

Unit 1
Life Experiences

Date: _____ Period No. _____



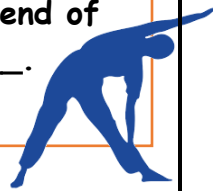
What is she doing? Can you guess why?

Use the new words to complete

Vocabulary Corner

Word	POS	Meaning
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1. It is _____ dangerous to drive your car fast.
2. If you practice more yoga, your body will be _____.
3. Stretching is a good way to _____ at the end of the exercise _____.



Work with your friends in the group and complete this graphic organizer about your favourite sport or exercise.

What type of exercise do you like?



What should you do before and after an exercise session?



How does this type help your body?

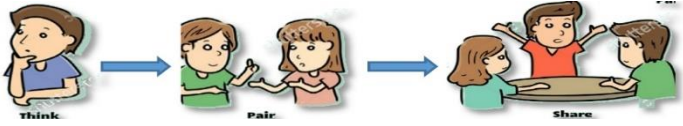


How many times do you practise it a week?

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Read these 2 sentences then discuss with a friend how they are different.

Walking is the easiest exercise.

We need to walk faster now.

The Gerund Form

Work in groups and write one example for each

The Infinitive Form

Blank box for writing Gerund Form examples with two horizontal lines.

Blank box for writing Infinitive Form examples with two horizontal lines.



Work in groups. Use the following guide words to write three sentences about Salim's favourite sport.
 (favourite - boxing - need - gloves - practice - 3 times a week)

Three horizontal lines for writing sentences.

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Adverbs of Frequency

We use the present simple tense with these words (always, usually, often, sometimes & never). You can form a question by using (How often....?)

How often does she play the piano? → She usually plays the piano.

→ She never plays the piano.

Choose the correct alternative for this gap:

- _____ (How many - How often - How far) do you watch the news? I always watch the news.



Do as shown in brackets:

1. Khalid usually (eat) a banana in the afternoon. [correct]

2. Sometimes, We work on the project with the teacher. [Ask]

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Present Continuous Tense

We use the present continuous tense to talk about things that are happening at the moment.

They are studying English at the moment.

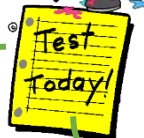


She is painting pictures now.



Choose the correct alternative:

- My friends _____ (are working - worked - working) on the school project at the moment.



Note that (We, you, they and plural names) take are. But (she, he, it and singulars) take is.

Do as shown in brackets:

She (write) a short story at the moment. [Correct]

Work in groups. Write what they are doing?

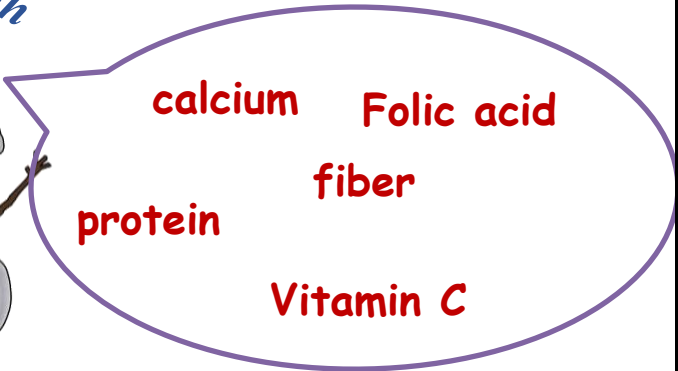


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Match



Vocabulary Corner

Word	POS	Meaning
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Complete using the new words.
 Amina is suffering from _____.
 She needs a _____ diet to avoid
 _____ing any more weight. Her diet
 must have enough _____ of
 vegetables & fruits. It should
 _____ any sweets or cola.

Work in groups!

Faris wants to be a famous athlete. Do you think he can follow a vegetarian diet? Explain.



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With the help of the given guide words below, plan & write a report of 10 sentences about “Keeping fit & healthy living”.

{ important – healthy – lifestyle – live longer – feel better – enough sleep –
Balanced diet – exercise – drink water }

Plan your writing here



A large empty rectangular box with a blue border, intended for planning the report.

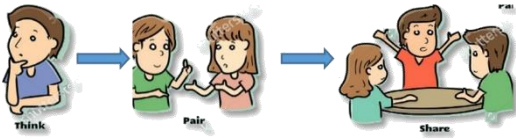
Now write your topic here!

