

# 

# Student's Work Book



# **VERB LIST**



### Present

be	يكون	
beat	يهزم	
become	يصبح	
begin	يبدأ	
break	يكسر	
buy	يشتري	
catch	يمسك	
choose	يختار	
cost	يكلف	
cut	يقطع	
do	يفعل	
draw	يرسم	
drive	يقود	
eat	ياكل	
fall	يسقط	
feel	يشعر	
find	يجد	
forget	ينسى	
fly	يطير	
freeze	يتجمد	
give	يعطي	
get	يحصل على	
grow	ينمو	
have	يمتلك	
hurt	يؤذي	
keep	يحافظ	

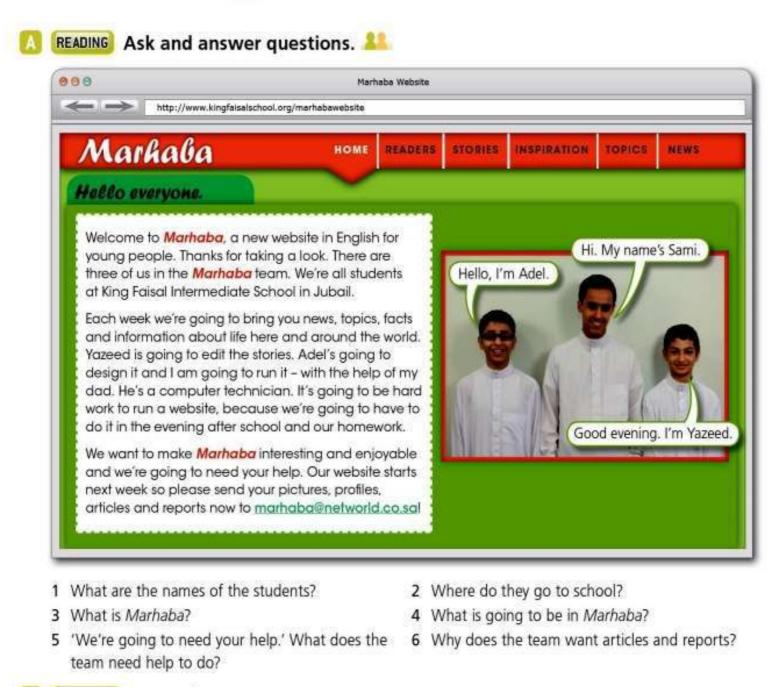
يعرف
يترك _يغادر
يخسر
يصنع
يقابل
يضع
يقرا
يتصل بـ
يرتفع
يقول
يرى
c::::
يرسل
يبحر
يعرض
يتكلم
يقضى _يصرف
يسرق
يسبح
ياخذ
يدرّس
يخبر
يلبس
يفهم
يربح – يكسب
يكتب

Present



# Unit 1 / A website and a newsletter

# **LESSON 1** Introducing Marhaba



### SPEAKING Say and correct.

Say incorrect sentences about Marhaba using going to. Your partner corrects the sentences.

### Marhaba is going to be in Arabic.

No, it isn't. It's going to be in English.

### GRAMMAR Read the information.

We sometimes think about plans or decisions before we speak or write about them. We use the future with *going to* in these sentences.





### A-

- 1. Sami, Yazeed and Adel.
- 2. King Faisal Intermediate School in Jubail.
- 3. a new website.
- 4. news, topics, facts and information about life here and around the world.
- 5. to make Marhaba interesting and enjoyable.
- 6. to publish on the website.

### **B-**

1. Sami is going to edit the stories.

No, he's not. Yazeed is going to edit the stories.

2. Adel's going to run it.

No, he's not. Adel's going to design it.

3. They're going to do it at school.

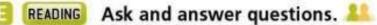
No, they're not. They're going to do it after school.

### Unit 1 • A website and a news



CHECK

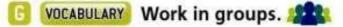






- 1 What is Rob's surname?
- 3 How old is Rob's sister?
- 5 What are Rob's best subjects?
- 2 Where was he born?
- 4 What does his father do?
- 6 What are Rob's hobbies?

### SPEAKING Interview your partner: Use the guestions from Exercise E and other questions. 🚨



Jobs often finish with -or or -er in English, for example, doctor and cleaner. In groups, make two lists: (1) jobs ending -or or -er (2) other jobs.



### E-

- 1. Green.
- 2. Leeds.
- 3. nine.
- 4. He's a policeman.
- 5. English, geography and maths.
- 6. football; using computers and the internet; learning about young people.

### F-

- 1. What's your surname? Ahmed.
- 2. Where were you born? In Saudi Arabia.
- 3. How old is your sister? 11 years old.
- 4. What does your father do? He's a teacher.
- 5. What are your best subjects? English and maths.
- 6. What are your hobbies?

Using computer and interent.

**G:** 

1	2	
Engineer Doctor Teacher Cleaner farmer	Policeman Journalist	
	see Workbook pp88–89	Unit 1 - Lesson 1

### Unit 1 A website and a newsletter

# **LESSON 2** Introducing Saudi Stars

READING Complete the text with the words in the box.

hope learn newsletter month students too <del>Welcome</del> write



# A Saudi Stars: Number One Hello

'Welcome to Saudi Stars, our new monthly English language newsletter for Saudi students by Saudi students. Your editorial team is Leena and Dalal from Olaya Intermediate Girls' School and Julie from Riyadh English Girls' Academy. Each month , we're going to have articles, questionnaires, stories and quizzes in our <sup>4</sup>newsletter . We are going to <sup>5</sup> learn a lot of English when we <sup>6</sup> write the newsletter.

We <sup>7</sup><u>hope</u> you're going to enjoy the newsletter and learn English from it 8 too

### WRITING AND SPEAKING Write three questions about the text. Ask and answer them.

### C READING Number the sentences in the correct order.

w Saudi Stars started	
They discussed this idea with their teacher, Mrs. Rinad Abu Zinada.	4
Julie agreed because the newsletter sounded very interesting.	7
Mrs. Rinad arranged to print the newsletter for the girls.	5
Leena and Dalal started intermediate school at the same time.	
Leena, Dalal and Julie decided to call the newsletter Saudi Stars.	8
They wanted to use and practise English for a project.	2
Leena suggested writing a newsletter in English.	3
Dalal contacted her friend Julie and asked her to help.	6
	Julie agreed because the newsletter sounded very interesting. Mrs. Rinad arranged to print the newsletter for the girls. Leena and Dalal started intermediate school at the same time. Leena, Dalal and Julie decided to call the newsletter <i>Saudi Stars</i> . They wanted to use and practise English for a project. Leena suggested writing a newsletter in English.

D LISTENING Check your work. 🚺 Track 2



### **B:**

1-What is Saudi Stars?

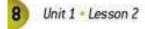
It's a new monthly English language newsletter for Saudi students.

2-Who are the editors?

Leena, Dalal and Julie.

**3-What are they going to have?** 

They are going to have articles, questionnaires, stories and quizzes.



### Unit 1 - A website and a news

### **GRAMMAR** Read and <u>underline</u> the correct words.



- 1 Verbs like played, washed, waited are in the present / past tense.
- 2 Verbs like played, washed, waited are regular / irregular verbs.
- 3 The letters ed in played, washed, waited sound the same / different in the verbs.

### GRAMMAR Work in groups. 2023

In your notebook, make a list of ten verbs with regular past tenses and ten verbs with irregular past tenses. Use different verbs from the verbs in Exercise E.

### G PRONUNCIATION Work in groups.

Look at the past tense verbs in Exercise E. Copy the table and write the verbs in the correct place.

### **READING** Underline the time phrases.



# Saudi Stars: Number One 🟠 🕹 ≨ Julie's story My dad worked as a teacher at an international school in Malaysia for four years. Three years ago the school closed so we returned to London. My dad started a new job in a school in Riyadh last year. My mum and I stayed in London for two months so I could finish the school year. We arrived in Riyadh nine months ago Dala's father teacher

school year. We arrived in Riyadh nine months ago. Dalal's father teaches Arabic in the school where my dad works. Last month Dalal's mum phoned and invited me to meet Dalal. We are good friends now.

### GRAMMAR Complete the questions.

- 1 how long/Julie's dad work/Malaysia
- 3 when/Julie's dad start/new job

SPEAKING Ask and answer

the questions. 🚨

- 5 when/Julie and her mum arrive/Riyadh
- 2 when/the school close
- 4 how long/Julie stay/London

Julie's dad didn't work in Malaysia for four years. He worked there for three years.

CLISTENING AND SPEAKING Find five mistakes in Julie's story and correct them.

Track 3



**F:** 

Regular	Irregular
arrived, asked, knocked, looked, reached, returned, thanked, touched, watched, waited.	bought, came, did, fell, gave, went, left, made, saw, won.

G:

/d/	/ <b>t</b> /	/id/
arranged, agreed.	asked, discussed.	sounded, started, decided, wanted, suggested, contacted.

### I:

- 1- How long did Julie's dad work in Malaysia?
- 2- When did the school close?
- 3- When did Julie's dad start his new job?
- 4- How long did Julie stay in London?
- 5- When did Julie and her mum arrive in Riyadh?

### J:

- 2- three years ago.
- **3- last year.**
- 4- for two months.
- 5- nine months ago.



# Unit 1 / A website and a newsletter



# LESSON 3 What are they doing?



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- 1 Sami is at Adel's house.
- 2 Yazeed is preparing a page for the website.
- 3 Adel isn't smiling at the camera.
- 4 Yazeed is taking the picture.
- 5 Yazeed is checking information in the article.
- 6 Sami is checking spelling in an article.
- 7 Adel is taking a photo.
- 8 Adel is choosing a photo.

### SPEAKING Work in pairs. 🤽

- Correct the false sentences.
- 2 Study the pictures, then close your books. What the boys are doing?

F 🗋
F 🗌
F 🗖
F 🗋
F 🗌
F 🚺
F 🚺
F 🗌

Sami, Yazeed and Adel are working in the school library.





### **B:**

### 1-

- 1. Sami, Yazeed and Adel are working in a room at Sami's father's house.
- 4. Sami is taking the picture.
- 6. Yazeed is checking spelling in an article.
- 7. Adel is designing a new page for the website.

### 2-

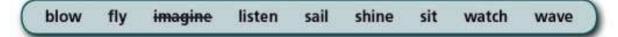
- 1. Sami, Yazeed and Adel are looking at (the Marhaba website on) a computer.
- 2. Adel and Yazeed are working at computers. Adel isn't looking at the camera. Yazeed is looking at the camera but he isn't smiling.
- **3.** Yazeed is editing/proofreading an article. Yazeed is checking that the information in an article is correct.
- 4. Adel is designing a page for the website. Adel is choosing a photograph for an article.

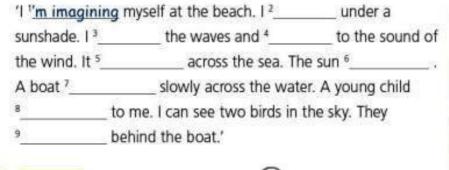


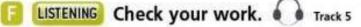
### Unit 1 • A website and a news



### GRAMMAR Complete the text using the words in the box.







### SPEAKING Work in groups.

Imagine and describe a beautiful place. What is happening? What are you doing?



Unit 1 - A website and a news



The Answers:

D-

- □ Go to bed at the same time each day.
- □ Don't change the time on different days.
- □ Don't eat or drink before you sleep.
- □ Don't watch TV or read before you sleep.
- □ Get ready for bed.
- □ Lie down on your bed in the dark.
- □ Relax. Don't think about sleep.
- □ Close your eyes.
- □ Imagine a beautiful place.

- 1. 'm sitting.
- 2. 'm watching.
- 3. 'm listening.
- 4. 's blowing.
- 5. is shining.
- 6. is sailing.
- 7. is waving.
- 8. are flying.

# G-

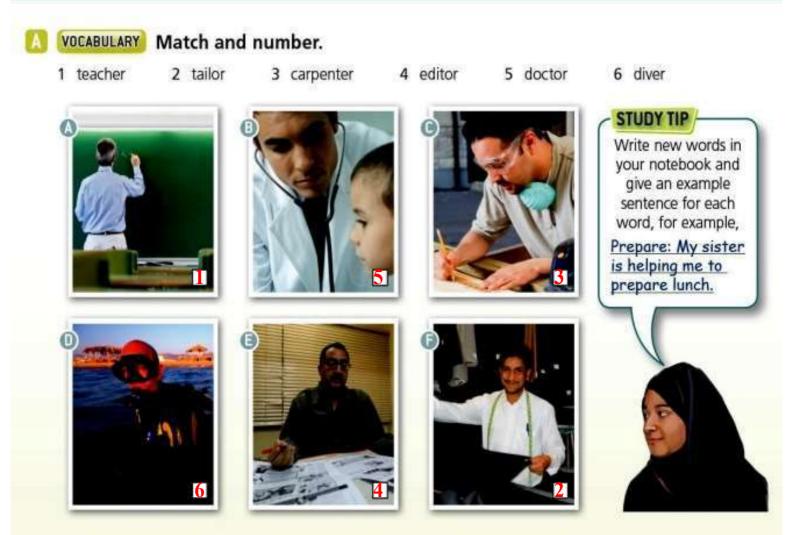
I'm imagining myself in a beautiful park full of trees and toys. I'm sitting near a huge tree. There are a lot of beautiful flowers. Children were playing around me. They are singing beautiful songs.

E-

# Unit 1 / A website and a newsletter



# LESSON 4 REVIEW



### B LISTENING Are the sentences about the newsletter true (T) or false (F)?

- Julie is going to help Leena and Dalal with their newsletter.
- 2 The girls are going to write in Arabic and English.
- 3 They will include articles about different countries.
- 4 The newsletter will help students with their English.
- 5 The girls plan to produce a new newsletter each week.
- 6 If the students like the newsletter, the girls will print more copies.

### 🕒 SPEAKING Ask and answer. 🚨

Find out what your partner is going to do at these times.

1 this evening 2 tomorrow 3 on Friday 4 in the holidays

What are you going to do this evening?

т 🗌	F 🗌
т 🗌	F 🗌
ТП	F
ТП	F
т 🗌	F 🗌
тП	F 🗌

I'm going to visit my English friend.

# LESSON 4 REVIEW



### The Answers:

- **C:** 
  - What are you going to do tomorrow?

I'm going to go shopping.

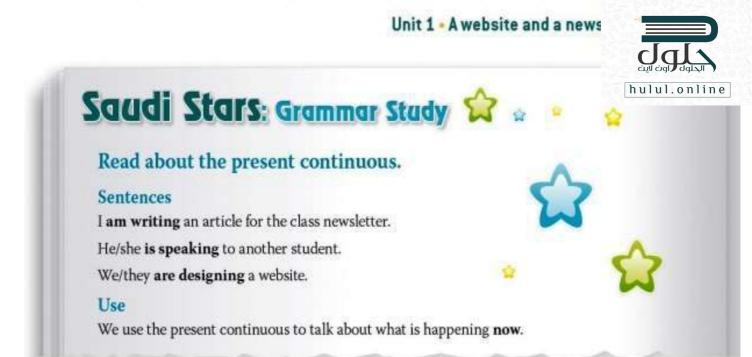
- What are you going to do on Friday?

I'm going to visit my grandmother.

- What are you going to do in the holidays?

I'm going to travel to Egypt.





### WRITING Write sentences in your notebooks.

- 1 the boys' friends/help/website
- 2 Dalal/talk/English friend

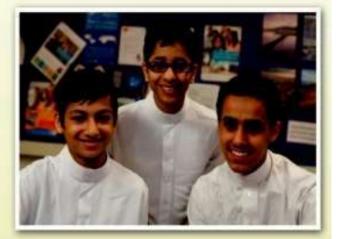
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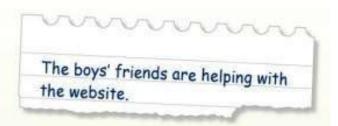
- 3 Leena/choose photos/the newsletter
- 4 we/check/spelling/articles
- 5 Adel/not look/camera
- 6 I/dream/beautiful place
- 7 the girls/sit/the shade

### **READING** Complete the text with the words in the box.

topics article website profiles choosing design checking preparing

The boys are <sup>1</sup><u>preparing</u> pages for their new <sup>2</sup><u>website</u>. Adel's father helped him <sup>3</sup><u>design</u> the site. The boys are planning to write about different <sup>4</sup><u>topics</u> and will include <sup>5</sup><u>profiles</u> of the other students in their class. Adel is writing an <sup>6</sup><u>article</u> about sports. Rob, his English friend, is <sup>7</sup><u>checking</u> the spelling for him. Yazeed is <sup>8</sup><u>Choosing</u> photos for the website.







### D:

- 2. Dalal is talking to her English friend.
- 3. Leena is choosing photos for the newsletter.
- 4. We are checking the spelling in the articles.
- 5. Adel is not t looking at the camera.
- 6. I am dreaming of a beautiful place.
- 7. The girls are sitting in the shade.



**READING** Now read the story. Were you right? Yes.



Bruce Scott and his wife Lesley are from London. They were in their 60s when Bruce finished his work as a photographer. They decided to travel the world. They sold their flat in London and bought a large car. They set out on their journey and spent four years driving around South America. Bruce told us what happened when they were driving across Brazil.

Bruce told us about the accident: 'We were going along a small road through the jungle on our way to Manaus, a city about 300 kilometres away. We were driving over a small bridge when it suddenly collapsed. The car fell into the ravine below. I don't know how we weren't badly injured.'

After the accident Bruce and Lesley climbed out of the ravine. They did not know who to phone in Brazil so Lesley called her sister 8000 kilometres away in England. Lesley told her about their accident. Lesley's family rang the British police and they rang the police in Brazil. The Brazilian police sent a helicopter to look for Bruce and Lesley. When the helicopter pilot found them, he took them to Manaus where they rested. After seeing a doctor Bruce and Lesley began their travels again.

Saudi Stars



## A-

- 1- South America.
- 2- The bridge is collapsing.
- 3- They called Lesley's sister in England.
- 4- The helicopter came to rescue them.



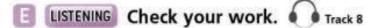
Unit 2 - In th



### READING AND SPEAKING Work in pairs. Correct the sentences.

- 1 Bruce and Leslie sold their car.
- 2 Bruce and Lesley bought a large house.
- 3 Bruce and Lesley drove around South Africa.
- 4 One day their car fell into the sea.
- 5 Leslie rang the police in Brazil.
- 6 The helicopter pilot took Bruce and Leslie to London.

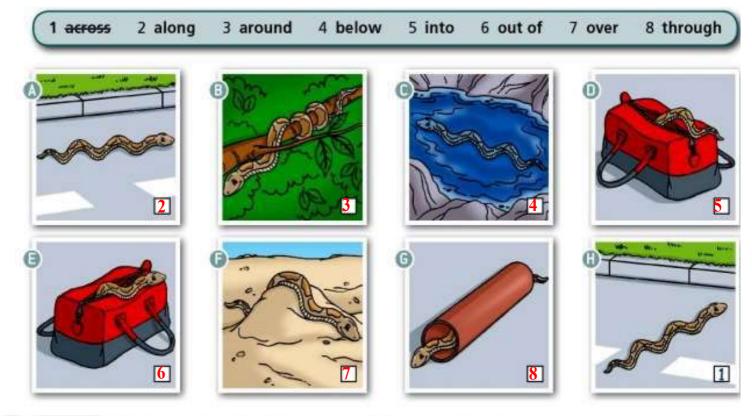
### LISTENING When you hear the sound and the number, write the missing word.

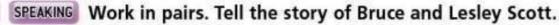


F GRAMMAR Complete the table with the missing verbs. Use the text to help you.

