TODAY'S LESSON

- DATE: 28th October 2022
- Unit 3 Lessons 7 - 8
- Coursebook p.32
- Workbook p.32
- Tomorrow's food

LEARNING OBJECTIVES

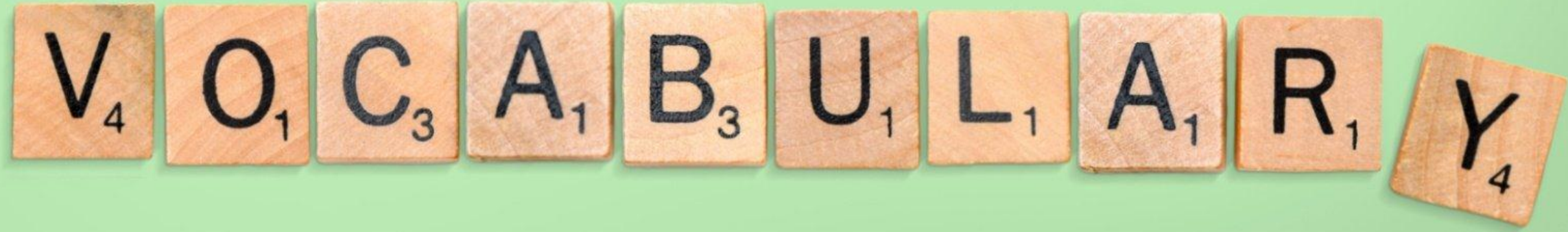
- Learn about food of the future
- Reading practice + T/F/NG



DISCUSSION QUESTIONS

Lessons 9–10 Tomorrow's food

- Do you eat a lot of natural foods?
- Do you think the way people eat today is healthy?
- Do you think people will eat more healthily in the future?


VOCABULARY

KEY VOCABULARY

- nutritionist
- vending machine
- agriculture
- pressure cooker
- processed food
- canned food
- preservatives

KEY VOCABULARY

nutritionist



A nutritionist is a person who advises others on matters of food and nutrition and their impacts on health. Some people specialize in particular areas, such as sports nutrition, public health, or animal nutrition, among other disciplines.

KEY VOCABULARY

vending machine



A machine that dispenses small articles such as food, or drinks when a coin or token is inserted.

KEY VOCABULARY

agriculture



Agriculture is the science and art of cultivating plants and livestock.

KEY VOCABULARY

pressure cooker



Pressure cooking is the process of cooking food under high pressure steam, employing water or a water-based cooking liquid, in a sealed vessel known as a pressure cooker.

KEY VOCABULARY

processed food





Processed food is defined as any raw agricultural commodity that has been subject to washing, cleaning, milling, cutting, chopping, heating, pasteurizing, blanching, cooking, canning, freezing, drying, dehydrating, mixing, packaging or other procedures.

KEY VOCABULARY

canned food



Canning is a method of preserving food in which the food contents are processed and sealed in an airtight container. Canning provides a shelf life typically ranging from one to five years.

