

Health is Wealth



bear	دب	snack	وجبة خفيفة
everyone	كل واحد	spend	يقضي
judo	رياضة الجودو	spent	قضى
cycling	ركوب الدراجة	pajamas	بيجاما
favourite	مفضل	relax	يسترخي
keep fit	يبقى رشيق	relaxed	استرخى
exercise	يتدرب	deep	عميق
trip	رحلة	fresh air	هواء نقي
stadium	استاد	comb	يمشط
his highness	سموه	clip	يقص
Amir	الامير	clipped	قص
seat	مقعد	nail	ظفر
mostly	على الاغلب	pyramid	هرم
match	مباراة	fat	سمين
event	حدث	dairy	مصنوع من البن
phone	يتصل تليفونيا	grain	حبة
phoned	اتصل تليفونيا	cereals	حبوب
useful	مفيد	golf	لعبة القلف
lifestyle	أسلوب حياة	hockey	لعبة الهوكي
habit	عادة		



يتعلم الطالب أسلوب تعبيرات التحية:

Good morning	صباح الخير
Good afternoon	تحية بعد الظهر
Good evening	مساء الخير
Good night	تصبح علي خير
Good bye	مع السلامة
Good luck	حظ سعيد
How are you	كيف حالك
I am fine, thank you	انا بخير شكرا
Nice to meet you.	مسرور بلقائك
Welcome/ Hello	مرحبا

يضاف للفعل ing بعد كلمة like :

I like swimming.

She like reading.

We like playing football.

Choose:

1- I like fish and rice.

a- eat

b- eats

c- eating

2- My sister likes..... stories.

a- read

b- reading

c- reads

3- My dad and mum likeon the beach.

a- walking

b- walked

c- walks

تصريفات الأفعال

Conjugations of verbs

أفعال منتظمة

الأفعال المنتظمة: هي الأفعال التي يضاف إليها (ed) عند تحويلها للماضي.

المعنى	1- مضارع	2- ماضي
يصلي	pray	prayed
يلعب	play	played
يعيش	live	lived
ينظر	look	looked
يحب	like	liked
يقيس	try on	Tried on

أفعال غير منتظمة

الأفعال الشاذة: هي الأفعال التي لا يضاف إليها (ed) عند تحويلها للماضي.

يقابل	meet	met
يقول	tell	told
يجد	find	found
يبيع	sell	sold
يسبح	swim	swam
يأتي	come	came
يشترى	buy	bought
يذهب	go	went
يصنع	make	made
يكتب	write	wrote
يملك	have/has	had
أكون/يكون	am/is	was
يكونوا	are	were

Present Simple | المضارع البسيط

○ يتكون المضارع البسيط من التصريف الأول:

I You We They	play	with a ball every day.
He (Ali) She (Huda) It (Cat)	plays	

○ نضيف للفعل (s) اذا جاء بعد (he – she – it) او أي اسم مفرد:

- Ali usually prays in the mosque.
- Haya always helps her mum.
- This shop sells necklaces.

○ يأتي المضارع البسيط مع:

every....	كل	always	دائما
usually	عادة	sometimes	احيانا

Choose the correct verb:

- 1- Hani sometimes (play – played – plays) tennis.
- 2- I (eat – ate – eats) meat every day.
- 3- She (live – lives – living) in Kuwait City.
- 4- We (read – reading – reads) English at school.

Past Simple الماضي البسيط

○ يتكون الماضي البسيط من التصريف الثاني:

- I visited my uncle yesterday.
- We met Sara last week.

○ يأتي الماضي البسيط مع:

yesterday	أمس	Last..... الماضي
ago	منذ	In the past	في الماضي

Choose the correct answer:

- 1- Yesterday, Salma (visit – visited – visits) Nora.
- 2- We (buy – bought – buys) a new villa last week.
- 3- Salem (swim – swam – swimming) in the sea yesterday.
- 4- Mum (made – make – makes) a cake last night.
- 5- I (went – go – goes) to the zoo last Friday.

