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UNIT 1

Health Is Wealth





Vocabulary



Complete the chart, then write

Healthy Habits	Sun	Mon	Tue	Wed	Thurs	Fri	Sat
Use fitness App	✓	✓	✓	✓	✓	✓	✓
Stretch before exercise							
Eat healthy breakfast							
Get rest							

1. I use the fitness app every day to keep fit.
2. On weekends, I stretch before exercise.
3. It is important to get rest and sleep every night.



Choose the correct answer from a, b, c or d

1. Exercising every day is a good
 a. habit b. fitness c. app d. brain
2. I before running.
 a. spend b. hear c. stretch d. hurt
3. Reem read a/an book about animals yesterday.
 a. healthy b. interesting c. smart d. sharp
4. Noura needs a bike to go
 a. coach b. cycling c. engine d. hose



Correct the verbs between brackets

1. I like helping (help) people.



2. My mother likes (like) cooking food.



3. They enjoy playing (play) together.



4. Grandpa enjoys (enjoy) reading Quran.



Choose the correct answer from a, b or c

1. My father likes water every day

a. drinks

b. is drinking

c. drinking

2. I enjoy with my friends at the park.

a. walking

b. walks

c. walk

3. The family enjoys a movie together.

a. watched

b. watching

c. watch



Write the missing words to complete sentences



1. Ms. Amal is a life coach.



2. They stretch their legs before they run.



Write a short paragraph about "Healthy Habits" with the help of the following pictures and guide words

1	2	3	4
(do-exercise)	(brush-teeth)	(eat-healthy)	(sleep-early)

Writing checklist

☐ Capitals

☐ Punctuation

☐ Finger spaces

☐ Spelling

☐ Does it make sense?

Title: My healthy habits

To stay healthy, I have some good habits.

First, I do exercise every day to keep my body strong. Second, I always brush my teeth in the morning and before bed. Third, I eat healthy food like fruits and vegetables. Finally, I make sure to sleep early at night. These habits help me feel happy and full of energy.



Classify the food items into the food groups



yoghurt



bread



avocado oil



eggs



salad

Fats

avocado
oil

Dairy

yoghurt

Proteins

eggs

Fruit and
vegetables

salad

Grains

bread



Complete the sentences

fats – dairy – vitamins – protein – grains

1. Apples and carrots give you lots of vitamins.



2. Milk and cheese are dairy.



3. Rice and bread are grains.



4. Cake and butter are fat.





 Complete using (going to)

1. Next week, I am going to eat **(eat)** more fruit and vegetables.
2. They are going to visit **(visit)** their grandfather.
3. My sister is going to walk **(walk)** to school with me.
4. We are going to play **(play)** football in the park.



 Choose the correct answer from a, b or c

1. My aunt going to meet her friend tomorrow

a. is

b. be

C. WAS

2. I going to eat healthy food to keep fit.

a. is

b. am

c. are

3. Fahad to run on the beach.

a. going

b. be going

c. is going

4. They are going to football after school.

a. played

b. play

c. playing



Fill in the graphic organiser then use it to write a paragraph about your “Lifestyle”. The following guide words may help you

Guide words

sports club – healthy – water – sweets – fats – keep fit

1. Where do you play sport?

I play sports at the sports club.

2. What do you drink?

I drink plenty of water everyday

3. What do you eat?

I eat healthy food like fruits and vegetables

4. What shouldn't you eat?

I should not eat too many sweets and fats



Writing checklist

- ☐ Capitals
- ☐ Punctuation
- ☐ Finger spaces
- ☐ Spelling
- ☐ Does it make sense?



Title: My Healthy Lifestyle

I have a healthy lifestyle. I play sports at the sports club to keep fit. I drink a lot of water every day to stay healthy. I eat healthy food like fruits and vegetables. I try not to eat too many sweets and fats because they are not good for my body. This lifestyle helps me feel strong and happy.

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UNIT ②

Celebrations And Religious Events



Celebrations And Religious Events

Vocabulary



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Choose the correct answer from a,b,c or d

1. He is a good boy. He speaks with his teacher.

a. loudly

b. politely

c. usefully

d. next

2. The family will their house for Gergean.

a. carry

b. spend

c. decorate

d. attend

3. Hajj is the fifth of Islam.

a. concert

b. bead

c. pillar

d. block



Read and complete from the list

carry

patient

beads

thankful

journey

1. She wears a necklace made of colourful beads .

2. Hajj is a special journey .

3. This bag is heavy to carry .

4. Be patient and wait for your turn .



Complete the dialogue using (going to)

Ahmad: What are you **going to** do, Salem?

Salem: I am going to go with my father.

Ahmad: When are you going to go?

Salem: We are going to go at eight o'clock.

