English Department

Over to You







| Student's name | |
|-----------------|--|
| Class | 12 / |
| وكتاب التدريبات | ملحوظة: هذه المذكرة لا تغنى عن كتاب الطالب |

Unit 7 lessons 1&2

| Vocabulary | Definition | Meaning |
|--------------------------|--|---------|
| 1- cardiovascular (adj.) | of or related to the heart and blood vessels | |
| 2- centenarian (n.) | a person who is one hundred or more years old | |
| 3- commentary (n.) | the expression of opinions or explanations about | |
| | an event or situation. | |
| 4- cycle (adj.) | to ride a bicycle | |
| 5- elderly (adj.) | (of a person) old or aging | |
| 6- expectation (n.) | a strong belief that something will happen or be | |
| | the case in the future | |
| 7- geriatric (n.) | of or relating to old people, esp. with regard to | |
| | their health care. | |
| 8- honour (v.) | to treat someone with special respect. | |
| 9- integral (n.) | essential or fundamental | |
| 10- onerous (adj.) | (of a task, duty, or responsibility) involving an | |
| | amount of effort and difficulty that is oppressively | |
| | burdensome | |
| 11- supple (adj.) | bending and moving easily and gracefully; flexible | |
| 12- vigorous (adj.) | (of a person) strong, healthy, and full of energy | |

Fill in the spaces with words from the list :

{ vigorous \ geriatric \ centenarians \ honoured \ commentary \ integral }

- 1- Dr. Hareedi waswith the Nobel Prize for Medicine .
- 2- A very exercise can increase the risk of heart attacks.
- 3- Customs and traditions form an part of every human society.
- 4- There is a question mark over the future of care.
- 5- That programme will include live on the Syrian current events .
- 6- Japan has more than 4,000Whose age passed 90.

{ cycle \ onerous \ elderly \ supple \ expectation \ cardiovascular }

- 1- The doctor advised me not to do exercises to avoid tiredness.
- 2- Smoking places you at serious risk ofdiseases.
- 3- people who stay active are usually the healthiest.
- 4- Theytheir bikes half an hour daily.
- 5- These shoes are made fromleather.
- 6- There is widespread that the strike will be settled soon.

Set Book Questions Unit 7 Lesson 1-2

| 1- | In your view, what is the secret of a long life? |
|--------|---|
| 2- | Keeping active for a long time has its long and short term benefits. Discuss. |
| 3- | In your opinion, why is being active <u>mentally</u> important for a long life? |
| | Why do you think it is rare to find geriatric homes (old people's homes) in Kuwait or the Arab world? |
| 5- | Family values are an important part of Middle Eastern lifestyles. Explain. |
| 6- | What should you do to keep your brain fit? |
| | |

Grade 12

Farhan Al Khalid Secondary school

| | Unit 7 | long lives | Lesson Three | | |
|-----------------------------|---------------------------|---------------------------------|--------------------|--------------|---|
| Words | | I | Definitions | | Meanings |
| 1- chronic (adj.) | | Something that | continues for a | long | |
| r em one (uuj.) | | U | not be easily solv | U | |
| 2- deprived of (phra | sal v.) | Dispossess | <i>,</i> | | |
| 3- drowsy (adj.) | | Tired and almo | ost asleep | | |
| 4- genetic make-up | (n.) | Chemical struc individuality | ture that defines | | |
| 5- restful (adj.) | | Peaceful and q | uiet | | |
| 6- shallow (adj.) | | Not deep | | | |
| <u>Fill in the spaces w</u> | <u>ith worc</u> | <u>ls from the list :</u> | | | |
| { chronic \ d | eprived | \ drowsy \ge | netic make-up | \ restful | \shallow } |
| 1- I always have a | | sleep .I can't | get to sleep with | h all that i | noise in my area. |
| 2- He suffers from | | headac | hes. He can't sle | ep withou | it having pills. |
| 3- I feel | | . and have to fig | ht off the urge to | sleep. | |
| 4- The diet allows you | ı to eat le | ess, so you won't | : feel | of your fav | vourite foods. |
| 5- How much sleep w | e need d | epends on the qu | ality of our slee | p and our | |
| 6- I hope you had a re | laxing ar | nd | | weeken | d. |
| Se | t Book | Questions U | nit 7 Lesson | 3 | |
| 1. How much steep | | C C | | | |
| ••••• | | | | ••••• | |
| 2. Different types o | f ages ne | ed different an | ounts of sleep. | How? | |
| | | •••••• | | ••••• | |
| 3. In your view, wh | y is it es | sential to get en | ough sleep?(W | hy is sle | ep important?) |
| | • • • • • • • • • • • • • | | | | • |
| 4. People who tend | to fall as | sleep during the | e daytime face n | nany pro | blems such as: |
| | | | | | |

5. There are different kinds of sleep. Explain.

6. How does the way we sleep affect us ?.

Grade 12

2nd Term

Farhan Al Khalid Secondary school

Unit 7

long lives Less

Lesson four, Five & six

| Vocabulary | | Definition | Meaning |
|----------------|---------------|--|---------|
| 1- blizzard | (n.) | a serve snowstorm with high winds and low visibility | |
| 2- conceal | (v.) | to keep from sight; to hide | |
| 3- dispute | (n .) | a disagreement, argument, or debate | |
| 4- do away wi | th(ph. v.) | to get rid of | |
| 5- do up | (ph. v.) | to fasten; to tie | |
| 6- do without | (ph. v.) | to not have something and manage in spite | |
| 7- excuse | (n.) | a reason or explanation put forward to defend or justify a fault or offense | |
| 8- frequently | (adv.) | on many occasions with little time between them | |
| 9- In spite of | (Prep) | regardless of | |
| 10- make up | (ph. v.) | to invent | |
| 11- make up fo | or (ph.v.) | to take the place of something lost or missing | |
| 12- vicinity | (n .) | The area near or surrounding a particular place | |

Fill in the spaces with words from the list :

{ blizzard \ concealing \ dispute \ excuses \ frequently \ vicinity }

- 1- She knew at once that he was something from her.
 - 2- We were snowed in by a raging
 - 3- The two farmers are involved in a land
 - 4- There are no hotels in the of our house.
 - 5- Iron and folic acid supplements are given to pregnant women.
 - 6- It is his habit, he always lies and gives silly.....

Grammar

<u>Make & Do</u>

Make and do have similar meanings but you can't use them with the same nouns :

Study the following :

| Do = | Make = |
|--------------------------|----------------------------|
| General word for action | Produce or create |
| Do ==>research | Make ⇒ suggestion |
| Do ==> shopping | Make ==>effort |
| Do ==>homework | Make =⇒mistake |
| Do ==>damage | Make => decision |
| Do ==> experiment | Make =⇒a promise |
| Do ⇒a job | Make =⇒a success |
| Do ⇒ (somebody) a favor | Make an arrangement |
| Do ⇒Best | Make =>An appointment |
| Do⇒ The laundry | Make =>>>A phone call |
| Do ==>The dishes | Make =⇒A list |
| | Make =>A bed/ film / movie |
| | Make ==>Noise |

Write either *do* or *make* in its right place :

- 1- She said she wasa research for an article .
- 2- Scientists frequentlyexperiments to test their ideas .
- 3- You will have toa special effort to pass the exam.
- 4- Can Ithe shopping together?
- 5- If you.....your homework again.
- 6- She will.....her decision soon.
- 7- I'vea success in my new job.
- 8- Last night's blizzarda lot of damage to buildings in our vicinity.

| Study | the following | Phrasal | verbs : |
|--------------|---------------|---------|---------|
| | | | |

| Vocabulary | Definition |
|--------------|--|
| do away with | to get rid of |
| do up | to fasten; to tie |
| do without | to not have something and manage in spite |
| in spite of | regardless of |
| make up | to invent |
| make up for | to take the place of something lost or missing |

Choose the right option:

| 1- If you can't get it to us in tima- make up for | • | | d- do up |
|---|----------------------------------|--|---------------------------------|
| 2- I think we have tothe tr a- make up for | • | ting in elections. Techno c- do away with d- do | |
| 3- Her enthusiasm maya- make up for | her lac. b- do without | k of experience. c- do away with | d- do up |
| 4- What you know is totally fala- made up for | | | • |
| 5- He the a- did away with | | • | d- did up |
| 6- We can'tthe help ofa- do without | | c- make up | d- make up for |
| 7- The long-range goal must bea- do away with | | - | - |
| 8- Ask for an extra compensationa- do away with | | - | |
| 9- There is a shortage of sugara- do without | | | |
| 10- You shouldn't try to a- do away with | sleep. Y b. do without | ou need at least eight ho c. do | urs a night. d. do up |



<u>Rewrite the two sentences as one sentence using (both ... and)</u> 1 -The food was terrible. The service was terrible too. 2 -Angela played the piano. Lucy also played the piano. 3- Eagles hunt small animals. Wolves hunt small animals. 4- The film is very funny. The book is also very funny. 5- Japan has a lot of earthquakes. California has a lot of earthquakes. 6- Her mother is tall. She is beautiful too. 7- I love soft music. My sister loves soft music also. 8- My brother visited France. He also visited Italy.

Reported Speech

1- Statement Report the statements into indirect speech:-1- He said to me, "I'm glad to meet you. 2- They said," We had lost our way to the park." 3- " I'll be there in the café tomorrow." 4 - " Our teacher asks too many questions." They said 5-"I'll pay for your friend's ticket." He told me 6-"I have forgotten to post my letters." He told us 2- Questions There are two kinds of reported questions: Wh- questions Yes/ No questions Wh-questions Change into reported speech: 1- I said "Where will you spend this weekend." _____ 2-The father "Where did you go yesterday?" _____ _____ 3-"Why are you laughing at me?" He asked her 4-"What do you want?" She asked me 5-"When will you come to see us again?" They asked.....

