

Grade (8) Unit (1)

Vocabulary

A-Choose the correct word from a, b, c and d:

- 1-.....is running very fast over a short distance.
a) Obesity b) Session c) Resistance d) Sprinting
- 2-It is a big for children to travel alone.
a) risk b) amount c) regimen d) session
- 3-My father.....to give me special gift when I pass the exam.
a) cooled down b) promised c) lacked d) gained
- 4- Sportsmen warm -up well before starting their exercise
a) arrow b) session c) resistance d) obesity

B-Fill in the spaces with words from the list:

(lack – amounts – cool down – regimen – risk)

- 1- Eating high of food leads to many health problems.
- 2- You should have an exercise as part of your daily routine.
- 3- Always be calm andif you face any problem.
- 4- If you don't have eggs or milk in your food, you mayvitamin D.

Grammar

A-Choose the correct answer:

..... (Doing – Does – Do) any physical activity is really important for health. My sister always(go – goes – went) with me to the gym. She..... (have – will have – had) some duties tomorrow. So, she (is preparing – prepared – prepares) herself now. But I will take her with me if she wants to(coming – come – comes)

B- Do as shown between brackets:

- 1-The young boy crosses the road fast. (Make negative)
.....
- 2- They make noise in the class. (Make negative)
.....
- 3- I always stay up late at night. (Make negative)
.....
- 4- My teachers are shouting now. (Make negative)
.....
- 5- Mona travels abroad every summer. (Ask a question)
.....
- 6- We go to Dubai for shopping every year. (Ask a question)
.....

Reading Comprehension

Read the following passage then answer the questions below:

In England, many parents think that it is important to teach their children how to swim. They think swimming makes them more respected and stronger among their friends. They usually take them to public swimming pools or sports clubs on holidays.

One often sees that parents are always anxious about this issue. They are trying to force their **frightened** children to swim. I believe that pushing the little child to water can be a big mistake. As I see, parents commit another mistake which is to give children a rubber ring or wings to help them. When a child uses these things, he / she has a feeling that swimming is a hard task to do. This makes the child think it is dangerous to get his/her head under water.

When my children were young, we usually spent the weekends in mountains where there was a circular water tank. It was about two metres deep. I let **them** swim there. I never gave them rubber rings or water wings while they were in water. My eldest son began to jump into the tank. Soon, his brother and sister got used to water.

A-Choose the correct answer from a, b, c and d:

1-What is the best title for this passage?

a-London pools

b-Swimming in Englan

c-How you swim

d-Mistakes while swimming

2-The underlined word "**them**" in the 3rd paragraph refers to:

a- parents

b- children

c- neighbours

d- friends

3- The underlined word "**frightened**" in the 2nd paragraph means:

a- strong

b- angry

c- afraid

d- upset

4- What is the purpose of the writer in this passage?

a-Children can swim in England.

b-Children should learn at their own speed.

c-Children must learn swimming quickly. d- Swimming is dangerous.

5- When do parents usually take their children to public swimming pools?

a- on holidays.

B-at the weekends

c-in Summer

d-on Fridays

6-According to the passage, all the following statements are **NOT TRUE** except:

a-It is recommended to give children rubber rings to swim.

b-It is frightening to swim with water wings.

c- Swimming makes children nervous with the others in England.

d-Pushing children to swim is a big mistake.

B- Answer the following questions:

7- What do parents do to teach their children how to swim?

.....

8-How can you learn swimming in a good way?

.....

Composition

"We all have our own preferences of a sport over the others."

Plan and Write a composition of two paragraphs (not less than 10 sentences) about a sport which is interesting for people to practise explaining the **benefits of this sport** and **how it is played**.

* Your writing should include a topic sentence, supporting details and a conclusion.

Grade (8) Unit (2)

Vocabulary

A-Choose the correct word from a, b, c and d:

- 1-Charity and organisations are built for helping the needy every where.
a) native b) voluntary c) capable d) adquate
- 2-It needs a great effort to your goals.
a) inspire b) achieve c) provide d) lead
- 3-....., news travels so fast due to modern technology and mass media.
a) Incredibly b) Extremely c) Recently d) Frequently
- 4- Theof bacteria and viruses can spread so fast among children.
a) barrier b) carven c) theme d) infection

B-Fill in the spaces with words from the list:

(leads – determination –improve – overcome – sight)

- 5-A strong will andhelp you to fullfill your dreams.
- 6-Sara needs to take a course to her English.
- 7-Waching TV for a long time to health problems.
- 8-It took her a long time toall the difficulties that she had faced.

