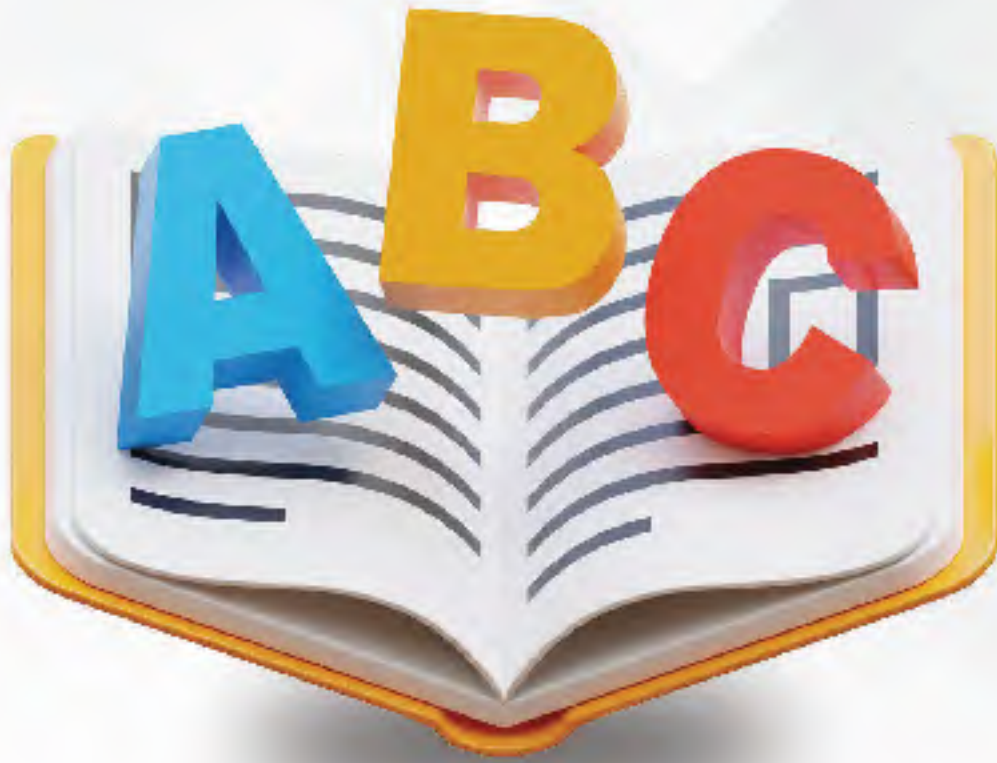




انجليزي

مذكرة تفاعلية

4

الصف الرابع

لماذا؟ مذكرات النجاح

مجانا
بدون
اشتراك

اختبارات الكترونية
لكل درس
لكل وحدة



الأسئلة الذهبية

تكرر في اختبارات سابقة
من ٣ إلى ٥ مرات



تكرر في اختبارات سابقة
أكثر من ٥ مرات



تكرر في اختبارات سابقة
من ١ إلى ٢ مرات



- شاملة ومختصرة
- نماذج اختبارات محلولة
- باركود حل الكتاب المدرسي
- ملونة ومرتبطة
- مرتبة حسب الدروس
- باركود الاختبارات الالكترونية
- محلوقة



2025-2024



مذكرات
النجاح

طريقك للنجاح



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وقفة لحظة

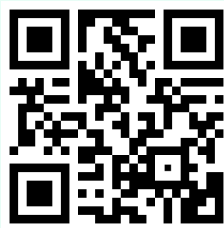


قبل لا تكمل
روابط تهممك

تدريبات



طالب



حل
الكتاب



ملاحظات
المذكرة



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اختبار
الالكتروني
تدرب
و تعلم