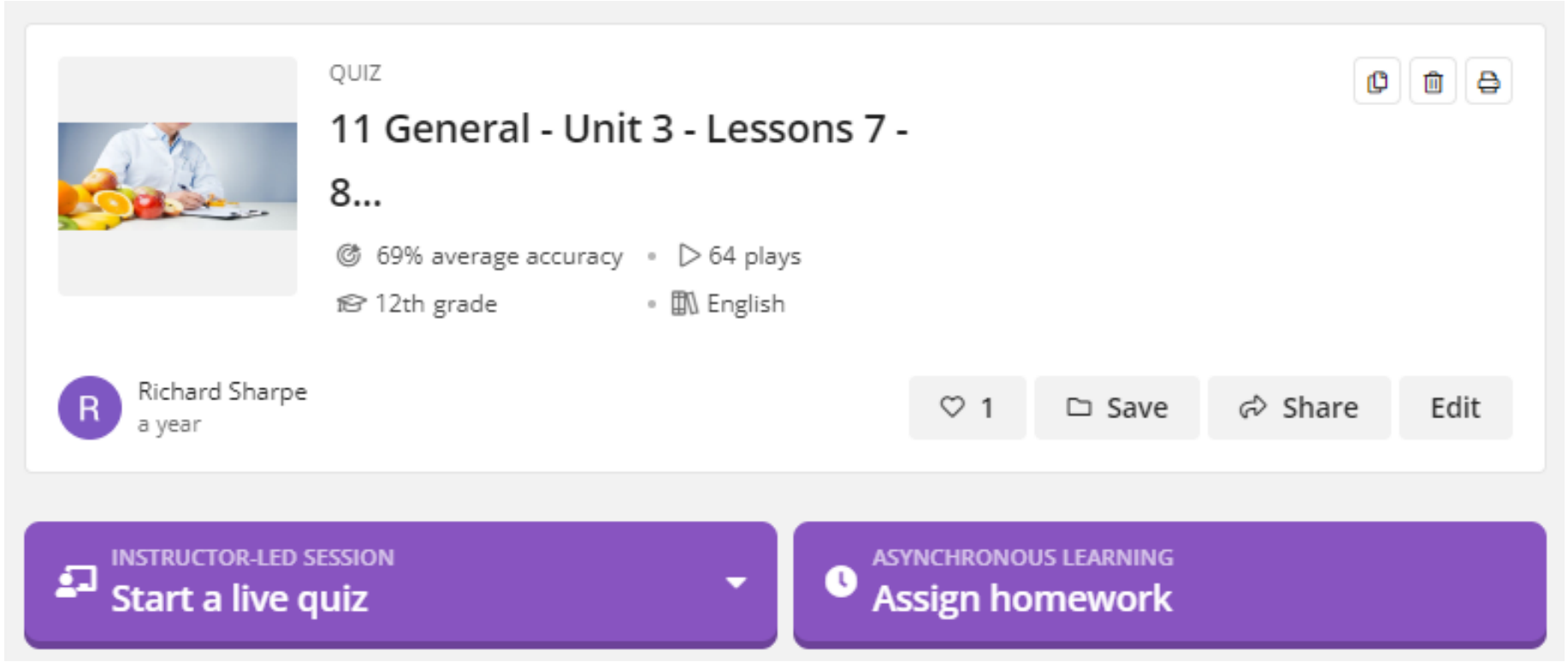
KEY VOCABULARY

preservatives



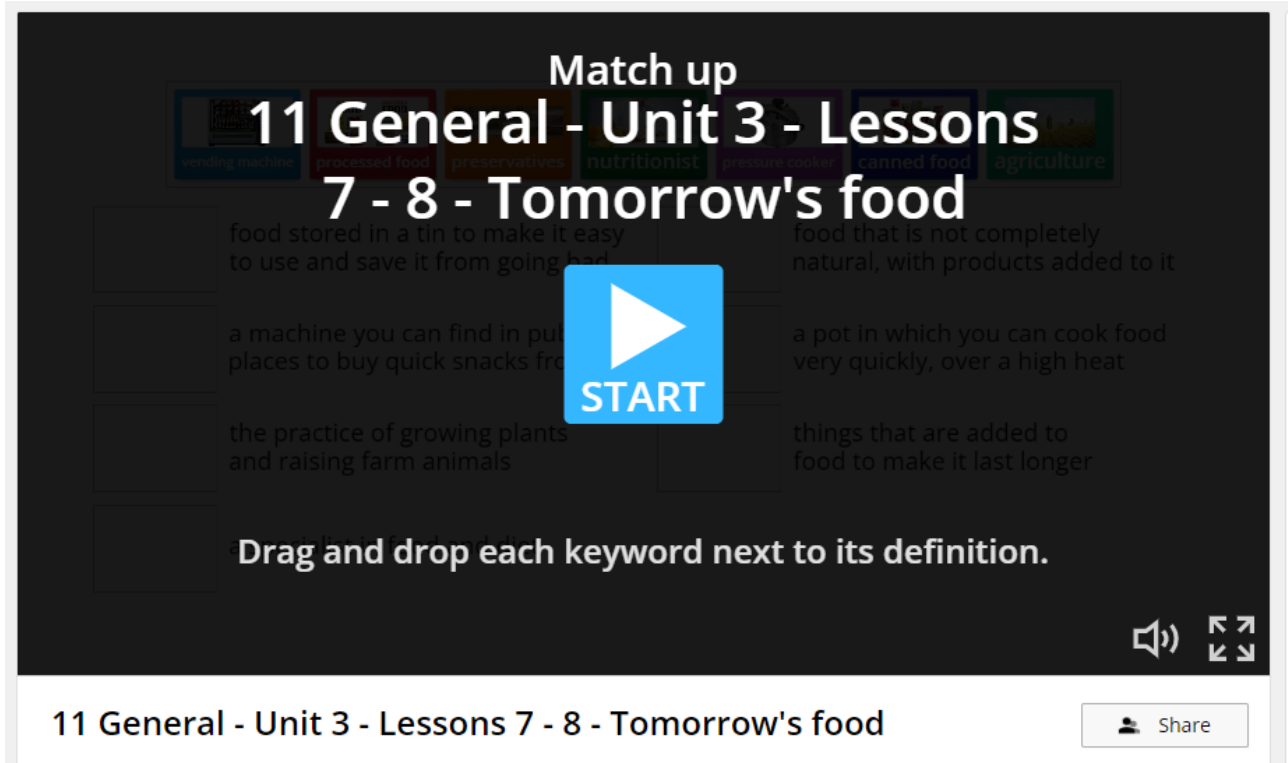
A preservative is a substance or a chemical that is added to products such as food products, beverages, pharmaceutical drugs, paints, biological samples, cosmetics, wood, and many other products to prevent decomposition by microbial growth or by undesirable chemical changes.