Yes / No Questions

Change into reported speech:

| 1.'' Would you like go shopping tomorrow ?'' Mariam asked her friend |
|---|
| 2." Have you already been on holiday?" Omar asked us |
| 3." Are you hungry ?" My mother asked me |
| 4.'' Is she feeling alright .'' He asked |
| 5." Did you enjoy your holiday?" Ali asked Mona |
| <u>Report the following sentences :</u> 1-" Study your lessons." The teacher advised the students |
| 2-The man said "Tell me the way to the hospital, please." |
| 3-"Open the door." The teacher said. |
| |

4- Prohibition

Report the following sentences :

| 1-"Don't forget to bring my bag today ?" |
|--|
| Mona |
| said |
| 2-" Don't neglect your duties." |
| The captain ordered his men |
| 3-My mother said to me "Don't watch TV all day." |
| 4- "Never swim here" |
| 5- " Study your lessons and don't waste your time. " |
| The teacher advised the students |
| |

| > | Unit 7 | long lives Lesson 7 & 8 | \langle |
|-----------------|---------------|---|-----------|
| Vocabul | lary | Definition | Meaning |
| 1- admiration | (n.) | respect and warm approval | |
| 2- affection | (n.) | a gentle feeling of fondness or liking | |
| 1- ailment | (n.) | an illness, typically a minor one. | |
| 2- bestow | (v.) | confer or present (an honor, right, or gift) | |
| 3- deserve | (v.) | to do something or have or show qualities worthy of (reward or punishment) | |
| 4- due | (adj.) | expected at or planned for at a certain time | |
| 5- fatal | (adj.) | causing death | |
| 6- life expecta | ncy (exp.) | the average period that a person may expect to live | |
| 7- reverence | (n.) | deep respect for someone or something | |

{admiration \ bestowed \ due \life expectancies \ fatal}

- 1. He made a mistake of spending all his money on the project.
- 2. The university on her an honorary degree.
- 3. The amount you should pay is 45 dollars.
- 4. She earned theand respect of her coworkers.
- 5. We have longerthan our parents.

Fill in the spaces with words from the list:

{ ailment \ due \ deserved \ reverence \ affection }

- 1- Muslims show a deep for their religion.
- 2- She suffered from a chronic back
- 3- The team really that victory after the way they played.
- 4- We have a deep for kuwait and its people.

5-

| | Set Book Questions Unit 7 Lesson 7 & 8 |
|-------------------|---|
| | show our respect and gratitude to the elderly? o practical ways by which you can show respect to the elderly?) |
| Why should v | we respect and look after the elderly? |
| (Why has life exp | now living longer than before due to ectancy increased in the modern world? |
| | ne following into English: 1-يعتمد متوسط عمر الإنسان على عاداته الغذائية ومدى اهتمامه بممارسة الرياضة. |
| | 2-علي الرغم من انه معمر منوي إلا انه يؤدى عملا مضنيا يعكس نمط حياته المفعم بالحيوية. |
| | 3-يندر وجود دور للمسنين في الكويت نظرا لما يتمتع به كبار السن من الاحترام والرعاية. |
| | 4-لقد قررنا أن نمنح الجائزة لأفضل بحث يتعلق بأمراض الشيخوخة. |
| | |

| | Unit 8 Town and Country Lessons 1 & 2 | |
|-----------------------------|--|---------|
| Word | Definition | Meaning |
| 1- almond (n.) | The tree that produces a flat pale nut with brown skin that tastes sweet | |
| 2- depopulation (n.) | The process of the number of people reducing in an area | |
| 3-deserted (adj.) | Abandoned , neglected | |
| 4-export (n.) | Selling and sending out of goods | |
| 5-graduated (adj.) | Divided into different levels | |
| 6- infrastructure (n) | The basic physical and organizational structures and facilities needed for society enterprises | |
| 7-overcrowding(n) | The process of filling an area beyond what is usual or comfortable | |
| 8-Public services n. | A service that is run for the benefit of the public | |
| 9-reverse (v.) | To make something the opposite of what it was | |
| 10-rural (adj.) | Relating to the countryside rather than to the town | |
| 11-socioeconomic (adj.) | Concerned with the interaction of social and economic factors | |
| 12- unemployment (n.) | The state of being jobless | |
| 13- Vacant (adj.) | Having no fixture or empty | |
| 14- Vice versa (adv) | With the main items in the preceding statement the other way around. | |

{ almond \ reversed \ graduated \ vice versa \ depopulation \ infrastructure \ deserted }

- 1- Farms are by farmers who leave their farms looking for jobs.
- 2- We need to spend more money on maintaining and repairing the......of our town.
- 3- Ruralcan lead to overcrowding in cities.
- 4- On the left was a plantation of trees.
- 5- Teachers qualified to teach in England are not accepted in Scotland and
- 6- The runners their direction on the track.
- 7- The books that the children are using to learn to read are on a scale of difficulty.

{ exports \ public services \ vacant \ socioeconomic \ unemployment \ overcrowding }
1- The money is used by local authorities to pay for

- 2- to Kuwait have risen this year in comparison with imports.
- 3-..... Is a big problem young people face nowadays .
- 4-There are nojobs in the ministry of Education this year.
- 5- The term may refer broadly to the "use of economics in the study of society.

6- areas causes a lot of stress on me.

Set Book Questions Unit 8 Lesson 1&2

1- In your opinion, what are the bad consequences of the rural depopulation? 2- What are the advantages and disadvantages of living in a city? **3-** Where would you like to live in the country or the city? Why? _____ 4- City life could be less stressful if 5- Who now lives in deserted villages and country areas? Why? 6- Why do you think farming has become less profitable in recent years? 7- Why are many of the inhabitants of villages elderly people? 8- How can the governments make villages more attractive places for people to settle in?

| Unit 8 | Town and Country | Less. 3 | \langle |
|--------|-------------------------|---------|-----------|
| CIIICO | rown and country | | |

| Word | Definition | Meaning |
|-----------------------|--|---------|
| 1- Contentment (N) | The state of being happy and satisfied | |
| 2- Crown jewel | The most valuable thing that a person or place | |
| (N) | has | |
| 3- Demarcation | The point at which one area (of work or | |
| (N) | responsibility) ends and another begins | |
| 4- Skyline | The shape made by hills or buildings against | |
| (N) | the sky | |
| 5- Vertical village | The same amount of people occupying a | |
| (expression) | village but in one tall building | |

{ contentment \ crown jewel \ demarcation \ skyline \ vertical villages }

- 1-means the outline of buildings against the background of the sky.
- 2- Burj Mubarak Al-Kabir will house seven.....
- 3- The Egyptian painting is the of the museum's collection.
- 4- The bounardy between the countries must be clearly drawn.
- 5- He believes that people can find peace and in living simply.

Set Book Questions Unit 8 Lesson 3

1- Why do you think the Silk City (Madinat Al-Hreer) is being built?

.....

.....

2- How do you think cities like Silk City will change the way we live?

.....

-

| Unit | 8 Town and Country Less. 4, 5 & | |
|-------------------------------------|---|---------|
| XAZ J | | |
| Word | Definition | Meaning |
| 1- Astounded (adj) | Shocked or greatly surprised | |
| 2- Bump into (V) | To meet by chance | |
| 3- Densely (adv) | Closely compacted | |
| 4- Disturbance (N) | The interruption of a peaceful condition | |
| 5- Embarrassed (adj) | Showing or feeling shame | |
| 6- Far and wide (idiom) | Over a large area | |
| 7- Glamour (N) | An attractive quality | |
| 8- Hub (N) | Centre of activity | |
| 9- Hustle and bustle (idiom) | Lively activity | |
| 8- Metropolis (N) | Densely populated city | |
| 10-Narrate (V) | Give a spoken or written account of | |
| 11- Odds and ends (idiom) | Bits and pieces | |
| 12- Pluck up the Courage (idiom) | Make an effort to do something that frightens one | |
| 14- tranquil adj. | | |

Fill in the spaces with words from the list :

{astounded \ hub \ densely \ narrates \ disturbances \ metropolis }

- 1- His Highness Sheikh Sabah Al-Ahmad is doing his best to change Kuwait into a Worldtrading country.
- 2- England was once a wooded country with a lot of trees grew close together.
- 3- We wereby the magician tricks.
- 4- is a large important city
- 5- She doesn't want any more while she is studying.
- 6- The author his story in great detail.

{ bumped \ embarrassed \ far and wide \ glamour \hustle and bustle \ tranquil \ odds and ends }

- 1- We searched for someone who could tell the real story.
- 2- I don't like the of noisy places .
- 3- His unexpected response the audience.
- 4- She left her hometown, attracted to the of the big city.
- 5- The hotel is in a rural setting.
- 6- I will look for them among all my
- 7-We into Ali when we were in London last week.

Study the following idioms :

Pick and choose \implies select exactly ىختار Chalk and cheese two completely different things مختلفان تماما البواقى • Odd and ends different things Trial and error المحاولة و الخطأ trying things out and seeing what happened المحاولة و Nearest and dearest \implies family and close friends أقرب الأقارب • A far and wide \implies over a large area من کل حدب و صوب Hustle and bustle \implies activity \ liveliness النشاط و الحيوية - زحام وضجيج هدوع و سكينة في مجمله / بشكل عام By and large \implies on the whole \setminus in general Pluck up the courage _____> يستجمع شجاعته *Rough and ready مجهز على عجل / بدون إعداد جيد

Fill in the spaces with one of these idioms:

1-The richest universities can......which students they can take.

2-He can't do away with them. They are his.....

- 3-There are a few left to collect.
- 4-I like the of the marketplace.
- 5-Our economic system,...., is efficient and strong.
- 6-He finally.....to ask her to marry him.
- 7-They can't be friends. They are like.....
- 8- There is no instant way of finding a cure. It's just a process of.....

