

اهم موضوعات

English

الصف الثامن

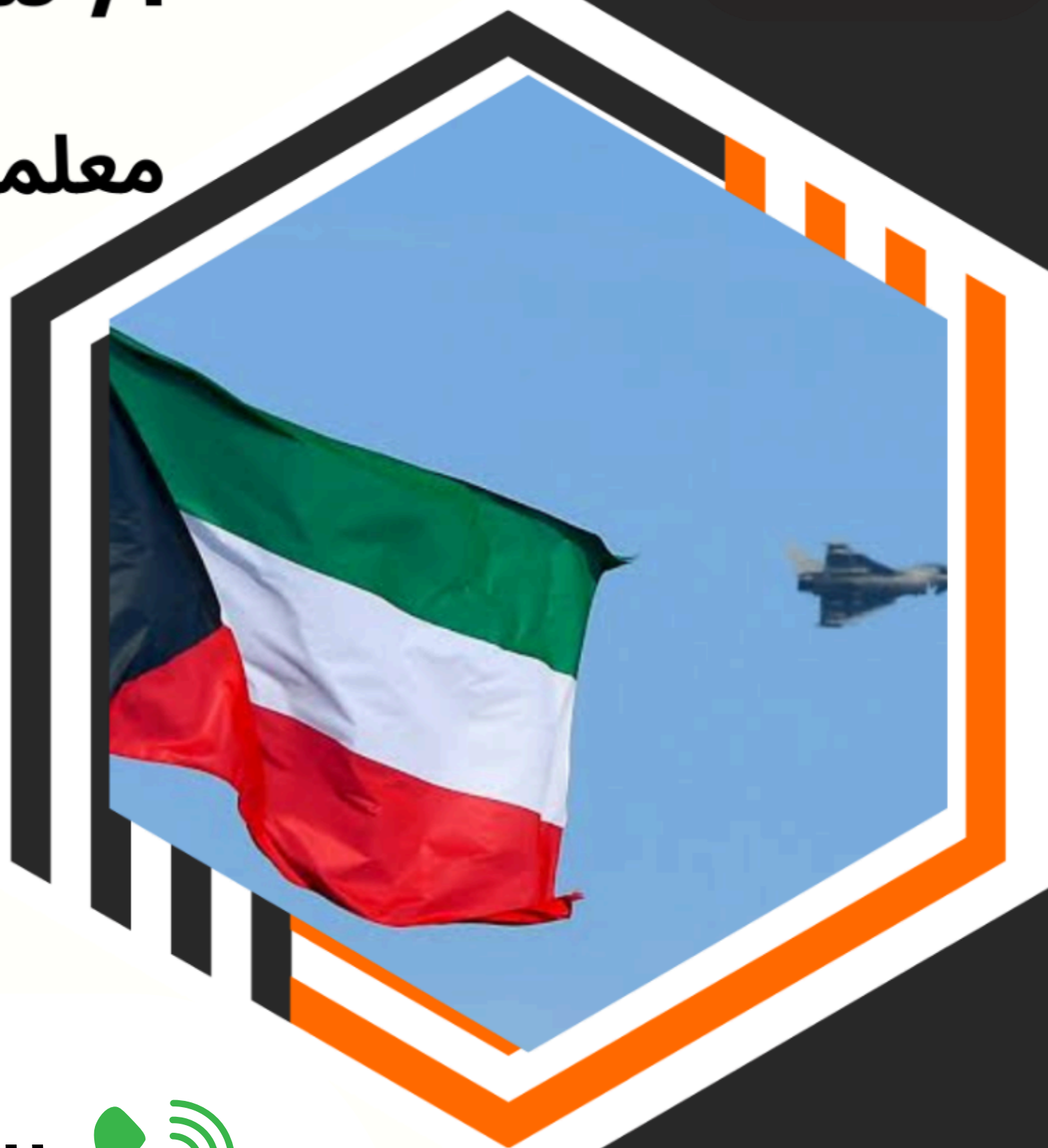
2024

2025

أ/ سارة إبراهيم

معلمة اللغة الانجليزية

الفصل الأول



للتواصل واتس آب



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## Keeping fit

It's important to **keep fit**. There are many **ways** to be fit. We should sleep **early**. We should eat **healthy food**. We should play sports.

