



LIGHTS

ENGLISH SERIES

GRADE 9

Quizzes

Part 1

Second Term 2025 / 2026

ANSWER KEY

ملف الإجابة

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QUIZ NO.1

A. Choose the correct answer from a, b, c, or d: (2 marks)

1. The young trained for five hours every day to prepare for the national competition.

a) platform

b) athlete

c) resource

d) concern

2. Good helps players bend and move easily without getting hurt.

a) flexibility

b) income

c) privacy

d) fame

3. Eating healthy food and drinking enough water is for staying fit.

a) risky

b) costly

c) key

d) current

4. The fans cheered when their team scored the winning goal.

a) smoothly

b) individually

c) firmly

d) enthusiastically

B- Reading Comprehension (4 marks)

Read the following passage then answer the questions:

Many people underestimate the serious consequences of neglecting their health. A sedentary lifestyle, characterized by long hours of sitting and minimal physical activity, weakens the body over time. Muscles deteriorate, bones become less dense, and weight gain becomes inevitable. Poor eating habits, such as consuming excessive fast food and sugary drinks, lead to obesity and increase the risk of diabetes. The combination of inactivity and unhealthy food creates a dangerous cycle that is hard to break.

Mental health also suffers significantly from poor lifestyle choices. Lack of exercise reduces the production of endorphins, the chemicals that naturally lift mood. This can lead to anxiety, depression, and low self-esteem. Sleep patterns become irregular, further affecting concentration and energy levels. In the long term, these habits **accumulate** and may result in chronic diseases like heart problems or high blood pressure. Making small, consistent changes today can prevent severe health issues tomorrow.



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Choose the correct answer from a, b, c, or d:

1. The best suitable title for this passage could be:

a) How to Sleep Better at Night

b) Why Fast Food Tastes Good

c) The Risks of Ignoring Your Health

d) Easy Exercises for Beginners

2. The underlined word ("accumulate") in the second paragraph is closest in meaning to:

a) go away

b) add up

c) become less

d) end fast

Answer the following questions:

3. What are two physical consequences of a sedentary lifestyle mentioned in the passage?

Two physical consequences of a sedentary lifestyle mentioned in the passage are that **muscles deteriorate and bones become less dense.**

4. How does lack of exercise affect mental health according to the second paragraph?

According to the second paragraph, lack of exercise affects mental health by **reducing the production of endorphins, which can lead to anxiety, depression, and low self-esteem.**

QUIZ NO.2

A. Choose the correct answer from a, b, c, or d: (2 marks)

1. The coach taught us a new to improve our passing skills.			
a) technique	b) nutritionist	c) data	d) sustainability
2. Even though she failed many times, her helped her finally succeed.			
a) conservation	b) appliance	c) persistence	d) performance
3. The two friends have a love for sports and play together every weekend.			
a) mutual	b) addicted	c) solar	d) permanent
4. In the competition, each singer performed first, and then they sang together as a choir.			
a) individually	b) locally	c) rapidly	d) intensively

B- Reading Comprehension (4 marks)

Read the following passage then answer the questions:

E-sports, or electronic sports, refers to competitive video gaming where professional players and teams face each other in front of large audiences. Millions of fans around the world watch these events online or in massive stadiums. Popular games like League of Legends and Counterstrike require quick thinking, excellent hand-eye coordination, and countless hours of practice. Top players train just as hard as traditional athletes, following strict schedules and team strategies. They analyze their gameplay to improve and stay ahead of competitors.

Critics argue that e-sports is not "real" sports because it lacks physical activity. However, supporters highlight the mental skills required, such as focus and decision-making under pressure. Many universities now offer scholarships for e-sports players. The industry continues to **expand** rapidly, with prize pools reaching millions of dollars. While opinions differ, one thing is clear: e-sports has become a global phenomenon that cannot be ignored.



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Choose the correct answer from a, b, c, or d:

1. The best suitable title for this passage could be:

- a) How to Play Video Games at Home
- b) The Rise of Competitive Gaming**
- c) Why Traditional Sports Are Better
- d) The History of Computers

2. The underlined word ("expand") in the second paragraph is closest in meaning to:

- a) shrink
- b) grow**
- c) stop
- d) disappear

Answer the following questions:

3. What are two skills mentioned in the passage that e-sports players need?

Two skills mentioned in the passage that e-sports players need are **quick thinking and excellent hand-eye coordination.**

4. Why do some critics say e-sports is not "real" sports?

Some critics say e-sports is not "real" sports because **they lack physical activity.**

QUIZ NO.3

A. Choose the correct answer from a, b, c, or d: (2 marks)

1. Wearing the wrong shoes can lead to a serious while running.			
a) alert	b) traffic jam	c) strategy	d) injury
2. After practicing for months and winning her first medal, she finally had the to compete in bigger events.			
a) dedication	b) self-confidence	c) public transport	d) resource
3. Our school has students from many countries, so the group is very			
a) precious	b) massive	c) diverse	d) addicted
4. The population of the city is growing, causing more traffic problems.			
a) firmly	b) thoughtfully	c) rapidly	d) smoothly

B- Reading Comprehension (4 marks)

Read the following passage then answer the questions:

Our planet faces numerous environmental threats that require immediate attention. Climate change, driven by greenhouse gas emissions, is causing global temperatures to rise steadily. This leads to melting ice caps, rising sea levels, and more frequent natural disasters like floods and hurricanes. Plastic pollution has become another crisis, with millions of tons ending up in oceans each year. Marine animals often mistake plastic for food, which can be fatal. Microplastics have even been found in drinking water and human bodies.