Present	Past	Present	Past
sell	1sold	<sup>2</sup> buy	bought
spend	<sup>3</sup> spent	set out	4 set out
<sup>5</sup> tell	told	6 know	knew
ring	7 rang	* take	took

C VOCABULARY Write the correct number in each box.





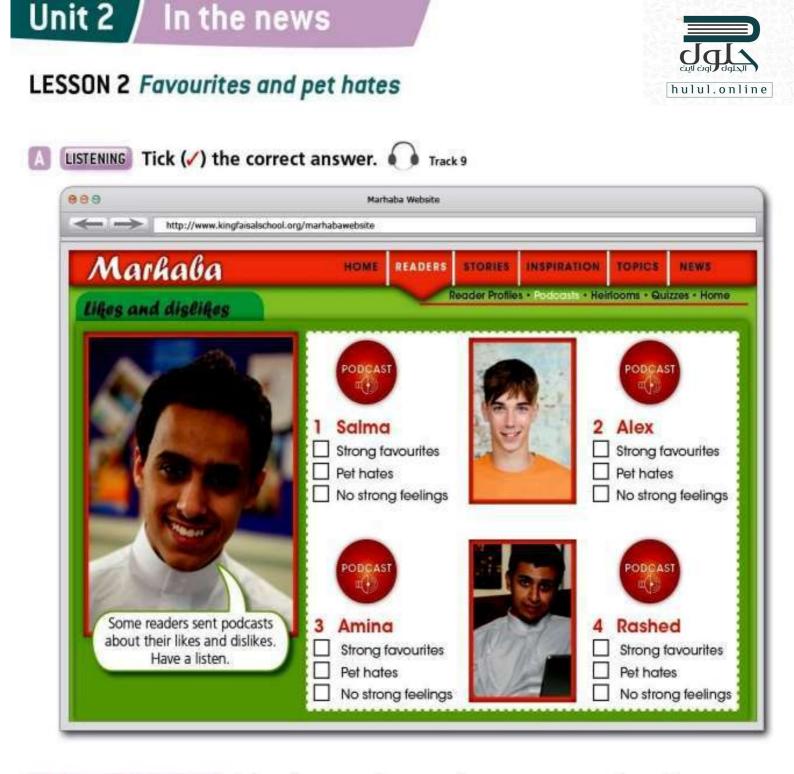
### Bruce and Leslie didn't sell their car.





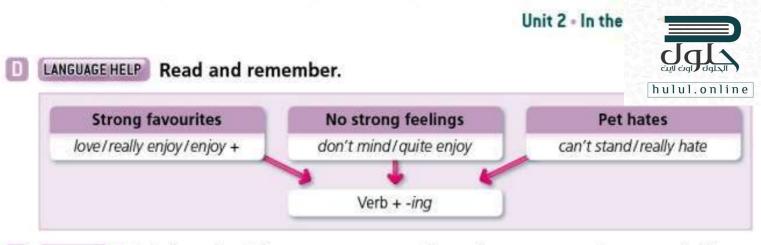
### C-

- 2- Bruce and Lesley didn't buy a large house. They bought a large car.
- 3- Bruce and Lesley didn't drive around South Africa. They drove around South America.
- 4- Their car didn't fall into the sea. It fell into a ravine.
- 5- Lesley didn't ring the police in Brazil. She rang her sister in England.
- 6- The helicopter pilot didn't take Bruce and Lesley to
  - London. He took them to Manaus.



LISTENING AND SPEAKING Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and answer. Say complete sentences and use the names of the people. Ask and as

2 Who loves walking in the country?
3 Who quite likes listening to other people's phone conversations?
4 Who doesn't mind watching TV?
PRONUNCIATION Repeat the conversation. Track 10



SPEAKING Work in pairs. Discuss your strong favourites, your pet hates and things that you don't have strong feelings about. Use phrases from Exercise D.

READING Match the paragraphs with the headings.



1 hobbies and dislikes

3 the writer's education

- C B
- SPEAKING Work in pairs. 🚨
  - 1 Prepare questions about Waleed.
  - 2 Now take the parts of Waleed and an interviewer.
- LANGUAGE HELP Read and remember.
  - 1 like doing: You always enjoy this thing.
  - 2 would like to: You want to do or to have this thing now or in future.

2 what the writer wants

4 the writer's family

- D A
- GRAMMAR Complete the sentences. Use like or would/'d like to.
  - 1 I'm very thirsty. I'd like to drink something.
  - 2 | <u>'d like to</u> be a doctor when I leave school.
  - 3 I like eating here. The food is great.
  - 4 Are you tired? would you like to go home?
  - 5 Sami and Adel \_\_\_\_\_ watching TV.
  - 6 Tea or juice? I <u>'d like to</u> have tea, please.

Unit 2 - In the

hulul.online



### **E:**

I enjoy reading.

I can't stand dogs.

I don't mind watching TV.

**G:** 

1- Where do you come from?

I come from Kuwait.

2- How old are you?

I am 14 years old.

- 3- What's your favourite subject? Maths.
- 4- What are your hobbies?

I love swimming and sailing.



# Unit 2 / In the news

# LESSON 3 Life has changed

Saadi Arabia

has changed

### READING Match the photographs to the paragraphs.



I was born in 1944, six years after the discovery of oil. Saudi Arabia has changed and developed so much since that time.

⑦ The population has increased since 1938. Then it was two and a half million. Now it is around 30 million.

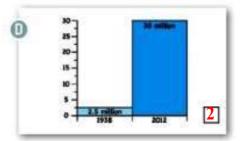
Before oil we were nomadic people. We lived in the desert or in small towns and villages. Saudi Arabia has developed. Most people live in modern cities with modern industries.

When I was young, few people went to school and there were very few doctors. Now schools and hospitals have opened in all parts of the country. Healthcare and education are free.

I have lived a long life. Life is faster and better now and we are healthier and more comfortable. My children have married and some of their children have married.

But some things haven't changed in Saudi Arabia. We are the home of Islam. All Saudis are Muslims. Islam was our religion in the 1930s, it is our religion now and it will always be our religion.











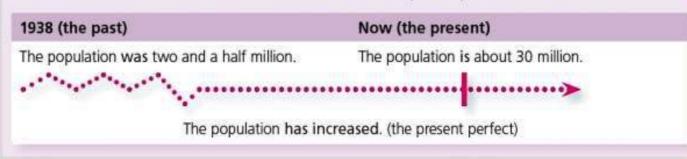


**READING** Find and underline eight other verbs like has changed.

### Unit 2 . In the



- Verbs like has changed are regular verbs in the present perfect tense.
   We make the present perfect with has/have + past particle.
- 3 We make the part participle of regular verbs with verb + -ed, for example, has increased.
- 4 The Present Perfect tense connects time or actions in the past to present time or actions:



### **GRAMMAR** Complete the information.

LANGUAGE HELP Read and remember.

Singular	Plural	
The country has changed.	The countries have changed.	
It 1 has changed . (change)	They <sup>2</sup> have changed . (change)	
Negative singular	Negative plural	
The hospital hasn't closed.	Hospitals haven't closed.	
The school <sup>3</sup> hasn't closed . (close)	Schools 4 haven't closed . (close)	

### E

### SPEAKING Say complete sentences.

- 1 Sami, Yazeed, Adel/start/new website
- 3 Adel/design/new page for Marhaba
- 5 Sami, Adel /visit/Riyadh many times
- 2 Dalal, Leena, Julie/ start/new newsletter
- 4 Leena, Dalal/not finish/this week's newsletter
- 6 Yazeed/not visit/London/but he/visit/Cairo

### SPEAKING Talk about Saudi Arabia.

Say what has changed and what has not changed since the discovery of oil.

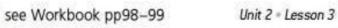


Look at these regular past participles. What happens to these verbs when we add -ed? ask asked study studied (not x studyed) They change to the past simple live lived (not x liveed) stop stopped (not x stoped) form.



**E**:

- 1- Sami, Yazeed and Adel have started a new website.
- 2- Dalal, Leena, and Julie have started a new newsletter.
- 3- Adel has designed a new page for Marhaba.
- 4- Leena and Dalal haven't/have not finished this week's newsletter.
- 5- Sami and Adel have visited Riyadh many times.
- 6- Yazeed hasn't visited London but he has visited Cairo.





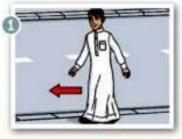
# Unit 2 / In the news

# LESSON 4 REVIEW



READING Look at the pictures. Complete each sentence with a word from the box below.

across <del>along</del> around below into out of over through



Omar walked <u>along</u> the road.



Then he went <u>across</u> the busy road.



He walked <u>around</u> the corner.



He walked carefully through the car park.



When you learn a new verb, always learn its past tense. Write an example sentence in your notebook, e.g.

Write: (wrote) I wrote a letter to my English friend.



Then he walked <u>below</u> the trees.



Omar walked \_\_\_\_\_\_ the bridge.



He came <u>out of</u> the shop carrying a parcel.

My brother bought a new car last week.

### B SREAKING Use the past tense. Work in pairs.

- 1 Hani/buy/new car/last week
- 3 He/take/brother/shopping
- 5 The boys/bring/surprise/for mother
- 7 Hani/find/space/car park
- 9 My brother/fall/ a puddle

E WRITING Write the sentences from Exercise B in your notebooks.

2 Hani/drive/new car/supermarket

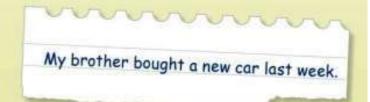
He went into

the shop to buy a

4 Hani/sell/old car/last month

present.

- 6 They/ see/friends/in street
- 8 It/begin/rain/this morning





**B:** 

- 2-Hani drove his new car to the supermarket.
- **3-He took his brother shopping.**
- 4-Hani sold his old car last month.
- 5-The boys brought a surprise for their mother.
- 6-They saw friends in the street.
- 7-Hani found a space in the car park.
- 8-It began to rain this morning.
- 9-My brother fell in a puddle.

Unit 2 - In the 888 Marhaba Website http://www.kingfaisalschool.org/marhabawebsite hulul.online Marhaba STORIES INSPIRATION HOME READERS TOPICS NEWS Grammar Sludy Grammar Study Read about the present perfect. Singular Plural Omar has bought a computer game. Yazeed and Adel have bought CDs. Negative singular Negative plural Omar has not bought a CD. Yazeeed and Adel have not bought any games. Use We use the present perfect to talk about something which began in the past and affects what is happening now. LISTENING Complete the sentences. 🚺 Track 11 1 Yazeed has received an e-mail from his Kuwaiti friend. 2 Waleed to Yazeed about his school. 3 Adel \_\_\_\_\_ never \_\_\_\_\_ Kuwait. 4 Yazeed Britain twice to see his brother.

5 Yazeed's brother \_\_\_\_\_\_ in London for six years.

6 Adel's parents \_\_\_\_\_\_ several holidays in Turkey.

7 Adel \_\_\_\_\_\_ any other countries.

8 Adel's uncle \_\_\_\_\_\_ to Paris and \_\_\_\_\_\_ the Eiffel Tower.

# SPEAKING AND WRITING Work in pairs. Make sentences about the pictures. Write the sentences.



Unit 2 - In the

### The Answers:

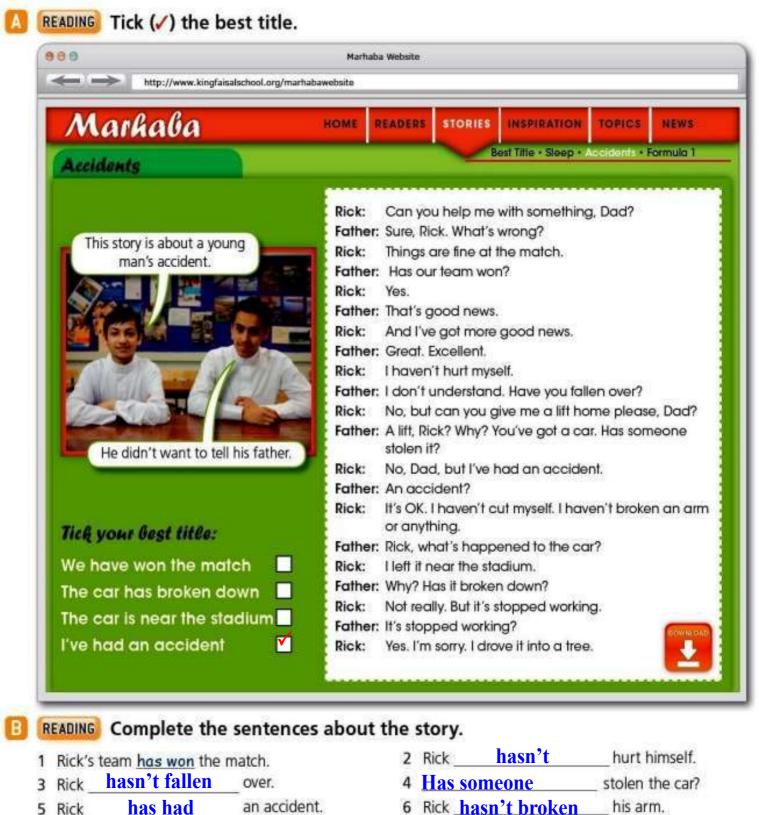


**E**:

- I really enjoy watching TV.
- I would like to buy clothes.
- I really enjoy playing tennis.
- I would like to plant flowers.



# LESSON 1 What's wrong?



- 7 The car has stopped working.
- 6 Rick hasn't broken his arm.
- 8 Rick drove the car into a tree.

PRONUNCIATION Repeat the conversation.

### Unit 3 • At home and



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- We make the present perfect with has/have + past particle.
- 2 We use -ed for the past participles of regular verbs, for example, has stopped.

Short form

- 3 We don't use -ed for the past participles of irregular verbs, for example, he has hurt himself.
- 4 Learn the past participles of irregular verbs.

### GRAMMAR Complete the information.

### Singular

I have broken my arm. He<sup>1</sup> has broken

### his arm. (break)

Negative singular

I have not finished.

School 4 has not finished. (finish)

I've hurt myself. He<sup>2</sup> has hurt his arm. (hurt) Short form I haven't closed the door. The school <sup>5</sup> hasn't closed . (close)

### Question

Have you cut your hand?

<sup>3</sup> Has cut he his leg? (cut)

### Question

Has the match started?

6 Has school started ? (start)

LISTENING Number the pictures. 🌢 🗴 Track 13









SPEAKING Make conversations about each picture.

SPEAKING Take the parts of the parent and son. Talk about the accident.





### G:

A: I'm sorry. I've got some bad news.

**B: What's wrong?** 

A: I've broken my bicycle.

**B:** How did the accident happen?

A: I was playing then crashed the wall.

A: I'm sorry. I've got some bad news.

**B: What's wrong?** 

A: I've cut my hand.

**B:** How did the accident happen?

A: I was cutting a pizza.

A: I'm sorry. I've got some bad news.

**B: What's wrong?** 

A: I've broken a window.

**B:** How did the accident happen?

A: I was playing football.

A: I'm sorry. I've got some bad news.

**B: What's wrong?** 

A: I've fallen.

**B:** How did the accident happen?

A: I was running.



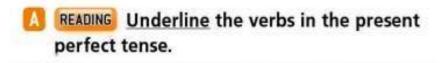
## Unit 3 / At home and abroad

### LESSON 2 A life abroad

Reader's

letters

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Saudi Stars

#### Hello Saudi Stars readers,

My name is Mona Faisal. My family has travelled to many different places because my father is a diplomat. My sisters have lived in two South American countries and I have lived in three, Ecuador, Argentina and Venezuela. Next month we are going home to Riyadh.

I have seen many beautiful places and met a lot of nice people overseas. I have been to eight different schools. As well as Arabic, I have learned to speak English, Spanish and Italian.

It has been very interesting living abroad. However, I am looking forward to spending time in Saudi Arabia again.

Mona

I have made a quiz. I hope you like it.



#### SPEAKING Ask and answer.

### 1 Why has Mona's family travelled to many different places?

- 2 How many South American countries have Mona's sister's lived in?
- 3 Why has Mona lived in more South American countries than her sisters?
- 4 What has Mona seen and who has she met overseas?
- 5 How many schools has she been to?
- 6 How many languages has she learned?

#### SPEAKING Make sentences about the information.

	Time abroad	Schools	Languages
Mona, 14	7 years	8	4
Fatima, 12	4 years	4	3
Leila, 10	3 years	2	2

Mona has spent seven years abroad.

Leila has learned two languages.





### B:

- 1-because her father is a diplomat.
- **2- two.**
- **3-** Because she is older than they are.
- 4- she has seen many beautiful places and met a lot of nice people.5-eight.
- 6- four.

### C:

Mona has spent 7 years abroad. She has been to 8 schools. She has learned four languages.

Fatima has spent four years abroad. She has been to four schools. She has learned three languages.

Leila has spent three years abroad. She has been to two schools. She has learned two languages.

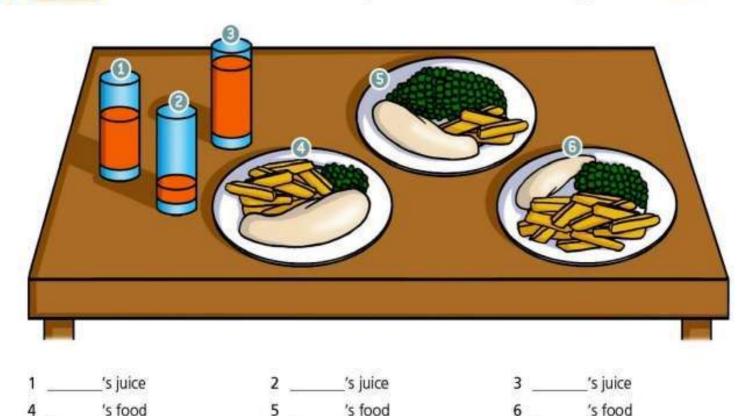
#### Unit 3 • At home and



### **READING** Complete the sentences with the name: Mona, Fatima, or

- Fatima has not spent as much time abroad as Mono.
- 2 Leila hasn't been to as many schools as Fatima.
- 3 Mona has learned the most languages.
- 4 Fatima hasn't been to as many schools as <u>Mona</u>.
- has spent more time abroad than Leila but less time abroad than 5 Fatima Mona
- has been to the fewest schools. 6 Leila

### LISTENING Write Fatima, Mona or Leila by the correct numbers. 🌢 🕉 Track 14 🚨



SPEAKING Work in pairs. Compare the food and the juice in the picture. Use (not) as much as or (not) as many as.

