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Ministry of Education

Modified

Target English

Student's Book

Grade
8

Julia Starr Keddle
Martyn Hobbs



1 Healthy Living

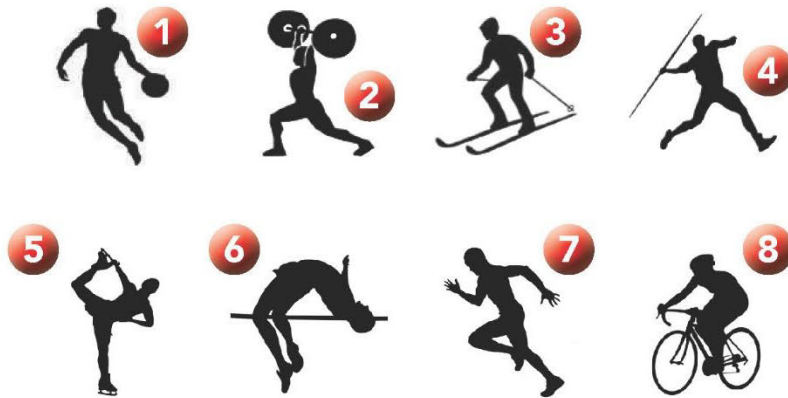
Module 1

Reading

Before you read

1  In pairs, match the pictures with the sports.

Cycling	8
Basketball	١
Weightlifting	٢
Skating	٥
Skiing	٣
Throwing the javelin	٤
High jump	٦
Sprinting	٧



2  Read the following text and match each title with the right paragraph.

- Types of Exercise _____ B _____
- How to Exercise _____ C _____
- Tips on How to Keep Fit _____ A _____

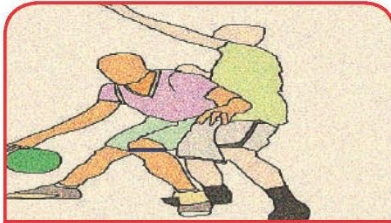
A When you are fit, studying becomes easier, and you can do daily tasks better. It doesn't have to be extremely difficult to keep fit. Walking is easy and doesn't need any special equipment. Try to take the stairs rather than the lift. Even playing a friendly game of football helps you keep fit.

B There are three main types of exercise – aerobic, resistance and stretching. Aerobic exercise is when you make your heart and lungs work. Examples of this are swimming and roller skating. **Resistance** training, such as push-ups and weight-lifting, is for building muscles. Stretching activities, such as yoga, make you more **flexible**. In general, it is important to have an exercise regimen which contains all the above types of exercise.

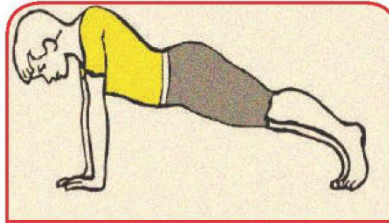
C It is important to have routine for training. A good exercise **session** has a warm-up of about 5–10 minutes. This could be walking or jogging. Then, move to exercises such as push-ups to help you strengthen your muscles. Include aerobic exercise like cycling and basketball. Finally, stretching exercises will help you **cool down**.



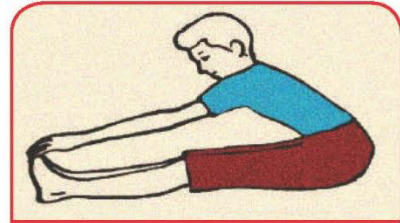
3 Read the second paragraph and write the missing information about each picture.



Sport: **Basketball**
Type: **Aerobic**
Good for:
making heart and
lungs strong



Exercise: **press up**
Type: **Resistance**
Good for: **building up**
..... **muscles**



Exercise: **Yoga**
Type: **Stretching**
Good for: **It makes you**
more flexible.

4 Look at the underlined sentences in each paragraph and decide whether they are:

Topic sentences / Supporting details / Concluding sentences

Remember:

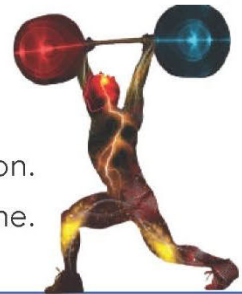
1. The topic sentence is the sentence that expresses the main idea of a paragraph.
2. The supporting details explain and clarify the main idea.
3. The concluding sentence rephrases the main idea.

5 **Grammar in context** *the -ing form (gerund); the infinitive*

Fill in the spaces with the correct form of the verbs in the following list

train / warm up / walk / build

1. **Walking** every day is very good for you.
2. You need **train** hard for the weight lifting competition.
3. It is important **to warm up** for 10 minutes before the game.
4. Resistance training is good for **build** the body.



6 Use the words in the list to write sentences about sport with the **infinitive** or the **gerund**. Check with your partner for mistakes.

enjoy / good at / try / interested in / prefer / promise

Ahmad enjoys swimming in the sea
I'm good at speaking English
I try to solve the problem by myself
Omar is interested in studying Math
I prefer to have my lunch at home
They promise to visit us again next summer



Athletics

1 Match the pictures with the right equipment.

- Which sports goes with each piece of equipment?
- What are the benefits / dangers of these sports?

	Sports Equipment	Name of Sports
1	Bow and arrows	Archery
2	Boxing gloves	Boxing
3	Billiards cue/ balls	Billiards
4	Cleats	Football
5	Bowling ball/ pins	Bowling
6	Fishing rod	Fishing



Listening

2 a. Guess what these sports are, then listen and check

Sprinting: **Running very fast over a short distance**

Shot put: **Throwing a heavy metal ball away by shoulder**

b. Choose what the speakers were talking about.

- a. Famous Athletes b. Sports Races
 c. Doing Sports d. The Olympic Games

3 1.1 Listen again and complete the table.

	Favourite sport	How often	Today
Ayman jumping once a week	He is doing long jump.
Maha running	Two or three times a week	she's doing long distance running
Fawzi	Throwing (Javelin, shot put and discus) twice a week	he's training with a specialist trainer



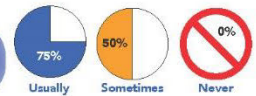
4 Grammar in context Present simple or Present continuous

1.2 Listen and make notes about Abdulaziz, Nour and Hanan.

	often / usually	at the moment / now
Abdulaziz	He often goes running.	he's doing shot put now
Nour	she often goes roller skating twice a week	She is doing the long jump now.
Hanan	she usually practices throwing discus once a week	she's playing basketball now

5 In pairs, discuss and write sentences about your partner's sporting habits using the following expressions:

sometimes / usually / never / at the moment / now



- Ali sometimes goes swimming on Friday
- He usually studies his lessons with me
- Ali never stays up late
- He is writing an activity now

6 Design a poster for a gym. Give it a name, agree on a logo and discuss the benefits. Draw the logo and write the benefits in the spaces.

Name

Fitness Center

Benefits

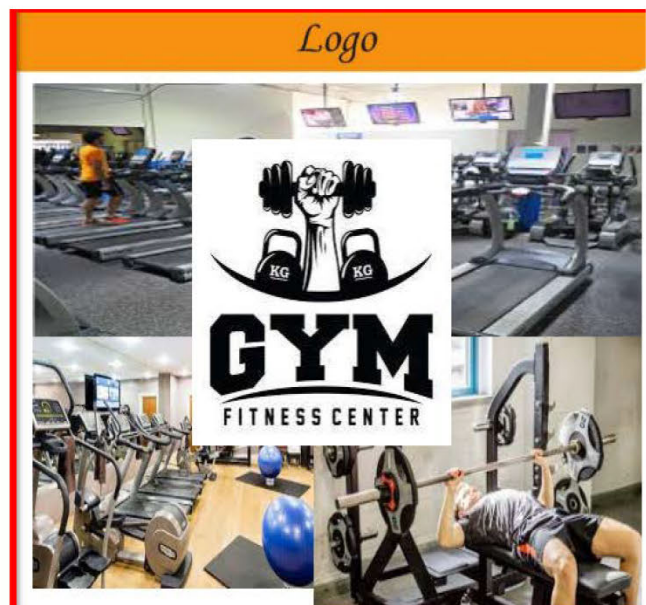
Improve your body muscles .

