

Teach_me_Plz
And
Mr. Mohamed Hassan
Present

English 4 All



Module One

Explorations

Unit One

Explorers

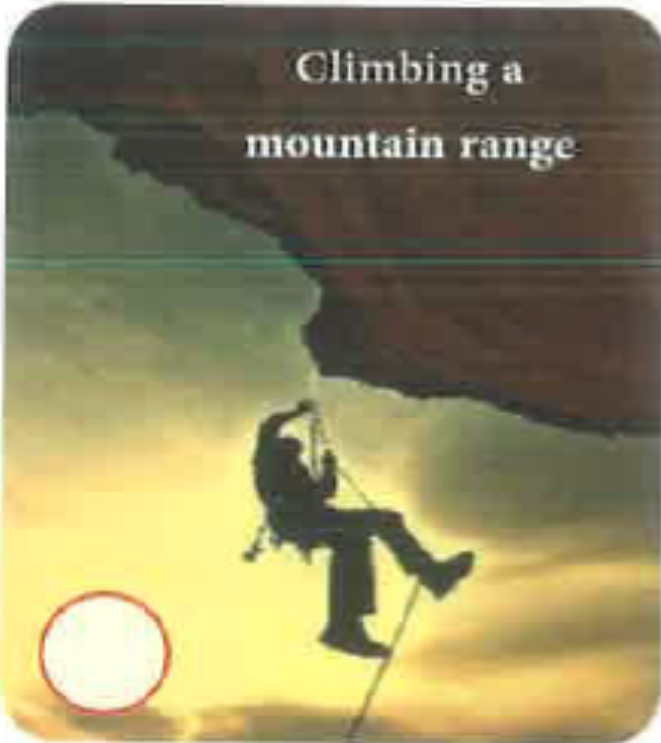
Reading: Narrative

Before you read



1 In pairs, look at the pictures; tick (✓) the activities you would like to attempt and explain why

Climbing a mountain range



Parachuting



Going on an Arctic expedition



Skiing



Deep sea diving



Bungee Jumping



2



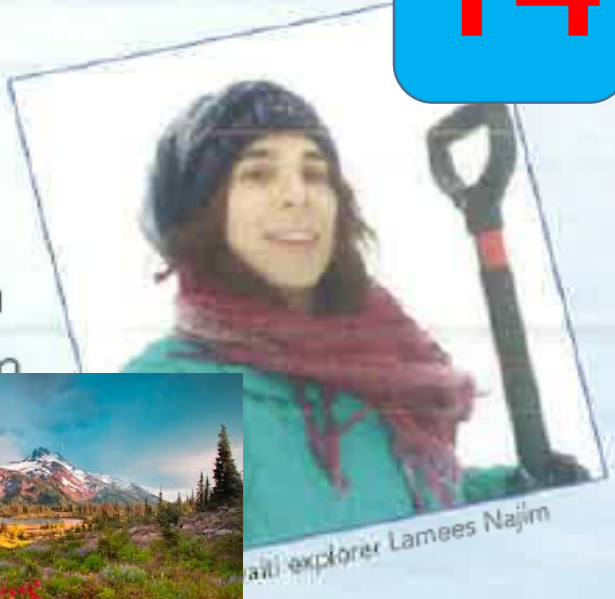
Read the text about a Kuwaiti explorer and complete the table that follows

14

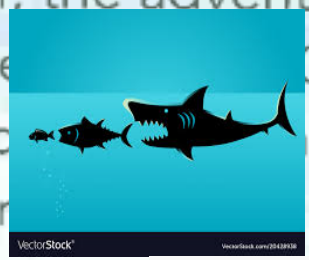
In 2018, Lamees Nijem became the first Kuwaiti to reach the North Pole. She was part of a Euro-Arabian **expedition** led by Felicity Aston, who was the first person to ski across Antarctica on her own.



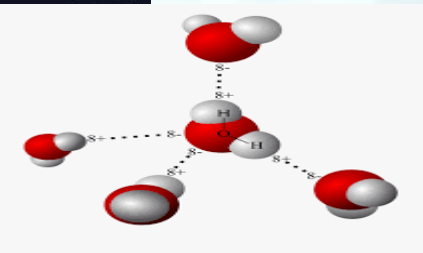
Three of the participants who **accompanied** her on the Arabian Gulf region were Sheikha Asma Al-Thani from Oman and the Saudi Arabian Mariam Haidadin. Unfortunately, Mariam's injuries forced her to cut her trip shorter than planned, so she did not reach the North Pole.



