

Workbook Answer Key

Module I Culture



Unit 1

We are what we eat

Reading

Exercise 1

- a carbohydrates, proteins, vitamins, minerals and water
- b (Students' own answers)
- c fats

English 4 all

Exercise 2

Nutrient	Foods	Effects on performance
Carbohydrates	Pasta, cereal, potatoes	Provide main source of energy
Fats	Olive oil, dairy products, nuts, fish	Fuel our brain power, provide slow-releasing energy
Proteins	Meat, pulses, eggs, fish	Build and repair muscles
Vitamins	Juices, smoothies, vitamin supplements	Help concentration, promote calmness and quick decision-making
Minerals	Fruit, vegetables, fish, soya milk	Strengthen bones and support our bodies, prepare our bodies for energy production, help prevent fatigue
Water	Water, sports drinks	Prevents dehydration, flushes out toxins. Sports drinks replace water, glucose and sodium.

Exercise 3

- a nutrition facts
- b Serving size
- c 28 percent
- d carbohydrate ... dietary fibre
- e calorie
- f protein
- g A ... C
- h Daily values
- i servings ... serving cup ... 456g
- j sodium

Language practice

Exercise 1

- a were ordering
- b was carrying
- c were coming
- d was taking
- e was preparing
- f was bringing

Exercise 2 (Suggested answers)

- a Excuse me, could I have another fork, please?

- b Do you have any vegetarian dishes?
- c Is it possible we could move to a larger table? Two more guests are joining us soon.
- d Do you have any dishes without pepper? I'm allergic to pepper.
- e Why don't you order something with less fat, Dad?

Exercise 3

- 2 went
- 3 watched
- 4 did
- 5 were you doing
- 6 phoned
- 7 was helping
- 8 did you get up
- 9 woke up
- 10 didn't get up
- 11 were you doing
- 12 was having

Exercise 4 (Self-assessment)

- a baked
- b steam
- c grill
- d boiling
- e frying

Exercise 5

- a Mr Smith, who's a vegetarian, should always supplement his diet.
- b There are plenty of healthy eating restaurants in Kuwait City.
- c The label says, 'Orange juice has 60% of your RDA of vitamin C.'
- d My brother Ahmed developed diabetes last September so he follows a low-sugar diet.
- e This summer, I ate too many fatty foods such as French fries.

Writing

(Students' own answers)

Unit 2

Respecting cultures

Reading

Exercise 2

- b 4
- c 6
- d 1
- e 7
- f 2

Exercise 3

'... in celebration of both Eid Al-Fitr and Eid Al-Adha. **These are the two most important festivals in the Islamic calendar.** The text reads...

... history and practice of Islamic calligraphy. **Zakariya was trained in the Middle East, but is now based in Arlington, Virginia.** The type of script chosen ...

... and aged for more than a year. **The aging process gives the design a unique texture.**

... using a unique computer programme. **The programme allows designers to choose the perfect colouring.** The colours chosen ...'

Exercise 4

Word	Meaning	Synonym
Honour	To show respect for someone or something	Commemorate
Calligraphy	Handwriting, often decorative	Script
Design	An artistic arrangement	Composition
Embellish	To make something more attractive, especially with decorative details	Adorn

Exercise 5

- a 2
- b 1
- c 4

Exercise 6

- a It (thuluth) is a large, elegant and cursive script, and first appeared in medieval times.
- b Sometimes respect between cultures happens in the smallest forms.
- c The stamp design was created using carefully considered traditional methods and instruments.
- d The Eid stamp was designed by Zakariya, a calligrapher who specialises in the art, history and practice of Islamic calligraphy.

Language practice

Exercise 1

- a ? Have you bought a new stamp?
- I haven't bought a new stamp.
- b + He has visited the museum every year.
- He hasn't visited the museum every year.
- c + They have written a book recently.
? Have they written a book recently?
- d ? Have you eaten your dinner?
- I haven't eaten my dinner.
- e + I've watched the news today.
- I haven't watched the news today.
- f + She passed her exam.
? Did she pass her exam?

Exercise 2

- a since
- b since
- c for
- d since
- e since
- f for
- g for
- h since
- i for
- j since

Exercise 3 (Self-assessment)

- a has played ... for
- b have been ... for
- c has written ... for
- d has read ... since
- e has visited ... since

Exercise 4

- A 3
- B 2
- C 4
- D 2
- E 2
- F 1

Exercise 5

- a started
- b ended
- c end / finishing
- d finish / beginning
- d ending / begun

Exercise 6

- a in
- b on
- c By
- d for
- e through
- f of
- g amongst
- h in
- i for

Writing

Exercise 1

Sons of Sindbad

In 1938, Alan Villiers embarked on a remarkable journey. He joined a crew of the best Kuwaiti sailors, and described his entire journey from the East African coast to the Arabian Gulf. The full title is *Sons of Sindbad: Sailing with the Arabs in their Dhows, in the Red Sea, Round the Coasts of Arabia, and to Zanzibar and Tanganyika – the Shipmasters and the Mariners of Kuwait*. I thought it was fascinating. He used traditional sailing techniques and sailed by dhow. Isn't that incredible? His account gives an important insight into sea travel in the past. He also took amazing photographs of his journey, which accompany the book. For me, the adventures were more interesting than the nautical research, especially experiencing monsoon winds and pearl diving. Alan Villiers is so enthusiastic about his travels that now I want to learn how to sail too! I can't wait to read more books by him. I am sure that they are all fantastic.

Arabian Sands

I have been a fan of Wilfred Thesiger since I was very young. As far as I am concerned, he is one of the best writers ever – and this is one of his best books. It describes his unique journey through the deserts of Arabia. His writings are brilliant and there are a thousand anecdotes that make you feel as if you are travelling by his side!