Change your life style .

Make friends .

Improve your health .

Logo





Healthy Diet

Reading

Before you read It shows that which types and food groups we should follow



1 Think, p

- What does this picture show?
- What are the main food groups?



2 Read the following text and write the main idea of each paragraph.

Vegetarianism has become popular worldwide. Some people stop eating meat because they believe it to be the key to a healthy life. They follow a strict diet that includes fruits, vegetables, cereal grains, nuts, seeds and sometimes eggs and dairy products.

A vegetarian diet has its advantages. The main advantage is that there is less **risk** of **obesity** and heart disease. The diet includes high **amounts** of vitamin C, folic acid and fiber. This diet helps to avoid diseases because of the vegetables which are an excellent source of antioxidants. A vegetarian diet helps in digestion because vegetables contain more fiber. Lastly, more energy is **gained** from vegetables because they are the primary source of the food chain.

Being a vegetarian, also, has its downside. It can negatively affect your health. This diet is low in calcium, proteins, iron, vitamin B12 and zinc. Vegetarians who do not consume milk or dairy products can **lack** vitamin D as well. These nutrients are all found in the vegetarian diet but not in **adequate** amounts. Athletes for instance cannot be vegetarians because they need huge amounts of protein that is found in meat.

In conclusion, I think that eating a balanced diet is important for maintaining good health and keeping the body in top condition. I think a balanced diet does not cut out any food group. It consists of a wide variety of foods, served in the correct amounts to support our body and keep us energised, motivated and healthy.

Paragraph 1	vegetarianism is the key to a healthy life
Paragraph 2	the advantages of the vegetarian diet
Paragraph 3	the disadvantages of the vegetarian diet
Paragraph 4	A balanced diet is the key to good health



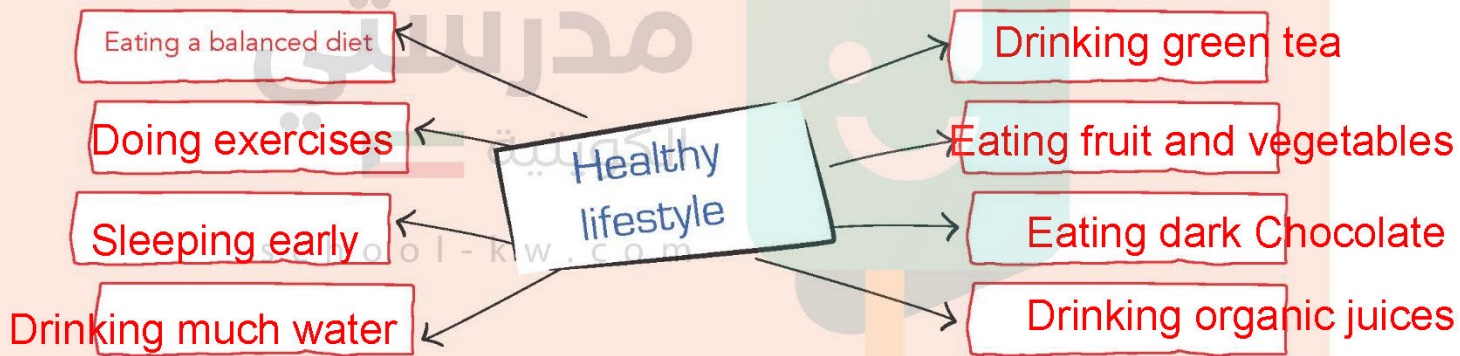
There's less risk of obesity and heart diseases because it has the disadvantages of vegetarianism. The writer agrees on a balanced diet rather than follows vegetarianism. Yes, of course. A balanced diet is the key to a good health.

3 Answer the following questions:

1. What does vegetarianism mean?
2. Which paragraph is against vegetarianism? How can you tell?
3. What is the writer's opinion of vegetarianism?
4. Do you agree with the writer? Why? Why not?

Speaking and Writing

4 In groups, talk about what a healthy life style means to you. Discuss and write your notes in the diagram below to present them to other groups.



5 Expand your notes to write a report of two paragraphs explaining the things everybody should do to keep fit and healthy.

Why does everybody think that a healthy lifestyle is very difficult to follow? A healthy life style is very easy but it needs a will and a plan to do it well. Just start and you'll enjoy

Remember to:

- begin with an interesting introduction such as a question.
- develop the body by adding facts and details.

Following a diet needs some types of food and exercises. Doing exercises is very important so I advise you all to keep going to the gym. We should drink much water. It removes toxins. We should eat a lot of fruit and vegetables. They are rich in vitamins and fiber. A balanced diet is the key to a good health.



2

Life Events

Module 1

Before you read

Reading

1 Think, pair, share

- Have you visited any blogs? **yes, I have**
- What have you read about?

I have read about my school subjects and activities

2 Read the following webpage and answer the questions that follow:



How to Create Your Own Blog?

Would you like to have your own blog? Would you like to connect to the world? Would you like your voice to be heard, your images to be seen and your thoughts and experiences to be read by your friends? How about creating your own blog? It is easy and free to create your own blog. WordPress uses easy steps for building blogs.

First, let's have a quick look at the history of blogging. The term "weblog" was first used on December 17, 1997. Soon after, it was being used as both a noun and verb. These uses have led to new words like blogger and blogging.

Steps for Creating Your Own Blog

Step 1: Log into: www.wordpress.com

Step 2: Choose a theme: Many themes are available for free. Choose the theme you like most. It's easy to change themes later on.

Step 3: Choose a name for your blog: Think about the name of your blog. You can use your name. For example, myname.wordpress.com or choose any other name that you like.

Step 4: Choose your plan: Choose a free plan for your blog. This will help you get in touch with the world. There are free plans and paid plans.

Step 5: Create your account: Choose a username and password. It is important to keep your username and password to be able to log into your account. You need to provide your email address. Now you are ready to start connecting to the world.

Blogging is a great way to communicate. You can post information about Kuwait to share our culture with the world, but it is very important to keep our Islamic values and traditions.

1. What are the benefits of blogging?
2. Why is it important to keep our Islamic values and traditions?
3. Find words in the passage that are opposites of **cost**.
4. Find the opposites of **cost**.
5. What is the main idea of the passage?
6. What kinds of blogs do you like to read?

**It's easy to connect to the world and your voice to be heard
To be able to log into my account easily**

images - Log into — get in touch with - communicate

Free - Log in

Importance of blogging and tips we must follow

Blogs about sports - To have fun



Listening

3 2.1 Listen and find out about Ali's and Sara's experiences.

Questions	Ali	Sarah
1. Eaten Italian food?	No	Yes
2. Visited a museum?	yes	yes
3. Been to another country?	no	yes
4. Acted in a play?	yes	no
5. Made your own website?	yes	yes
6. Lost something important?	yes	no

4 Grammar in context present perfect (ever)

Talk about Ali's and Sara's experiences. Follow the example below.