On an expedition, the adventurers slept in tents in the Arctic **wilderness** for ten days. They skied 1000 km across **cracked** ice above water, in temperatures below minus forty centigrade (-40°C). They also faced attacks by polar bears, which are **prey on** human.



In an interview with the BBC, Lamees described her adventure as a desire to explore and to gain a new experience. She said that the experience created a deep **bond** between her and the team.



Lamees said that the main reasons for her expedition were to **embark on** a cultural quest and to **seek** an adventurous life.



Name of the explorer	Lamees Nijem
Nationality	Kuwaiti
Name of team leader	Felicity Aston
Itinerary (Route)	North Pole
Year of the expedition	2018
Distance covered	100 km

1 Tick the following statements either with True (✓) or False (✗):

1 - Lamees's only aim was to escape the familiar.



2 - Polar bears are not the only danger in Antarctica.



3 - All team members were from the Arabian Gulf region.



4 - Mariam Haidaddin was the only member who could not complete the expedition.



2 Find a word for each definition:

- 1 - **Antarctica** An icy continent that covers Earth's South Pole. (Paragraph 1)
- 2 - **accompany** going somewhere with someone. (Paragraph 2)
- 3 - **tent** A shelter made of cloth supported by poles & ropes. (Paragraph 3)
- 4 - **quest** An act or instance of seeking. (Paragraph 4)



3 Discuss the following questions:

1 - How would you describe the team's journey?

It is a long and risky journey.

2 - What was the message behind the journey?

It is to escape the familiar.

3 - Is it safe to go on such expeditions alone? Why? Why not?

No, because there are a lot of dangers.



4

Read the fourth paragraph and complete the following table:

15

Verbs

Nouns

Adjectives

explained

quest

deep

escape

bond

familiar

created

life

adventurous

Listening



Pre-Listening

6

1 Fill in the table with words from the box below. Make sure they fit in the category:

Low temperatures/tents/freezing/injuries/polar bear/slides/lack of food/
snow storms/backpacks

weather

equipment

risks

low
temperatures

tents

injuries

freezing

slides

polar bears

snow storms

backpacks

lack of food



6

2 Listen to Lamees speaking about her journey, then tick (x) the wrong sentences.

- 1 - Lamees started her journey in 2018.
- 2 - Living in the wilderness helped Lamees to appreciate life.
- 3 - Felicity Aston was a member of Lamees' team.
- 4 - The expedition to the South Pole included 11 women.
- 5 - The journey pushed her to go beyond the limits of her comfort zone.





Pronunciation of final 's':

3 Add 's', 'ies', or 'es' to the words below, pronounce the word, and put them in the appropriate column according to the final 's' sound:

size judge put
 glove manage
 cut class carry
 enjoy

- /s/**
- hats
 - books
 - sleeps
 - myths

- /z/**
- bags
 - deals
 - dreams
 - fans
 - words

- /iz/**
- races
 - buses
 - boxes
 - watches
 - prizes

/s/	/z/	
		sizes
puts	enjoys	classes
cuts	carries	judges
	gloves	manages

Speaking



Grammar

Present Simple Tense

A polar bear

usually preys on

fish.

A polar bear

does not prey on

penguins.



What does a polar bear prey on?



Past Simple Tense



The team

slept

in tents

during the trip.

The team

didn't sleep

in houses

during the trip.



Where did the team sleep during the trip?

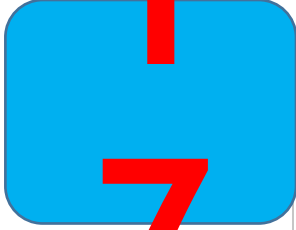


1 Complete the following table about you and your friend (You need to ask him/her):

Activities		You	Your classmate
Every day	prepare bag	I prepare my bag.	He prepares his bag.
	sleep	I sleep early.	He sleeps early.
Last week	go ski	I went skiing.	He went skiing.
	join	I joined a club.	He joined a club.



Group work



Your group went on a weeklong expedition across the desert from Kuwait to Saudi Arabia.

Share your experience of this crossing by discussing the following:

- Purpose of the expedition
- Pre-expedition preparation
- Your expedition team leader
- The challenges you faced
- The equipment
- Itinerary
- Activities



Remember, Use the past tense to talk about your expedition



A biography is a written account of someone's life.

A biography contains many details about a person who is usually famous.

