

I- READING (30 Marks)

A) Vocabulary (14 Marks)

14

a) Choose the correct answer from a, b, c and d: (4 x 2 = 8 Marks)

1. This device is used to solar energy into usable electricity.
a) accompany b) document c) rush d) convert
2. Social media networks can have a negative on young people.
a) influence b) expedition c) habitat d) pollutant
3. Hala February is a / an festival. We celebrate it every year.
a) toxic b) cracked c) annual d) ethnic
4. It was your fault. You were talking on the phone when you hit me at the back.
a) marvellously b) obviously c) regardless d) devotedly

b) Fill in the spaces with the most suitable words from the list below: (4 x 1½ = 6 Marks)

(emit - variety - extend - bond - consist)

5. The long trip created a strong between us. We quickly became friends.
6. We usually eat in this restaurant because it offers a of dishes.
7. A football team must of eleven players, one of them should be a goalkeeper.
8. Factories which smoke in the air should be placed outside cities.

B- Reading Comprehension (16 Marks)

16

Read the following passage carefully, then answer the questions that follow:

'Stress' means pressure, tension or feeling bad. It is one of the most common causes of health problems in modern life. Too much stress results in physical, emotional, and mental health problems.

There are many physical effects of stress. Stress can affect the heart. It can cause high blood pressure. Stress can affect the respiratory system. It can cause a person to breathe too fast, resulting in a loss of important carbon dioxide. Stress can affect the stomach. It can cause stomach aches and digestive problems.

Emotions are also easily affected by stress. People suffering from stress often feel nervous. They may feel tired all the time. When people are under stress, they often react terribly to little problems. Stress can change people's attitudes and make **them** angry or nervous.

Long-term stress can lead to a variety of serious mental illnesses. Depression, an extreme feeling of sadness, can be the result of continued and increasing stress. Eating illnesses are sometimes caused by stress and are often made worse by stress. If stress is allowed to continue, then one's mental health is put at **risk**.

It is obvious that stress is a serious problem. It attacks the body. It affects the emotions. If it is not treated, it may finally result in mental illness. Stress has a great influence on the health and well-being of our bodies, our feelings, and our minds. So, reduce stress, stop the world and rest for a while.

a) Choose the correct answer from a, b, c and d: (6 x 2 = 12 Marks)

9. What is the main idea of the 2nd paragraph?

- a) Mental health problems caused by stress.
- b) Physical health problems caused by stress.
- c) Emotional health problems caused by stress.
- d) Various health problems caused by stress

10. The underlined word “**risk**” in the 4th paragraph means:
- a) test
 - b) peace
 - c) danger
 - d) health
11. The underlined word “**them**” in the 3rd paragraph refers to:
- a) people
 - b) aches
 - c) problems
 - d) emotions
12. What happens when a person breathes too fast?
- a) His pulse rate slows down.
 - b) He loses much carbon dioxide.
 - c) His blood pressure decreases.
 - d) He reacts terribly to little problems.
13. According to the passage, which of the following sentences is **NOT TRUE**?
- a) Stress can affect people’s feelings.
 - b) Depression is an extreme feeling of sadness.
 - c) Stress gives you the feeling of being tired.
 - d) Too little stress causes a lot of health problems.
14. What is the author’s purpose in writing this text?
- a) To explain how stress develops.
 - b) To recommend strategies to avoid stress.
 - c) To describe the different effects of stress.
 - d) To show how to treat people under stress.

b) Answer the following questions: (2 X 2 = 4 Marks)

15. How do people under stress usually react when they are faced with minor problems?

16. According to the passage, what causes depression?

II- WRITING (30 Marks)

14

A) Grammar (14 Marks)

a) Choose the correct answer from a, b, c and d: (4 x 2= 8 Marks)

17. I usually sleep at midnight, but last night I earlier.

- a) am sleeping b) sleep c) slept d) will sleep

18. The book I borrowed from the library is very interesting.

- a) who b) which c) whose d) where

19. Don't go out now. Look at the cloudy sky! It to rain.

- a) has gone b) went c) goes d) is going

20. If I were you, I some of my money to charity.

- a) would donate b) donated c) have donated d) will donate

b) Do as shown between brackets: (3 x 2 = 6 Marks)

21. The school principal must see these documents.

(Make passive)

22. You can raise domestic animals at home.

(Ask a question)

23. I (**just / lose**) my glasses. Can you help me find them?

(Correct the verb)

B) Writing (16 Marks)

16

Write on the following topic:

Kuwait is famous for its cultural destinations which can attract lots of tourists.

Plan and write a report of not less than (12 sentences) describing these cultural attractions and what services they offer to visitors.

Your writing should include a topic sentence, supporting details and a conclusion.

The Plan (2 Marks)