Grammar

A-Choose the correct answer:

I (has done – have done – had done) my homework. I tried to finish it fast
.....(too – in order to – so that) I could go to the beach with my family. It was a good
chance for all of us (to get – getting – gets) together.

B- Do as shown between brackets:

- 1-Hani has travelled abroad. (Make negative)
.....
- 2- No, I have never been to London. (Ask a question)
.....
- 3-This is the most interesting story I (ever read). (Correct the verb)
.....

Writing

"The physically challenged can do miracles in spite of their disabilities."

Plan and write a composition of **two** paragraphs (**not less than 10 sentences**) about "The disabled" explaining **the challenges that they may face and how we can help them.**

*Your writing should include a topic sentence, supporting details and a conclusion.

Read the following passage, then answer the questions below:

It is known that fasting helps **eliminate** or neutralize toxins through the colon, liver, kidneys, lungs and skin. It leads to the cleaning of the whole body. The healing process can be noticed clearly in the body during a fast. Besides, dangerous diseases such as cancer do not have the full support of the body's supplies when fasting.

A) Choose the correct answer from a, b, c and d:

- B) Answer the following questions:**

- ### 8- Why is fasting important for the community?

Grade (8) Unit (3)

Vocabulary

A-Choose the correct word from a, b, c and d:

- 1-Ali is now after firing him from the company.
a) separete b) stingy c) furious d) jobless
- 2-They will many new graduates in our school this year.
a) employ b) float c) inhale d) inspire
- 3-They set the courts to achieve among people.
a) trap b) justice c) crowd d) package
- 4- Dana is tired, let me do the washing of her
a) unfairly b) instead of c) incredibly d-recently

B-Fill in the spaces with words from the list:

(gravity – casual –specialised – stingy – wage)

- 5-I like wearing clothes as they are more comfortable.
- 6-Everything is floating in the space because of the zero
- 7-Dr. Salim is in Biology.
- 8-He saves all histo buy a new car.

Grammar

A-Choose the correct answer:

I am (too – as– to) happy to see my old friend. We haven't seen each other (since – for – yet) a long time. But we promised to keep in touch (so that – in order to – to) we could remember our old memories and have fun.

B- Do as shown between brackets:

1-Sara has just finished her duty. (Make negative)

.....

2- I have lived in Kuwait for ten years. (Ask a question)

.....

3-Ghadeer is very clever. She helps all the other students. (Use: too to...)

.....

Writing

"Travelling into space is a dream of all people of different ages." **Plan and write** a composition of two paragraphs (not less than 10 sentences) about "life in space" explaining **the way astrononauts live in space and how it is like camping.**

*Your writing should include a topic sentence, supporting details and a conclusion

Reading Comprehension

Read the following passage then answer the questions below:

No wonder that salt has many uses in our life. It is added to food, pickle and fish. It is also used to preserve some types of food. Despite the bad side effects of adding too much salt in some dishes, still many people like it. But have you ever asked yourself about the time and place where it was first discovered and used?

In fact, we don't know when man first began to use salt, but we know that it has been used in many different ways throughout the history. People who lived over 3000 years ago ate salted fish. Thousands of years ago in Egypt, salt was used to **embalm** the dead.

In the 18th century, if a person was caught stealing salt, he could be put in jail. About 150 years ago, stealing salt was considered a crime. The criminal's ear was cut off as a punishment. In the Roman Empire, one of the most important roads was the one that carried salt from the salt mines to Rome. Guards were kept along the route to protect it against **its** thieves.

In the early days in the USA, salt was scarce. So, the store-keeper was very careful with his salt. As he poured out salt for his customers, he did not like anyone to cross the floor of the store.

A) Choose the correct answer from a, b, c and d:

1-What is the best title of the passage?

- | | |
|---------------------------------|------------------------------|
| a) The Bad Sides of Salt. | b) The Guards of Salt |
| c) The Uses and History of Salt | d) Salt and Preserving Food. |

2- The underlined word "**embalm**" in the 2nd paragraph means:

- | | |
|--|-------------------------------------|
| a) preserve a dead body from decay. | b) put the dead body in the fridge. |
| c) support put or take on board a ship | d) burry the dead body. |

3- The underlined word "**its**" in the 4th paragraph refers to:

- | | | | |
|------------|-----------|-----------|-----------|
| a) route's | b) salt's | c) Rome's | d) mine's |
|------------|-----------|-----------|-----------|

4- In the past, stealing salt was considered:

- | | | | |
|------------|-------------|-------------|-----------------|
| a) a crime | b) a reward | c) a murder | d) a punishment |
|------------|-------------|-------------|-----------------|

5-What is the writer's purpose of the passage?

