



مدرسة التميز النموذجية ابتدائي - متوسط - ثانوي

المراجعة النهائية

مادة اللغة الإنجليزية

الكلمات

الصف السابع



Final Revision Grade 7

2nd term - 2025 / 2026

(Vocabularies)



Unit 5 : Healthy Habits for Lifelong Wellness

Unit 5 : Healthy Habits for Lifelong Wellness

U.5-L.1 Taking care of your mind and body P.19		U.5-L.5 Lessons for body and mind P.24	
strength	(n.)	قوة	سيطر - يتحكم
well-being	(n.)	الصحة - العافية	عاطفة - شعور
balance	(n.)	توازن	غير عادل
calm	(adj.)	هادئ	نشط - حيوي
proper	(adj.)	صحيح - مناسب	قرار
main	(adj.)	رئيسي - أساسي	فردى
growth	(n.)	نمو	شجاعة
concentration	(n.)	تركيز	يعتمد على
perform	(v.)	يؤدي	يحقق - ينجز
nutrient	(n.)	عنصر غذائي	بدنياً - جسدياً
function	(n.)	وظيفة	ذهنياً - عقلياً
correctly	(adv.)	بشكل صحيح	حركة
limit	(v.)	يحد من - يقلل	يتدرب
tiredness	(n.)	تعب / إرهاق	بشكل استراتيجي
repair	(v.)	يصلح	قيادة
stress	(n.)	ضغط	زميل في الفريق
completely	(adv.)	يشكل تام - تماماً	ينهض
steady	(adj.)	ثابت / مستقر	فشل
			فوز - انتصار



A-Choose the correct answer from a,b,c and d

1-Good results often careful organization and teamwork

- a. repair b. depends on c. control d. limit

2-The teacher stayed when the class became noisy.

- a. individual b. calm c. main d. unfair

3-The players worked to follow their plan and win the match.

- a. honestly b. physically c. strategically d. wrongly

4-Not getting enough rest can cause serious.....during the day.

- a. growth b. tiredness c. movement d. emotion

5-Doctors try to damaged muscles, so patients recover quickly.

- a. performs b. limit c. repair d. rise

6. Athletes train every day to build their physical

- a) strength b) tiredness c) nutrient d) repair

7. If you don't sleep enough at night, you will feel all day.

- a) strength b) tiredness c) concentration d) well-being

8. Looking after your mental is just as important as your physical health.

- a) function b) well-being c) limit d) perform



B-Fill in the spaces with words from the list:-

(nutrient / balance / steady / stress / limit)

1. It is important to find a between studying and playing to stay happy.
2. You should the amount of sugar and salt you eat every day.
3. Vitamins are a type of that our bodies need to grow and stay healthy.
4. Too much from schoolwork can make you feel tired and unhappy.

(achieve / individual / courage / leadership / failure)

1. It takes great to try a difficult sport for the first time.
2. To your fitness goals, you must exercise regularly and eat well.
3. Tennis is often an sport where you play against one person.
4. Good is important when you are the captain of a sports team.

(decision / achieve / control / movement / physically)

1. Regular exercise helps you stay strong and healthy.
2. It is important to your emotions when you feel angry or upset.
3. Joining a sports team was the best I made this year.
4. Stretching before a game helps improve your and flexibility.



Unit 6 : The Earth's Voice

Climate Change and Animal Survival

Unit 6 The Earth's Voice: Climate Change and Animal Survival					
U.6-L.1 The Earth's warning signs p. 31			U.6-L.5 Nature's Survivors p.36		
mainly	(adv.)	بشكل رئيسي	habitat	(n.)	موطن - بيئة طبيعية
release	(v.)	يطلق - يبعث	adapt	(v.)	يتكيف - يتأقلم
global	(adj.)	عالمي	store	(n.)	متجر - مخزن
temperature	(n.)	درجة الحرارة	distance	(n.)	مسافة
creature	(n.)	مخلوق	area	(n.)	منطقة
region	(n.)	منطقة	cope	(v.)	يتأقلم مع
flood	(n.)	فيضان	harsh	(adj.)	قاسي
damage	(v.)	يضر - يتلف	condition	(n.)	حالة
coastal	(adj.)	ساحلي	severely	(adv.)	بشدة
drought	(n.)	جفاف	native	(adj.)	محلي - أصلي
produce	(v.)	ينتج	chemical	(adj.)	كيميائي
crop	(n.)	محصول	population	(n.)	سكان
expensive	(adj.)	غالي الثمن	recover	(v.)	يتعافى - يستعيد
occur	(v.)	يحدث	polluted	(adj.)	ملوث
destroy	(v.)	يدمر	dry up	(Ph. v.)	يجف
suffer	(v.)	يعاني من	lay	(v.)	يضع
deeply	(adv.)	بعمق - بشدة	disappear	(v.)	يختفي
disturb	(v.)	يزعج - يربك	further	(adv.)	أبعد / بعيداً
unpredictable	(adj.)	غير متوقع	zone	(n.)	منطقة
			securely	(adv.)	بأمان - بإحكام



