

Set Book Questions

Grade 10

1st Term

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Set book Questions

UNIT 1

1- Why should we eat homemade meals and avoid fast food? لماذا نتناول طعام المعد في المنزل ونتجنب الوجبات السريعة

- Homemade meals are healthy and full of vitamins.
- Fast food is full of fats and sugar.

2- How can you keep your mind and body in a tip top shape? كيف نكون في افضل حالاتنا جسمانيا وعقليا

- We should eat healthy food.
- We should do some exercises regularly.

3- What are the pros (advantages) of a vegetarian menu? ماهي مميزات الوجبات النباتية

- It is full of vitamins.
- It makes us healthy.

4-What are the cons (disadvantages) of a vegetarian menu? ماهي عيوب الوجبات النباتية

- It lacks RDA.
- It causes malnutrition.

5- Why are antioxidants so good for our bodies? ما هي اهمية مضادات الاكسدة

- They help combat cancer.
- They lower cholesterol.

UNIT 2

1- In your opinion, what are the benefits of treating each other with respect? ما هي فوائد ان نتعامل باحترام

- We will live in peace.
- Our world will be a better place to live in.

2- How can we show respect for other cultures and nations? كيف نقدم الاحترام للآخرين

- By sharing their celebrations
- By reading about their culture

3- How should we treat people of other faiths? كيف نتعامل مع أناس من خلفيات او معتقدات مختلفة

- With respect
- With tolerance

4. What has Kuwait done to further the culture of peace? ماذا فعلت الكويت لدفع عمليه السلام

- * Seminars are held.
- * Interfaith dialogues are promoted.

5. What are the duties of a mentor towards his students? ما واجب الناصح او المرشد اتجاه طلابه

- Teaching them new skills تعليم مهارات جديدة
- Breaking down barriers كسر الحواجز

UNIT 3

1- Why is building impressive buildings important? لماذا نبني مباني جاذبه

- They attract tourists.
- People enjoy themselves.
- They become the pride of the nation

2. What are the pros (advantages) of building a new airport in a residential area? ماهي مميزات بناء مطار بالقرب من منطقه سكنيه

- * It creates a link between Kuwait and Gulf countries.
- * It provides more jobs.

3. What are the cons (disadvantages) of building a new airport in a residential area? ماهي عيوب بناء مطار بالقرب من منطقه سكنيه

- It causes pollution and noise.
- It causes insomnia. (people can't sleep at night)

4. What makes a shopping centre appeal to customers? ما الذي يجعل مول يناسب جميع الزبائن

- If it has entertainment facilities.
- If it offers sales.

5. Why is 360 Kuwait an educational centre? لماذا مول 360 مول تعليمي؟

It has the latest edutainment technology for children.

6. Why do people consider Kuwait a shopper's paradise? لماذا تعتبر الكويت جنة المشترون؟

- * It has the best stores.
- * It offers sales.

7. Men in Kuwait still prefer wearing traditional dress. Give reasons. لماذا يفضل الكويتيون ارتداء الزي التقليدي؟

- * They feel proud.
- * These clothes are suitable for the hot weather.

UNIT 4

1- How do computer games positively affect young people? ما التأثير الإيجابي لألعاب الكمبيوتر على الشباب؟

- They develop imagination.
- They teach new skills.

2-How will computer games be like in the future? كيف سوف تكون ألعاب الكمبيوتر في المستقبل؟

- They will be more realistic.
- They will be more convoluted.

3- What are the disadvantages of computer games? ماهي عيوب ألعاب الكمبيوتر؟

- They are a waste of time.
- They may cause some health problems.

4 - How can computer games be used wisely?

- by setting a limit time
- by playing games with friends

UNIT 5

1- What is the importance of the Paralympics? ما اهمية دوره الألعاب الأولمبية للمعاقين؟

- They help the disabled to rehabilitate.
- They help to overcome their disabilities.

2- From your point of view, what has Kuwait done to encourage and motivate the disabled? ماذا فعلت الكويت لتشجيع المعاقين

- Kuwait has built a club for them.
- It organizes different competitions for them.

3. How can your personality affect your choice of a sport if you are an extrovert? كيف تؤثر شخصيتك على اختيار نوع اللعبة إذا انت شخص اجتماعي

If I am an extrovert, I will choose playing in a team with interaction like football.

UNIT 6

1- Why are Natural Reserves such as Al Jahra Pool Nature Reserve important? ما اهمية المحميات الطبيعية مثل محمية الجهراء

- They provide shelter for endangered animals.
- They protect their habitat.
- They provide natural habitat to animals.

2- Why do you think animals are important in our world? ما اهمية الحيوانات

- They keep balance in the world.
- They are used in labs and research.

3. What can you do to help protect wildlife in your area? ماذا نعمل لحماية الحياة البرية

- cleaning the environment
- putting food and water

4. Kuwait is the shopper's paradise. Explain كيف تكون الكويت جنة المتسوقين

- It offers sales.
- There are a variety of products.

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Good Luck