- | | |
|-------------------------------|--------------------------------------|
| a) Recommending salt for food | b) Showing the salt in Rome |
| c) Explaining stealing Salt | d) Focussing on salt through history |

6-According to the passage, all the following statements are **NOT TRUE** except:

- | | |
|-----------------------|------------------------------|
| a) salt is harmful. | b) salt has different shapes |
| b) thieves stole salt | d) salt was precious |

B) Answer the following questions:

7-Why is eating too much salt harmful?

.....

8-What is salt used for?

.....

Grade (8) Unit (4)

Vocabulary

A-Choose the correct word from a, b, c and d:

- 1-Heavy smokers should have strong will to this bad habit.
a) quit b) demote c) hire d) beg
- 2-Although he is one of the richest in our neighbourhood, he lives in a / anhouse.
a) astonished b) harsh c) compelled d) humble
- 3-Most of the passengers were badly injured with serious in the accident.
a) communities b) hardships c) generations d) wounds
- 4- While swimming, the duckswater.
a) dropped out b) disposed of c) tugged on d) plunged in

B-Fill in the spaces with words from the list:

(exceptionally – securely – hire – demote – begged)

- 5- He used to a small flat when he travelled to London.
- 6- After shouting at his little sister's face, hehis mother to forgive him.
- 7- The artist got an award because his drawings areamazing.
- 8- Tins shouldsealed to avoid any damage.

Grammar

A- Choose the correct answer:

Everything(were done – did – was done) perfectly at home yesterday. The food(cooked – were cooked – was cooked) by my mother. While my father.....(were reading – was reading – read) the newspaper, my sister entered the room. She(cleaned – was cleaning – were cleaning) the room when my little brother hit her with his toy car.

B-Change into passive:

- 1- They built some new buildings for us.
.....
- 2- Dr. Ali carried out many successful operations.
.....
- 3- My sister read a lot of stories last week.
.....

B-Do as shown between brackets:

- 1-We were visiting the USA. (Make negative)
.....
- 2-Ali was meeting his cousin in the mosque. (Ask a question)
.....

Reading Comprehension

Read the following passage then answer the questions below:

Have you ever heard the sound of a hummingbird? They make a buzzing noise when they fly. They make this noise because they beat their wings so fast. They fly in a unique way. They move their wings so fast that they can hover in the middle of the air, like a helicopter. Sometimes they hover upside down. They are the only birds that can fly backwards.

Hummingbirds are small. The bee hummingbird, which is a type of hummingbirds, is the smallest bird in the world. It is just a little bit bigger than a bee. Bee hummingbirds build tiny nests.

Hummingbirds move fast. It takes lots of energy to move as fast as they do. This means they need to eat a lot of food. They have to store enough food energy to survive through the night. Their favourite food is nectar, a sweet liquid found in some flowers. Hummingbirds don't use their long beaks for drinking nectar, they use their tongues. Their long tongues work like little pumps. They visit hundreds of flowers daily.

Hummingbirds help flowers too. They get pollen on their heads when they feed. Flowers use pollen to make seeds. Hummingbirds help pollen get from one flower to the next. This helps flowers make more seeds. More seeds means more flowers. More flowers means more food for hummingbirds. Isn't it nice how that works out?

A) Choose the correct answer from a, b, c and d:

1-Which best describes the main idea of the 3rd paragraph?

- a. Hummingbirds move faster than other birds.
- b. Hummingbirds like to visit different flowers.
- c. Hummingbirds need a lot of food to have energy.
- d. Hummingbirds like to eat nectar from different flowers.

2-The underlined word "hover" in the 1st paragraph means:

- a. to move very fast
- b. to fly upside down
- c. to make a buzzing noise
- d. to stay in one place in the air

3-The underlined word "Their" in the 3rd paragraph refers to:

- a. beaks
- b. flowers
- c. tongues
- d. hummingbirds

4-Why do flowers need pollen?

- a. Flowers eat pollen.
- b. Humming bird seat pollen.
- c. Flowers use pollen to make seeds.
- d. Pollen attracts bee hummingbirds.