A-Choose the correct answer from a,b,c and d

1. Scientists are worried about the future of our planet.

- a) physically b) deeply c) strategically d) mentally

2. It is difficult for a country to enough food when there is a water shortage.

- a) produce b) exercise c) join d) follow

3. A long can cause the ground to crack and plants to die.

- a) gratitude b) courage c) project d) drought

4. When sea levels rise, many cities might be under water.

- a) active b) mindful c) coastal d) positive

5. It is very to repair a house after it has been damaged by a storm.

- a) healthy b) expensive c) digital d) calm

6. Camels can to life in the hot desert by storing water.

- a) disappear b) dry up c) adapt d) lay

7. The polar bear's natural is the icy Arctic region.

- a) chemical b) habitat c) distance d) condition

8. Some animals will completely if we do not protect them.

- a) recover b) cope c) disappear d) store

9. The weather in the desert can be very hot during the day.

- a) condition b) chemical c) area d) distance



B-Fill in the spaces with words from the list:-

(unpredictable / temperature / mainly / global / creature)

1. Scientists are worried about warming because it affects the whole world.
2. Climate change is caused by human activities like burning fuels.
3. Every living on Earth needs a safe environment to survive and grow.
4. The of the Earth is rising, which causes the ice in polar areas to melt.

(drought / expensive / occur / produce / coastal)

1. Heavy rain and strong storms more often now than in the past.
2. Farmers cannot enough crops when there is not enough water.
3. Living in areas can be dangerous when sea levels start to rise.
4. A long happens when it does not rain for a very long time.

(polluted / disappear / distance / lay / habitat)

1. Most birds their eggs in a safe nest during the spring.
2. If we do not protect the forest, many animals will lose their natural
3. We should not swim in water because it is dangerous for our health.
4. Many species might forever if we do not take care of the environment.



Unit 7 : Qualities That Help Us Grow



Unit 7 | Qualities that help us grow

U.7-L.1 Great Qualities, greater Community p.43

U.7-L.5 Stories of Strength and Faith p.48

wonder (v.)	يتعجب	reveal (v.)	يكشف - يظهر
behaviour (n.)	سلوك	true (adj.)	حقيقي - صادق
observe (v.)	يلاحظ - يراقب	forgiveness (n.)	تسامح - مغفرة
behave (v.)	يتصرف	noble (adj.)	نبيل - كريم
relative (n.)	أحد الأقارب	interfere (v.)	يتدخل
member (n.)	عضو	ignore (v.)	يتجاهل
aware (adj.)	واع - مدرك	injustice (n.)	الظلم
quality (n.)	جوده - صفة	defend (v.)	يدافع
shape (v.)	يشكل	incident (n.)	حادثه - واقعه
respond (v.)	يستجيب	journey (n.)	رحلة
Self-discipline (n.)	ظبط النفس	honestly (adv.)	بصدق
openly (adv.)	بافتتاح	sudden (adj.)	مفاجيء
sensible (adj.)	عاقل - حكيم	sincere (adj.)	مخلص - صادق
cooperation (n.)	تعاون	jealous (adj.)	غيور
helpfulness (n.)	المساعدة	hardship (n.)	مشقة - معاناة
welcoming (adj.)	مُرَّجِب - ودود	truthful (adj.)	صديق
closely (adv.)	بشكل متقارب	treat (v.)	يعامل
		wrongly (adv.)	بشكل خاطئ
		mercy (n.)	رحمة
		difficulty (n.)	صعوبة