Horizontal lines for writing the report topic and content.

Unit 2
Life Events

Date: _____

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Do you use the internet? Why do people need it?

Vocabulary Corner

Word	POS	Meaning
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Use any of these words in a meaningful sentence.

Work with your friends and complete this graphic organizer.



What is a blog?

What are the benefits of blogs?

What do you need to create it?



Follow My Blog

Imagine that you are creating your own blog, Work in groups, use A3 charts and design a blog
 (Give it a name, draw the theme and the blocks, then write some ideas for articles.

Unit 2
Life Events

Date: _____

Period No. _____

Grammar Review:

Present Perfect Tense

has
or + P.P.
have

We use the **present perfect** to talk about past experiences that happened recently (He/ She/ It or a singular noun takes **has**. I/ you/ They/ We or plural nouns take **have**)

Have you ever seen a horror movie?



Yes, I have

No, I haven't.



My friend **has eaten** Italian food.



Choose the right alternative

1. She _____ (loses - has lost - losing) her expensive watch in the airport recently.

Do as shown in brackets:

2. No, I haven't eaten Chinese food before. (Ask)

3. Salih (act) in a Kuwaiti play with Tareq Al-Ali. [Correct]

It's important to know the Past Participle of a verb



Work with your friends and conjugate these verbs:



base verb	past	past participle
is / are		
make		
speak		
provide		

Vocabulary Corner

Word	POS	Meaning
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Use the new words to fill in the gaps.

- There are many dark _____ under the red sea.
- He joined a _____ group to help the orphans.
- Sara is not a _____ speaker of English, but she can speak it very well.

Past Simple Tense

Eman stayed at home last weekend.



we use the past simple to talk about finished events in the past.



Do as shown in brackets:

1. Salim (start) the piano lessons last Monday [correct]

3. Farah sprinted very fast in the Olympic Race. [Make negative]

Work in pairs!

Write one thing you did yesterday, and one thing your friend did.

**Unit 2
Life Events**

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Ask your friends two questions that begins with **Why?** and write down their answers.

Because _____, **To** _____



Vocabulary Corner

Word	POS	Meaning
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Use two of the 5 verbs in sentences

Use one of the 5 verbs in a sentence

Expressing Purpose

we use (to , in order to , so that .) to express the purpose and answer questions with WHY.

To / in order to + infinitive (base verb)

Examples:

She saved money **to** buy a new mobile phone.
They created a blog **in order to** raise money for charity.

So that + Clause: (Subject + modal)

Example:

Farah joined the gym **so that** she could lose weight.

**Unit 2
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Vocabulary Corner

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Choose the right word

- ♣ I read about Steve Jobs and his story _____ (inspired - overcame - achieved) me to work hard.
- ♣ If you face a _____ (sight - determination - barrier) in your way, try to overcome it.

Brave in Facing Challenges

Their stories are examples of determination and hope.



Dalal Al-Mutairi

Juri Al-Azmi:
Juri overcame being _____ and achieved _____.
One difficulty she faced was _____.

Ghanim Al-Muftah
Ghanim was born with a rare _____, but he inspired everybody by _____ and becoming _____.



Omayma School

Unit 2 Life Events

Date: _____

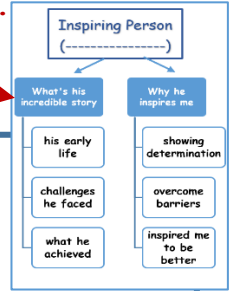
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Writing Practice:

“We read many inspiring stories about people who are facing difficult challenges in life.” Plan & write a two-paragraph email to your friend Amany telling her about an inspiring person you admire of not less than 10 sentences. (two main ideas, supporting details and a conclusion).

Plan your writing here

A sample of an outline



Now write your topic here!

Unit 3
How We Live

Date: _____

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What's your favourite stories and why do you like reading stories?