Possessive
adjectives

صفات
الملكية



pens

I	My pens	أقلامي
You	Your pens	أقلامك
He	His pens	أقلامه
She	Her pens	أقلامها
We	Our pens	أقلامنا
They	Their pens	أقلامهم

Choose the correct answer:

- Ali has a brother. name is Fahd.
a. Her b. His c. Our
- They have a car. car is new.
a. Our b. Their c. My
- I also have a car. car is black.
a. His b. Her c. My
- My friend has a new house. house is beautiful.
a. Her b. His c. My
- We are having a party. party is on Thursday.
a. He b. She c. Our

Future	المستقبل
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يتعرف الطالب على المستقبل الذي يتكون من:

I	am	الفعل بدون اضافة + going to
He / She / It (اسم مفرد)	is	
You / we/ They	are	

I am **going to** play football next Friday.

He is **going to** watch a film tonight.

We are **going to** visit London in the future.

* يأتي المستقبل مع:

tomorrow	غدا	next..... القادم
tonight	الليلة	in the future	في المستقبل

Choose:

1. I am (go – will go – going) to go to the club **tomorrow**.
2. Amal is (go – going – goes) to travel to Bahrain **next** month.
3. The boys **are going** to go shopping (yesterday – tonight – now).
4. Ali (is going – go – goes) to meet his uncle **tomorrow**.
5. My mother is going to (make – makes – making) a cake **tonight**.

Exercises	تدريبات
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I- Reading Comprehension**Read the following passage and answer the questions:**

Fahad is ten years old. He's in grade four. He has two sisters and one brother. He likes playing football after school. He goes to the gym on Monday. He goes with his friend Sami. **They** eat healthy food to keep fit. They met Brainy at the Gym. Brainy is a funny bear.

A) Choose the correct answer from a, b, c and d:

- 1- **They** refers to
- a) Fahad b) Sami c) Sami and Fahad d) Mum
- 2- Fahad goes to the gym on.....
- a) Monday b) Wednesday c) Sunday d) Tuesday
- 3- Brainy is a
- c) lion d) parrot a) Monday b) bear

B) Answer the following questions:

4- What does Fahad like doing after school?

.....

5- How many sisters and brothers does Fahad have?

.....

II- language Form & MeaningII- Vocabulary

Choose the correct answer from a, b and c:

1- The is my favourite animal.

- a- judo b- bear c- trip d- hockey

2- I always go to the..... to watch football matches.

- a- golf b- habit c- stadium d- pyramid

3- My mother always me when she is out.

- a- phones b- spends c- clips d- combs

4- Kuwait Towers are my..... place.

- a- fat b- useful c- deep d- favourite

5- your nails weekly.

- a- Clip b- phone c- comb d- relax

6- Walking in the is good for health.

- a- cereals b- fresh air c- grain d- pajamas

7- My mum asks me to my hair before going to school.

- a- comb b- exercise c- clip d- relax

8- My sister eats a between meals

- a- bear b- snack c- event d- seat

9- My friend fell because he sat on a broken.....

- a- hockey b- golf c- snack d- seat

10- His Highness Amir Sobah opened Jaber Al-Ahmad

- a- Trip b- Event c- Stadium d- Lifestyle

B) Grammar

Choose the correct answer from a, b and c:

1- My father and I liketo the stadium.

- a- go
- b- goes
- c- went
- d- going

2- Yesterday, wein the swimming pool.

- a- swims
- b- swam
- c- swimming
- d- swam

3- I alwaysin the mosque.

- a- pray
- b- prays
- c- prayed
- d- praying

4- We areto have a party next Thursday.

- a- going
- b- going
- c- will go
- d- go

5- Huda bought a new dress. dress is red.

- a- She
- b- His
- c- Her
- d- He

III- Writing

Write a short paragraph of (4 sentences) with the help of pictures and guide words about (Sports Day)



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(favourite – sport – tennis) (club – every Sunday) (go – friends)

.....

.....

.....

.....

.....

