Smart English

منصة سمارت إنجلش

Grade 4 Quizzes

الاختبارات القصيرة للصف الرابع

امسح الرمز وزُر المنصة

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Smart English

GRADE 4 / UNIT 1: HEALTH IS WEALTH / TERM 1

QUIZ 1
Score: / 10

Name: ..... Class: .....

PART 1 OF 2

I. Vocabulary — 3 marks

Choose the correct answer from a, b, c or d.

1. Our _____ helps us practise and play well.

a) grain b) vitamin c) coach d) app

2. I _____ my arms before exercise.

a) stretch b) spend c) rest d) get ready

3. After a long walk, I need some _____.

a) energy b) rest c) protein d) dairy

II. Reading Comprehension — 2 marks

Read the passage, then answer the questions. (4 x ½ = 2)

Salma packed a healthy lunch for school on Sunday. She put a cheese sandwich, an apple and a bottle of water in her bag. At break time, Salma sat with her friend Reem under a tree. They ate their food and talked about their favourite games. After lunch, the girls walked around the playground. Salma felt happy and ready for her next lesson. In the evening, she helped her mother prepare fresh fruit for the next day.

1. The best title for the passage is _____.

a) A Rainy Day b) A Healthy Lunch c) A New Bike d) A Long Trip

2. The underlined word “She” refers to _____.

a) Salma b) Reem c) her mother d) her teacher

3. Salma took a bottle of _____ to school.

a) juice b) milk c) tea d) water

4. What healthy food would you take to school?

Name: ..... Class: .....

PART 2 OF 2

III. Grammar — 2 marks

Choose the correct answer from a, b or c.

1. I enjoy _____ in the park.

a) walking b) walk c) walks

2. She _____ going to eat fruit tomorrow.

a) am b) is c) are

IV. Writing — 3 marks

Write a paragraph of at least THREE sentences about:

A Healthy Meal

Use the picture and these six guide words:

meal - eat - vegetables - water - healthy - daily

Title: .....

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QUIZ 2
Score: / 10

Name: ..... Class: .....

PART 1 OF 2

I. Vocabulary — 3 marks

Choose the correct answer from a, b, c or d.

1. I use a fitness _____ on my tablet.

a) coach b) app c) habit d) grain

2. Brushing your teeth every day is a good _____.

a) stadium b) protein c) rest d) habit

3. Drink enough water to stay _____.

a) hydrated b) interesting c) excited d) sharp

II. Reading Comprehension — 2 marks

Read the passage, then answer the questions. (4 x ½ = 2)

Some children joined a new sports club near their homes. They met their coach in the park every Tuesday. Before playing, the children stretched their arms and legs. The coach showed them easy exercises and asked them to drink water. Sara enjoyed skipping, but Ali liked playing tennis. After the games, everyone sat under a tree to rest. The children went home feeling happy. They wanted to come back because exercise was fun and helped them stay strong.

1. The best title for the passage is _____.

a) A Food Shop b) At the Beach c) A Sports Club d) A School Trip

2. The underlined word “They” refers to _____.

a) the children b) the coaches c) the parents d) the teachers

3. The children met every _____.

a) Sunday b) Friday c) Monday d) Tuesday

4. What exercise would you like to do with your friends?

Name: ..... Class: .....

PART 2 OF 2

III. Grammar — 2 marks

Choose the correct answer from a, b or c.

1. They like _____ tennis.

a) play b) plays c) playing

2. We _____ going to exercise tomorrow.

a) are b) is c) am

IV. Writing — 3 marks

Write a paragraph of at least THREE sentences about:

Keeping Fit

Use the picture and these six guide words:

friends - exercise - stretch - outside - strong - daily

Title: .....

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QUIZ 3
Score: / 10

Name: ..... Class: .....

PART 1 OF 2

I. Vocabulary — 3 marks

Choose the correct answer from a, b, c or d.

1. Healthy food gives us _____ to work and play.

a) app b) stadium c) energy d) coach

2. Fruit gives our bodies an important _____.

a) habit b) vitamin c) walkathon d) app

3. Meat and eggs give us _____ to help us grow.

a) rest b) fitness c) grain d) protein

II. Reading Comprehension — 2 marks

Read the passage, then answer the questions. (4 x ½ = 2)

Hamad decided to spend less time playing video games. He made a simple plan with his father on Saturday. After school, Hamad did his homework and played outside with his cousin. He used his tablet for only thirty minutes. In the evening, Hamad brushed his teeth and put on his pajamas. Then he read a short story and went to bed early. The next morning, he felt fresh and could listen carefully to his teacher in class.

