



الإدارة العامة للتعليم الخاص
مدرسة التميز النموذجية
قسم اللغة الإنجليزية

English
DEPARTMENT



المراجعة النهائية
أسئلة الكتاب
الصف العاشر
الفصل الدراسي الأول
2024/ 2025



2024 / 2025

Grade 10

Final Revision

Set-book questions

First term 2024\ 2025



مراجعة شاملة لاسئلة الكتاب - عاشر - فصل اول

1- How can you improve your immune system?

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2-Good bacteria are very important to your digestive system. Discuss.

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3- The Chinese used green tea to treat many things. Discuss.

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4-How can antioxidants benefit the body?

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5-Why is it healthy to eat dark chocolate?

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6-What are the qualities of your favourite eatery?

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7-Some kinds of food should be avoided. Discuss.

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8- Why is it important to respect and tolerate other people and other faiths?

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9- What did His Highness the Amir of Kuwait Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah

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10- What has Kuwait done to further the culture of peace?

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11- Why do countries build great buildings?

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12-What are the advantages of building a new airport at Al Wafra?

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13- Some people might be afraid of building a new airport in Al wafra. Discuss.

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14- What is the traditional for men in Kuwait?

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15- Why do most Kuwaitis prefer traditional dress?

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16- Why is 360° Kuwait described as monumental?

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17-What are the reasons of heavy traffic?

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18-How can traffic jams be solved?

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19- In your opinion, how will computer games be like in the future?

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20- Computer games are detrimental to children's social development. Do you agree or disagree? Why or why not?

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21- What effects can playing future computer games have on young people? Discuss good and bad effects.

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22- Different sports are practiced in the Paralympics games. Mention two of them.

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23- What skills are important to athletes?

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24- What did Kuwait do to help the disabled?

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25- What facilities can be found in the Kuwait Disabled Sports Club?

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26- The Kuwait Disabled Sport Club is important to the disabled. Discuss.

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27- Al-Jahra Pools Nature Reserve has become an important environmental site. Comment.

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28- In addition to having Nature Reserves, what can we do to protect our environment?

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29- How can you participate in protecting natural world in Kuwait?

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خمسة وعشرون عاماً من التميز

30- Many birds and animals are becoming extinct. Discuss.

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Model Answer

1- How can you improve your immune system?

I can improve it by drinking probiotic drinks. I can improve it by eating natural food.

2-Good bacteria are very important to your digestive system. Discuss.

Good bacteria help to stimulate the digestive process and to absorb nutrients. They also neutralize bad bacteria.

3- The Chinese used green tea to treat many things. Discuss.

They used it to treat headaches. They used it to treat depression.

4-How can antioxidants benefit the body?

They remove harmful substances from the body. They combat diseases such as cancer and arthritis. They lower cholesterol and improve immune system.

5-Why is it healthy to eat dark chocolate?

It can lower blood pressure. It improves metabolizing sugar.

6-What are the qualities of your favourite eatery?

It should offer delicious food. It should have beautiful setting and offers organic food.

7-Some kinds of food should be avoided. Discuss.

We should avoid foods which contain saturated fats because they cause health problems. We should avoid fizzy drinks because they contain much sugar.

8- Why is it important to respect and tolerate other people and other faiths?

Because it is the only way to live in peace and harmony.

Because we can avoid wars and killing.

9- What did His Highness the Amir of Kuwait Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah emphasize in the meeting of the UN General Assembly in 2008?

He emphasized the importance of dialogue between different cultures.

10- What has Kuwait done to further the culture of peace?

Kuwait has organized conferences to encourage mutual understanding and respect.

11- Why do countries build great buildings?

They build great buildings for shopping. They build great buildings to attract tourists.



12-What are the advantages of building a new airport at Al Wafra?

It is a valuable link to other Gulf countries. It strengthens the economy of Al Wfra.

13- Some people might be afraid of building a new airport in Al wafra. Discuss.

Noise will affect schools, hospitals and people. The new airport will cause traffic jams.

14- What is the traditional for men in Kuwait?

It is Dishdasha, the Ghutra, the Igal and the Gahfiah,

15- Why do most Kuwaitis prefer traditional dress?

Because it's part of their culture. It's comfortable. It's a symbol of equality.

16- Why is 360° Kuwait described as monumental?

Because its architecture is unique. Because it is not only a shopping Centre, but it also contains the largest cinema in Kuwait and a modern family entertainment

17-What are the reasons of heavy traffic?

Narrow roads, careless drivers and accidents are the main reasons of heavy traffic.

18-How can traffic jams be solved?

We can solve traffic jams by building more bridges and streets.

We can solve traffic jams by having more public transport.

19- In your opinion, how will computer games be like in the future?

Games will look much more realistic and characters will be more naturalistic

20- Computer games are detrimental to children's social development. Do you agree or disagree? Why or why not?

Yes, I agree. Because computer games deprive children of mixing with people and learning from them.

21- What effects can playing future computer games have on young people? Discuss good and bad effects.

Good effects	Bad effects
-Computer games keep children up-to-date with new technology.	-Computer games are harmful to children's social development. -Computer games may cause health problems.



22- Different sports are practiced in the Paralympics games. Mention two of them.

There are many games like marathon, weightlifting, equestrian and sailing events.

23- What skills are important to athletes?

Athletes should have patience and stamina. Athletes should have self-discipline.

24- What did Kuwait do to help the disabled?

Kuwait was the first country in the Gulf region to develop a sport club for the disabled.

25- What facilities can be found in the Kuwait Disabled Sports Club?

There are a digital screen and a physiotherapy section.

26- The Kuwait Disabled Sport Club is important to the disabled. Discuss.

It contributes to the physical, psychological and social rehabilitation of its members

27- Al-Jahra Pools Nature Reserve has become an important environmental site. Comment.

It protects endangered birds, and it is center for propagation, education and research.

28- In addition to having Nature Reserves, what can we do to protect our environment?

We can plant more trees. We can use organic fuel. We can recycle waste.

29- How can you participate in protecting natural world in Kuwait?

We can do that by cleaning the environmental.

We can do that by making people aware of the importance of natural life.

30- Many birds and animals are becoming extinct. Discuss.

Kestrels, ostriches, tigers and seagulls are suffering from poachers and habitat destruction.





مدرسة التميز النموذجية
(ابتدائي - متوسط - ثانوي)
الجهاز الفني التربوي

منصات التميز التعليمية

لزيارة منصة التميز التعليمية في اليوتيوب امسح الباركود التالي :



لزيارة منصة التميز التعليمية في تليجرام امسح الباركود الخاص بقناة كل فصل مما يلي :



الصف الرابع



الصف الثالث



الصف الثاني



الصف الأول



الصف التاسع



الصف الثامن



الصف السابع



الصف السادس



الصف الخامس



الصف الثاني عشر
أدبي



الصف الثاني عشر
علمي



الصف الحادي عشر
علمي



الصف الحادي عشر
أدبي



الصف العاشر



لزيارة صفحتنا في تويتر

لزيارة صفحتنا في الإنستقرام

عنواننا : خيطان - ق ٤ - ش ١٠٠