Subject–Verb Inversion

| Complete the following sentences : |
|---|
| 1- I shall never forget your kindness. |
| Never |
| 2- She rarely does her homework alone. |
| Rarely |
| 3- We had hardly started when it began to rain. |
| Hardly |
| 4- They not only robbed you, they smashed everything. |
| Not only |
| 5- She only now understood the problem . |
| Only now |
| 6- I have never been as annoyed as when I lost my mobile phone. |
| Never |
| 7.I little expected to see my friend at the library. |
| Little |
| 8- I was treated so poorly that I left in disgust. |
| So |

<u>Relative Pronouns</u>

From a , b , c and d choose the right word:

| 1) This is the hotel | we | usually stay when we have a | holiday. |
|----------------------|--------------------|-------------------------------|-----------------|
| | | c) when | |
| 2) Edison is the sci | entist | invented electricity. | |
| a) whose | b) which | c) whom | d) who |
| 3) A widow is a wor | nan | husband is dead. | |
| a) whose | b) which | c) whom | d) who |
| 4)The people | we v | visited were very nice. | |
| a) whose | b) which | c) whom | d) who |
| 5) Do you remember | er the exact time | the accident | happened. |
| | | c) whom | |
| 6) The city, | is very p | polluted, is home to over 25 | 0,000. |
| a. which | b. who | d. why | d. whose |
| 7)The actor , | I went to school v | with, gained great enjoymen | t from his job. |
| a. who | b. why | d. where | d. which |
| 8) I'll always remem | ber the day | I started school. | |
| a. when | b. where | d. who | d. whom |
| , | | e stayed for over three weeks | • |
| a. when | b. in which | d. who | d. whom |

Comparative and contrastive connectors

Choose the right option from a , b , c and d : 1- In Kuwait, summer is too hot, winter is cool. (a) in comparison with (b) instead of (c) whereas (d) on the other hand. 2- cooking, let's go out for dinner. (a) Whereas (b) In comparison with (c) On the other hand (d) Instead of. 3- City life is exciting,, life in the countryside is more peaceful. (a) in comparison with (b) instead of (c) whereas (d) on the other hand 4- Life nowadays, life a century ago was quite hard. (a) In comparison with (b) But (c) Whereas (d) Instead of 5- Kuwait City is the largest city in Kuwait,.....Silk City will be almost as big. b. but c. so that a. and d. so 6- Kuwait City has a population of about 150,000, Silk City will have a population of 750,000 a. whereas **b.** because c. as a result d. because of 7- Kuwait City was established in the 18th century, Silk City, which is going to be built in the 21st century. a. because b. in comparison with c. as a result d. and 8- Many cities mix financial, business and residential areas, Silk City will separate these sectors. a. while b. when d. and c. as 9- Seoul in South Korea, Warsaw, the capital of Poland, is quite a small city. a. Whereas b. In comparison with c. Instead of d. But 10- Seoul has a population of over 10 million people, Warsaw has only 2 million. a. Whereas b. In comparison with c. Instead of d. But 11- I've decided to learn Chinese...... French at university. a. whereas b. in comparison with c. instead of d. but

2nd Term

Unit 8 Town and Country Less. 7 & 8

| Word | Definition | Meaning |
|---------------------------|---|---------|
| Advantageous adj. | A condition that puts one In a | |
| | favourable position | |
| Leafy adj. | Having much foliage because of an | |
| | abundance of trees or bushes | |
| Make it your own | Change something in your possession | |
| expr. | so that you reflect your character | |
| Palatial adj. | Resembling a palace in being spacious | |
| | and splendid | |
| Picturesque adj. | Visually attractive | |
| | | |
| Residents' parking | Parking space reserved for residents of | |
| N. | a particular area | |

Fill in the spaces with words from the list :

{ advantageous \ residents' parking \ palatial \make it your own \ picturesque \ leafy }

- 1- He lives in a house near the sea.
- 2- The view of the mountains was very
- 3- Her experience placed her in an/a position to apply for the job.
- 4- The backyard's bushes look nice and add attraction to the area.
- 5- There is awhere you can keep your car safe.
- 6- At last you got your new flat. You canby adding your touches.

Set Book Questions Unit 8 Lesson 7 & 8

1-What things should be put into consideration if you want to choose a place to live in?

.....

2- How can you make your house look more beautiful?

Translation

| <u> Translate into English :</u> | |
|----------------------------------|---|
| | يفضل كبار السن العيش في القرى الآن. |
| | |
| | |
| | |
| | 2- تعاني بعض الدول من الأثار السلبية لترك القرويون قراهم والعيش بالمدن. |
| | |
| | |
| | |
| | |
| | 3- يبحث معظم الناس عن أماكن هادئة وأقل از دحاما وثلوثاً للعيش فيها. |
| | |
| | |
| | |
| | |
| | 4- تعتبر مدينة الحرير هي الحل الأمثل لمشاكل الكويت السكنية . |
| | |
| | |
| | |
| اري عالمي. | 5- السبب الرئيسي في انشاء مشروع مدينة الحرير هو جعل الكويت مركز تج |
| | |
| | |
| | |
| | 6- المناطق المكتظة بالسكان عادة ما تعانى من التلوث والازدحام المروري. |
| | |
| | |
| | |
| | |
| | 8- تعمل الحكومة جاهدة على حل مشكلتي الازدحام والبطالة . |
| | - |
| | |
| | |
| | |

| | _ |
|-------------------------------------|---|
| Unit 9 New Ways and Old Less. 1 & 2 | |
| | |

| Word | Definition | Meaning |
|-----------------------|---|---------|
| 1- Competent Adj. | Having the necessary ability or skill to do something successfully | |
| 2- Cookery N | The practice or skill of preparing and cooking food | |
| 3- Custom- made Adj. | Made to a particular customer's order | |
| 4- Fix V | To repair something that is broken or not working properly | |
| 5- Mail order N | The selling of goods to customers by mail | |
| 6. Mass-produced Adj. | Produced in large quantities by an automated process | |
| 7- Unique Adj. | Being the only one of its kind | |
| 8- Unusual Adj. | Not commonly occurring | |
| 9- Workshop N. | A room or a building in which goods are manufactured or repaired | |

{ workshop \ fix \ cookery \ unique \ mass-produced }

- 1- books offer new ways of making meals.
- 2- A lot of goods are by using modern machines in our factory.
- 3- Each person's genetic code is except in the case of identical twins.
- 4- We held a to discuss an important issue.
- 5- They couldn't my old computer, so I bought a new one.

{ competent \ mail order \ custom-made \ unusual }

- 1- "Do you like the new settee?" "Very much, it's most"
- 2- I often buy clothes by
- 3- This car isit is specially made for a particular buyer.
- 4- I wouldn't say he was brilliant but he is at his job.

5-

Set Book Questions Unit 9 Lesson 1&2

- 1- How have traditional pastimes and leisure activities changed in the modern world?
-

2- People in the past were able to do many things which they can't do now. Mention two.

.....

| Unit 9 New Ways and Old Less. 3 | |
|---------------------------------|--|

| Word | Definition | Meaning |
|---------------------------|---|---------|
| 1- Contemporary (adj) | Occurring in the present | |
| 2- Craftsman (N) | Someone who is very skilled at a particular craft | |
| 3- In parallel (N) | Occurring at the same time | |
| 4- Platform (N) | A raised level surface on which people or things can stand | |
| 5- Pottery (N) | Clay that has been shaped and baked in order to make pots, dishes | |
| 6- Promote (V) | Support or actively encourage | |
| 7- Seamlessly (adv) | Smooth or without obvious joins | |
| 8- Socialize (V) | To mix socially with others | |

Fill in the spaces with words from the list :

{ contemporary | craftsmen | parallel | platform}

- 1- The plates are hand painted by our finest
- 2- Although it was written hundreds of years ago, it still has a feel to it.
- 3- These two machines are in....., they both receive the same amount of electricity at the same time.
- 4- He stepped up onto the and started his speech .

{ pottery \ socialize \ promotes \ seamlessly }

- 1- Making is not an easy task, it needs both an art and hand skills.
- 2- This type of gamesthinking.
- 3- He likes to with his coworkers after work ends.
- 4- What a transition from step to step in Mr. Moustafa's lesson!

| | Unit 9 | Set Books | Less. 3 | | |
|-------------------------|-----------|--------------|---|---------------------------------|-----------------------|
| 1- Bayt Lothan is an o | old house | serving new | v purposes | .Explain. | |
| | | | | | |
| | | | | | |
| | | | | • • • • • • • • • • • • • • • • | |
| 2- Is it better to reus | | dings, or bu | uild entirely | y new ones | that perfectly suit a |
| community's needs? | | | | | |
| | | | • | | |
| | | | | | |
| 3- What kind of wor | kshops ar | nd lessons a | re held in F | Bayt Lotha | n ? |
| | | | | | |
| | | | | | |

| Unit 9 | New Ways and Old | Less. 4, 5 & |
|--------|------------------|--------------|
| | | |



| Word | Definition | Meaning |
|---------------------------|---|---------|
| 1- Below Par (exp) | Something which is inferior | |
| 2- Call the shots (exp) | To make the important decision | |
| 3- Immobile (adj) | Motionless | |
| 4- Neck and neck (exp) | Evenly matched | |
| 5- Put to(ph.v) | To ask someone a question about something important | |
| 6- Snooker (N) | A game played on a billiard table in which the players use a cue ball to pocket the other balls | |
| 7- Substandard (adj) | Below the usual or required standard | |
| 8- Toe the line (exp) | To accept the authority of a particular group under pressure | |
| 9- Ungentlemanly (adv) | Dishonorable | |

{ below par \ calling the shots \ immobile \ neck and neck \ put }

- 1- The general manager is the one who isin our company.
- 2- The two teams were tell the end of the match.
- 3- I have a question I want toto you.
- 4- She sat, wondering what to do next.
- 5- I am not qualified for that job I am feeling a bit

{ substandard \ snooker \ ungentlemanly \ toe the line }

- 1- I don't like playingit is not my favourite game.
- 2- Mr. Hani is a teacher who rejects work without hesitation.
- 3- Ministers who wouldn't were swiftly got rid of.
- 4- He was dismissed because he behaved

Grammar Study the following expressions

| not cricket | unfair \ ungentlemanly | الأمر ليس هزلا |
|---|--|------------------|
| call the shots (wear the trousers) | to control \ to direct action | يتخذ القرارات |
| (call the tunes) | | الحاسمة |
| neck and neck | evenly matched or paced \ an equal chance of winning | متعادلان |
| toe the line | to do what you are ordered or expected to do | يمتثل للأوامر |
| below par (under the par) | Substandard | دون المستوى |
| Fill in the spaces with one of the | dioms: | |
| 4-He is the only person who can | | the whole situat |
| | | |
| | bs(present — pat — future) If | |
| - I couldn't repair my computer myse | | |
| - I couldn't repair my computer myse | lf. | |
| - I couldn't repair my computer myse | lf. | |
| I couldn't repair my computer myse We didn't build our own house . 3-People don't service their cars thems She didn't make the dress herself. | lf. selves. | |
| I couldn't repair my computer myse We didn't build our own house . 3-People don't service their cars them She didn't make the dress herself. | lf. selves. | |
| I couldn't repair my computer myse We didn't build our own house . 3-People don't service their cars thems She didn't make the dress herself. 5.He isn't going to take his own photo | lf. selves. | |
| I couldn't repair my computer myse We didn't build our own house . 3-People don't service their cars them She didn't make the dress herself. | lf. selves. garden ourselves. | |
| I couldn't repair my computer myse We didn't build our own house . 3-People don't service their cars thems She didn't make the dress herself. 5.He isn't going to take his own photo 6.We didn't cut down the trees in our g | lf. selves. garden ourselves. | |
| I couldn't repair my computer myse We didn't build our own house . 3-People don't service their cars thems She didn't make the dress herself. 5.He isn't going to take his own photo 6.We didn't cut down the trees in our g | lf. selves. garden ourselves. elf . | |