Roald Amundsen was born in Borge, Norway in 1872. In 1911, he became the first person to reach the South Pole. He hoped to follow the footsteps of his hero—the British Arctic explorer: John Franklin. When he turned twenty-one years of age, he set out to turn his dream into a reality by preparing for a polar expedition.

Personal information

**Important information
of a person's life**



Achievements

Person's
Important
work

On 14 January 1911, in preparation for his expedition to the South Pole, that took almost a year, he created a camp in the Bay of Whales, Antarctica. It included planning the journey, selecting his team members, organising supplies and practising with sled dogs and Siberian ponies. Amundsen set off on the expedition on the 20th of October, leading a team of five people and fifty-two dogs with four sleds. They reached their destination on the 14th of December 1911. In 1926, he reached the North Pole by airplane. This made him the first person to stand at both ends of the globe. Admundsen's exact date of death is unknown because he disappeared in June of 1928 when his plane crashed into the Arctic Ocean while he was trying to rescue a friend.

1

o

These are the common features of writing a biography



1 Complete these tables with the needed information from biography above:

Personal Information	
Name	Roald Amundsen
Date of birth	1872
Place of birth	Norway

Achievements

- 1 In 1911, he became the first person to reach the South Pole.
- 2 He reached the North Pole by airplane.
- 3 He was the first person to stand at both ends of the globe.

Felicity was appointed MBE in 2015 for services to Polar Exploration.

She was awarded the Queen's Polar Medal

One of only 10 women ever to have been recognized in this way.



ALONE IN ANTARCTICA

Long day's journey into white

Felicity Aston is a British Polar Explorer living in Iceland. In 2012 she became the first person in the world to ski alone across Antarctica using just muscle power (no kites or machines). The journey of 1744 km took her 59 days and gave her a place in the book of Guinness World Records. She went on to complete numerous journeys in Antarctica and other cold regions of the world including Greenland and Siberia.

Felicity regularly speaks to a variety of audiences around the world about her expedition experiences as well as more generally about Polar Science, Antarctica and Meteorology, and has written three books about the polar regions which have been translated into several languages.

Writing Checklist

Did I include...

Topic Sentence

Supporting details

Concluding sentence

Punctuation marks



Extention



2 Complete the diagram below about **Felicity Aston** using the information from the pictures, and then write a two-paragraph biography in your notebook.

Topic Sentence: **Felicity Aston is a British Polar Explorer.**

Personal information:

Name: **Felicity Aston**

Date of Birth: **1977**

Place of Birth: **Great Britain**

Facts & Achievements:

She was the first person in the world to ski alone across Antarctica using just muscle power.

Concluding Sentence: **She has written three books about polar regions.**



Module One

Explorations

Unit Two

Authors

2 Authors

Module 1

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Before you read



Classify the following words:

Reading: Expository

fascinating / original /
ending

literature /
encyclopaedia

setting / biography / plot
/ recommended

Story elements	Book review	Type of book
ending	fascinating	literature
setting	original	encyclopedia
plot	recommended	biography



1

Jules Verne was born in 1828. He was a French **novelist** (author) who wrote many plays, poems, and short stories, as well as a **variety** of essays and non-fiction. He is **regarded** as the father of science fiction. His novels had a wide **influence** on sci-fi writers, scientists and explorers.

Between 1863 and 1905, he wrote fifty-four novels grouped under the heading 'Extraordinary Journeys'.

Verne's **popularity** grew among readers due to the highly successful novel 'Around the World in Eighty Days' that led to a gradual change in his literary **reputation**.

A number of Jules Verne's original texts were found, restored, and published in the late 20th and early 21st centuries.



2

Talal Al-Rumaidi is the Secretary- General of the **Association** of Kuwaiti writers, and a researcher for the heritage about everything related to Kuwait **literature** and history.

He received the State Award in 2010 for his historical book "Kuwait and the Arabian Gulf in the Ottoman Calendar". The book included historical sources dating back to the Ottoman and British documents.

The pages of the book included valuable facts about Kuwait such as information about its rulers, judges, Arab tribes and other news.

Talal still **devotedly** continues his historical and literary research for its **significant** importance, and he hopes for the new generations of historians to **document** what is related to our beloved country.



1 Match the following words with their definitions:

1- reputation

2

Writing about real events and facts.

2- non fiction

1

The way people see someone's character and ability.

3- document

3

To record (something) in written, or other form.

Very unusual or remarkable.

2 Choose the best title for each text:

Text 1:

A famous Sci-fi Writer

Text 2:

In search for History

In Search for History

A Famous Sci-fi Writer

A Journey to The Future

3 Discuss the following questions:

1- If you were given the choice to be an author, which type of books would you write? Why?