Wilfred Thesiger wrote *Arabian Sands* in 1959, but it is still very exciting to read today because it is so dramatic. Wilfred Thesiger studied at Oxford University before becoming one of the first British explorers to write about Arabia. Later, other explorers wrote similar books, but in my opinion only a few of these authors are as interesting.

And why was life in Arabia better than in Britain, according to Wilfred Thesiger?

You will have to read the book to find out!

Exercise 2 Facts

Alan Villiers' journey began in 1938. He sailed with a crew of Kuwaiti sailors. He sailed from the East African coast to the Arabian Gulf. He used traditional sailing techniques and sailed by dhow. He took photographs of the journey.

Arabian Sands describes a journey through the deserts of Arabia. Wilfred Thesiger wrote *Arabian Sands* in 1959. Wilfred Thesiger studied at Oxford University before becoming an explorer. Later, other explorers wrote similar books.

Exercise 3 and 4 (Students' own answers)

Unit 3

Inspiring architecture

Reading

Exercise 1 (Suggested answers)

- a 360° Kuwait is described as “monumental” because it contains large department stores, small boutiques and other shops that sell sports, music, electronics and games equipment. It is also a leisure, entertainment and edutainment centre, not to forget the restaurants of different cuisines.
- b It is educational in that it features the latest edutainment technology for the education of children through television programmes, video games and music.
- c It can appeal to all ages due to the variety of shops, restaurants and activities.

Exercise 2

- a Restaurants...cafés
- b eighty-two...square
- c fourth
- d hypermarket
- e bowling

Exercise 3

- a gourmand
- b redefining
- c transform
- d copious
- e edutainment

Exercise 4

- a 15-storey building
- b three-bedroom apartment
- c ten-minute walk
- d six-lane motorway
- e 90-minute game

Language practice

Exercise 1

- a interesting, interested
- b terrified
- c tiring
- d excited
- e bored
- f amusing

Exercise 2

- 1 larger
- 2 more fashionable
- 3 better
- 4 bigger
- 5 fitter
- 6 healthier
- 7 warmer
- 8 cosier

Exercise 3

- a Cultural buildings include museums, art galleries and theatres.
- b I spent yesterday searching the Net, taking notes and writing my report.

- c I think this new theatre studio is well-equipped, spacious and well-lit.
- d I always meet Mariam, Fatma and Aisha after school.

Exercise 4

- a greatest
- b shorter, oldest
- c longer
- d old
- e higher, longer, more modern

Exercise 5

- 1 recommend
- 2 I suggest
- 3 I'm afraid
- 4 The difficulty
- 5 we require
- 6 you're interested
- 7 as soon as possible

Writing

Exercise 1

- a
- 0 I'm writing this report to tell you about the results of a survey my friends and I did at school.
- 2 We talked to about 100 people and asked them what they thought about all the thousands of cars that drive into the city every day.
- 3 Most people we interviewed said there was more traffic than there was last year and it was getting harder and harder to drive through the city centre.
- 4 Everything was worse early in the morning and in the evening when people were going to work and going home.
- 5 Here are some of the ideas people suggested: make drivers pay money to come into the city on weekdays, and have more buses and trains.
- 6 I think that the council should build a big car park near the town and then put buses on so that people who work in the city leave their cars in the car park and catch the bus to where they work.

b (Suggested answers)

- 1 We interviewed about 100 people and asked their opinions about the daily traffic.
- 2 The majority of people we interviewed said that traffic had increased and it was getting more difficult to drive through the city centre.
- 3 They said that the situation was worse during the rush hours in the morning and in the evening.
- 4 A number of suggestions were made including charging drivers to come into the city on weekdays, and increasing the number of buses and trains.
- 5 In my opinion, the council should build a large car park near the town and then provide public transport to take people to their workplace.

Exercise 2 (Students' own answers)

Progress test 1

Reading

Exercise 1

Of the National Council for Culture, Arts and Letters (NCCAL) is in the major organiser of cultural events in Kuwait. First was organised in 1973, at the request of had HH the Crown Prince and Prime Minister, the council preserves Kuwait's cultural heritage while most supporting and encouraging its cultural and future. Architecture, the art, craftsmanship, theatre and

poetry are just all some of the arts Kuwait has to offer them. The Qurain festival is an annual cultural festival in organised by the NCCAL, and it will has become a highly anticipated event. A variety of creativity is on offer by artists by and orchestras from Kuwait and the Arab World. It is a is great place to see the best Kuwaiti talents on your show, and is popular with locals and an international tourists. The Kuwait Book Fair is another also thriving festival organised by the NCCAL, and has it been running for over 30 years time. Last year 538 publishing houses from 23 countries participated, with 11,891 books were presented. However, the NNCAL do emphasises that it is not just a best place for exhibiting and selling books - the atmosphere of this exciting and the busy festival is very amazing. There are seminars, poetry recitals and an art exhibition showing every work by 20 female Kuwaiti artists. The Arabic heritage exhibition also displays true original calligraphy and a rare copies of the Holy Qur'an. The exhibition shows a NCCAL's strong emphasis on values and culture, not past and present. These extra festivals are just two examples of the NCCAL's work that is gaining all international attention. From modern film-making to traditional ship-building, although the arts of Kuwait to offer something for everyone.

- 1 of
- 2 in
- 3 was
- 4 had
- 5 most
- 6 and
- 7 all
- 8 them
- 9 in
- 10 will
- 11 by
- 12 is
- 13 your
- 14 an
- 15 also
- 16 it
- 17 time
- 18 were
- 19 do
- 20 best
- 21 the
- 22 very
- 23 every
- 24 true
- 25 a
- 26 a
- 27 not
- 28 extra
- 29 all
- 30 although
- 31 to

Exercise 2

- a False. NCCAL stands for the National Council for Culture, Arts and Letters.
- b False. The NCCAL is 36 years old.
- c False. The Qurain festival welcomes locals and international tourists.
- d True
- e True
- f False. The Arabic heritage exhibition displays original calligraphy and rare copies of the Holy Qur'an.