5-All the following statements about hummingbirds are TRUE except:

- a. They can fly backwards.
- b. They eat the flower seeds.
- c. They grow larger than bees.
- d. They drink nectar using their tongues.

6-What is the author's purpose in writing this text?

- a. to tell us about the world's biggest bird
- b. to explain how birds drink nectar from flowers
- c. to give information about a unique and helpful bird
- d. to compare between the different types of hummingbirds

B) Answer the following questions:

7-Why do hummingbirds visit hundreds of flowers daily?

.....

8-When hummingbirds feed, they help flowers. How?

.....

Grammar

Choose the correct answer:

Coffee has been a favourite drink (**for** – since – ago) hundreds of years. It (discovered – **was discovered** – is discovered) in the 11th Century. Many people enjoy (drink – drank– **drinking**) it in the morning. This is because it contains

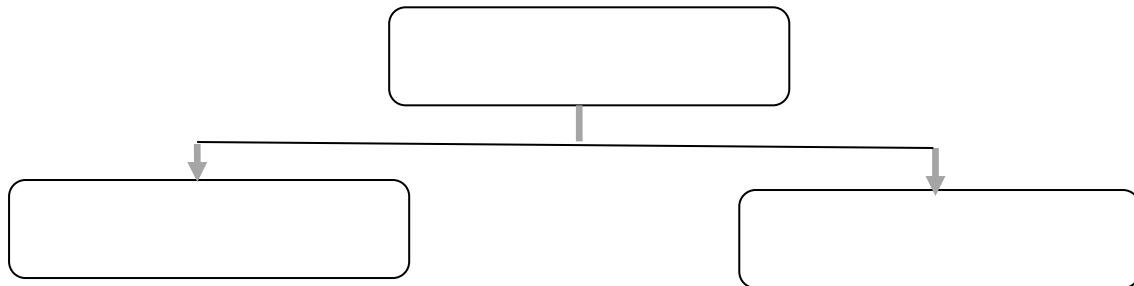
Writing

"Life in the past was different from life nowadays."

Plan and **write** a composition of two paragraphs (not less than 10 sentences) about **life** in the past and life nowadays.

*Your writing should include a topic sentence, supporting details and a conclusion

The Plan



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Grade (8) Unit (5)

Vocabulary

A-Choose the correct word from a, b, c and d:

- 1-It is comfortable to have a friendlyin your work place.
a) equator b) antiquity c) bargain d) atmosphere
- 2-Everybody hasfinger prints even the identical twins.
a) unique b) sightseeing c) impressive d) humble
- 3-Qatar will the next Olymbic Games.
a) house b) reflect c) quit d) hire
- 4- Glass making andare considered amazing handcrafts.
a) destination b) illusion c) exhibit d) sculpture

B-Fill in the spaces with words from the list:

(equator – pleasure – house – reflect – skill)

- 5- Mirrors the sun rays.
- 6- It was such a to attend your graduation party.
- 7- It is really hot and rainy in the
- 8- You need to join a course to improve your speaking

Grammar

A-Choose the correct answer:

It is known that winter is(colder – the coldest – cold) season. Spring is the (wonderful –more wonderful– most wonderful) one. The..... (beautiful –more beautiful – most beautiful) birds sing nicely and the flowers blossom in an amazing way. (Active – More active – Most active) people take the chance to do physical activities during spring time.

A-Choose the correct answer:

My father is (old-elder than-the eldest) one in his family. He always (invite- invites - invited) the family members to gather together in weekly meetings. During these meetings, he (discus-is discussing-discussed) the family issues. My father wants to..... (makes- making- make) the family always in touch with each other.

C-Choose the correct answer:

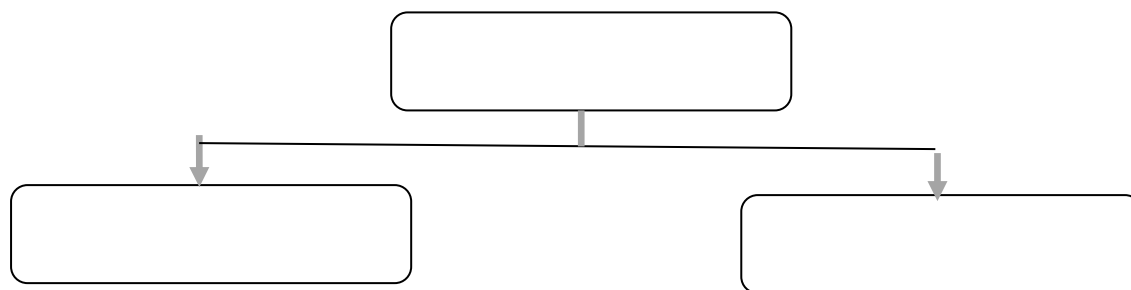
I(am chatting – chat – is chatting) with my friend now. He is telling me about the man who (is arrested- was arrested- were arrested) last night. While his parents..... (watch_ was watching _were watching) the film, they heard a noise. They looked from the window and saw a (young, tall, white – tall, young, white – white, tall, young) man