#### VOCABULARY Work in groups.

Think of five countable and five uncountable words to add to each of these categories: food, travel and school. Travel:

**Uncountable:** information, travel, traffic, money. Countable: tickets, planes, buses, cars, passengers.

#### School:

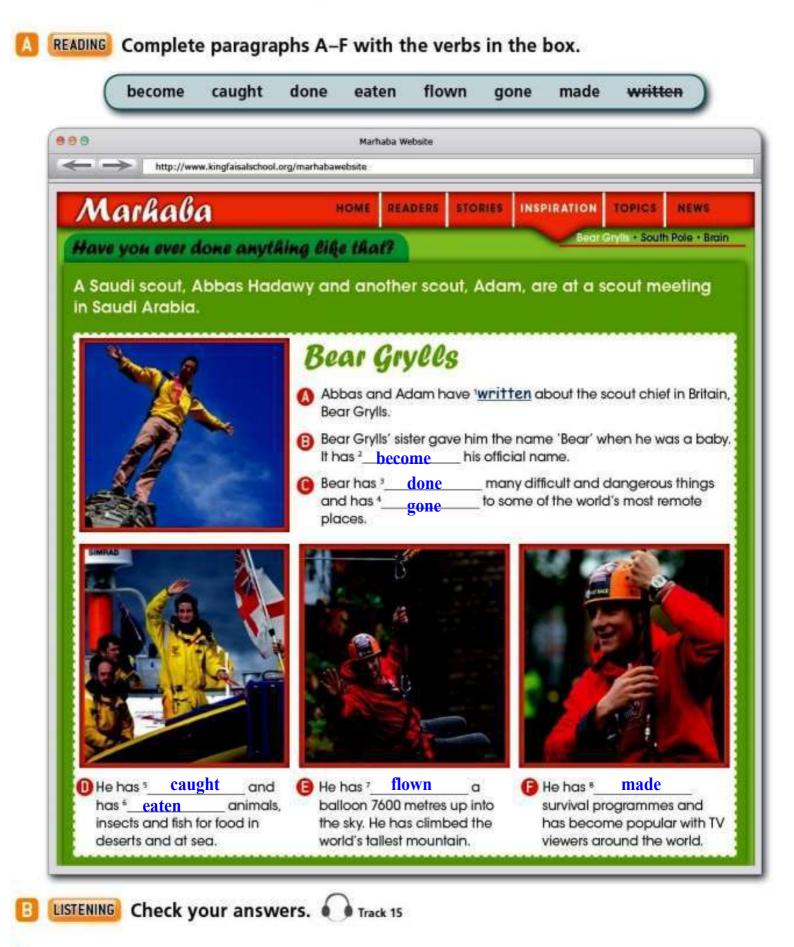
**Uncountable: education, learning.** see Workbook pp102–103 Unit 3 • Lesson 2 Countable: books, pupils, classes, teachers, books.

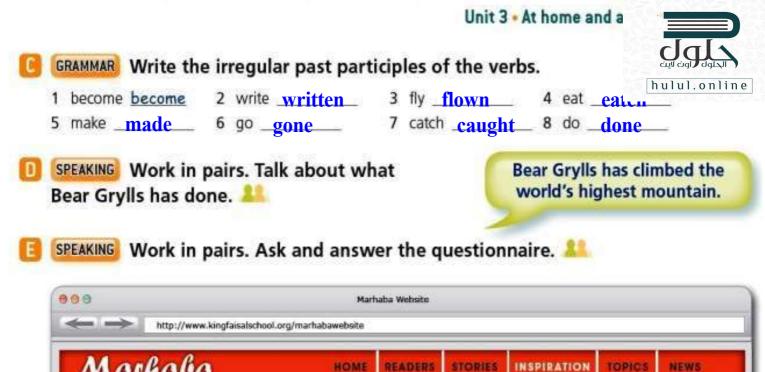
	(uncountable)	(countable)
Food	chicken	peas
	meat, rice,	potatoes,
	cheese, bean.	tomatoes,

## Unit 3 / At home and abroad



## **LESSON 3** An adventurous life





Markaba Home	READERS	STORIES	INSPIRATION	TOPICS	NEWS
Are you an adventurous person?			Bear	Gryllı • Sout	Pole • Brai
	Yes	, I have.	No, I hav	ren't.	
Have you ever done anything exciting?					
2 Have you ever made a film?					
3 Have you ever caught a fish?		<ul> <li>✓</li> <li>✓</li> </ul>			
4 Have you ever written to a website?					
5 Have you ever climbed a mountain?			<ul> <li>✓</li> <li>✓</li> </ul>		
6 Have you ever flown in a balloon?					
7 Have you ever been alone in the desert?			<ul> <li>✓</li> <li>✓</li> </ul>		
8 Have you ever been to a remote place?					
Have you ever eaten any strange food?					
10 Have you ever seen a wild animal (not in a zo	00)?				

Have you ever done anything exciting?

Yes, I have.

WRITING Write a list of five adventurous things you would like to do in future.

n the future	
ecause	e, I would like to



D:

He has caught animals, insects and fish.

He has climbed the tallest mountain.

He has made survival programmes.

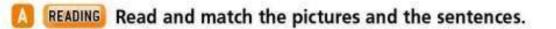
F:

- **1-In the future, I would like to go a lone to the desert to hunt animals.**
- 2-In the future, I would like to flow in a balloon because I think it will be exciting.
- **3-In the future, I would like to go to a remote place because I want to have a strange experience.**
- 4-In the future, I would like to climb a mountain because I think it will be exciting.
- 5-In the future, I would like to make a film about wild animals because I think it will be exciting and I like them.



## Unit 3 / At home and abroad

## LESSON 4 REVIEW









When you write, remember to use full stops to finish sentences and question marks to finish questions.

hulul.online



- Shahad has broken a glass. G
- 4 Juliet has baked a cake.



2 Hani has scored a goal.
5 Ahmed has caught a fish.



3 Tala has received an e-mail.

#### B READING Correct the sentences.

Tala's English friend Emma has sent her an e-mail. She has been on holiday to Kenya with her family. They have visited the famous Masai Mara Game Park and have been on safari every day. They have even been up in a balloon. Emma has seen a lot of wild animals in the park: elephants, giraffes, hippos and lions. Her father has lent her his camera to take pictures of the animals. Now Emma and her family have left

the game park and have flown back to London. They have had a wonderful time in Kenya.

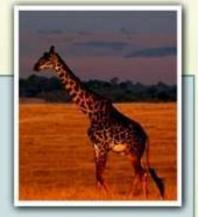
#### Example:

#### Emma is Tala's Kenyan friend. Emma is Tala's English friend.

D

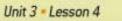
- 1 Emma has spent her holiday in London Kenya.
- 3 Emma went up in a balloon every day. One.
- 5 She has not taken any photos.

#### taken photos of the animals.



- 2 The Masai Mara Game Park is in South Africa. Kenya
- 4 She has not seen many animals in the park. has seen
- 6 Emma and her family are still in Kenya.

have flown back to London.



#### Unit 3 • At home and a





#### **Countable nouns**

Tala has not seen as **many** wild animals as Emma.

There are **fewer** wild animals in Saudi Arabia than in Kenya.

#### Uncountable nouns

Tala has not spent as **much** time in London as Emma.

Emma has spent less time in Saudi than Tala.

### **GRAMMAR** Write the words in the box in the correct place in the table.

book paper computer water	Countable	Uncountable
tree sand gold traffic car	book	paper
money rain people city oil bicycle language elephant plastic banana forest wood accident	computer, tree, car, people, city, bicycle, language, elephant, banana, forest, accident.	water, sand, gold, traffic, money, rain, oil, plastic, wood.

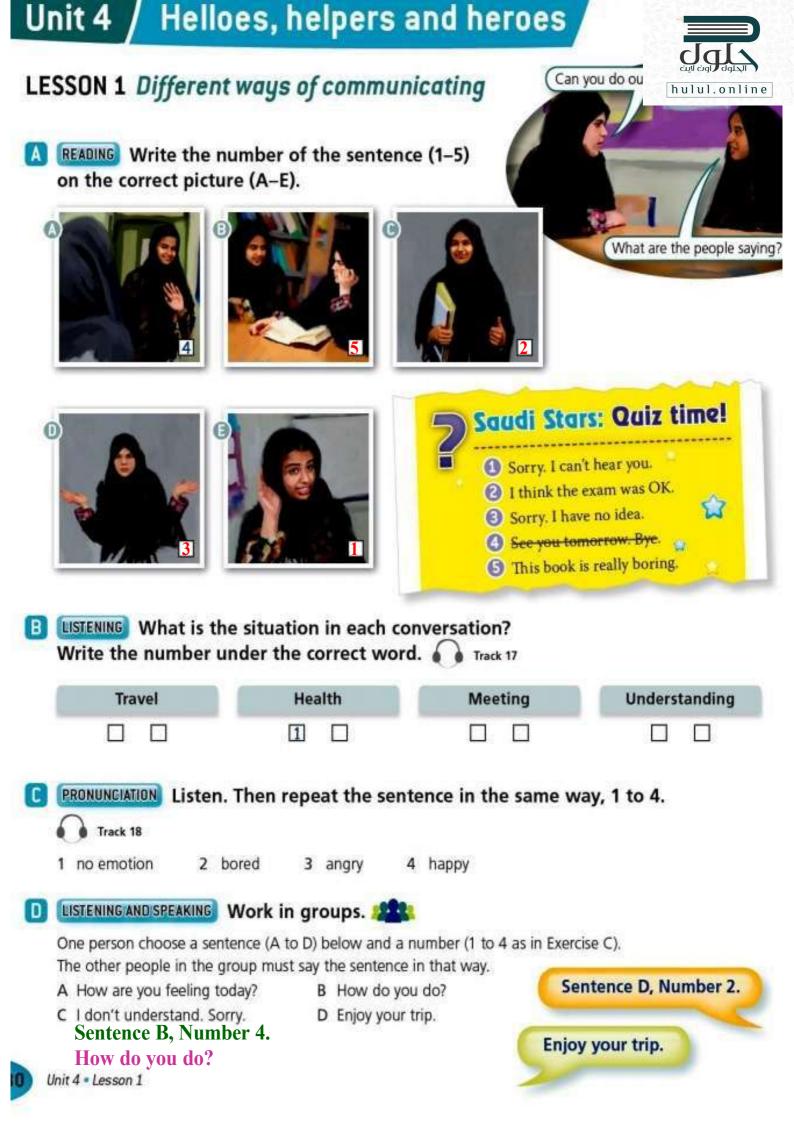
#### GRAMMAR Underline the correct word to complete each sentence.

- Venezuela does not produce as (much / many) oil as Saudi.
- 2 There is (fewer / less) forest in Saudi than in Ecuador.
- 3 There are not as (many / much) people living in Saudi as in Argentina.
- 4 There are (fewer / less) people living in Jeddah than in Riyadh.
- 5 Travelling by car does not cost as (much / many) money as travelling by plane.
- 6 If people drove more carefully, there would be (fewer / less) accidents.

### E LISTENING Complete each sentence with the correct word from the box.

$\square$	many	much	fewer	fewest	less	least	more	most
Emma did no	ot spend a	as	time	at the park	as she	wanted.		_
On the first o	day there	were not	t as	hippo	s in the	lake as or	n the seco	nd day.
On the secon	nd day the	ere were	1	_ elephant	s at the	lake.		
She saw the		anima	als on her	third day at	the carr	np.		
It was on her	last day	at the ca	mp that sh	e saw the		anima	als.	
5 Emma spent		time	on safari o	n her last d	ay in the	e park.		
She likes elep	hants		_ than she	likes giraffe	s.			

8 The animals she likes the \_\_\_\_\_ are snakes.



#### Unit 4 • Helloes, helpers and h



### **READING** Work in pairs. Find the words in the text with the meanin

## Saudi Stars: Communication



People communicate in different ways, for example by speaking, by writing, by using their hands and by showing expressions on their face. We can learn information by studying how we communicate. For example, we can learn a person's age from their grammar - a young child often makes more grammar mistakes than an older person. We can tell how a person is feeling by looking at their face - for example, if a person is smiling, he or she is usually happy - or by listening to people's tone of voice - the emotion in their voices when they speak. If a person speaks angrily, that person is probably angry. We can often say where someone comes from when we hear how he or she pronounces words, People from different places sometimes say the same word differently. Finally, we can often tell who a person is speaking to from the choice of words. We might say informal words like hi or bye to our friends but formal phrases like good evening, sir or excuse me, madam when we meet a stranger.

1 the look on a face <u>expression</u>

- 3 to send or get information to someone communicate.
- 5 way of saying a word pronunciation.
- 7 a formal way to speak to a man

- 2 rules for correct language grammar
- 4 if something is not correct, it is a ... mistake.
- 6 we do not know this person \_stranger.\_
- 8 a formal way to speak to a woman Madam.

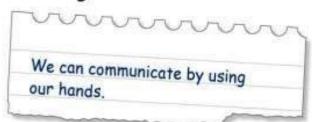
#### Read and remember. Then write in your notebooks. LANGUAGE HELP

- The other words in the text can help you find the meaning of new words.
- 2 We can make some verbs into nouns by adding -ation, for example, punctuate punctuation.
- 3 Drop e at the end of the verb when you add -ation.
- 4 Write the nouns from these verbs: a examine; b situate; c communicate.

#### 4- Examination, situation, communication.

#### GRAMMAR Re-write the sentences with by + verb + -ing.

- Communicate with people. Use our hands.
- 2 Learn information. Study people's grammar.
- 3 Speak politely to a stranger. Use sir or madam.
- 4 Know how people feel. Look at their faces.
- 5 Make new nouns from verbs. Add -ation.



### LISTENING Choose A or B to complete the conversation. . Track 19

- 1 A Fine, thanks.
- B Thanks a lot.
- 3 A ... find you
- B ... meet you.
- B ... good flight

- 5 A ... you do

- 2 A Bye.
- B Good morning.
- B ... a meeting



Sir.



### G:

- 2- We can learn information by studying people's grammar.
- 3- We can speak politely to a stranger by using sir or madam.
- 4- We can know how people feel by looking at their faces.
- 5- We can make new nouns from verbs by adding -ation.



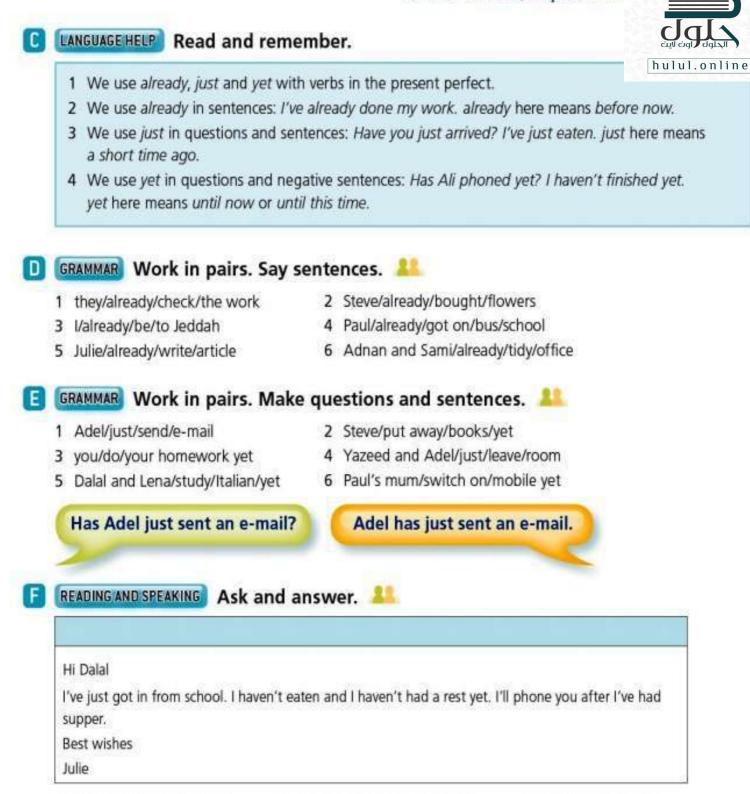
## LESSON 2 Have you bought the flowers yet?



#### B LISTENING AND SPEAKING Ask and answer.

- 1 Who has just phoned Paul at the bus stop?
- 3 Why has Paul's mum fallen over?
- 5 What have Paul and already Steve done?
- 7 What two things has Steve bought?
- 2 Why did she phone Paul?
- 4 What is wrong with Paul's mum?
- 6 What hasn't Paul done yet?
- 8 What has Paul just remembered?

#### Unit 4 • Helloes, helpers and h



- 1 Who is this message to?
- 2 Who is this message from?
- 3 What is it about?

### WRITING Write these messages in your notebook.

From: Salem To: Adnan About: • already collected Ali

just gone to eat
be back at seven

- From: Emma To: Sue About:
- just gone to supermarket
  - not bought flowers yet
- meet at 9pm tonight

From Naif To: Harry About:

- just phone office
- meeting already started
- see you tomorrow



D:

- 1- They have already checked the work
- 2- Steve has already bought flowers.
- 3- I have already been to Jeddah.
- 4- Paul has already got on the bus to school.
- 5- Julie has already written her article.
- 6- Adnan and Sami have already tidied the office.

### **E:**

- 2- Has Steve put away his books yet? No, Steve hasn't put away his books yet.
- 3- Have you done your homework yet? No, I haven't done my homework yet.
- 4- Have Yazeed and Adel just left the room? Yes, Yazeed and Adel have just left the room.
- 5- Have Dalal and Lena studied Italian yet? No, Dalal and Lena haven't studied Italian yet.
- 6- Has Paul's mum switched on her mobile yet?No, Paul's mum hasn't switched on her mobile yet.

F:

- 1- Dalal.
- 2- Julie.
- 3- Julie is tired and hungry now, but will phone later.

### **G:**

Hi Adnan,

I have already collected Ali. I have just gone to eat. I'll be back st seven. Best wishes,

Salem.

Hi Sue,

I have just gone to supermarket. I haven't bought flowers yet. We will meet at 9 pm tonight. Best wishes, Emma.

Hi Harry, I have just phoned the office. The meeting has already started. I'll see you tomorrow. Best wishes, Naif.





## Unit 4 / Helloes, helpers and heroes

## **LESSON 3** Different heroes



#### **READING** Find and <u>underline</u> these past tense verbs.

1 win 2 become 3 fight 4 lose 5 choose

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## **Cassius Clay**





Muhammad Ali was born Cassius Clay in January, 1942. He is the older of two brothers. His father was called Cassius Clay, too. After becoming a Muslim, Ali changed his name.

Ali started boxing at the age of 12 in 1954. Six years later he won a gold medal at the Olympics in Italy. He started boxing for money after winning his Olympic medal and <u>became</u> world champion at the age of 22 in 1964. He was champion until 1967.

From 1967 to 1970, Ali could not box because, for religious reasons, he refused to be a soldier.

Four years later he became champion again when he won a famous fight with George Forman in Kinshasa in Africa. When boxing, Ali fought 61 times. He won 56 matches and lost five. He stopped boxing in 1981.

Ali is called 'The Greatest' because he was one of the world's best boxers. He is also probably the world's most famous sportsman. In 1999, the magazine *Sports Illustrated* chose Ali as the 'Sportsman of the Century'.

After stopping boxing, Ali has spent his time helping people around the world. He has given more than 20 million meals to poor and hungry people. He has also said 'If you haven't learned the meaning of friendship, you really haven't learned anything.'

### B READING Find and circle these present perfect verbs.

- 1 spend
- 2 give
- 3 say

### **READING** Complete the information about Ali's life.

Date	What happened
1942	'Muhammad Ali was born
1954	2 Ali started boxing
3 1960	Ali won an Olympic medal
4 1964	became world boxing champion
5 From 1967 to 1970	6 Ali couldn't box
7 1974	became world boxing champion again
1999	Sports Illustrated chose Ali as
-210000004	sportsman of the century

#### Unit 4 • Helloes, helpers and I



#### READING AND GRAMMAR Use the text and ask and answer questions as in th

- 1 after/become/Muslim/what/Ali do
- 2 what/Ali/do/after/win/a gold medal
- 3 when/Ali/become champion/after he/start/boxing again
- 4 who/Ali/fight/when he/become/champion again
- 5 how many times/Ali/fight/before he/stop/boxing

#### VOCABULARY Word families: Complete the table.

Verb	Sport	Person
box	boxing	1_boxer_
<sup>2</sup> run	running	runner
dive	diving	diver
swim	<sup>4</sup> _swimming	swimmer
<sup>5</sup> skate	skating	<sup>6</sup> skater
ride	riding	<b>rider</b>

### **F READING** Write which paragraph contains the different information on Prince Sultan.

- A Prince Sultan bin Salman was born in Riyadh, in 1956.
- B Prince Sultan is the second son of Prince Salman bin Abdul-Aziz. Prince Sultan is married with a family and in his free time he enjoys sports like diving, horse riding and running.
- C Prince Sultan went to schools in Riyadh. After completing his Masters degree at Syracuse University in America he became a fighter pilot. Prince Sultan can also fly passenger planes.
- D In 1985, Prince Sultan became the first Muslim and Arab to go into space. He flew on the Spaceship Discovery. He helped to put an Arab communications satellite into space.
- E Since returning from space, Prince Sultan has worked in the Saudi tourist industry and with disabled children.
- 1 his hobbies

- 2 what he does now
- 5 why he is famous
- 3 his education C



4 his date and place of birth

### SPEAKING Work in pairs. 🚨

Prepare questions about Muhammad Ali and Prince Sultan.