Exercise 3

- a its cultural future.
- b every year.

- c interesting and crowded.
- d local and other Arabs.
- e worldwide.

Exercise 4

- a the major organise of cultural events in Kuwait.
 - 1 1973.
 - 2 Kuwait's cultural heritage.
 - 3 architecture, craftsmanship, theatre and poetry.
- b by the NCCAL.
 - 1 creativity is on offer by artists and orchestras.
 - 2 the best Kuwaiti talents.
 - 3 international tourists attend it.
- c is a thriving festival, too.
 - 1 from 23 countries participated.
 - 2 seminars, poetry recitals, and an art exhibition showing female Kuwaiti artists.
 - 3 NCCAL's strong relationship between values and culture.

Language practice

Exercise 1

- 1 were driving
- 2 were listening
- 3 was reading
- 4 was driving
- 5 saw
- 6 slowed down
- 7 stopped
- 8 was standing
- 9 were coming
- 10 were putting out
- 11 continued

Exercise 2

- a arrived
- b have lived ... for
- c have read
- d went out
- e was walking
- f have eaten

Exercise 3

- a No, it was the most expensive.
- b No, it was the funniest.
- c No, it is the most boring.
- d No, it is the noisiest.
- e No, he is the meanest.
- f No, it is the worst.
- g No, it is the slowest.

Exercise 4

- a I've just grilled some chicken.
- b A part-time job is a good way of supplementing a student's income.
- c Waleed has been mentoring teenagers for 10 years.
- d The blue silk was embellished with gold embroidery.

Exercise 5 (Students' own answers)

Exercise 6

- a during
- b at
- c before
- d at
- e in
- f at

Exercise 7

- a tell
- b speaking / hear

English 4 all

- c Look
- d saw
- e watch
- f said

Exercise 8

- 1 h
- 2 e
- 3 a
- 4 b
- 5 c
- 6 j
- 7 d
- 8 f
- 9 g
- 10 i

Writing

Exercise 1 (Students' own answers)

Exercise 2 (Students' own answers)

Module 2 Free time

Unit 4

Computer games

Reading

Exercise 1 (Suggested answers)

- a This game is different because it builds the muscles of the players, who should move their whole body in order to use the joystick.
- b The writer generalises an opinion by using such structures as "Many people... do not want..."; "The majority of people... use their thumbs..."; "People get tired of them very quickly..."
- c The writer reports an opinion by using the structure X say(s): "they say..."; "The game's designers say..."; "People who have played the game say..."

Exercise 2

b: Have fun and keep fit

Exercise 3

- a 6
- b 4
- c 1
- d 7
- e 2
- f 5

Exercise 4

- a mundane
- b faster
- c upper
- d backwards
- e idle
- f out of shape
- g quickly
- h giant
- i traditional

Exercise 5

- a 2
- b 3
- c 3
- d 1

Exercise 6 (Students' own answers)

Exercise 7 (Students' own answers)

Language practice

Exercise 1

- a I'm travelling there by bus on Monday.
- b I will probably be very nervous at the interview.
- c I'm going to work really hard when I'm at university.
- d I expect the work will be quite hard.
- e I'm definitely going to be a doctor when I leave university.

Exercise 2 (Self-assessment)

- 2 are flying
- 3 are staying
- 4 are going to spend
- 5 am going to buy
- 6 is going to take
- 7 will see
- 8 are travelling
- 9 are going to see
- 10 will have
- 11 are going to have
- 12 will send
- 13 will phone

Exercise 3

- a 4
- b 6
- c 1
- d 7
- e 3

Exercise 4

- a The more books I read, the more I want to learn.
- b The more consoles are improved, the more we spend to stay up-to-date.
- c The more dangerous it is, the more precautions we should take.

Exercise 5

- 1 went
- 2 bought
- 3 looked
- 4 work
- 5 returned
- 6 writing

Exercise 6

- a I bought two new pairs of jeans and neither of them fit.
- b Everybody says the PSP is fun, stylish and advanced, but it is expensive.
- c He's going to have an accident one of these days.
- d In my new computer game, there are many different levels.
- e The graphics in the game I am playing are very advanced.

Writing

Exercise 1

a / b

- A Picture 4: Street directions
- B Picture 1: Food recipe
- C Picture 5: Driving instructions
- D Picture 2: Game instructions
- E Picture 3: Ordering something on the Internet

Exercise 2

a

- A Leave the motorway at Junction 17 and follow signs to the town centre. Go straight on at the first roundabout and then turn right at the second. Our car park is the third turning on your left.

- B To start with, prepare all the ingredients. Break the eggs into a bowl, grate some cheese and chop an onion. Next, heat the oil in a frying pan. Mix all the ingredients together and when the oil is hot, pour the mixture into the pan. Turn the heat down and cook for 3-4 minutes.
- C First of all, make sure the handbrake is on and the gearstick is in neutral or park. Then turn the ignition key to start the engine. Put the car into gear and indicate. Finally, check in your rear-view mirror that there are no cars behind you, release the handbrake and move off.
- D Take turns to move one of your pieces along the lines on the board. You can make either a 'taking' move or an ordinary move. To take one of your opponent's pieces jump over it into the empty space on the other side of it.
- E First, find the item you want to buy and add it to your *Shopping Basket*. Next, fill in an order form giving us your personal details and address for delivery. After that, add your credit card details and lastly, press the *Order Now* button.

b

To begin	In the middle	To end
First	then	Lastly
First of all	After that	
To start with	Next	Finally

Exercise 3

First of all, you have to install the game on your computer. **Before installing**, **make sure** the game is compatible with your computer system. **After that**, insert the disc into your CD/DVD drive. It should take a few minutes to load. **Finally**, restart your computer. Now you are ready to play.