VOCABULARY QUIZ



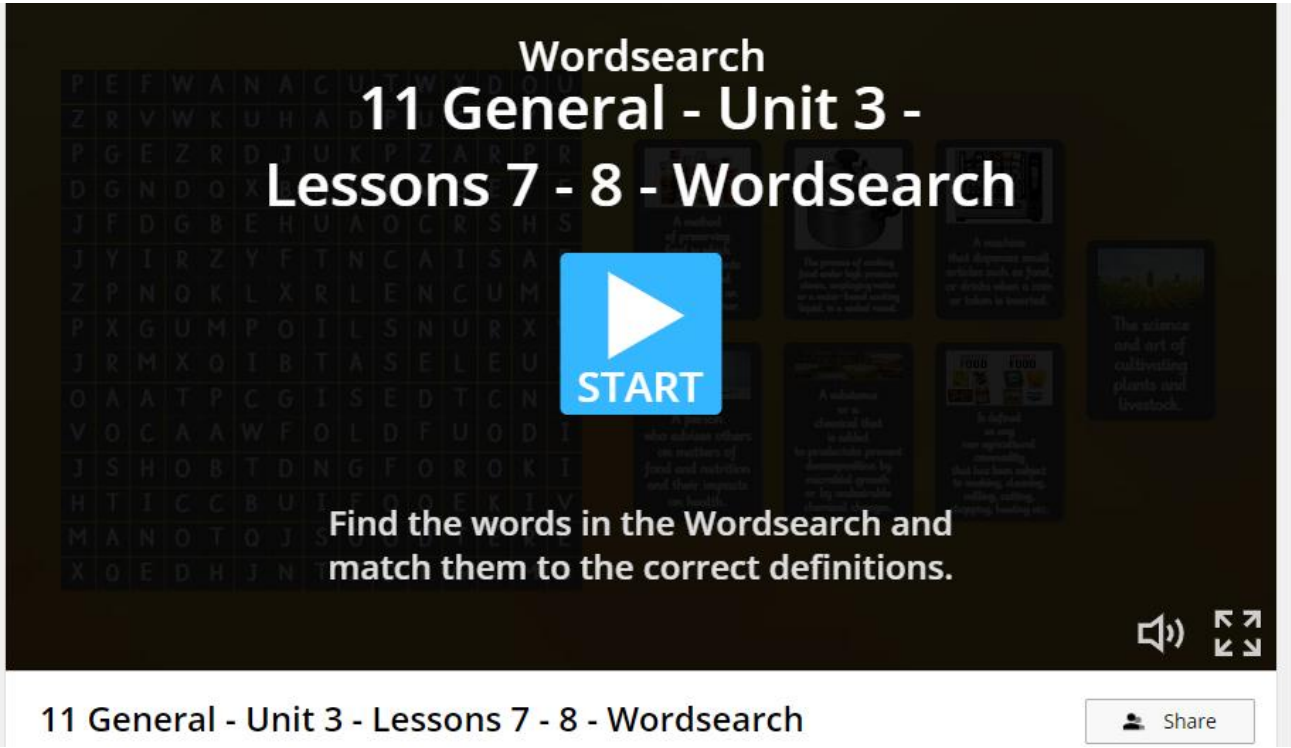
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VOCABULARY MATCHING



https://wordwall.net/resource/23468906/11-general-unit-3-lessons-7-8-tomorrows-food

WORDSEARCH



https://wordwall.net/resource/36082363/11-general-unit-3-lessons-7-8-wordsearch

Wordsearch
Workbook p.32

- **Ex 1**

Lessons 9–10 Tomorrow's food

1 Find the words in the wordsearch.

nutritionist
vending machine
agriculture
pressure cooker
processed food
canned food
preservatives

O	K	N	C	R	N	C	E	V	R	Z	P	Y	A	L
U	K	N	A	V	V	I	W	E	E	Z	R	E	G	E
F	V	S	N	M	X	T	G	N	K	H	O	H	R	G
F	B	E	N	K	V	F	J	D	O	V	C	S	I	U
I	E	V	E	G	I	I	A	I	O	M	E	H	C	M
K	B	I	D	T	O	V	I	N	C	O	S	T	U	E
U	E	T	F	I	W	I	B	G	E	C	S	D	L	S
W	T	A	O	M	D	Q	F	M	R	T	E	G	T	P
O	L	V	O	I	K	M	Y	A	U	K	D	W	U	K
N	Z	R	D	L	T	L	M	C	S	D	F	K	R	P
T	L	E	P	A	Y	V	T	H	S	X	O	U	E	G
V	T	S	W	Y	Y	B	J	I	E	O	O	Y	R	W
M	P	E	A	K	I	R	D	N	R	E	D	X	O	G
U	F	R	J	L	M	T	C	E	P	M	B	E	R	G
I	B	P	N	U	T	R	I	T	I	O	N	I	S	T

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Word Matching
Workbook P.32

- **Ex 1**

Then match the words to the correct definitions below.