2- What makes a successful author / book?

4 In pairs, fill in the table with words from the previous texts:

Verbs	Adjectives	Nouns
document	documentary	document
value	valuable	value
influence	influential	influence
popularize	popular	popularity

Author's Purpose:

Persuade

The author tries to get you to do or try something.

Inform

The author tries to give you information and teach you facts.

Entertain

The author tries to make you enjoy the story by keeping attention.

As easy as PIE





Decide the purpose of the author for the following :

1 - History books:

inform

4 - Advertisements:

persuade

2 - Comics:

entertain

5 - Brochures :

persuade

3 - Cooking books:

inform

6 - Fiction stories:

entertain

What is the purpose behind writing the above texts?

inform



Discuss the following statements. How far do you Agree./ disagree:

* E-books will replace paper books within the next twenty years.

I disagree.

* E-books are more environmentally friendly than paper books.

I agree.



LISTEN to the speaker in part 2 talking about e-readers. List four of their features:

Features

1 - Light (weight)

2 - Digital pages

3 - Beautiful design

4 - Don't have headers

5 - Take up a few square





Listening part 2 : Understanding Tone

The tone is the attitude that the speaker has towards the topic or audience.

We can identify the tone by looking closely at word choice and the way the sentence is uttered.

ironic	angry	sad
optimistic	formal	curious
guilty	satisfied	calm

{It is not what you said that counts; it is how you said it}



Listen to part 2 to identify the **TONE** of the speaker in each sentence.

1 -

angry

3 -

ironic

2 -

guilty

4 -

curious

Check your answers with your classmate .



Future Simple Tense

For future plans

I am going to buy a new car.



Going to

**For predictions
with evidence**

Look at those clouds. It is going to rain soon.



What are you going to do this evening?

Will

For future events

You **seem cold**. I will make you some hot soup.



For predictions without evidence

This movie is great. You will love it.



For quick decisions

Oh, it is raining! I will take my umbrella.



For making offers

You seem busy. I will pick up kids from school today.



For making promises

Do not worry. I will be careful.



Where will you spend your next holiday?

1 Choose the correct answers:

Our teacher has decided to take us to the school library next Monday. We (are going to have / will have / have) a lesson there. I think we (will enjoy / are enjoying / are going to enjoy) it. Everyone (will read / is going to read / reads) a different book and write a review of it. I hope I (am finding / am going to find / will find) something about science fiction, my favourite subject. Probably, the teacher (chooses / will choose / is going to choose) the best review and publish it in the school magazine.



Your friends from England are visiting Kuwait for the first time during the weekend. So, you want to show them the beauty of Kuwait and give them a good time.

a. Work in groups, discuss and decide on a visit itinerary for your friends.

Think about:



- Where you will go.
- What you will do.
- What you would show your friends.
- Where you will stay.
- What souvenirs you will buy.

b. When you have finished, present your plan itinerary to the class using "going to".

Weekend	Morning	Afternoon	Evening
Thursday	We are going to pick up our friends from the airport at 9 a.m.		
Friday			
Saturday			We are going to drop off our friends at the airport at 9 p.m.



Grammar:

Question formation

There are two types of questions:

1. WH Questions

When we are asking for information, we begin a question with a 'Wh-' question word:

e.g.: **What** are the different types of books? / **Who** did the author write about?

2. Yes/no Questions

When we just need a yes or no answer, we begin directly with the helping verb:

e.g.: **Did** you write about real events? / **Are** you a historian?

1 Form questions to the sentences below:

1 - Our English teacher gave us an assignment for the weekend.

What did your English teacher give you for the weekend?

2 - The taxi driver drives his car carefully.

How does the taxi driver drive his car?

3 - Yes, the book author attended the book fair yesterday.

Did the book author attend the book fair yesterday?

Pre-writing

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'Oral historians collect and study historical information about individuals, families, important events, or everyday life memories using audiotapes, videotapes, or planned interviews.'

Be an oral historian

2 Collect information about one of your classmates:

a. Write questions about the following points:

(Place and date of birth / childhood games / special family celebrations / family traditions / first day at school memories ...etc)

- *Where were you born?*

- **When were you born?**

- **What games did you play in your childhood?**

- **How did you prepare for your family celebrations?**

- **What traditions did you have in your family?**

- **How was your first day at school?**



b. Use the questions in exercise 2 to conduct an interview with a classmate. Record his/ her answers by filling in the following

Date of Birth	2005
Birthplace	Kuwait
Childhood Games	Ambar - Teela
Family Celebrations	Weddings
Family Traditions	Visiting relatives
First School Memories	Meeting friends
Other Important Memories	Going to the sea with grandpa



Module One

Explorations

Unit Three

Philanthropy

Before you read

- 1 • When do people give speeches?
 - What should a speech begin with?