Unit 5

Sports psychology

Reading

Exercise 1 (Students' own answers)

Exercise 2

- a navigate
- b breakneck
- c courageous
- d competitive
- e willpower
- f interpersonal
- g personal trainer
- h glory-seeker
- i stamina

Exercise 3

- a False. Marathon runners receive less recognition than other athletes.
- b False. Formula One drivers race at extremely fast, dangerous speeds.
- c False. Marathon runners aren't allowed any help from personal trainers during races.
- d True
- e True
- f True
- g False. Formula One is dangerous despite all the safety precautions.

Language practice

Exercise 1 (Self-assessment)

- b How many players are there in a football team?

- c Where do people play tennis?
- d What do boxers need to be?
- e When were the first Paralympics?
- f How do you score in football?
- g Why do swimmers wear goggles?
- h How long is a football match?
- i What is your favourite sport?

Exercise 2

- a try ... enjoy
- b practise
- c Respect ... give
- d Celebrate ... ridicule
- e dribble / kick

Exercise 3

- a hockey stick and (Students' own answers)
- b horse race and (Students' own answers)
- c baseball player and (Students' own answers)

Exercise 4

- 1 When is the basketball practice?
- 2 ...doesn't it?
- 3 ... don't you?
- 4 What other activities do you offer?
- 5 what
- 6 ...isn't it?
- 7 ...don't you?
- 8 Where is the football practice?

Exercise 5

Sport	Venue	Equipment	Personality type
tennis	court	racket	introvert
football	pitch	ball	extrovert
baseball	pitch	ball	sportsmanlike
golf	course	club	introvert

Exercise 6

In sport, motivation is everything. All sports have leaders or coaches who influence those around them and give useful feedback to improve performance. They will have one or more of the following qualities: outstanding ability in the sport, enthusiasm and the ability to motivate. Most coaches also plan training programmes to improve fitness techniques and skills, and decide the strategies to be used in competition.

Writing

Exercise 1

- 1 Answer
- 2 leave
- 3 write
- 4 Use
- 5 write
- 6 cross
- 7 Spell
- 8 check
- 9 Be
- 10 Give

Exercise 2 (Students' own answers)

Exercise 3 (Students' own answers)

Exercise 4 (Students' own answers)

Exercise 5 (Students' own answers)

Unit 6

Nature

Reading

Exercise 1

- Lesser kestrel:** destruction of their habitat; pesticides
Siberian tiger: forests are disappearing; poachers and forest fires
Ostrich: hunting

Exercise 2

- a underpart
- b wingspan
- c decline
- d stripes
- e handsome
- f poachers
- g feather
- h predators
- i escape

Exercise 3

- a Lesser kestrel
- b Lesser kestrel
- c Lesser kestrel; Siberian tiger
- d Ostrich

Exercise 4

- a True
- b False. The Lesser kestrel is vulnerable despite being so widespread.
- c False. The ostrich is the fastest creature on land with two legs.
- d True
- e False. The biggest threat to the Siberian tiger is loss of its habitat.

Exercise 5

- a 3
- b 1
- c 3

Language practice

1

Countable nouns: fox, temperatures, ears, legs, animals, parts, body / bodies, feet, winter, colour, people

Uncountable nouns: heat, fur, hair, ice, snow

Exercise 2

- 2 a lot
- 3 -
- 4 -
- 5 a few
- 6 Many
- 7 a
- 8 Some
- 9 how many
- 10 some

Exercise 3 (Suggested answer)

Seabirds are threatened by people taking up a lot of their space and collecting their eggs. They're also threatened by oil pollution and fishing.

Exercise 4 (Self-assessment)

- a proud
- b stubborn
- c shy
- d fierce

Exercise 5

- a Birds of prey have a fierce character and rapidly beating wings.
- b The parrot is a talkative bird with vividly coloured feathers.
- c The penguin is a flightless seabird with black upper parts and white underparts.
- d Sadly, many endangered animals are threatened by hunting and habitat destruction.
- e Pandas are often known as the laziest animals.

Exercise 6

- a 1
- b 4
- c 3

Exercise 7 (Suggested answers)

- a Some animals have been given protection by governments.
- b Charities have attempted to protect animals.
- c I have raised money to save the tiger.
- d Many species have become extinct because of human actions.

Writing

Exercise 1

- | | |
|--|---|
| b I've just seen a golden eagle. | 2 I have ... |
| c I'd ... | 3 I would be grateful if you could send ... |
| d Please send me stuff about what you are doing at the moment. | 4 Please send me information about your (current) activities. |
| e I'm interested in horses because ... | 5 The main reason for my interest in horses is ... |
| f My friends said "You should get ..." | 6 My friends told me I should ... |
| g One of my friends said, 'Please join.' | 7 One of my friends asked me to join. |
| h Hi, / Hello, / Dear Jameela, | 8 Dear Sir / Madam, |
| i Love from, / Best wishes, | 9 Yours sincerely, / Yours faithfully, |

Exercise 2 (Example answer)

Dear Sir / Madam,
I have just seen your television advertisement and would like to join your organisation. My main reason is that I'm interested in saving animals. I would be grateful if you could send me an application form, and I would also like to know if there is a local group in my area. One of my friends would also like to join. I look forward to hearing from you.
Yours faithfully,
Mr Ahmed ...