There are many **benefits**. It keeps us **active**. It makes us **strong**. It makes us feel **happier**. It helps us to study **better**.

Keep fit      لائق بدنيا

ways      طرق

early      مبكراً

healthy food      طعام صحي

benefits      فوائد

active      نشيط

Strong      قوي

happier      أكثر سعادة

better      أفضل

## A healthy lifestyle

A healthy lifestyle is **important**. We need it. It keeps us **fit**. It helps us to be **strong**. It helps us to study **well**.

There are many ways to **achieve** it. We can do sports. We can eat healthy food. We can sleep **early**. We can **avoid fast food**.

important      مهم

fit      لائق بدنيا

Strong      قوي

well      بشكل جيد

achieve      يحقق

early      مبكرا

avoid      يتجنب

fast food      الوجبات السريعة

## My favourite sport

My favourite sport is football. I like playing football. I play it in the club. I play it every week. I play it with my friends.

Sport is important. It is useful. I play football to keep fit. It makes me strong. It helps me to be active.

club نادي

every week كل اسبوع

friends اصدقاء

important مهم

useful مفيد

keep fit لائق بدنيا

strong قوي

active نشيط

## Life in Kuwait

Life in the past was **hard**. **Homes** were small. There were no **schools**. People worked in **fishing**. They were **happy**

**Nowadays**, life is **easier**. There are **many** schools. There are many **jobs**. Houses are **modern**. I like life in Kuwait **now**.

hard      صعبة

homes      البيوت

schools      المدارس

fishing      الصيد

happy      سعاداء

nowadays      في الوقت الحالي

easier      اسهل

many      كثير من

jobs      وظائف

modern      حديثة

now      الان

## Physically challenged people

### Handicapped people/ The disabled

The disabled have many problems. They can't walk. They use wheelchairs. They have no schools. They can't find jobs.

We should help them. We should respect them. We should build schools for them. We should build clubs. We shouldn't ignore them.

Physically challenged people/ Handicapped people/ The

disabled الأشخاص ذو الإعاقة

problems مشاكل

wheelchair كرسي متحرك

jobs وظائف

build يبني

clubs نوادي

ignore يتجاهل

## Inspired People-Defying the Odds

Juri Al- Azmi is 16 years old. She lost her sight. She worked hard. She read 50 books. She won many prizes.

Taha Hussein was a writer. He was blind. He lived a hard life. He wrote novels. He was great.

### ▼ الفقرة الاولى عن

Juri Al- Azmi جوري العازمي

### ▼ الفقرة الثانية عن

Taha Hussein طه حسين

lost يفقد

sight بصر

prizes جوائز

writer كاتب

blind اعمى

hard life حياة صعبة

novels روايات

great عظيم

## Impressive buildings

There are many impressive buildings in Kuwait. The National library is old. It was built in 1923. It has many books. I want to visit it.

The Avenues mall is an impressive building. It is famous. It is big. It has many shops. It has a cinema.

### ▼ الفقرة الأولى عن

The National library

المكتبة الوطنية

### ▼ الفقرة الثانية عن

The Avenues mall

مول الافنيوز

impressive building

مباني مثيرة للإعجاب

old

قديم

famous

مشهور

cinema

سينما

shops

المحلات التجارية

## Museums

Museums are **important**. They are **great**. They are **useful**. They keep **old things**. They **attract tourists**.

There are many things in museums. There are old **coins**. There is **gold**. There are **metal objects**. We should visit museums.

museums متاحف

important مهم

great عظيم

useful مفيد

old things اشياء قديمة

attract يجذب

tourists السياح

coins عملات

gold ذهب

metal معدن

objects اشياء