Reading: Narrative

KUNA: "On September 9, 2014, the United Nations organized a celebration during which it honoured the State of Kuwait the title of Humanitarian Centre and His Highness the Amir, the title of Humanitarian Leader."



Read His Highness's speech at the United Nations and answer the given questions

In the name of Allah – the Merciful the Compassionate



Your Excellency/ Mr. Ban Ki-moon
Secretary-General of the United Nations (UN)



Excuse me, Your Excellency,
Ladies and Gentlemen,
May the Blessing of Allah be upon
its independence and
the has followed a steady

this Organization,
its foreign policy.

Based, **essentially**, on providing humanitarian assistance
their geographic location, or ethnic
importance of international



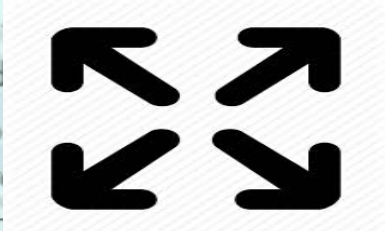
ies in need, **regardless** of
follows K

2009	2010	2011
2012	2013	2014
2015	2016	2017
2018	2019	

Started by the late Amir Al Ahmadi, the State
10% of Kuwait's total human resources, is served by numerous
catastrophes through UN organizations and agencies in the humanitarian field. T



ns to double the **annual** contributions
committee of the
charitable association
ued support of n
are values of the



ional organizations such as: the
ons Children's Fund (UNICEF).



forefathers, they are well known for **rushing** to help and **extending** a helping hand
even when the Kuwaiti people were facing hardships in the past.

This honour bestowed upon us is a tribute to all the people of Kuwait, in **appreciation** of their
longstanding generosity which, God will
Mr. Secretary-General, in conclusion, I want to express to your Excellency and the officials of this
Organization, our **thanks** and **gratitude**
May Peace, Mercy and Blessings of Alla



to your Excellency and the officials of this
ments and efforts.

2 Comprehension questions

1. What is Kuwait's foreign policy?

Providing humanitarian assistance to all countries in need.

2. What does "even when the Kuwaiti people faced hardships in the past" mean to you?

The Iraqi invasion of Kuwait in 1990.

3. In paragraph 2 the sentence "This was followed by official decisions to double ..." is?

- a) supporting detail
- b) main idea
- c) topic sentence
- d) concluding

4. What does the pronoun "their" in paragraph 4 refer to?

It refers to all the people of Kuwait.

5. To whom does His Highness the Amir attribute the award?

To the Secretary General and the officials of the UN.

6. In your opinion, how did people respond to the honouring of His Highness the Amir of Kuwait?

They were very happy and proud.

- 3 **Acronym:** A word or name formed using the first letters from each word, to shorten it. UN is the acronym for the United Nations. Find other acronyms of aid organisations in the speech.

ICRC is the acronym of the International Committee of the Red Cross.

UNICEF is the acronym of the United Nations Children's Fund.

4 The internet is full of acronyms, try to complete the following table:


Acronym	Phrase/Name
DIY	Do It Yourself
FYI	For Your Information
BTW	By The Way
VIP	Very Important Person
ASAP	As Soon As Possible
ATM	At the moment

Did you know that many banks and companies all over the world also use acronyms?

Before you listen

- 1 • What do you think volunteering is?

Mrs. Manal Al-Musalam, a Kuwaiti female volunteer, was named the "Hope Maker" of 2018 in a ceremony held in Dubai by UAE Vice President, Prime Minister and Ruler of Dubai Sheikh Mohammed bin Rashid Al Maktoum. This award is given to Arab youth who have ongoing Humanitarian projects, that help and inspire people.