Ahmad: Have fun!

Salem: Thank you, Ahmad!



Choose the correct answer from a, b or c

1. Tomorrow, we are visit my grandmother.

a. going to

b. go to

c. went to

2. She is going to new clothes, next Friday.

a. bought

b. buys

c. buy

3. I going to play games with my cousins next Monday.

a. is

b. was

c. am



Fill in the graphic organiser, then use it to write a paragraph about "Ramadan". The following guide words may help you

Guide words	
special - month - fast - teaches - patient - Eid Al-Fitr	
1. What is Ramadan? Ramadan is a special and holy month for Muslims	2. What do Muslims do? Muslims fast from sunrise to sunset.
3. What does Ramadan teach us? Ramadan teaches us to be patient and kind	4. What comes after Ramadan? After Ramadan, we celebrate Eid Al-Fitr.

Writing checklist

- ☐ Capitals
- ☐ Punctuation
- ☐ Finger spaces
- ☐ Spelling
- ☐ Does it make sense?

Title: The Holy Month of Ramadan

Ramadan is a special holy month for Muslims around the world. During this month, Muslims fast from sunrise to sunset. Ramadan teaches us to be patient, thankful, and to help those in need. At the end of Ramadan, we celebrate Eid Al-Fitr, a joyful holiday where we pray, eat delicious food, and spend time with family and friends



Read, classify, then find the correct meaning

Read		Classify	Meaning	
1	parade	noun		A National Song.
2	unity	noun		To plan something.
3	anthem	noun	1	A group of people walking or marching for celebration.
4	organise	verb		Done in an old or usual way.
5	traditional	adjective		Being together as one.



Reorder letters to form words, then fill in the spaces

n y u t i

unity

e a a d r p

parade

r p o t o f o

profit

- We show unity when we help each other.
- We watched the parade on National Day.



Read and correct the verbs between brackets using 'Past Tense'



Last week, I visited (visit) my grandmother's house.

She decorated (decorate) her house. She cooked (cook) delicious food. We ate (eat) a big dinner together.

My cousins came (come) to play with me.

We had (have) fun.



Choose the correct answer from a, b or c

1. Yesterday, Nasser a movie.

a. watch

b. watched

c. watches

2. They a music concert last Thursday.

a. attended

b. attend

c. are attending

3. What you do four days ago?

a. are

b. does

c. did



Fill in the graphic organiser then use it to write a paragraph about "My Friend's Party". The following guide words may help you

Guide words

went – friend's party – Saturday – house – ate – cake

1. What did you do last week?

I went to my
friend's party

2. When was the party?

The party was on
Saturday.

3. Where was the party?

It was at his house

4. What did you do there?

We sang, played games,
and
ate delicious food.



Writing checklist

- ☐ Capitals
- ☐ Punctuation
- ☐ Finger spaces
- ☐ Spelling
- ☐ Does it make sense?



Title: My Friend's Party

Last week, I went to my friend's party.
The party was on Saturday at his
house. We sang songs and played fun
games together. I ate a big piece of
chocolate cake which was very tasty. I had
a wonderful time with my friends.

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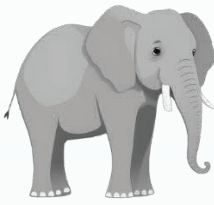
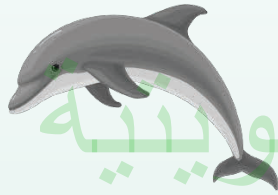
UNIT 3

Discover The Animal World





Match the animals with their description

No.	Animal	No.	Description
1		2	It has eight long arms and lives in the ocean.
2		1	It is big and grey, and has a long trunk.
3		4	It lives in the desert and can run fast.
4		3	It is smart and can jump high in the water.



Read the sentences and tick (✓) or (✗)

1. Flamingos live near the sea.

☒

2. Dolphins can swim fast.

☒

3. Lizards fly in the sky.

☒

4. Octopuses can spray ink.

☒



Read, then correct the verb between brackets

1. The baby always (splash) water in the bathroom.

splashes



2. What (do) the dolphin do first?

does



3. The monkey (like) climbing trees.

likes



Choose the correct answer from a, b or c:

1. My mother coffee every day.

a. drinks

b. drank

c. drinking

2. The children photos of the octopus.

a. taken

b. take

c. taking

3. The cat under the small table.

a. hides

b. hiding

c. hide

4. Finally, they can to Oman.

a. travelling

b. travel

c. travelled



Fill in the graphic organiser, then use it to write a paragraph about your favourite animal

1. What is your favourite animal?

My favorite animal is dolphin

2. Where does it live?

It lives in the oceans

3. What does it eat?

Shrimp and small fish

4. What does it look like?

It is tall and gray and have a tail

Writing checklist

- ☐ Capitals
- ☐ Punctuation
- ☐ Finger spaces
- ☐ Spelling
- ☐ Does it make sense?



