**English Report**

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Out line

Introduction: -

Watching TV is a habit and the effect of TV on society is a major issue today. There are advantages and disadvantages of everything, and television is not an exception.

Body: -

Paragraph 1: Good effects of television on people's life

• spreading awareness

• appeal to all people of different ages

• develops our imagination

Paragraph 2: Bad effects of television on people's life

• waste their time

• become addicted to the internet. lead to inactivity and health problems

• bad for social development

• promote violence

Conclusion: Finally, to avoid the negative effects of watching TV, we need to set some rules and stick to them.

Watching TV is a habit and the effect of TV on society is a major issue today. There are advantages and disadvantages of everything, and television is not an exception.

Television has both positive as well as negative effect on our society. First of all, we will look at the positive effect of TV. It can help in spreading awareness among people as it provides people with all the information they need. There are many channels that appeal to all people of different ages and interests; you can find channels for children, education, sports or for general knowledge. TV develops our imagination and helps people take decisions. It also teaches us morals and good behaviour.

On the other hand, consuming TV badly may lead to some negative effects. Spending too much time in front of television affects our health, makes us idle and leads to obesity. It is detrimental to our social life. Children are greatly affected; as they become isolated and don't have enough time for their study or their family. Some programmes promote violence and children may imitate bad things or dangerous activities. Some people are affected by what they watch on TV and that may lead them to tune out and escape from the real world.

Finally, to avoid the negative effects of watching TV, we need to set some rules and stick to them. The parents' role is important is important as they should guide their kids to get the benefits of this great invention and avoid its bad effects.