Vocabulary Corner

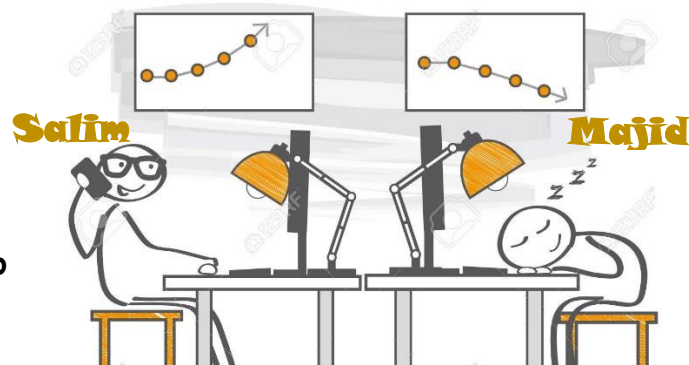
Word	POS	Meaning
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Choose the right word

- ✦ Your new villa is so big, you need to _____ (trap - drop out - employ) a house maid.
- ✦ Rashid lost his job in the car company, he is now _____ (jobless - separate - capable).

Work in groups!

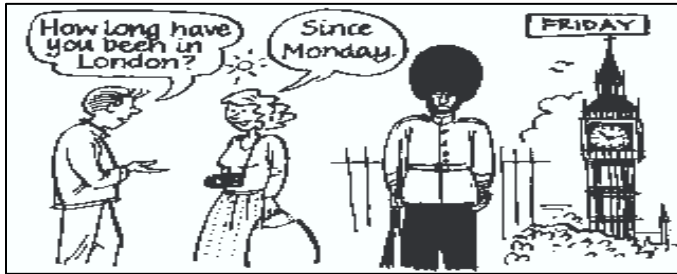
Salim and Majid are working in the same office, compare between them in two sentences. Who do you think gets the higher wages & why?



Unit 3 How We Live

Date: _____

Period No. _____



Present perfect with since & for

Specific time

A period of time

We use the present perfect tense with these two keywords (since) (for) - and we can ask using "How Long"

How long have you used this iPad? → I have used it for three years.

Example:



Fahed **has waited** to meet his friend for two hours.



Choose the right alternative:

- She _____ (packing - has packed - have packed) the bags for the trip since this morning.
- We have known Mariam and her family _____ (for - since - just) a long time.

Do as shown in brackets:

Ms Dalal has worked in this school since 2010. (Ask a question)

Work with a friend.

Write a sentence using since or for (present simple) then your friend will form a question for your sentence.

Unit 3
How We Live

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Vocabulary Corner

Word	POS	Meaning
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- Use the new words to fill in:**
- ♣ Everyone in the _____ were angry and _____ because the music concert was cancelled.
 - ♣ In case of fire, try not to _____ the smoke or you will faint.
 - ♣ My uncle is so _____, he doesn't like to buy anything new or spend any money.

Work in groups and complete this mind map.

Every story you read must have these parts

- 1) _____.
- 2) _____
- 3) _____
- 4) _____



First, the story has a "Title".

Intensifiers

we use (**too..... to / so that.**) to support and explain an adjective.

Too ..(adj) to + base verb (infinitive).

Example:
Farah was **too** tired **to** finish her work.

So (adj) that + Clause: (Subject + modal)

Example:
Farah was **so** tired **that** she couldn't finish her work.



Choose the correct alternative for this gap:

It's too late _____ (to - that - with) start packing your luggage.
 You will miss the plane. Anyway I think your bags are (too - very - so)
 heavy that you need someone to carry them for you ☹️.

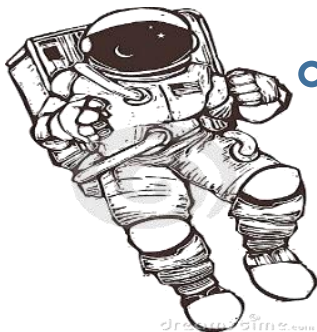
Do as shown in brackets:

1. This question is difficult. I can't answer it. [Join with so .. that]

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How We Live

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Think - Pair - Share with friends.

Who am I? How did you know? Why am I wearing this suit?

Vocabulary Corner

Word	POS	Meaning
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Use two of the new words in sentences.

* _____

* _____

Living in space is a bit like camping. How?



Unit 3
How We Live

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“The space is a huge undiscovered frontier and astronauts work hard to know its secrets.” Plan & write a two-paragraph report about “Life In Space” , the clothes & the food there , of not less than 10 sentences. (two main ideas, supporting details and a conclusion).

Plan your outline here



Empty rectangular box for planning the outline.

Now write your topic here!

Horizontal lines for writing the report topic.