Title: **My favorite animal**

Dolphins are amazing sea animals. They are very smart and friendly. Dolphins have smooth gray skin and a long nose. They live in oceans around the world. Dolphins love to eat fish and squid. They are known for jumping high and playing in the waves.

They swim in groups called pods. Dolphins use sounds to talk to each other. They are mammals, so they need to breathe air.



Find the words

1. lizard
2. shiny
3. wild
4. shrimp

g	w	i	l	d	d	f
t	n	h	u	g	g	o
s	h	r	i	m	p	x
w	g	h	j	k	h	u
a	l	i	z	a	r	d
r	o	w	e	t	t	y
m	s	h	i	n	y	f



Complete the sentences with words from the list

curved - tentacles - spray - snake - hoop

1. The flamingo's neck is tall and curved.



2. The dolphin can jump through a hoop.



3. My teacher showed us a picture of a snake.



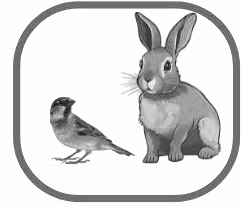
4. An octopus has eight tentacles.



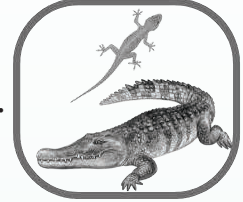


Read the sentences, choose and correct

1. The rabbit is (**big** /small) **bigger** than the bird.



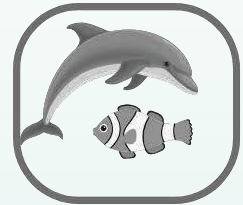
2. The lizard is (**long**/short) **shorter** than the crocodile.



3. The train is (**fast**/slow) **faster** than the car.



4. The fish is (**big**/small) **smaller** than the dolphin.



Choose the correct answer from a, b or c:

1. You need a car than the one you have.

a. big

b. bigger

c. biggest

2. Don't carry this bag, it is bag in the shop.

a. heaviest

b. heavy

c. the heaviest

3. The giraffe has the neck.

a. tallest

b. taller

c. tall

4. The gazelle is the elephant.

a. faster

b. fastest

c. faster than



Fill in the graphic organiser, then use it to write a paragraph about "A gazelle". The following guide words may help you

Guide words

sand – wild – desert – grass – run – fast

1. What is this animal?

It is a wild animal
called a gazelle

2. Where does it live?

It lives in the
desert and
sand

3. What does it eat?

It eats grass

4. What does it do?

It can run very fast



Writing checklist

- ☐ Capitals
- ☐ Punctuation
- ☐ Finger spaces
- ☐ Spelling
- ☐ Does it make sense?

Title: The Gazelle

A gazelle is a wild animal. It lives in the
desert and on the sand. It eats
grass. The gazelle can run very fast
to stay safe from danger. It is a beautiful
animal to see in nature

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UNIT 4

Exploring Kuwait And The World Around Us



Vocabulary



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Read and choose the right word from a, b, c or d

1. My brother is a poet, he likes to write about flowers.

a. poems

b. bones

c. capitals

d. hoops

2. The old city on the mountains.

a. sprays

b. lies

c. rings

d. migrates

3. Kuwait's..... has many traditional songs and food.

a. meaning

b. poem

c. culture

d. poet



Decode, then complete the sentences

a	b	c	d	e	f	g	h	i	j	k	l	m
										x		
n	o	p	q	r	s	t	u	v	w	x	y	z

--- **m**agazine ---

--- **c**apital ---

1. This **m**agazine --- is full of pictures of old places in Kuwait.2. Tokyo is the **c**apital ----- of Japan.

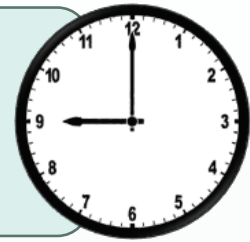


Read and complete



At 9 o'clock on Sunday, December 1st 2010, the Kuwaiti Football Team won the Gulf Cup.

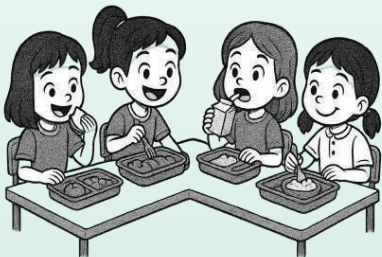
What were these people doing at 9 o'clock when the footballer scored the goal?



They were singing
when the footballer scored the goal.



Salem was riding his bike
when the footballer scored the goal.



The children were eating their breakfast
when the footballer scored the goal.