1. The best title for the passage is _____.

a) A Broken Tablet b) A New Teacher c) A Family Meal d) Healthy Changes

2. The underlined word “He” refers to _____.

a) his father b) Hamad c) his cousin d) his teacher

3. Hamad used his tablet for _____ minutes.

a) ten b) twenty c) thirty d) sixty

4. What can you do instead of playing video games?

QUIZ 3
Score: / 10

Name: ..... Class: .....

PART 2 OF 2

III. Grammar — 2 marks

Choose the correct answer from a, b or c.

1. My brother enjoys _____.

a) swimming b) swim c) swims

2. I _____ going to sleep early tonight.

a) is b) are c) am

IV. Writing — 3 marks

Write a paragraph of at least THREE sentences about:

My Healthy Habits

Use the picture and these six guide words:

sleep - brush - teeth - early - healthy - bedtime

Title: .....

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GRADE 4 / UNIT 1: HEALTH IS WEALTH / TERM 1

QUIZ 4
Score: / 10

Name: ..... Class: .....

PART 1 OF 2

I. Vocabulary — 3 marks

Choose the correct answer from a, b, c or d.

1. Many people watch sports at the _____.

a) stadium b) app c) grain d) brain

2. Fahad feels _____ about the race. He cannot wait!

a) sharp b) hydrated c) excited d) interesting

3. We joined a _____ and walked for an hour.

a) vitamin b) protein c) habit d) walkathon

II. Reading Comprehension — 2 marks

Read the passage, then answer the questions. (4 x ½ = 2)

The school walkathon began at nine in the morning. It lasted for one hour on the stadium track. Fahad went with his sister and two friends. Everyone wore comfortable shoes and carried a water bottle. Before walking, a coach helped the children warm up. Fahad walked slowly at first, then he walked faster with his friends. After the walkathon, the children ate fruit and rested. Fahad was proud because he finished the walk and enjoyed being active.

1. The best title for the passage is _____.

a) A Walkathon b) A Quiet Library c) A New Tablet d) A Long Flight

2. The underlined word “It” refers to _____.

a) the stadium b) the bottle c) the school walkathon d) the fruit

3. The walkathon started at _____.

a) eight b) nine c) ten d) eleven

4. What would you take with you to a walkathon?

QUIZ 4
Score: / 10

Name: ..... Class: .....

PART 2 OF 2

III. Grammar — 2 marks

Choose the correct answer from a, b or c.

1. We like _____ with our friends.

a) run b) running c) runs

2. He is going to _____ water with him.

a) taking b) takes c) take

IV. Writing — 3 marks

Write a paragraph of at least THREE sentences about:

A Walkathon

Use the picture and these six guide words:

walkathon - walk - friends - water - slowly - excited

Title: .....

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QUIZ 5
Score: / 10

Name: ..... Class: .....

PART 1 OF 2

I. Vocabulary — 3 marks

Choose the correct answer from a, b, c or d.

1. Milk and cheese belong to the _____ group.

a) fats b) grain c) vitamin d) dairy

2. Rice is a type of _____.

a) vitamin b) grain c) coach d) habit

3. Daily exercise helps improve our _____.

a) fitness b) app c) stadium d) dairy

II. Reading Comprehension — 2 marks

Read the passage, then answer the questions. (4 x ½ = 2)

Noura learned about the food pyramid at school. Fruits and vegetables were her favourite food groups. <u>They</u> gave her body vitamins and helped her stay healthy. At home, Noura made a colourful plate with her mother. She chose rice, chicken, carrots and an orange. She drank water with her meal instead of a fizzy drink. Her little brother wanted lots of sweets, so Noura explained that too many sweets were unhealthy. The family enjoyed their meal together.

1. The best title for the passage is _____.

a) A Sports Bag b) A New Game c) A Healthy Meal d) A Nice Coach

2. The underlined word “They” refers to _____.

a) fruit and vegetables b) rice and chicken c) sweets and drinks d) Noura and Mum

3. Noura drank _____ with her meal.

a) milk b) juice c) a fizzy drink d) water

4. What would you put on your own healthy plate?

_____

QUIZ 5
Score: / 10

Name: ..... Class: .....

PART 2 OF 2

III. Grammar — 2 marks

Choose the correct answer from a, b or c.

1. Noura enjoys _____ her bike.

a) rides b) riding c) ride

2. They _____ going to play table tennis.

a) are b) am c) is

IV. Writing — 3 marks

Write a paragraph of at least THREE sentences about:

Getting Ready for Sports Day

Use the picture and these six guide words:

tomorrow - pack - bag - fruit - ready - play

Title: .....