3- Yes, I used to practice sports when I was young . (Form a Question)

.....

| | - | |
|---|---|--|
| | | |
| | | |
| | | |
| | | |
| | | |
| - | | |

Unit 9 New Ways and Old Less. 7 & 8



| Word | Definition | Meaning |
|-----------------------|--|---------|
| 1- appoint v. | To choose someone for a job | |
| 2- bill n. | A written proposal for a new law, which is brought to a parliament so that it can be discussed | |
| 3-biography n. | An account of someone's life written by someone else | |
| 4- customarily adv. | Usually, habitually | |
| 5- degree n. | The qualification that is given to you when you have successfully completed a course of study | |
| 6- doctorate n. | A university degree of the highest level | |
| 7- master's degree n. | A university degree that you can get by studying for one or two years after your first degree | |
| 8- minister n. | A politician who is in charge of a government department | |
| 9- parliament n. | The group of people who are elected to make a country's law and discuss important affairs | |
| 10- portfolio n. | The work that a particular government official is responsible for | |
| 11- resign n. | To announce that you have decided to leave your job or an organization | |
| 12- whereas conj. | In contrast or comparison with the fact that | |

Fill in the spaces with words from the list :

{ appointed \ bill \ biography \ customarily \ whereas \ resigned }

- 1- He must be about sixty, his wife looks about thirty.
- 2- They've three new teachers this year.
- 3- He from the company in order to take a more challenging job.
- 4- They sent us a for the work they had done.
- 5- A of Massouma Al-Mubarak is written in grade 12 book.
- 6- In some cultures the bride is dressedwhite dress .

{ Master's degrees \ minister \ parliament \ portfolio \ degree \ doctorate }

- 1- She has a Master's degree then a in physics from Canada.
- 2- An MA and a MSC are both
- 3- Theof Education declared some good news for teachers concerning salaries
- **4-** This job demands a high of skill.
- **5-** The Prime Minister offered her the foreign affairs
- 6- The house ofin Kuwait is located in Kuwait on the Gulf.

Set Book Questions Unit 9 Lesson 7&8

1- Dr. Massouma Al Mubarak is a walking example to follow. How far do you agree?

.....

-
- 2- How is a biography different from an autobiography ?

.....



1- What were the characteristics of the games of the past? Mention some of the old Kuwaiti games.

.....

2- Why is it so important to keep in touch with ones past?

<u> Translate into English:</u>

1-تعتبر معصومة المبارك أول امرأة وزيرة في الكويت حيث ولدت وتر عرعت. 2-حصلت الدكتورة معصومة المبارك على درجة الماجستير في العلوم السياسية في عام 1976. 3-في العام 2009 كانت الدكتورة معصومة المبارك واحدة من ضمن ثلاث نساء اللائي فزن بمقاعد في الانتخابات البر لمانية الكويتية. 4-كانت الخبصة لعبة من الألعاب المسلية البسيطة التي إعتاد البنات على لعبها في الماضي. 5-كلمة لوذان تعنى مأوى وكانت إسم المنطقة التي كان قائما عليها البيت الذي كانت تحتمى به السفن من العواصف.

| | Unit 10 Pushing the limits Less. 1 & 2 | |
|-------------------------|---|---------|
| Word | Definition | Meaning |
| 1- Ascend (v.) | to climb to the summit of a (mountain or hill) | |
| 2- Attempt (n.) | an effort to surpass a record or conquer a mountain | |
| 3- Dizzying (adj.) | make (someone) feel unsteady, confused, or amazed | |
| 4- Elite (n.) | a group of people considered to be the best in a | |
| | particular society or category, esp. because of | |
| | their power, talent, or wealth | |
| 5- Exhaustion (n.) | a state of extreme physical or mental fatigue | |
| 6- Extreme (adj.) | reaching a high or the highest degree; very | |
| | great | |
| 7- Frost bite (n.) | injury to body tissues caused by exposure to | |
| | extreme cold | |
| 8- Highlight (v.) | pick out and emphasis | |
| 9- Perilous (adj.) | full of danger or risk | |
| 10- Reconstruction (n.) | the action or process of rebuilding something | |
| | after it has been damaged or destroyed | |
| 11- Scale (v.) | to climb up or over(something high and steep) | |
| 12-Summit (n.) | the highest point of a hill or mountain. | |

<u>Fill in the spaces with words from the list :</u> { ascend \ attempt \ elite \ dizzying \ exhaustion \ extreme }

- 1- Aziz felt ill with
- 2- Khaled failed his driving test on the first but he succeeded on the second one.
- 3- The tower rose to heights.
- 4- "..... happiness begets tragedy."
- 5- She believed that when she died, her soul would to heaven.
- 6- Dr. Ma'soma Al- Mubarak is one of the country's educated

{ highlights \ reconstruction \ perilous \ scaled \ summit }

- 1- Kuwait made a great progress in the of old buildings.
- 2- She made a journey across the mountains.
- 3- The prisoner the high prison wall and ran off.
- 4- Ahmad set the record as the oldest person ever to reach theof Mount Everest.
- 5- The report the need for improved safety.

Set Book Questions Unit 10 Lesson 1&2

| 1. In your view, what qualities would a person need to survive in icy mountains? (Or: What type of personality and skills are important for challenges?) |
|---|
| 2. A mountain climber may face some difficulties. Suggest some of them. |
| 3. There should be some certain preparations before going on expeditions. Discuss. |
| |
| 4- Do you agree that Zed Al Refai's aims in climbing the seven peaks and the mountains in Pakistan were for noble reasons? Justify your answer. |
| |
| 5- What can be learnt from expeditions of challenges? |
| |
| 6- What precautious devices should people take when going on expedition to ensure their safety? |
| |
| 7- Why do you think some people push themselves to extreme limits? |
| |

2nd Term

Unit 10 Pushing the limits Less. 3

| Word | Definition | Meaning |
|-------------------------|---|---------|
| 1- Clamber: (v.) | to climb or move slowly somewhere, using your hands and feet because it is difficult or steep | |
| 2- Manned: (adj.) | run or operated especially by human control | |
| 3- Set a record:(exp.) | to reach a new limit | |
| 4- Submerged: (adj.) | under water | |
| | with words from the list . | |

<u>Fill in the spaces with words from the list :</u>

{ clamber \ set a record \ manned \ submerged }

- 1- Banking services in Kuwait are24 hours a day.
- 2. Hesham was the first athlete to
- 3- Captain Hareedi was taken to hospital after being..... in an icy river.
- 4 -They over the rocks to reach the summit of mount Everest.

Set Book Questions Unit 10 Lesson 3

1- In your opinion, what are the pros and cons of record breaking attempts?

.....

2- Why do you think Steve Fossett became the first person to travel solo round the world in a hot air balloon?

.....

| Unit 10 Pushing the limits Less. 4 & 5 | |
|--|--|
| Chit 101 ushing the limits Less. 4 & 5 | |

| Word | Definition | Meaning |
|-------------------------|--|---------|
| 1- afflicted (adj.) | affected in an unpleasant, painful way | |
| 2- alight (v.) | on fire; burning | |
| 3- arson (n.) | the criminal act of deliberately setting | |
| | fire to property | |
| 4- austere (adj.) | severe or strict in manner, attitude, or | |
| | appearance | |
| 5- come across (ph. v.) | to meet or find by chance | |
| 6- come away with | to be left with a specified feeling, | |
| (ph. v.) | impression, or result after doing | |
| | something | |
| 7- come down (ph. v.) | Become lower (price) | |
| 8- come over (ph. v.) | to visit you at your house | |
| 9- come round (ph. v.) | recover after being unconscious | |
| 10- come up (ph. v.) | to be mentioned especially in a - | |
| | conversation. to become available | |
| | especially unexpectedly | |
| 11-exhilarated (adj.) | feel very happy | |
| 12- fatigued (adj.) | tired or exhausted | |
| 13- traverse (v.) | to travel across or through | |
| 14- unconscious (adj.) | hear, otherwise sense unable to see, | |
| | usually temporarily what is going on, | |
| | and often as a result of an accident or | |
| | injury | |
| 15- visible (adj.) | able to be perceived or noticed easily | |

{ traverse \ afflicted \ arson \ alight \ exhilarated }

- **1-** Some countries are by civil wars.
- 2- Tarek..... the continent from west to east on his bike.
- 3- A cinema was burnt out in North London last night. The Police reported it as an
- 4- When the school principal put the medal round my neck I was
- **5-** I had to use a bit of petrol to get the fire

{ fatigued \unconscious \ visible \ austere}

- 1- What is wrong with you ? You look white and
- **2-** Most religious people lead a \ an life of prayer and solitude.
- **3-** She was hit on the head by a stone and knocked
- 4- The sign was clearly to passing motorists.

Fill in the spaces with words from the list :

{came away with / came round/ come over/ came across /come up / come down }

- 1- As we were walking up the mountain, wea small camp site.
- 2- It had been coldly all morning, but in the afternoon the sun.....
- 3- After she fell and hit her head on the ice, it was ten minutes before she.....
- 5- I wish the price of petrol would.....
- 6- In the end, I the first prize.
- 7-when you're next in town.