A Family Celebration



aunt	عمة / خالة	college	كلية
blessed	سعيد	chubby	لحيم - سمين
born	مولود	delicious	لذيذ
hold	يمسك	grandparents	أجداد
held	مسك	husband	زوج
take turn	يأخذ الدور	wife	زوجة
took turn	اخذ الدور	niece	ابنة اخ / اخت
pretty	جذاب	nephew	ابن اخ / اخت
socks	جوارب	lamb	لحم الخروف
cot	سرير الطفل	smart	انيق / ذكي
earnings	حلق	tired	تعبان
blanket	بطنية	traditional	تقليدي
thin	نحيف	holly	شجرة الإيلكس
put on	يرتدي	gulf	خليج
clever	ذكي	during	أثناء
wavy	موج	roam	يتجول
ponytail	ذيل حصان	roamed	تجول
famous	مشهور	knock on	يطرق
writer	كاتب	knocked on	طرق
slim	نحيل	special	خاص
blond	أشقر	candy	حلوى
curly	مجعد	coin	عملة معدنية
oval	بيضاوي		



To Be يكون

(be): am – is – are) يكون (مضارع)

I	He	She	It	You	We	They
أنا	هو	هي	غير العاقل	أنت / أنتم	نحن	هم
am	is	is	is	are	are	are
	مفرد			جمع		

(be): was / were كان (ماضي)

I	He	She	It	You	We	They
أنا	هو	هي	غير العاقل	أنت / أنتم	نحن	هم
was	was	was	was	were	were	were
	مفرد			جمع		

Choose:

- 1- Huda (is – was – were) happy yesterday.
2. Ahmed (is – are - were) my brother.
3. Mum and dad (is - was - are) reading now.
4. Salim (was – were – is) born in 1990
5. When (are – were – was) you born?
6. Mrs. Eman (is – are - am) a good teacher.

يستخدم الطالب الفعل (Can) عند الطلب:

= Can I come to the celebration, please?

= Yes, You can.

= No, you can't.

Adjectives الصفات

1- صفات قصيرة:

big x small

thin x fat

short x tall

* Ali is tall.

** Ali is **taller than** Salim.

*** Ali is **the tallest** boy.

* عند وصف شخص تأتي بالصفة كما هي.