Exercise 3 (Example answer)

Hi, (name)
Good news - there is a local group in our area. They've sent us two application forms and some stuff about what they're doing at the moment.
See you soon!
(name)

Exercise 4 (Students' own answers)

Progress test 2

Reading

Exercise 1

- a six
- b space

c because every fossil is different

Exercise 2

Word	Meaning	Synonym
Pastime	An activity done regularly for enjoyment, rather than work	Hobby
Rare	Particularly remarkable or uncommon	Unique
Valuable	Worth a lot of money	Expensive
Popular	Done or enjoyed by many people	Common

Exercise 3

- a 2
- b 2
- c 3
- d 1

Exercise 4

One of the most common pastimes for children and adults is collecting. It's important to collect something you can enjoy. It is possible to collect almost anything.

Language practice

Exercise 1

- a are you going to
- b will meet
- c are visiting
- d will do
- e will enjoy
- f is going to work

Exercise 2

- a a few
- b much
- c a little
- d some
- e some ... any
- f much

Exercise 3

- a two slices / pieces of bread OR some bread
- b correct
- c enough food
- d that meat
- e many pens
- f much shopping

Exercise 4

- a cost
- b spend
- c saving up
- d earn
- e spends ... earns

Exercise 5

- a herbivore
- b extrovert
- c tame
- d virtue
- e motivation
- f hostile
- g equestrian
- h competitive

- i phenomenon
- j exotic

Exercise 6

Paralympics - champion - self-discipline - exclusive - spectators

Writing

Exercise 1 (Students' own ideas)

Exercise 2 (Students' own ideas)

Module 3 Power

Unit 7

Power – the alternatives

Reading

Exercise 1

Britain has a long coastline.

Exercise 2

- a solar power
- b fossil fuel
- c wave farm
- d testing device

Exercise 3

Advantages: the sea could provide enough power for the whole planet; wave farms will be invisible

Disadvantages: could be a danger to ships and fish; may put tourists off; expensive

Exercise 4

- a 4
- b 3
- c 3 (Some people think wave farms will have detrimental effects on fish stocks and tourists, but this is not known.)
- d 2
- e 1

Exercise 5 (Students' own ideas)

Language practice

Exercise 1

- a are
- b eats
- c are
- d travels
- e release ... will buy
- f don't find ... will use
- g won't be ... reads

Exercise 2

- a will go
- b will fall
- c will block
- d will become
- e will wait
- f will stop

Exercise 3 (Suggested answers)

- 1 really worried
- 2 It's really important
- 3 are you going to do?
- 4 a good idea

Exercise 4

- a 6
- b 8
- c 5
- d 2

- e 3
- f 4

Exercise 5

- a rained
- b won't go / will take / finds out / were / would go
- c offer / offer ... will have to

Exercise 6 (Self-assessment)

- a heavy
- b strong
- c heavy
- d strong
- e strong

Exercise 7

- a careful
- b electrical
- c useful

Exercise 8 (Suggested answers)

- a Without electricity, the world as we know it would stop functioning.
- b Once upon a time, there lived a brave and wise man.
- c In the early days, the city of Rome was calm, peaceful and quiet.

Writing

Exercise 1

- a (Example answers)
- 1 How we don't do enough to save energy
- 2 How to save more energy
- 3 Alternative sources of energy
- 4 Buildings which use solar power
- 5 The disadvantages of wind farms

- b
- A 2
- B 1
- C 4
- D 5
- E 3

Exercise 2

- a B, E
- b B, C
- c A
- d D

Exercise 3 (Students' own answers)

Exercise 4 (Students' own answers)

Unit 8

The power of technology

Reading

Exercise 1 (Suggested answers)

- a Cars are becoming more intelligent, being able to drive themselves in order to avoid danger and obstacles.
- b Vegetable oil can be reused to power cars after it has been filtered and cleaned.
- c Bio-fuel is preferable to petrol as a fuel source because it emits less pollution, reduces wasted oil and is completely renewable.

Exercise 2

- a outlandish
- b high-end
- c suspension
- d sensor

- e innovation
- f bio-fuel
- g filter
- h emit
- i conserve

Exercise 3

Giving examples	Summarising
For example	To summarise
For instance	In short
Namely	In conclusion

Exercise 4

b, d, f

Exercise 5 (Students' own answers)

Exercise 6 (Students' own answers)

Exercise 7 (Students' own answers)

Language practice

Exercise 1

- a haven't been able to ... won't be able to
- b Can ... can ... Could / can ... can't
- c Can ... could
- d can ... could ... can ... to be able to ... can ... Could ... can

Exercise 2 (Suggested answer)

People need to wear glasses for different reasons. **For example**, some people feel completely lost without their glasses. Others only need them for watching TV or reading. **In short**, every eye problem is different. Advancements in technology, such as the development of the contact lens, are helping people repair their eyesight. **For instance**, more and more people now have the option of permanent operations, **namely**, laser surgery. **In conclusion / to summarise**, modern science means that ordinary glasses may soon become a thing of the past.

Exercise 3

- a were
- b had known
- c had felt
- d found
- e were

Exercise 4 (Suggested answers)

- a I wish we had played this weekend; we could've won the match.
- b I wish you hadn't done that; it was really irritating.
- c I wish I had studied harder; I would've passed the exam.
- d I wish the teacher hadn't given us any homework; I would've relaxed tonight.
- e I wish I hadn't missed the bus, I would've arrived on time and not been told off.
- f I wish I had entered the competition; I would've won a prize.
- g I wish you had told me about your problems; I could've helped you.
- h I wish I hadn't stayed up late last night; I wouldn't have been tired today.
- i I wish I hadn't spent all my money; I would have bought that new book.
- j I wish I had gone shopping for a new game; I wouldn't have felt bored.