Unit 1: Health is Wealth

المفردات Vocabulary

Words	meaning	Words	Meaning
Bear	دب	snack	وجبة خفيفة
Everyone	كل واحد	spend	يقضي
Judo	رياضة الجودو	spent	قضى
Cycling	ركوب الدراجة	pajamas	بيجاما
Favorite	مفضل	relax	يسترخي
keep fit	يبقى رشيق	relaxed	استرخى
Exercise	يتدرب	deep	عميق
Trip	رحلة	fresh air	هواء نقي
Stadium	استاد	comb	يمشط
his highness	سموه	clip	يقص
Amir	الأمير	clipped	قص
Seat	مقعد	nail	ظفر
Mostly	عموماً	Pyramid	هرم
Match	مباراة	fat	سمين
Event	حدث	dairy	منتجات الحليب
Phone	يتصل تليفوناً	grain	حبة
Phoned	اتصل تليفوناً	cereals	حبوب
Useful	مفيد	golf	لعبة الجولف
Lifestyle	أسلوب حياة	hockey	لعبة الهوكي
Habit	عادة		

1 Choose the correct answer from a, b and c: اختر الإجابة الصحيحة

1 There are five groups of food in the food

- (a) grain (b) pyramid (c) snack (d) habit

2 The bear is my animal.

- (a) trip (b) useful (c) deep (d) favourite

3 I my hair before going to school.

- (a) comb (b) exercise (c) clip (d) relax

4 You should your nails every week.

- (a) comb (b) clip (c) phone (d) spend

5 Ali eats a between meals.

- (a) bear (b) seat (c) snack (d) event

6 Khalid has a healthy

- (a) lifestyle (b) match (c) golf (d) nail

7 She sat back in her

- (a) relax (b) seat (c) fat (d) habit

8 They're going to the to watch a football match.

- (a) dairy (b) pyramid (c) hockey (d) stadium

9 is my favorite sport.

- (a) cereals (b) exercise (c) judo (d) habit

10 I want to sit on the beach and for a week.

- (a) relax (b) phone (c) bear (d) clip

11 There weren't enough in the bus so I couldn't sit down.

- (a) grains (b) seats (c) bears (d) nails

12 I need to take a rest and I feel so tired today.

- (a) clip (b) spend (c) phone (d) relax

13 You can eat some nuts as a healthy between meals.

- (a) nail (b) **snack** (c) golf (d) bear

14 Let's go to the to watch the final football match.

- (a) pyramid (b) habit (c) **stadium** (d) golf

15 You should your nails weekly. It is a healthy habit

- (a) spend (b) relax (c) **clip** (d) phone

16 Healthy.....is important to live longer and be happier.

- (a) pyramid (b) trip (c) **lifestyle** (d) seat

17 Reading stories gives us information and fun.

- (a) **useful** (b) favourite (c) fit (d) healthy

18 Khalid enjoys the air in the park.

- (a) favourite (b) dairy (c) fat (d) **fresh**

19 I do exercise to fit and healthy.

- (a) **keep** (b) relax (c) phone (d) spend

20 Eating fast food and staying up late are bad

- (a) seats (b) trips (c) **habits** (d) fats

21 Kuwait's National Day is an important

- (a) **event** (b) grain (c) seat (d) fat

22 They didn't visit Sami. They just him

- (a) spent (b) kept fit (c) **phoned** (d) combed

24 We should eat a lot of grain and

- (a) pajamas (b) **cereals** (c) trips (d) pyramids

25 Put on your..... It's your bedtime.

- (a) snacks (b) **pajamas** (c) seats (d) pyramids

25 It's good to do some in the morning

- (a) **exercises** (b) bears (c) stadiums (d) nails



اختبار
الكروني
تدرب
و تعلم

القواعد Grammar

Like + ing

Prepositions of place

Like + verb(الفعل) + ing

ex:

- He **likes eating** chocolate.

Present Simple

➤ يستخدم المضارع البسيط للتعبير عن العادات المتكررة الحدوث وكذلك للتعبير عن الحقائق العلمية.

➤ يتكون المضارع البسيط من التصريف الأول:

فعل (مصدر) + I/ You/ We/ They +

He/ She/ It + (s + فعل)

ex:

- I/ You/ We/ They **play** football.
- He/ She **lives** in a big house.
- My cat **runs** very fast.

➤ عند السؤال نستخدم do/ does كفعل مساعد:

ex:

- What **do** (you/ we/ they) want?
- What **does** (he/ she/ it) eat?

➤ يأتي المضارع البسيط مع:

كل always - عادةً usually - أحياناً sometimes - دائماً always

ex:

- She **always goes** to bed early.