** عند المقارنة بين اثنين تأتي بـ er than بعد الصفة.

*** عند تفضيل واحد على مجموعة تأتي بـ the قبل الصفة و est بعدها.

~~~~~

### **Choose:**

1. Osama is (tall – taller – tallest).
2. Salah is (fat – fatter – fattest) than Sami.
3. English is the (easy – easier – easiest) subject.
4. Ali is the (good – better – best) boy.
- 5- Fatema is (good – better – best) than Huda.
6. Rawan is (tall – taller – tallest) than Heba.
7. Ahmed is (short – shorter – shortest) than Salem.

يستخدم الطالب (s) للملكية حيث تعبر على ان الكلمة التي بعده ملك الشخص الذي قبلها:

## للملكية 's



Huda's book كتاب هدى

Ahmed's pen قلم أحمد

## Pronouns الضمائر

ضمائر فاعل: هي التي تبدأ بها الجملة وتأتي قبل الفعل.

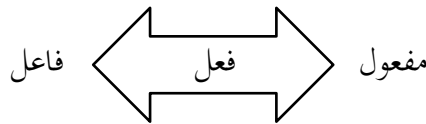
Huda saw Ahmed yesterday.

She saw Ahmed yesterday.

ضمائر المفعول تأتي بعد الفعل.

I saw Ahmed yesterday.

I saw him yesterday.



| ضمائر فاعل | ضمائر مفعول |
|------------|-------------|
| I          | me          |
| you        | you         |
| he         | him         |
| she        | her         |
| it         | it          |
| they       | them        |
| we         | us          |

|           |         |
|-----------|---------|
| Exercises | تدريبات |
|-----------|---------|

**I- Reading Comprehension****Read the following passage and answer the questions:**

Huda is ten years old. She has a new baby sister. Her name is Sara. **She** was born on September 10<sup>th</sup>. She is four weeks old now. Sara is very pretty. Her sister Huda will give her a new blanket and a dress. They live in a big house in Kuwait City. Huda likes playing basketball with her friend Maha.

**a) Choose the correct answer from a, b, c & d:**

- 1) Huda likes playing ..... with her friend.
- |             |                 |
|-------------|-----------------|
| a) football | b) basketball   |
| c) swimming | d) table tennis |
- 2) The word "she " in line 2 refers to .....
- |         |                  |
|---------|------------------|
| a) Huda | b) new baby Sara |
| c) Maha | d) Haya          |

**b) Answer the following questions:**

- 3) How old is Huda?  
.....
- 4) What will Huda give her sister?  
.....

II- language Form & MeaningII- VocabularyChoose the correct answer from a, b, c and d:

1- ..... Huda is good at cooking.

- a- Husband                      b- Nephew                      c- Candy                      d- Aunt

2- Haya likes eating.....

- a- coin                              b- candy                              c- holly                              d- wife

3- I was..... in Kuwait in 2008.

- a- blond                              b- roamed                              c- born                              d- blessed

4- My dad gave me..... present.

- a- special                              b- famous                              c- chubby                              d- tired

5- We always eat ..... and rice for lunch.

- a- coin                              b- lamb                              c- blanket                              d- nephew

6- Salma is my pretty.....

- a- nephew                              b- niece                              c- husband                              d- cot

7- Ali can't run because he is .....

- a- pretty                              b- blond                              c- delicious                              d- chubby

8- I enjoy eating my mother's food. It's .....

- a- delicious                              b- thin                              c- wavy                              d- oval

9- You should ..... on the door before we enter the house.

- a- hold                              b- knock                              c- take                              d- turn

10- She can't comb her hair because it is .....

- a- curly                              b- oval                              c- blessed                              d- clever



**B) Grammar**

**Choose the correct answer from a, b, c and d:**

1- Mona .....in the market yesterday.

- a- roam
- b- roamed
- c- roams
- d- roaming

2- My grandparents ..... last night

- a- was
- b- were
- c- is
- d- are

3- I am.....cartoons tonight.

- a- watch
- b- watches
- c- watched
- d- going to watch

4- .....is a doctor.

- a- Lily father
- b- Lily’s father
- c- Lilyis’ father
- d- Lilys father

5- Can I have your pen, please? Yes, you.....

- a- could
- b- will
- c- can
- d- are

**III- Writing**

**Write a paragraph of (4 sentences) about your day:**

|                                                                                     |                                                                                     |                                                                                      |                                                                                       |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
|  |  |  |  |
| get up - early                                                                      | I - breakfast                                                                       | go - park                                                                            | play - friends                                                                        |

.....

.....

.....

.....

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.....

## Animal Kingdom



|               |            |             |              |
|---------------|------------|-------------|--------------|
| dance         | ترقص       | spot        | بقعة         |
| danced        | رقصت       | butterfly   | فراشة        |
| way           | طريق       | strong      | قوي          |
| wing          | جناح       | hear        | يسمع         |
| hive          | خلية النحل | heard       | سمع          |
| honeycomb     | شمع العسل  | taste       | يتذوق        |
| Fill / filled | يمأ / مأل  | tasted      | تذوق         |