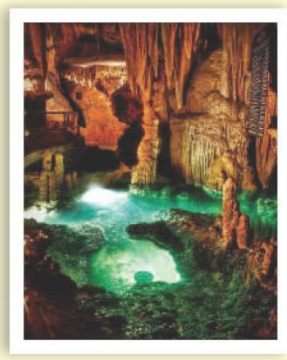
- Ali **has acted** in a play. Sara **hasn't** acted in a play.
- Ali and Sara **have visited** a museum.



Speaking and Writing

5 Ask and answer these questions with your partner, then write 4 sentences about you and your partner's experiences.

- A: Have you ever
- visited any **caverns**? Yes, I have
 - participated in **voluntary** work? no, I haven't
 - spoken to a **native** speaker of English? Yes, I have
 - flown in a hot air balloon? no, I haven't
 - watched a match in the stadium? Yes, I have
 - gone skydiving?



- B:Have you ever.....
-? written a letter to a pen-friend.....
 -seen an accident on a highway.....
 -made a charity party with your friends.....
 -bought a new computer game.....



Personal Experiences

1 Look at the pictures and answer the questions:

1. Why does he look so sad?
He has lost something.

2. What did he lose?
He lost his money .


3. When do you think it happened?
Maybe when he was walking home .



1. Why does she look so happy?
She has found her family .

2. What did she adopt?
She adopted a boy and a girl .

3. When do you think this happened?
Maybe when they were babies .



1. Will he be able to play football today?
No , he won't .

2. Why do you think so?
Because his leg is broken .


3. When do you think it happened?
May be , last week .



1. How do you think he feels now?
He won a race .

2. Why do you think so?
He feels happy and proud .

3. When do you think this happened?
Maybe , last year .



Speaking

2 a. Work in pairs. Practise speaking about your experiences

You : Have you ever**eaten Egyptain food**.....?

Your partner :**Yes, I have**.....

You : When did you**go and eat it**.....?

Your partner :**Iwent last Friday**.....


You : Did you enjoy it?

Your partner :**Yes, I did .The food was delicious**.....

b. Tell your class about your partner.

e.g. My partner has eaten Moroccan food. He ate it in a restaurant at a shopping mall. He enjoyed it very much.



- 3  Talk about something funny, strange, or interesting that has happened to you **recently (at home, class, health club, street, etc...)**. Then write a short paragraph describing this experience using the present perfect and past simple.

.....

.....

.....

.....

.....

.....

.....

4 **Grammar in context** *Expressing purpose*

Read the following text and fill in the missing parts with these words:

to / so that / in order to

Adel always wanted to be a basketball player, but he was shorter than most basketball players. He tried to join a basketball club to practise the sport^٢..... **achieve** his dream. He kept practising by himself on weekends^٢..... he could **improve** his skills. He thought about his best position, he needed a position that didn't **require** a tall person. He chose point guard, a position that only requires average height. All he needed to do was to train^٢..... he could **master** the skills required for this position. He spent a long time in the gym^٢..... build a strong body and to improve his fitness. He went back to the first club he had tried to join^١..... ask for a second chance. The coach gave him a chance^٢..... find out if Adel had improved. He was quite surprised to find that Adel was good enough to join the team. Adel was very happy to achieve his goal. He told everyone he knew how important it is for people to work hard^١..... achieve their dreams.

- 5  In your notebook, write sentences for the following pictures using the word list in exercise 4.



More than usual

- wash hands frequently
- not to catch infections



- save money
- buy my own things



- read books
- learn new information





Life's Challenges

Reading

Before you read

1 Discuss the pictures and guess what the lesson is about.

Juri Al-Azmi: "Defying the Odds"



A 16-year-old Kuwaiti girl, Juri Mohammed Al-Azmi, has always loved reading books and poetry. She lost her **sight** but did not lose her **determination** or hope. She was able to **overcome** being blind and achieve first place in Kuwait at the "Arab Reading Challenge" contest. She beat 16,000 Arab students by reading 50 books. She also participated in the "Arab Reading Challenge Champion" contest in the United Arab Emirates. There were 18 other Arab students who had reached the final stage of the competition.

One of the difficulties facing Juri is the lack of books in Braille. Braille is a method of writing that helps the blind to read with their fingers. She said, in a statement published by the organising committee, that she loves reading, and that her visual handicap is not a **barrier** between her and the world around her.



"My Incredible Story" by Ghanim Al Muftah



Qatari teenager Ghanim was born with a rare disease which stops the development of the lower spine. Doctors told his family he probably would not survive. Ghanim has **inspired** people around the world by surviving and, **incredibly**, by becoming an athlete. He shares his story of hope and determination with the world. His dream is to become a Paralympian.

Ghanim said: "through my Instagram account, where I have almost one million followers, I want to say that everyone has a right to dream." "Social media is a window to the world. **It** helps us get our message out there faster and we have to use it in a positive and useful way. I want people to understand that people with disabilities are **capable** of giving and are active in society."



2  Read the texts and answer the questions below.

1. How can Juri read books despite her disability? **invented by Braille**
2. What challenges is she facing? **The lack of many books in Braille**
3. How did Ghanim inspire and surprise people? **By surviving and becoming an athlete**
4. The underlined pronoun **it** refers to **social media**
5. The purpose of these two stories is

To give good examples to the handicapped and others , not to give up hope and challenge



Speaking



3 Think, pair, share

Determination and challenge

- What do you think are the best things about Juri/ Ghanim?
- How do people with disabilities contribute to our society?

Listening

They are capable of giving and are active in society
They can share in sport competitions and go to work



4 2.2 Listen to the interview with Peter Delaney.

a. Complete the sentences with a, b, c or d.

- Peter started his journey in a. 1999 b. 2003 ✓ c. 2005 d. 2016
- He has walked miles a. 19,000 ✓ b. 20,000 c. 40,000 d. 36,000
- He across China. a. has walked b. hasn't walked c. will walk ✓ d. walked
- He a sweater with him. a. will carry b. doesn't carry c. carries ✓ d. carried
- He has learnt more than 300 a. songs b. stories c. films d. poems ✓

b. Tell your group about Peter's journey.

Writing



5 In your notebook, write a two-paragraph email to your cousin telling him/her about an inspiring person you admire (physically challenged – athlete – writer – scientist ...etc)

- Include a proper greeting.
- Start by filling in the following outline.
- Be sure to clearly say what your email is about in the subject field.
- You can end your informal email with: Thank you, Best regards, Yours...etc.

Inspiring Person

How you know him/her

Why you admire him/her

What he/she does

What he/she achieved





3

How We Live

Module 1

Before you read

Reading



1 **Discuss in pairs:** free time nicely

- Do you enjoy reading stories? Why?
- Name a story you know. What is it about?
I like police stories. It's about crime and justice



2 **Read this story and give it a title.**
Deception doesn't pay
Deception has no legs

My dad runs a garage just outside the city. It's the biggest garage in town. It's a family business and my dad is really proud of what he has achieved. All the rich people bring their expensive cars to him to be serviced and repaired. Last year, a mechanic named Don came to work for my dad, but he didn't stay long.

Dad's garage is huge. It has three **separate** workshops and he **employs** forty mechanics and over a **hundred** other staff. It's hard to keep track of all the workers, so dad employs a foreman named Antonio. He's a short, heavy man, and he moves slowly, but he has a lot of power. His job is to check what the mechanics are doing and to tell them what they're supposed to do. He also pays the men's **wages**.

At first, Don worked hard. He was young, tall, slim and quick with his hands. He fixed the cars faster and better than anyone. He was a rising star among the mechanics in the workshops.

After a while, Don became too proud of himself and started cheating. That was the beginning of his real trouble. He found a quiet place outside the garage, where no one could see or hear him. He would sit under a tree and spend the days singing to himself **instead of** working.

'You like to think I'm working, but I'm not,' he sang.