Past Simple

◀ يعبر عن شيء حدث بالماضي وانتهى، ويتكون الماضي البسيط من التصريف الثاني:

إذا كان منتظماً نحول الفعل لصيغة الماضي بإضافة (d - ed) أما إذا كان غير منتظم نحول للتصريف الثاني.

تصريف أول present	تصريف ثاني past
are يكون للجمع	Were
is يكون للمفرد	Was
ask يسأل	Asked
play يلعب	Played
live يعيش	Lived
help يساعد	Helped
have/ has يملك	Had
eat يأكل	Ate
swim يسبح	Swam
go يذهب	Went

 ex:

- I helped my mother yesterday
- They went to the mall last week.

◀ عند السؤال نستخدم did كفعل مساعد:

 ex:

- I walked yesterday. → When did you walk?

◀ يأتي الماضي البسيط مع:

في الماضي - تاريخ قديم in the past - الماضي ... last... - أمس yesterday

 ex:

- My cat **played** in the park **yesterday**.
- What **did** you watch **last** night?

Future with «going to»

◀ يستخدم للتعبير عن الخطط المستقبلية.

I	+ am + going to + verb
You/ We/ They	+ are + going to + verb
He/ She/ It	+ is + going to + verb

◀ تستخدم هذه الصيغة مع:

في المستقبل in the future - الليلة tonight - القادم next - غدًا Tomorrow

 ex:

- I am going to go to Oman next holiday.
- Ahmed is going to watch a film tonight.
- We are going to play tennis tomorrow

Possessive Adjectives

I	My	My books
You	Your	Your books
We	Our	Our books
They	Their	Their books
He	His	His books
She	Her	Her books
It	Its	Its hands

1 Choose the correct answer from between brackets: اختر الإجابة الصحيحة

1 My mother fish yesterday.

(a) cooked

(b) cooks

(c) cook

2 Tomorrow, I'm my uncle.

(a) visiting

(b) going to visit

(c) visited

3 We have a new cousin. hands are very small.

(a) its

(b) their

(c) her

4 She likes trees.

(a) painting

(b) paint

(c) paints

5 I usually judo on Saturday.

(a) does

(b) doing

(c) do

6 I like in the pool in summer when it is hot.

(a) swim

(b) swimming

(c) swims

7 Ahmed likes to the gym every weekend.

(a) goes

(b) go

(c) going

8 Tomorrow, we going to tidy our rooms.

(a) am

(b) is

(c) are

9 They to Paris.

(a) are going to fly

(b) going to fly

(c) am going to fly

10 I nice pictures in the art class yesterday.

(a) paint

(b) paints

(c) painted

11 My father our grandma three days ago.

(a) visited

(b) visits

(c) visiting

12 Where you go yesterday?

(a) doing

(b) do

(c) did

13 My friends a falcon last night.

(a) saw

(b) see

(c) seeing

14 Ali 10 cups of water yesterday.

(a) drinks

(b) drank

(c) drink

15 Ahmed and Ali are going to shopping tonight.

(a) go

(b) goes

(c) going

16 Dad is going to a car next week.

(a) eat

(b) buy

(c) sleep

17 What your mum going to cook for lunch?

(a) are

(b) am

(c) is

18 We usually our favourite cartoon at six o'clock.

(a) watches

(b) watching

(c) watch

19 I born in 2010.

(a) am

(b) were

(c) was

20 We sometimes to Canada in summer vacations.

(a) travel

(b) travelling

(c) travelled

21 Amal bought a new dress. dress is purple.

(a) His

(b) My

(c) Her

22 I have got a nice bag. colour is pink.

(a) her

(b) his

(c) its



اختبار
الكروني
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قطعة الاستيعاب Reading Comprehension

شرح قطعة الاستيعاب

كلمات وعبارات لابد من معرفتها لحل أسئلة قطعة الاستيعاب

passage	قطعة	e-mail	ايميل
refers to	يشير إلى	The writer	الكاتب
means	يعني	opposite	عكس
meaning	معنى		
The underlined word "....." refers to		الكلمة التي تحتها خط تشير إلى	
The underlined pronoun "....." refers to		الضمير الذي تحته خط يشير إلى	