Grammar

<u>Correct the verbs in brackets : (Past Perfect)</u>

| 1- | I did not have any money because I (lose) my wallet. | 1 | | |
|---|---|---|-------|--|
| 2- | Tony knew Istanbul so well because he (visit) the city several times. | 2 | ••••• | |
| 3- | Kristine (never be) to an opera before last night. | 3 | ••••• | |
| 4- | (you ever visit) the U.S. before your trip in 2006? | 4 | ••••• | |
| 5- | Yes, I (be) to the U.S. once before. | 5 | | |
| <u> Correct the verbs in brackets : (Past Perfect Continuous)</u> | | | | |
| 1- | They (talk) for over an hour before Tony arrived. | | 1 | |
| 2- | - She (work) at that company for three years when it went out of business. 2 | | | |
| 3- | How long (you wait) to get on the bus? | | 3 | |
| 4- | Mike wanted to sit down because he (stand) all day at work. | | 4 | |
| 5- | James (teach) at the university for more than a year before he left for Asia. 5 | | | |
| | <u>Correct the underlined</u> | | | |
| 1. | . He passed all his exams. He <u>revise</u> for a month. | | | |
| | | | | |

2. They <u>finish</u> preparing the magazine a week before. They <u>prepare</u> it for over a month.

.....

- 3. I went to the hospital to see Fahad. He **<u>break</u>** his leg during a football match.
-
- 4. Everyone enjoyed the family celebrations. My mother <u>make</u> all the food herself.

.....

So that = In order that

<u>Correct the underlined</u>

1- They came early <u>so that</u> find a front seat.

2- I am working hard **in order to** I can join the Kuwait university.

.....

3- The divers use flippers **<u>in order that</u>** swim faster.

Suchthat

Correct the underlined

- 1- It is such <u>a</u> ugly dress <u>to</u> she won't wear it.
- 2- It was such <u>an</u> crowded class <u>in order to</u> some pupils didn't find a seat.

.....

3- He is **angry such a** person that you can't speak to him.

Study the following Idioms and phrasal verbs

| | ينتهي |
|------------|----------------------------------|
| | یرجی منه فائدة |
| | تعترضه مشكلة ما |
| | يعقب / يأتي خلف |
| $\square $ | يصدر (البوم غنائي / جريدة)/يظهر |
| $\square $ | ينفصل عن |
| | يهرب / يزوغ من |
| | يسير جنبا إلى جنب |
| | يتقدم لعرض مساعدة |
| | |

Fill in the spaces with one of these idioms and phrasal verbs :

- 1-We walked to the next beach tofrom the crowds.
- 2-When will their album.....?
- 3-Which king..... Edward ?
- 4-Keep it, it may..... one day.
- 5-I just opened the drawer and the handle..... in my hand.
- 6-Everyone wishes the war would come soon.
- 7-If you comedifficulties let me know and I will help out.

Grade 12

| | Unit 10 Pushing the limits Less. 7 & 8 | |
|---|---|---------|
| Word | Definition | Meaning |
| 1- assist (v.) | to help (someone), typically by doing a share of the work | |
| 2-binoculars (n.) | an optical instrument with a lens for each eye, used for viewing distant objects | |
| 3- cope with (v.) | to deal effectively with something difficult | |
| 4- crave (adj.) | to feel a powerful desire for (something | |
| 5- engulf (v.) | (of a natural force) sweep over (something) so as to surround or cover it completely | |
| 6- entail (v.) | involve (something) as a necessary or inevitable part or consequence | |
| 7- feat (n.) | an achievement that requires great courage, skill, or strength | |
| 8- grueling (adj.) | extremely tiring and demanding | |
| 9-mountaineer (n.) | a person who takes part in the sport or activity of climbing mountains | |
| 10- strong-willed (adj.)determined, stubborn | | |

Fill in the spaces with words from the list :

{ grueling \ assist \ feat \ mountaineer \ engulfed \ binoculars }

- 1- We need tothe handicapped live a normal life.
- 2- I couldn't see the balloon in the sky till I looked through
- 3- Junior doctors often have to work a 100-hour week.
- 4- She's performed a remarkable organizing the office.
- 5- Zed Al Refai, the Arabclimbed the seven peaks .
- 6- The flames rapidly the house.

{ cope with \ craved \ entails \ strong-willed }

- **1-** She has always excitement.
- **2-** The joba lot of hard work.
- **3-** She's very and if she's decided to do something, nothing will stop her.
- **4-** It must be difficult for her to three small children and a job.

Set Book Questions Unit 10 Lesson 7&8

| 1- There are some certain characteristics and skills for challenges. Explain. | | |
|--|--|--|
| | | |
| 2- What can be learnt from expeditions of challenges? | | |
| | | |
| | | |
| Translation | | |
| <u> Translate into English:</u> 1- من أهم أهداف زيد الرفاعي في صعود السبع قمم هو إلقاء الضوء على أهمية حماية البيئة في منطقة الخليج. | | |
| 4- يجب أن تأخذ كافة الإحتياطات اللازمة قبل القيام برياضات خارقة للعادة مثل علبة اسعافات أولية وجهاز لاسلكي. | | |
| 5- من الضروري أن تستعد بشكل مناسب إن كنت تر غب بالقيام بمغامرة خطرة كتسلق الجبال مثلا. | | |
| 6- لكي تكون مغامرا ناجحا يجب أن تكون لائقا جسديا وذهنيا. | | |
| 5-كثير ما يصاب متسلقي الجبال بتجمد الأطراف وذلك نظرا لنخفاض درجة الحرارة في قمم الجبال | | |
| 6- هنالك العديد من المهارات الهامة التي يجب توفر ها في شخصية المغامر كالشجاعة والمهارات الفردية المختلفة. | | |
| 37 | | |

2nd Term

| | | _ | | |
|---|---|---|---|---|
| | | | _ | _ |
| | | | | |
| | | | | - |
| | | | ~ | |
| - | - | _ | | |
| | | | | |

Unit 11 Less. 1 & 2



| Word | Definition | Meaning |
|----------------------|--------------------------------------|---------|
| 1-abhorrent Adj. | Inspiring disgust | |
| 2-awe-inspiring Adj. | Arousing awe from being impressive | |
| 3- Concept N | An abstract idea | |
| 4- detriment N | The state of being harmed or damaged | |
| 5- execute V | To carry out an order, or plan | |
| 6- frontier N | The extreme limit of an area | |
| 7- intrepid Adj. | Fearless, adventurous | |
| 8- mission N | An expedition into space | |
| 9- orbit V | To fly or move around in a circle | |
| 10- revere V | To feel deep respect for something | |
| 11- revolve around V | To go around | |
| 12- Sentient Adj. /N | Able to perceive or feel things | |
| 13- Universe N | The earth, planets, and stars | |

Fill in the spaces with words from the list :

{ awe-inspiring \ abhorrent \ intrepid \ mission \ orbit \ concept \ revered }

- 1- Racism of any kind is to me.
- 2- An person is someone who acts in a brave way.
- 3- It is very difficult to define the of beauty.
- 4- Nelson Mandela is for his brave fight against apartheid.
- 5- The higher we climbed, the more the scenery became.
- 6- Russia sent a to study the space .
- 7- On this mission the Shuttle will the Earth at a height of several hundred miles.

Fill in the spaces with words from the list :

{ detriment \ executed \ revolves \ frontier \ universe \ sentient }

- 1- Early astronomers thought that our planet was the centre of the
- 2- The whole play was with great precision.
- 3- The conversation around childcare problems.
- 4- Are you sure that I can follow this diet without to my health?
- 5- A being is capable of experiencing things through its senses.
- 6- They lived in a town close to the

Set Book Questions Unit 11 Lesson 1&2

1-Why are scientists desperate to know more about space? (What is the importance of space exploration?)

.....

.....

2- Being an astronaut is not an easy task because they face a lot of risks in their work fields. Discuss.

.....

3-There are some Pros and Cons of being an astronaut. Explain.

.....

4- Are you for or against space exploration? Give reasons.

| | | Unit 11 Less. 3 | |
|----------------|-----------|---|---------|
| Word | | Definition | Meaning |
| 1- approximate | ly (Adv) | Almost | |
| 2-Dispatch | (V) | To send off to a destination or for a purpose | |
| 3- Obscure | (V) | To prevent something from being seen or heard clearly | |
| 4- Perceivable | (Adj) | Could be noticed | |
| 5- Scrutinize | (V) | To examine someone or something carefully | |

<u>Fill in the spaces with words from the list :</u> { approximately \ dispatched \ obscure \ perceivable \ scrutinizes }

- 1- Two loads of woolen cloth were to the factory on December 12th.
- 2- He the men's faces closely, trying to work out who was lying.
- 3- The job will take three weeks.
- 4- One wall of the stadium is now almost completely by another tall building.
- 7- The relationship between success and effort isby the students.

Set Book Questions

Grade 12

| | Unit 11 Less. 4 & 5 | |
|-------------------------|--|---------|
| Word | Definition | Meaning |
| 1-astronomical Adj. | Relating to the branch of science that deals with space | |
| 2- conducive Adj. | Making a certain situation likely or possible | |
| 3- exceptionally Adv. | Unusually, remarkably | |
| 4-habitation N | The state of living in a particular place | |
| 5- natural satellites N | the moon(s) | |
| 6- on board N | Situated on a ship, aircraft or other vehicle | |
| 7- opportunity N | A set of circumstances that makes it possible to do something | |
| 8- roughly Adv. | In a manner lacking refinement and precision | |
| 9- Solar System N | The collection of nine planets and their moons in orbit around the sun | |
| 10- Superb Adj. | Impressively splendid | |
| 11- wane V. | To decrease power or extent; become weaker | |

Fill in the spaces with words from the list :

{ astronomical \roughly \conducive \Solar System \exceptionally \superb }

- **1-** Ahmad Ajab scored a goal at the end of the first half.
- 2- The police dealt with the protesters
- 3- "The" is the sun and the group of planets which move around it .
- **4-** Mr. Moustafa is an talented dancer.
- **5-** The calmness in our home is to reading.
- 6- The telescope is one of the most important devices .

Fill in the spaces with words from the list :

{ habitation \ wanes \ natural satellites \ on board \ opportunity }

- **1-** They arrived at Kuwait airport a plane chartered by the Egyptian government.
- 2- The moon wanes when it gradually appears less and less round, after the full moon .
- **3-** I used to enjoy going to the theatre, but I don't get much now.
- **4-** Ais an object that orbits a planet. It is usually called a moon .
- 5- A recent survey found that 20 % of dwellings are unfit for human

Set Book Questions Unit 11 Lesson 4 & 5

1- Why has Mars held people's fascination for a long time?

