#### Kingdom of Saudi Arabia Ministry of Education English Department Mega Goal 1 Time : 3 Hours



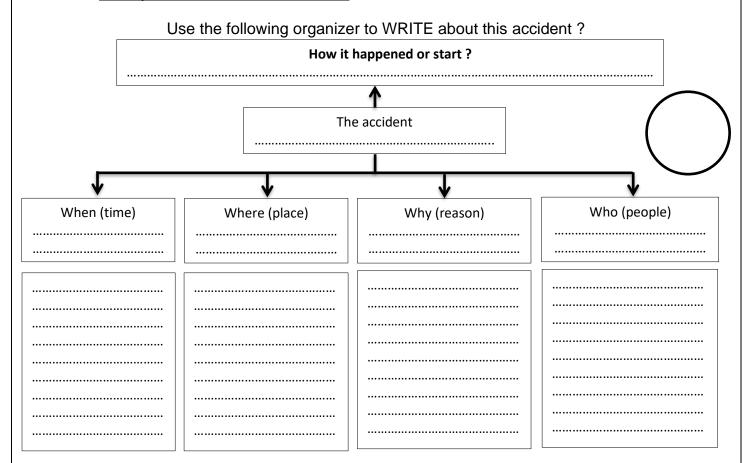
اسئلة اختبار تحريري مادة اللغة الانجليزية المرحلة الثانوية الصف الاول ثانوي الفصل الدراسي الاول

السجل الأكاديمي:		اسم الطالب:
عدد الأوراق : ٤	التاريخ :	اليوم :

Checked by	Revised by	Graded by	In letters	In figures	Mark points	Question
					7	Guided
					•	Composition
					5	Free
					Ŭ	Composition
					10	Reading
					10	Comprehension
					8	Grammar
					Ŭ	
					8	Vocabulary
					Ŭ	
					6	Listening
					J	Comprehension
					44	Total

#### **Q1. Guided Composition**

Have you ever seen an accidents ?



JRN THE PAGE

#### **<u>Q2. Free Composition</u>**

Write about yourself and your dream job or about your friends!

## **Q3.** Comprehension

### Read the following passage and answer the questions below.

It's easier than you think to start eating healthy ! Take small steps each week to improve your nutrition and move toward a healthier you.

Small changes can make a big difference to your health. Try incorporating at least six of the eight goals below into your diet. Commit to incorporating one new healthy eating goal each week over the next six weeks.

Make half your plate fruits and vegetables. Switch to fat-free or low-fat (1%) milk. Make half the grains you eat whole grains. Choose a variety of lean protein foods. Compare sodium in foods. Drink water instead of sugary drinks. Eat some seafood. Cut back on solid fats.

Bring healthy snacks into your school for parties and celebrations, instead of providing sugary treats. When cooking, keep in mind to keep yourself safe from food poisoning. Wash hands, utensils, and cutting boards before and after contact with raw meat, poultry, seafood, and eggs.

#### 1- How to start eating healthy foods ?

2- What should you do when you want to cook ?			
3- Is a small change can make a big difference ?	$\bigcap$		
<u>4- Complete:</u> 1- Make half your plateandand 2- drink water instead of	$\bigcirc$		
5- Put (T) OR (F): 1- Compare sodium in foods. () 2- Eat some junk food. ()			
6- Find out advice:			
7- Find the opposite : Unhealthy #	TURN THE PAGE		

### **<u>Q4. Grammar</u>**

## A/ Choose:

- 1- They are (live lives living) in Australia.
- 2- They ( has have ) spoken in public for 3 years.
- 3- I am going to be a ( sleep sleeping ) by midnight.
- 4- Once a week, The house ( was are is ) cleaned by tom.
- 5- Amal cut ( himself herself ourselves ) .
- 6- He ( take up put off- gave up ) smoking for health reasons.
- 7- She should (visited visit visiting) her mother.
- 8- The silver ring is the (small smaller smallest) in this shop.

## **B/ Correct:**

1- They hasn't lived in a city. ..... 2- She had better changing her diet. 3- I'm good in cooking japanes food. 4- Sally is as tall July .....

# C/Write a sentence using shouldn't :

# D/ Choose the correct one :

- 1- I'm a good student.

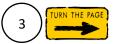
A - So am I. B - Neither am I.

## E/ Answer:

Will she read a novel ?

# F/ Cohange into passive:

1- Someone has stolen my purse.



A/ Match:	<u>Q5. \</u>	Vocabulary	
Camera man	Car accident	poverty	Flying alarm
helmet	Natural disasters	suitcase	Intelligent home

# B/ Match:

Α	В
1. to establish	( ) used to surprising information
2. in fact, you see	( ) used to event was positive
3. certainly	( ) not totally sure
4. I guess	( ) used to say yes
5. what are you up to?	( ) to set up , start
6. luckily	( ) what are you up to?
7. feeling down	( ) used to make a statement strong
8. to be honest	( ) feeling depressed

