios
 - Do tasks not usually done by humans
 - Help create personalized treatment plans for patients
- 80) Which of the following is False about the benefits of telemedicine?
- Convenient
 - Improves access to care
 - Spends more time and money
 - Reduce risk of spreading infection

81) Which of the following conditions is applicable for telemedicine?

- a) Asthma
- b) Anaphylaxis
- c) Major burns
- d) Cardiac arrest

82) Which of the following is a type of brain injury?

- a) Scalp laceration
- b) Skull fractures
- c) Concussion
- d) All of the above

83) Which of the following is the least likely to happen in a healthy patient who had a head injury?

- a) Wheezing
- b) Confusion and coma
- c) Amnesia
- d) Leakage of fluids from nose or ears

84) In case of head injury, rest for couple days and then if you don't feel well, visit a doctor

- a) True
- b) False

85) Paralysis is loss of ability to move or sense a part of the body (definition of paralysis) , what causes it?

- a) Cancer
- b) Sport or fall injuries
- c) CNS inflammation
- d) All of the above

86) Most important thing to do for a patient who just had spinal or severe head injury?

- a) Carry him and take him to hospital as fast as possible
- b) Don't move him and wait for medical emergency to come
- c) Leave him and go home
- d) Try to help him stand

87) One of the following is NOT a dangerous sign of spinal or head injury:

- a) Eye pupils of unequal size
- b) Unable to move any of his parts
- c) Leg pain and swelling
- d) Very severe headache

88) Press firmly on head in cases of skull fracture to prevent bleeding:

- a) True
- b) False

89) Ice is helpful to reduce swelling and redness

- a) True
- b) False

90) In cases of stroke, we should make the patient rest for couple of days then treat the stroke

- a) True
- b) False

91) Which of the following is a sign of stroke?

- a) Increased awareness and consciousness
- b) Jumping in place from stroke pain
- c) Loss of ability to smile in one half of the face
- d) Severe itching of the body

92) Define a Stroke:

- a) A condition that happens when the supply of oxygen to the brain is reduced or stops completely where the cells in the brain begin to die
- b) A disease where the body is unable to properly produce or respond to a hormone called insulin
- c) Disruption in the electrical activity in the brain
- d) Deposition of fatty plaques on the walls of arteries

93) Someone fell in the street, is out of conscious and isn't breathing, what do you do?

- a) Call medical emergency and Start CPR
- b) Don't call anyone and take him to the hospital
- c) Run away
- d) Call medical emergency But don't do CPR

94) Which of the following can cause a hypoglycemic attack?

- a) Eating too much candy
- b) Missing the insulin injection
- c) Take normal daily insulin without eating
- d) Taking insulin injection before meal

95) Which of the following can cause hyperglycemic attack

- a) Eating too much candy
- b) Taking too much insulin
- c) Take normal daily insulin without eating
- d) Taking insulin injection before meal

96) Ahmad fell in the street and is showing signs and symptoms of hypoglycemia, he is conscious but unable to eat. What do you do?

- a) Give him sugary juice, or eat a sugary snack such as a sugar lump or a sweet.
- b) Put some honey or a sweet syrup inside their cheek
- c) Wait for emergency medical help.
- d) Give him insulin injection as soon as possible to save his life

97) Which of the following are seen in an hypoglycemic attack?

- a) Increased thirst and dry mouth
- b) Increased need to urinate
- c) Feeling hungry
- d) Hyperactive and energized

98) Which of the following happen in a hypoglycemic attack?

- a) Dizziness
- b) Sleepiness
- c) Sweating and shaking
- d) All of the above

99) Noor has just sushi lunch at a new restaurant. Suddenly she started having severe shortness of breath then lost consciousness. She is likely to be having a **

a) Epileptic seizure

b) Mild allergic reaction

c) Anaphylaxis

d) Stroke

100) Insect bites are usually not serious but can cause a severe allergic reaction

a) True

b) False

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Good luck

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