My sister was washing her hands
when the footballer scored the goal.



Rewrite using the proper punctuation marks

last month, i went to dubai with my family the weather was very nice we went to dubai mall at the mall we watched a movie had lunch and bought new clothes it was a fantastic day.

**Last month, I went to Dubai with my family.
The weather was very nice. We went to Dubai
Mall. At the mall, we watched a movie, had
lunch, and bought new clothes. It was a
fantastic day!**



Write an email about your beautiful country. The following guide words may help you

trip – visit – beautiful – places – enjoy – friendly

Send

Save New

Discard

To: **friend@email.com**

Subject: **Visit my beautiful country**

Hello,.....

**How are you? I want to invite you to visit my
beautiful country, Kuwait. There are many
amazing places to see and enjoy. You can visit
Kuwait Towers and the Grand Mosque. The
people here are very friendly. I am sure you will
enjoy your trip. Please come and visit me soon!**

Yours, **Nasser**



Fill in the blanks with the suitable words from the list

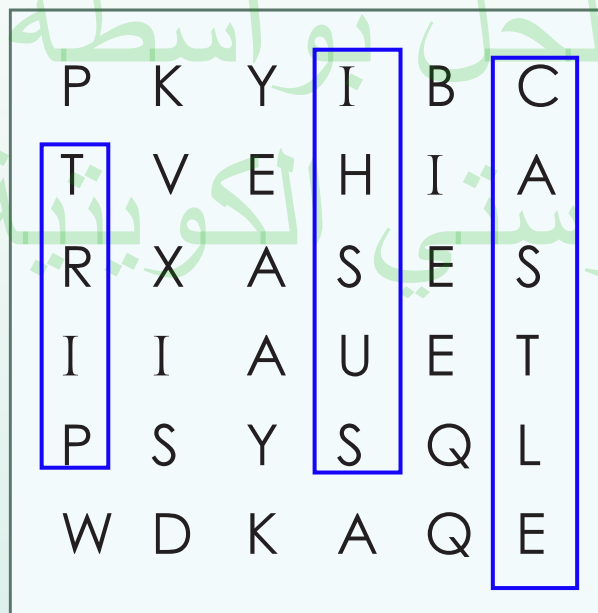
chopsticks, island, actually

1. actually , it was a good day to play in the park.

2. Let's go to Failka island by boat.



Find the words, then complete the sentences



1. My family went on a trip to Qatar last year.

2. There is an old castle near my grandfather's house.

3. sushi rolls is my sister's favourite food.



Correct the verbs between brackets



The sheep jumped (jump) over the fence yesterday.



This morning, the cat sat (sit) on the tree.



Sara played (play) on the beach last Friday.



Last week, my brother ran (run) through the park.

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Choose the correct answer from a, b or c:

1. The boy was riding his bike when he on the ground.

a. falling

b. falls

c. fell

2. The man sick, he went to see the doctor.

a. is

b. be

c. was

3. Last Monday, we a long movie on TV.

a. watched

b. watch

c. are watching



With reference to the fact file, choose a country and write a paragraph about it

Flag	Country Name	Capital	Currency	Famous Places
	Kuwait	Kuwait City	Kuwaiti Dinar	Kuwait Towers
	Saudi Arabia	Riyadh	Saudi Riyal	Makkah
	Japan	Tokyo	Yen	Mount Fuji



Writing checklist

- ☐ Capitals
- ☐ Punctuation
- ☐ Finger spaces
- ☐ Spelling
- ☐ Does it make sense?

Title: My Beautiful Country Kuwait

Kuwait is a beautiful country in the Middle East. Its capital is Kuwait City. The currency used here is the Kuwaiti Dinar. Kuwait has many famous places to visit. The most famous one is the Kuwait Towers. These towers are a symbol of our country. They have a restaurant and give a great view of the city. Kuwait is known for its friendly people and rich culture. I love my country very much

Dictation



Date:	Dictation ()	Mark ()
1.		
2.		

Date:	Dictation ()	Mark ()
1.		
2.		

Date:	Dictation ()	Mark ()
1.		
2.		

Date:	Dictation ()	Mark ()
1.		
2.		

Date:	Dictation ()	Mark ()
1.		
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Date:	Dictation ()	Mark ()
1.		
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Date:	Dictation ()	Mark ()
1.		
2.		

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Dictation



Date:	Dictation ()	Mark ()
1.		
2.		

Date:	Dictation ()	Mark ()
1.		
2.		

Date:	Dictation ()	Mark ()
1.		
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Date:	Dictation ()	Mark ()
1.		
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Date:	Dictation ()	Mark ()
1.		
2.		

Date:	Dictation ()	Mark ()
1.		
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Date:	Dictation ()	Mark ()
1.		
2.		

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