After a while, Antonio found out what Don was doing. He set a **trap**.

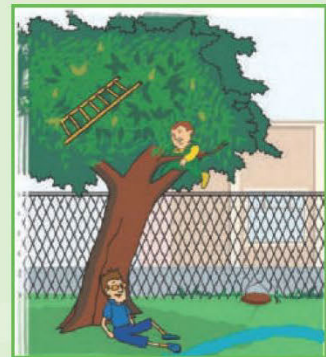
One morning, before Don arrived at work, he climbed up the tree and waited for Don to arrive.

An hour later, Don, as usual, came to sit under the tree. 'You like to think I'm working, but I'm not,' he started singing.

All of a sudden, Antonio **dropped out** of the tree and looked him in the eye. He sang to the same tune Don had used:

'You like to think I'm going to pay you, but I'm not!'

And that's how Don lost his job at my dad's garage. Since then he has been **jobless**.





He was quick with his hands. He worked hard.
He found a quiet place outside the garage under a tree.

He set a trap and hid up in the tree to catch donkeys.
He wants to convey a moral that deception isn't working.
Hard work leads to better jobs and a better life.

3 Answer these questions

- What was Don like? How did he work?
- Why did Don cheat at work?
- How did Antonio solve the problem?
- What message do you think the writer wants to share?

4 a. Fill in this table with the required information from the story.

Characters	Setting	Events
.....Writer's Dad.....Don.....Antonio.....garage.....outside the garage.....under a tree.....	<ul style="list-style-type: none"> • Don started working as a mechanic. • Later, he became lazy and stopped working..... • Then, Antonio discovered his trick..... • Finally, Antonio set a trap and Don was fired.....

b. If you were in Antonio's place, how would you solve the problem?

5 Grammar in context (present perfect + for / since)

Correct the verbs in brackets and use since or for.

- The writer's father **has been** (be) the owner of this garage **for** 20 years.
- The number of customers **has increased** (increase) **since** the garage was first opened.
- Antonio **has worked** (work) as a foreman **for** a long time.

Since:

- 2010
- April
- this morning

For:

- 3 hours/days
- a month
- a short time

Speaking

6 a. Ask and answer questions using "How long...?" and "for" / "since". Take notes while asking about these ideas:

(live in this neighbourhood / know your best friend / have this mobile / be in this school ...etc.)

e.g. **A: How long have you studied English?**
B: For four years, since I was nine years old.

b. Use your notes to report to your group about your partner.

e.g. **My partner has lived in this neighbourhood since he/she was born.**





People's Stories



Before you listen

1 Find the odd one out. Justify your answer.

- taste – smell – leftover – **inhale** **leftover**
- stingy** – furious – **hearty** – angry **hearty**
- court – **justice** – **crowd** – fairness **crowd**

2 3.1 a. Listen to the story and decide if these statements are true (T) or false (F). Correct the false ones.

- The tajiri was very generous. (F)
- The maskini gave his goat to the tajiri. (F)
- The maskini was **unfairly** judges by the village chief. (F)

b. Listen again and write a description of each of:

- The tajiri: **was a stingy, greedy rich man**
- The maskini: **was a very poor man**
- The village chief: **was very fair and smart**

Speaking

3 a. Discuss the following with your ideas with

- What do you think of what he did?
- How would you solve the problem of the maskini if you were the village chief?

**The tajiri was very selfish and stingy
The village chief was very fair and just
Frankly speaking, I would send the tajiri to jail**

b. Retell the story: each member of the group

4 Grammar in context Intensifiers (too ... to / so ... that)

The Tajiri was very mean. He didn't want to share the smell of his food with others.

The Tajiri was **too** mean **to** share the smell of his food with others.

The Tajiri was **so** mean **that** he didn't want to share the smell of his food with others.

Rewrite the following sentences using (too...to/ so...that):

- The exercise was very difficult. I couldn't do it.
..... **The exercise was too difficult to do**
- The news is very good. It cannot be true.
..... **The news is so good that it can't be true**
- This mobile is very expensive. I cannot afford it.
..... **This mobile is too expensive to buy**



Writing

- 5  a. Fill in the missing information needed to help you write a story about the poor and the rich.

Characters: Who?

The Ahmeds - The Talals

Setting: When and where?

villa
cottage
last winter

Title

poor but happy

Problem: What went wrong?

The Ahmeds were very poor
They didn't find their shelter
The rich family ignored their
neighbourhood

Solution: How did it end?

Ahmed searched for work
He did his best till he made
himself
life turned over and the Talals
became poor

- b. Use your notes to write the story.

Remember to:

Last winter, The Ahmeds lived in a small cottage near The Talals' large villa. It was too cold and they couldn't find a shelter. Ahmed was a strong-willed man. He lived happily with his kids. Once, his wife asked him to go to the Talals to ask for some help. The Talals were greedy. They just lived for themselves. But Ahmed refused and worked hard to feed his kids and he did. life turned over and the They Talals lost their wealth. The family broke up, lived a sad and miserable life. The Ahmeds were poor but happy. Now, they are rich and happy

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Life in Space

Reading



Before you read

1 What do you think life is on a space station?

Make notes about:

(eating – drinking – clothes – sleeping – moving – entertainment... etc.)

e.g. You can't drink from a glass.



Since 2000, highly-trained astronaut teams have been travelling 350 kilometres into space to live and work. Most of these astronauts spend about three months in space. Living in space is a bit like camping, you have to take everything you need, you use special equipment, and you have to **dispose of** your own rubbish. We asked Bill Ross on the International Space Station to tell us about living in space.

Food in space

Almost all our food is in tins or dried. We even have to add water to drink. We drink through a straw, otherwise the liquids **float** around the cabin. There is no fridge, so we can't have cold drinks. But there is a wide choice of food – soup, meat, vegetables, fruit, nuts and bread. We get three meals a day and a snack. We have to warm up our meals before we open the **packages**. Food moves around in zero **gravity**, so we can't eat off plates. We eat from the packages and we use straps to keep our food on the table. We don't use knives or forks – and we don't use chairs. We simply float around the table!

Food
What do they eat in space?



Clothes

Do they need special clothes while living and working inside the space shuttle?



Clothes

When we go into space in the shuttle or when we re-enter the Earth's atmosphere, we wear special suits called LES (Launch Entry Suits).

The suits have parachutes, oxygen, an inflatable boat, water and a flare gun kit.

Inside the station, we wear **casual** clothes with lots of pockets. Sometimes when we walk outside in space, we wear **specialised**, white spacesuits with finger heaters in our gloves!



You have to take everything . You use special equipment
You have to dispose of your own rubbish



They can't eat off plates. They eat from the packages

They are very useful. Parachutes are used for landing on the
Oxygen is used for breathing. Food and water to survive

1. Give three reasons why being in space is like camping.
2. Why don't astronauts use knives or forks in space?
3. How do you think the tools of the LES are useful to astronauts? Explain one use for each tool.



3 Match the words from the text with their definitions.

1. dispose of () the containers food comes in.
2. inflatable (٢) an object that you fill with air before use.
3. flare (١) throw away, e.g. rubbish.
4. casual (٣) a bright flame used as a signal.
() informal, for everyday use.

Speaking

4 a. Imagine you are a journalist. Write six questions to ask an astronaut about his experience of life in space.

You can ask about:

The most difficult thing / the best moment / what they miss / ...etc.

e.g. *How long have you been on the space station?*

How do you eat

How can you sleep

If you need to drink how can you do that

If there is a fire, how can you put it out

Is it easy to call your family

If you get sick, how should you behave



b. Role-playing:

Work in pairs. Be a journalist and an astronaut

Use your questions from exercise 4.