Deforestation continues at an alarming rate, particularly in rainforests that serve as the Earth's lungs. Trees are cleared for farming, mining, and urban expansion, destroying habitats and reducing biodiversity. Air pollution from factories and vehicles causes respiratory diseases in millions of people. Scientists warn that these issues are interconnected; solving one requires addressing others. Unless we take **drastic** measures soon, the damage may become irreversible. The future of our environment depends on the choices we make today.

Choose the correct answer from a, b, c, or d:

1. The best suitable title for this passage could be:

a) How to Recycle Plastic at Home

b) Environmental Threats Facing Our Planet

c) The Benefits of Industrial Growth

d) Why Animals Live in Forests

2. The underlined word ("drastic") in the second paragraph is closest in meaning to:

a) gentle

b) extreme

c) slow

d) optional

Answer the following questions:

3. What are two consequences of climate change mentioned in the first paragraph?

Two consequences of climate change mentioned in the first paragraph are **melting ice caps and rising sea levels.**

4. Why is deforestation described as happening at an "alarming rate"?

Deforestation is described as happening at an "alarming rate" because **trees are cleared for farming, mining, and urban expansion, destroying habitats and reducing biodiversity.**

QUIZ NO.4

A. Choose the correct answer from a, b, c, or d: (2 marks)

1. Installing can help reduce electricity bills and protect the environment.			
a) techniques	b) traffic jams	c) nutritionists	d) solar panels
2. A good helps athletes plan what to eat before and after games.			
a) platform	b) nutritionist	c) athlete	d) resource
3. Some people are worried about the amount of time teenagers spend on social media.			
a) fulfilling	b) genuine	c) considerable	d) risky
4. Because there was no traffic, the bus drove through the city streets.			
a) smoothly	b) firmly	c) enthusiastically	d) intensively

B- Reading Comprehension (4 marks)

Read the following passage then answer the questions:

Dangerous situations can happen anywhere, at school, at home, or in public places. The most important rule is to stay calm. Panic makes it hard to think clearly and slows down your reaction time. If you sense trouble, trust your instincts and leave the area immediately. Your safety matters more than your belongings. Always inform a trusted adult, like a teacher or parent, about anything that feels wrong or threatening.

When facing an immediate threat, like a fire or an intruder, remember basic survival steps. Know the emergency exits in every building you enter. If there is a fire, stay low to avoid smoke and feel doors before opening them. In case of an earthquake, drop, cover, and hold on until the shaking stops. Practicing drills at school helps these actions become automatic. Being prepared can **significantly** reduce the harm caused by unexpected events. Staying alert and knowing what to do might save your life.



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Choose the correct answer from a, b, c, or d:

1. The best suitable title for this passage could be:

a) Why Fires Are Dangerous

b) How to React When Danger Strikes

c) The Importance of School Drills

d) Leaving Your Belongings Behind

2. The underlined word ("significantly") in the second paragraph is closest in meaning to:

a) slightly

b) greatly

c) rarely

d) never

Answer the following questions:

3. What should you do first if you sense trouble, according to the passage?

If you sense trouble, you should **trust your instincts and leave the area immediately.**

4. Why is it important to know emergency exits in every building?

It is important to know emergency exits in every building because **being prepared can significantly reduce the harm caused by unexpected events.**

QUIZ NO.5

A. Choose the correct answer from a, b, c, or d: (2 marks)

1. One major for young people today is protecting their personal information online.			
a) data	b) flexibility	c) fame	d) concern
2. The team's clever helped them win the game against a stronger opponent.			
a) privacy	b) appliance	c) injury	d) strategy
3. It was a experience to volunteer and help people in need.			
a) fulfilling	b) risky	c) addicted	d) current
4. The CEO spoke about the company's plans for the future.			
a) locally	b) firmly	c) individually	d) smoothly

B- Reading Comprehension (4 marks)

Read the following passage then answer the questions:

Technology is advancing faster than ever before, changing how we live, work, and communicate. Artificial intelligence, or AI, now helps doctors diagnose diseases and drives cars without human assistance. Smart devices in homes can adjust lighting, order groceries, and even lock doors automatically. In the near future, robots may perform dangerous jobs like mining or firefighting, keeping people safe. These innovations promise to make life more convenient and efficient.

However, rapid technological growth also raises important concerns. Many workers worry that machines will replace their jobs. Privacy has become a major issue as companies collect vast amounts of personal data. Experts argue that we must create rules to **ensure** technology benefits everyone equally. Education systems need to prepare young people for careers that do not yet exist. The future will bring exciting possibilities, but we must guide technology wisely to avoid its potential dangers.