2  Listen to an interview with her describing her experience with voluntary work to answer the questions below.

3 **Part 1: Complete the following table**

Award name	Hope Makers
Award amount	One million dirhams
Number of participants	More than 80,000 participants
Number of winners	5 winners
Presented by	His Highness Sheikh Muhammad Bin Rasid

4 Part 2: Decide if these following statements are TRUE ✓ or FALSE ✗

1. Manal Al-Musalam started the voluntary team because Dana asked her to. (✗)
2. The International Islamic Charity Organization is an official organization. (✓)
3. Dana Voluntary Team receives cash donations from people by hand. (✗)
4. One of the campaign's goals is to provide medical supplies. (✓)
5. Orphans and poor children prepare a celebration for the volunteers to have fun. (✗)

5 Part 3: Complete the following summary

The idea behind Dana Junior Team started **in** April 2018, after Yasmeen told the trainer that she used to help poor children but couldn't anymore because the campaign was only for **adults**. That's why her mother went back to the organization and **license** the team. The volunteers' age ranged from 7 to **14**, they joined with either their parents or older siblings. Manal never **imagined** that young boys and girls would have so much ability and potential for **giving**. They organized a celebration for Eid Al-Fitr for orphans and visited a centre for children with special **needs**, they collected **500** positive messages from the children in **Kuwait** to give to the children in need. It was one of their most wonderful successes and she hopes to have more **campaigns** in the future.

6 If you were doing an interview with Manal Al-Musalam, what would you ask her?

I would ask her about the difficulties she faced in her project.

I would ask her about her feelings after this success.

1 Grammar: Relative Clauses: who, which, whose. Who is used for people, while which is used for things or animals and whose is used for possessions. Read the examples to help:

This car is old. This car works well.



This car, **which** is old, works well.

The man arrived late. He had an accident.



The man, **who** arrived late, had an accident.

The man left quickly. The man's car is red.



The man, **whose** car is red left quickly.

Join the following sentences using who or which:

1. The man was a volunteer. He put out the fire with the rest of firemen.

The man, **who** was a volunteer, put out the fire with the rest of firemen.

2. The charity is purely medical. It operates in developing countries.

The charity, **which** is purely medical, operates in developing countries.

3. The campaign's name is Hope. The campaign gives out food supplies.

The campaign, **whose** name is hope, gives out food supplies.

Before speaking

30



In groups, choose the three most important points needed to give a speech



good memory – loud voice – charisma – expressive face – confidence –
acting – belief – smiling – body language – eye contact

3

Speaking activity: On the occasion of His Highness the Amir's honouring as "Humanitarian Leader" you have been asked to give a speech about humanitarian work in Kuwait. Discuss these ideas with your group before you start making your speech.

- How does the award inspire you to do more for your community?
- What type of humanitarian work is there in Kuwait?
- Which charities do you know?
- How can you support charities?
- Is there any voluntary work in your school?



Tips for making a speech

- * Talk about what you know
- * Organize: every speech should have an introduction, a body, and a conclusion.
- * Tell stories.
- * Avoid words, like "well", and "um".
- * Vary your tone, volume, and speed.
- * Smile at the audience.
- * Practice, practice, practice!

1

Grammar: If conditional type 2. Used to talk about hypothetical situations that are unlikely to happen, but possible. We use the if + past tense, would + verb in the infinitive.



If I **were** you, I **wouldn't eat** so much junk food.

If The team **trained** more, they **would win** the match.



Complete the sentences using the correct form of the verb

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1. If I (be) **were** Manal, I **would feel** happy to get an award. (feel)
2. If I (be) **were** her, I **would donate** money to charity (donate)
3. If we **gave** away food for the poor, no one **would stay** hungry (give, stay)
4. If they **supported** people with disabilities, they **would do** a lot of things (support, do)
5. If they **volunteered**, they **would help** a lot of people (volunteer, help)

2

Read the following text about The Environmental Voluntary Foundation to get information on the foundation and how they help the community through volunteer work.

The Environmental Voluntary Foundation started in 1986. Its projects aim to protect the Kuwaiti environment. The Kuwait Diving Team is one of these projects, and they study sea-animals and the coral reef in Kuwait, in order to keep them safe and protected from water pollution and oil spills.

They have beach cleaning campaigns every year for 6 months for students and young people. They educate people about the importance of the environment, sea-life in Kuwait, community service and what we can do to save our environment. They organise cleaning campaigns for everyone in Kuwait to help remove trash, paper, plastic and fishing nets from the beach and from the water. Keeping the sea and beaches clean also means keeping the community safe from polluted water and the danger of sick sea-animals.



1



Write a two-paragraph report about the ways you can volunteer in your community, and what benefits you and the community get from volunteering. Use the provided outline to organise your ideas.



Title:

Paragraph one

Topic sentence:

Supporting details:

Paragraph two

Topic sentence:

Supporting details:

Concluding sentence:



لا تنسوننا من صالح دعائكم بظهر الغيب

اللهم رضاك و الجنة