❏ ويأتي سؤال معاني الكلمات بهذه الطريقة:

The underlined word "....." means:

❏ وهذه بعض الأمثلة:

Word	Meaning	Word	Meaning
got	Bought	lovely	beautiful
phoned	Called	glad	happy
returned	went back		

❏ ويأتي سؤال عكس الكلمات بهذه الطريقة:

The opposite of "....." is:

❏ وهذه بعض الأمثلة:

Word	Opposite
new	old
pleased	sad

Read the following passage, then answer the questions below:

اقرأ النص ثم أجب عن الأسئلة

The Grand Mosque is the biggest mosque in Kuwait. It is on the Arabian Gulf Street in front of Al- Seif Palace. The prayer hall has twenty-one doors and a hundred and forty-four windows. It has a very big car park for about 500 cars. It also has a library of Islamic books. It is one of the most modern mosques in Kuwait. They started building it in 1979 and they finished in 1986. People go there in Eid Al Fitter and Eid Al Adha. They also go in Ramadan and other Islamic celebrations.

1 Choose the correct word from a, b, c and d: اختر الإجابة الصحيحة

1 The **Best** title for this passage could be: العنوان الأفضل للنص

- (a) Al- Seif Palace (b) **The Grand Mosque**
(c) Eid Al Adha (d) Eid Al Fitter

2 The **opposite** of the word «modern» in line 5 is:

- (a) hot (b) young (c) cold (d) **old**

3 The underlined word "They" in line 7 refers to:

- (a) Islamic books (b) cars (c) **people** (d) celebrations

4 The prayer hall is the place in the mosque.

- (a) **biggest** (b) smallest (c) coldest (d) heaviest

2 Answer the following questions: أجب عن الأسئلة

1 How many years did they take to build the Grand Mosque?

كم سنة احتاجوا لبناء المسجد الكبير؟

They took 7 years.

2 What kind of books does the library have?

ما نوع الكتب التي تحتويها المكتبة؟

It has Islamic books.

Read the following passage, then answer the questions below:

اقرأ النص ثم أجب عن الأسئلة

On Fridays, Hala goes to the club with her sister Hoor. They go to the club on foot. They see different shops on their way to the club. They like playing different sports because they are active and they don't enjoy staying at home at weekends. Hala's favourite sport is tennis because it is an interesting sport. Hoor is tall, so she is good at playing basketball. Last Friday, they met a new friend in the club. Her name is Salma. She is nine years old. She likes swimming. Salma says that everyone can play a sport to have a healthy body.

1 Choose the correct word from a, b, c and d: اختر الإجابة الصحيحة

1 The **best title** for the passage is:

- (a) Visiting Friends (b) **Playing Sports**
(c) Staying At Home (d) The Happy Friends

2 The **opposite** of the underlined word "**tall**" in line 5 is:

- (a) big (b) **short** (c) old (d) long

3 The underlined word **they** in line 3 refers to:

- (a) Fridays (b) sports (c) **two sisters** (d) shops

4 The club is the sister's house

- (a) far from (b) **near** (c) on (d) under

2 Answer the following questions: أجب عن الأسئلة

1 Why is Hoor good at playing basketball? لماذا حور جيدة في لعب كرة السلة؟

Because she is tall.

2 What do the two sisters see on their way to the club?

ماذا ترى الأختان في طريقهما إلى النادي

They see different shops on their way to the club.

Read the following passage, then answer the questions below:

اقرأ النص ثم أجب عن الأسئلة

Jassim was chubby. His friends, Walid and Ali, were angry with him. He liked eating fast food and didn't do sports. Last summer holiday, Jassim went on a trip to London. His brother, Nasser, lives there. Nasser was sorry for his brother. They had a healthy lifestyle. The two brothers had more cereals and less fats. Every day, they worked out at the gym and went running at the park. After a month, Jassim came back and played football with his friends.