.....

2 - Islamic civilization has played a major role in astronomical science. Explain.

.....

.....

3- The continual involvement of Muslims in Space is evident in Kuwait. How?

.....

Grammar

The passive with Modal Verbs Ghange the passive sentences into active and vise versa : 1- Astronauts should be rewarded by the government. 2- Each astronaut has to wear a space suit. 3- Space shuttle can transport equipment into space. 4- Scientists might have cured diseases if they hadn't spent their time working on space technology. 5- Experiments can be carried out on board the international Space Station 6- This report from the meeting can be typed up next week. 7- The news from Kuwait has to be delivered today. 8- We will conquer the enemy. 9- You have to tell the manager. -----10- People have given Venus 'the morning star ' and ' the evening star'.

Giving Choicer (eitheror \ neither.....nor)

Choose which expression is correct.

1. Both Tom and Peter ______ in a suburb of Chicago. a-live b- lives c-living d- are lived 2. Either he or they _____ going to take care of the problem. b- are c-be a- is d- being 3. Neither my aunts nor my grandmother ______ to come to the celebration. **b**-wants c- wanting d- is wanted a- want 4. Both my father and my brother ______ to finish the project. a- intend b- intends d- is intended c- intending 5. Neither Sally nor the other children ______ in the tooth fairy. a- believes **b- believe** c- believing d- is believing 6. Either I or Jack ______ investigated the situation already. b- have c- having a- has d- are having 7. Both the students and the teacher _____ in evolution. c- believe a- believing **b-believes** d- is believing **Gorrect** the underlined: 1. Either the uncle or the aunt **send** the boy a birthday card every year.

2. Neither Jennifer nor Katherine <u>are</u> able to attend the party last week.
 3. Either the participants or the sponsors <u>were</u> going to make a donation now.
 4. I hate that song, and my sister hates it <u>either</u>.
 5. Neither my brother <u>or</u> my mother knows about this.
 6. He didn't come to the party, and his brother didn't come, <u>too</u>.
 7. He <u>neither</u> has a cat or a dog. I can't remember.
 8. Neither my brother <u>or his friends is</u> ready to go.

2nd Term

| / | |
|---|--|
| | |
| | |
| | |
| | |
| | |

Unit 11 Less. 7 & 8

| Word | Definition | Meaning |
|-----------------------|---|---------|
| 1- abnormal Adj. | Deviating from what is usual in a way that | |
| | is undesirable or worrying | |
| 2- alert V. | To warn of a danger or a threat | |
| 3- data N. | Facts collected together for reference or analysis | |
| 4- dual Adj. | Consisting of two parts or aspects | |
| 5- durable Adj. | Able to withstand | |
| 6- economical Adj. | Giving good value in relation to the amount of money, time, or effort spent | |
| 7- emission N. | The production of gas or radiation | |
| 8- GPS N. | Global Positioning System | |
| 9- monitor V. | Observe and check the progress of something over a period of time | |
| 10- revolutionise V. | To change radically | |
| 11- Specifically Adv. | Exclusively, particularly | |
| 12- spin-off N. | Items used in space that improve our lives on Earth | |
| 13- take for granted | To believe something to be true without | |
| (Exp.) | even thinking about it | |
| 14- Trainers N. | A soft shoe suitable for sports or casual | |
| | wear | |

Fill in the spaces with words from the list :

{ abnormal \ alert \ data \ monitor \ revolutionized \ spin-offs }

- **1-** Parents should be to sudden changes in children's behaviour.
- 2- Newton's discoveries physics.
- **3-** The research has had in the development of medical equipment.
- **4-** What a strange behavior! He seems to be
- 5- Now the is/are being transferred from magnetic tape to hard disk.
- 6- Parents should monitor their kids' behaviours.

Fill in the spaces with words from the list :

{ dual \ taken for granted \ specifically \ durable \ economical \ trainers \ emissions }

- 1- The new factory sends out carbon dioxide
- 2- This room has a purpose , serving as both a study and a dining room.
- 3- The prophets' sayings must be
- 4- These jeans are designed for kids.
- 5- This T-shirt is long lasting, it is made of materials.
- 6- What's the most way of diminishing the amount of petrol used in our cars.
- 7- I bought a type of light comfortable that are suitable for playing sport.

Set Book Questions Unit 11 Lesson 7 & 8

1- There are a lot of examples of the effect of space technology on human lives on the Earth. Mention two.

.....

.....

2- How has space technology affect aircraft technology?

.....

Set Book Questions Unit 11 Lesson 9

1-Why do astronauts wear special space suits?

.....

.....

2-What activities do astronauts do in their free time in space?

Translation

| <u> Translate into English</u> | 1- لماذا يصر العلماء على معرفة المزيد والمزيد عن الفضاء الخارجي. |
|--------------------------------|---|
| | |
| تي رواد علماء الفضاء. | 2- إن نقص الطعام والهواء والتعرض لدرجات حرارة مختلفة من أكثر المشاكل النا |
| | |
| ن ينقصه الأكسجين. | 3- يعتبر كوكب المريخ هو الكوكب الأنسب الذي يمكن أن يعيش عليه الإنسان ولك |
| | |
| | 4- الهدف من محطات الفضاء هو عمل التجارب لإيجاد حياة علي الكواكب الاخري |
| | |
| | 5- الكثير من كواكب المجموعة الشمسية ينقصها الأوكسجين في غلافها الجوي. |
| | |
| ية. | 7- ساعدت تكنولوجيا الفضاء علي جعل الطائرات اخف وزنا و أكثر سرعة و اقتصاد |
| | |

Grade 12

| 2^{nd} | Term |
|----------|------|
|----------|------|

Farhan Al Khalid Secondary school

| Word | Definition | Meaning |
|---------------------|---|---------|
| 1- abstract adj. | Existing in thought, not having a physical existence | |
| 2- arbitrarily adv. | Randomly, by chance | |
| 3- audience n. | Spectaculars or listeners at a public event | |
| 4-BSc abbrev. | Bachelor of Science | |
| 5- digit n. | Number | |
| 6- genius n. | Intelligence cleverness | |
| 7-MSc abbrev | Master of science | |
| 8- outstanding adj. | Unusually good | |
| 9- PhD abbrev | Doctor of philosophy | |
| 10- precocious adj. | Having developed certain abilities at an earlier age | |
| 11- prodigy n. | A young person endowed with exceptional qualities or abilities | |
| 12- randomly adv. | Made without method | |
| 13- talents n. | Natural abilities or skills | |
| 14- tour v. | To visit several parts of a country | |
| 15- virtuoso n. | A person highly skilled in music or another artistic pursuit | |

Fill in the spaces with suitable words from the list:

{ toured / virtuoso/ abstract /audience/randomly/genius/digit }

- 1-It is hard to think about concepts like truth and beauty.
- 2-This kid was gaining a reputation as a remarkable.....
- 3- From the age of three, she showed signs ofat music.
- 4-The books werearranged on the shelves. They need to be put in order.
- 5- He was speaking to an.....of students.
- 6-A few years ago, they.....the country in a road show.

Choose the best answer:

| 1. This boy proved to a a- audience | be a musical He | could compose a nice me | elody at an early age. |
|---|----------------------------------|-----------------------------------|------------------------|
| | b- digit | c- prodigy | d- audience |
| 2- The | was/ were clearly | delighted with the perfor | mance. |
| a- audience | b- digit | c- prodigy | d- genius |
| 3- The number 736 cor a- talents | ntains three b- digits | c- prodigies | d- virtuosos |
| 4- My brother has recea- prodigy | ently got a b- digit | in chemistry. c- talent | d- BSc |

Fill in the spaces with suitable words from the list:

(arbitrarily / virtuoso / outstanding /tour / MSc / talents/ prodigy)

- 1- After graduation and getting, he started working in a scientific firm.
- 2- He is a child......He has exceptional qualities at Maths.
- 3- These books areput on the shelf. They must be arranged.
- 4- My sister is a girl of many
- 5- Messi proved to be a / anfootballer since his early age.

Set Books

1- A child prodigy is a person who has an outstanding talent or skill at a very early age.

Discuss. (Give example of three precocious children with different talents or skills)

.....

2- There are some advantages and disadvantages of being a child prodigy. Explain.

.....

3- How can a child prodigy be nurtured in order not to lose its uniqueness?

(How should child prodigies be treated by their parents and teachers?)

.....

.....

4 .A child prodigy should be treated as a special case . Do you agree? Why?

2nd Term

Unit 12 Geniuses Less. 3





| Word | Definition | Meaning |
|---------------------------|--|---------|
| 1- acquire V | To buy or obtain | |
| 2-attire N | Clothes | |
| 3- deputy N | Someone who is directly below another one in rank and who's in charge when that person isn't there | |
| 4- electrochemical N | Relating to chemical reaction brought about by electricity | |
| 5- forum N | A meeting where views on a particular issue can be exchanged | |
| 6- medallist N | Someone who has won a medal in a competition | |
| 7- reactor N | A coil that provides reactance in a circuit | |
| 8- sewage N | The mixture of waste from the human body and used water that is carried away from houses | |
| 9- sponsor N | A person or organization that provides funds for a project or activity | |
| 10- unprecedented Adj. | Never having happened before | |

Fill in the spaces with words from the list:

{ acquire / attire/ deputy/ forums/ reactor/sewage }

1-Some cities in the world don't have the proper facilities for the disposal of

2-Discussionare a way of contacting people with similar interests from all

over the world.

3-I'm acting aswhile the boss is away.

4-The women who attended the party dressed in their finest

5- Babies can language at an early age starting with listening and speaking.

Fill in the spaces with the correct answer :

(electrochemical / medalist /reactor / sponsor \unprecedented)

- 1- There is a plan to build a newat the nuclear power plant.
- 2- The internet is now an important andway for communication.
- 3- Adnan ,the famous tennis player is an Olympic
- 4- Can't you see thismachine? It can convert the power of water into energy.
- 5- He is the who provides the staff with all their needs.

Set Books Unit 12 L 3

1- There are some Kuwaiti inventors who won the Oscar of Geneva Invention

Salon. Discuss their inventions.

2- Winning gold medals and the Oscar by Kuwaiti inventors was the result of......

3-The invention of the electrochemical reactor is of great importance because.....

