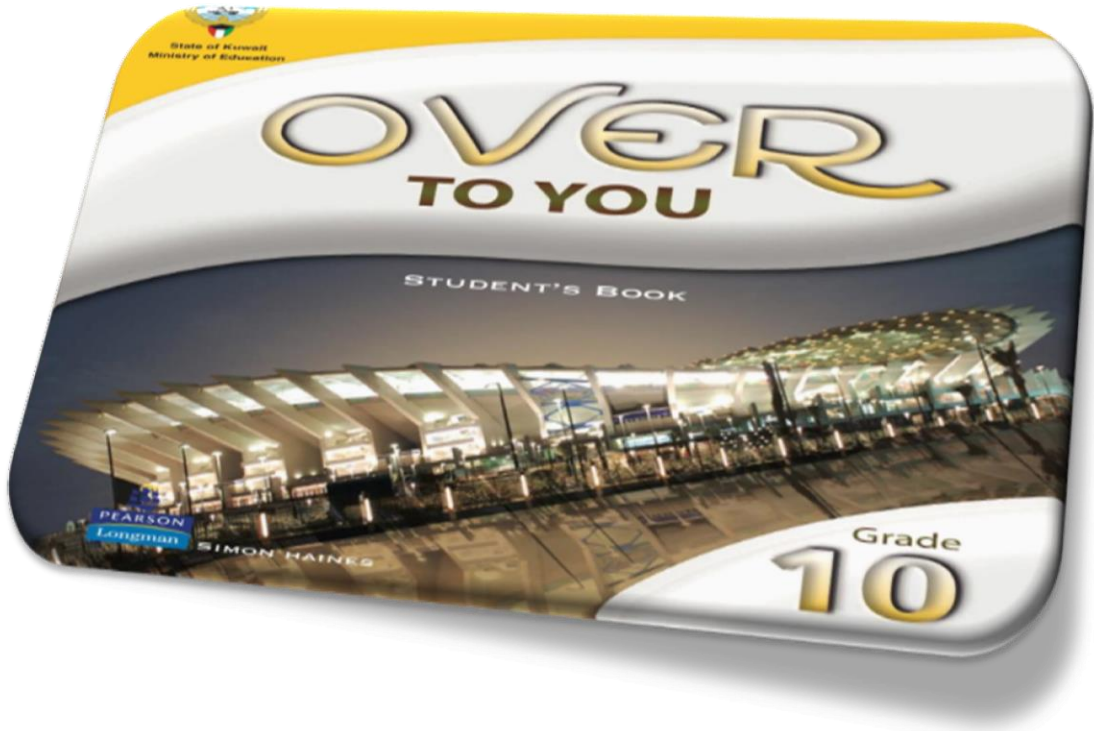


وزارة التربية

MINISTRY OF EDUCATION



GRADE 10

1st Semester Test Banks &

Mock Exam

SET BOOK QUESTIONS

GRADE 10 – UNIT ONE – SET BOOK QUESTIONS

A) Choose the correct answer from a,b,c and d :

- 1- What are the different ways that may help improve our health?
- a. eating at restaurants every night with your friends.
 - b. having cake for lunch and dinner instead of full meals.
 - c. eating fast food and drinking fizzy drinks early in the morning.
 - d. adding probiotic drinks, drinking green tea, and eating healthy food.
- 2- How can we boost our immune system?
- a. By concentrating on eating cheese and milk only.
 - b. By staying away from dairy products and avoiding fish.
 - c. By drinking probiotic drinks such as Yakult and Actimel.
 - d. By neutralizing good bacteria by eating food with good bacteria.
- 3- Why is dark chocolate essential in a healthy diet?
- a. It keeps your spirits low.
 - b. It contains bad bacteria.
 - c. It can cause infections and illnesses.
 - d. It can lower blood pressure and it's able to metabolise sugar.

B) Answer the following questions:

4- How can you keep your mind and body in tip top shape?

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5- What are the cons of a vegetarian menu?

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6- What are the pros of a vegetarian menu?

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7- What are the benefits of green tea?

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8- What is the difference between "good" and "bad" bacteria?

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9- Why are antioxidants so good for our bodies?

They help combat cancer and arthritis. / Lower cholesterol/ improve the immune system.

GRADE 10 – UNIT TWO – SET BOOK QUESTIONS

A- From a, b, c and d, choose the most suitable answer:

- 1- How does Kuwait participate in furthering the culture of peace?
- a- By neglecting the meetings and seminars held by the UN.
 - b- By lowering the awareness of Kuwaiti people.
 - c- By holding conferences and seminars and arranging different activities.
 - d- By doing research about different races, cultures and religions.
- 2- Why is it important to respect and tolerate other faiths and people?
- a- To spread your own culture around the world.
 - b- To spread knowledge, wisdom, and literacy all over the world.
 - c- To spread peace and live in harmony in a world full of diversity.
 - d- To spread the necessities of life among all people all over the world.
- 3- In what way can we show respect to other cultures?
- a- We can show respect to other cultures by visiting them.
 - b- We can show respect to other cultures by exchanging goods.
 - c- We can show respect to other cultures by taking their money.
 - d- We can show respect to other cultures by honouring them.

Answer the following questions:

4- How can we create a peaceful society?

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5- What might happen if a culture of peace doesn't exist among people?

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6- How can countries honour other cultures?

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7- How should Muslims treat people of other faiths?

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8- How can we achieve tolerance and mutual understanding between nations?

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9- What is diversity based on?