1 things that are added to food to make it last longer preservatives

2 a specialist in food and diet nutritionist

3 a pot in which you can cook food very quickly, over a high heat pressure cooker

4 food that is not completely natural, with products added to it processed food

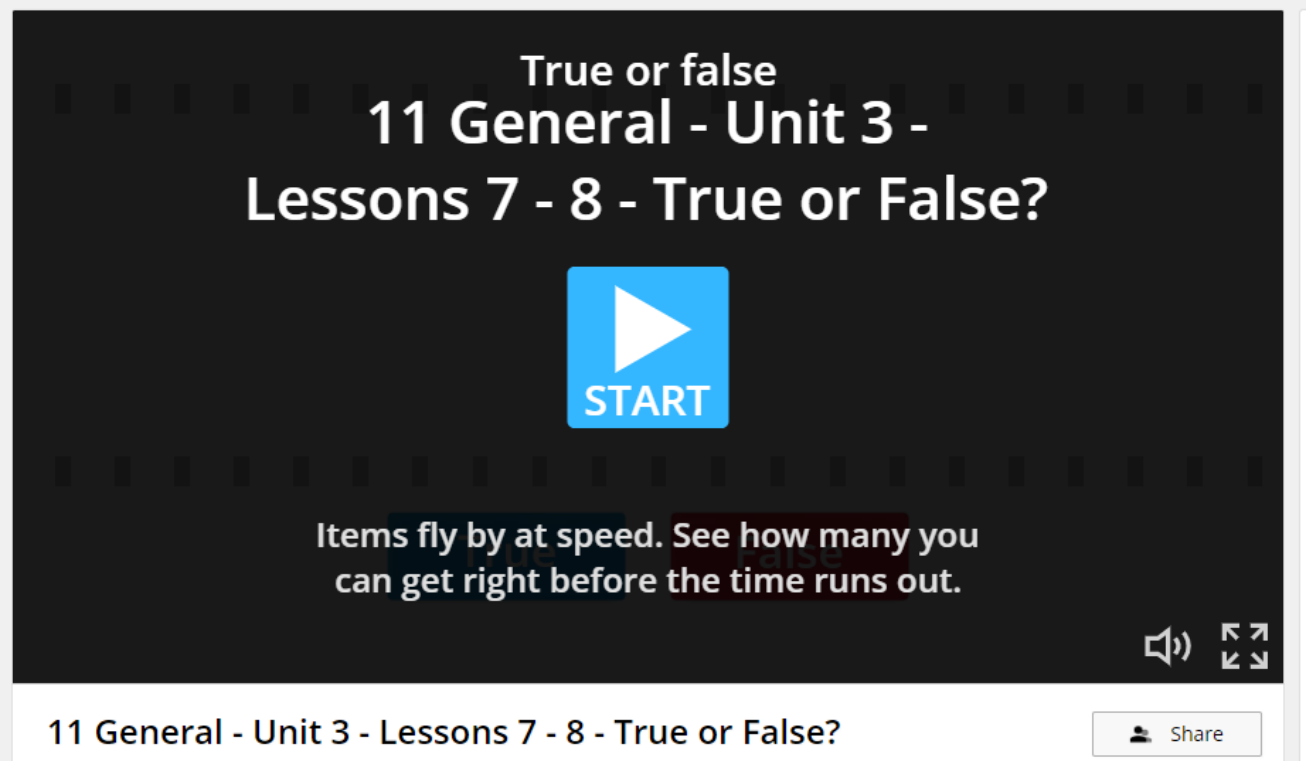
5 food stored in a tin to make it easy to use and save it from going bad canned food

6 the practice of growing plants and raising farm animals agriculture

7 a machine you can find in public places to buy quick snacks from vending machine

istry of Education

TRUE OR FALSE?



https://wordwall.net/resource/23469050/11-general-unit-3-lessons-7-8-true-or-false

TRUE OR FALSE QUIZ
WORKBOOK P.33

- **Ex 2**

3 Tomorrow calling!

2 Are the following statements true (T) or false (F)?

1 A nutritionist performs surgery on sick people. False
2 Canned food can include soups, sauces and beans. True
3 Agriculture is the practice of eating healthily. False
4 A pressure cooker doesn't use heat in cooking. False
5 You can buy home-cooked meals from a vending machine. False

TRUE OR FALSE?
WORKBOOK P.33 (LMS ACTIVITY)

- Ex 2

READING PRACTICE QUESTIONS
COURSEBOOK P.32

- **Ex 1**

Reading 21st

1 **Read the article. Are the statements below true (T), false (F) or not given (NG)?**

1 According to the article, the food industry will use a lot of new inventions in the future.
2 Chef Jean Francois thinks using old ways of cooking is better for our heatlh.
3 According to the article, canned foods do not contain all natural ingredients.
4 Super foods are made by humans adding different chemicals to the food.
5 According to the article, traditional Western dishes are less healthy.

READING PRACTICE
COURSEBOOK P.32

- Ex 1

What will we be eating?



People wonder what the future of food is going to look like. Will we take pills instead of food? Will we buy our meals from vending machines? Will we all have a robot chef at home? Food and agriculture experts think no is the answer to all of these questions.