4- The invention of the Light Indicator System (LIS) is of great importance. Explain.

5- What does it take to create an intelligent inventor?

6- What are the benefits of challenging yourself to a science fair project?

7- In your opinion, how can the government of a country encourage people to be creative?

Grade 12

| > | Unit 12 (Geniuses) Lessons 4,5&6 | < |
|-------------------------|--|---------|
| Word | Definition | Meaning |
| 1-accusation N | A claim that some one has done something illegal | |
| 2- agonise V | To go under great mental worrying about something | |
| 3- extravagantly Adv | Spending money or using resources in a wasteful way | |
| 4- high-living N | An extravagant social life as enjoyed by the wealthy | |
| 5- jockey N | A person who rides in horse races as a professional | |
| 6- repudiate V | To refuse to accept | |
| 7- season N | A fixed time in the year | |

From a, b, c and d choose the right answer:

- 1 She had shoppedfor presents for the whole family.a- randomlyb- arbitrarilyc- extravagantlyd-precociously
- 2 -The British footballbegins in August and ends in May.
 a- prodigy b- season c-talent d- accusation
 3- What do you say to thethat you are unfriendly and unhelpful?
 a- accusation b- digit c- audience d-season
 4- Hethat he had committed the crime.

a-repudiated b- revolutionize c-acquired d- toured

Fill in the spaces with words from the list:

(agonise / extravagantly / high-living / jockeys)

In the middle ages, some people used to work as near the castle of the king.
 The majority of European people enjoy freedom, justice andstandard.
 Islam states that spending moneyisn't a logical justification for wealthy people.
 He shouldn't that much, we will him.

Set Book Questions

1- A child prodigy may keep his / her talent until adulthood or lose it. Do you agree or disagree?

<u>Grammar</u>

Prepositions

<u>Complete the following sentences by using an appropriate preposition for each one:</u>

(at / in / on / with / by / through / about / at)

- **1-** There's somebody the bus stop.
- 2- We went for a swim the river.
- 3- Don't sit the grass. It's wet.
- 4-Who is that man the river?
- 5- I'd like to have a villa a big yard.
- 6- Some people talk their work all the time.
- 7- Water boils 100 degrees Celsius.

<u>Complete the following sentences using the right proposition:</u>

of / on / at/ with / in / throughout

- 1-A child prodigy is a child who has talenta very early age.
- 2-My friend can do some calculations his head.
- 3-He shows this skill when he is dealingnumbers.
- 4-The winning entry will be the first correct answer drawnrandom.
- 5- He could play new pieces of musica variety of instruments very quickly.
- 6-The school has been repainted

From a , b , c and d choose the right answer:

1. Weren't you present the Conference of Science Geniuses? a. in b. on c. of d. from 2.Ahmed was sitting ______ the front row, so he couldn't see any of his classmates. b. from c. in a. of d. by ____ the big number of geniuses we have in our country! 3.Huda was impressed _____ b. with c. in a. of d. on 4. Did you see that man who could work out the multiplication of two eight-digit numbers a matter of seconds? a. in b. with d. from c. at 5. The numbers were chosen ______ a computer. b. of c. at a. by d. at 6.Do you remember that woman who said that she wasn't very satisfied _____ being a genius? a. with b. about c. in d. on

Adding information

(Relative & – ing Clauses)

<u>Correct the underlined</u>

1.My brother rides horses in big competitions , becomes the youngest professional jockey in Kuwait.

.....

2.In his first season, he came first in every race, **<u>beat</u>** the previous record for a new jockey.

.....

3. A newspaper began publishing stories, <u>accuse</u> Nawaf of spending money extravagantly on high-living.

.....

AS .. ADJ.. AS

<u>Correct the underlined</u>

| 1-He is as skilled <u>so</u> his brother at playing the piano. |
|---|
| ••••••••••••••••••••••••••••••••••••••• |
| 2-Our school library is many rich as the public library in valuable books. |
| |
| 3- He is as <u>taller</u> as his father. |
| 4- He is not so <u>smartest</u> as his elder brother. |
| Reported Speech |
| A- Report the following sentences: |
| 1-"My parents are very well" Rashid said |
| 2-"I'm going away for a few days." Ali said |
| 3-"I woke up feeling ill, so I didn't go to work" My friend said |
| 4- "I have lost my valuable watch here." She said |

B- Change the following sentences into passive Voice:

| 1- They employ five hundred people every year. |
|---|
| 2- They canceled all flights because of fog. |
| 3-They have postponed the concert. |
| 3- Some body is using the computer at the moment. |
| 4-They were fixing the AC when the teacher came in the classroom. |
| 5-They will give me plenty of time to decide. |
| 6- They are going to build a supermarket in our area. |
| 7-He has to do all exercises. |

<u>T-Unless / If :</u>

| 1-If it doesn't rain tomorrow, I'll water my garden. Unless |
|---|
| 2-If he didn't come early, we would be worried Unless |
| 3-If I hadn't eaten breakfast, I would have got hungry during the class Unless |
| 4- If you don't work much harder, you won't pass the exam. Unless |
| 5- If she doesn't apologise to me, I'll never speak to her again. Unless |
| 6- If you didn't drive very fast, you'd be able to avoid the accident. |
| Unless. |
| 7- If she hadn't behaved rudely with the teacher, she wouldn't have been dismissed. |
| Unless. |
| 8- Unless he arrived early, he wouldn't be able to attended the meeting |
| If |
| 9- Unless you are 18 years old, you will not get a driving license. |
| If |

Grammar: Study the following prefixes

| 1-il : illegal / illegible . | |
|------------------------------|--|
|------------------------------|--|

2-dis : discomfort / displeasure / disembark

3-un : uncertain / unsure / undo / undress / uncomfortable.

4-ir : irrelevant / irregular / irresponsible.

Correct the underlined

1-It is **legal** to drive a car that is not insured.

.....

2-She is <u>certain</u> to go to Italy or not.

.....

3-These documents are <u>relevant</u> to the present investigation. They are not right.

.....

4-I was very **<u>happy</u>** with the service and the food was disgusting.



Unit 12 (Geniuses) Lessons 7 & 8



| Word | Definition | Meaning |
|---------------------|--|---------|
| 1-accolade N | An award granted as a special honour | |
| 2- aligned Adj | Put into correct position | |
| 3-bladder N | A membranous sac in which urine is collected for excretion | |
| 4- eternity N | Infinite or unending time | |
| 5- genetics N | The study of heredity and inherited characteristics | |
| 6- gifted Adj | Having exceptional ability or talent | |
| 7-molecular Adj | Consisting of molecules | |
| 8-nomination N | Proposing entering as a candidate for election or for an honour or award | |
| 9- non-invasive Adj | Not requiring the introduction of instruments into the body | |
| 10- recipient N | A person or thing that receives or is awarded something | |
| 11- researcher N | A person who investigates materials in order to reach new conclusions | |

Fill in the spaces with the correct answer :

| | tudies heredity and b- Bladder | U | ect the humans general health. d- Genetics |
|---|--|-----|---|
| 2- They haven't been giv a-nomination | U | | |
| | organ inside the boo b- nomination | - | ollected before it is passed out. d-recipient |
| 0 0 | t achievements, he v b-bladder | ••• | an d-genetics |
| 5- Look! A great numbera- gifted | | | the long street. d- molecular |

(aligned / gifted /molecular /nomination /non-invasive /recipient / researchers)

- 1-children are usually careless about their personal life.
- 2- Being good at solving math quations, he was theof the first prize.
- 3- Thanks to technology, patients with cancer may havesurgeries.
- 4- My uncle has received so many awards for being a distinguishedbiologist.
- 5- Ahmad Zuwail's great contributions in chemistry helped for hisfor Nobel Prize.
- 6-usually exert much efforts to document scientific facts.

Focus On

a. Maha AL-Ghunaim is a Kuwaiti young business woman of many achievements. Discuss

.....

2- What does it take for someone to fulfill his/her dreams?

.....

3- According to Maha Al Ghunaim "Parent's support is essential in helping children to achieve success." Do you agree or disagree? Why?

.....

Translation

| Translate into Arabic: | |
|------------------------|--|
| | الطفل المعجزة هو الطفل الذي بإستطاعته القيام بمهارة صعبة في سن مبكر. |
| | 2- يمكننا تطوير مهارات الطفل المعجزة من خلال دورات تدريبية تزيد من قدراته. |
| | 3- حاز بعض المخترعين الكويتيين على جائزة الأوسكار في صالون ميثاق جينيف. |
| ئز. | 4- حققت سيدة الأعمال الكويتية مها الغنيم إنجازات كثيرة وحازت على العديد من الجوا |

LANGUAGE FUNCTIONS

What would you say in the following situations

| 1- Your little sister is asking you to mention the reasons for developing new kinds of aircraft |
|--|
| 2- The teacher asked you to mention factors for increasing demand of space technology. |
| 3- You meet an old friend whom you haven't seen for a long time. |
| 4- A friend of yours has an amazing musical talent. |
| 5- Your father's car had a flat tire; therefore you were late to school. |
| 6- You want your friend to study together. |
| 7- You bought a watch from a shop; it turns out to be faulty. |
| 8- Someone asks you about your preparations for the university. |
| 9- You're asked about a teacher you respect most. |
| 10- What do you think of the manager's decision concerning increasing the duration of the working hours. |

Com position Expository

It's been said that a man dies simply because he doesn't know how to live longer. Write an essay of about (14 sentences- 160 words) about the secret of a long life, ways of keeping fit mentally and physically & how life expectancy has reached a high level in the recent days.