A-Choose the correct answer from a,b,c and d

1. She refused to her friend's secret to anyone in the class.

- a. interfere b. reveal c. ignore d. defend

2. He decided to the problem and focus on his own work.

- a. ignore b. defend c. interfere d. treat

3. The judge fought bravely against the that had taken place.

- a. mercy b. hardship c. injustice d. journey

4. After many years, he finally told the about what had happened.

- a. jealous b. sincere c. noble d. truth

5. It is important to your rights when someone accuses you unfairly.

- a. defend b. ignore c. interfere d. treat

6. She remained even when others doubted her honesty.

- a. sudden b. jealous c. sincere d. hardship

7. The king was known as a leader who cared deeply about his people. a.

- truthful b. noble c. jealous d. sudden

8. She answered the difficult question without hiding anything.

- a. honestly b. wrongly c. closely d. suddenly

9. He treated his little brother and made him feel sad.

- a. closely b. honestly c. sincerely d. wrongly

10. During the long winter, the villagers faced great and suffering. a.

- mercy b. incident c. hardship d. journey

11. The heavy rain caused serious for drivers on the road.

- a. mercy b. hardship c. injustice d. difficult



B-Fill in the spaces with words from the list:-

[mercy – ignore – journey – honestly – treat]

- 1- We should always people with kindness and respect.
- 2- He answered the teacher and told the truth.
- 3- The long taught them many lessons about life
- 4- Please don't the rules of the school.

(jealousy – behave – difficulty – wonder – quality)

- 1-The teacher asked the students to properly in the classroom.
- 2- She felt a little when she saw her best friend win the prize.
- 3- Honesty is an important of a good leader.
- 4-We had great understanding the math problem.

(forgive – relationship – softly – falsely – reach)

- 1- We shouldpeople when they apologize.
- 2- He knockedon the door.
- 3- There is a deep between parents and sons.
- 4- The child stood on a chair tothe shelf.



UNIT /8

Shaping Our World Through Innovation

Reading 1“Shaping Our World Through Innovation”

Words	Meaning	Words	Meaning
assistant(n)	معاون-مساعد	introduce(v)	يقدم-يعرف
innovation(n)	ابداع-ابتكار	intelligent(adj)	ذكي
printing press(n)	الطباعة	interactive(adj)	تفاعلي
system(n)	نظام	practical(adj)	عملي-واقعي
adjust(v)	يعدل-يتكيف	automatically(adv)	بشكل ذاتي-تلقائياً
advise(v)	ينصح	remotely(adv)	عن بعد
explore(v)	يكتشف	skillfully(adv)	بمهارة-ببراعة
increase(v)	يزيد-يتزايد	visually(adv)	بصرياً-مرئياً

Reading 2“Technology in the Future World”

Words	Meaning	Words	Meaning
artificial intelligence(n)	ذكاء اصطناعي	upgrade(v)	يرقي-يطور
crack(n)	تصدع-تكسر	advanced(adj)	متقدم-متطور
dome(n)	قبة	impressive(adj)	مؤثر
drone(n)	طائرة مسيرة	safe(adj)	آمن
hologram(n)	هولوغرام-ثلاثي الابعاد	underground(adj)	تحت الأرض-نفقي
possibility(n)	إمكانية-احتمالية	virtual(adj)	افتراضي
advance(v)	يتقدم-يتطور	digitally(adj)	رقمياً
generate(v)	يولد	instantly(adj)	فوراً-بالحال
interact(v)	يتفاعل		



A-Choose the correct answer from a,b,c and d

1- This solution is very and easy to apply.

- a) artificial b) practical c) remote d) automatic

2. The website is, so users can click and respond easily.

- a) visual b) intelligent c) interactive d) skillful

3. Scientists continue tospace and the oceans.

- a) advise b) explore c) adjust d) introduce

4. The teacher explained the ideausing charts and pictures.

- a) remotely b) skilfully c) visually d) automatically

4. New technology can productivity at work.

- a) increase b) explore c) advise d) adjust

5. The doors close when the alarm is on.

- a) remotely b) practically c) automatically d) visually

6-Solar panels are used to electricity from sunlight.

- a) interact b) generate c) crack d) upgrade

7-This place is very for children and families.

- a) advanced b) virtual c) safe d) underground

8-There is a small in the glass window.

- a) drone b) hologram c) crack d) possibility

9-The science show was very and attracted many visitors.

- a) impressive b) safe c) virtual d) instantly

10-The photographer used a to take pictures from above.