Experts in the field predict that the food industry will actually go back to more traditional ways. More and more people around the world **may** go back to old cooking methods such as using wood-burning stoves and pressure cookers. According to chef Jean Francois, this **might** happen because traditional ways of cooking produce more flavourful dishes that are healthier for us. Environmentalists are also in favour of this since it will help to save energy.

In terms of the produce we use in cooking, the expectations are that a large percentage of people will go back to natural plant-based diets away from processed foods and large amounts of meat. Nutritionists are researching the side effects of all the chemicals we consume through canned foods and meals high in preservatives. This **may** change the way people think about food and encourage them to make their own meals and plant their own fruit and vegetables. Scientists now are all talking about 'super foods' that provide near-complete nutrition for humans and these are all available in nature without human intervention.

It is thought that old traditions **might** become more popular. For example, families **may** go back to cooking together. The time invested in creating detailed traditional dishes (such as dishes made in Middle Eastern and Asian cuisines) will provide more wholesome nutrition.

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READING PRACTICE ANSWERS
COURSEBOOK P.32

- **Ex 1**

Reading 21st

1 **Read the article. Are the statements below true (T), false (F) or not given (NG)?**

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3 According to the article, canned foods do not contain all natural ingredients. True
4 Super foods are made by humans adding different chemicals to the food. False
5 According to the article, traditional Western dishes are less healthy. Not given

TODAY'S LESSON

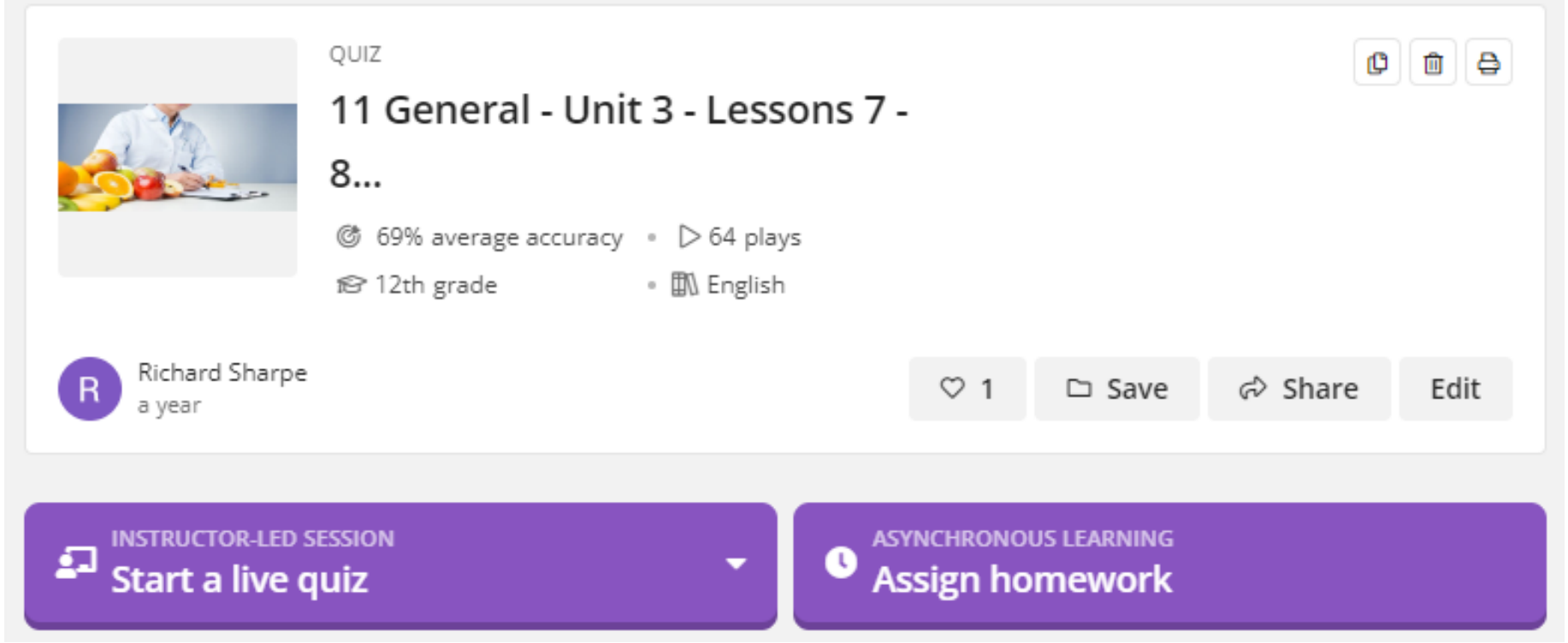
- DATE: 29th October 2022
- Unit 3 Lessons 7 - 8
- Coursebook p.33
- Workbook p.33
- Tomorrow's food

LEARNING OBJECTIVES

- Modal verbs – may & might



STARTER



https://quizizz.com/admin/quiz/616b22da593f0a001d05bad3/11-general-unit-3-lessons-7-8-tomorrows-food?selfCreated=true

LANGUAGE TIP

Language tip

We use *may* and *might* to talk about the possibility of something happening. *May* can express a higher degree of certainty, but the two are most often interchangeable. *Might* is more common in spoken English. For example:

*The school **might/may** change the snacks given to students.*

*The way we order food **may/might** become easier in the future.*

ALEF LESSON 26 – USING MODALS MIGHT AND MAY



Tomorrow Calling!

