

SuperGoal Book 5 Unit 1: Lifestyles

Vocabulary

Question type: Matching Questions

Match a term in Column 1 with a description in Column 2.

<i>Column 1</i>	<i>Column 2</i>
1. Ann is addicted to shopping.	A. She never eats meat.
2. Barbara is a vegetarian.	B. She rarely sleeps in.
3. Jen doesn't like to sleep a lot.	C. He is online 5 hours a day.
4. Jon is an Internet addict.	D. He usually works 7 days a week.
5. Steve likes to work out.	E. She shops all the time.
6. Max is devoted to his job.	F. He frequently goes to the gym.

Grammar

Question Type: Short Answer

Read the short answer. Complete or write the question.

7. **Karl:** How much time _____ ?

Michael: I spend half an hour in the library.

8. **Nura:** How long _____ ?

Fatima: I spend fifteen minutes getting ready for school.

9. **Paul:** _____ ?

Ryan: No. I never play video games.

10. **Amy:** _____ ?

Maha: I rarely go shopping.

Question type: Fill in the blank.

Write a sentence to answer the question. Use the words in parentheses.

11. How long do you spend watching TV every day? (one hour)

12. How much time do you spend on homework every week? (eight hours)

13. Do you drink coffee? (occasionally)

14. How often do you check your email? (twenty times a day)

15. Do you work out? (three times a week)

Reading

Question type: Multiple Choice

Read the text and answer the questions. Choose the best answer to each question.

Internet Addiction Disorder

Most people like to use the Internet. They use it to check email, chat with friends, shop, and find information. But, some people use the Internet too much. They become addicted to it. They spend so much time online that they don't do their homework and chores, and they stop spending time with their friends and family.

Are you Addicted to the Internet?

Answer these questions about your online habits.

1. Do you have more friends in real life or online?
2. How many hours a day do you spend online?
3. How do you feel when you can't connect to the Internet?
4. Do you spend so much time online that you don't do your work or school work?
5. Do you lose sleep because you are on the Internet late at night?
6. Do your friends and family complain about the amount of time you spend online?

Think about your answers. Do you think you spend too much time online? If so, try turning the computer off and spending more time in the real world. It is important to balance the time you spend on the computer with the time you spend enjoying other things in your life.

16. Internet addicts are _____.

- A. sometimes online
- B. hardly ever online
- C. online once in a while
- D. online almost all the time

17. You should balance the time you spend online with the time _____.

- A. you spend on the phone
- B. you spend sleeping
- C. you spend on other things in your life
- D. you spend exercising

18. Internet addicts often _____ because they are online.

- A. make friends
- B. lose sleep
- C. do chores
- D. complain about their families

19. Internet addicts feel _____ when they can't connect to the Internet.

- A. upset
- B. happy
- C. surprised
- D. tired

20. Internet addicts spend most of their time with _____.

- A. real friends
- B. online friends
- C. school friends
- D. work friends

Listening

Question type: True/False

Listen to the text and answer the questions. Write T or F at the end of each question/statement.

[AUDIO, SuperGoal 5, Unit 1, **Cell Phone Obsession**, Track 7]

21. The text mentions more negative aspects of cell phones than positive ones.

22. Many young people spend less than an hour a day on a cell phone.

23. Young people spend an equal amount of time on homework and talking on cell phones.

24. It is easy for young people to become addicted to cell phones.

Form, Meaning and Function

Question type: Fill in the blank.

Rewrite the sentence. Use a pronoun and the word in parentheses.

25. Ali and Mohammed play football. (both)

26. Ali and Mohammed don't eat junk food. (neither)

27. Maha, Nura, and Amira love shopping. (all)

28. Maha, Nura, and Amira can't save their money. (none)