- Ask your partner questions, then exchange roles.
- Act out the interview in front of other pairs.

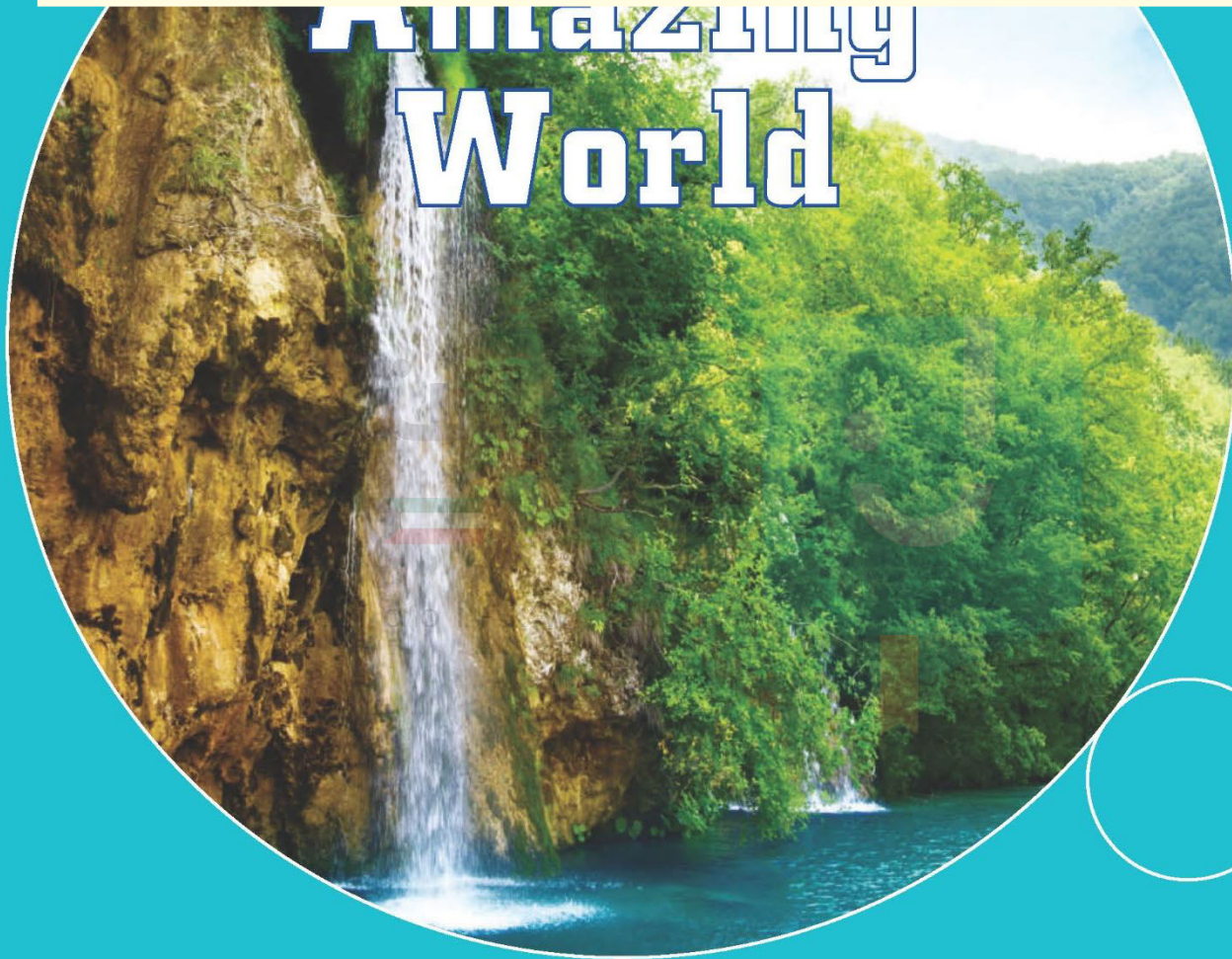
Remember to:

- respect turn taking.
- use facial expressions.
- listen and ask for clarification if needed.





Space is a dangerous environment and presents extreme temperatures, both hot and cold for the human explorer. To allow space cooling (and heating) systems to work most efficiently, they are made of material that reflects much of the incident radiation (mostly sunlight) that falls on them; hence, they are white. Another reason for using white material is that this helps astronauts to be visible to crew members, even in the darkness of the Earth's shadow.



You are expected to:

- Listen to fiction and nonfiction texts.
- Take part in dialogues and discussions.
- Use different writing strategies including planning and editing.

Activities:

- Listening to a folktale
- Talking about similarities and differences
- Searching for information to prepare presentations



4 Unforgettable Past

Module 2

Reading

Before you read

1 Which of the following charity organisations would you like to join? Why?



To help people with cancer To give money to the poor To provide shelters To provide food and medicine for people that suffer from war

2 a. Read the text and give it a suitable title. Never give up



Clara Barton was a very special woman. She was born in 1821 in the United States. She started her career as a teacher at an early age. Clara opened a free school and became a popular and respected teacher. When her school grew, she **hired** another teacher to help her teach. There were over 600 students in the school. She **raised** a lot of money that was used to open another school.

Unfortunately, Clara was not allowed to be the principal of the new school. Her **community** would not let women hold this position. A male principal was hired instead and was paid twice as much as Clara. She was **demoted** to "female assistant".

Due to the **harsh** environment, Clara suffered from many health problems and decided to **quit** her job.

When the Civil war began, Clara worked as a nurse. She fed soldiers and cleaned their **wounds** on the battlefield. She proved that women can succeed in any job. Clara later founded an international organisation. Injured soldiers were cared for by Clara's organisation. Clara always said, "I may be **compelled** to face danger, but I never fear it."





b. Answer the following questions:

1. How would you describe Clara Barton?
2. Women were not treated as equal to men during the 19th Century, explain.
3. What is the purpose of the writer?
4. Think of a great Kuwaiti woman and compare her to Clara Barton.

3 Grammar in context *The Passive Voice (Past Simple)*

Passive: *Object+ was/were+ Past Participle*

The passive voice is used to focus on the action rather than who did it.



e.g. *Clara opened a free school.* → A free school was opened by Clara.

a. Read the text again and underline three sentences in which the passive voice is used.

b. Change the following sentences into passive:

1. The teacher cancelled the test.
The test was cancelled by the teacher.

2. They took some pictures in the old town.
Some pictures were taken in the old town.

c. In your notebook, write three sentences about the pictures using the past simple passive.



Cookies were saved in a jar

Tree was watered yesterday

Speaking and Writing

An e-mail was sent last night

4 **a. In groups, think of a charity campaign that you can create.**

Give it a name, discuss its services, the main difficulties that you may face while creating it and possible solutions to those difficulties.

b. In your notebook, write a post which can be displayed on your blog to promote your campaign. (You can add a logo)





Folktales

Listening

1 **Discuss in pairs:**

1. What is a folktale? **A Popular and traditional story.**
2. Name some popular folktales and tell your partner a little about them.

2 **4.1 a. Listen to the folktale and answer the following questions:**

1. Why was Huw **astonished**?
.....
2. Why were the silver cows better than the black and white ones?
.....
3. Was the mother's decision wise? Why? Why not?
.....

b. Listen to the folktale again and complete the following summary with words from the list:

plunged in - submissive - cottage - begged - exceptionally - humble

Huw lived in a **cottage**..... One day, while Huw was playing the harp, he saw six silver cows come out of the water. These cows gave milk which was **exceptionally**..... good. It was so much better than the milk from Huw's older cows.