Exercise 5 (Self-assessment)

- a polite ... impolite
- b honest ... dishonest
- c friendly ... unfriendly
- d tidy ... untidy

- e comfortable ... uncomfortable
f happy ... unhappy

Writing**Exercise 1**

- Mini-bouncer: b / c
Talky-Walky: c
Red alert security camera: a / e
Dr CD: a / d

Exercise 2 (Students' own answers)

Exercise 3 (Students' own answers)

Unit 9**Money****Reading****Exercise 1**

- a Buffett's fortune has been estimated in 2008 at over \$60 billion.
b undervalued stock
c \$50,000
d \$37 billion

Exercise 2

- B Making a fortune
C Buffett's family
D The largest charitable donation ever

Exercise 3

- a amass; 5
b modest; 1
c foolish; 6
d immense; 3
e generous; 4

Exercise 4

- a False. Warren Buffett became the richest man in the world in 2008. He replaced Bill Gates, who had been the richest man for the last 15 years.
b False. Buffett used to buy undervalued stock to make money.
c True
d False. Buffet lives a fairly modest life and doesn't spend his money on extravagant possessions.
e True
f False. Because Buffet was donating his money in shares the amount he is giving to charity could go up or down.

Language practice**Exercise 1**

- a mustn't
b must
c don't have to
d shouldn't
e should
f shouldn't
g don't have to
h must
i don't have to
j must

Exercise 2 (Self-assessment)

- 1 be able to
2 couldn't
3 must
4 could
5 can't
6 must
7 be able to
8 mustn't

- 9 couldn't
10 being able to
11 mustn't
12 can

Exercise 3

- 1 Do you agree
2 I believe / I think that
3 I think that / I believe
4 consider
5 do you think
6 In my opinion
7 hard to imagine
8 difficult to interact
9 I don't know about that
10 easy to interact

Exercise 4

Money is everywhere! People even utter expressions using this word. Although most of us agree that money is the root of all evil, we couldn't care less about this fact. On top of this, although we care a lot for money, most of us can't stop ourselves from throwing our money around. Isn't it ironic? I believe that we should not give money too much importance and should spend it appropriately.

Exercise 5

- a lucky ... be
b easy ... wake up
c difficult ... understand
d hard ... lift

Writing**Exercise 1**

- A I believe; In my opinion
B I agree with this
C I really think that; To me; I firmly believe that

Exercise 2 (Students' own answers)

Exercise 3 (Students' own answers)

Exercise 4 (Students' own answers)

Progress test 3**Reading****Exercise 1**

Life before electricity was hard. After the sun went down in the evening it was dark. Inside the streets there were gas lamps but in peoples homes there were no electric lights, so everyone used oil lamps, candles and fire-light. In general, they went to bed earlier and got up as soon as the sun come up and they could see everything again.

In many homes there was no running water four cooking, drinking or washing. In towns there wear pumps, but in the country people had to carry water from wells or stream's. Because there were no machines, people had to do everything buy hand. This meant that household jobs all took longer. Washing cloths, especially, took a lots of time and energy. Home entertainment was also very different from today: they're no television to watch; no personal steroes, CD players or radios to listen to the news or you're favourite music, and of course, no computer games or the Internet. Families made their own entertainment: playing bored games, chatting to each other and making their own music. For dairy farmers, there were no fridges to keep their milk cheese and butter fresh. This meant that they could not make much money because they had to cell their products soon after they were made. Some people still call these times the good-old days.

- 1 sun
2 In

- 3 people's
- 4 firelight
- 5 came
- 6 for
- 7 were
- 8 streams
- 9 by
- 10 clothes
- 11 lot
- 12 there were
- 13 stereos
- 14 your
- 15 Families
- 16 board
- 17 milk, cheese
- 18 fresh. This
- 19 sell
- 20 good old

Exercise 2

- a They used oil lamps, candles and firelight.
- b They got up as soon as the sun came up.
- c They got their water from wells or streams.
- d Washing clothes took a long time.
- e They played board games, chatted to each other and made their own music.
- f They produced milk, cheese and butter.
- g There were no fridges.

Exercise 3

- a 3 not man-made
- b 2 not a use of water
- c 4 not a past tense of verb
- d 1 not a dairy project
- e 4 not a regular plural of noun
- f 2 not a four-letter word
- g 1 not only used for listening - also used for watching
- h 3 not a noun

Exercise 4

- a 1
- b 3
- c 4
- d 2
- e 4
- f 2
- g 3
- h 1
- i 3
- j 2

Language practice

Exercise 1

- a speak
- b feel
- c were
- d am
- e practised
- f ask
- g took

Exercise 2

- a Can / can / have been able to
- b can / can't / could
- c should
- d mustn't
- e don't have to
- f shouldn't

Exercise 3

- a informal
- b dishonest
- c impatient
- d illegal
- e unreliable

Exercise 4

- 1 heavy smoker
- 2 strong position
- 3 heavy heart
- 4 heavy clouds
- 5 strong belief

Exercise 5

- 1 technology
- 2 use
- 3 computers
- 4 social
- 5 survive

Exercise 6

- a know
- b suggest
- c believe
- d imagine
- e think

Exercise 7 (Students' own answers)

Exercise 8 (Students' own answers)

Writing

Exercise 1

	1900	Nowadays
Communication	Handwritten letters sent in the post or delivered by messengers	E-mails and text messages are used
Information	Information was collected in libraries	Information is collected mainly on the Internet
School	Teachers used blackboards and gave some lessons outside	Lessons are given in a classroom using laptops and projectors
Shopping	Towns and cities had markets where different items could be traded	Towns and cities have malls
Travel	Overland by horse and over the sea by boat	By aeroplane

- 1 libraries
- 2 letters
- 3 hand
- 4 horse
- 5 boat
- 6 cities

Exercise 2 (Students' own answers)

Exercise 3 (Students' own answers)

Module 4 Fact and fiction

Unit 10

Stories

Reading

Exercise 1 and 2

- a (Students' own answers)
- b (Students' own answers)

Exercise 3

- a He is on holiday.
- b He has enough fish for his family.
- c He walks to the village, has some tea with his friends and plays chess.
- d The fisherman would catch more fish.
- e Fifteen or twenty years
- f He'd have to sell his company.
- g He would be able to retire and move to a small fishing village. He would be able to sleep late, fish a little, play with his grandchildren, talk to his wife, walk to the village, have some tea with his friends and play chess.