B

2 Now take the parts of: a) an interviewer and Muhammad Ali; b) an interviewer and Prince Sultan.

#### After he became a Muslim, what did Ali do?

After becoming a Muslim, Ali changed his name.





D:

- 2. What did Ali do after he won a gold medal? Ali started boxing for money after winning a gold medal.
- 3. When did Ali become champion after he started boxing again?

Ali became champion four years after starting boxing again.

- 4. Who did Ali fight when he became champion again? Ali fought George Forman when he became champion again.
- 5. How many times did Ali fight before he stopped boxing?

Ali fought 61 times before he stopped boxing.

#### Unit 4 Helloes, helpers and heroes



### **LESSON 4** REVIEW

LISTENING Listen. Write the number of the conversation on the correct picture.





How does the speaker feel? Tick (
) the correct column.

#### STUDY TIP

When you learn a new word, learn the part of speech; for example is the word a noun or a verb?





d

g

e

C

h

b

f

	bored	angry	nappy	no emotion
Conversation 1				
Conversation 2				
Conversation 3				
Conversation 4				

#### **READING** Read and match. B

- 1 formal way of speaking to a man
- 2 the way someone feels
- a 3 formal way of speaking to a woman
- 4 someone we do not know
- 5 give information to someone
- 6 informal words you say to a friend
- 7 way of saying a word
- 8 rules for using language correctly

#### C

#### VOCABULARY Write the missing words.

communicate **Populate** situate congratulate examine reserve

communication population Situation **Congratulation** examination reservation

- a Madam
- pronunciation b
- communicate C
- d Sir
- stranger e
- grammar f
- emotion a
- h hi or bye

#### Unit 4 - Helloes, helpers and I



### READING Complete the sentences.

Mohamed Aboutrika, the famous Egyptian footballer, learned to play football as a small boy. He practised in the street outside his home. When he was 12, he joined his local team, Tersana. He played for the junior team for five years, and was selected for the first team when he was only 17. He played for the Egyptian national team from the age of 21. Four years later, he joined Al-Ahly, one of Africa's top football teams. In 2009, he injured his knee and could not play for several months. He has recovered from his injury and now works with other footballers to help poor people. He plays in special matches to raise money for them.



- Mohamed Aboutrika learned to play football by practising in the street.
  - street.
- 2 After \_\_\_\_\_\_ for five years, he was selected for Tersana's first team.
- 3 He joined Al-Ahly after \_\_\_\_\_
- 4 After \_\_\_\_\_\_, he could not play for several months.
- 5 After \_\_\_\_\_\_, Aboutrika began helping poor people.
- 6 He helps poor people by \_

#### E SPEAKING Work in pairs. Ask and answer questions. 🚨

Tala's mother has gone shopping. She has left Tala a list of jobs to do.

Has Tala tidied the bedroom already? No, she hasn't tidied it yet.

Has she put away the clothes already?

111111111111

Tidy the bedroom	,
Put away the clothes	
Clean the kitchen	>
Wash the dishes	,
Water the plants	
Do your homework	X

Yes, she has.



D:

- 2- playing for the junior team.
- 3- playing for the Egyptian national team (for four years).
- 4- injuring his knee.
- 5- recovering from his injury
- 6- raising money for them.

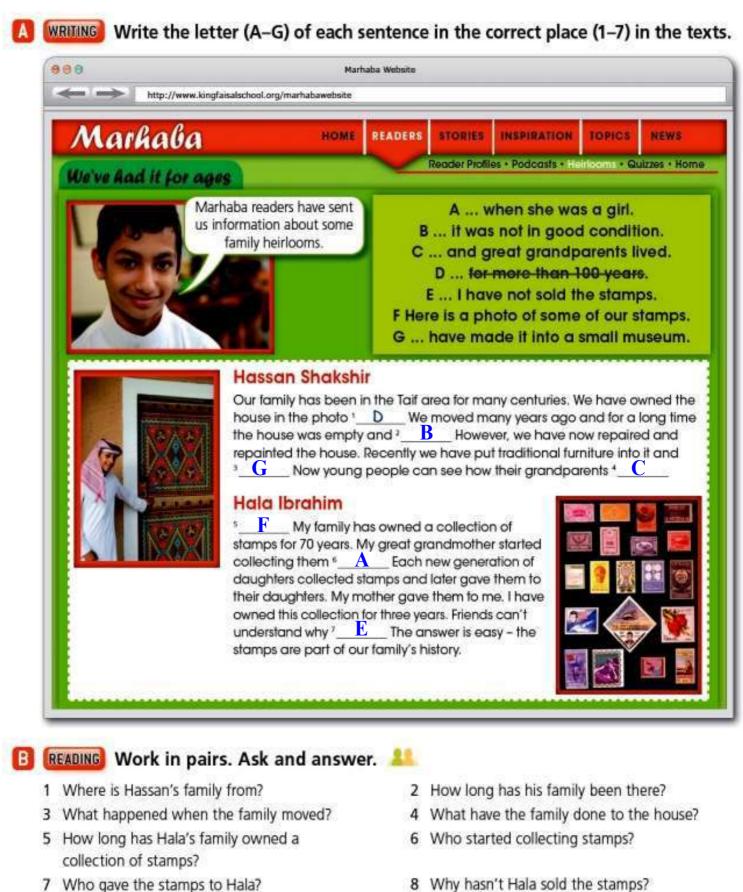
### **E:**

- 3. Has she cleaned the kitchen yet? No, she hasn't cleaned it yet.
- 4. Has she washed the dishes already? No, she hasn't washed them yet.
- 5. Has she watered the plants yet? Yes, she has.
- 6. Has she done her homework yet? No, she hasn't done it yet.

## Unit 5 / Old and new

### LESSON 1 Family heirlooms



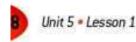


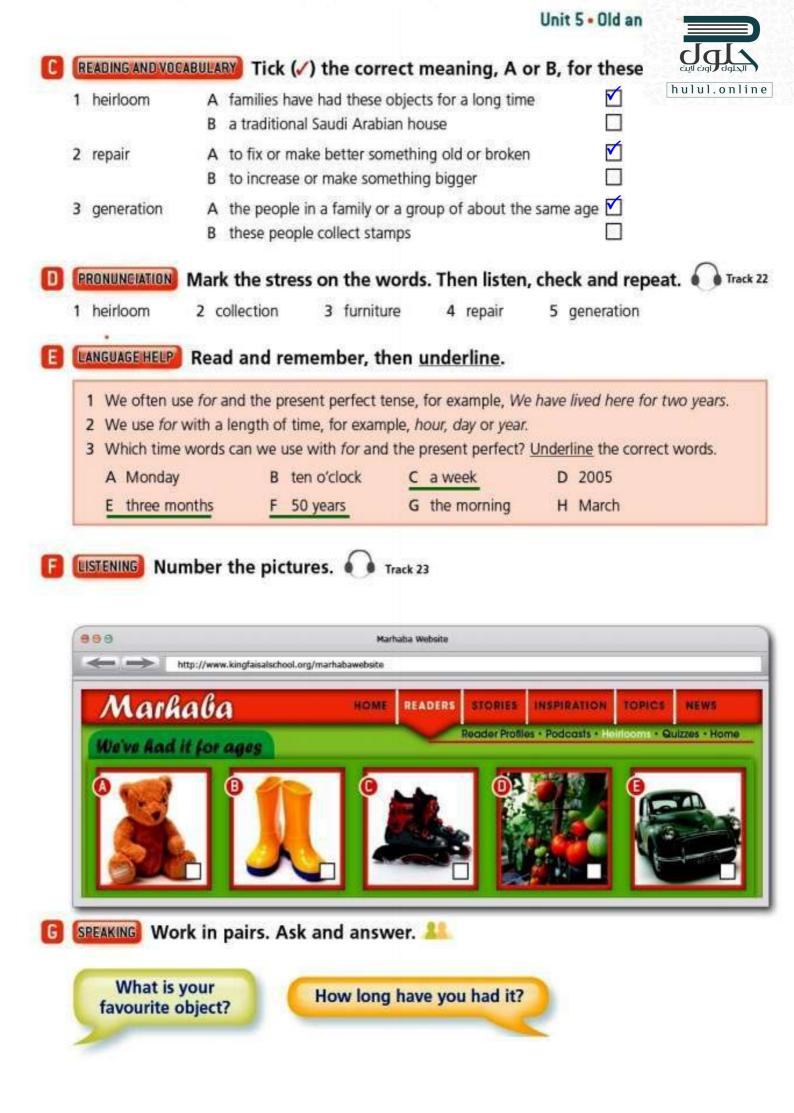
8 Why hasn't Hala sold the stamps?



### **B:**

- 1. The family is from the Taif area.
- 2. The family has been there for centuries.
- 3. The house was empty and in bad condition.
- 4. It has painted and repaired the house/It has made it into a small museum.
- 5. For 70 years.
- 6. Hala's great grandmother.
- 7. Hala's mother.
- 8. The stamps are part of her family history.





Unit 5 • Old ar



The Answers:

**G:** 

What is your favourite object?

My bear.

How long have you had it?

I have had it for 5 years.



## Unit 5 / Old and new

## LESSON 2 Which holiday would you prefer?



READING AND SPEAKING Ask and answer.

Jamal and Nadia wrote about their holidays for us.

Saudi Stars





### Mountain climbing



My brother and I spent a week in youth hostels in Germany. We went mountain climbing with 20 young people from different countries. It was very enjoyable. We were tired but very fit at the end. Jamal

My mum and I stayed in Japan for seven days to study Japanese culture. We learned about traditional clothes like kimonos, painting and calligraphy, theatre and



folk stories and how to make paper models. It was really interesting. Nadia

**Studying Japanese culture** 

- 1 Where did Jamal and Nadia go?
- 3 What did they do there?

- 2 Who did they go with?
- 4 What did they think of their holidays?

#### READING AND SREAKING Choose and complete one of these sentences.

- 1 I would prefer a mountain climbing holiday to studying in Japan because it's very exciting.
- 2 I would prefer studying in Japan to a mountain climbing holiday because I.want to succeed.
- 3 I wouldn't like to study in Japan or go mountain climbing because They are boring.

**C UISTENING** Jamal and Nadia compare holidays. Tick *more, less* or *same* in the table.

### Track 24

1 Jamal's holiday			
	more	less	same
comfortable		1	
educational	10		
energetic			
expensive			

2 Nadia's holiday				
	more	less	same	
comfortable	1	1		
educational				
energetic				
expensive				



### A:

- 1- Jamal went to Germany and Nadia went to Japan.
- 2- Jamal went with his brother and Nadia went with her mother.
- **3- Jamal went mountain climbing and Nadia studied Japanese culture.**
- 4- Jamal thought it was very enjoyable and Nadia thought it was really interesting.



Unit 5 • Old a



### SPEAKING Make sentences with as (adjective) as or not as (adjective)

- 1 Jamal's holiday/be/not as comfortable/Nadia's holiday
- 2 Nadia's holiday/be/as educational/Jamal's holiday
- 3 Nadia's holiday/be/not as energetic/Jamal's holiday
- 4 Jamal's holiday/be/not as expensive/Nadia's holiday

#### LANGUAGEHELP Read and remember.

- 1 Lena prefers tea to coffee means Lena always likes tea more than coffee.
- 2 With prefer we can add verb + -ing. For example I prefer drinking tea to (drinking) coffee.
- 3 Lena <u>would prefer</u> juice to water means Lena chooses juice this time not water. (Another time in the future Lena may choose water, not juice.)
- 4 With would/'d prefer we add to + verb. For example I'd prefer (to have) juice (and not water).

### GRAMMAR Complete the sentences with prefer or would/'d prefer.

- 1 Would you like a biscuit? I'd prefer to have cake, please.
- 2 Ali and Omar prefer watching TV to playing football.
- 3 Julie and Dalal \_\_\_\_\_prefer \_\_\_\_ cooking to washing up.
- 4 We always go the park after school. Today, I <u>'d prefer</u> to the supermarket.
- 5 The weather's nice this afternoon. I think I <u>'d prefer</u> to walk home.
- 6 Do you prefer spending the summer in Saudi Arabia or going to Egypt?

### **G SREAKING** Make sentences about the cars with as (adjective) as or not as (adjective).









speed:	125kph	speed:	153kph	speed:	142kph
length:	3m 95cm	length:	4m 65cm	length:	4m 40cm
weight:	1000kg	weight:	1950kg	weight:	1450kg
year:	1928	year:	1937	year:	1932
size:	two people	size:	five people	size:	four people

Jamal's holiday wasn't as comfortable as Nadia's holiday.



### D:

- 2- Nadia's holiday was as educational as Jamal's holiday.
- 3- Nadia's holiday wasn't as energetic as Jamal's holiday.
- 4- Jamal's holiday wasn't as expensive as Nadia's holiday.

**G:** 

- 1- Car A isn't as speed as car B.
- 2- Car B isn't as length as car A.
- 3- Car A isn't as weight as car C

#### Unit 5 Old and new

### LESSON 3 Tomorrow's world



D

F

### **READING** Write the letter for each paragraph in the box next to the correct title.

C

E

- 1 Fewer people will die in accidents
- 3 There will be more people
- B 5 We will pay more to eat and drive
- 2 We will live longer
- 4 They will become quicker
- A 6 Their job is to say what might happen

	CARGAGA HOME READERS STORIES INSPIRATION TOPICS NEWS					
	Futurologists are scientists. They make predictions about how the world will change by studying the present and the past. Here are some of <b>their</b> predictions for the next 20 years.					
B	In the last 50 years the cost of oil and food has increased and it will probably continue to increase. Of course, if we discover more oil or if scientists produce better plants, then prices may not rise very fast. However, they probably won't fall.					
C	In the last 30 years many people have died in car accidents. This number of deaths might increase in future because more people are travelling by car. On the other hand, cars are becoming safer so this may not happen.					
D	In 1960 the average life expectancy of people in Saudi Arabia was 45 years of age. It is now 75 years. Most doctors think life expectancy will continue to increase if people don't smoke and are careful about their weight and diet.					
Ð	hber of people in the world is growing. In Saudi Arabia the population n from 5 million in 1960 to about 30 million today. If the world's ion continues to grow, it may increase to about 9 billion in 2025.					
Đ	In the last 50 years computers have become faster, smaller and cheaper because the speed of computer chips has doubled every two years. Most computer scientists think <b>this</b> will continue.					

- 3 Paragraph C: this increase in number of deaths.
- 4 Paragraph D: It
- average life expectancy in Saudi Arabia.

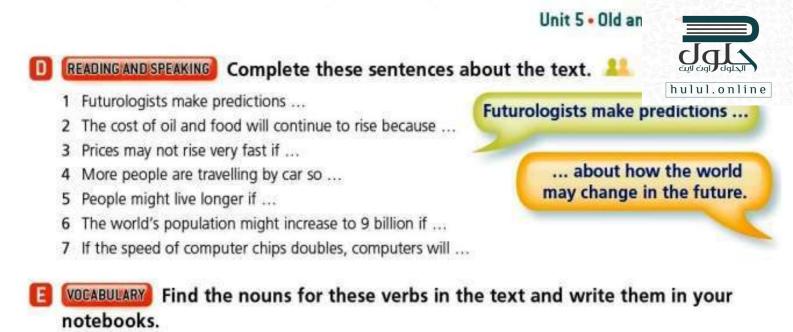
world's population. 5 Paragraph E: it

PRONUNCIATION Repeat paragraph D. 🅠 Track 25

— 6 Paragraph F: this speed of computer chips doubling.

Unit 5 • Lesson 3

B



1 predict 2 cost 3 die 4 expect 5 weigh

LANGUAGE HELP Read and remember.

Strong predictions I won't be at home this evening. I will be at my uncle's house. Weak predictions I may arrive at seven. Or I might go at eight.

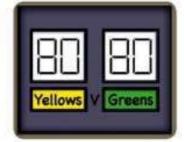
### **GRAMMAR** Look at the pictures and <u>underline</u> the correct word.



The trainer (may/will/ won't) choose Faisal.



Faisal (*might/will/won't*) score for his team.



Faisal's team (may/will/ won't) win.

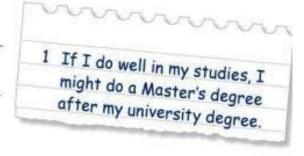


Faisal (might/will/won't) complete the match.

#### H

### WRITING Write and complete these predictions in your notebooks.

- 1 If I do well in my studies, I might
- 2 The price of food will continue to increase so \_\_\_\_\_
- 3 I may look for a job if \_
- 4 The speed of computer chips is increasing so \_\_\_\_\_
- 5 If the world's population is 9 billion \_\_\_\_\_
- 6 Life expectancy might fall if \_\_\_\_\_



hulul.online

### The Answers:

### D:

- 2- it has risen for the past 20 years.
- 3- we discover more oil, or if scientists produce better plants.
- 4- the number of deaths from car accidents might increase.
- 5- they don't smoke and are careful about their weight and diet.
- 6- the number of people continues to grow.
- 7- continue to become faster, smaller and cheaper.

### **E:**

- **1- prediction.**
- **2- cost.**
- 3- death.
- 4- expectancy.
- 5- weight.

### G:

- 1- will.
- 2- might.
- **3- may.**
- **4- won't.**

### H:

- 1- do a Master's degree.
- 2- I will spend much money.
- 3- I leave this job.
- 4- I won't buy it.
- 5- The life will be better.
- 6- Life changes.

s

# Unit 5 / Old and new

### LESSON 4 REVIEW

# A READING Are the sentences about the text true (T) or false (F)?

Sami's father sometimes goes to England on business. This year Sami went with him and they stayed in a hotel in London for a weekend. It is much colder there than in Riyadh, so Sami's father took him to a department store to buy a warm coat. He noticed that everything in the store cost more than in Saudi Arabia. On the first day they took a bus tour and saw many famous buildings and monuments. Sami thought that the most interesting of these was Buckingham Palace, the home of Queen Elizabeth II. The next day they went on a boat trip on the River Thames and rode on the London Eye. They had wonderful views of the city from the top. Sami could see that London is bigger than Riyadh.

- 1 It is not as cold in Riyadh as it is in London.
- 2 Stores in Riyadh are not as large as those in London.
- 3 Prices in Saudi are less expensive than in London.
- 4 Buckingham Palace was less interesting than the other buildings.
- 5 London is not as big as Riyadh.

#### STUDY TIP

Use capital letters at the beginning of sentences and with names of days, months, people, places and languages.





F 🚺

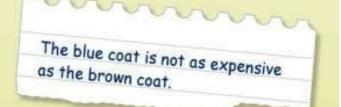
### **GRAMMAR** Write sentences with more (adjective), less (adjective) or as (adjective) as.