After a few months, one of the silver cows stopped giving milk. Huw's mother decided to give the cow to the butcher. Huw **begged** his mother to save the cow, but he became **submissive** when she told him to be quiet and stopped arguing. The next morning, the six silver cows ran to the lake and **plunged in**. They disappeared.

3 **With your partner, write some questions about the story and what might have happened after.**

e.g.: What did Huw do every morning?

You can use these question words: (How/ Why/ What...etc)

- **where did Huw live?**
- **How did the silver cows disappear?**
- **When did the silver cows disappear?**
- **Why was Huw sad?**





4 Grammar in context Past Continuous Tense

e.g.: While Huw **was watching** over the herd, six silver cows **rose out** of the water.



a. Choose the correct verb to complete the following sentences:

1. When I (leave - **left** - was leaving) the club, it was already snowing heavily.
2. Fatma dropped her ID card while she (look - looks - **was looking**) for her purse.
3. A new student (enter/ **entered** - was entering) our class while my partner was giving a presentation.

b. Complete the following sentences:

1. The vet was treating an injured tiger in the zoo, when
The tiger bit him.
2. I was walking along the road when **I saw an accident.**
3. I heard a scream while **I was driving my car.**
4. While our grandma was telling us an interesting story **I fell asleep.**



Speaking



- 5 In groups, discuss how some people mistreat animals and suggest ways to protect them. Then share your ideas with the class.

You can discuss the following points:

Mistreating animals: **frightening and killing them - making experiments.**

Protecting animals: **treating animals with care - building a nature reserve.**



Remember to:

- maintain eye contact while speaking.
- speak with respect.
- be confident.



Pearl Diving

Reading

1 Before you read Think, Pair, Share



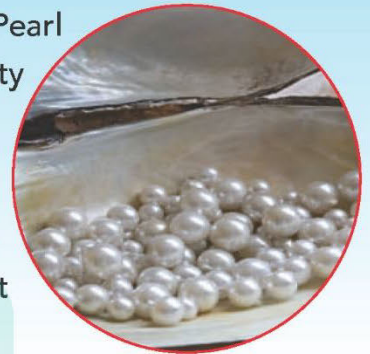
- Discuss the jobs Kuwaiti people used to have in the past.
- List the hardships in these jobs.

1 Before the discovery of oil in Kuwait, pearl diving was the main source of income for many Kuwaiti people. Pearl diving was important for Kuwait's economy. Pearl divers used to face many hardships in the sea. Pearl diving was a daily activity for sailors and divers. They often worked for 12 or 16 hours a day.

b. pearling Before oil

2 Pearl diving was not only an industry, but a social system that held communities together. Every generation passed on the tradition of pearl diving by teaching their children and telling them stories about pearling. The methods used in pearling did not change for many years.

c. pearling communities



3 Pearls hunters used many kinds of ships. The 'Boom' was one of the most famous ones. Divers wore wraparound skirts or black suits, a nose clip, a neck basket and a toe anchor. They were tied securely to the ship with a rope around their waists. They held the rope **throughout** the dive. When a diver was ready, he **tugged on** the rope and was pulled up to the surface.

d. pearling Equipment and practice

4 The tradition of pearl diving died during the 1930's because of the introduction of cultured pearls which were cheaply farmed in Japan, but pearl diving is still an important part of the Kuwaiti **heritage**. Nowadays festivals are held and sea trips are organised to keep this tradition alive. These trips are supported by His Highness the Amir of Kuwait.

a. keeping pearling Alive



Consult the dictionary for the meanings of the underlined words "**hardships**" and "**securely**".





2  **Read the article and match the headings with the right paragraphs:**

- | | |
|------------------------------------|-----|
| a. Keeping Pearling Alive | () |
| b. Pearling Before Oil | () |
| c. Pearling Communities | () |
| d. Pearling Equipment and Practice | () |



3 **Read the article again and answer the following questions:**

1. What equipment did divers need for pearl diving?
Black suits, nose clip, neck basket and toe anchor.
2. Do you think it is important to keep the tradition of pearl diving alive? Why?
Yes, I Think so, To remind new generations of their p . we must take pride of our past.

Speaking and Writing

4 **" Older people often say that life was better in the past than it is now"**

a. In groups, decide whether you agree or disagree with the statement. Think of reasons to support your opinion, then hold a debate with the class and explain your points of view.

You can discuss the following aspects:

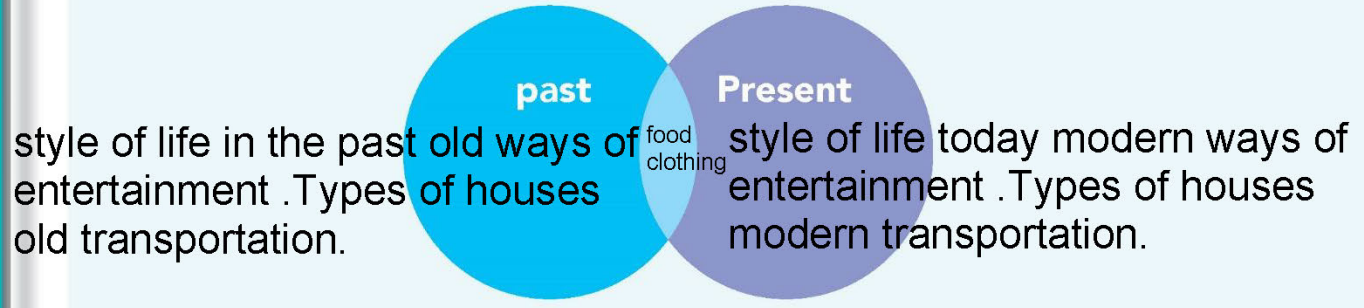
- Lifestyle - food - clothing - entertainment - jobs - transportation - types of houses - education - tools and devices ..etc

Remember to:

- listen carefully to other people's ideas.
- paraphrase what your partner said and ask for clarification if you don't understand.

b. In your notebook, plan and write a report of two paragraphs comparing life in Kuwait in the past and nowadays.

Copy the following diagram in your notebook and fill it with similarities and differences.





5 Incredible Places

Module 2

Reading

Before you read Think, pair, shair

1  In pairs, talk about some of the amazing places around the world

Islands

Mountains

Rivers

Lakes

Oases

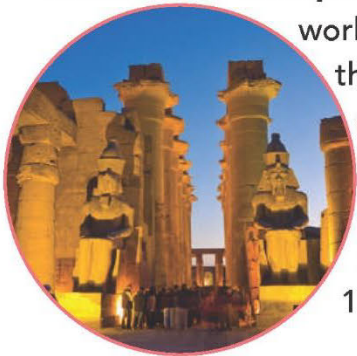
Waterfalls



Vaadhoo Island is located on the **equator** to the southwest of Sri Lanka in the Indian Ocean. It is part of the Maldives. Vaadhoo is a **unique** place where you can have an unforgettable experience. The island has white sand and is surrounded by warm waters that seem to **glow** in the dark. The glow is created by tiny sea organisms. The water near the beach looks like a mirror **reflecting** the sky and stars.

Luxor City

Is located on the east bank of the Nile River in southern Egypt. Luxor has been described as the world's greatest open-air museum. It contains about a third of the most valuable monuments, temples, tombs and **antiquities** in the whole world. Luxor is one of the most important ancient sites. It was the capital of Egypt when the pharaohs ruled from the 16th-11th centuries BC.



Souq Al-Mubarakiya

Is one of the oldest markets in Kuwait. It has been around for more than 200 years. Visitors can spend hours in this market strolling around and doing some **bargain** hunting. From Safat Square, a local landmark, to the new SoMo (south Mubarakiya) area, visitors can enjoy the traditional souq **atmosphere**. It's a great place for shopping, eating or for **sightseeing**.