Exercise 4

- a on the coast
- b port
- c eventually
- d market
- e wealthy
- f retire
- g move
- h chess

Exercise 5 (Students' own answers)

Exercise 6 (Students' own answers)

Language practice

Exercise 1 (Self-assessment)

- a both work hard
- b firmly
- c very loudly
- d happily
- e smiles cheerfully
- f innocently
- g politely

Exercise 2 (Example answer)

The businessman started talking to the fisherman. The businessman congratulated the fisherman on the fish he had caught and asked how long it had taken him to catch them. The fisherman replied that it had not taken him very long. The businessman then asked why the fisherman didn't stay at sea longer and catch more fish. The fisherman replied it was because he had already caught enough fish for his family.

The businessman asked how the fisherman spent the rest of his time. The fisherman said that he slept late, fished a little, played with his children and talked to his wife. He added that in the evening he walked to the village, had some tea with his friends and played chess. Finally, the fisherman said that he had a very busy life.

Exercise 3

- 1 use to
- 2 used to
- 3 use to
- 4 used to
- 5 use to
- 6 used to

Exercise 4

- 2 check in
- 3 set off
- 4 dropped me off
- 5 check in
- 6 take off
- 7 took off
- 8 go back
- 9 touched down
- 10 pick us up

Exercise 5

- a silently
- b desperately
- c formally
- d joyfully
- e rapidly

Exercise 6

- a 'Don't worry,' he said, 'a ship will rescue us soon'.
- b If I moved to Europe, I would miss Kuwait terribly.
- c 'Did you hear that noise?' asked the pilot.

Writing

Exercise 1

- a 5
- b 7
- c 4
- d 6
- e 3
- f 1
- g 2

Exercise 2

a

Paragraph 1: I am I'm; it has it's taken; it has it's been; I had I'd spent

Paragraph 2: I did not I didn't; I would I'd

Paragraph 3: I could not couldn't sleep

Paragraph 4: did not didn't know

Paragraph 5: I had I'd; I am I'm sorry

Paragraph 6: They could not couldn't believe I had I'd been

Paragraph 7: that is that's; I have not haven't replied

b

- 1 why
 - 2 got
 - 3 got to
 - 4 had to
 - 5 left
 - 6 Thanks
 - 7 sorry
 - 8 got
 - 9 the evening before
 - 10 got to
 - 11 the next day
 - 12 See you
- 3 (Students' own answers)

Unit 11

Messages

Reading

Exercise 1

- a 20,000 pigeons were killed
- b 15-20 years - healthy pigeon's life
- c 1,000 km - maximum distance a healthy pigeon flies in one flight

- d 30 British pigeons - they were given medals for bravery in the First World War.
- e 5,000 year-old postal service

Exercise 2

- a military
- b medal
- c smuggle
- d unique
- e nest
- f light
- g release

Exercise 3

- a regular pigeon post
- b too dangerous
- c fifteen and twenty
- d fly back to
- e tied to

Exercise 4

- a 2
- b 4
- c 1

Exercise 5 (Students' own answers)

Exercise 6 (Students' own answers)

Exercise 7 (Students' own answers)

Language practice

Exercise 1

- a ... was used by the Chinese mainly for official documents.
- b ... were sent using fire and smoke.
- c ... was organised by the Romans.
- d ... was developed with many places ... were passed by tired riders to other fresh riders.
- e Messages were sent by the Romans 270 kilometres in 24 hours by this system.
- f The first postage stamps were introduced in Britain in 1840.
- g Homing pigeons were used by the Greeks so that messages could be delivered.

Exercise 2

- a ... make phone calls to friends wherever they are.
- b ... send text messages over very long distances very cheaply.
- c ... write these messages very quickly and their friends receive them a few seconds later.
- d More and more businesses are using e-mail.
- e In some organisations, e-mail has replaced traditional letters or memos.

Exercise 3 (Self-assessment)

- a makes
- b make
- c taken
- d take
- e take
- f making
- g made

Exercise 4

- a 5
- b 7
- c 2
- d 1
- e 4

Exercise 5

- a 2
- b 5

- c 6
- d 3
- e 4
- f 1

Exercise 6 (Students' own answers)

Writing

Exercise 1

- a no message
- b no message
- c no message
- d B
- e C
- f A

Exercise 2 (Example answers)

A

Dear Riadh,
Can we get together at 4.00 p.m. on Wednesday, in Room 293?
We need to discuss yesterday's sales figures.
Please get back to me as soon as possible.
Hameed

B

Dear Maha
Well done! It'll be a fantastic job - I'm sure you'll enjoy it. Lucky you!
When does it start?
I wish you all the best!
Huda

C

Dear All,
We'll be in Turkey from Nov 9 to Jan 4. Our contact details are:
Phone: 00 66 7187 4243 (mobile)
Text messages: Jaber 07795 203498; Abeer 07795 203499
E-mail: abeerjaber@blah.com
We're looking forward to seeing you in the new year.
Jaber and Abeer

Exercise 3

- 1 paragraph 1: d
paragraph 2: b
paragraph 3: c
paragraph 4: a
- 2 (Students' own answers)
- 3 (Students' own answers)

Unit 12

Flying stories

Reading

Exercise 1 and 2

It was taken in 1930.