Writing

"A museum is considered one of the most interesting places that attracts people of different ages." **Plan** and **write** a composition of two paragraphs (not less than 10 sentences) about "Museums" explaining **the importance of building museums and the things that can be displayed there.**

*Your writing should include a topic sentence, supporting details and a conclusion

The Plan



Reading Comprehension

Read the following passage then answer the questions below:

Once, there were two little mice. One of the mice was a very hard worker. Every morning she would go outside and fill her basket with beans and nuts. If she was feeling sick, she would still gather food. The cousin of the hardworking mouse was the opposite. She slept half the day, played and ate her beans and nuts.

Soon she **realized** and became aware of the fact that she would not have any food left for the long winter. She went to her hardworking cousin and asked for food. "Why don't you have any food," the hardworking mouse asked. "I've been busy playing and sleeping", the lazy mouse said. "Well, here's a basket, stop being lazy and gather some food for yourself," said the hardworking mouse.

While the lazy mouse was gathering food, she came across a grasshopper playing happily in the fields. "Hey mouse," said the grasshopper. "Come and play with me instead of wasting your time gathering food!" "I only have a few days to collect food," said the lazy mouse. "You should be gathering **some** too." "Oh please," said the grasshopper. "I have plenty of grass, corn and leaves, I'd rather have fun." The lazy mouse said goodbye and continued to gather her own food.

A few weeks later, the lazy mouse came across the grasshopper looking very weak and hungry. "You should have thought of winter," said the lazy mouse. Then she went on her way feeling proud and happy.

A) Choose the correct answer from a, b, c and d:

1-Which of the following is the title for this story?

- | | |
|------------------------------|---------------------------|
| a. Having Fun | b. The Lazy Mice |
| c. Gathering Food for Winter | d. The Value of Hard Work |

2-What is the meaning of the underlined word "**realized**" in the 2nd paragraph?

- | | | | |
|-------------|--------------|---------------|----------------|
| a. went out | b. found out | c. looked out | d. dropped out |
|-------------|--------------|---------------|----------------|

3-The underlined word "**some**" in the 3rd paragraph refers to:

- | | | | |
|---------|---------|---------|-----------|
| a. food | b. days | c. time | d. fields |
|---------|---------|---------|-----------|

4-According to the story, mice eat:

- | | | | |
|---------|----------|----------|-----------|
| a. corn | b. grass | c. beans | d. leaves |
|---------|----------|----------|-----------|

5-According to the story, all the following statements are **NOT TRUE** except:

- a. The grasshopper was hardworking and active.
- b. The grasshopper taught the mouse a good lesson.
- c. The lazy mouse listened to her cousin's advice.
- d. The hardworking mouse gave the lazy one some food.

6-What lesson did the grasshopper learn in this story?

- | | |
|-------------------------------------|---|
| a. Winter comes fast. | b. Don't eat or play in summer. |
| c. Keep today's work till tomorrow. | d. Plan ahead and prepare for days of need. |

B) Answer the following questions:

7-Why did the grasshopper look very weak?

.....

8-What made the lazy mouse feel proud and happy at the end of the story?

.....

Grade (8) Unit (6)

Vocabulary

A-Choose the correct word from a, b, c and d:

- 1-The benefits of the mass media are
a) countless b) spectacular c) royal d) thrilled
- 2-To blood means you save people's life.
a) spoil b) conduct c) import d) donate
- 3- Many Holly Wood movie stars walk on the Redto get the Oscar.
a) Schedule b) Chandelier c) Luxury d) Carpet
- 4- the government has a great concern to the needy in our area.
a) Securely b) Actually c) Exceptionally d) Extremely

B-Fill in the spaces with words from the list:

(oval – spoil – pure – conduct – royal)

- 5- Giving too much money to the young children maythem.
- 6- South Africa is famous for its diamond.
- 7- The world still remembers the amazing wedding of Princess Diana.
- 8-Some houses have strange shapes and designs.