2  **Read about the three places and decide if the following sentences are true (T) or false (F). Justify your answers.**

1. Both the Sea of Stars and Luxor are in Asia. (F)
2. The Sea of Stars glows because of some living things. (T)
3. In Souq Al-Mubarakiya, visitors can buy items at low prices. (T)
4. Luxor has new monuments, temples and tombs. (F)

3  **Match the following words with their definitions:**

1. unforgettable (3) walk in a leisurely, relaxed way.
2. organism (1) special, unusual and difficult or impossible to forget.
3. stroll (2) a living thing such as a plant or animal.
- (-) a title for ancient Egyptian kings.

4 Grammar in context *Comparative and superlative*

cheap cheaper than the cheapest
expensive more expensive thanthe most expensive

In pairs, complete the following sentences with the comparatives or superlatives of the adjectives between brackets:

1. Luxor is one of the **Oldest** places mentioned in the articles. **(old)**
2. For some people, visiting Souq Al-Mubarakiya is **better** than the Sea of Stars. **(good)**
3. Sometimes, going to the beach is **more interesting** ... than visiting historical sites. **(interesting)**

5  **In your notebook, write some sentences comparing Kuwait to the following countries: (China – Turkey – Bahrain – Canada). Think of size, population, climate ...etc.**





Describing Places

Speaking

- 1  a. Have you ever been to a desert? Where was it? What was it like? Discuss with your partners.



- b. Write as many words related to the desert as possible.

Camel Oasis animals
Sand tent nomad

Listening

- 2  5.1 Listen to Fahad talking about his holiday and complete the following table:

Destination	Kalahari Desert in Africa.
Transport	Car
Animals	Lions, giraffes and elephants
Weather	Dry, hot sunny and rainy.

- 3 **Grammar in context** (not) as.....as

We use (**as as**) to make comparisons between things which are equal in some way: **He was as busy as a bee.**

We use (**not as as**) to make comparisons between things which aren't equal: **Silver is not as heavy as gold.**

-  Complete the following sentences with (**not**) as...as:

- English is **not as difficult as**..... Maths. (not/ difficult).
- This exercise is **as easy as**..... the other one (easy).
- Today is **not as windy as**..... yesterday (not/ windy).
- The tomato soup was **as delicious as**..... the mushroom soup (delicious).



4 Compare the pictures using (not) as..... as:



1. I don't like the old car because it isn't as powerful as the new car
2. The suitcase is not as difficult to carry as the package
3. **Counting** with fingers isn't as easy as the calculator.
4. The left tower is not as tall as the right tower

Speaking school-kw.com

5 a. Talk about the similarities and differences between you and your partners using (not) as.....as.

You can talk about **age, height, skills**...etc.(Think about interesting abilities you and your friends have.)

b. Write some sentences about you and your partners

- I am as old as my friend.
- I am not as tall as my friend.
- I am as good as my friend in playing football.
- I am not as fast as my friend.
- My friend is not as good as me in playing tennis.





Famous Museums

Reading

1 Before you read Think, Pair, Share

Make a list of museums in Kuwait. Then compare your list to the other groups. Talk about the ones you enjoyed visiting and why.



2 Read the following texts about famous museums around the world. Find the topic sentence in each one.

Tareq Rajab Museum of Islamic Calligraphy

is the largest Islamic calligraphy museum in Kuwait. The museum has a **collection** of over thirty thousand items. It first opened to the public in 1980 and It includes beautiful manuscripts of the Qur'an from around the Islamic world. There are also metal and glass objects and a collection of silver jewellery. There are also early gold pieces **that** were found in the Muslim World. The museum is a source of **pleasure** and information for its visitors.



The Louvre Museum



is the world's largest museum. It is a historic place in Paris, France and one of the city's biggest tourist attractions. It is on the right side of the Seine River. It **houses** the most **impressive** art collection in the world with ancient Egyptian, Greek and Roman antiquities. It has **sculptures** from the Middle Ages. It also has furniture, objects and paintings.

Smithsonian Institution

is the world's largest museum, education and research complex. It has 19 museums and the National Zoo. The SI is building the future by preserving heritage, discovering new knowledge and sharing resources with the world. It was founded in 1846 to share knowledge. It is located in Washington DC and contains many **exhibits**. There are over 137 million items in the Smithsonian.





3  **Read the texts again to answer the following questions:**

1. How is the Tareq Rajab Museum a source of information?
The museum has a collection of over thirty thousand items.
2. What's the aim of the Smithsonian Institution?
it was founded to share knowledge and preserve the heritage.
3. Discuss the differences between the three museums.
4. What do you think the words '*collection*' and '*houses*' mean? Why?
variety - groups-list give a place.
5. What does the word '*heritage*' make you think of?
it makes me think me think of the past - culture - traditions.

Speaking and Writing

- 4** • Look at the following optical **illusion**, what do you see?
• What do you know about this painting?



- 5**  **a. In groups, discuss the following questions and take notes:**

1. Why do countries build museums?
To learn about the past and show their culture to visitors.
2. What items can be displayed in museums?
Old antiquities, statues and photos of martyrs.
3. What benefits do we get from visiting museums?
we get information about the past and history of the country
4. What are some rules that should be followed when visiting a museum?
keep calm . Don't touch windows - No- noise - Let private things out . No photography



- b. In a hundred years, what items do you think will be displayed in museums? Write a description of the exhibits that you can see.**

There will be statues of famous figures.

There will be photos of old kuwait Towers.

There will be models of old liberation Towers

There will be models of old villas.

There will be models of old cars.

There will be photos of old desert.



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6 Surprising Records

Module 2

Reading

1 Before you read Think, Pair, Share



Describe some news that you recently heard. Was it interesting? funny? informative?

The characters in this interview are fictional.



Our news reporter, Dana Ali, went to the National Library of Kuwait to meet one of the experts in Kuwait history, Mr. John Ramzi. Dana contacted him to talk about Kuwait records.



Dana: Hello Mr. Ramzi. We are **thrilled** you found time in your busy **schedule** to meet with us to talk about your latest book "*Kuwait Records 2018*". You worked on this book for two years, didn't you?

John: Well, **actually** it took more than two years because, as you know, records are broken every year.

Dana: Can you share with us some of your favourite records that haven't been broken yet?

John: Look around, you are **conducting** this interview in one of Kuwait's oldest records, 'the National Library of Kuwait'. It is the oldest public library in Kuwait. You knew about that, didn't you?

Dana: Yes, I did. I read your book and I loved it. We don't want to **spoil** it for other people who would love to read it, but can you tell us about other favourites of yours?

John: Sure, one of my favourites is the biggest island in Kuwait and the second biggest island in the Arabian Gulf, Bubiyan Island. What's

unique about this island is that its sand is saltier than the water in the gulf. Currently, there is no one living on the island except for birds. Did you visit it?

Dana: No, I didn't, but our cameraman did. He said it's interesting. What about Al-Hamra Tower? Is it a Kuwaiti record as well?

John: Yes, it is, and a great skyscraper if I may add. It is the tallest building in Kuwait and the 23rd tallest in the world. It's more than 400 meters high and it took six years to build. It was included in the list of the best inventions of 2011 by TIME magazine which is published in New York. Don't forget the exciting **luxury** shops you'll find there, the variety of dining options and the eight-screen grand cinema.

Dana: Wow! That's quite impressive. Thank you, Mr. Ramzy for this interview, it makes me feel proud to be a Kuwaiti. We hope to speak again soon about your next book.

John: Thank you Dana the pleasure was mine.