26. Using Modals Might and May

Unlocked for All

USE OF ENGLISH
COURSEBOOK P.33

- Ex 2

Use of English

2 Look at the words in bold in the text.

a What are the words used for?
b What type of words are they?
c Are they used to describe things we are sure about?
d Can we change the form of these words?
e What type of word comes after them?

READING PRACTICE
COURSEBOOK P.32

- Ex 1

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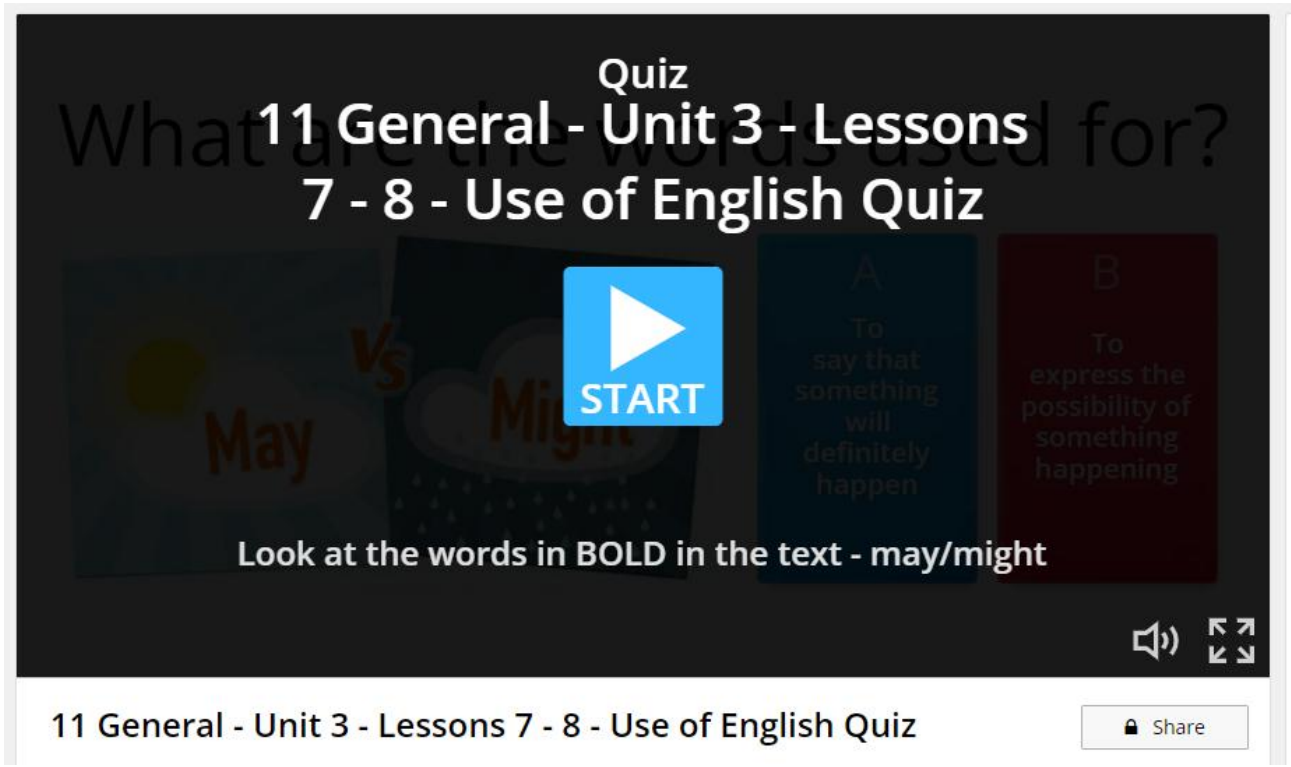
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USE OF ENGLISH QUIZ



https://wordwall.net/resource/36796752/11-general-unit-3-lessons-7-8-use-of-english-quiz

USE OF ENGLISH
COURSEBOOK P.33

- **Ex 2**

Use of English

2 Look at the words in bold in the text.

a What are the words used for? to express the possibility of something happening

b What type of words are they? (modal) verbs

c Are they used to describe things we are sure about? No, we are not sure

d Can we change the form of these words? no

e What type of word comes after them? infinitive form of verb without to

SPEAKING ACTIVITY
COURSEBOOK P.33

Ex 3 - 4

more common in spoken English. For example:

*The school **might/may** change the snacks given to students.*

*The way we order food **may/might** become easier in the future.*

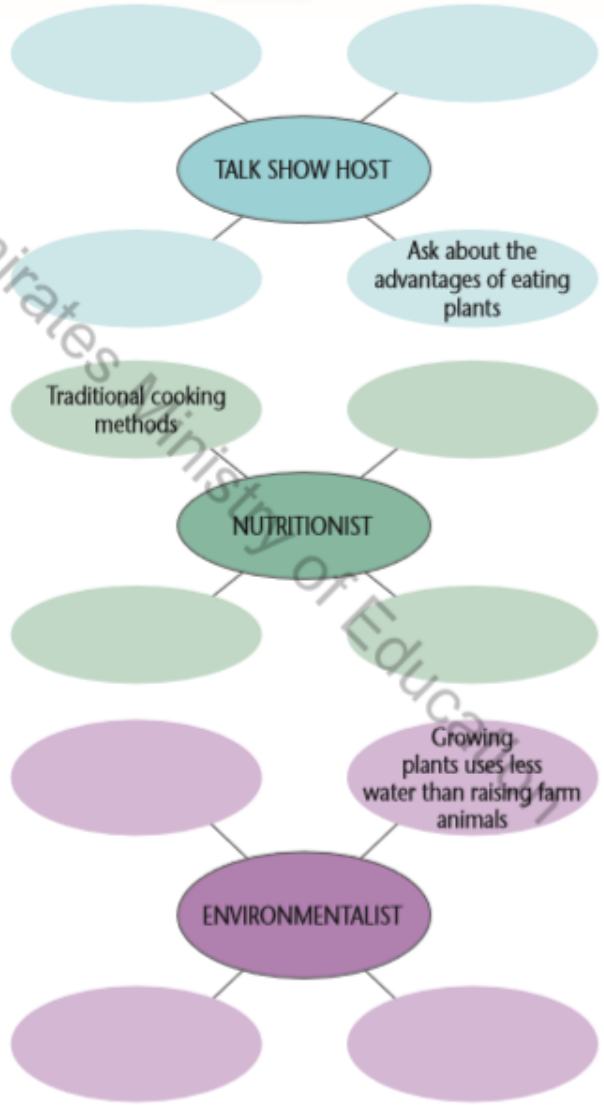
Speaking

3 Imagine you are on a health talk show and you are asked to give your opinion about the future of food. In groups of three, make predictions about the topic and prepare a role-play. There are three roles:

1 Talk show host
2 Nutritionist
3 Environmentalist

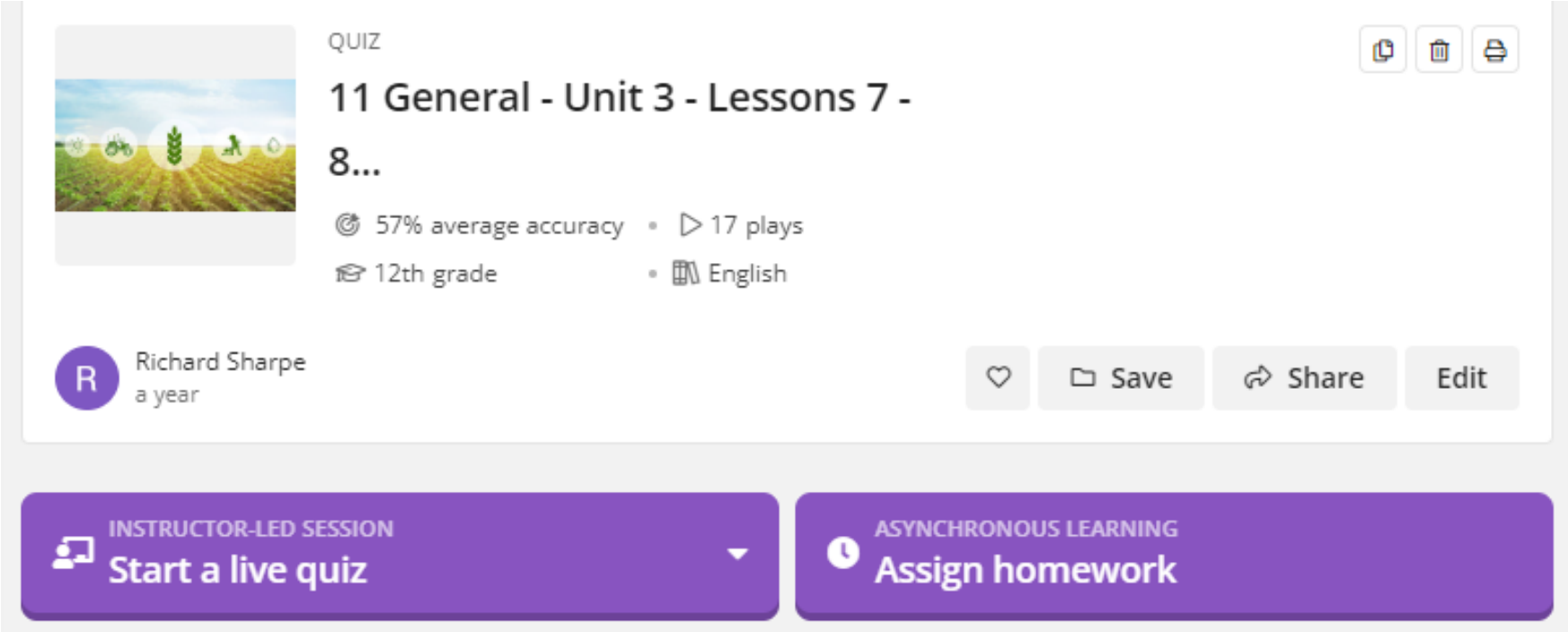
Make notes, using the mind maps opposite to help you.