- 1 blue coat brown coat
- 2 grey trousers brown coat
- 3 white shirt T-shirt
- 4 brown trousers grey trousers

ТП

5 brown coat – brown trousers

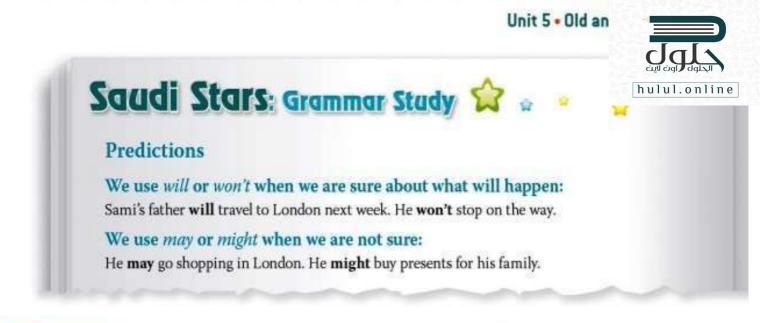




**B:** 

- 2- The grey trousers are not as/less expensive as the brown coat.
- **3-** A white shirt is more expensive than a T-shirt.
- 4- The brown trousers are not as/less expensive than the grey trousers.
- 5- The brown coat is more expensive than the brown trousers.





### C LISTENING Read the predictions. Complete the table. 🕠 Track 26

Put a tick ( $\checkmark$ ) to show who made the prediction. Write S if this person is sure and NS if she is not sure.

		Leena	Julie	Sure/not sure
1	Travel round the world faster		1	S
2	More people living in Saudi			
3	Not as much oil as we have now	2		-
4	Travel to other planets			
5	Expensive to travel			
6	More equipment in the home	- 13 - 3		
7	Discover more oil			
8	People live to 100 years or more			

E

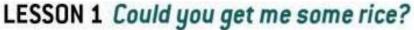
# BREAKING Work in pairs. Ask and answer about the future. <sup>11</sup>



If I do well at school, I will go to the faculty of engineering. RRONUNCIATION Mark the stress • on the words. Then listen, check and repeat.

- Track 27
- 1 prediction
- 2 discover
- 3 scientist
- 4 equipment
- 5 invention
- 6 different

# Unit 6 / Requests, opinions and direction













## An annoying friend

Lamya is kind and polite. She makes me laugh  $1_b$  she never says anything bad about anyone.  $2_c$  she has one very annoying habit.

At school, Lamya makes this request: 'Would you mind helping me with my homework?' When we are at the shops, she says: 'Sorry Noura. Could you buy me a cake? I haven't got my purse.' At home, if I get up, Lamya will always say: 'Noura, would you mind making me some tea, please? I'd rather have tea than coffee, you know.' I never refuse. 'No, I don't mind at all,' <sup>3</sup> <u>A</u> 'Sure, I'll do that for you,' I say.

One day last month, I wasn't feeling well. Lamya was visiting the house <sup>4</sup> **B** as usual, we were sitting watching TV. Five minutes after the film started, Lamya said: 'Noura, I'm cold. Could you switch off the air-conditioner?' I replied in a loud voice: 'Just for once, Lamya, couldn't you do something for yourself?'

Lamya looked surprised and was quiet for a moment. Then she said. 'Of course I'll do it, Noura, 5 <u>E</u> would you mind not shouting, please? I've got a bad headache.'

**READING** Write the letter for these words in the correct place in the story.

picture as well.

- A or
- B so
- C However,
- D and
- E but

**READING** Work in pairs. Ask and aswer.

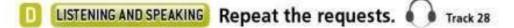
- How does Noura describe Lamya?
- 2 What question does Lamya ask Noura at school?
- 3 Which drink does Lamya prefer?
- 4 What did Lamya ask when she was cold?
- 5 Why was Noura angry about this?
- 6 In what way is Lamya an annoying friend?



### C:

- 1-Lamya is kind and polite, she makes Noura laugh and she never
  - says anything bad about anyone.
- 2- Would you mind helping me with my homework?
- 3- Lamya prefers tea.
- 4-Could you switch off the air conditioner please?
- 5- Because she wanted to watch the film.
- 6- Because she always asks people to do things for her.

#### Unit 6 • Requests, opinions and dire





### LANGUAGE HELP Read and remember.

- 1 Here are two polite and formal ways of making requests:
  - A Would you mind + verb + -ing. For example, Would you mind making some tea (please)?
  - B Could you + verb. For example, Could you switch off the air-conditioner, (please)?
- 2 Here are some different ways to accept or refuse requests politely:

	Accept	Refuse
Would you mind making me some tea?	Of course not.	I'm sorry, I do.
	No, not at all.	Yes, I would mind.
	Accept	Refuse
Could you switch off the air-conditioner?	Yes, of course,	Sorry. No.
	Certainly.	Sorry, I can't.

3 A tone of voice can make a request sound polite or not very polite.

### LISTENING Are these requests formal and polite? Tick (/) yes or cross (X) no in each box. Track 29



Formal 🗌 🛛 Polite 🗌





Docter's Clinic





Formal 🗌 🛛 Polite 🗌



### 📴 📴 SPEAKING Work in groups. Make conversations. 🕮

1 Say a conversation for each picture. Use informal and polite language.

Formal

2 Say a conversation for each picture. Use formal and polite language.

### WRITING Write three of the conversations in your notebooks.

The Answers:	
G:	hulul.online
1-	
Male 1: These boxes are very heavy. Could you carry another	box?
Male 2: Sorry, I can't. I can't carry another box.	
2-	
Female 1: Please switch off your phone. The baby's sleeping.	_
Female 2: Sorry, no. This is important. But don't worry, I'll ta outside.	ke it
3-	
Male 1: Excuse me, would you mind moving out of my way?	
Male 2: I'm sorry, I do. I was here first.	
4-	
Female 1: This coffee is cold. Bring another cup.	
Female 2: Yes, madam, of course.	
5-	
Male 1: Would you mind looking after the children for a minu	te?
Male 2: Of course not. I will enjoy looking after the children. 6-	
Female 1: Open the door, please. My hands are full.	
Female 2: Sorry, I can't. My hands are full, too.	
remate 2. Sorry, real to wry hands are run, too.	
H:	
1-	
Male 1: These boxes are very heavy. Could you carry another	box?
Male 2: Sorry, I can't. I can't carry another box.	
2-	
Female 1: Please switch off your phone. The baby's sleeping.	• •.
Female 2: Sorry, no. This is important. But don't worry, I'll ta	ke it
outside.	
3- Male 1. Evenes we would very mind meeting out of my would	
Male 1: Excuse me, would you mind moving out of my way?	
Male 2: I'm sorry, I do. I was here first.	

4

# Unit 6 / Requests, opinions and directions



### LESSON 2 I'd rather live in . . .



### **READING** Complete the table.

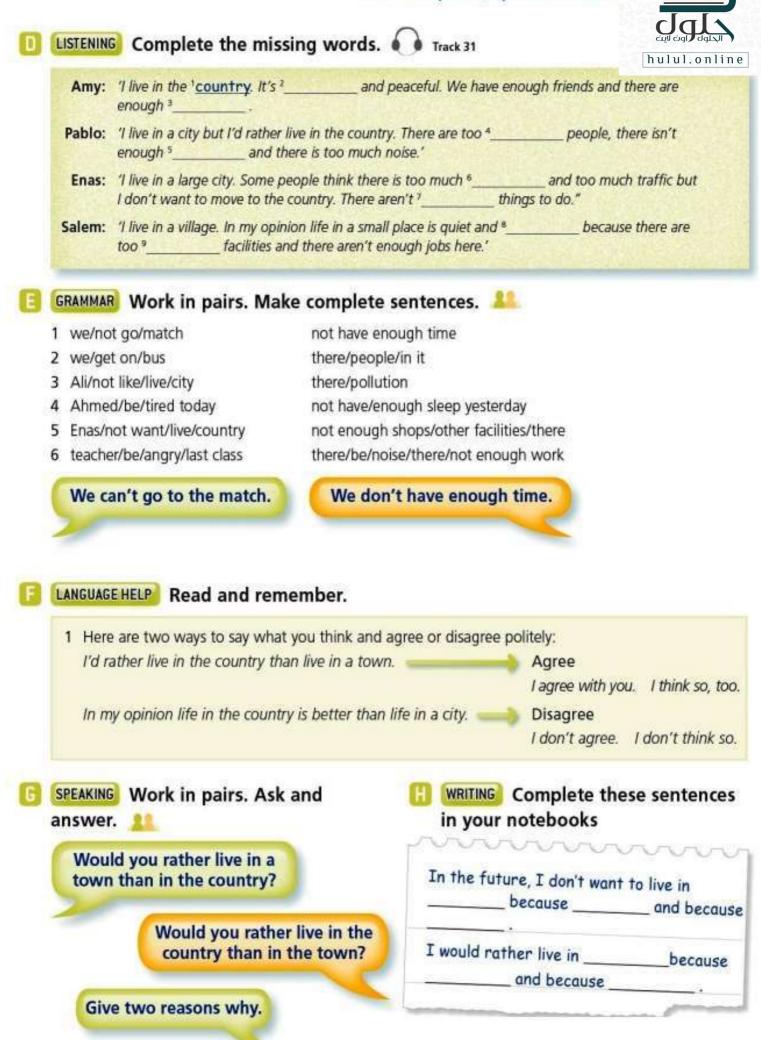
	Perce	ntages of people	in towns and in t	he country
	Around the world		In Saudi Arabia	
	1970	Now	1970	Now
Town	37%	1 55%	2 60%	3 85%
Country	4 63%	5 <b>45%</b>	<u>6 40%</u>	7 15%

# LISTENING Do these students like where they live? Tick (/) yes or cross (X) no in each box. Track 30





#### Unit 6 - Requests, opinions and dire





E:

- 2- We can't get on the bus. There are too many people in it.
- **3-** Ali doesn't like living in the city. There is too much pollution.
- 4- Ahmed is tired today. He didn't have enough sleep yesterday.
- 5- Enas doesn't want to live in the country. There aren't enough shops or other facilities there.
- 6- The teacher was angry in the last class. There was too much noise and there wasn't enough work.

G:

I'd rather live in the country because it is quiet.

H:

Town

It's crowded – it's busy.

Country

It's quiet – it's full of clean air.

# Unit 6 / Requests, opinions and direction



### A REAL

**READING** Write the letter for each paragraph in the box next to the correct title.

D

G

E

- 1 Give the simplest route
- 3 Say where to turn
- 5 Other ways of helping
- 7 Give the distance

- 2 Check the directions
- 4 Asking for directions
- 6 Two systems

Our teacher, Mrs. about direction:





### Directions

# Saudi Stars

Visitors to cities often do not know where places are and ask questions like, 'Excuse me, where is the nearest bank?' or 'Please could you tell me where the hospital is?'

- (i) There are two general ways to give directions. You can describe what people will see in a particular direction. You can also use words like *north*, *straight*, *left* and *this way* to describe how to go to get to a place.
- Give clear and easy to follow directions. For example, say, 'Turn left on this street at the school. Then go straight on for a kilometre until the park.'
- A street name, a building or a shop help visitors to know which turning to take. You can add the compass direction as well: 'Turn left at the traffic lights into Foster Road then go east.'
- Tell the person how far they need to go. You can say how many streets to pass and also how long the journey will take, for example, 'Walk for two minutes and pass two roads on your right before you turn left.'

F

A

B

- When you have finished telling a visitor how to get to a place, ask him or her to repeat what you have said so you know that the visitor has understood the route.
- Ask the person to face where he or she wants to go, then use your hand to point to the directions. You can also draw a simple map if you have a paper and pencil. Both these things help people to understand directions.

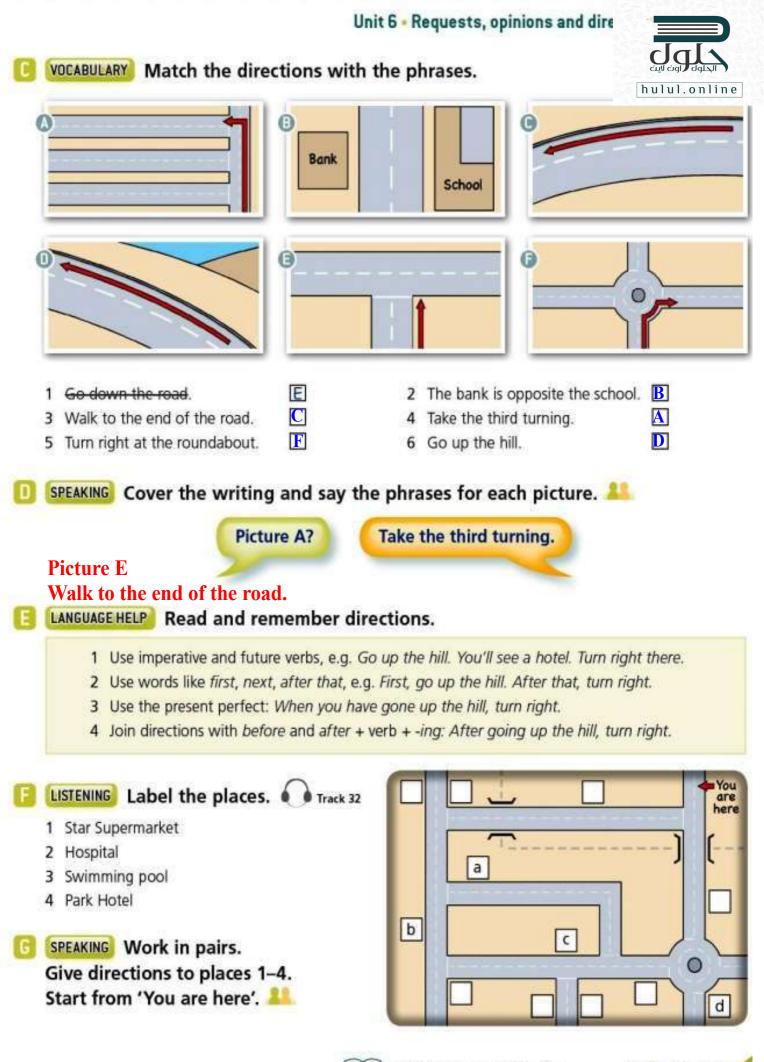
V

× ×

### **READING** Tick (✓) true sentences and cross (X) false sentences.

- 1 Visitors sometimes don't know where places are in a city.
- 2 You should give directions in different ways.
- 3 Giving compass directions will not help visitors find places.
- 4 Information about distances may cause visitors to get lost.
- 5 It is a good thing if a visitor can repeat your directions to you.
- 6 Pointing where to go won't help you to find a place more easily.
  - eip you

) Unit 6 - Lesson 3



see Workbook pp124–125

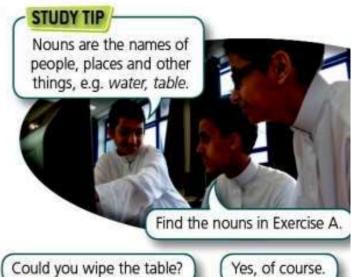
#### Unit 6 Requests, opinions and direction







- 1 You would like a cold drink.
- 2 You need some hot water.
- 3 You would like more sugar in your tea.
- 4 Your cup is not clean.
- 5 Your coffee is cold.
- 6 You would like to see the menu.
- 7 The waiter forgot to bring a spoon.
- 8 The air conditioning is too cold.





### SPEAKING Make sentences about the information in the table.

Here are the results of a survey Yazeed conducted for Marhaba.

	Watch TV	Meet friends	Swim	Use computer	Play football
Khalid	×	1	11	1	111
Ahmed	×	11	11	×	111
Ibrahim	11	1	×	111	1
Faisal	1	111	111	1	11
Ali	111	11	X	11	
Waleed	1	1	×	111	11

Khalid likes swimming but he would rather play football.

WRITING Write sentences about what you and your friend like to do.

I like playing tennis but I'd rather go shopping. Leena likes watching TV but she would rather meet her friends.

# Unit 6 Requests, opinions and direction



## LESSON 4 REVIEW

### **The Answers:**

- A:
- 1-Would you mind making me a cold drink? Of course not.
- 2-Please could I have some hot water? Yes, of course.
- **3-Please could I have some more sugar for my tea? Certainly.**
- 4-Excuse me, this cup is not clean. Please could you bring another one?

Yes, of course.

5-Excuse me, this coffee is cold. Could you bring another cup, please?

Certainly.

- 6- Could I see the menu, please? Yes, of course.
- 7- Would you mind bringing me a spoon? No, not at all.
- 8- Would you mind turning the air conditioning down? Of course not.

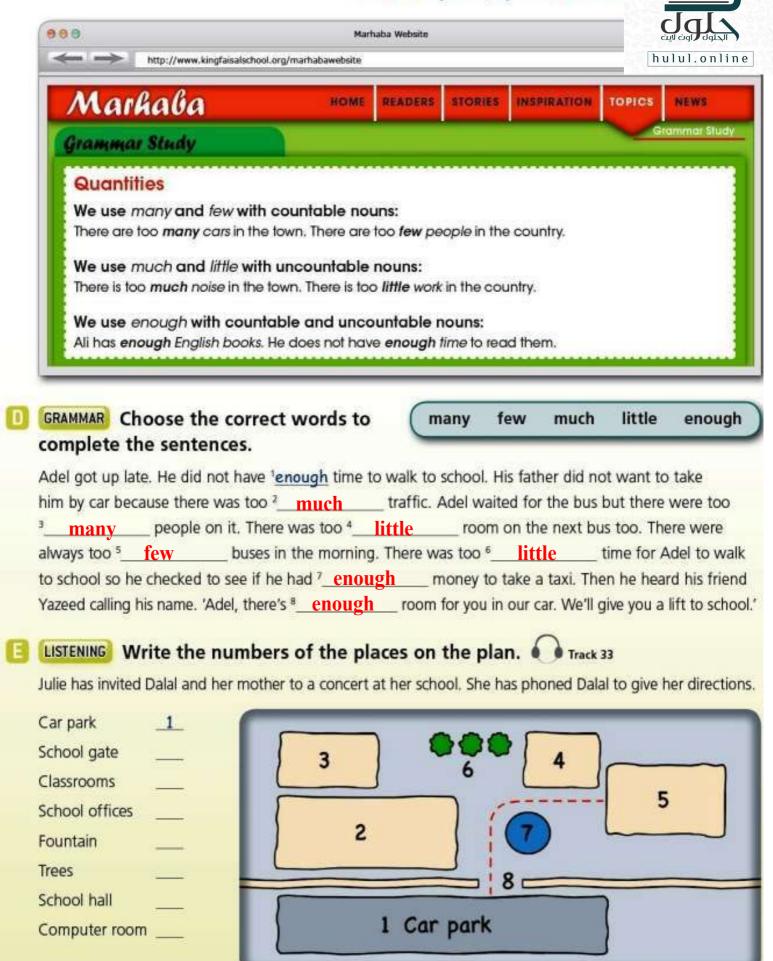
### B:

Ahmed likes meeting friends but he would rather play football. Ibrahim likes watching TV but he would rather use computer Faisal likes playing football but he would rather meet friends and swim Ali likes meeting friends but he would rather watch TV Waleed likes playing football but he would rather use computer.

**C:** 

I like watching TV but I would rather use computer. Mona likes meeting friends but she would rather swim.

#### Unit 6 - Requests, opinions and dire



WRITING Write directions from the school gate to places 2 and 4 on the plan.



**2-** Go through the gate. The classrooms are on the left opposite the fountain.

4- Go through the gate. Go past the fountain on your right.

The computer room is next to the trees.



## LESSON 1 Sami's favourite sport



# READING AND SPEAKING Work in pairs. Find the sentences from Exercise same meaning.



If a driver has a problem with his car he can show this by raising his arm. A driver has to raise an arm if there is a problem with his car.

- 1 If a driver has a problem with his car he can show this by raising his arm.
- 2 Before 1953 helmets were not compulsory for drivers but now they are.
- 3 Drivers have to wear special protective clothes because of the danger of fire and burns.
- 4 There are one-metre high safety walls at race circuits to protect people watching.
- 5 There are special rules for drivers and teams in Formula 1.
- 6 Drivers can't start a race before race officials switch off the red start lights.