- a) crack b) drone c) hologram d) underground



B-Fill in the spaces with words from the list:-

(advance - hologram - impressive - possibility - safe)

1. The museum shows a glowing of the king.
2. There is a good of winning the game.
3. The soldiers toward the hill slowly.
4. The fireworks display was very

(remotely - adjust – advise - introduce - automatically)

1. The guide willthe city to the visitors tomorrow.
2. Please the mirror so you can see the road clearly.
3. I work from home three days a week.
4. The lights turn off when no one is in the room.

(practical - intelligent – interactive — skilfully – visually)

1. The student finished the difficult task in ten minutes.
2. The lesson was because we used a game on the tablet.
3. The chart shows the answers on the screen.
4. The carpenter cut the wood very



Model Answer Unit 5

Choose the correct answer from a,b,c and d

1-Good results often careful organization and teamwork

- a. repair **b. depends on** c. control d. limit

2-The teacher stayed when the class became noisy.

- a. individual **b. calm** c. main d. unfair

3-The players worked to follow their plan and win the match.

- a. honestly b. physically **c. strategically** d. wrongly

4-Not getting enough rest can cause serious.....during the day.

- a. growth **b. tiredness** c. movement d. emotion

5-Doctors try to damaged muscles, so patients recover quickly.

- a. performs b. rise c. repair **d. limit**

6. Athletes train every day to build their physical

- a) strength** b) tiredness c) nutrient d) repair

7. If you don't sleep enough at night, you will feel all day.

- a) strength **b) tiredness** c) concentration d) well-being

8. Looking after your mental is just as important as your physical health.

- a) function b) limit **c) well-being** d) perform



B-Fill in the spaces with words from the list:-

(nutrient / balance / steady / stress / limit)

1. It is important to find a **balance** between studying and playing to stay happy.
2. You should **limit** the amount of sugar and salt you eat every day.
3. Vitamins are a type of **nutrient** that our bodies need to grow and stay healthy.

4. Too much **stress** from schoolwork can make you feel tired and unhappy.

(achieve / individual / courage / leadership / failure)

1. It takes great **courage** to try a difficult sport for the first time.
2. To **achieve** your fitness goals, you must exercise regularly and eat well.
3. Tennis is often an **individual** sport where you play against one person.
4. Good **leadership** is important when you are the captain of a sports team.

(decision / achieve / control / movement / physically)

1. Regular exercise helps you stay **physically** strong and healthy.
2. It is important to **control** your emotions when you feel angry or upset.
3. Joining a sports team was the best **decision** I made this year.
4. Stretching before a game helps improve your **movement** and flexibility.



Unit 6

Choose the correct answer from a,b,c and d

1. Scientists are worried about the future of our planet.

- a) physically **b) deeply** c) strategically d) mentally

2. It is difficult for a country to enough food when there is a water shortage.

- a) produce** b) exercise c) join d) follow

3. A long can cause the ground to crack and plants to die.

- a) gratitude b) courage c) project **d) drought**

4. When sea levels rise, many cities might be under water.

- a) active b) mindful **c) coastal** d) positive

5. It is very to repair a house after it has been damaged by a storm.

- a) healthy **b) expensive** c) digital d) calm

6. Camels can to life in the hot desert by storing water.

- a) disappear b) dry up **c) adapt** d) lay

7. The polar bear's natural is the icy Arctic region.

- a) chemical **b) habitat** c) distance d) condition

8. Some animals will completely if we do not protect them.

- a) recover b) cope **c) disappear** d) store

9. The weather in the desert can be very hot during the day.

- a) condition** b) chemical c) area d) distance



B-Fill in the spaces with words from the list:-

(unpredictable / temperature / mainly / global / creature)

1. Scientists are worried about **global** warming because it affects the whole world.
2. Climate change is **mainly** caused by human activities like burning fuels.
3. Every living **creature** on Earth needs a safe environment to survive and grow.
4. The **temperature** of the Earth is rising, which causes the ice in polar areas to melt.

(drought / expensive / occur / produce / coastal)

1. Heavy rain and strong storms **occur** more often now than in the past.
2. Farmers cannot **produce** enough crops when there is not enough water.
3. Living in **coastal** areas can be dangerous when sea levels start to rise.
4. A long **drought** happens when it does not rain for a very long time.

(polluted / disappear / distance / lay / habitat)

1. Most birds **lay** their eggs in a safe nest during the spring.
2. If we do not protect the forest, many animals will lose their natural **habitat**.
3. We should not swim in **polluted** water because it is dangerous for our health.
4. Many species might **disappear** forever if we do not take care of the environment.