2  **Read the interview and answer the following questions:**

It is one of Kuwait's oldest records "the national library of Kuwait"

- What is the connection between the book and the interview's location?

It is the biggest island in Kuwait and second biggest in Arabian Gulf.

- Why is Bubiyan Island mentioned in the book?

its sand is saltier than the water in the Gulf.

- Which Kuwaiti record does Mr. Ramzi think is the most fascinating and why?

AL - Hamra Tower as it's the tallest building in Kuwait and the

23-rd tallest in the world.

3  **Grammar in context** Question Tags (Past simple)

- You **worked** on this book for two years, **didn't you?**
- You **knew** about that, **didn't you?**
- You **didn't visit** the island, **did you?**



Complete the following sentences:

1. They spoke to the teacher about the project, they?
2. Amani **didn't eat** (eat) all the candy, did she?
3. It **was** (be) cold yesterday, wasn't it?
4. They were busy when you called, **weren't they?**

Writing

4  **Design a new tourist attraction for Kuwait.**

- What new **tourist attraction, event, festival, competition or building** do you think Kuwait needs to attract more visitors?
- Think of one and write a paragraph describing the (location, activity, time ... etc)

I think making a huge festival beside Kuwait towers in the beginning of the next year. The festival should display art collections and some historical items that are rare in the world that they attract many visitors to visit the festival.

Marketing campaigns should be made to let more foreigners hear about the festival.



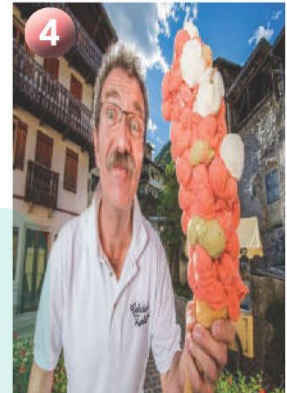
Guinness Records

1 a. Read the following records and match them with the pictures:

(3) In 2011, Jyoti Kisanji Amge from India entered the Guinness Book of World Records as the shortest living woman in the world. She is 62.8 cm tall.

(2) In 2012, Kuwait set off 77,282 fireworks and entered the Guinness Book of World Records for the biggest and most **spectacular** fireworks show in history.

(1) in 2017 a company in Singapore created the world's Most Expensive Coffee Pod and **donated** the proceeds to charity. It's made of coffee and gold dust.



b. Look at the pictures, guess and explain what you think these records are about.



Listening

2 6.1 Listen and write the missing words.

Amazing Records

A: The **oldest**..... hotel in the world is in Japan, dating back to the year
717.....

B: The **most expensive** **carpet** in the world is Persian and was sold for \$2,487,178.

C: The **longest**..... taxi ride was**34908**..... kilometres. It was a **return** trip from **London**..... to Cape Town, South Africa.



3 Grammar in context Order of Adjectives

a. Add more adjectives to each of the following categories.

Opinion	Size	Age	Shape	Colour	Origin	Material
Beautiful	large	old	round	red	Kuwaiti	wooden
bad	small	young	square	black	British	metal
delicious	medium	youth	oval	green	Jordanian	glass

b. Reorder the adjectives in the following sentences:

e.g. I bought a wonderful, small, wooden coffee table.

There is a pair of nice, white, leather trainers.

1. Have you seen my (leather – new – black) bag?

Have you seen my new black leather bag

2. My brother has a (large – brown – scary) dog. I'm afraid of it.

My brother has a scary large brown dog . I'm afraid of it.

3. My father would like to sell his (German – old – small) car.

My father would like to sell his small old German car.

Speaking

4 Describe three items using at least three adjectives, then ask the other groups to guess what the items are. (Use correct adjective order)

e.g. It's a delicious oval-shaped orange fruit that has a big seed in it.



1. It's an important large round yellow star for our lives.

2. It's a delicious curved - shaped yellow fruit with a thick.

3. It's a valued rounded white or gray growth inside the shells.

5 Tell your partner about a record you would like to break, why you want to break it, how, where and when.





Timeless Gold

Reading

1 Before you read

Look at the pictures, can you guess what they are about?

1 In 2011, one trillion dollars' worth of jewellery and **countless** silk sacks filled with diamonds and gold were found in India. They were underground in a temple. These items were given to the temple over thousands of years by the **royal** families who ruled that area.



2 The tomb of the young king Tutankhamen was discovered in 1922. The tomb was filled with many treasures, including necklaces and other jewellery, all made of gold. The mask of the king weighs almost 18 kilograms and it is made of **pure** gold.

3 The Omar Ali Saifuddien Mosque is a spectacular piece of art, located in Brunei. Brunei is located on the north coast of the island of Borneo in Southeast Asia. The mosque has **marble** minarets and several golden domes. The most amazing thing is that the main dome is covered in pure gold. Everything in the mosque was **imported**. The marble is from Italy, the granite from Shanghai, the crystal **chandeliers** from England and the carpets from Saudi Arabia.



2 Read the text and write a suitable title for each paragraph.

Paragraph 1	Discovery of treasure under Indian temple.
Paragraph 2	The most valuable mask in the world
Paragraph 3	Omar Ali Saifuddien mosque in Brunei.



3  **Read again and choose the correct answers from a, b, c and d:**

1. What is the author's purpose for writing paragraphs 2 and 3?
 - a. to talk about the owners of the treasures.
 - b. to explain the importance of finding treasures.
 - c. to provide accurate descriptions of the treasures.**
 - d. to give information about Islamic places in the world.

2. Which word in the text means "brought in from another country"?
 - a. ruled
 - b. made
 - c. covered
 - d. imported**

Speaking and Writing

4  **a. Work in groups to discuss the following question:**

Imagine you found a buried treasure that is worth millions with nothing that tells who the owner is. Would you keep it or give it to the police to search for its owner?

Reach an agreement, then tell your class about your decision, explaining your reasons.

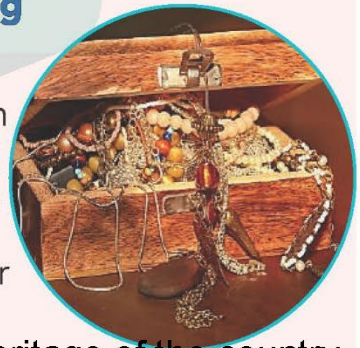
I will give it to the government to put in a museum as a heritage of the country

By this my country will attract more tourist

b. In your notebook, write a report explaining what you would do if you found a treasure.

- Make sure to state your opinion clearly at the beginning.
- Explain your opinion by giving strong reasons and examples.
- Conclude your report by summarising the main points that you made.

(Don't forget to edit your paragraphs checking for spelling and punctuation.)





Project 1 Don't Delay, Give Today!



You have decided to declare the beginning of your charity work on the **"International Day of Charity"**.



You arrange for a school event to raise awareness about the importance of voluntary work in a peaceful and joyous world.

- You should attract as many supporters and volunteers as possible to join your group.
- You need to explain the main goals of your charity programme and the actions you are planning.
- You have to explain the importance of donations and how you would fund-raise.

- Make an attractive poster for your charity.
- Add photos and pictures to make your ideas clear.
- Use part of the poster to persuade your teachers, principal and schoolmates to donate money.
- Make your logo simple and clear.
- Write a one-page advert to persuade your classmates to volunteer in your campaign.



Project 2 Work in pairs or small groups



One Day Visit to your Country

A foreign visitor has only one day to spend in your country. Where should this visitor go on that day? Why?

- Prepare a full day programme for this visitor recommending places to visit and things to do. Use reasons and details to support your choices.
- Present and explain your programme to the class.



Time	Activity	Why?
9.00 am	Breakfast at Dean & DeLuca (The Avenues)	Delicious food and friendly staff members