### **VOCABULARY** Complete the table with words from the passage.

Adjective	Noun	Adjective	Noun	Adjective	Noun
injured	1injury	safe	2 safety	crowded	s crowd
medical	medicine	dangerous	5 danger	protective	6 protection

### LANGUAGE HELP Read and remember.

- 1 have to and must have the same meaning in the present I must go = I have to go.
- 2 have to changes its grammar, e.g. I have to go./She has to go.
- 3 must doesn't change its grammar, e.g. I must go./She must go.
- 4 We only use must in the present tense but we use have to in different tenses, e.g. I had to see the doctor yesterday./I'll have to buy a new pen this one is broken.
- 5 mustn't means you don't have permission to do something, e.g. You mustn't park here.
- 6 don't have to means it is not compulsory, e.g. You don't have to wear a hat to school.

### 📳 SPEAKING Work in groups. 🦛

#### Talk about:

- 1 Two things you had to do yesterday.
- 2 Two things you didn't have to do yesterday.
- 3 Two things you must do today.
- 4 Two things you must not do today.
- 5 Two things you will have to do tomorrow.
- 6 Two things you won't have to do tomorrow.



**C:** 

- 2. Drivers didn't have to wear helmets before 1953 but they had to after that date.
- 3. Drivers must also now wear special clothes to give protection from fire and burns.
- 4. Safety walls to protect people watching must be one metre high.
- 5. Drivers and teams must follow special rules in F1.
- 6. Drivers mustn't start to race until race officials switch off the red start lights.

### **F:**

- 1-I had to write a letter to my friend and call my mother.
- 2-I didn't have to read a book. I didn't have to watch TV.
- 3-I must study English. I must do my homework.
- 4-I mustn't go shopping.
- 5-I will have to visit my grandmother. I will have to go to the market.
- 6-I won't have to stay at home. I won't have to cook lunch.

see

## Unit 7 / Old habits and new experiences

## LESSON 2 Grandma used to like the area.

We have two article lives when they



READING Underline the ten incorrect words in each article.



## Grandma's old house

- My mother, Umm Hassan, and me live in a new flat. When Umm Hassan was growing up she didn't use to live in a new house like ours. She used to live in the old part of Riyadh in a traditional shop. The walls were made of mud concrete, not concrete and steel. The windows used to be made of plastic, not made of glass. Grandma was very frightened of her old house. Grandma used to like the area where she worked, too. It was near the old market. She used to hate looking at the clothes materials, the leather goods, food and stones for sale.' Reem
- When I was six I was tired of my sisters because they went to school and I didn't. Every afternoon when they left home, I used to laugh because I couldn't go with them. This used to calm my mother.

😭 💊 😂 Saudi Stars

One day she bought me a little school bag, made me a cake, put it in a box in my school bag and bought me with my sisters to the school taxi. Then she took me home again and I ate the sandwich. After that I used to be very sad because I was going to school like my brothers.' Layan

B LISTENING Check the ten incorrect words in each article. 6 Track 35

SPEAKING Talk about Reem and Layan. Correct the mistakes in the articles.

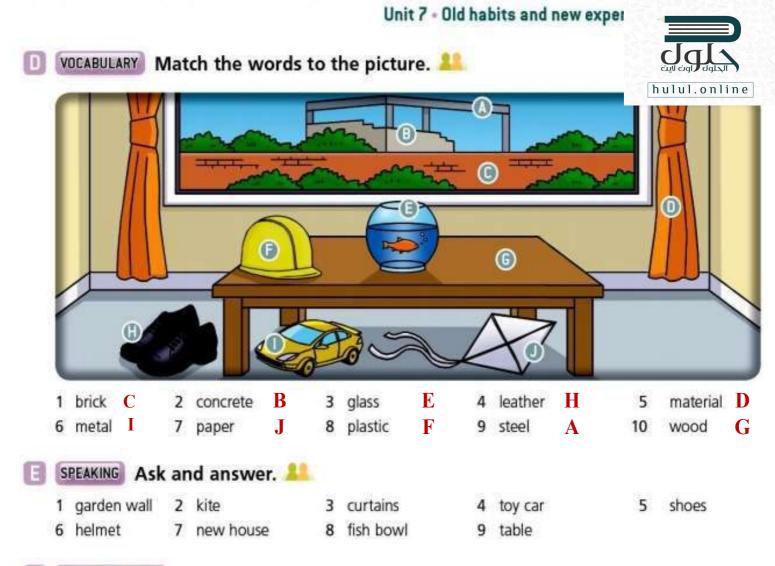




This is a photo of Reem and her grandma Umm Hassan.

They are in front of their house.

Unit 7 = Lesson 2



### LANGUAGE HELP Read and remember.

- 1 used to + verb describes past habits or actions: I used to like sugar in tea (but now I don't).
- 2 The negative is: I didn't use (to live there).
- 3 We often make sentence used to + verb and the present or present perfect: Nadia used to speak French but she doesn't now. Nadia used to speak French but she has forgotten it.

#### SPEAKING Say sentences.

- 1 I/live in Makkah/now/in Jeddah
- 2 Ahmed/walk to school/now/go/by bus
- 3 Rayyan/play football every/day now/has injured/leg
- 4 Sara/not understand maths/now/be very good/maths
- 5 Leen and Shahad/not like computers/now/like/very much
- WRITING Compare your past and your present life. Write five sentences in your notebook.

I used to live in Makkah but now I live in Jeddah.

- 1 I used to like pizzas but now I prefer fish.
- 2 When I was younger, I used to ...



- **E**:
- 2. brick.
- 3. paper.
- 4. material.
- 5. plastic.
- 6. leather.
- 7. metal.
- 8. concrete.
- 9. glass.
- 10. Wood.

### **G:**

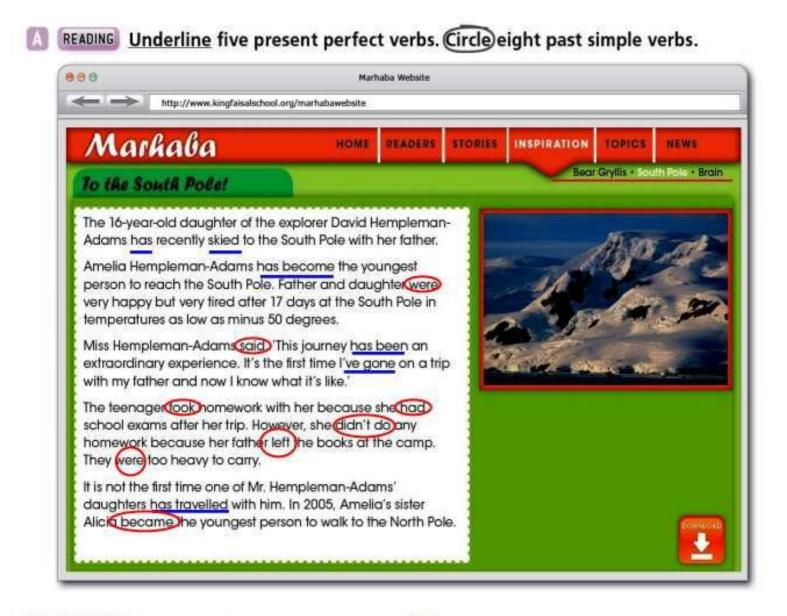
- 2. Ahmed used to walk to school. Now he goes by bus.
- **3.** Rayyan used to play football every day but now he now has injured his leg.
- 4. Sara didn't use to understand maths but now she is very good at maths.
- 5. Leen and Shahad didn't use to like computers but now they like them very much.

### H:

- 1. I used to like pizzas but now I prefer fish.
- 2. When I was younger, I used to play football but now I prefer tennis.
- 3. I used to read stories but now I read books.
- 4. I used to watch TV but now I use the internet.
- 5. I used to go to bed early but now I go to bed late.



## **LESSON 3 Young achievers**



### 🕄 SPEAKING Work in pairs. Ask and answer. 🦊

- 1 What has Amelia Hempleman-Adams done recently?
- 2 How old was she when she did this?
- 3 How long did the journey take?
- 4 What was the weather like?
- 5 What did she say about the journey?
- 6 What did Amelia's sister do in 2005?

🔋 📴 SREAKING) Work in pairs. Talk about Amelia. 🤽

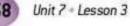




- **B:** 
  - 2. She was 16 (years old.)
  - 3. The journey took 17 days.
  - 4. It was very cold as low as minus 50 degrees.
  - 5. She said, This journey has been an extraordinary experience.'
  - 6. In 2005, her sister, Alicia, became the youngest person to walk to the North Pole.

C:

Amelia Hempleman-Adams has become the youngest person to reach the South Pole.



#### Unit 7 • Old habits and new experie

#### LISTENING Complete the table. Track 36

Mountain	Year	Continent	Height
Mount Kilimanjaro	2006	1 <u>Africa</u>	5900m
Mount Elbrus	2007	2	5650m
Mount Anaconda	3	South America	7000m
Mount McKinley	2008	North America	4
Mount Puncak Jaya	2009	Oceania	5
Mount Everest	2010	6	8850m
Mount Vinson Massif	7	Antarctica	4900m



### GRAMMAR Make sentences.

- Jordan Romero/climb/world's tallest mountains/different continents
- 2 he/become/youngest person/to do this
- 3 he/beat/record of/16-year-old boy/Britain
- 4 2006/reach/top of/Mount Kilimanjaro/Africa
- 5 age of 12/climbed/highest mountain/South America
- 6 2010/become/youngest person/climb Mount Everest

#### LANGUAGE HELP Read and remember.

#### Present perfect

We use has/have + the past particle to make the present perfect.

The present perfect connects time or actions in the past to present time or actions.

We use the present perfect for verbs when we don't know the time or it's not important.

We use the present perfect with words like how long, yet, just, already, never and ever.

#### Past simple

We add -ed to a verb to make the past simple for regular verbs.

The past simple tense is for actions in the past. These actions are finished.

We use the past simple for verbs when we know the time in the past.

We use the past simple with words like ago, yesterday, in June, last year and at ten.

#### SPEAKING Ask and answer.

- 1 go/Riyadh 3 catch/train

5 cook/meal

- 2 climb/mountain
- 4 win/race
- 6 take/photo
- 7 travel/by plane
- leave/homework/at home 8

Have you ever been to Riyadh?

Yes, I have. The last time I went to Riyadh was in March.

Jordan Romero has climbed the world's tallest mountains on different continents.



**E**:

- 2. He has become the youngest person to do this.
- 3. He has beaten the record of a 16 year-old boy from Britain.
- 4. In 2006, he reached the top of Mount Kilimanjaro in Africa.
- 5. At the age of 12he climbed the highest mountain in South America.
- 6. In 2010, he became the youngest person to climb Mount Everest.

G:

2-

Have you ever climbed a mountain? Yes, I have.

3-

Have you ever caught a train? Yes, I have.

4-

Have you ever won a race? No, I haven't.

5-

Have you ever cooked a meal? Yes, I have.

6-

Have you ever taken a photo? Yes, I have.

7-

Have you ever travelled by plane? Yes, I have.

8-

Have you ever left homework at home? Yes, I have.





# Unit 7 / Old habits and new experiences

## LESSON 4 REVIEW



### LISTENING Complete the sentences with must or have to.

#### Track 37

- When she was at primary school, Julie <u>had to</u> wear a blue and white dress.
- 2 When she was six, Julie \_\_\_\_\_\_ go to school every day.
- 3 Julie \_\_\_\_\_\_ do any homework when she was younger.
- 4 Dalal \_\_\_\_\_\_ do homework every day.
- 5 She \_\_\_\_\_\_ give her homework to her teachers late.
- 6 Dalal has a lot of homework so she \_\_\_\_\_ go home soon.
- 7 Julie \_\_\_\_\_\_ finish her project until next week.



There are five vowels in the English alphabet. All words must have a vowel or a y in them.

#### SPEAKING Work in pairs. Make sentences comparing the past with the present.

	Past	Present	
Julie	school/in London	school/in Riyadh	
Dalal	no homework	homework/every day	
Waleed	football/with friends	football at a club	
Ali	not like/play chess	like/very much	
Kamal	not know how to swim	swim/very well	
Leena	walk to school	go by car	
My brother	work/Dammam	work/Jeddah	
Rose	not speak Arabic	speak/very well	
Yazeed	like/watching TV	prefer/computers	



Julie used to go to school in London. Now she goes to school in Riyadh.

WRITING Write the sentences about what you and your friend like to do.

Julie used to go to school in London. Now she goes to school in Riyadh.

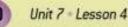


### **B:**

Dalal used to have no homework. Now she has homework every day. Waleed used to play football with friends. Now he plays football at a club. Ali didn't use to like playing chess. Now he likes playing chess very much. Kamal didn't use to know how to swim. Now he can swim very well. Leena used to walk to school. Now she goes to school by car. My brother used to work in Dammam. Now he works in Jeddah. Rose didn't use to speak Arabic. Now she speaks Arabic very well. Yazeed used to like watching TV. Now he prefers computers.

### **C:**

I used to walk to school but now I go by bus. Mona used to watch TV but now she prefers computer.





## Saudi Stars: Grammar Study 😭 💩

#### Past tenses

We use the *present perfect* for past actions which connect to the present: Khalid has never learned to swim.

We use the *past simple* for actions which happened at a definite time in the past: Omar *learned* to swim last year.

### GRAMMAR Read the text. <u>Underline</u> three past simple verbs. Circle three present perfect verbs.

Lewis Hamilton, who was born in 1985, has become one of the world's most famous Formula 1 drivers. His interest in car racing began at the age of six, when his parents bought him a toy car. He started to enter competitions and was soon able to beat older drivers. When he was 15 years old, he started car racing in youth championships. He became European champion in 2000. Since then he has competed regularly in international competitions, and has won many titles.



In 2008, aged only 22, Hamilton became world champion. He was the youngest person ever to win the world Formula 1 championship. He has continued to drive in Formula 1 racing, but has had some problems with his car. Although he has won several major races, he has not yet won the world title again.

#### READING Match the sentences.

- 1 Hamilton first became interested in cars d
- 2 He raced in youth championships
- 3 He has won many titles
- 4 He won the Formula 1 world title
- 5 He has not won the world title again

- a when he was only 22.
- b in international competitions.
- c because of problems with his car.
- d when he was six years old.
- e at the age of 15.

### **GRAMMAR** Complete the paragraph with past simple or present perfect verbs.

e

Б

**a** 

C

A 16-year-old Australian girl <u>has become</u> (become) the youngest person to sail around the world alone. Jessica Watson <u>has taken</u> (take) seven months to complete the journey and <u>arrived</u> (arrive) in Sydney yesterday. Jessica <u>has loved</u> (love) sailing for a long time. During her journey she

<u>met</u> (meet) a lot of dangers including strong winds and heavy rain. Her parents are very happy that she <u>has come</u> (come) home safely.

61

#### Unit 8 Rest, research and religion



### LESSON 1 The weather was so nice that I went to the park.

### **READING** Read quickly in pairs. Then ask and answer. 🦊

- 1 Why did Mona go to the park?
- 2 Why was Mona sad?
- 3 How much rubbish do we each produce?
- 4 What's the best way to deal with rubbish?



### Mona's research 👷 🙀 **Saudi Stars**

- In the weather was so nice last Thursday that I went to the park. It wasn't such a hot day that I felt uncomfortable. The park was beautiful. I wanted to stay there.
- Twenty minutes later a woman and two young children arrived. They were eating and drinking. One child dropped a sweet packet. The other dropped a water bottle. Then they left the park.
- Now were the children lazy? Why didn't the 👔 However, landfill is wasteful and is not mother tell them off? Why didn't they throw the rubbish in a bin? This behaviour made me sad. I went home.
- After this, I started thinking about rubbish and did some research on the internet. Did you know that we each produce about half a tonne of rubbish in a year?
- So how do we deal with this mountain of rubbish? Saudi Arabia is a big country. There are many places where we can get rid of waste, in holes in the ground. This is called landfill.
- always a good way to deal with rubbish. It can pollute drinking water and produce greenhouse gases.
- Rubbish should be a resource as well as a problem. For example, wood, aluminium and paper are expensive materials. We can't afford to throw them away.
- The best solution is to produce less rubbish. If we can't always do that, we should try to recycle more rubbish.

#### **READING** Number the sentences in the correct order according to the article.

- a Don't waste these materials 171
- c We put it under the ground. 5

1

- e Mona went to the park.
- g We produce a lot of rubbish.
- b Not always the best way to deal with waste. 0

2

8

B

- d Two children dropped rubbish.
- f It is better to use things again.
- h Mona returned to her house.



### A:

- 1- Because the weather was nice.
- 2- Because some children dropped rubbish in the park.
- **3-** About half a tonne a year.
- 4- To produce less rubbish.

#### Unit 8 • Rest, research and re



### **READING** Write words from the passage with these meanings.

- 1 important materials resources
- 2 throw something away \_get rid of
- 3 have enough money for <u>afford</u>
- 4 a kind of metal aluminium
- 5 the answer to a problem \_solution\_
- 6 speak to someone about their behaviour \_\_\_\_\_tell off\_\_\_\_

I VOCABULARY Make sentences with the words in Exercise C.



Wood, aluminium and paper are all resources.

E LISTENING AND SPEAKING Repeat paragraphs A and B. 🌔 Track 38

#### LANGUAGE HELP Read and remember.

1 We can use so and such to say reasons and results:

Reason	Result
The weather was so nice	that I went to the park.
It wasn't such a hot day	that I felt uncomfortable.

2 We use an adjective after so and an adjective with a noun after such.

#### GRAMMAR Write the sentences in your notebooks.

- 1 The park was beautiful. I wanted to stay there.
- 2 The children were lazy. They didn't throw the rubbish in the bin.
- 3 This behaviour made me sad. I went home.
- 4 Saudi Arabia is a big country. There are many places where we can get rid of waste.
- 5 Aluminium and paper are expensive materials. We can't afford to waste them.

#### 🔠 GRAMMAR Say sentences. 🚨

- 1 exam/so difficult that
- 3 Sami/such a nice person that
- 5 it/such a boring film

- 2 it/such a delicious ice cream that
- 4 Sara/so clever that
- 6 camera/so expensive



D:

We should get rid of the rubbish.

Aluminium and paper are such expensive materials that we can't afford to waste them.

Aluminium is an important resource.

We should find a solution for our problems.

We should tell them off.

### G:

- 1-The park was so beautiful that they wanted to stay there.
- 2-The children were so lazy that they didn't throw the rubbish in the bin.
- 3-This behaviour made me so sad that I went home.
- 4-Saudi Arabia is such a big country that there are many places where we can get rid of waste.
- 5-Aluminium and paper are such expensive materials that we can't afford to waste them.

### **H**:

- 1-The exam was so difficult that I couldn't answer all the questions.
- 2-It was such a delicious ice cream that I bought another one.
- 3-Sami was such a nice person that I love him.
- 4-Sara was so clever that she made a beautiful party.
- 5-It was such a boring film that I left it.
- 6-The camera was so expensive that I couldn't buy it.



see Workbook pp132-133

### Unit 8 / Rest, research and religion

## LESSON 2 Did you sleep well?





### B READING Ask and answer the questions.

- 1 Who wrote this article?
- 2 What did he dream about?
- 3 When did these dreams stop?
- 4 What are sleep and dreams important for?
- 5 When do we sleep the most deeply?
- 6 How many times each night do we dream?
- 7 What kind of doctor is Dr. Howeish?
- 8 Who does Dr. Howeish try and help?





- **B:** 
  - 1- Dr. Howeish.
  - 2- huge insects.
  - 3- when he was ten.
  - 4- memory, learning and health.
  - 5- during slow wave sleep.
  - 6- four or five times a night.
  - 7- a specialist sleep doctor.
  - 8- people with sleep problems.