Unit 7

A-Choose the correct answer from a,b,c and d

1. She refused to her friend's secret to anyone in the class.

- a. interfere **b. reveal** c. ignore d. defend

2. He decided to the problem and focus on his own work.

- a. ignore** b. defend c. interfere d. treat

3. The judge fought bravely against the that had taken place.

- a. mercy b. hardship **c. injustice** d. journey

4. After many years, he finally told the about what had happened.

- a. jealous b. sincere c. noble **d. truth**

5. It is important to your rights when someone accuses you unfairly.

- a. defend** b. ignore c. interfere d. treat

6. She remained even when others doubted her honesty.

- a. sudden b. jealous **c. sincere** d. hardship

7. The king was known as a leader who cared deeply about his people. a.

- truthful **b. noble** c. jealous d. sudden

8. She answered the difficult question without hiding anything.

- a. honestly** b. wrongly c. closely d. suddenly

9. He treated his little brother and made him feel sad.

- a. closely b. honestly c. sincerely **d. wrongly**

10. During the long winter, the villagers faced great and suffering. a.

- mercy b. incident **c. hardship** d. journey

11. The heavy rain caused serious for drivers on the road.

- a. mercy **b. hardship** c. injustice d. difficult

B-Fill in the spaces with words from the list:-

[mercy – ignore – journey – honestly – treat]

1-We should always treat people with kindness and respect.

2-He answered the teacher honestly and told the truth.

3-The long journey taught them many lessons about life

4-Please don't ignore the rules of the school.

(jealousy – behave – difficulty – wonder – quality)

1-The teacher asked the students to behave properly in the classroom.

2- She felt a little jealousy when she saw her best friend win the prize.

3- Honesty is an important quality of a good leader.

4-We had great difficulty understanding the math problem.

(forgive – relationship – softly – falsely – reach)

1-We should forgive people when they apologize.

2-He knocked softly on the door.

3-There is a deep relationship between parents and sons.

4-The child stood on a chair to reach the shelf.



Unit 8



A-Choose the correct answer from a,b,c and d

1- This solution is very and easy to apply.

- a) artificial **b) practical** c) remote d) automatic

2. The website is, so users can click and respond easily.

- a) visual b) intelligent **c) interactive** d) skillful

3. Scientists continue tospace and the oceans.

- a) advise **b) explore** c) adjust d) introduce

4. The teacher explained the ideausing charts and pictures.

- a) remotely b) skilfully **c) visually** d) automatically

4. New technology can productivity at work.

- a) increase** b) explore c) advise d) adjust

5. The doors close when the alarm is on.

- a) remotely b) practically **c) automatically** d) visually

6-Solar panels are used to electricity from sunlight.

- a) interact **b) generate** c) crack d) upgrade

7-This place is very for children and families.

- a) advanced b) virtual **c) safe** d) underground

8-There is a small in the glass window.

- a) drone b) hologram **c) crack** d) possibility

9-The science show was very and attracted many visitors.

- a) impressive** b) safe c) virtual d) instantly

10-The photographer used a to take pictures from above.

- a) crack **b) drone** c) hologram d) underground



B-Fill in the spaces with words from the list:-

(advance - hologram - impressive - possibility - safe)

1. The museum shows a glowing **hologram** of the king.
2. There is a good **possibility** of winning the game.
3. The soldiers **advance** toward the hill slowly.

4. The fireworks display was very **impressive**

(remotely - adjust – advise - introduce - automatically)

1. The guide will **introduce** the city to the visitors tomorrow.
2. Please **adjust** the mirror so you can see the road clearly.
3. I work **remotely** from home three days a week.
4. The lights turn off **automatically** when no one is in the room.

(practical - intelligent – interactive — skillfully – visually)

1. The **intelligent** student finished the difficult task in ten minutes.
2. The lesson was **interactive** because we used a game on the tablet.
3. The chart shows the answers **visually** on the screen.
4. The carpenter cut the wood very **skillfully**





مدرسة التميز النموذجية
ابتدائي - متوسط - ثانوي

عندما يكون تعليم أبنائكم
اهتمامكم الأول في الحياة

قنواتنا على تليجرام



الصف الرابع



الصف الثالث



الصف الثاني



الصف الأول



الصف الثامن



الصف السابع



الصف السادس



الصف الخامس



صف 11 أدبي



صف 11 علمي



الصف العاشر



الصف التاسع



صف 12 أدبي



صف 12 علمي