1 Choose the correct word from a, b, c and d: اختر الإجابة الصحيحة:

1 The **Best** title for this passage is:

- (a) Eating Fats (b) **Becoming Fit**
(c) Reading Books (d) Eating Fast

2 The underlined word "**He**" refers to:

- (a) Nasser (b) **Jassim** (c) Ali (d) Walid

3 Nasser was sad because his brother was:

- (a) **chubby** (b) fit (c) happy (d) clever

4 The words "**went on a trip**" means:

- (a) played (b) ate (c) **travelled** (d) ran

2 Answer the following questions: أجب عن الأسئلة

1 Where did Jassim spend the holiday? أين قضى جاسم العطلة؟

He spent it in London.

2 How long did Jassim stay in London? كم من الوقت بقي جاسم في لندن؟

He stayed for a month there.

نصائح لكتابة موضوع التعبير

قبل الكتابة

- أقرأ رأس الموضوع جيداً.
- أقرأ الأسئلة المرتبطة بالصورة ثم اكتب إجابة الأسئلة الموجودة بالمخطط Graphic Organizer مستخدماً الكلمات المساعدة.

- اكتب الموضوع مسترشداً بالإجابات التي تم كتابتها في المخطط.

أثناء الكتابة

- ترك مسافة في بداية الفقرة.
- استخدم كل كلمة مساعدة في عمل جملة قصيرة تتكون من:

تكملة ← فعل ← فاعل
- ضع (.) واضحة بنهاية الجملة.
- استخدم المضارع البسيط في وصف الموضوعات العامة.
- استخدم الماضي البسيط للحديث عن الماضي.
- استخدم المستقبل البسيط للحديث عن المستقبل.
- استرشد بإجابات سؤال Set Book.
- تجنب استخدام كلمة and أكثر من مرة في جملة واحدة.
- لا تبدأ الجملة بالروابط but - and.

بعد الكتابة: راجع ما يلي:

- الحروف الكبيرة.
- علامات الترقيم.
- إضافة s للفعل المضارع المفرد.
- استخدام الشكل الثاني للفعل عند استخدام زمن الماضي البسيط.
- استخدم (مصدر + will) في زمن المستقبل.
- الأخطاء الإملائية.



1 Choose the correct answer from a, b, c and d: اختر الإجابة الصحيحة

1 Yesterday, I saw a big brown in the zoo.

- (a) trip (b) exercise (c) grain (d) bear

2 My dad always walks for thirty minutes a day to

- (a) meet (b) keep fit (c) phone (d) comb

3 My cousin bought a new bike to go.....in his free time.

- (a) cycling (b) judo (c) horse riding (d) gymnastics

4 On Fridays, we visit our grandparents and have lunch.

- (a) mostly (b) proudly (c) quietly (d) hard

Grammar - نموذج اختبار قواعد

1 Choose the correct answer from a, b, c and d: اختر الإجابة الصحيحة

1 They rest here tonight.

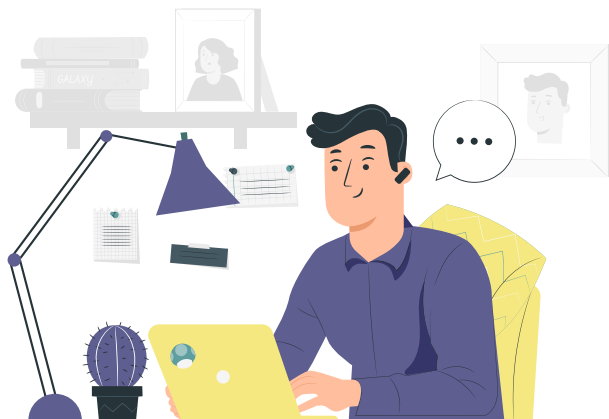
- (a) are going to (b) are going (c) is going to

2 My friend and I swimming last Monday.

- (a) goes (b) going (c) went

3 What do you like to keep fit and healthy?

- (a) doing (b) do (c) does



Writing a paragraph - نموذج اختبار تعبير

Write a short paragraph of 4 sentences with the help of the picture and guide words about (Cycling)

اكتب مقطع قصير من 4 جمل بالاستعانة بالصور والكلمات المساعدة عن (ركوب الدراجة)

(park- weekend -friends-cousins-keep fit-healthy)



 الموضوع Topic

I go to the park for cycling. I go at the weekend. I go cycling with my friends and my cousins. I do it to keep fit and stay healthy.