Grammar

A-Add a tag question:

- 1-You cleaned your bike,?
- 2-Ali played handball yesterday,?
- 3-Maha didn't do her homework last Monda,?
- 4-I saw her running yesterday noon,?

B- Choose the correct answer:

My sister is interested in collecting old things. She bought a
(green wooden beautiful - beautiful wooden green - beautiful green wooden) vase. She had
some (golden Chinese small –small Chinese golden – Chinese golden small)
coins . Her mother also has a/ an (black lovely American – lovely black American
–American lovely black) car.

C-Complete the sentences with the right order of the given adjectives:

1- My father bought a (grey /round/small) villa for us.

.....

2- Salma gave me a (wooden /beautiful/blue) box.

.....

3- I made a (green/ huge/delicious) salad.

.....

4- He is an / a (old / brave / Arabian) soldier.

.....

5- It is a / an (old / interesting / big) history book.

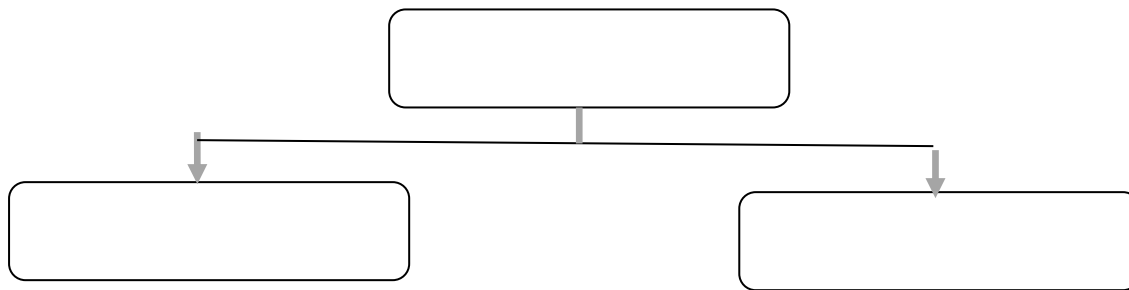
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Writing

"Kuwait has many impressive modern places ." Plan and write a composition of two paragraphs (not less than 10 sentences) about **kuwait's impressive buildings explaining **the National Library of Kuwait and Al- Hamra Tower**.**

*Your writing should include a topic sentence, supporting details and a conclusion

The Plan



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Reading Comprehension

Read the following passage then answer the questions below:

Fast food restaurants are almost everywhere in big city. In some places you can stand in a line and get a beef burger in a paper bag, in others you can pick up a tray of fish, chicken, pizza or even Mexican or Chinese food and in some fast food places you can even drive your car up to a window and wait for your turn to get your order. A few minutes later, a worker passes you the food through the window and you can drive away and eat it in your car.

In many big cities all over the world, fast food restaurants are open every day. But why do people prefer fast food restaurants to more comfortable restaurants where you can sit quietly at a table and watch the world go by?! There are many reasons make fast food restaurants popular. **They** are the speed and price. People's time is valuable. They do not want to waste a lot of time eating or preparing food. The price is inexpensive as well. Because of large numbers of meals sold everyday costs are kept low.

On the other hand, many people think that fast foods are not healthy because they contain too much salt, carbohydrates and fats. But one thing is sure, people everywhere prefer eating fast foods because they find it tasty and also **economical** way to eat.

A) Choose the correct answer from a, b, c and d:

1-What is the best title for this passage?

- a- Big Restaurants b- Fast Food c- Healthy Food d- Kinds of Food

2-The underlined pronoun " **they** " in the 2nd paragraph refers to:

- a- people b- reasons c- restaurants d- homes

3-What is the meaning of the underlined word " **economical** "in the 3rd paragraph?

- a- inexpensive b-wealthy c- tasty d-healthy

4-In restaurants, people can eat:

- a- sandwiches b-snacks c- all kinds of food d-chicken

5-What is the purpose of the writer in this passage?

- a- Fast food is healthy b- Time is valuable for people
c- Restaurant serve good food d- Fast food restaurants are popular

6-According to the passage, all the following statements are **NOT TRUE** except:

- a-The village is full of fast food restaurants. b-Home- made food is popular.
c-Some people think that fast food is unhealthy. d-It is good to eat in restaurants

B) Answer the following questions:

7-Why do some people prefer eating home- made food?

.....

8-What makes fast food meals popular?

.....