Exercise 3

Date	Event	Record broken
January 3, 1921	First flying lesson	
July 1921	Bought her first plane, named 'Canary'	
October 1922	Set first women's record	Altitude of 4,300 metres

June 17, 1928	Flew from Newfoundland to Wales	21 hours
May 20, 1932	Flew from Newfoundland to Ireland	
August 24-25, 1932	Flew from Newfoundland to Paris, set women's transcontinental speed record	19hrs 5min
June 1, 1937	Began flight around the world	
July 2, 1937	Plane vanished	

Exercise 4

- a impressed
- b altitude
- c nicknamed
- d transcontinental
- e satisfied

Exercise 5

- a 4
- b 5
- c 8
- d 3
- e 1
- f 2
- g 9

Language practice

Exercise 1 (Self-assessment)

- a where
- b which
- c whose
- d which
- e whose
- f where
- g which

Exercise 2

- a The pilot, who was wearing a smart uniform, welcomed the passengers on board.
- b The passengers sat down in their seats, which had no numbers.
- c The cabin crew, who spoke good English, brought snacks round.
- d The flight, which was delayed by snow, finally left at 10 o'clock.
- e The plane arrived in Rome, where it was warm and sunny, two hours late.

Exercise 3

- 1 would you ever consider
- 2 really love to
- 3 What if you crashed
- 4 It's safer than driving
- 5 Really
- 6 I'm a good driver
- 7 Let's both get lessons
- 8 that would be great

Exercise 4

- a take off
- b take up
- c take after

- d taken over

Exercise 5

It's always good to be prepared, and we want you to have the best journey possible when you travel with us. There are some things you can do before you get to the airport like check in online, or you can just browse through some of our useful information. You can also access our arrivals and departures information to make sure your flight is on time.

Exercise 6

- a keep c pull
- b give d learn

Exercise 7

- a hadn't had ... wouldn't have missed
- b hadn't broken down ... wouldn't have bought
- c had visited ... would have found
- d hadn't complained ... wouldn't have upgraded
- e hadn't seen ... wouldn't have invited

Exercise 8

- a 3
- b 2
- c 4

Writing

Exercise 1

One of the tyres was flat. They tried to replace or inflate the tyre, but failed to do so.

Exercise 2

- a Plane tyre was flat; machine to inflate tyres broken; no spare tyre; flight abandoned

Exercise 3 (Students' own answers)

Exercise 4 (Students' own answers)

Progress test 4

Reading

Exercise 1

Pompeii and Herculaneum were fashionable in southern Italian seaside in towns at the foot of Mount Vesuvius. On 24 August 79 of BCE, the people who lived there were just about to be have the dinner when there was a terrifying crash. Mount Vesuvius had erupted, in covering the surrounding the areas with ash and lava. Most of the people of Herculaneum were escaped, but unfortunately the people of Pompeii were not so lucky. But many of them decided to wait for and get together their most valuable possessions, or hide from in their cellars until the eruption was over. They all died, either because of they were poisoned by fumes or were buried by ash. In all, 15,000 of people of Pompeii died in the eruption. The two cities they were not disturbed by for more than sixteen hundred years. When archaeologists started to investigate in 1709, they found out that how the ancient Romans really lived. They uncovered the houses of Pompeii one by one and wrote it down everything they found inside. They found in people doing all kinds of everyday things. One woman, who was been cooking when Vesuvius erupted, still had bread in her hands. And a dog died of because it was tied up and could not escape from. According to scientists, Vesuvius has erupted for over thirty times since 79 BCE.

- 1 in
- 2 in
- 3 of
- 4 be
- 5 the

- 6 in
- 7 the
- 8 were
- 9 But
- 10 for
- 11 from
- 12 ✓
- 13 of
- 14 of
- 15 they
- 16 by
- 17 ✓
- 18 that
- 19 ✓
- 20 it
- 21 in
- 22 been
- 23 ✓
- 24 of
- 25 from
- 26 for

Exercise 2

- a eruption ... surrounding
- b fumes
- c possessions
- d Unfortunately

Exercise 3

- a 1
- b 1
- c 2

Exercise 4

- a Most of them died because they decided to wait and get together their most valuable possessions or hide in their cellars until the eruption was over.
- b They found out how the Romans really lived.
- c They show us exactly what the people were doing when they died.

Exercise 5

- a False. They were preparing for dinner.
- b True
- c True
- d True
- e False. They were at the seaside on the foot of the mountain.
- f False. They uncovered the houses one by one.
- g False. Some of them died by being buried by ash and lava.

Language practice

Exercise 1

- a The two cities were covered by ash and lava.
- b Some of the people of Pompeii were poisoned by fumes. Others were buried by ash and lava.
- c Pompeii wasn't disturbed for more than sixteen hundred years, then it was excavated by archaeologists.
- d The houses of Pompeii were uncovered and everything they found inside was written down.
- e A woman was found hiding under a table, and a dog which had been tied up.

Exercise 2

- a who
- b whose
- c where

- d which

Exercise 3

- a My brother, whose house is in Kuwait City, has a great view of the bay.
- b Faisal, who is in Ahmed's class at school, lives in the flat next to ours.
- c Our flat, which is on the fourth floor, has four bedrooms.
- d My father, who is a businessman, is at a conference.
- e Natasha, who has lost her keys, is very angry.

Exercise 4

- a She has just caught a bus.
- b He's missed the train.
- c She is getting out of a taxi.
- d He is driving a car.
- e He is riding a bike.

Exercise 5

- a Take
- b are made
- c took
- d make
- e made

Exercise 6

- a upgrade
- b slide
- c run out
- d switch
- e unlock

Exercise 7

- a take after
- b take up
- c take over
- d took off

Writing

Exercise 1, 2 and 3 (Students' own answers)