Choose the correct answer from a, b, c, or d:

1. The best suitable title for this passage could be:

a) How to Build a Robot at Home

b) The Promises and Challenges of Future Technology

c) Why Privacy No Longer Matters

d) The History of Artificial Intelligence

2. The underlined word ("ensure") in the second paragraph is closest in meaning to:

a) prevent

b) ignore

c) guarantee

d) delay

Answer the following questions:

3. What are two examples of how technology helps people today, according to the first paragraph?

Two examples of how technology helps people today are that **AI helps doctors diagnose diseases and smart devices can adjust lighting, order groceries, and lock doors automatically.**

4. Why do experts say we need to create rules for technology?

Experts say we need to create rules for technology **to ensure it benefits everyone equally and to avoid its potential dangers.**

QUIZ NO.6

A. Choose the correct answer from a, b, c, or d: (2 marks)

1. Many athletes earn a good from prizes and sponsorships.			
a) platform	b) income	c) conservation	d) alert
2. Water is important in dry regions where rain is rare.			
a) dedication	b) platform	c) conservation	d) privacy
3. My grandfather is an teacher who has worked in five different countries.			
a) risky	b) increasing	c) eco-friendly	d) experienced
4. The situation changed once the captain announced his retirement.			
a) enthusiastically	b) rapidly	c) individually	d) locally

B- Reading Comprehension (4 marks)

Read the following passage then answer the questions:

Omar and Youssef had been inseparable since childhood. They shared dreams, fears, and countless memories. When Youssef's family faced financial difficulties, he became quiet and withdrawn at school. Omar noticed his friend skipping lunch and avoiding outings. Instead of asking directly, Omar started bringing extra food, claiming his mother packed too much. He also invited Youssef to study at his house, knowing it would give him a warm meal without embarrassment. Youssef never admitted his struggles, but he felt deeply grateful.

Years later, at their high school graduation, Youssef finally thanked Omar. He revealed that Omar's quiet kindness had kept him going during the hardest months. Omar simply smiled and said that is what friends do. True friendship, he explained, is not about grand gestures but about noticing when someone is hurting and helping without being asked. Their bond had been tested by silence and **adversity**, yet it emerged unbroken and even more meaningful.



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Choose the correct answer from a, b, c, or d:

1. The best suitable title for this passage could be:

- a) How to Skip Lunch at School
- b) A Friendship Tested by Hard Times**
- c) The Best Way to Study Together
- d) Graduation Day Memories

2. The underlined word ("adversity") in the second paragraph is closest in meaning to:

- a) happiness
- b) celebration
- c) hardship**
- d) distance

Answer the following questions:

3. How did Omar help Youssef without embarrassing him?

Omar helped Youssef without embarrassing him by bringing extra food and claiming his mother packed too much, and inviting him to study at his house for a warm meal.

4. According to Omar, what is true friendship really about?

According to Omar, true friendship is really about noticing when someone is hurting and helping without being asked, not about grand gestures.

QUIZ NO.7

A. Choose the correct answer from a, b, c, or d: (2 marks)

1. The government is promoting to protect natural resources for future generations.			
a) privacy	b) performance	c) fame	d) sustainability
2. A small in the pipe caused water to flood the entire kitchen.			
a) strategy	b) leak	c) platform	d) concern
3. It was a/an decision to bring an umbrella because it rained heavily later.			
a) addicted	b) risky	c) thoughtful	d) eco-friendly
4. The teacher explained the math problem , making sure every student understood each step.			
a) locally	b) rapidly	c) enthusiastically	d) intensively

B- Reading Comprehension (4 marks)

Read the following passage then answer the questions:

Starting a business can be exciting but also challenging. The first step is identifying a problem that people face and offering a solution. Successful businesses often begin with a simple idea that meets a common need. Researching the market is essential to understand potential customers and competitors. You must also create a basic plan outlining your goals, costs, and strategies. Many young entrepreneurs start small, using their savings or help from family.

Once your idea is ready, focus on building a strong foundation. Choose a memorable name and register your business if necessary. Marketing plays a huge role in attracting customers. Social media platforms offer affordable ways to reach a wide audience. Listening to feedback helps you improve your products or services. Patience is vital because success rarely happens overnight. Some businesses fail at first, but failure teaches valuable lessons. With dedication and hard work, your small idea could **evolve** into something remarkable.



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Choose the correct answer from a, b, c, or d:

1. The best suitable title for this passage could be:

a) How to Spend Your Savings Wisely

b) Essential Steps to Launch a Successful Business

c) Why Social Media Is Popular

d) The History of Big Companies

2. The underlined word ("evolve") in the second paragraph is closest in meaning to:

a) disappear

b) develop

c) fail

d) remain

Answer the following questions:

3. What should you do before starting a business, according to the first paragraph?

Before starting a business, you should **identify a problem that people face, research the market to understand customers and competitors, and create a basic plan outlining your goals, costs, and strategies.**

4. Why is patience important when starting a business?

Patience is important when starting a business because **success rarely happens overnight, and even if some businesses fail at first, failure teaches valuable lessons.**