أذهب إلى الحديقة لركوب الدراجة. أذهب في عطلة نهاية الأسبوع. أذهب لركوب الدراجة مع أصدقائي و أقربائي. أقوم بذلك لأحافظ على لياقتي و أبقى بصحة جيدة.

Reading - نموذج اختبار قراءة

المفردات (A) Vocabulary

1 اختر الإجابة الصحيحة: Choose the correct answer from a, b, c and d:

1 Last week, we were on a camping in the desert.

(a) trip

(b) pyramid

(c) exercise

(d) fat

2 You should your time in a useful way to be successful.

(a) relax

(b) spend

(c) Phone

(d) clip

3 Divers used to dive in water to get pearls.

(a) deep

(b) favourite

(c) useful

(d) fit

4 Milk, cheese and butter are..... products.

(a) dairy

(b) habit

(c) judo

(d) match

(B) Reading Comprehension الاستيعاب

Read the following passage then answer the questions below:

اقرأ النص ثم أجب عن الأسئلة

In the past people used to eat healthy food. They grew fruits and vegetables in their gardens. But nowadays, life has changed a lot. Most People spend their times in a lazy way using laptops, iPads and iPhones, watching videos, chatting, and playing computer games. Also most of children like to eat fast food like burger, chips and unhealthy snacks. It's very important to know that fast food is very unhealthy because it is full of fat which is bad for heart. We have to follow a healthy lifestyle by doing exercises and eating healthy food to keep fit.



1 Choose the correct answer: اختر الإجابة الصحيحة:

1 The best title for the passage is: العنوان الأفضل للنص هو:

- (a) Eating Snacks (b) Playing Games
(c) Healthy lifestyle (d) Growing Vegetables

2 The meaning of the word 'fit' in line 7 is: كلمة "fit" تعني:

- (a) fast (b) slow (c) healthy (d) dangerous

3 The underlined pronoun "their" in line (3) refers to: تشير إلى (their)

- (a) vegetables (b) people (c) gardens (d) fruits

4 Fast food is very dangerous because.....

- (a) people have laptops (b) life changed a lot
(c) people do exercises (d) it's full of fat

2 Answer the following questions: أجب عن الأسئلة:

1 What did people use to eat in the past? ماذا اعتاد الناس أن يأكلوا في الماضي؟

In the past people used to eat healthy food.

2 How do people spend their time nowadays? كيف يقضي الناس أوقاتهم هذه الأيام؟

They spend their in a lazy way using laptops, iPads and iPhones, watching videos, chatting and playing computer games.

(A) Grammar القواعد

1 Choose the correct answer from a, b, c and d: اختر الإجابة الصحيحة:

1 Yesterday, my dad me money to buy a book.

a gave

b gives

c giving

2 I like stamps.

a collect

b collecting

c collects

3 We have a big house, ... house is near the school.

a their

b our

c his

4 My uncle judo at the gym every Thursday.

a do

b does

c doing

(B) Writing التعبير

(a) Writing a paragraph

Write a short paragraph of 4 sentences with the help of the picture and guide words about (Sports Day)

اكتب مقطع قصير من 4 جمل بالاستعانة بالصور والكلمات المساعدة عن (يوم الرياضة)

(Yesterday – play – school – interesting – enjoy – wonderful)



الموضوع Topic

Yesterday we played many sports in the school. Sports day was an interesting day. We enjoyed very much in this day. Sports day was a wonderful day.

البارحة لعبنا العديد من الرياضات في المدرسة. يوم الرياضة كان يوماً ممتعاً. استمتعنا كثيراً في هذا اليوم. يوم الرياضة كان يوماً رائعاً.

(b) spelling الإملاء

1 Write the missing words to complete the sentences: اكتب الكلمات الناقصة:

➤ I watched the match at the **stadium**.



➤ I eat **cereals** for breakfast.



➤ I studied the food **pyramid** in the science class.



➤ I always have healthy **snacks** in my lunch box.



2 Combine:

- match + s = **matches**
- have+ing = **having**
- help+ing = **helping**
- class+s= **classes**
- take+s = **takes**
- use+ed = **used**



لطلب المذكرة كاملة



مذكرات
النجاح

طريقاً للنجاح



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