



امتحان الفترة الأولى للعام الدراسي 2021 / 2022

Total (60 Marks)

I. Reading (30 Marks)

A-Vocabulary (14 Marks)

14

a) Choose the correct answer from a, b, c and d: (4 X 2 = 8 Marks)

English 4 All

1- My friend would like to have a look at my ..... of old coins.

a- determination      b- heritage      c- collection      d- gravity

2- Our team won the cup because one of the players.....scored a fantastic goal.

a- securely      b- frequently      c- incredibly      d- extremely

3- Cinemas and food courts are designed to be in ..... buildings.

a- separate      b- capable      c- adequate      d- harsh

4- All our cousins went with us to the beach as they had.....

a- reflected      b- floated      c- demoted      d- promised

b) Fill in the spaces with words from the list: (4 X 1½ = 6 Marks)

cool down – stingy – dispose of – impressive – astonished

5- People were ..... when they saw the old man sprinting actively.

6- Sportsmen do stretching exercise after their training session to .....

7- Al-Hamra Tower in Kuwait is one of the largest and most ..... man-made buildings.

8- My mother asked me to ..... my old clothes to organize my overcrowded closet.

## Reading Comprehension (16 Marks)

16

**Read the following passage then answer the questions below:**

Did you know that sleep is more important than food? A person who does not sleep may die at a younger age than a person who does not eat. We spend about one-third of our lives in sleep.

How much sleep do we need? The amount of sleep people need depends on different things, including age. Most healthy adults need between 7 to 9 hours of sleep each night to work at their best. Children and teens need even more. After the age of 50, people get only 5.5 to 6.5 hours of sleep each night. We need less sleep as we get older.

Most people have some nights when they cannot sleep. Poor sleep increases the **risk** of accidents and other illnesses like heart diseases. It may also lead to poor memory. Getting too much sleep may not be good for people either. Too much sleep is linked to sickness.

Many famous people in history had a problem falling asleep. Some of these people had special ideas to make them sleep. For example, King Louis XIV of France had 413 beds. He moved from one to the other hoping to fall asleep.

Making simple but important changes to your daily habits can have a great impact on how well you sleep. To sleep better at night, experts suggest exercising regularly and going to sleep at the same time every day especially on weekends. **They** also suggest avoiding heavy meals late in the evening.

**a. Choose the correct answer from a, b, c and d: (6 X 2 = 12 Marks)**

9- What is the main idea of the 2<sup>nd</sup> paragraph?

- Lack of sleep can lead to death.
- We need to sleep in order to be healthy.
- Many people face difficulty sleeping at night.
- How much sleep we need differs from person to person.

10- The underlined word 'risk' in the 3<sup>rd</sup> paragraph means:

- type
- way
- danger
- reason

11- The underlined word 'They' in the 5<sup>th</sup> paragraph refers to:

- a) changes
- b) habits
- c) experts
- d) weekends

12- What happens when we get older?

- a) We sleep a lot more.
- b) We sleep less than before.
- c) We need 7-9 hours of sleep.
- d) We can't sleep at all.

13- According to the passage, which of the following sentences is **NOT TRUE**?

- a) We spend one-third of our lifetime sleeping.
- b) Getting too much sleep is good for us.
- c) Most people find it difficult sometimes to sleep at night.
- d) King Louis XIV had 413 beds to help him fall asleep.

14- What is the author's purpose in writing this text?

- a) To list the different types of sleep.
- b) To tell us about famous people in history.
- c) To compare children's and adults' sleeping habits.
- d) To give information about sleep and its importance.

**b. Answer the following questions: (2 X 2 = 4 Marks)**

15- What are the dangers of poor sleep?

.....  
.....

16- How can we sleep better at night?

.....  
.....

## A) Grammar (14 Marks)

14

## a) From a, b, c and d choose the correct answer: (4 X 2 = 8 Marks)

17- It is known that ..... every day is a good aerobic exercise.

- a- swim                      b- swims                      c- swimming                      d- swam

18- What is ..... land animal on Earth?

- a- big                      b- bigger                      c- biggest                      d- the biggest

19- Have you ever ..... Egyptian food in Kuwait?

- a- eaten                      b- ate                      c- eat                      d- eats

20- My cousin is too short ..... reach the shelf.

- a- that                      b- to                      c- as                      d- so

## b) Do as shown between brackets: (3 X 2 = 6 Marks)

21- Ali has studied medicine for seven years at Kuwait University. (Ask a question)

.....

22- When I arrived home, it (rain) heavily. (Correct the verb)

.....

23- Cairo city is a crowded city. Hong Kong is a crowded city. (Join using as.....as)

.....

## B) Writing (16 Marks)

16

Plan and write a report of two paragraphs (not less than 10 sentences) about **comparing life in Kuwait in the past and life in Kuwait nowadays.**

\* Your writing should include a topic sentence, supporting details and a conclusion.

Plan

2

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graph TD
    Plan[Plan] --> Topic[ ]
    Topic --> Section1[ ]
    Topic --> Section2[ ]
    Section1 --> S1_1[ ]
    Section1 --> S1_2[ ]
    Section1 --> S1_3[ ]
    Section2 --> S2_1[ ]
    Section2 --> S2_2[ ]
    Section2 --> S2_3[ ]
  
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