#### Unit 8 • Rest, research and re

### READING Who or what do the words in **bold** refer to?

- 1 Paragraph A: I Dr. Howeish
- 3 Paragraph B: they \_\_\_\_\_
- 5 Paragraph D: them \_\_\_\_\_

### LANGUAGE HELP Read and remember.

- 1 Adverbs add meaning to verbs and sentences.
- 2 Add -ly to adjectives to make adverbs: regular regularly.
- 3 Use more and most to make the comparative and superlative of adverbs: Ahmed ran quickly. Rashed ran more quickly than Ahmed. Ali ran the most quickly of the three.
- 4 Some adverbs are irregular: well, better than, the best badly, worse than, the worst hard, harder than, the hardest fast, faster than, the fastest

### 📴 GRAMMAR) Say complete sentences. Use the correct form of the adverb. 🚨

- 1 Dalal talk/very/quick
- 2 Abdullah/drive/slow/and safe
- 3 Noor/cook/good She/cook/good/me or Iman
- 4 Adel/speak/loud He/speak/loud/Sami or Yazeed
- 5 Leena/regular/read/two books in one week
- 6 Yazeed proofread/articles/carefully/of the people in the Marhaba team

### LISTENING These people are describing dreams. Number the pictures in the order you hear them.





SPEAKING Describe each dream.





Dalal talks very quickly.



- 2 Paragraph A: them \_\_\_\_
- 4 Paragraph C: this sleep \_\_\_\_\_





### **C**:

- 2- his frightening dreams.
- **3-** scientists and doctors.
- 4- REM/rapid-eye movement sleep.
- 5- people with sleep problems.

### **E**:

- 2- Abdullah drives slowly and safely.
- 3- Noor cooks well. She cooks better than me or Iman.
- 4- Adel speaks loudly. He speaks more loudly than Sami or Yazeed.
- 5- Leena regularly reads two books in one week.
- 6- Yazeed proofreads articles the most carefully of the people in the Marhaba team.



# Unit 8 / Rest, research and religion



### LESSON 3 Muslims in Britain

READING Complete paragraphs A–E with the correct phrases from the box.

who came here who travelled to who became where Yemenis lived who live in where they found who was where Muslims can study where I live who have been



It's about

## Islam in Britain today

In my research I discovered there are about one and a half million Muslims <sup>1</sup>who live in Britain today. The story of Islam in Britain begins about 500 years ago. There is a record of a British man, John Nelson, <sup>2</sup>\_\_\_\_\_\_ a Muslim at that time.



A factory in the north of England

# Saudi Stars

- During the 18th century, other British people <sup>3</sup>\_\_\_\_\_ the Islamic world converted to Islam, for example Edward Montagu, <sup>4</sup>\_\_\_\_\_ the son of a British ambassador to Turkey.
- C The first large group of Muslims in Britain were sailors from India <sup>5</sup>\_\_\_\_\_\_about 300 years ago. The next group were Yemeni sailors. The first mosque in Britain was in Cardiff, a port city <sup>6</sup>\_\_\_\_\_.
- Many Muslims arrived in Britain in the 1960s. They came from India or Pakistan. They came to towns in the north of England like Leeds and Bradford 7\_\_\_\_\_\_ jobs in factories. There are now many Muslims 8\_\_\_\_\_\_ in Britain for 50 or 60 years and many more who were born here.
- In Blackburn, the town <sup>9</sup>\_\_\_\_\_, 20 per cent of the population is Muslim. There are two Islamic secondary schools, one for boys and one for girls, <sup>10</sup>\_\_\_\_\_.

# Unit 8 / Rest, research and religion

### **The Answers:**



### A:

2-who became.

3-who travelled to.

4-who was.

5-who came here.

6-where Yemenis lived.

7-where they found.

8-who have been.

9-where I live.

10- where Muslim students can study.

#### Unit 8 • Rest, research and re

#### LANGUAGE HELP Read and remember.

- 1 Look at this sentence: Many Muslims who arrived in Britain came from India or Pakistan. The words who arrived in Britain are an example of a relative clause.
- 2 This relative clause in 1 begins with the word who. We can also begin relative clauses with other words, such as which and where.
- 3 Relative clauses add more information and describe other parts of the sentence. In the example, who arrived in Britain describes many Muslims.

# **GRAMMAR** Join these sentences with who or where and write them in your notebook.

- 1 The first group of Muslims came to Britain. They were sailors.
- 2 I know a British man. He converted to Islam last year.
- 3 That is the electrical factory. I used to work in the factory.
- 4 That man is my old teacher. He is wearing a black jacket.
- 5 This is an excellent restaurant. They cook good Indian food in it.
- 6 What is the name of the place? You are going on holiday to that place next year.

### ELISTENING Number Sarah's pictures in the order you hear them. I Track 41









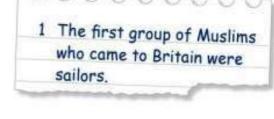


### SREAKING Say sentences about the pictures. 🚨

- 1 butcher/dad/work
- 3 mosque/dad/pray/Friday
- 5 brother/study/maths/university
- 2 woman right/sit/mother
- 4 photo/show/pilgrims/go/on the Hajj
- 6 primary school/sister and I/used/study

This is the butcher's where Sarah's dad works.









#### D:

- 2-I know a British man who converted to Islam last year.
- **3-That is the electrical factory where I used to work.**
- 4-That man who is wearing a black jacket is my old teacher.
- 5-This is an excellent restaurant where they cook good Indian food.
- 6-What is the name of the place where you are going on holiday next year?

### **F:**

1-This is the butcher's where Mai's dad works.

2-The woman on the right who is sitting is Mai's mother.

- 3-This is the mosque where Mai's dad prays on Friday.
- 4-This photo shows pilgrims who are going on the Hajj.
- 5-This is the picture of Mai's brother who is studying maths at university.
- 6-This is the primary school where Mai's sister and Tehrim used to study.

see Workbook pp136-137

# Unit 8 / Rest, research and religion



# LESSON 4 REVIEW

# LISTENING Use words from the box to complete the sentences.

exciting high tired expensive beautiful interesting large thirsty

The students in Ali's class are telling their English teacher what they did on Saturday.

It was a lovely day. We went to Al Shaeeb Park. It has many <u>beautiful</u> pools and fountains. A lot of people come to admire them. It was very hot and I became <u>thirsty</u>. My father bought me a cool drink.

We went to the Kingdom Centre and went up the tower. It is very <sup>5</sup> <u>high</u>. You can see the whole city from it. We went to the shopping centre afterwards. It was very <sup>6</sup> <u>expensive</u>. I couldn't afford to buy anything. STUDY TIP Verbs are the actions which we do, e.g. *listen*, choose, complete.

My parents took me to the National Museum of Riyadh. The museum is very <u>a large</u> and has eight floors. You can't see everything in one visit. It was an <u>interesting</u> place. I would like to go there again.

My brother took me to a football match at the King Fahad Stadium. The game was very <sup>7</sup> exciting <sup>7</sup> exciting <sup>8</sup> People were cheering all the time. I was very <sup>8</sup> tired home and I went straight to bed.

#### GRAMMAR Join the sentences with so ... that or such a ... that. Write in your notebooks.

- 1 It was a lovely day. Ali went to Al Shaeeb park.
- 2 The fountains in the park are very beautiful. Many people come to admire them.
- 3 It was very hot at the park. Ali became thirsty.
- 4 The National Museum is a big place. You can't see everything in one visit.
- 5 The Kingdom Centre Tower is very high. You can see the whole city from it.
- 6 The shops were very expensive. Saeed couldn't afford to buy anything.
- 7 It was a very exciting football game. People were cheering all the time.
- 8 Ahmed was very tired when he got home. He went straight to bed.

It was such a lovely day that Ali went to Al Shaeeb Park.



**B**:

- 2- The fountains in the park are so beautiful that many people come to admire them.
- 3- It was so hot at the park that Ali became thirsty.
- 4- The National Museum is such a big place that you can't see everything in one visit.
- 5- The Kingdom Centre Tower is so high that you can see the whole city from it.
- 6- The shops were so expensive that Faisal couldn't afford to buy anything.
- 7- It was such an exciting football game that people were cheering all the time.
- 8- Ahmed was so tired when he got home that he went straight to bed.



#### Unit 8 • Rest, research and re

Marke	nba	ROME	READERS	STORIES	INSPIRATION	TOPICS	NEWS
irammar St	udy						rammar Stu
Change th	ne adjectives	to adverbs.					
Adjective quick	Adverb quickly	Adjective loud	Adv	erb udly			
soft	<u>softly</u>	quiet	_qu	ietly			
regular	regularly	polite	po	litely			
safe	safely	fast		ast			
	clearly	kind	ki	ndly			
clear	<u> </u>						

#### SPEAKING Work in pairs. Say sentences. Use comparative adverbs.

- 1 Leena/write/neat/Dalal
- 2 My brother/drive/fast/my father
- 3 Abdullah/speak/quiet/Rashid
- 4 Faisal/play/football/good/Ali
- 5 Noor/practise/speaking English/regular/Layla
- 6 My grandmother/walk/slow/my mother

#### WRITING Copy and complete the sentences in your notebook.

- 1 A pilot is a person who flies a plane.
- 3 The man \_\_\_\_\_\_ is my father's friend.
- 5 Many Muslims \_\_\_\_\_\_ attend Islamic schools.
- 7 Dalal has an English friend

- 2 A park is a place \_\_\_\_\_
- 4 Blackburn is a town in England \_\_\_\_\_\_

Leena writes more neatly than Dalal.

- 6 A landfill site is a place \_\_\_\_\_
- 8 What is the name of the stadium

\_\_\_\_?

#### **VOCABULARY** Match the words with the definitions. Make sentences with the words.

d things we can use to make products, e.g. metal, wood, paper

- 1 bin C 2 landfill C
- a to spoil, make dirty or unhealthy
   b to reuse something, or change it so it can be used again
- 3 waste
- s waste
- 4 materials d 5 pollute a

b

6 recycle

- e a place where rubbish is buried
- f rubbish created by humans or animals

c a container where you put rubbish



**C**:

- 1- Leena writes more neatly than Dalal.
- 2- My brother drives faster than my father.
- 3- Abdullah speaks more quietly than Rashid.
- 4- Faisal plays football better than Ali.
- 5- Noor practises speaking English more regularly than Layla.
- 6- My grandmother walks more slowly than my mother.

### D:

- 2- A park is a place where people go to relax.
- 3- The man who is driving that car is my father's friend.
- 4- Blackburn is a town in England where many Muslims live.
- 5- Many Muslims who live in Blackburn attend Islamic schools.
- 6- A landfill site is a place where we get rid of rubbish.
- 7- Dalal has an English friend who lives in Saudi Arabia.
- 8- What is the name of the stadium where Ahmed watched a football match?

# LESSON 1 Not too difficult to answer





В	READING Write the numbers of the sentences o	n the correct notice. 🚨
	1 The floor is too wet to walk on.	B
	2 It's too dangerous to smoke here.	E
	3 The paint isn't dry enough to touch.	D
	4 The gap isn't wide enough for a car to go through.	Α
	5 The food is too hot to touch without safety gloves.	F
	6 This shalf isn't strong anough to take heavy weights	C

6 This shelf isn't strong enough to take heavy weights.

#### **VOCABULARY** Look at Exercise B. Find the adjectives with the opposite meaning.

1 cold 2 safe 3 weak 4 narrow 5 dry 6 wet



# A:

- A. No cars here.
- **B.** The floor is wet.
- C. Don't put anything heavy here.
- D. The paint is wet.
- E. There is petrol here. Don't smoke.
- F. This is hot. Wear gloves.

# **C:**

**1-hot.** 

2- dangerous.

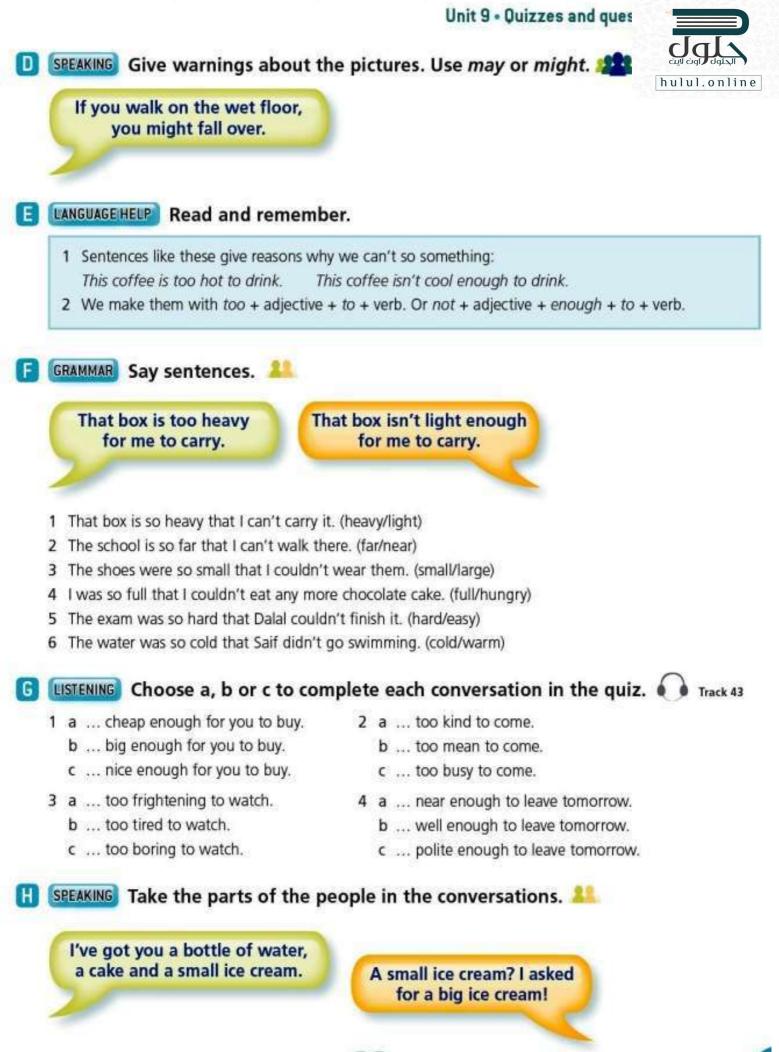
**3-strong.** 

4- wide.

5- wet.

6- Heavy.





see Workbook pp138–139



#### D:

If you smoke here, you may cause a fire.

If you touch the paint you might get paint on your hand. If you go through here with a car you might hit the building. If you touch the food without gloves you might burn yourself. If you put a heavy weight on the shelf, the shelf may break.

#### F:

- 2. The school is too far/isn't near enough for me to walk to.
- 3. The shoes were too small/weren't large enough for me to wear.
- 4. I was too full/not hungry enough to eat any more chocolate cake.
- 5. The exam was too hard/not easy enough for Dalal to finish.
- 6. The water was too cold/wasn't warm enough for Saif to go swimming.



# Unit 9 / Quizzes and questions

6

3

1

2

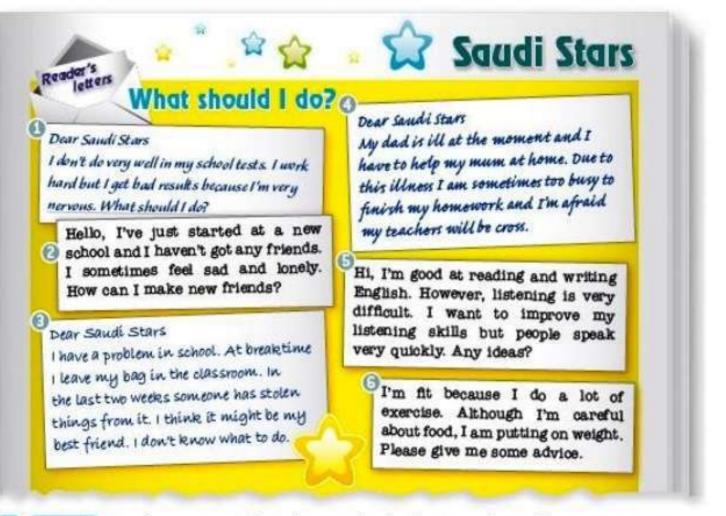
4

# LESSON 2 E-mails and letters

READING What are the e-mails and letters about? Write the number of each letter or e-mail in the box next to the correct title.

- a Too heavy
- b Things go missing
- c Exam nerves
- d No one to speak to
- e Not enough time
- f It's too fast to understand 5





SREAKING Work In pairs. What do you think about each problem? Give your advice.

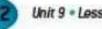
I think the first student ...

In my opinion the first student ...



# **B:**

- I think the first student should be calm.
- I think the second student should talk a lot with his classmates to make friends.
- I think the third student should talk with his friend.



	Unit 9 - Quizzes and que
C	USTENING Write the number of the advice as you hear it next to th
	a Too heavy D b Things go missing C c Exam nerves D d No one to speak to e Not enough time f It's too fast to understand d
D	LISTENING LISten again. Complete the missing words. 🕢 Track 45
	1 You should just be <u>patient</u> .
	2 It would be a good idea to be
	3 It might also be a good idea if you the police.
	4 How about to English at home?
	5 You'd better the situation at home to your school.
	6 I don't think you ought to about your weight.
A	LANGUAGE HELP Read and remember.

There are different ways to give advice in English with different kinds of grammar. had/'d better (not) + verb should (not) + verb

how about + verb -ing

ought (not) + to verb

it would be a good idea if + verb (past tense) it would be a good idea + to verb

### SREAKING Work in pairs. Give these people advice. Use the grammar in Exercise E. 🦺









### G WRITINGANDSPEAKING Work In groups of four.

- In your group write examples of common student problems.
- 2 Swap your problems with another group. Think of advice for each problem.
- 3 Give your advice to the other group.



**F:** 

A. It would be a good idea to close the window.

- **B.** How about watering the plant?
- C. She'd better turn round/she'd better not read.
- D. He should take a taxi.



# Unit 9 / Quizzes and questions



# LESSON 3 What is it?

### READING Work in pairs. Match the paragraphs to the headings.

3

5

4

- a Understanding of the brain in the past
- c Keeping the brain healthy
- e New ways to study the brain

- b What the brain does
- d Facts about the brain



n

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Mai	haba	HOME	READERS	STORIES	INSPIRATION	TOPICS	NEWS
A very c	omplex thing				Bea	Gryfils - Sou	th Pole • Profi
	is article and pictures lim, a doctor's son.	number a it is only 2 body's en The brain which ma remembe For a long times did	s the numb per cent o ergy. What is the most kes it possi r, to move time it was not know if	ber of stars f the body is it? The to complex ble for us to and to dre difficult to we though	organ in the ba o think, to have	ur galaxy. s 20 per c ody. It is th emotion: a. Scientists n or our h	Although ent of the e organ s, to s in ancient
		About 100 can study	) years ago	they start waves from	ave learned mo ed to take x-ray n the brain and activities.	pictures.	Now they
R		during sle come fror	ep. They n n a good c	eed the er liet. Like th	ains. They need nergy, proteins e physical bod hich keeps then	and vitam y, our brai	ins which ins also

#### B READING TICK ( ) true sentences and cross ( ) false sentences.

- 1 The brain has water in it.
- 3 The brain is 20 per cent of the body's weight.
- 5 Doctors took 100 years to study brains.
- 2 The brain has lots of cells in it.
- 4 Scientists didn't study how the brain works.
- 6 Brains need rest and good food.