| beekeeper     | مربي النحل | Life cycle  | دورة الحياة  |
| sting         | يلسع       | stage       | مرحلة        |
| amazing       | مدهش       | caterpillar | يرقة الفراشة |
| insect        | حشرة       | chrysalis   | شرنقة        |
| except        | ماعدا      | adult       | بالغ         |
| ladybird      | دعسوقة     | spider      | عنكبوت       |
| colourful     | ملون       | abdomen     | بطن          |

|         |            |            |            |
|---------|------------|------------|------------|
| die     | يموت       | speedy     | سريع       |
| wildcat | قطعة برية  | runner     | عداء       |
| lizard  | سحلية      | sense      | احساس      |
| rock    | صخرة       | hearing    | حاسة السمع |
| hide    | يختبئ      | smelling   | حاسة الشم  |
| hid     | اختبأ      | hunt       | يصيد       |
| change  | يتغير      | hunted     | صاد        |
| changed | تغير       | dangerous  | خطير       |
| move    | يتحرك      | heavy      | ثقيل       |
| seagull | نورس البحر | light      | خفيف       |
| cheetah | الفهد      | kilometre  | كيلومتر    |
| Africa  | افريقيا    | kilogram   | كيلوجرام   |
| body    | جسم        | centimetre | سنتيمتر    |
| spotted | مبقع       | Per hour   | في الساعة  |



لترتيب الاحداث يستخدم الطالب المضارع البسيط مع كلمات التتابع:

**First,..... Then, ..... Next ..... And finally**

|                     |   |         |
|---------------------|---|---------|
| <b>First,</b>       |   | أولا    |
| <b>Then,</b>        | ↓ | ثم      |
| <b>Next,</b>        | ↓ | بعد ذلك |
| <b>And finally,</b> | ↓ | وأخيرا  |

**First**, I get up early. **Then**, I pray and have my breakfast. **Next**, I go to school and study. **And finally**, I go back home.

**Present Continuous**

المضارع المستمر

يتكون المضارع المستمر من:

|                          |            |                     |
|--------------------------|------------|---------------------|
| I                        | <b>am</b>  |                     |
| He / She / It (اسم مفرد) | <b>is</b>  | <b>+ verb + ing</b> |
| You / We / They          | <b>are</b> |                     |

I am reading English now.

Look, he is watching TV.

Listen, they are playing music.

○ يدل المضارع المستمر على شيء يحدث الآن ويأتي مع:

|      |      |               |               |
|------|------|---------------|---------------|
| now  | الآن | listen        | استمع         |
| look | أنظر | at the moment | في هذه اللحظة |

### Choose:

1. Now, we (am – is – are – was) eating our lunch.
2. Look, they are (run – runs – running – ran) quickly.
3. Listen, Huda (speaks – speak – is speaking – are speaking) English.
4. What are you (do – does – did – doing) now?
5. Look, they (is – am – are – were) watching TV.

## Exercises | تدريبات

### I- Reading Comprehension

Read the following passage carefully then answer the questions below:

I like honey very much. It is useful for health. Bees make honey. First, they fly from flower to flower. Then, **they** fly to the hive. There is honeycomb in the hive. Next, the bees make honey in the hive. They fill the honeycomb with honey. Finally, the beekeeper collects honey from the hive. Honey is delicious.

Choose the correct answer from a, b, c or d:

- 1- The word (**they**) refers to .....
- a- bees                      b- beekeepers                      c- hives                      d- flowers
- 2- The word (hive) is the place where the.....
- a- bees eat honey      b- beekeeper lives                      c- bees fly                      d- bees live

Answer the following questions:

- 3- Who collects the honey?
- .....

- 4- What do bees fill the honeycomb with?
- .....

II- language Form & MeaningII- Vocabulary**Choose the correct answer from a, b and c:**

1- We .....on my mother's birthday.

- a- filled                      b- danced                      c- changed                      d- tasted

2- Birds use their.....to fly.

- a- wings                      b- hives                      c- abdomen                      d- body

3- Lizards .....colour to hide.

- a- move                      b- hide                      c- change                      d- die

4- Cheetahs are.....runners.

- a- speedy                      b- oval                      c- smart                      d- deep

5- The ant is a small.....

- a- wing                      b- insect                      c- rock                      d- hive

6- .....collects honey from the hive.

- a- Caterpillar                      b- Ladybird                      c- Beekeeper                      d- Cheetah

7- I saw a .....bird in the garden yesterday.

- a- blond                      b- oval                      c- famous                      d- spotted

8- My mother always .....the food during cooking

- a- hides                      b- tastes                      c- dies                      d- roams

9- This box is 50 kilograms. It's very.....

- a- dangerous                      b- speedy                      c- heavy                      d- tired

10- The .....lives near the sea.

- a- chrysalis                      b- wildcat                      c- lamb                      d- honeycomb

**B) Grammar**

**Choose the correct answer from a, b and c:**

1-..... , I get up early. Then I go to school.

- a- First
- b- Next
- c- After that
- d- Finally

2- She always..... her mother.

- a- help
- b- helps
- c- helped
- d- helping

3- I ..... my homework now.

- a- write
- b- is writing
- c- am writing
- d- are writing

4- The dog is..... than the cat.

- a- big
- b- bigger
- c- biggest
- d- the biggest

5- The desert is the..... place.

- a- hot
- b- hotter
- c- hotter than
- d- hottest

**III- Writing**

**Write 4 sentences about the (Cheetah) using the following picture and the guide words:**

fastest – animal / lives – Africa /

long legs – strong / dangerous



**Cheetah**

.....

.....

.....

.....

.....

.....