4 Perform your role-play for another group, and then watch theirs. Did you have similar ideas?



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VOCABULARY QUIZ



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GAP FILL 1
WORKBOOK P.33

Ex 3

3 Complete the sentences with the words below. There is one extra word.

agriculture nutritionist processed food canned food
preservatives pressure cooker vending machine

1 I went to see a nutritionist last week because I'm really unhappy about my eating habits. I need a professional to guide me.

2 Canned food such as baked beans and soups usually have a lot of salt in them.

3 Preservatives help food to last longer, but are mostly made from chemicals.

4 Planting crops and raising farm animals is all part of agriculture.

5 I use the vending machine next to my office too much. I keep getting unhealthy snacks like crisps and fizzy drinks from it!

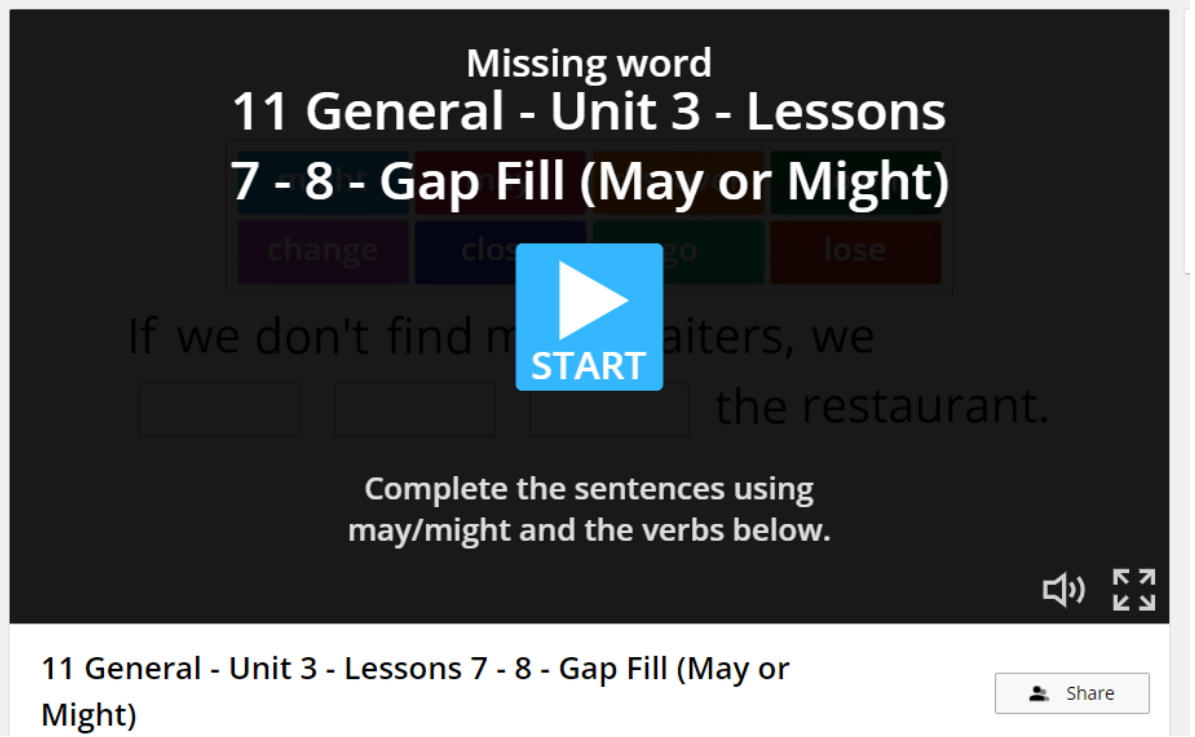
6 We're trying to eat less processed food at home. We're only getting fresh fruit and vegetables – nothing that is produced in a factory.

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Gap Fill 1
Workbook p.33 (LMS Activity)

- Ex 3

GAP FILL MAY/MIGHT



https://wordwall.net/resource/36082048/11-general-unit-3-lessons-7-8-gap-fill-may-or-might

GAP FILL 2 MAY/MIGHT WORKBOOK P.33

- **Ex 4**

4 Complete the sentences using *may/might* and the verbs below.

lose	go	close down	change	discover

1 If we don't find more waiters, we (may/might) close down the restaurant.

2 We (may/might) go to the supermarket after work.

3 Who knows? Nutritionists (may/might) discover a way for everyone to be fit and healthy.

4 He's not performing well this year, he (may/might) lose his job.

5 They've been talking a lot about how unfair it is, they (may/might) change the laws.

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