### C PRONUNCIATION Listen and repeat paragraphs 1 and 2. 🅠 Track 46

**D SPEAKING** Work In pairs. What can you remember about the brain? The brain is the most complex organ in the body. It is the organ which makes it possible for us to think, to have emotions, to remember, to move and to dream. Unit 9 • Lesson 3





#### **E:**

- 2. brain, heart, organ (parts of the body).
- 3. dentist, doctor, scientist (jobs).
- 4. diet, protein, vitamin (food).
- 5. emotional, mental, physical (people).
- 6. galaxy, star, sun (space).

# G:

- 2. Deserts are places which have little water.
- 3. Egypt is an Arab country which is in Africa.
- 4. Water is a liquid which freezes at 0 degrees.
- 5. Rhinos are animals which are big and grey.
- 6. Oil is a liquid which comes out of the ground

## H:

- 2. What are deserts? They are places which have little water.
- 3. What is Egypt? It is an Arab country which is in Africa.
- 4. What is water?

It is a liquid which freezes at 0 degrees.

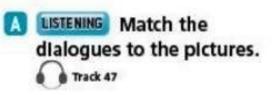
- 5. What are rhinos? They are animals which are big and grey.
- 6. What is oil? It is a liquid which comes out of the ground.



# Unit 9 / Quizzes and questions



# LESSON 4 REVIEW



Use a comma with words in a list or to divide the parts of sentences.













SPEAKING Work In pairs. Say sentences about the pictures. <sup>11</sup>

WRITING Write your sentences. <u>Underline</u> the adjectives.

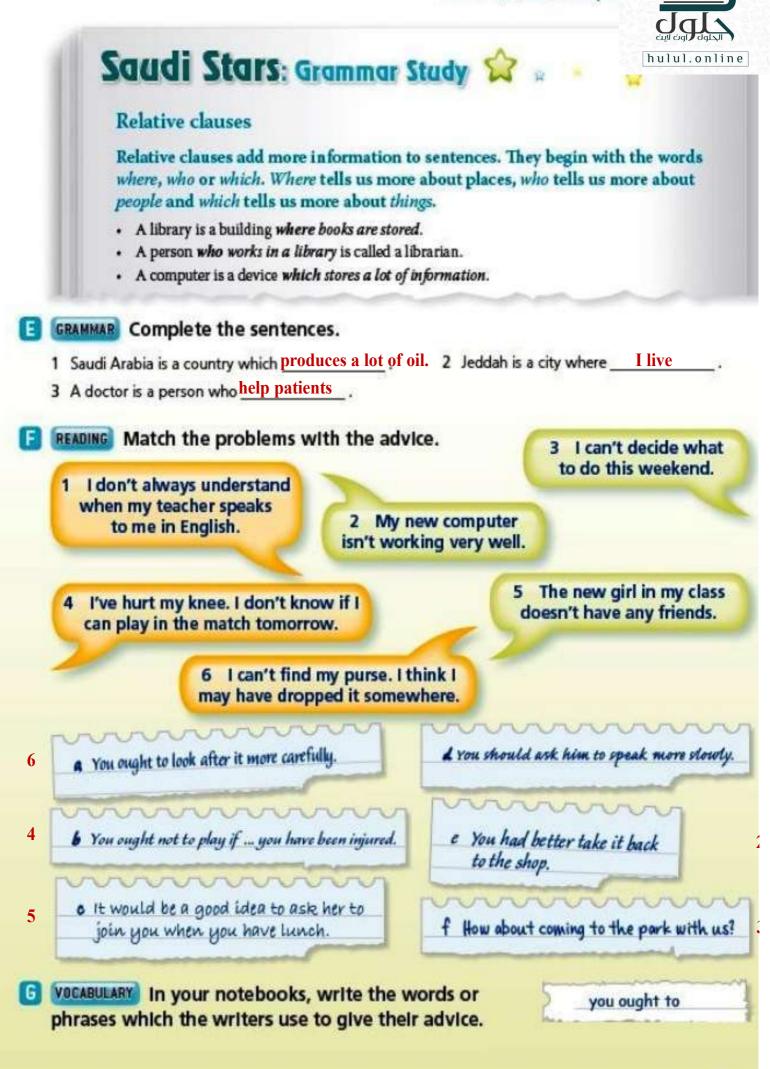
It's too hot for the boys to play football.

It's too hot for the boys to play football.

#### GRAMMAR Complete the sentences with who, which or where.

- 1 A camel is an animal which lives in the desert.
- 2 The office where my father works is on the top floor of the Kingdom Centre.
- 3 I love the ice creams <u>which</u> they sell in the shopping centre.
- 4 The human brain is an organ <u>which</u> contains 100 billion cells.
- 5 The boy <u>who</u> injured his knee had to go to hospital.
- 6 The town <u>where</u> my uncle lives is not far from the sea.
- 7 Have you heard of the boy \_\_\_\_\_ climbed the highest mountains in the world?





Unit 9 • Quizzes and que





## G:

- a- You ought to.
- **b-** You ought not to.
- c- It would be a good idea to.
- d- You should.
- e- You had better.
- f- How about.

# Unit 10/ Healthy, helpful and hard work

# LESSON 1 Healthy food



#### READING Find the following in the text.

- 1 the meaning of junk food 2
  - 2 the meaning of a healthy diet
- 3 two illnesses
- 6 two junk foods

Saudi Stars

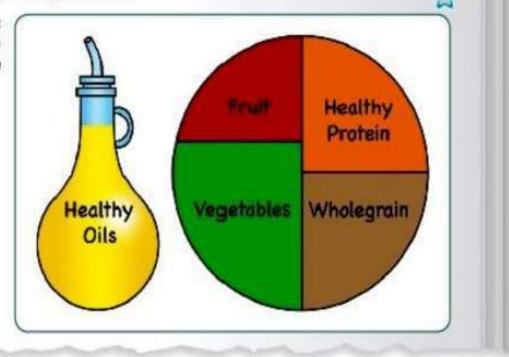
- 4 two wholegrain foods
- 5 two healthy proteins

# Healthy eating

Children and young people don't eat enough fruit and vegetables and often eat too much junk food. Junk food, like sweets, chips and burgers, is food with too much fat, sugar and salt and food which has too many calories.

These unhealthy food habits can cause problems, for example becoming overweight, heart disease and diabetes. These illnesses start early in life and can become very serious. A healthy diet and regular physical activity help children be healthy in later life.

In a healthy diet we find: protein, vegetables, (healthy) fat, fruit and wholegrains. Here is a healthy eating plate:



#### B

#### READING AND SPEAKING Work In pairs. Correct these sentences.

- 1 This article is about medicine.
- 3 Young people eat too little junk food.
- 5 Unhealthy food is good for your health.

#### This article is about medicine.

- 2 Children eat too much fruit.
- 4 Junk food has too few calories.
- 6 Beans and nuts are examples of wholegrains.

#### No it isn't. It's about healthy eating.



## A:

- 1-food with too much fat, sugar and salt (and too many calories).
- 2-a diet with protein, wholegrains, fruit and vegetables.
- 3-diabetes, heart disease.

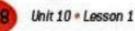
4-brown rice, wholegrain bread.

5-nuts, beans, fish, chicken.

6-sweets, burgers.

# **B**:

- 2. No, they don't. Children don't eat enough fruit and vegetables.
- 3. No, they don't. Young people eat too much junk food.
- 4. No, it doesn't. Junk food has too many calories.
- 5. No, it isn't. Unhealthy food is bad for your health.
- 6. No, they aren't. Beans and nuts are examples of healthy protein.



#### Unit 10 • Healthy, helpful and han



#### READING Write the letter of each answer in the box next to the cor

D

E

A

C

B

- 1 Fish is a protein.
- 2 Sweets are not a healthy snack.
- 3 A healthy diet is important for good health.
- 4 Too much sugar isn't good for you.
- 5 Nuts are not a wholegrain food.
- 6 An apple is a healthy kind of food.

#### UISTENING Check your answers. 🌔 Track 48

- A Neither is too much fa
- B So is a tomato.
- C Neither are beans.
- D So is chicken.
- E Neither is chocolate.
- F So is regular exercise.

	Work in pairs. Say se	ntences. 🎴
1	Apples are a fruit.	oranges
2	Leena ate burgers last night.	Julie
3	Adel doesn't like fish.	Samy
4	Yazeed has got a mobile phone.	Adel
5	Chips don't have protein in them.	sweets
6	Dalal isn't very hungry.	1



#### B LANGUAGE HELP Read and remember.

Countable nouns: indefinite	Uncountable nouns: Indefinite	
Use alan with a singular countable noun. Use any, some or nothing with plural countable nouns.	Use any, some or nothing with uncountable noun	
Countable nouns: Definite	Uncountable nouns: Definite	
Use the with singular or plural countable nouns when there is only one of these things (e.g. the sun) or we have talked about the noun (or nouns) before.	Use <i>the</i> with uncountable nouns when we have talked about the noun before.	

#### GRAMMAR Copy the text in your notebook and complete it with a, an, the or nothing (X).

If we want (X) children and young people to have  $2\underline{a}$  healthy life, they need to be physically active. If they are not active, they may get  $3\underline{an}$  illness such as  $4\underline{\times}$  diabetes when they are older. There are many advantages which come from  $5\underline{\times}$  exercise. The first is better physical health, the second is  $7\underline{\times}$  better results at school and  $3\underline{the}$  third is good mental health. And remember,  $9\underline{\times}$  exercise does not need to be complicated or difficult. Walking is  $10\underline{a}$  healthy and simple kind of exercise.

#### Unit 10 - Healthy, helpful and ham



hulul.online

**E:** 

- 2. So did Julie.
- 3. Neither does Samy.
- 4. So has Adel.
- 5. Neither do sweets.
- 6. Neither am I.



# Unit 10/ Healthy, helpful and hard work

# LESSON 2 A doctor's story





#### READING Put the sentences in order.

6

5

- a Jassim told Terry about the mobile. 🖪
- c The phone rang for the first time.
- Jassim went to Jack's home.
- g Jack phoned Terry.

- b Jassim didn't accept any money.
- d Jack lost his mobile.
- f Terry switched on the TV.



#### LANGUAGE HELP Read and remember. hulul.online Many sentences have two verbs in them. These sentences can have different grammar. $(\mathbf{0})$ Verb 1 + noun + verb 2 + -ing: $(\cdot)$ Verb 1 + to + verb 2: Verb 1 + verb 2 + -ing: want enjoy see wants to have 🏚 a cake watching TV a bird enjoys sees flying wanted enjoyed saw GRAMMAR Work In pairs. Read the doctor's story. Group B: Group C: Group A: Underline verbs with a second 1 plan 1 Look forward to 1 hear verb after them. 2 Copy this table in your notebook. 3 Find five more examples of Group A verbs. Write them in the table. 4 Find five more examples of Group B verbs. Write them in the table. 5 Find two more examples of Group C verbs. Write them in the table. SPEAKING Work In pairs. Say sentences. Use the words and the pictures. Who's that? Yes? This is a good film. 0 want/watch/film/TV hear/knock/on/door see/man/stand/there No thanks. This is yours. Come in. find/mobile/lie/on/ground ask/Jassim/come/into/flat refuse/accept/money/Jack SREAKING Work in pairs. Say a short story. What were you planning to do? What did you do before starting?

Unit 10 • Healthy, helpful and hard

What happened to stop or change your plan?





#### D:

- A- plan, have to, manage, offer, refuse.
- B- look forward to, consider, finish, suggest, like.
- C-love, stop, begin, regret.

### **E:**

- 1- Jack wanted to watch a film on TV.
- 2- Jack heard (someone) knocking on the door.
- 3- Jack saw a man standing there.
- 4- Jassim found Jack's mobile lying on the ground.
- 5- Jack asked Jassim to come into the flat.
- 6- Jassim refused to accept money from Jack.

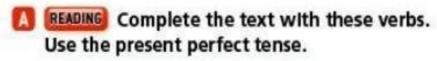
### **F:**

I was planning to go shopping. I decided to call my friend first. When I was talking to her, the bell rang. It was my grandmother. I decided not to go to stay with her.

see Workbook pp146-147

# Unit 10/ Healthy, helpful and hard work

# **LESSON 3** For and against



be feel find <del>finish</del> have give write help



#### Saudi Stars Hard work Hello. We have just 'finished this month's edition of Saudi Stars. We<sup>2</sup> three other editions before this one. Producing the newsletter <sup>3</sup> hard work and we 4 some difficulties. However, we <sup>5</sup>\_\_\_\_\_\_ it was a very positive experience. Our teacher, Mrs. Rinad, 6 us to design and edit the newsletter, our friend Julie us a lot of help with our English language. some interesting articles. I hope that you continue to read and enjoy the I think we<sup>8</sup> newsletter again next term as well. Leena

#### B WRITING AND SPEAKING Work in pairs. 🚨

- 1 Write four questions about the text.
- 2 Swap with your partner. Ask and answer questions.

Julie is telling her class about Saudi Stars. Complete her notes. 🕢 Track 49

# 

Advantages	Disadvantages	
have made 1	have done a lot of 4	- it's boring
have understood and <sup>2</sup>	have had less time <sup>5</sup>	
have learned more about life 3	phone calls have cost <sup>6</sup>	

# Unit 10/ Healthy, helpful and hard work

# The Answers:

- A:
- 2. have written.
- 3. has been.
- 4. have had.
- 5. have felt.
- 6. has taught.
- 7. has given.
- 8. have found.

B:

What have they finished? They finished this month's edition of Saudi Stars.

How many editions have they written? Four.

Who taught them to design and edit the newsletter? Mrs. Rinad.

Who has helped them? Julie.



#### Unit 10 • Healthy, helpful and hard

#### READING Is each headline favourable to mobiles?



If favourable, write 'F' in the box. If unfavourable, write 'U' in the box.



#### 🖪 SREAKING Work In pairs. 🚢

- 1 Give your opinion of mobiles.
- 2 Give reasons for your opinion. Use your own ideas or ideas from the headlines.

My opinion of mobiles is favourable. This is because ...

I think mobiles have disadvantages. For example ...

#### LANGUAGE HELP Read and remember.

To increase your vocabulary, write and learn different parts of speech for words.

#### **G VOCABULARY** Complete the table with the correct part of speech.

Noun	Adjective	Verb	Noun
interest	'interesting	edit	2
3	difficult	<u>د</u>	enjoyment
annoyance	5	6	texting
7	favourable	spell	8





**E**:

My opinion of mobile is favourable. This is because I think with mobile I can work anywhere and be touch with any one.

**G:** 

- 1-interesting/interested.
- 2- edition/editor.
- **3- difficulty.**
- 4- enjoy.
- 5-annoying/annoyed.
- **6- text.**
- 7- favourite/favour.
- 8- Spelling.



nit 10/ Healthy, helpful and hard work
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# LESSON 4 REVIEW

# GRAMMAR Copy the table and write the nouns in the correct column.

bean fruit rice protein milk nut date chicken cake sweet oil chip bread fat grains burger chocolate onion sugar cake vegetable

#### STUDY TIP

Adjectives describe nouns and adverbs describe verbs.

(Find the adjectives and adverbs in Exercise A.

Countable nouns	Uncountable nouns
bean	fruit

#### GRAMMAR Complete the paragraph with the, a, an, the or nothing (X).

Yesterday Sami received 'an e-mail from his English friend Rob. Rob wanted to know about the kind of <sup>2</sup>\_\_\_\_\_\_food people eat in Saudi Arabia. Sami told him that Saudis generally eat <sup>3</sup>\_\_\_\_\_\_a healthy diet. In <sup>4</sup>\_\_\_\_\_\_morning most people eat <sup>5</sup>\_\_\_\_\_\_bread with <sup>6</sup>\_\_\_\_\_\_eggs and <sup>7</sup>\_\_\_\_\_\_cheese. At <sup>8</sup>\_\_\_\_\_\_lunchtime and in <sup>9</sup>\_<u>\_\_\_\_</u>thee evening they eat <sup>10</sup>\_\_\_\_\_\_ chicken or <sup>11</sup>\_\_\_\_\_\_meat with <sup>12</sup>\_\_\_\_\_\_rice. Saudis eat <sup>13</sup>\_\_\_\_\_a lot of <sup>14</sup>\_\_\_\_\_\_ fruit and <sup>15</sup>\_\_\_\_\_\_vegetables too. Recently <sup>16</sup>\_\_\_\_\_\_fast food restaurants have become quite popular. <sup>17</sup>\_<u>\_\_\_\_\_food in these restaurants is not very healthy.</u> <sup>18</sup>\_\_\_\_\_\_burger or <sup>19</sup>\_<u>an</u> ice cream contain <sup>20</sup>\_\_\_\_\_a lot of <sup>21</sup>\_\_\_\_\_\_fat and <sup>22</sup>\_\_\_\_\_\_sugar.

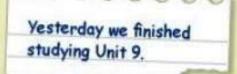
#### 🖪 🔃 🚺 🚺 🕒 Elistening) Write complete sentences. 🌒 Track 50

- 1 Julie/promise/write article
- 2 Julie/not finish/write/article
- 3 She/try/finish/this evening
- 4 Dalal/not mind/wait
- 5 She/decide/wait/ a few days
- 6 Julie/look forward/read/Saudi Stars
- 7 Some people/refuse/help Dalal
- 8 Julie/look forward/read/ newsletter
- 9 She/hear/mother call her

#### Julie promised to write an article for Saudi Stars.

# WRITING Write sentences about yesterday, today and tomorrow in your notebook. Use these verbs.

Yesterday	Today	Tomorrow
finish	want	consider
decide	look forward to	plan





A:

**Countable:** sweets, nuts, dates, chips, burgers, onions, beans, grains, vegetables.

**Uncountable:** fruit, rice, protein, milk, chicken, oil, bread, fat, sugar, chocolate, cake.

D:

Yesterday, we finished studying unit 9. Today, we want to study unit 10. Tomorrow, we plan to go out.

Yesterday, we decided to play tennis. Today, we look forward to going shopping. Tomorrow, we plan to go to the market.





#### READING Are the sentences about the e-mail true (T) or false (F)?

#### From: Rob

To: Sami

#### Subject: Hello and thank you

#### Hello Sami

Thank you for your e-mail. I have just completed a school project about food in different countries. The information you gave me was very useful. Our school term has finished and I have been on holiday for a few days. We have been very busy at school this year as we have important examinations next year. Most days I have had two or three hours of homework. I have not had much time to relax, but I have managed to play football for my school team once a week. My parents have promised to take me and my brother on holiday, but they have not decided where to go yet. I hope that you have had a good year at school too. Please write to me and tell me what you have done.

Your English friend,

Rob

- Rob has written to Sami to ask him about school in Saudi Arabia.
- 2 Rob's school has closed for the holidays.
- 3 He has not had much free time this year.
- 4 He has not been able to play sports regularly.
- 5 Rob has travelled to another part of England with his parents.

#### GRAMMAR Read the e-mail. Find six verbs in the present perfect tense and six verbs In the past tense. Write the verbs in your notebook.

т 🗖	F 🗋
т 🗹	F 🗌
Т	F 🗌
ТП	F D
Т	F 🚺

So have I.

www	~~~
Present perfect	
I have completed	
	diama to a

#### G SREAKING Work In pairs. Say sentences with so or neither. 🚨

- 1 Rob has not had much free time this year.
- 2 Rob's school has closed for the holidays.
- 3 Rob does not know where he will go on holiday.
- 4 He hopes to relax during his holidays.
- 5 He worked very hard at school this year.
- 6 He enjoys sports very much.

Rob has had a lot of work this year.



### F:

**Present perfect:** 

Our school term has finished, I have been (on holiday), We have been (very busy), I have had, I have not had, I have managed, My parents have promised, they have not decided, you have had, you have done Past simple:

gave.

### **G:**

- **1-Neither have I.**
- 2-So has mine.
- **3-Neither do I.**
- 4- So do I.
- 5-So did I.
- 6- So do I.