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GRADE 10 – UNIT THREE – SET BOOK QUESTIONS

A- From a, b, c and d, choose the correct answer:

1. What is one of the disadvantages of building a new airport near a residential area?
 - a) It is a source of pollution.
 - b. People need an airport in residential areas
 - c. It represents equality.
 - d. It is good for the weather.

2. How is the 360° Shopping Centre in Kuwait considered educational?
 - a) It mixes education with entertainment.
 - b) It is built in the south of Surra area
 - c) It will be good for the economy.
 - d) It shows pride and patriotism.

3. What is one of the advantages of building new airports in residential areas?
 - a) They will be good for the economy.
 - b) They show Islamic Art Museum.
 - c) They represent equality.
 - d) They are good for the weather.

Answer the following questions:

1- What are the benefits of building an airport near a residential area?

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2- What are the disadvantages of building an airport in a residential area?

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GRADE 10 – UNIT FOUR – SET BOOK QUESTIONS

Choose the correct answer from a , b , c and d :

1-What do you think computer games will be like in the future?

- a- They will be cheaper and free.
- b- They will be sold on flash drives.
- c- They will be more realistic and characters more naturalistic.
- d- They will be created through specific software by players at home.

2-How can computer companies make computer games more attractive?

- a- They will make the games free of charge.
- b- They will include simple characters and episodes.
- c- They will make better graphics, visual effects, characters and episodes.
- d- They will limit the computer games to computers and without internet connections.

3-How are computer games detrimental to children's social development?

- a- They make children isolated from the real world.
- b- They force children stay home a lot with their families.
- c- They make children more interested in computers and programming.
- d- They help children develop imagination and be creative in actual life.

4 -Why will computer games be more demanding for games producers and players in the future?

- a- Because people will play computer games using their mobile phones.
- b- Because game studios will employ hundreds of animators to simulate enough creatures.
- c- Because the children will be more interested in computers and programming.
- d- Because the games will be more realistic and computer-controlled characters will be more naturalistic.

5-What positive effects can playing computer games have on young people?

- a- They make young people isolated from the real world.
- b- They force young people stay at home a lot of time with their families.
- c- They make young people hard to be treated.
- d- They develop imagination among young people and become creative in actual life.

6-How can players of computer games control characters in the games?

- a- They make game characters more intelligent.
- b- They use the wireless controllers that use motion sensors to imitate the players' movements.
- c- They make children more interested in computers and programming.
- d- They use anti-reflective screen.

B: Answer the following questions:

1-What are the bad effects of playing computer games on young people?

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2-What are the good effects of playing computer games on young people?

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3- How do computer games look like nowadays?

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GRADE 10 – UNIT FIVE – SET BOOK QUESTIONS

A- From a, b, c, and d, choose the correct answer:

- 1- What is important about the Paralympics?
 - a- They are held every four years.
 - b- No one participates in the Paralympics.
 - c- They give the disabled power and self-confidence.
 - d- People like to watch the Paralympics.

- 2- What skills are important to any athletes regardless of their abilities?
 - a- They should be able to communicate well.
 - b- They should be able to fight.
 - c- They should have patience and self-discipline.
 - d- They should watch sports every day.

- 3- Mention one of the main characteristics of an extrovert.
 - a. They want to play alone.
 - b. They like to play in teams such as football and basketball.
 - c. They do not want to play sports.
 - d. They are usually very sad.

- 4- Mention one of the main characteristics of an introvert.
 - a. He does not like sports in general.
 - b. He likes to be with others and play with them.
 - c. He prefers playing team games.
 - d. He is naturally shy and performs better at lower stimulation levels.

- 5- What do sportspeople need to stay motivated?
 - a. They need to watch others play sports.
 - b. They need to eat well.
 - c. They need encouragement and stimulation.
 - d. They need to stay alone for long times.

- 6- What are our duties towards the disabled?
 - a. We should offer help and support to make them feel normal.
 - b. We should keep them isolated.
 - c. We shouldn't stay too close to them.
 - d. We should ignore them.

Answer the following questions:

1- In Your opinion, why are the Paralympic Games important?

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2- What games would you advise introverts to play? Why?

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3- How did Kuwait encourage the disabled to practise sports?

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4- Which sports are more suitable for extroverts?

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GRADE 10 – UNIT SIX – SET BOOK QUESTIONS

A- From a, b, c and d, choose the correct answer:

1. What benefits does Al-Jahra Pools Nature Reserve provide for the region?
 - a. It provides the region with conservation, propagation, and education.
 - b. Wildlife in general is not essential for our life.
 - c. It threatens the existence of animals.
 - d. People hunt rare animals and use pesticides in their habitats.

2. What makes Al-Jahra Pools Nature Reserve in Kuwait the best bird watching sites?
 - a. It has become a shelter for poachers.
 - b. You can see rare birds from all over the world.
 - c. It contributes to the disappearance of birds.
 - d. Rare birds, animals, and plants die there.

3. How can governments or the WWF prevent wildlife from destruction?
 - a. They look after birds by feeding them and providing shelter for them.
 - b. They keep dangerous toxins in the area.
 - c. They collect money for animals' poachers.
 - d. They build new roads and increase cars in the streets.

4. How important do you think it is for countries to protect wild birds?
 - a. The wild should be preserved so we don't lose any rare animal or plant.
 - b. It helps countries keep the world unbalanced by protecting animals.
 - c. It helps poachers catch animals and bird in order to earn money.
 - d. Countries must protect wild bird by building roads through forests.

B- Answer the following questions:

1. What has Kuwait done to protect wildlife?

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2. Why has Al Jahra Nature Reserve become an important sanctuary for birds and animals?

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3. How does Al Jahra Pools Nature Reserve offer protection for birds?

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