Writing outline

Introduction:

| | | | ••••• | |
|-------|-------|------|-------|--------|
| | | | | |
| | | | | |
| ••••• | | | ••••• | |
| ••••• | ••••• | | ••••• | •••••• |

Body 1:

| ••••• | | | | | | | | | | | | | | | |
|-------|----------|------|-----------|------|------|------|------|------|----------|---------|------|------|------|-----------|--|
| | | | | | | | | | | | | | | | |
| | •••• | | • • • • • | | | | | | •••• | • • • • | | | | ••• | |
| | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | • • • | |

Body 2:

| •••• | • • • • | • • • • | • • • • | •••• | •••• | •••• | • • • • | • • • • | •••• | • • • • | • • • • | ••• | • • • • | • • • • | ••• | • • • • | ••• | •••• | • • • • | ••• | • • • • | •••• | • • • • | ••• | • • • • | • • • | ••• | ••••• | ••• |
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| $\mathbf{\alpha}$ | | • | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Conclusion:

| • • • • • | ••• | | ••• | • • • • | • • • • | •••• | •••• | •••• | • • • • | •••• | •••• | • • • • | • • • • | ••• | • • • • | ••• | •••• | •••• | •••• | •••• | •••• | •••• | • • • • | • • • • | ••• | •••• | •••• | •••• | |
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| •••• | ••• | • • • • | ••• | • • • • | • • • • | •••• | ••• | •••• | • • • • | • • • • | ••• | • • • • | • • • • | ••• | • • • • | ••• | ••• | • • • • • | ••• | • • • • | •••• | • • • • | • • • • | •••• | ••• | ••• | •••• | •• | |
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Write your topic here

Com position Expository

Living in the countryside has a lot of advantages, but also many disadvantages. Write an essay of about 4 paragraphs (14 sentences - 160 words) about the advantages and the disadvantages of living in either the countryside or the city.

Writing outline

Introduction:

Body 1:

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Conclusion:

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Write your topic here

Com position

It is very important to keep in touch with our past. It is said that "Those who have no past have no present or future."

Write a report of about (14 sentences 160 words) about the importance of keeping our past Also, how people used to spend their time in the past in comparison with nowadays.

Writing outline

Introduction:

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Conclusion:

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Write your topic here

Com position

Fans of extreme sports are becoming more and more every year, despite its dangers. Plan and write a report of about 12 to 14 sentences showing the advantages and disadvantages of these sports , the reasons why athletes choose such sports and how they prepare themselves before practicing them.

Writing outline

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Conclusion:

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Write your topic here

Com position

Scientists are desperate to know about space. In about (14 sentences - 160 words) write about the benefits we can get from space technology and how astronauts sacrifice their lives for the sake of the development of humanity on earth.

Writing outline

Introduction:

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Write your topic here

Com position

A child prodigy is the one who outmatches adults in a chosen discipline, while still a child.

Write an essay of (14 sentences 160 words) about child prodigies and how we can benefit from their geniuses.

Writing outline

Introduction:

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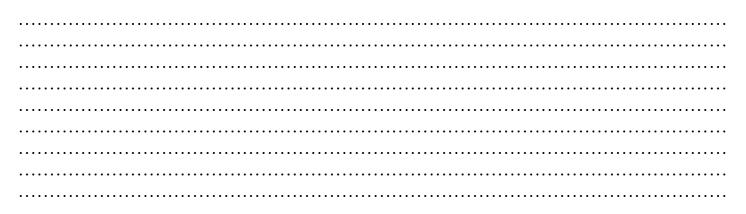
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Conclusion:



Write your topic here

<u>Reading Comprehension (110 Marks)</u> <u>Read the following passage carefully, then answer the questions below:</u>

Clarence Lundberg's thought he would never stop smoking. After all, wouldn't quitting smoking after 45 years be impossible? Clarence started smoking when he was only 12 years old, and got used to waking up in the morning and starting his day with a cup of coffee and a cigarette.

So why did Clarence decide to take the big step toward quitting tobacco? "It all started in 2011, when I went to the doctor for a regular check-up. I was lucky to be asked if I wanted to take part in a lung test program, and this is when I was diagnosed with chronic disease," he said. "I was concerned when the research doctor told me I could continue to keep smoking, but I would need an oxygen tank next to the bed in a year or two. That's <u>something</u> my wife, would definitely not find attractive."

Clarence is a success story. Through the Smoking Cessation Program, he has now been **<u>smoke-free</u>** for over a year and a half. "When the doctor told me I was facing a future with an oxygen tank, I tried to quit smoking straight away. And I did quit, but I realized I needed more support and help when I relapsed and began smoking again. I took steps to quit with the Smoking Cessation Program and used the nicotine patches and the coaching programs. I liked the patches in particular, as they took away my craving for a morning cigarette."

The future looks brighter and clearer for Clarence, who experienced a multitude of benefits once he stopped smoking. He used to wake up in the morning with a persistent cough, sometimes coughing for over five minutes straight. "Before I quit smoking, I wouldn't have believed how much healthier I could feel. My circulation got much better— my hands and feet have colour and are warm instead of white and cold. I don't have an oxygen tank next to the bed and my morning cough is gone. I have much better energy in the morning, and I can easily swim 2,000 metres and close to 20 metres under water."

A- Choose the correct answer from a, b, c and d: (5 x 10 = 50 M)

1- What is the text mainly about?

- a- vainly tried to quit a 45-year smoking experience.
- b- willingly gave up smoking thanks to a doctor's support.
- c- was determined enough to voluntarily quit smoking.
- d- has never quitted smoking as he is a smoking addict.

2- What does the underlined word "something" in paragraph 2 refers to?

a- going for a regular check-up

- b- taking part in a lung test program
- c- taking the big step toward quitting tobacco
- d- having an oxygen tank next to the bed in a year or two
- 3- What is the synonym of the underlined word "smoke-free" in paragraph 3?
 - a. non-smoker b. heavy smoker c. smoky flavour d. passive smoker

- 4- How was Clarence's health after quitting cigarettes?
 - a- Clarence was much healthier
 - b- Clarence's body parts looked unhealthy
 - c- Clarence was diagnosed with a chronic disease
 - d- Clarence used to wake up in the morning with a persistent cough
- 5- All the sentences below are not true except:
 - a- Clarence discovered his chronic disease after marriage
 - b- Clarence has never reversed his decision to quit smoking
 - c- Clearance's doctor asked him to stop smoking immediately
 - Clarence asked the doctor to take part in a lung testing program

II- Answer the following questions: $(4 \times 15 = 60 \text{ M})$

6- How long has it been since Clarence quitted smoking?

.....

7- How old was Clarence when he quitted smoking for good?

.....

8- What did Clarence do to find support in his quit-smoking process?

.....

9- Why did Clarence favour the nicotine patches over the Smoking Cessation Program?

.....

<u>"Summary Making</u>

Leaving home and traveling to study in a new country can be a stressful experience, even though it may be something you have planned and prepared for. Many people are surprised when they experience the impact of culture shock, and it can be helpful to realize your experience is actually quite normal.

While there is no magic cure for student shock, colleges have started to recognize the problem and are starting a number of ways to help. Most colleges have upgraded their psychological counselling centres to handle the greater demand for sendees. In addition, many schools are improving their vocational counselling services by giving students information about possible majors and career choices. In some colleges, first-year students are required to attend major career workshops as part of the advising process. Sometimes, colleges train senior students to detect such problems and offer the needed help at the right time.

In about four sentences of your own, mention the different ways adopted by schools and colleges to solve the problem of student shock.

Read the following passage and answer the questions below:

Research suggests that walking may not make you a genius but it will improve your attention and concentration and help your mood, well-being and even your physical health.

Regular physical exercise such as walking has been shown to help improve both mental and physical health. Certainly, the many physical health benefits of regular exercise are well known and researched. Ongoing regular exercise can improve heart performance, lead lo more weight loss, and boost metabolism, the process by which the body changes food into energy. Research has found that regular exercise lowers anxiety, depression, stress and concentration. Yet, even with all these wonderful benefits of regular exercise, the vast majority do not meet even minimal recommended amount of exercise. There are a variety of reasons for this lack of exercise including time pressures and lack of commitment to do so. This is one reason why walking is such an important exercise for most people.

Many may not afford the time energy and money to join a health club or gym or perhaps participate in exercise activities that are harder to do. Many sports, which are skill based, may result in injury, and cost a lot of money. Walking is perfect since you can do <u>it</u> anywhere and at any time and it does not need special equipment. Most of us can do walk and must find a way to make that happen.

One helpful way to improve walking is to always wear a pedometer, an instrument that calculates the distance travelled on foot by recording the number of steps taken. They provide feedback on your walking progress and most professionals suggest aiming for 10,000 steps per day. This translates into about 8 km of walking. A pedometer is a great motivator since it gives you an accurate description of your exercise activity .Walking may be long or short but as long as you keep your body, you will **accumulate** more steps. Therefore, you'll likely notice that your thinking is clearer , you are more attentive, happier, and you'll lose some weight and have a good shape.

A- From a. b. c and d choose the suitable answer; (5x10=50 Marks)

1- The best title of the passage is:

a) Metabolism b) How To Be Genius c) Physical Exercises d) Walking And Our lifestyle. 2- The underlined pronoun "It" in the 4th paragraph refer to: a) time b) injury c) walking d) money 3- The meaning of the word "accumulate" in the last paragraph is: c) decrease a) gain b) waste d) divide 4- What can be understood from the 4th paragraph? a- Walking is the most convenient activity. b- Walking causes depression, stress and anxiety. c- Walking is not affected by psychological factors. d- All people follow the recommendation for doing exercises. 5- According to the text, which of the following statements is **NOT TRUE**? a- Walking helps you to become a genius. b- Walking does not affect your thinking abilities. c- There are no merits of following a fitness regimen. d- Ten thousands steps are equal to five miles of walking.

B- Answer the following questions: (4x15=60 Marks)

1- How can regular exercise improve the general health?
2- According the passage, People have a lot of excuses for meet even minimal recommended amount of exercise. Such as
3- What is meant by "a pedometer"?
4- By reading the article, it is clear that the writer's purpose is to:

Summary Making

I'm surprised that you seem to find no fault at all with computers. I quite agree with you that they are excellent means of entertainment and a valuable source of information. But you seem to forget that they have also become a source of addiction to many children. A lot of mothers nowadays complain about the fact that their children have become so obsessed with their computers and the Internet that they lose contact with their friends and so grow lonely. Besides, their health is affected as they spend long hours sitting in front of the screen. Their eyes hurt and their backs ache. In addition to that they become less performing at school because of this time consuming activity. They don' find time to do their homework well or to do some reading. Apart from that using the Internet for a long time may lead to the impoverishment of young pupil's language skills because the language used on the Internet is not only full of mistakes but it often consists of abbreviations and unfinished sentences , which doesn't help young people to improve their learning.

In a paragraph of **FOUR** sentences ONLY, summarize and paraphrase the previous passage in an answer to the following question: